



2025-26

YEAR IN REVIEW

SOUTHERN CONNECTICUT CONFERENCE

2025-26 YEAR IN REVIEW



32ND YEAR

Established in 1994, the Southern Connecticut Conference completed its 32nd year in 2025–26.

SPECIAL THANKS TO OUR CORPORATE SPONSORS

The SCC had several corporate sponsors for the 2025–26 academic year, including **Connecticut Orthopaedics** (presenting sponsor of the SCC Player and Coach of Year awards and Comeback Player scholarship), **Holiday Hill/Holiday Hill Day Camp**, **Town Fair Tire** (presenting sponsor of the SCC’s “Best Of” online contest), **BSN** (official uniform dealer and Commissioner’s Cup), **The Next Street** (official driving school), **HUDL** (official ticketing agency) **SnapRaise** (official fundraiser), and the official realtor of the SCC – **Better Homes and Garden Real Estate** and Rob Bleggi. • **Avangrid (UI/SCG/CNG)** was the presenting sponsors of the Scholar Leader Banquet and Arts Exhibition. Thanks also to **Great Blue Research**, for its presenting sponsorship of the scholar athlete recognition program. For the fourth year, the SCC offered an Athlete of Month recognition program, which was presented by **j.roo’s** of North Haven.

• The 2026 football season was sponsored by the **Casey/O’Brien New Haven County Chapter of the National Football Foundation**. The 2025-26 boy and girls basketball seasons were presented by **Vertical Hoops**. The 2026 baseball season was presented by the **Northeast Top 100 Showcase**. Also much appreciation to **Steady Photography**, the official photographer of the SCC.

2025–26 EXECUTIVE BOARD

PRESIDENT: Bryan Darcy, Principal, Jonathan Law HS
 VICE-PRESIDENT: Lino Izzo, Notre Dame HS
 SECRETARY: Anthony Verderame, Athletic Director – East Haven HS
 TREASURER: Jennie Casceillo
 ATHLETIC DIRECTOR CHAIRPERSON: Ernie Goodwin, Amity Regional HS
 COMMISSIONER: Al Carbone

The SCC on Social Media

Twitter – @SCCcommissioner
 Facebook - SCCcommissioner
 Instagram - @sccc commissioner

www.SouthernConnecticutConference.org

The SCC has an “APP” - you can download for FREE on the “App Store” - search for Southern CT Conference



FORTY-SIX HONORED AS SCC SCHOLAR LEADERS



Forty-six students were recognized and honored as “SCC Scholar Leaders” at a banquet at Anthony’s Ocean View in New Haven on Monday, March 30. The Scholar Leaders, as selected by their respective schools’ principal, have demonstrated outstanding scholarship and leadership in their respective school and external communities.

Special thanks to CNG/SCG and UI, part of the Avangrid family, for their presenting sponsorship of the SCC Scholar Leader banquet.

[Click here for the event program with recipient biographies \(pdf\)](#)

2025-26 SCC Scholar Leaders

- Amity Regional** – Sophie Cohen, Burke Lindsay
- Branford** – Tate Jones, Nate Durante
- Hill Regional Career** – Akawsi Okyere, Chyna Lopes
- Cheshire** – Tema Caplan, Braeden Turski
- Daniel Hand** – Colton Bartholomew, Lilliana Gerrard
- East Haven** – Steve Condo, Ava DiNola
- Fairfield Prep** – Josh Salazar, Ryan Ventrelle
- Joseph A. Foran** – Thao Pham, Andrew Bishop
- Guilford** – Ethan Parker, Emma Vittorio
- Hamden** – Alexander Medina, Lyla Patel
- James Hillhouse** – Samantha Mera Toro, Antonio Ponton
- Jonathan Law** – Layla Alogna, Marcus Townes
- Academy of Our Lady of Mercy, Lauralton Hall** – Eve Mena, Lydia-Grace Sessler
- Lyman Hall** – Vincent D’Amico, Ella Cranmer
- Mercy** – Irene Milite, Beatrice Perrault
- North Haven** – Valerie Adams, Gavin Knauft
- Notre Dame** – William Bader, Jovan Lakaj
- Sacred Heart Academy** – Divya Sankar, Mia Thomas
- Mark T. Sheehan** – Nicholas Kent, Yi Zeng
- Shelton** – Matthew Quevedo, Sienna Giampaolo
- West Haven** – Ehsanullah Hadi, Jennifer Ngo
- Wilbur Cross** – Julian Theodore, Charlotte Herzog
- Xavier** – Daniel Cruz, Nicholas Salamone



Ella Cranmer (Lyman Hall) and Samantha Mera Toro (Hillhouse) and were recognized as the recipients of the “Bill O’Brien Community Service Scholarship.” Each received \$500.



SCC HOLDS ARTS EXHIBITION



The SCC held its annual Arts Exhibition at New Haven's Creative Arts Workshop during a two-week period in April and May. Many thanks to event sponsor, UI and SCG — part of the Avangrid Family. **Creative Arts Workshop** is one of the many local arts organizations that UI and SCG that supports, and CAW has hosted the SCC for nearly 30 years.

Nearly 70 students submitted pieces to the 2026 exhibition, which was displayed at CAW's gallery on Audubon Street in downtown New Haven.

Congratulations to the SCC's 2026 prize winners (as selected by a jury of professional artists coordinated by the CAW staff).

1st Place: Omer Yilmaz, New Haven Cooperative Arts

2nd Place: Cade Rinehart, Guilford

3rd Place: Reagen Magee, Daniel Hand

Honorable Mention:

Julia Priest (Guilford)

Isabelle Champagne (Lyman Hall)

Alexis Cirrincione (Hamden)



First place: Omer Yilmaz, New Haven Cooperative Arts



2nd place: Cade Reinhart, Guilford



SCC's BEST OF.... 2025-26



Town Fair Tire -- the BEST place to buy tires -- was the presenting sponsor of the SCC's "BEST OF... FOR 2025-26" an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. 2025-26 was another great year in the SCC!

FALL

Titan Power: Sheehan football won the Class S state football title with a 21-7 victory over Northwest Catholic on December 13. The Titans, who finished the regular-season with a 8-2 record, rolled to wins over North Branford (42-0) and Woodland Regional (41-20) on their way to the championship game.

Give them a Hand: After winning its second-straight SCC regular-season title, the Daniel Hand football team wins the Class SS state title with a 37-13 win over previously undefeated Killingly. The Tigers (12-1) reached the championship game after wins over Waterford (43-19) and Nonnewaug (42-0).

Jesuits Go Low: The Fairfield Prep boys golf wins the CIAC State fall golf title. The Jesuits finished at 7-over-par 291, seven strokes better than Darien, the FCIAC tournament champion, to claim its third straight state crown.

Falcons Keep Running Fast: After winning its 10th straight league title, the Xavier boys cross country team proceeded to win its seventh straight Class MM state title before finishing second at the State Open meet on November 3 at Wickham Park. The Falcons qualified for the New England Championships for the ninth consecutive year - the longest active New England streak for any Connecticut boys cross country program.

Tigers Run: Mercy cross country won the 2025 SCC Girls Cross Country title on October 15. It was the Tigers' second straight league title. The Tigers went on to win the Class MM state title.

Hornet Sting: The Branford field hockey team wins the SCC and Class M titles in 2025. The Hornets, who finished a perfect 12-0 in league regular season play, defeated Cheshire, 1-0, in the SCC final before winning the state title with an exciting 1-0 win over New Milford on November 15. In seven total postseason games, the Hornets allowed just two goals – recording six shutouts.

Lions Roar: After reaching the semifinals of the SCC tournament for the first time, the Foran girls soccer team proceeds to win its first-ever state title, defeating heavily favored Northwest Catholic, 3-2, on November 15. The Lions allowed just two goals in the state tournament.

Three Girls Soccer Teams Reach Finals: For the first time in league history, three SCC girls soccer teams reach the state finals. Amity Regional (Class LL), North Haven (Class L) and Foran (Class M) earned spots in state championship games.

Irish Booters: Brandon Fajardo scored two goals in a span of 47 seconds in the second half to lead Notre Dame to a 3-1 win over Fairfield Prep for the SCC boys soccer championship game on October 27. It was the Green Knights' second consecutive league crown.



Led by head coach Erik Becker, the Daniel Hand football team won the SCC title in 2025, and proceeded to capture the Class SS state title (Steady photography photo).



Branford field hockey won the SCC title in 2025, and proceeded to capture the Class M state title (allowing just two goals in the state playoffs) under the tutelage of head coach Peter Frye (Steady photography photo).

SCC'S BEST OF.... 2025-26 - CONTINUED



WINTER

Queen of the Mat: Branford's Ava Gambardella won her second straight CIAC girls wrestling state open title (114 lbs.), defeating league-rival Selena Batres (Jonathan Law) in the final match on February 28.

Blue Devils Reach for the Sun: Four days after upsetting league-rival Notre Dame in the semifinals, West Haven defeated previously undefeated Staples, 79-72, in three overtimes in the Division I state boys basketball championship game at Mohegan Sun Arena. It was the Blue Devils' first state title since 1987.

Hand Times Five: The Daniel Hand gymnastics won its fifth straight SCC title and proceeded to capture the Class S state title for the fifth consecutive year. The Tigers have won 23 state titles – the most of any gymnastics program in the state.

X-Men: Xavier wrestling won the SCC title for the ninth straight year, and added to its impressive trophy case with its sixth straight Class L state title, and its fifth straight State Open title. The Falcons then finished second at the annual New England meet to close out a memorable 2025-26 campaign.

Four Times for Braylon: Xavier senior Braylon Gonzalez (144 lbs.) became the fourth wrestler in SCC history to win four league titles, and he was the 17th wrestler in Connecticut to win three State Open titles.

Prep Pool Success: The Fairfield Prep boys swimming team captured its fifth consecutive SCC championship, and 22nd overall, with a meet record 1,628.5 points. The Jesuits would go on to win the Class L state title and finished as the runner-up at the State Open.

Abdou: The three-time SCC Boys Basketball Player of the Year and two-time Gatorade Connecticut Player of the Year, Notre Dame's Abdou Toure averaged 24.6 points, 7.0 rebounds and 3.0 assists, leading the Green Knights to a fifth straight SCC championship. The five-star recruit finished with a school-record 1,981 career points.

Sarah, Sarah, Sarah, Sarah: Mercy senior Sarah Roberts excelled in four (yes, four) sports across three seasons – earning All-State honors in cross country, indoor track, ice hockey and outdoor track & field. In the fall, she won her third straight class title in cross country (Class MM, 18:47.1). During the winter, she captured the SCC, Class M, and State Open indoor track titles in the 1000 meters while earning All-State honors in ice hockey. In the spring, Roberts won the 800 meters at SCC, Class MM and State Open.

Trojan Puck: Led by its top line of JJ Laffin, Liam Laffin and George Porto, the Lyman Hall boys ice hockey won the Division II state title, defeating Conard, 5-2, on March 20. It was the Trojans' first state title since 2019.

Mr. 600: Mercy head girls basketball coach Tim Kohs won his 600th game on January 20, becoming the sixth CIAC coach to reach the milestone. Kohs, who doubles as Mercy's athletic director, finished his 33rd season and holds a 612-210 (.745 pct.) career record.



West Haven, under the direction of head coach Ty Sullivan, captured the Division I boys basketball title in 2026. The Blue Devils won their first state title since 1987 (Todd Danielske, West Haven HS photo).



Fairfield Prep won the 2026 SCC boys swimming title totaling a league record 1628.5 points (Steady Photography photo)



Long-time Mercy girls basketball coach Tim Kohs won his 600th game during the 2025-26 season (SCC photo).

Brotherly Love: Twin brothers Aaron and Ethan Rich were spectacular for Lyman Hall's indoor track squad. At the State Open on February 21, Aaron set a meet record in the long jump at 24 feet, 4¼ inches while Ethan won the high jump at 6-8. Aaron claimed silver in the 300 (34.60), and each brother earned a bronze medal — Aaron in the high jump (6-6) and Ethan in the long jump (23-0¼). All told, the brothers recorded 40 points – just one behind eventual champion Bloomfield. And in the spring, both brothers were All-SCC standouts on the baseball diamond for the Class L champions and #1 team in the state.

SPRING

Big Bats for Jesuits: Led by Gatorade Player of the Year Ryan Ventrelle and SCC Player of Year Vinny Lombardo, the Fairfield Prep baseball team went undefeated against SCC teams, including a 4-1 win over previously-undefeated (and eventual #1 team in the state) Lyman Hall on May 27 in the league championship game.

Green Dragon Fire: Hamden boys outdoor track & field team won the Class LL state title, winning by just 0.5 points against Greenwich. It was the Green Dragons' first state title since 1999.

Ram Tough: Cheshire softball goes undefeated (27-0) with the Class LL state softball title behind seniors Jordan McCue and Jenica Matos. McCue's eighth inning walk-off game-winning homer lifted the Rams to the SCC title on May 27, and Matos, who is legally blind, finished the season with 405 strikeouts and allowed just two earned runs in 179 innings. Matos pitched a shutout (2-0) against Southington in the Class LL final game.

Lions Roar Again: Behind senior pitcher Abby Corris, Foran softball won its second straight CIAC Class M state title, walloping Woodland, 10-1, on June 13. Corris finished her career with more than 1,000 strikeouts.

Grizzlies Repeat: After winning the Class M state title last year, the Guilford boys lacrosse moves up to Class L and wins another state title, culminating with a convincing 9-2 win over FCIAC-member Fairfield Ludlowe.

Gael Spikers Dominate: Shelton boys volleyball wins their first state title since 2005. The Gaels finish the 2026 season undefeated (23-0), winning the SCC and Class L state titles, also becoming the first league team to win a state championship in 14 seasons.

Hand, Hand, Hand: Daniel Hand boys outdoor track & field squad won its first SCC title since 2017, and proceeded to win its third straight Class MM state title.

Grizzlies Love the Court: The Guilford girls tennis team prevailed over East Lyme, 4-3, in the Class L state final on June 3. It was the third Class L title in the previous four years for the Grizzlies. Guilford also won its third straight SCC title in 2026.

Lauralton Tennis Love: After finishing as the SCC runner-up to eventual Class L state champion Guilford, the Lauralton Hall tennis team successfully defended its Class S state title, defeating Holy Cross, 4-0. It was the fourth title overall for the Crusaders.

It's All Academic: After finishing as the SCC runner-up, the Hillhouse girls outdoor track & field squad captured its third straight state title (Class MM) and its sixth in the last eight seasons.



Cheshire won the 2026 SCC softball title and proceeded to win the Class LL state title for the second straight year. The Rams, under the direction of head coach Kristine Drust, finished as the state's #1 team for the first time (Steady Photography photo).



Shelton captured its second straight SCC boys volleyball playoff title in 2026 and proceeded to win its first state title since 2005 (Steady Photography photo)

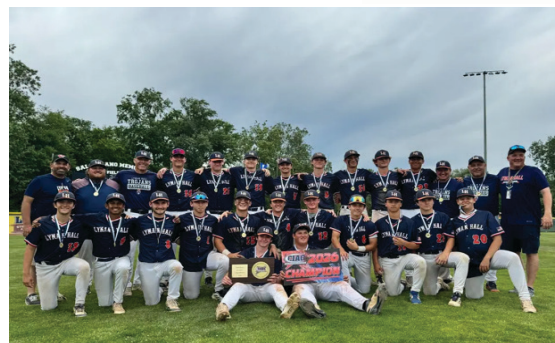
SCC's BEST OF.... 2025-26 - CONTINUED



First Title for the Tigers: After falling in the SCC finals two week earlier, the Daniel Hand girls lacrosse team earns a spot in the Class M final, and defeats SCC-rival Branford, 14-7, to win their first-ever state title.

It's a Repeat: Daniel Hand boys tennis repeated as Class M champions in 2026. The top-seeded Tigers defeated No. 2 Avon, 4-1, in a rematch of the previous two Class M finals.

Falcons Shoot for the Green: Xavier shot a league-record low score of 288 to win the 2026 SCC boys golf title. All five Falcon golfers shot +5 or better at The Farms CC as the team won its seventh SCC title and its second in the last three years. Xavier would go on to win the Division I state title two weeks later.



Lyman Hall won the Class L state baseball title for the second straight and finished as the state's #1 team again (Lyman Hall photo).

Trojan Diamond Success: Behind a strong senior class, the Lyman Hall baseball team repeated as Class L state champions and as the #1 team in the state's final baseball rankings. The Trojans, whose only loss came to Fairfield Prep in the SCC championship game on May 27, allowed just five runs in five state tournament games.

Two Times a Charm: Notre Dame senior Michael Lorenzetti, a three-time SCC Player of the Year honoree, won the CIAC State Open Boys Tennis championship for the second straight year. On June 10, Lorenzetti, who won all his six matches in straight sets, finished off his run by defeating SCC rival Thomas Sirichantho (Amity Regional), 6-2, 6-2 in the championship.

Logan Goes Low: North Haven junior Logan Wells shot a 3-under-par 68 under sweltering conditions to share medalist laurels at the CIAC Boys Golf State Open on June 12. Just four days earlier, Wells shot a 4-under-par 68 to win the Division I championship.

Number 1! Number 1! Number 1!

The SCC had four teams finish as the state's #1 team in their respective sport during 2025-26. The league record is six, achieved two years ago in 2023-24.

Boys Basketball: WEST HAVEN - Under the direction of head coach Ty Sullivan, the Blue Devils (23-4) upset SCC-rival Notre Dame (in their 4th meeting of season) in the Division I semifinals and then captured the state title on March 21 with a 79-72 victory over previously-undefeated Staples in three overtimes. Aaron Johnson, who scored 27 points (11-14 from the field, 4-4 from 3-point range), Loshon Roman (20 points and seven rebounds) and Jordan Sirabonian (19 points with 12 rebounds and six assists) led the way as the Blue Devils won their first state title since 1987.

Wrestling: XAVIER - The Xavier wrestling team captured the SCC, Class L and State Open titles in 2026, and finished as the top team in the the state for the fifth straight year. Head coach Mike Cunningham's Falcons also finished second at the New England to conclude an outstanding 2025-26 season.

Baseball: LYMAN HALL - Under the direction of head coach Billy Rich, the Trojans won their first 22 games before falling to Fairfield Prep in the SCC final on May 27. Lyman Hall (27-1) then went on a masterful state tournament run, allowing just five runs (in five games) to capture the Class L state title and finish as the number-one team in the state for the second straight season.

Softball: CHESHIRE - Cheshire softball goes undefeated (27-0) with the SCC and Class LL state titles behind senior All-Americans Jordan McCue and Jenica Matos. McCue's eighth inning walk-off home run lifted the Rams to the SCC title (2-0 over Jonathan Law) on May 27. A three-time SCC Player of Year recipient, Matos finished the season with 405 strikeouts and allowed just two earned runs in 179 innings. Matos threw a shutout in the Class LL championship game (2-0 against Southington). It was Cheshire's first number-one final state ranking in program history.



**#1 TEAM
IN THE STATE POLLS**

**WEST HAVEN boys basketball
XAVIER wrestling
LYMAN HALL baseball
CHESHIRE softball**



CONNECTICUT ORTHOPAEDICS URGENT CARE/ SCC PLAYER AND COACH OF YEAR



During the 2025-26 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports.

Many thanks to league corporate sponsor Connecticut Orthopaedics and its Urgent Care affiliations for sponsoring the awards.

Player and Coach of the Year honorees were selected by the respective sport's head coaches.

PLAYERS OF THE YEAR

FALL

Boys Cross Country – Alexander Medina, Hamden
Girls Cross Country – Annecy Vlieks, Daniel Hand
Field Hockey – Jessica Radziunas, Branford
Girls Soccer – Molly Benson, Mercy
Boys Soccer – Andrew Sobieski, Xavier
Girls Volleyball – Maddy Burke, Sacred Heart Academy
Girls Swimming – Annie Superchi, Cheshire
Football – Offense – Cristian Luciano, Amity Regional
Football – Defense – Conor Casagrande, Daniel Hand

WINTER

Gymnastics – Kayla Johnson, Foran
Cheerleading – Gianna Percibali, East Haven
Cheerleading Merit – Layla Braxton, Lauralton Hall
Wrestling – Chase Galke, Shelton
Boys Swimming – Julian Adu, Notre Dame
Girls Basketball – Noelle Lawrence, West Haven
Boys Basketball – Abdou Toure, Notre Dame***
Girls Ice Hockey – Hailey Azzarone, West Haven/SHA co-op
Boys Ice Hockey – Div. I – Connor Driscoll, Fairfield Prep
Boys Ice Hockey – Div. II – Ryan Miller, Cheshire
Boys Ice Hockey – Div. III – Luke Kondub, Masuk
Boys Indoor Track – Aaron Rich, Lyman Hall
Girls Indoor Track – Sarah Roberts, Mercy

SPRING

Baseball – Vinny Lombardo, Fairfield Prep
Softball – Jenica Matos, Cheshire ***
Boys Lacrosse – Fynn Mulligan, Fairfield Prep
Girls Lacrosse – Claire Levis, Daniel Hand
Boys Tennis – Michael Lorenzetti, Notre Dame***
Girls Tennis – Loden Bradstreet, Daniel Hand
Boys Volleyball – Cooper Bacca, Shelton
Boys Golf – Bobby Shaw, Guilford
Girls Golf – Lily Simons, Amity Regional
Boys Outdoor Track & Field – Justus Richardson, West Haven
Girls Outdoor Track & Field – Sarah Roberts, Mercy

*** - three-time recipient

COACHES OF THE YEAR

FALL

Boys Cross Country – Bryce Lindamood, Hamden
Girls Cross Country – Steve Swift, Daniel Hand
Field Hockey – Stephanie Lavado-Berghorn, Lyman Hall
Girls Soccer – Gary Collins, North Haven
Boys Soccer – Paul Hunter, Branford
Girls Volleyball – Dave Alexandro, Sacred Heart Academy
Girls Swimming – Todd Rainey, Amity Regional
Football – Brian White, Guilford

WINTER

Gymnastics – Brian Le Roux, Hamden-North Haven
Cheerleading – Emily Funk, Cheshire
Wrestling – Rich Anderson, Notre Dame
Boys Swimming – James Allan, Shelton
Girls Basketball – Tim Kohs, Mercy
Boys Basketball – Dan Oglesby, North Haven
Girls Ice Hockey – Carly Bokina, Masuk co-op
Boys Ice Hockey – Div. II – Anthony Giusto, Cheshire
Boys Ice Hockey – Div. III – Mike Campbell, Newtown/New Fairfield co-op
Boys Indoor Track – Bryce Lindamood, Hamden
Girls Indoor Track – Matt Conyers, Mercy

SPRING

Baseball – Brian Hayden, Notre Dame
Softball – Kristine Drust, Cheshire
Boys Lacrosse – AJ Raccio, Amity Regional
Girls Lacrosse – Lindsey Carroll, Daniel Hand
Boys Tennis – Paul Gagliardi, Branford
Girls Tennis – Mike Marcello, Sacred Heart Academy
Boys Volleyball – LeAnne Bianchine, Shelton
Boys Golf – John Johnson, Lyman Hall
Girls Golf – Mike Cofrancesco, Amity Regional
Boys Outdoor Track & Field – Tim Geary, Daniel Hand
Girls Outdoor Track & Field – Gary Moore, Hillhouse

COMMISSIONER'S CUP, PRESENTED BY BSN SPORTS



The SCC established the Commissioner's Cup in 2025-26, presented by league corporate sponsor **BSN Sports**. The Commissioner's Cup recognizes the member schools that demonstrate the strongest overall athletic performance across all sanctioned sports.

"The Commissioner's Cup celebrates what makes the SCC special — depth, balance, and a shared commitment to excellence across every athletic program," said Al Carbone, Commissioner of the SCC. "This award honors the collective effort of student-athletes, coaches, and school communities who consistently elevate the standard of competition in our league."

"The SCC is home to some of the most competitive and well-rounded athletic departments in Connecticut," said Michael Hurley, Regional Sales Director for BSN Sports. "The Commissioner's Cup provides a meaningful way to recognize that collective excellence and celebrate the full scope of our league's accomplishments."

The inaugural standings were tracked throughout the 2025–26 academic year, with the first champions (Xavier - boys; Mercy - girls) crowned in June.



How the Commissioner's Cup Works

- All varsity sports sponsored by the SCC are included in the scoring system.
- Points are awarded based on final regular-season standings and SCC postseason finishes. Points are also awarded for divisional, postseason league and state titles and runner-up finishes.
- The school (both boys and girls) with the highest cumulative point total at the end of the academic year will be named the Commissioner's Cup champion. Recognition will be given after each season (fall, winter and spring).



Falcons Soar: Xavier won the Boys Overall Trophy after recording 290 points, ahead of runner-up Fairfield Prep (260) and third-place Daniel Hand (223.67). Amity Regional was fourth (211) and Notre Dame was fifth (200).

Tigers Triumph: Mercy won the Girls Overall Trophy after recording 232 points, just ahead of runner-up Amity Regional (231.84) and third-place Cheshire (201.84). Daniel Hand was fourth (198.5) and Guilford was fifth (192).

Boys Season-by-Season Leaders

Fall: Xavier (76)

Winter: Xavier (110)

Spring: Daniel Hand (119)



Girls Season-by-Season Leaders

Fall: Amity Regional (103)

Winter: Mercy (74)

Spring: Amity Regional and Cheshire (87.5)



Final 2025-26 School Results:

1. Xavier, 290; 2. Fairfield Prep, 260; 3. Daniel Hand, 233.67; 4. Amity Regional, 211; 5. Notre Dame, 200; 6. Cheshire, 170; 7. Lyman Hall, 169; 8. Shelton, 167.17; 9. Guilford, 146; 10. North Haven, 140; 11. Hamden, 134.5; 12. Sheehan, 120; 13. West Haven, 112.17; 14. Branford, 99.5; 15. Foran, 96; 16. Jonathan Law, 69; 17. Wilbur Cross, 65; 18. Hillhouse, 57.5; 19. East Haven, 57; 20. Career Magnet, 19

Final 2025-26 School Results:

1. Mercy, 232; 2. Amity Regional, 231.84; 3. Cheshire, 201.84; 4. Daniel Hand, 198.5; 5. Guilford, 192; 6. Sacred Heart Academy, 176.33; 7. Foran, 156; 8. North Haven, 129.34; 9. Luralton Hall, 124; 10. Sheehan, 121; 11. Shelton, 109; 12. Jonathan Law, 107; 13. Branford, 98; 14. Hamden, 97; 15. Lyman Hall, 95; 16. Hillhouse, 81.5; 17. West Haven, 63; 18. East Haven, 56.33; 19. Wilbur Cross, 42.33; 20. Career Magnet, 14



Great Blue Research is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school’s coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

FALL

Amity Regional - Luke Cushing (cross country), Claire Theiss (cross country)
Branford - Tate Jones (field hockey) Jason Talalas (football)
Career - Catherine Bayden (cross country), Akwasi Okyere (cross country)
Cheshire - Vanessa Anderson (swimming), Dennis Galperin (soccer)
Daniel Hand - Conor Casagrande (football), Liza Jobson (soccer)
East Haven - Gianna Perciballi (cheerleading), Anthony Lucci (soccer)
Fairfield Prep - Jack Buck (football), Caleb Galligan (cross country)
Foran - Chloe Wardman (swimming), Gavin Conte (soccer)
Guilford - Emma Clifford (field hockey), Gabriel Grassi (cross country)
Hamden - Francesca Debs (swimming), Will Benedetti (soccer)
Hillhouse - Coni Cornelius (volleyball), Jaeden Robinson (football)
Jonathan Law - Aarush Katyal (soccer), Fiorella Gargiulo (soccer)
Lauralton Hall - Chelsea Hartsburg (soccer), Grace Ronan (field hockey)
Lyman Hall - Lmary Pires (field hockey), Quinn Murphy (cross country)
Mercy - Charlotte Parker (volleyball), Sarah Roberts (cross country)
North Haven - Faith Nicholas (soccer), Joshua Stefanik (soccer)
Notre Dame - Marco Blakeslee (cross country), Daniel Glenney (soccer)
Sacred Heart Academy - Bianca Coughlin (field hockey), Anya Zanol (swimming)
Sheehan - Sophie Math (swimming), Reid Carter (football)
Shelton - Alfonso Palmieri (football), Julia Kieley (swimming)
West Haven - Jennifer Ngo (volleyball), Nate Charron (soccer)
Wilbur Cross - Barbara Zeas (soccer), Vikram Dalal (cross country)
Xavier - Nick DeSanto (football), Chase VanDeventer (soccer)

WINTER

Amity Regional - Kevin Gu (ice Hockey), Olivia Cummings (indoor track)
Branford - Chase Barone (swimming), Kiara Guevara-Cragwell (indoor track)
Career - Dayja Wilkins (basketball), Kenneth Thompson (basketball)
Cheshire - Katherine Bizzarro (skiing), Wyatt Jalowiec (indoor track)
Daniel Hand - Ella Speerli (gymnastics), Alex Khacherian (ice hockey)
East Haven - Liam Gibson (indoor track), Mallory Boney (indoor track)
Fairfield Prep - Tyler Pulie (ice hockey), Rohan Thung (swimming)
Foran - Laney Chan (cheerleading), Thomas Mahon (wrestling)
Guilford - Kellen Rinehart (ice hockey), Tessa Antonakis (fencing)
Jonathan Law - Marcus Townes (basketball), Sophia Wang- (indoor Track)
Hamden - AJ Aurora (ice hockey) Sophia Lindamood (indoor track)
Hillhouse - Kaylyn Hinds (basketball), Ty’Jhaun Rogers (basketball)
Lauralton Hall - Layla Braxton (cheerleading), Hannah Newman (ice hockey)
Lyman Hall - Justin Rosario (basketball), Julia Albert (cheerleading)
Mercy - Beatrice Perrault (indoor track), Abi Weidman (basketball)
North Haven - Angela Lin (fencing), Gavin Knauft (ice hockey)
Notre Dame - George Ganim (basketball), Matt Kelly (ice hockey)
Sacred Heart Academy - Madelyn Burke (basketball), Molly Gunning (basketball)
Sheehan - Susan Hotaling (basketball), Jack Angelastro (swimming)
Shelton - Giancarlo Rubio (swimming), Bella DeJesus (cheerleading)
West Haven - Rylie Boynton (cheerleading), Khalil Kabila (indoor track)
Wilbur Cross - Karita Asael (indoor track), Douglas Dolberry (basketball)
Xavier - Adam Raymond (swimming), James Haslam (wrestling)

SPRING

Amity Regional - Maybelle Caron (lacrosse), Jordan Hass (tennis)
Branford - Jake Pombo (baseball), Aliza Giordano (lacrosse)
Career - Giovany Siarez Medina (baseball), Chyna Lopes (outdoor track & field)
Cheshire - Hanan Talipan-Pinedo (outdoor track & field), Juyeon “Julia” Paek (golf)
Daniel Hand - Loden Bradstreet (tennis), Clay Cosgriff (baseball)
East Haven - William Mensah (outdoor track & field), Gianna Dilapi (outdoor track & field)
Fairfield Prep - Ryan Ventrelle (baseball), Andy Thung (tennis)
Foran - Thao Pham (tennis), Jovani Gentalan (baseball)
Guilford - Ciara Davenport (lacrosse), Blake Brysh (lacrosse)
Hamden - Julian Weiss (lacrosse), Susan Asch (outdoor track & field)
Hillhouse - Chikai Udeokoro (outdoor track & field), Briana Thompson (outdoor track & field)
Jonathan Law - Siya Patil (tennis), Victor Vocal (outdoor track & field)
Lauralton Hall - Leela Farzam (tennis), Viviana Fama (golf)
Lyman Hall - Alan Redford (outdoor track & field), Sadie Tierney (outdoor track & field)
Mercy - Mackenzie Hanson (golf), Irene Milite (tennis)
North Haven - Emelia Brandi (softball), Jack Segna (tennis)
Notre Dame - Jack MacNiven (outdoor track & field), Eneko Santacoloma Garria (lacrosse)
Sacred Heart Academy - Freddy Franco (tennis), Mackenzie Spooner (outdoor track & field)
Sheehan - Hope Obremski (outdoor track & field), Jake Avitable (tennis)
Shelton - Jayson LaPrise (baseball), Allison Melgara (outdoor track & field)
West Haven - Carly Morabito (lacrosse), Daniel Davis-Anagboso (tennis)
Wilbur Cross - Elijah Brown (golf), Kallianny Gomes (outdoor track & field)
Xavier - Ryan Glen (golf), Liam Stutz (outdoor track & field)

CONNECTICUT ORTHOPAEDICS AWARDS

“COMEBACK PLAYERS OF THE YEAR”



Two student athletes – **Madden Evangeliste (West Haven)** and **Lily Simons (Amity Regional)** – are the recipients of the 2026 Southern Connecticut Conference “Comeback Player of the Year” awards. Both students suffered severe injuries yet were able to overcome them to become outstanding role models in their respective schools.

A long-time corporate sponsor of the SCC, Connecticut Orthopaedics offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2025-2026 academic year and showed great leadership both on and off the field after their injury.

Coaches and school’s athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. Both will receive a financial scholarship to be used for their college education.

“This is our 16th year awarding student-athletes from the SCC with scholarships,” said Susan Bader, CEO of Connecticut Orthopaedics. “Our goal is to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, become positive role models for their fellow teammates. As sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level.”

“Many thanks to the doctors and staff at Connecticut Orthopaedics for their continuing support of the SCC and especially these generous scholarships,” explained SCC Commissioner Al Carbone. “Our league has many outstanding student-athletes who excel in the classroom and on the playing fields; but it is a tremendous gesture to recognize traits like courage, perseverance and selflessness.”



Call it a Comeback (L-R): Lily Simons (Amity Regional) and Madden Evangeliste (West Haven), 2026 SCC Comeback Players of the Year (SCC photo)

2025-26 SCC/CONNECTICUT ORTHOPAEDICS COMEBACK PLAYERS OF THE YEAR

MADDEN EVANGELISTE, WEST HAVEN (basketball)

A captain for the Blue Devils’ girls basketball squad, Madden suffered a ACL injury mid-year through her sophomore season which affected parts of two seasons. Through her diligent rehab and resilient character, she was able to return to the court to lead the team to the SCC semifinals this past season. An outstanding student and leader, she was a member of the National Honor Society, ranked 12th (in a class of 457 students) and was actively involved in Peer Advocates and the school’s Class Act Council. Inspired by her own recovery journey, Madden will attend Providence College in the fall and major in health science with the goal to be a physician assistant.

LILY SIMONS, AMITY REGIONAL (golf)

A multi-sport athlete, Lily was hurt playing basketball (torn ACL) in her freshman season, and then again her sophomore year which also affected her playing golf for the Spartans. She returned to the golf course and earned All-SCC and All-State honors as a junior and senior. This spring, she led the Spartans to the SCC title and was named as the SCC Girls Golfer of the Year, presented by Connecticut Orthopaedics Urgent Care Walk-in. Lily will attend Iona University and major in sports management and compete in golf for the Gaels.

ABOUT CONNECTICUT ORTHOPAEDICS

Connecticut Orthopaedics is the #1 physician practice for orthopedics in Connecticut. The practice is a premier team of orthopedic doctors and board-certified surgeons who provide compassionate and innovative care to keep you moving forward with life. With over 60 physicians serving 20 locations, including 8 Urgent Cares, three orthopedic-only Surgical Centers and 14 state-of-the-art Sports Therapy | Rehab locations, we make it convenient for you to get the best in orthopedic care you need, close to where you live.

To learn more, visit www.ct-ortho.com



2025-26 SCC POSTSEASON CHAMPIONS



OVERVIEW:

13 different schools won a SCC playoff title in 2025-26... Fairfield Prep won five league titles, while Xavier and Mercy each had four... Amity Regional had 3 titles; and 6 runner-ups... 16 different schools earned a runner-up plaque... Amity Regional had six; while Lyman Hall and Cheshire each had 3.

FALL

Sport	Champion	Runner-up/Third Place	Result
Boys Cross Country	Xavier, 32	Amity Regional (44)/Hamden (108)	
Girls Cross Country	Mercy, 36	Cheshire (91)/Daniel Hand (122)	
Boys Soccer	Notre Dame	Fairfield Prep)	3-1
Girls Soccer	Mercy	Sacred Heart Academy	2-0
Field Hockey	Branford	Cheshire	1-0
Girls Swimming	Amity Regional, 1276.50	Cheshire (1019)/Guilford (823)	
Girls Volleyball	Amity Regional	Sacred Heart Academy	3-1 (25-19, 25-17, 25-27, 25-20)

WINTER

Sport	Champion	Runner-up/Third Place	Result
Boys Indoor Track	Xavier, 70	Lyman Hall/Hamden (58)	
Girls Indoor Track	Mercy, 77	Hillhouse (62)/Hamden (48.5)	
Cheerleading - All-Girl	East Haven, 84	North Haven (83.4)/West Haven (78.85)	
Cheerleading - Coed	Jonathan Law, 72.15		
Gymnastics	Daniel Hand, 137.85	Valley Regional co-op (132.15)/HK co-op (128.2)	
Wrestling	Xavier, 226	Shelton (152), Notre Dame (150)	
Girls Basketball	Sacred Heart Academy	Sheehan	34-27
Girls Ice Hockey	Masuk co-op	Amity/Cheshire/NH co-op	2-1 (OT)
Boys Basketball	Notre Dame	Fairfield Prep	73-51
Boys Swimming	Fairfield Prep, 1628.5	Amity Regional (799), Daniel Hand (689)	
Boys Ice Hockey - I	Fairfield Prep	Notre Dame	6-1
Boys Ice Hockey - II	Cheshire	East Haven co-op	3-0

SPRING

Sport	Champion	Runner-up/Third Place	Result
Boys Outdoor Track	Daniel Hand, 104	Shelton (81)/Hamden (78)	
Girls Outdoor Track	Mercy, 93	Hillhouse and Amity Regional (83)	
Boys Tennis	Fairfield Prep	Amity Regional	4-3
Girls Tennis	Guilford	Lauralton Hall	4-3
Baseball	Fairfield Prep	Lyman Hall	4-1
Softball	Cheshire	Jonathan Law	2-0 (8 inn.)
Boys Lacrosse	Fairfield Prep	Notre Dame	17-0
Girls Lacrosse	Cheshire	Daniel Hand	6-5
Boys Volleyball	Shelton	Amity Regional	3-0 (25-16, 25-10, 25-15)
Boys Golf	Xavier, 288	Lyman Hall (296)/North Haven (299)	
Girls Golf	Amity Regional, 343	Mercy (371)/Daniel Hand (396)	



2025-26 SCC STATE CHAMPIONSHIPS



STATE CHAMPIONS (31)

FALL (9)

Fairfield Prep boys golf, *Division I*
Amity Regional boys cross country, *Class LL*
Xavier boys cross country, *Class MM*
Daniel Hand girls cross country, *Class M*
Mercy girls cross country, *Class MM*
Branford field hockey, *Class M*, defeated New Milford, 1-0
Foran girls soccer, *Class M*, defeated Northwest Catholic, 3-2
Daniel Hand football, *Class SS*, defeated Killingly, 37-13
Sheehan football, *Class S*, defeated Northwest Catholic, 21-7

WINTER (8)

Mercy girls indoor track, *Class M*
Daniel Hand gymnastics, *Class S*
Xavier wrestling, *Class L and State Open*
Foran wrestling, *Class M*
Fairfield Prep boys swimming, *Class L*
Lyman Hall boys ice hockey, *Div. 2*, defeated Conard, 5-2
West Haven boys basketball, *Div. 1*, defeated Staples, 79-72, 3 OT

SPRING (14)

Hillhouse girls outdoor track & field, *Class MM*
Daniel Hand boys outdoor track & field, *Class MM*
Hamden boys indoor track & field, *Class LL*
Lauralton Hall girls tennis, *Class S*, defeated Holy Cross, 4-0
Guilford girls tennis, *Class L*, defeated East Lyme, 4-3
Daniel Hand boys tennis, *Class M*, defeated Avon, 4-1
Xavier boys golf, *Division I*
Daniel Hand boys golf, *Division II*
Shelton boys volleyball, *Class L*, defeated Ridgefield, 3-0 — 25-19, 25-18, 25-16
Cheshire softball, *Class LL*, defeated Southington, 2-0
Daniel Hand girls lacrosse, *Class M*, defeated Branford, 14-7
Foran softball, *Class M*, defeated Woodland, 9-0
Lyman Hall baseball, *Class L*, defeated Bethel, 11-1
Guilford boys lacrosse, *Class L*, defeated Fairfield Ludlowe, 9-2

STATE CHAMPIONSHIP NOTES:

- The 31 state titles tied a league record, which was set in 2024-25.
- The 14 state championships won in the spring tied a league record (first achieved in 2024-25 winter).
- 16 different schools won a state title during 2025-26.
- Daniel Hand won a record seven state titles during the year, including four in the spring.
- Xavier won four and Foran had three state titles in 2025-26. Fairfield Prep, Guilford, Mercy and Lyman Hall each won two.

621

SCC member school teams have won 621 state championships since 1994-95 (184 fall, 231 in winter, and 206 in the spring). With the conclusion of the 2026 spring season, here are the SCC schools with the most state titles since the league was formed:

1. Hillhouse (84)
2. Daniel Hand (79)
3. Cheshire (71)
4. Xavier (60)
5. Guilford (45)
6. Fairfield Prep (44)
7. Amity Regional (43)
8. Branford (28)
9. Notre Dame (22)
10. Shelton (16)



STATE RUNNER-UPS (20)

FALL (6)

Cheshire girls cross country, *Class L*
Xavier boys cross country, *State Open*
Sheehan girls swimming, *Class S*
North Haven girls soccer, *Class L*, lost to Masuk, 2-1
Amity Regional girls soccer, *Class LL*, lost to Greenwich, 4-0
Cheshire football, *Class L*, lost to New Canaan, 31-13

WINTER (6)

Lyman Hall boys indoor track, *Class M and State Open*
Sacred Heart Academy girls indoor track, *Class S*
North Haven cheerleading, *Class L*
Fairfield Prep boys swimming, *State Open*
Fairfield Prep boys ice hockey, *Div. I*, lost to New Canaan, 3-1

SPRING (8)

Xavier boys outdoor track & field, *Class MM*
Fairfield Prep boys tennis, *Class LL*, lost to Greenwich, 4-0
Cheshire boys golf, *Division I*
Notre Dame boys golf, *Division II*
Lyman Hall boys golf, *Division II*
Branford girls lacrosse, *Class M*, lost to Daniel Hand, 14-7
Lauralton Hall girls lacrosse, *Class S*, lost to Somers, 11-10
Cheshire girls lacrosse, *Class L*, lost to Simsbury, 10-7

2025-26 SPORT-BY-SPORT RECAP



FALL

Football

Presented by the Casey-O'Brien New Haven County Chapter of the National Football Foundation



NATIONAL FOOTBALL FOUNDATION
AND COLLEGE HALL OF FAME
CASEY O'BRIEN NEW HAVEN COUNTY CHAPTER

State Champions:

Daniel Hand (Class SS)
Sheehan (Class S)

State Runner-ups:

Cheshire (Class L)

Regular-season Champion: Daniel Hand (6-1, 11.5 points)

Top Finishers: Fairfield Prep (6-1, 11 points), Cheshire (6-1, 10.5 points), Jonathan Law (6-1, 8.5 points), Sheehan (5-2, 8 points), Guilford (5-2, 7.5 points)

State Playoff Qualifiers (6)

Class LL: Fairfield Prep (8-2)

Class L: Cheshire (7-3)

Class M: Guilford (8-2)

Class SS: Daniel Hand (9-1), Jonathan Law (8-2)

Class S: Sheehan (8-2)

All-Conference

First Team Offense

Offensive Line: AJ Tatro (Sheehan), Anthony Bowe (Daniel Hand), Michael Mordecai (Amity Regional), Wesley Tandler (Guilford), James Burgess (Fairfield Prep), Chuck Williams (Cheshire)

Tight End: Mason Francis (Sheehan)

Wide Receiver: Najae Hamilton (Lyman Hall), Jeremiah Langston (Fairfield Prep), Jakyi Wright (Hillhouse)

Running Back: Artie McCormack IV (North Haven), Lucca Boyce (Daniel Hand), Cristian Luciano (Amity Regional), Luke Miklos (Notre Dame)

Quarterback: Ryan Casey (Lyman Hall), Robbie Manning (Fairfield Prep), Matthew Witteman (Jonathan Law)

Placekicker: Ben Conelius (Fairfield Prep)

First Team Defense

Defensive Line: Kam Gamm (Hamden), Timothy O'Malley (Daniel Hand), Brayden Dempsey (Daniel Hand), Chase Galke (Shelton), Jordan Louis (Fairfield Prep), Brayden Ottochian (Lyman Hall)

Linebacker: Xaviare Ager (Hamden), Conor Casagrande (Daniel

Hand), Joey Fryer (Amity Regional), Aiden Gregorich (Cheshire), Aidan Connelly (Guilford), Nicholas Cosmas (Jonathan Law), Trent Tracy (Branford)

Defensive Back: Nate Eggerling (North Haven), Sam Barrett (Fairfield Prep), Marcus Townes (Jonathan Law), Alex Leblanc (Branford), Trew Kitson (West Haven)

Second Team Offense

Offensive Line: Paul Fumex (Daniel Hand), Hunter Hearnin (Cheshire), Ryan Teneyck (Branford), Jack Lefevre (Jonathan Law), Jackson Pereira (Sheehan)

Tight End: Brandon LaPlante (Lyman Hall)

Wide Receiver: Cole Preskar (Daniel Hand), Stone Leckey (Daniel Hand), Brian Gonzalez (Jonathan Law)

Running Back: Josh Durant (Sheehan), Aiden Ruotolo (Guilford), Amir Daniley (West Haven)

Quarterback: Robert Reh (Daniel Hand), Jake O'Brien (Sheehan), Alex Tafro (Guilford), Jayden Wright (Harding), Israel Prevail (Bassick)

Placekicker: Ares Vasiliou (Guilford)

Second Team Defense

Defensive Line: Jamar Mason Johnson (Sheehan), Blake Charboneau (East Haven), Anthony Scappatura (Jonathan Law), James Zaccagnini (Shelton), Richard Van Dyke (Sheehan)

Linebacker: Tayvion Simmons (Notre Dame), Evan Gonzalez (Cheshire), Kyle Viesselman (Foran), John Morris (Fairfield Prep), Jaeden Robinson (Hillhouse), Francis Ogudebe (Wilbur Cross)

Defensive Back: Andrew Dorais (Amity Regional), Braedon Jenkins (Foran), Oscar Valle (Foran), Alex Konlian (Jonathan Law), Chase Barnett-McCleave (Wilbur Cross), Peter Anicette (Bassick)

Punter: Tim Reinhard (Cheshire)

Offensive Player of Year: Cristian Luciano (Amity Regional)

Defensive Player of Year: Conor Casagrande (Daniel Hand)

Coach of Year: Brian White (Guilford)

Boys Cross Country

State Champions:

Amity Regional (Class LL)
Xavier (Class L)

State Runner-ups:

Xavier (State Open)

Sectional Races – Oct. 1 @Hamden Middle School

Hammonasset/Quinnipiac Race

Final Team Results: 1. Xavier, 33; 2. Guilford, 60; 3. Hamden, 63; 4. Notre Dame, 94; 5. Daniel Hand, 97; 6. Fairfield Prep, 157; 7. Hillhouse, 217; 8. Foran, 225; 9. Jonathan Law, 252; 10. West Haven, 320

2025-26 SPORT-BY-SPORT RECAP



Top Finishers: 1. Alexander Medina (Hamden), 15:49; 2. Zayd Vohra (Hamden), 16:11; 3. Peter Torello (Xavier), 16:27; 4. Jackson Gould (Xavier), 16:28; 5. Xavier Laudati (Xavier), 16:30; 6. Lewis Thoreen (Guilford), 16:31

Housatonic/Oronoque Race

Final Team Results: 1. Amity Regional, 32; 2. Cheshire, 74; 3. Shelton, 88; 4. North Haven, 109; 5. Wilbur Cross, 146; 6. Lyman Hall, 157; 7. Sheehan, 163; 8. Branford, 186; 9. East Haven, 210

Top Finishers: 1. Jack Mooney (Cheshire), 15:54; 2. Liam Van Tonder (Amity Regional), 16:24.2; 3. Truman Kaczmarczyk (Amity Regional) 16:24; 4. Charlie Stabach (Amity Regional), 16:26; 5. Dimitry Komanetsky (North Haven), 16:33; 6. Marco Maturo (North Haven), 16:34

Championship Meet – Oct. 15 @East Shore Park - New Haven

Final Team Results: 1. Xavier, 32; 2. Amity Regional, 44; 3. Hamden, 108; 4. Guilford, 132; 5. Daniel Hand, 154; 6. Cheshire, 187; 7. Notre Dame, 193; 8. Shelton, 251; 9. North Haven, 253; 10. Fairfield Prep, 286; 11. Wilbur Cross, 297; 12. Lyman Hall, 318; 13. Hillhouse, 332; 14. Sheehan, 334; 15. Foran, 399; 16. Jonathan Law, 400; 17. West Haven, 530

Individual Champion: Luke Cushing (Amity Regional), 15:43

Top Finishers: 2. Alex Medina (Hamden), 15:58; 3. Evan Griffiths (Cheshire), 16:13; 4. Nolan O'Connor (Xavier), 16:17; 5. Landon Rubano (Xavier), 16:25; 6. Peter Torello (Xavier), 16:26; 7. Jack Mooney (Cheshire), 16:39; 8. Jackson Gould (Xavier), 16:41; 9. Holden Hines (Xavier), 16:43; 10. Xavier Laudati (Xavier), 16:50; 11. Lucas Cohen (Amity Regional), 16:53; 12. Benjamin Tomaszewski (Amity Regional), 16:55

All-Conference

First Team: Luke Cushing (Amity Regional), Alex Medina (Hamden), Evan Griffiths (Cheshire), Nolan O'Connor (Xavier), Landon Rubano (Xavier), Peter Torello (Xavier), Jack Mooney (Cheshire), Jackson Gould (Xavier), Holden Hines (Xavier), Xavier Laudati (Xavier), Lucas Cohen (Amity Regional), Benjamin Tomaszewski (Amity Regional)

Second Team: Zayd Vohra (Hamden), Lewis Thoreen (Guilford), Daniel Carone (Notre Dame), JJ Funk (Daniel Hand), Cooper Tomaszewski (Amity Regional), Dimitry Komanetsky (North Haven), Jordan Espinosa (Guilford), Julian Quintero-Perez (Hamden), Max Millard (Daniel Hand), Samuel Haddad (Lyman Hall), James Perault (Xavier), Truman Kaczmarczyk (Amity Regional)

Runner of Year: Alexander Medina (Hamden)

Coach of Year: Bryce Lindamood (Hamden)

Girls Cross Country

State Champions:

Mercy (Class MM)
Daniel Hand (Class M)

State Runner-ups:

Cheshire (Class L)

Sectional Races – Oct. 1 @Hamden Middle School

Hammonasset/Quinnipiac Race

Final Team Results: 1. Guilford, 48; 2. Mercy, 50; 3. Daniel Hand, 69; 4. Sacred Heart Academy, 102; 5. Hamden, 125; 6. Luralton Hall, 148; 7. Foran, 198; 8. Jonathan Law, 219; 9. Hillhouse, 222

Top Finishers: 1. Anney Vlieks (Daniel Hand), 18:04; 2. Sarah Roberts (Mercy), 19:00; 3. Mackenzie Spooner (Sacred Heart Academy), 19:27; 4. Olivia Jackson (Guilford), 19:32; 5. Sally Banks (Sacred Heart Academy), 20:01; 6. Ciara Davenport (Guilford), 20:14

Housatonic/Oronoque Race

Final Team Results: 1. Cheshire, 40; 2. Amity Regional, 53; 3. Wilbur Cross, 97; 4. North Haven, 104; 5. Shelton, 105; 6. Lyman Hall, 131

Top Finishers: 1. Claire Theiss (Amity Regional), 18:50; 2. Emily D'Souza (Cheshire), 19:08; 3. Eleanor Chamberlain (Sheehan), 19:21; 4. Stephanie Sanborn (Shelton), 19:24; 5. Harper Vanacore (Sheehan), 19:35; 6. Lisa Koivukangas (Shelton), 19:40

Championship Meet – Oct. 15 @East Shore Park - New Haven

Final Team Results: 1. Mercy, 36; 2. Cheshire, 91; 3. Daniel Hand, 122; 4. Amity Regional, 127; 5. Guilford, 146; 6. Shelton, 176; 7. Sacred Heart Academy, 192; 8. Hamden, 199; 9. North Haven, 216; 10. Wilbur Cross, 248; 11. Luralton Hall, 256; 12. Lyman Hall, 285; 13. Jonathan Law, 380; 14. Foran, 403

Individual champion: Cora Wasiolek (Mercy), 18:36

Top Finishers: 2. Anney Vlieks (Daniel Hand), 18:38; 3. Sarah Roberts (Mercy), 18:57; 4. Stephanie Sanborn (Shelton), 19:40; 5. Ruby Kuselias (Mercy), 19:50; 6. Claire Theiss (Amity Regional), 19:53; 7. Emily D'Souza (Cheshire), 19:55; 8. Kendall Montabana (North Haven), 20:02; 9. Olivia Jackson (Guilford), 20:03; 10. Eleanor Chamberlain (Sheehan), 20:06; 11. Lisa Koivukangas (Shelton), 20:14; 12. Madeleine Caron (Amity Regional), 20:23

All-Conference

First Team: Cora Wasiolek (Mercy), Anney Vlieks (Daniel Hand), Sarah Roberts (Mercy), Stephanie Sanborn (Shelton), Ruby Kuselias (Mercy), Claire Theiss (Amity Regional), Emily D'Souza (Cheshire), Kendall Montabana (North Haven), Olivia Jackson (Guilford), Eleanor Chamberlain (Sheehan), Lisa Koivukangas (Shelton), Madeleine Caron (Amity Regional)

2025-26 SPORT-BY-SPORT RECAP



Second Team: Mackenzie Spooner (Sacred Heart Academy), Alyson Low (Mercy), Allison Pelletier (Mercy), Sally Banks (Sacred Heart Academy), Skielyz Reyes (Hamden), Alexa Tirado (Cheshire), Fiona Cox (Wilbur Cross), Ava Ciccone (Cheshire), Maribel Smith (Daniel Hand), Kate Cushing (Amity Regional), Sophie Perrin (Lyman Hall), Harper Vanacore (Sheehan)

Runner of Year: Anney Vlieks (Daniel Hand)
Coach of Year: Steve Swift (Daniel Hand)

Girls Volleyball

State Champions: none

State Runner-ups: none

Divisional champions

Hammonasset: Amity Regional, Guilford (7-1)

Housatonic: Foran (8-0)

Oronoke: Sacred Heart Academy (8-0)

Quinnipiac: Hamden, Shelton (7-1)

SCC Playoffs

First Round – Oct. 22 @Higher Seeds

#4 Foran 3, #13 Daniel Hand 0 (25-18, 25-15, 25-17)

#5 West Haven 3, #12 East Haven 0 (25-19, 25-22, 25-18)

#6 Hamden 3, #11 Sheehan 1 (18-25, 25-12, 25-16, 25-18)

#10 Lyman Hall 3, #7 Branford 2 (25-22, 24-26, 25-13, 18-25, 15-9)

#8 Cheshire 3, #9 Shelton 0 (25-15, 25-20, 25-15)

Quarterfinals – Oct. 24 @Higher Seeds

#1 Sacred Heart Academy 3, #8 Cheshire 1 (20-25, 25-19, 26-24, 25-4)

#4 Foran 3, #5 West Haven 1 (25-17, 22-25, 25-15, 25-18)

#3 Guilford 3, #6 Hamden 1 (25-17, 22-25, 25-21, 25-21)

#2 Amity Regional 3, #10 Lyman Hall (25-12, 25-17, 25-11)

Semifinals – Oct. 27 @Higher Seeds

#1 Sacred Heart Academy 3, #4 Foran (25-14, 25-10, 25-9)

#2 Amity Regional 3, #3 Guilford (25-17, 25-9, 25-12)

Championship Game – Oct. 29 at West Haven HS

#2 Amity Regional 3, #1 Sacred Heart Academy 1 (25-19, 25-17, 25-27, 25-20)

Tournament Most Outstanding Player: *Olive Hubbard, Amity Regional*

All-Conference

First Team: Nyah Boromei (Foran), Maddy Burke (Sacred Heart Academy), Bella Green (Hamden), Olive Hubbard (Amity Regional), Julianne Henkel (Branford), JJ Kirck (Sacred Heart Academy), Calleigh Parkin (Amity Regional), Chloe Pierre (Shelton), Aubrey Pippa (Foran), Lily Simon (Amity Regional), Nora Stewart (Guilford), Maya Thompson (Guilford), Maeve Zbikowski (Cheshire)

Second Team: Lauren Aitkenhead (Lyman Hall), Eve Backhaus (East Haven), Chelsea Bender (Sheehan), Maddie Benedetti (Jonathan Law), Coni Cornelius (Hillhouse), Erin Murphy (Branford), Jennifer Ngo (West Haven), Charlotte Parker (Mercy), Felicity

Potkay (Hamden), Gabby Scotti (Cheshire), Bella Spinato (Sacred Heart Academy)

Player of Year: Maddy Burke (Sacred Heart Academy)
Coach of Year: Dave Alexandro (Sacred Heart Academy)

Field Hockey

State Champions:

Branford (Class M)

State Runner-ups: none

Regular-season Champion: Branford (12-0)

SCC Playoffs

Quarterfinals – Oct. 23 @Higher Seeds

#1 Branford 9, #8 Sheehan 0

#2 Daniel Hand 4, #7 Amity Regional 0

#3 Cheshire 2, #6 Luralton Hall 1 (OT)

#4 Hamden 2, #5 Guilford 1

Semifinals – Oct. 25 @Higher Seeds

#1 Branford 2, #4 Hamden 0

#3 Cheshire 1, #2 Daniel Hand 0

Championship Game – Oct. 28 @Amity Regional HS

#1 Branford 1, #3 Cheshire 0

Tournament Most Outstanding Player: *Lily Panuccio, Branford*

All-Conference

First Team: Colby Atwater (Guilford), Jozie Becker (Hamden), Tema Caplan (Cheshire), Tatum Chapman (Luralton Hall), Maggie Lavin (Daniel Hand), Ellie Meyran (Branford), Lilly Panuccio (Branford), Jessica Radziunas (Branford), Jayda Reyes (Sheehan), Claire Rickelman (Daniel Hand), Sadie Tierney (Lyman Hall), Zoe Tsoukanelis (Guilford)

Second Team: Caroline Barto (Cheshire), Emma Clifford (Guilford), Abby Dellaventura (Guilford), Tate Jones (Branford), Marlee Lyons (Amity Regional), Tylie Lawless (Cheshire), Ava Martin (Hamden), Phoebe Michener (Luralton Hall), Lexy Patel (Hamden), Lyla Patel (Hamden), Brynn Poole (Daniel Hand), Madison Thomas (Lyman Hall), Shayla Welch (Sheehan), Katelyn Woytowich (Daniel Hand)

Player of Year: Jessica Radziunas (Branford)

Coach of Year: Stephanie Lavado-Berghorn (Lyman Hall)

Girls Soccer

State Champions: Foran (Class M)

State Runner-ups:

Amity Regional (Class LL)

North Haven (Class L)

2025-26 SPORT-BY-SPORT RECAP



Divisional champions

Hammonasset: Mercy (6-1-1)

Housatonic: Sacred Heart Academy (8-0)

Oronoque: Guilford (8-0)

Quinnipiac: Foran (5-1)

SCC Playoffs

Quarterfinals – Oct. 23 @Higher Seeds

#1 Mercy 1, #8 Cheshire 0

#2 Sacred Heart Academy 1, #7 Guilford 0

#6 Lauralton Hall 2, #3 Amity Regional 1

#4 Foran 3, #5 North Haven 2

Semifinals – Oct. 25 @Higher Seeds

#2 Sacred Heart Academy 3, #6 Lauralton Hall 2

#1 Mercy 4, #4 Foran 0

Championship Game – Oct. 27 @West Haven HS

Mercy 2, Sacred Heart Academy 0

Tournament Most Outstanding Player: *Molly Benson, Mercy*

All-Conference

First Team: Alice Agovino (Daniel Hand), Dailyn Andujar (Wilbur Cross), Alessandra Aurora (Hamden), Molly Benson (Mercy), Daniela Boutote (Foran), Madison Eisenhandler (Lauralton Hall), Kayci Gayle (Sacred Heart Academy), Shannon Gordon (Cheshire), Amiyah Jones (West Haven), Meghan Keating (Sheehan), Maggie Kershner (Amity Regional), Bianca Maciel (Sacred Heart Academy), Liisu Melville (Amity Regional), Amery Monaco Belden (Shelton), Avery Moulton (Jonathan Law), Peighton Nash (Foran), Paige Ponzio (Guilford), Lauren Riegler (Mercy), Abby Sink (Cheshire), Kara Sweet (North Haven), Talia Tamsin (Branford), Emily Vella (Jonathan Law), Emelia Votto (Guilford), Elizabeth Walsh (Daniel Hand)

Second Team: Layla Alogna (Jonathan Law), Sahana Bhandary Alexander (Career/Hillhouse), Leila Blasczyk (Lyman Hall), Maya Collins (Sacred Heart Academy), Michaela Deiso (Lauralton Hall), Fiorella Gargiulo (Jonathan Law), Tatum Gutmann (Cheshire), Dylan Hall (Branford), Emily Hickey (Mercy), Eliza Jobson (Daniel Hand), Maya Kos-Graham (Guilford), Alexis Lafferty (Foran), Eve Marin (Amity Regional), Kiley Mazzucco (East Haven), Isabel Millard (West Haven), Camilla Murphy (Sacred Heart Academy), Faith Nicholas (North Haven), Margaret Nolan (Hamden), Keely Parri (Daniel Hand), Madeline Salai (Foran), Madelyn Scarfo (Mercy), Mackenzie St. Germain (Shelton), Julianna Waggoner (Cheshire), Allison Zapata (Wilbur Cross)

Player of Year: **Molly Benson (Mercy)**

Coach of Year: **Gary Collins (North Haven)**

Boys Soccer

State Champions: none

State Runner-ups: none

Regular-season Division Champions

Hammonasset: Notre Dame (7-1)

Housatonic: Xavier (8-0)

Oronoque: West Haven (5-1-2), Daniel Hand (5-1-2), Shelton (6-2)

Quinnipiac: Wilbur Cross (5-1)

SCC Playoffs

Quarterfinals – Oct. 23 @Higher Seeds

#1 Xavier 3, #8 Wilbur Cross 0

#2 Notre Dame 4, #7 Shelton 0

#6 Amity Regional 3, #3 West Haven 2

#4 Fairfield Prep 2, #5 Daniel Hand 0

Semifinals – Oct. 25 @Higher Seeds

#2 Notre Dame 2, #6 Amity Regional 0

#4 Fairfield Prep 1, #1 Xavier 0

Championship Game – Oct. 27 @West Haven HS

#2 Notre Dame 3, #4 Fairfield Prep 1

Tournament Most Outstanding Player: *Brandon Fajardo, Notre Dame*

All-Conference

First Team: Connor Day (Fairfield Prep), Corbin Engleman (Xavier), Lucas Esteves (Shelton), Aldo Fernandez (Cheshire), Rafael Flores (Hamden), Gabe Forstrom (Wilbur Cross), Pedro Furtado (West Haven), Maximilian Hernandez (Wilbur Cross), Cristian Habiniak (Notre Dame), Harrison Hodge (Daniel Hand), Milton Jimenez (Notre Dame), Hayden Minns (North Haven), Vincent Malatesta (Guilford), Blake Meder (Guilford), Thomas Mioline (Branford), Bryan Monge (West Haven), Finlay McConville (Daniel Hand), Nickolas Piironen (Guilford), Joshua Podchaiski (Sheehan), Andre Rivadeneiro (Wilbur Cross), Matteo Santin (Amity Regional), Andrew Sobieski (Xavier), Evan Stone (Xavier), Geovanny Tello (Lyman Hall)

Second Team: Kevin Cepetelli (Jonathan Law), Anthony Chacas (Shelton), Braden Cohen (North Haven), Tanner DelVecchio (Lyman Hall), Jaymin Emede (Cheshire), Daniel Glenny (Notre Dame), Braedon Hennesey (Fairfield Prep), William Keenan (Amity Regional), Youssouf Keira (West Haven), Jason Larkin (Hamden), Wes Long (Daniel Hand), Julian Magana (Hamden), Colin Monahan (Foran), Jacob Nardelli (Xavier), Matteus Ponte (East Haven), Noah Rochefort (Cheshire), Christian Salas (Hillhouse), Joshua Sudusky (Foran), Liam Watson (Branford), Carson Williams (Fairfield Prep), Callum Wilson (Fairfield Prep), Justin Sevillano (Shelton), Josh Stefanik (North Haven), Matteo Trelles (Wilbur Cross)

2025-26 SPORT-BY-SPORT RECAP



Player of Year: Andrew Sobieski (Xavier)
Coach of Year: Paul Hunter (Branford)

Girls Swimming

State Champions: none

State Runner-ups:
Sheehan (Class S)

Regular-season Champions

Div. I: Cheshire (7-0)

Div. II: Hamden (6-0-1)

Championship Meet – Oct. 29 @SCSU

Final Team Scores: 1. Amity Regional, 1276.50; 2. Cheshire, 1019; 3. Guilford, 823; 4. Sheehan, 675; 5. Foran, 505.50; 6. Hamden, 505; 7. Daniel Hand, 435; 8. Luralton Hall, 416; 9. Shelton, 368; 10. Sacred Heart Academy/East Haven/New Haven co-op, 357; 11. Lyman Hall, 347; 12. Mercy, 342; 13. Jonathan Law, 337; 14. Branford, 331; 15. West Haven, 264; 16. North Haven, 226

Championship Meet Most Outstanding Performer: *Gabby Williamson, Cheshire*

Event Winners

200 yard Medley Relay: Guilford (Abigail Fernandez, Emma Zhang, Ryan Cohen, Muirel Rader), 1:53.80

200 yard Freestyle: Annie Superchi (Cheshire), 1:52.34

200 yard IM: Emma Zhang (Guilford), 2:07.81

50 yard Freestyle: Gabby Williamson (Cheshire), 24.23

1-meter Diving: Ella Speerli (Daniel Hand), 416.20

100 yard Butterfly: Ava Piscioniere (Shelton), 58.20

100 yard Freestyle: Gabby Williamson (Cheshire), 52.62

500 yard Freestyle: Emma Shang (Guilford), 5:12.67

200 yard Freestyle: Cheshire (Mackenzie Hearnin, Courtney Gutmann, Annie Superchi, Gabby Williamson), 1:38.62

100 yard Backstroke: Ryan Cohen (Guilford), 58.84

100 yard Breaststroke: Ava Piscioniere (Shelton), 1:05.81

400 yard Freestyle Relay: Cheshire (Annie Superchi, Corinne Gleason, Gabby Williamson, Mackenzie Hearnin), 3:35.04

All-Conference

200 yard Medley Relay: Guilford (Abigail Fernandez, Emma Zhang, Ryan Cohen, Muirel Rader), 1:53.80; Amity Regional (Aarya Mulmi, Ava Ruzkowski, Cora Doucette, Laila Lamour), 1:55.99

200 yard Freestyle: Annie Superchi (Cheshire), 1:52.34; Aislin Cohen (Guilford), 1:56.94; Mary Sampara (Amity Regional), 1:58.33

200 yard IM: Emma Zhang (Guilford), 2:07.81; Rileigh Ebert (Cheshire), 2:16.27; Grace D'Amico (Lyman Hall), 2:17.08

50 yard Freestyle: Gabby Williamson (Cheshire), 24.23; Elle Massey (Luralton Hall), 24.53; Audrey Henkel (Branford), 24.68

1-meter Diving: Ella Speerli (Daniel Hand), 416.20; Abigel Finta (Sacred Heart Academy), 400.30; Sara Blazejowski (Lyman Hall), 391.90

100 yard Butterfly: Ava Piscioniere (Shelton), 58.20; Annie Superchi (Cheshire), 58.55; Ryan Cohen (Guilford), 59.67

100 yard Freestyle: Gabby Williamson (Cheshire), 52.62; Audrey Henkel (Branford), 53.31; Elle Massey (Luralton Hall), 54.08

500 yard Freestyle: Emma Shang (Guilford), 5:12.67; Isabelle Hodum (Sheehan), 5:15.66; Mary Sampara (Amity Regional), 5:18.47

200 yard Freestyle: Cheshire (Mackenzie Hearnin, Courtney Gutmann, Annie Superchi, Gabby Williamson), 1:38.62; Guilford (Aislin Cohen, Muirel Radar, Hannah Brown, Addison Foley), 1:44.09

100 yard Backstroke: Ryan Cohen (Guilford), 58.84; Grace D'Amico (Lyman Hall), 59.81; Anna Jacob (Daniel Hand), 1:02.94

100 yard Breaststroke: Ava Piscioniere (Shelton), 1:05.81; Mackenzie Hearnin (Cheshire), 1:05.84; Sophia Sundquist (Mercy), 1:09.38

400 yard Freestyle Relay: Cheshire (Annie Superchi, Corinne Gleason, Gabby Williamson, Mackenzie Hearnin), 3:35.04; Guilford (Emma Zhang, Ryan Cohen, Nora Clune, Aislin Cohen), 3:41.03

Swimmer of Year: Annie Superchi (Cheshire)
Coach of Year: Todd Rainey (Amity Regional)

WINTER

Boys Indoor Track

State Champions: none

State Runner-ups:
Lyman Hall (Class M and State Open)

EAST Sectional – Jan. 28 @Floyd Little Athletic Center

Final Team Results: 1. Xavier, 117; 2. Hamden, 113; 3. North Haven, 77; 4. Notre Dame, 36; 5. West Haven, 30; 6. Fairfield Prep, 28; 7. East Haven, 27; 8. Wilbur Cross, 12; 9. Branford, 5

WEST Sectional – Jan. 29 @Floyd Little Athletic Center

Final Team Results: 1. Amity Regional, 124; 2. Lyman Hall, 77; 3. Shelton, 52; 4. Hillhouse, 49; 5. Daniel Hand, 48; 6. Guilford, 47; 7. Sheehan, 43; 8. Cheshire, 17; 9. Jonathan Law, 6; 10. Foran, 1

2025-26 SPORT-BY-SPORT RECAP



SCC Championship Meet - Feb. 7 @Floyd Little Athletic Center

Final Team Results: 1. Xavier, 70; 2. Hamden, 58; 2. Lyman Hall, 58; 4. Amity Regional, 57; 5. Hillhouse, 32; 6. Sheehan, 31; 7. Daniel Hand, 29; 8. North Haven, 23; 8. West Haven, 23; 10. East Haven, 18; 11. Guilford, 16; 12. Shelton, 15; 13. Fairfield Prep, 10; 14. Notre Dame, 8; 14. Wilbur Cross, 8; 16. Cheshire, 5

Championship Meet Most Outstanding Performer: *Aaron Rich, Lyman Hall*

All-Conference

First Team (Event winners)

4 x 200 meter Relay – Fairfield Prep (Jeremiah Langston, Theo Rudolph, Brody Sommers, Jackson Pinzon), 1:32.14
4 x 400 meter Relay – Xavier (John Simpson, Justin Torres, Brendan Russ, Zander Laudati), 3:31.48
4 x 800 meter Relay – Xavier (Michael Fusaro, Landon Rubano, Jackson Gould, Peter Torello), 8:19
1600 SMR – Xavier (John Simpson, Justin Torres, Brendan Russ, Xavier Laudati), 3:42.99
55 meters – Justus Richardson (West Haven), 6.43
55 meter hurdles – Scott Aminawung (Sheehan), 8.03
300 meters – Aaron Rich (Lyman Hall), 34.81
600 meters – Mahkai Heyward (Hillhouse), 1:25.39
1000 meters – Alexander Medina (Hamden), 2:34.30
1600 meters – Luke Cushing (Amity Regional), 4:24.49
3200 meters – Luke Cushing (Amity Regional), 9:42.44
Long Jump – Aaron Rich (Lyman Hall), 24-04.50 * (SCC meet record)
High Jump – Ethan Rich (Lyman Hall), 6-08
Shot Put – Cameron Saunders (Hamden), 50-01.25
Pole Vault – Sean Arms (Daniel Hand), 15-00

Second Team (Event second place)

4 x 200 meter Relay – Wilbur Cross (Charles Leonard, Manuel Rodriguez, Markeith Suggs, Mitchell Dinkins), 1:34.72
4 x 400 meter Relay – Hamden (Tru Jones, Alexander Medina, Travon Council, Vill-Andre Harris), 3:32.60
4 x 800 meter Relay – Hillhouse (ChiKai Udeakoro, Mahkai Heyward, Blaize Dowdy, Carmelo Ramos), 8:25.52
1600 SMR – Shelton (Garrett Walsh, Liam Cahill, Sebastian Matei, Mason Puttock), 3:45.05
55 meters – Jabari Hypolite (Hamden), 6.51
55 meter Hurdles – Evan Lennon (Amity Regional), 8.31
300 meters – Justus Richardson (West Haven), 35.46
600 meters – Jeremy Edie (North Haven), 1:26.86
1000 meters – Luke Cushing (Amity Regional), 2:37.52
1600 meters – Alexander Medina (Hamden), 4:30.73
3200 meters – Nolan O'Connor (Xavier), 9:50.98
Shot Put – William Mensah (East Haven), 48-10.75
Long Jump – Ethan Rich (Lyman Hall), 22-08
High Jump – Braydon Shields (Daniel Hand), 6-04
Pole Vault – Dylan Vazquez (Sheehan), 15-00

Athlete of Year: **Aaron Rich (Lyman Hall)**

Coach of Year: **Bryce Lindamood (Hamden)**

Girls Indoor Track

State Champions:

Mercy (Class M)

State Runner-ups:

Sacred Heart Academy (Class S)

EAST Sectional – Jan. 28 @Floyd Little Athletic Center

Final Team Results: 1. Mercy, 134; 2. Hamden, 85; 3. Sacred Heart Academy, 46; 4. North Haven, 43; 5. Luralton Hall, 39; 6. East Haven, 34; 7. Wilbur Cross, 27; 8. Branford, 22; 9. West Haven, 16; 10. Notre Dame, 8

WEST Sectional – Jan. 29 @Floyd Little Athletic Center

Final Team Results: 1. Amity Regional, 108.5; 2. Hillhouse, 92; 3. Guilford, 50.5; 4. Sheehan, 47; 5. Shelton, 46; 6. Daniel Hand, 34; 7. Lyman Hall, 32; 8. Cheshire, 20; 9. Foran, 18; 10. Jonathan Law, 16

SCC Championship Meet - Feb. 7 @Floyd Little Athletic Center

Final Team Results: 1. Mercy, 77; 2. Hillhouse, 62; 3. Hamden, 48.5; 4. Amity Regional, 45; 5. Sacred Heart Academy, 44; 6. Guilford, 35.5; 7. Lyman Hall, 23.5; 8. Sheehan, 21; 9. Shelton, 18.5; 10. Foran, 16; 11. Wilbur Cross, 12; 11. North Haven, 12; 11. Daniel Hand, 12; 14. West Haven, 10; 14. Jonathan Law, 10; 16. Career, 6; 17. Cheshire, 4; 17. Luralton Hall, 4

Championship Meet Most Outstanding Performer: *Kaylin Diglio, Guilford*

All-Conference

First Team (Event winners)

4 x 200 meter Relay – Hamden (Megan Stallworth, Mariah Drake, Shanez DeRoche, Chyle Bond), 1:47.76
4 x 400 meter Relay – Hillhouse (Darea Vargas, Briana Thompson, Riley Mckiver, Deanna Moore), 4:13.44
4 x 800 meter Relay – Sacred Heart Academy (Makenzie Spooner, Sally Banks, Abigail Chang, Camilla Murphy), 10:12.71
1600 SMR – Lyman Hall (Mary Magno, Sadie Tierney, Isabelle Champagne, Angelica Gournaris), 4:28.63
55 meters – Shanez De Roche (Hamden), 7.21
55 meter Hurdles – Kaylin Diglio (Guilford), 8.76
300 meters – Amaira Trayham (Wilbur Cross), 40.75
600 meters – Sarah Roberts (Mercy), 1:36.64
1000 meters – Cora Wasiolek (Mercy), 3:07.12
1600 meters – Sarah Roberts (Mercy), 5:15.47
3200 meters – Annecy Vlieks (Daniel Hand), 11:03.78
High Jump – Madelyn Scarfo (Mercy), 5-02
Long Jump – Nyasia Taylor (Hillhouse), 17-01
Pole Vault – Kaylin Diglio (Guilford), 11-00
Shot Put – Alexandria McWatters (Foran), 37-06

2025-26 SPORT-BY-SPORT RECAP



Second Team (*championship meet second place*)

4 x 200 meter Relay – Hillhouse (Darea Vargas, Nyasia Taylor, Juliana Holmes, Leah James), 1:49.60

4 x 400 meter Relay – Lyman Hall (Sadie Tierney, Angelica Gournaris, Sophie Perrin, Isabelle Champagne), 4:13.64

4 x 800 meter Relay – Guilford (Madelaine Aguilar, Anna Gunderson, Dalia Dadak, Olivia Jackson), 10:13.25

1600 SMR – Mercy (Molly Mones, Madelyn Scarfo, Heather Meisinger, Beatrice Perrault), 4:33.26

55 meters – Megan Stallworth (Hamden), 7.29

55 meter Hurdles – Micaela Meaney (Shelton), 8.96

300 meters – Deanna Moore (Hillhouse), 41.35

600 meters – Deanna Moore (Hillhouse), 1:38.43

1000 meters – Harper Vanacore (Sheehan), 3:09.01

1600 meters – Ava Tarasuk (North Haven), 5:18.05

3200 meters – Cora Wasiolek (Mercy), 11:25.08

Pole Vault – Abigel Finta (Sacred Heart Academy), 10-06

High Jump – Anika Zivojinovic (Amity Regional), Molly Canning (Sacred Heart Academy), 4-10

Long Jump – Jaida Lathrop (Hamden), 16-10

Shot Put – Cadence Powell (West Haven), 33-05.75

Athlete of Year: Sarah Roberts (Mercy)

Coach of Year: Matt Conyers (Mercy)

Cheerleading

State Champions: none

State Runner-ups:

North Haven (Class L)

SCC Competition - Feb. 7 @North Haven HS

All-Girl: 1. East Haven, 84; 2. North Haven, 83.40; 3. West Haven, 78.85; 4. Mercy, 77.25; 5. Shelton, 75.70; 6. Foran, 71.25; 7. Sacred Heart Academy, 69.55; 8. Cheshire, 68.95; 9. Lyman Hall, 64.55; 10. Luralton Hall, 62; 11. Sheehan, 58.75; 12. Amity Regional, 49.05

Co-ed Division champion: Jonathan Law, 72.15

Spirit Award: Branford

All-Conference

Gianna Percibali (East Haven), Kaia Lee (Shelton), Payton Palmese (North Haven), Layla Braxton (Luralton Hall), Giuliana Bimonte (North Haven), Reagan Winfield (East Haven), Ava Quigley (Shelton), Mackenzie Hanson (Mercy), Bri Madera (West Haven), Isabella Dejesus (Shelton), Madison Kuczynski (Sacred Heart Academy), Sarah Schumann (Foran), Danielle Hawkins (West Haven), Sophia Montalvo (East Haven), Riley-Ann Fox (Mercy), Shayla Otto (Cheshire), Laney Chan (Foran), Jordyn Torres (Jonathan Law), Charlotte Baldieri (Jonathan Law), Devyn Hogan (Luralton Hall), Lea Boguniecki (Foran), Tessa Raccio (Sacred Heart Academy), Ava Barone (Mercy), Mackenzie Forsythe (Jonathan Law)

Cheerleader of Year: Gianna Percibali (East Haven)

Cheerleader Merit: Layla Braxton (Luralton Hall)

Coach of Year: Emily Funk (Cheshire)

Boys Swimming

State Champions:

Fairfield Prep (Class L)

State Runner-ups:

Fairfield Prep (State Open)

Regular-season Division Champions

Division I: Fairfield Prep (7-0)

Division II: Shelton co-op (4-0)

SCC Championship Meet – Feb. 26 @Southern Connecticut State University – Hutchinson Natatorium

Final Team Results: 1. Fairfield Prep, 1628.5; 2. Amity Regional, 799; 3. Daniel Hand, 689; 4. Shelton, 593; 5. Notre Dame, 537; 6. Xavier, 451.5; 7. Hamden, 419; 8. Foran/Jonathan Law co-op, 374; 9. Sheehan/Lyman Hall co-op, 338; 10. West Haven, 337; 11. Greater New Haven co-op, 332; 12. Cheshire, 243; 13. Haddam Killingworth co-op, 70

Championship Meet Most Outstanding Performer: Jack Cunningham, Fairfield Prep

Event Winners

200 yard Medley Relay: Fairfield Prep (Evan VanVelzor, Harlan Lewandowski, Wynton Buerstetta, David Kavasansky), 1:39.79; Amity Regional (Sean Fitzpatrick, Jack Winzer, Markiyan Yukhno, Julian Virgil), 1:39.79

200 yard Freestyle: Evan VanVelzor (Fairfield Prep), 1:46.31

200 yard IM: Jack Cunningham (Fairfield Prep), 1:53.63

50 yard Freestyle: Gavin Giordano (Notre Dame), 21.85

Diving: James Vigliotti (Greater New Haven co-op), 457.75

100 yard Butterfly: Julian Adu (Notre Dame), 49.77

100 yard Freestyle: Jack Angelastro (Sheehan-Lyman Hall co-op), 48.96

500 yard Freestyle: Evan VanVelzor (Fairfield Prep), 4:42.56

200 yard Freestyle Relay: Fairfield Prep (Andy Thung, Rohan Thung, David Kavasansky, Jack Cunningham), 1:28.30

100 yard Backstroke: Markiyan Yukhno (Amity Regional), 53.36

100-yard Breaststroke: Jack Angelastro (Sheehan-Lyman Hall co-op), 58.84

400 yard Freestyle Relay: Fairfield Prep (Evan VanVelzor, Brendan Natlo, Maksimilian Shemiako, Jack Cunningham), 3:12.75

2025-26 SPORT-BY-SPORT RECAP



All-Conference

200 yard Medley Relay: Fairfield Prep (Evan VanVelzor, Harlan Lewandowski, Wynton Buerstetta, David Kavasansky); Amity Regional (Sean Fitzpatrick, Jack Winzer, Markiyan Yukhno, Julian Virgil)

200 yard Freestyle: Evan VanVelzor (Fairfield Prep), Brendan Natlo (Fairfield Prep), Julian Virgil (Amity Regional)

200 yard IM: Jack Cunningham (Fairfield Prep), Julian Adu (Notre Dame), Daniel Starkey (Daniel Hand)

50 yard Freestyle: Gavin Giordano (Notre Dame), Christian Wilk (Notre Dame), Andy Thung (Fairfield Prep)

Diving: James Vigliotti (Greater New Haven co-op), Gianmarco Barrato (Fairfield Prep), Timothy Catalfamo-Swindon (Hamden)

100 yard Butterfly: Julian Adu (Notre Dame), Jack Cunningham (Fairfield Prep), Markiyan Yukhno (Amity Regional)

100 yard Freestyle: Jack Angelastro (Sheehan-Lyman Hall co-op), Christian Wilk (Notre Dame), Gavin Giordano (Notre Dame)

500 yard Freestyle: Evan VanVelzor (Fairfield Prep), Daniel Starkey (Daniel Hand), Brendan Natlo (Fairfield Prep)

200 yard Freestyle Relay: Fairfield Prep (Andy Thung, Rohan Thung, David Kavasansky, Jack Cunningham); Notre Dame (Gavin Giordano, Christian Wilk, Raymond Listorti, Julian Adu)

100 yard Backstroke: Markiyan Yukhno (Amity Regional), Wynton Buerstetta (Fairfield Prep), Aidan Brown (Fairfield Prep)

100 yard Breaststroke: Jack Angelastro (Fairfield Prep), Jack Winzer (Amity Regional), Harlan Lewandowski (Fairfield Prep)

400 yard Freestyle Relay: Fairfield Prep (Evan VanVelzor, Brendan Natlo, Maksimilian Shemiako, Jack Cunningham); Notre Dame (Gavin Giordano, Christian Wilk, Maxwell Bradshaw, Julian Adu)

Swimmer of Year: Julian Adu (Notre Dame)

Coach of Year: James Allan (Shelton co-op)

Gymnastics

State Champions:

Daniel Hand (Class 5)

State Runner-ups: none

SCC Championship Meet - Feb. 5 @Jonathan Law HS

Final Team Results: 1. Daniel Hand, 137.85; 2. Valley Regional, 132.15; 3. Haddam Kilingworth/Morgan/Westbrook co-op, 128.2; 4. Jonathan Law, 117; 5. Foran, 112.; Hamden, 88.3

Event Winners:

Vault: Riley Mattox (North Haven), 9.25

Bars: Kylie Connelly (North Branford), 8.7

Beam: Kelly Kelly (Daniel Hand), 9.15

Floor: Addie Fee (North Haven), 9.2

All-Around: 1. Camile Pagliuco (Valley Regional), 35.1; 2. Brenna Boucino (Daniel Hand), 35.0; 3. Kelly Kelly (Daniel Hand), 34.9; 4. Addie Fee (North Haven), 34.7; 5. Kylie Connelly (North Branford), 34.7; 5. Ella Speerli (Daniel Hand), 34.7; 7. Kayla Johnson (Foran), 33.9; 8. Ella Richardson (33.55); 9. Chloe Flickinger (Daniel Hand), 32.9; 9. Skylar Harrison (HK/Morgan/Westbrook), 32.7; 11. Victoria Saczynski (HK/Morgan/Westbrook), 32.7; 12. Sophia Antonetti (Daniel Hand), 32.55; 13. Riley Mattox (North Haven), 31.8; 14. Evie Poi (HK/Morgan/Westbrook), 31.8; 15. Mackenzie Kielb (Mercy), 31.75

Championship Meet Most Outstanding Performer: *Camile Pagliuco (Valley Regional co-op)*

All-Conference

Brenna Boucino (Daniel Hand), Kelly Kelly (Daniel Hand), Addie Fee (North Haven), Ella Speerli (Daniel Hand), Riley Mattox (North Haven), Kayla Johnson (Foran), Chloe Flickinger (Daniel Hand), Ella Shields (Daniel Hand), Sophia Antonetti (Daniel Hand), MacKenzie Kielb (Mercy), Sam Matist (Jonathan Law), Ella Nora Nelly (Jonathan Law)

Gymnast of Year: Kayla Johnson (Foran)

Coach of Year: Brian Le Roux (Hamden-North Haven)

Girls Basketball

Presented by Vertical Hoops



State Champions: none

State Runner-ups: none

Regular-season Division Champions

Hammonasset: Sacred Heart Academy (8-0)

Housatonic: North Haven (7-1)

Oronoque: Hamden (7-1)

Quinnipiac: Mercy (8-0)

SCC Playoffs

First Round – Feb. 24 @Higher Seeds

#1 Sacred Heart Academy 62, #16 Lyman Hall 32

#2 Mercy 55, #15 Branford 35

#6 Sheehan 45, #11 Lauralton Hall 26

#7 Daniel Hand 49, #10 Amity Regional 42

#5 West Haven 67, #12 Career 38 (Feb. 25)

#14 Jonathan Law at #3 North Haven (Feb. 25)

#4 Guilford 54, #13 Foran 48 (Feb. 25)

#8 Hillhouse 64, #9 Hamden 44 (Feb. 25)

2025-26 SPORT-BY-SPORT RECAP



Quarterfinals – Feb. 26 @Higher Seeds

#1 Sacred Heart Academy 50, #8 Hillhouse 39
#2 Mercy 43, #7 Daniel Hand 30
#6 Sheehan 37, #3 North Haven 34
#5 West Haven 57, #4 Guilford 43

Semifinals – Feb. 28 @Shelton HS

#1 Sacred Heart Academy 53, #5 West Haven 31
#6 Sheehan 34, #2 Mercy 32

Championship Game – March 2 @M&T Bank Arena – Quinnipiac University

#1 Sacred Heart Academy 34, #6 Sheehan 27

Tournament Most Outstanding Player: *Maddy Burke, Sacred Heart Academy*

All-Conference

First Team: Reagan Beeler (Mercy), Aunee Brookshire (Hamden), Maddy Burke (Sacred Heart Academy), Lia Calderon (North Haven), Ava Eagleson (Guilford), Mila Harmon (Sacred Heart Academy), Liza Jobson (Daniel Hand), Noelle Lawrence (West Haven), Grace Mik (Lyman Hall), Nina Nardecchia (Amity Regional), Zariah Rivera (Hillhouse), Abi Weidman (Mercy), Megan Wresien (Sheehan)

Second Team: Chloe Belcher (North Haven), Ja'stice Butler (Career), Michaela Deiso (Lauralton Hall), Maddie Deldin (Foran), Molly Gunning (Sacred Heart Academy), Susie Hotaling (Sheehan), Tigui Keita (West Haven), Jessica Radziunas (Branford), Gabby Rodriguez (Jonathan Law), Harmoni Thomas (Wilbur Cross), Sadie Timmeny (Jonathan Law)

Player of Year: Noelle Lawrence (West Haven)

Coach of Year: Tim Kohs (Mercy)

Boys Basketball

Presented by Vertical Hoops



State Champions:

West Haven (Div. I)

State Runner-ups: none

Regular-season Division Champions

Hammonasset: Notre Dame (8-0)

Housatonic: Hillhouse (7-1)

Oronoque: North Haven (8-0)

Quinnipiac: West Haven (8-0)

SCC Playoffs

First Round – Feb. 24 @Higher Seeds

#3 West Haven 83, #14 Foran 43

#4 Xavier, 59, #13 Daniel Hand 46

#5 Fairfield Prep 79, #12 Branford 48

#6 Shelton 74, #11 Amity Regional 59 (Feb. 25)

#7 Hillhouse 65, #10 Wilbur Cross 62 (Feb. 25)

#9 Sheehan 59, #8 Career 55 (Feb. 25)

Quarterfinals – February 26 @Higher Seeds

#1 North Haven 71, #9 Sheehan 65

#2 Notre Dame 82, #7 Hillhouse 77

#3 West Haven 62, #6 Shelton 50

#5 Fairfield Prep 63, #4 Xavier 53 (OT)

Semifinals – Feb. 28 @Shelton HS

#5 Fairfield Prep 54, #1 North Haven 40

#2 Notre Dame 75, #3 West Haven 52

Championship Game – March 2 @M&T Bank Arena, Quinnipiac University

#2 Notre Dame 73, #5 Fairfield Prep 51

“Tom Fleming” Tournament Most Outstanding Player: *Abdou Toure, Notre Dame*

All-Conference

First Team: Germone Barnes Jr. (Hillhouse), Luke Bosticco (North Haven), Aaron Johnson (West Haven), John Johnson (Foran), Landon Krygier (Notre Dame), Noah Loban (Fairfield Prep), Carmello Moore (Xavier), Liam Peck (Sheehan), Kameron Quiles (Shelton), Kadrian Reeves (Notre Dame), Jordan Sirabonian (West Haven), Abdou Toure (Notre Dame)

Second Team: Brett Burnham (Branford), Drew Catala (Daniel Hand), Tiger Dawson (Career), Doug Dolberry III (Wilbur Cross), Josiah Gonzalez (East Haven), Jon Jones (Notre Dame), Noah Jones (Xavier), K'naan Morris (West Haven), Loshon Roman (West Haven), Miles Spodick (Amity Regional), Connor Sullivan (Guilford), Fadel Toure (Hillhouse), Tristan Boyd (North Haven), Carter Wood (Shelton)

Player of Year: Abdou Toure (Notre Dame)

Coach of Year: Dan Oglesby (North Haven)

Girls Ice Hockey

State Champions: none

State Runner-ups: none

Regular-season Division Champions

Amity/Cheshire/North Haven co-op (8-1-1)

SCC Playoffs

First Round – Feb. 24 @Higher Seeds

#4 Guilford co-op 5, #5 West Haven/SHA co-op 3

#6 Daniel Hand co-op 4, #3 Hamden co-op 3 (OT) (Feb. 25)

Semifinals – Feb. 26 @Higher Seeds

#2 Masuk/SW co-op 2, #6 Daniel Hand co-op 1 (OT)

#1 Amity/Cheshire/North Haven co-op 5, #4 Guilford co-op 1

Championship Game – Feb. 28 @Bennett Rink

Masuk co-op 2, Amity/Cheshire/NH co-op 1 (OT)

2025-26 SPORT-BY-SPORT RECAP



Tournament Most Outstanding Player: *Jen Velky, Masuk co-op*

All-Conference

First Team

Forward: Hailey Azzarone (WH/SHA Co-op/Sacred Heart Academy), Maybelle Caron (Amity co-op/Amity), Hannah Newman (Masuk Co-op/Lauralton Hall), Ava Martin (Hamden Co-op/Hamden)

Defense: Jozie Becker (Hamden Co-op/Hamden), Grace Douglas (Masuk Co-op/Lauralton Hall)

Goaltender: Kyra Sweeney (Hamden Co-op/Hamden)

Second Team

Forward: Ella DiNola (Guilford Co-op/East Haven), Brooke Ouellette (Daniel Hand co-op/Westbrook), Emelia Brandi (Amity Co-op/North Haven), Olivia Twarowski (WH/SHA Co-op/West Haven), Caroline Barto (Amity Co-op/Cheshire), Natasha Binkowski (Guilford Co-op/Guilford)

Defense: Peyton LeMay (Guilford Co-op/Guilford)

Goaltender: Ivy Massicotte (Amity Co-op/Amity)

Player of Year: **Hailey Azzarone (West Haven/SHA co-op)**

Coach of Year: **Carly Bokina (Masuk co-op)**

Boys Ice Hockey

State Champions:

Lyman Hall (Div. II)

State Runner-ups:

Fairfield Prep (Div. I)

Regular-season Division Champions

Division I: Fairfield Prep (4-0)

Division II: Cheshire (9-1)

Division III: BBDI co-op/Masuk (5-1)

SCC/SWC Playoffs

Division I

Semifinals – Tuesday, March 3 @Higher Seeds

#1 Fairfield Prep 8, #4 Notre Dame Prep 1

#2 Notre Dame-West Haven 3, #3 Xavier 1

Championship Game – Friday, March 6 @Bennett Rink

#1 Fairfield Prep 6, #2 Notre Dame-WH 1

Tournament Most Outstanding Player: *Connor Driscoll*

(Fairfield Prep)

Division II

Semifinals – Wednesday, March 4 @Bennett Rink

#1 Cheshire 2, #4 North Haven 1

#2 East Haven co-op 3, #3 Lyman Hall 1

Championship Game – Friday, March 6 @Bennett Rink

#1 Cheshire 3, #2 East Haven co-op 0

Tournament Most Outstanding Player: *Ryan Miller, Cheshire*

Division III

Semifinals – Wednesday, March 4 @Danbury Ice Arena

#1 BBDI co-op 4, #4 Newtown 0

#2 Masuk 2, #3 Spartan Hockey co-op 1

Championship Game – Friday, March 6 @Danbury Ice Arena

#1 BBDI co-op 5, #2 Masuk 4 (OT)

Tournament Most Outstanding Player: *Drew Luchsinger, BBDI*

co-op

All-Conference:

Division I

Forward: Connor Driscoll (Fairfield Prep), Ethan Kelly (Notre Dame-West Haven), Andrew Zukowski (Notre Dame Prep), Tyson Jarvis (Xavier), Dom DiCioccio (Notre Dame-West Haven), Henry Schwartz (Fairfield Prep)

Defense: Tyler Pulie (Fairfield Prep), Brett Franko (Notre Dame-West Haven)

Goaltender: Anderson Claffey (Xavier), Brandon Bayusik (Notre Dame Prep)

Div. I Player of Year: **Connor Driscoll (Fairfield Prep)**

Division II

First Team:

Forward: Mark Laskin (Cheshire), Dante Garea (East Haven co-op), Finn Purcell (Hamden), Alex Khacherian (Daniel Hand), JJ Laffin (Lyman Hall)

Defense: Preston Cantele (East Haven co-op), Paul Mastriano (North Haven), Kellen Rinehart (Guilford)

Goaltender: Ryan Miller (Cheshire)

Second Team:

Forward: Cade Rinehart (Guilford), Luca Dilegge (West Haven), Enzo Plano (East Haven co-op), CJ Costanzo (Amity Regional)

Defense: Nate D'Amico (Lyman Hall), Kevin Gu (Amity Regional), Gavin Scarice (Daniel Hand), Gavin Gierla (Lyman Hall)

Goaltender: Joey Salzano (North Haven)

Div. II Player of Year: **Ryan Miller (Cheshire)**

Div. II Coach of Year: **Anthony Giusto (Cheshire)**

Division III

First Team:

Forward: Luke Kondub (Masuk), Gunnar Ough (Shepaug), John King (New Milford), Jack Meade (Newtown/NF co-op)

Defense: Kyle Riccitelli (Masuk), Cullen Sturdevant (BBDI co-op)

Goaltender: Maddex LaFountain (Masuk)

Second Team:

Forward: Matthew Burdick (BBDI co-op), Henry Keil (Shepaug), Johnathan DeRoberts (New Milford), Wesley Arees (JBWA co-op)

Defense: Nate Cole (Milford co-op), Colby Cheneski (Newtown/NF co-op)

Goaltender: Aiden Riker (Milford co-op)

Div. III Player of Year: **Luke Kondub (Masuk)**

Div. III Coach of Year: **Mike Campbell (Newtown/NF co-op)**

2025-26 SPORT-BY-SPORT RECAP



Wrestling

State Champions:

Xavier (Class L and State Open)
Foran (Class M)

State Runner-ups: none

Regular-season Division Champions

Foran, Xavier, Guilford, Cheshire (3-0)

SCC Championship Meet – Feb. 15 @Foran HS

Final Team Results: 1. Xavier, 226; 2. Shelton, 152; 3. Notre Dame, 150; 4. Foran, 148; 5. Cheshire, 119; 6. Amity Regional, 105; 7. Branford, 76.5; 8. North Haven, 74.5; 8.; 9. Guilford, 66.5; 10. West Haven, 60; 11. East Haven, 55; 12. Jonathan Law, 38; 13. Daniel Hand, 37.5; 14. Fairfield Prep, 36; 15. New Haven, 34; 16. Sheehan, 26; 17. Morgan, 17

Championship Matches

106 lbs. – Josh Perez (Xavier) TECH FALL Sean Sevigny (Notre Dame), 17-2 3:18
113 lbs. – Treydan Beam (Xavier) DEC Gabe Sardone (Notre Dame), 6-0
120 lbs. – Zack Dixon (Xavier) FALL Marcus Mizzone (Amity Regional), 1:37
126 lbs. – Alexander Depratti (Xavier) FALL Noriel Gonzalez (Shelton), 1:39
132 lbs. – Zaphyr Musshorn (Xavier) DEC Luke Savage (Cheshire), 9-7
138 lbs. – Alex Uzzo (Guilford) DEC Hayden Minns (North Haven), 8-4
144 lbs. – Braylon Gonzalez (Xavier) TECH FALL Andrew Jackson (Amity), 17-2 2:00
150 lbs. – Geovani Cacerer-Garcia (West Haven) MD Thomas Mahon (Foran), 13-5
157 lbs. – Riley Storozuk (Notre Dame) TECH FALL Gavin Lefebvre (Foran), 17-1 4:00
165 lbs. – Alphonse Milano (Notre Dame) DEC Tyquell Lucas (Foran), 9-7
175 lbs. – Vincent Rivera (Xavier) DEC Jack Lilly (Fairfield Prep), 9-8
190 lbs. – Chase Catalano (Xavier) TECH FALL Panagiotis Christakos (Foran), 19-2 4:48
215 lbs. – Aedan Webster (East Haven) FALL Anthony Nerette (Shelton), 1:39
285 lbs. – Chase Galke (Shelton) FALL Carter Marciano (Cheshire), 1:27

Championship Meet Most Outstanding Performer: *Braylon Gonzalez (Xavier), 144 lbs. ** four-time SCC winner*

All-Conference:

First Team

106 lbs. – Josh Perez (Xavier)
113 lbs. – Treydan Beam (Xavier)
120 lbs. – Zack Dixon (Xavier)
126 lbs. – Alexander Depratti (Xavier)
132 lbs. – Zaphyr Musshorn (Xavier)
138 lbs. – Alex Uzzo (Guilford)
144 lbs. – Braylon Gonzalez (Xavier)
150 lbs. – Geovani Caceres-Garcia (West Haven)
157 lbs. – Riley Storozuk (Notre Dame)

165 lbs. – Alphonse Milano (Notre Dame)
175 lbs. – Vincent Rivera (Xavier)
190 lbs. – Chase Catalano (Xavier)
215 lbs. – Aedan Webster (East Haven)
285 lbs. – Chase Galke (Shelton)

Second Team

106 lbs. – Sean Sevigny (Notre Dame)
113 lbs. – Gabe Sardone (Notre Dame)
120 lbs. – Marcus Mizzone (Amity Regional)
126 lbs. – Noriel Gonzalez (Shelton)
132 lbs. – Luke Savage (Cheshire)
138 lbs. – Hayden Minns (North Haven)
144 lbs. – Andrew Jackson (Amity)
150 lbs. – Thomas Mahon (Foran)
157 lbs. – Gavin Lefebvre (Foran)
165 lbs. – Tyquell Lucas (Foran)
175 lbs. – Jack Lilly (Fairfield Prep)
190 lbs. – Panagiotis Christakos (Foran)
215 lbs. – Anthony Nerette (Shelton)
285 lbs. – Carter Marciano (Cheshire)

Wrestler of Year: **Chase Galke (Shelton)**

Coach of Year: **Rich Anderson (Notre Dame)**

SPRING

Boys Outdoor Track & Field

State Champions:

Hamden (Class LL)
Daniel Hand (Class MM)

State Runner-ups:

Xavier (Class MM)

EAST Sectional – May 18 @Bowen Field

Final Team Results: 1. Hamden, 117; 2. Daniel Hand, 101; 3. Xavier, 94; 4. Amity Regional, 89; 5. Cheshire, 75.5; 6. Sheehan, 69; 7. West Haven, 64; 8. Wilbur Cross, 35; 9. Lyman Hall, 34; 10. Foran, 21.5

EAST Sectional – May 19-20 @Bowen Field

Final Team Results: 1. Shelton, 173; 2. North Haven, 126; 3. Guilford, 98; 4. Hillhouse, 78; 5. Fairfield Prep, 58; 5. Notre Dame, 58; 7. East Haven, 50; 8. Branford, 29; 9. Jonathan Law, 25

Championship Meet – May 26 @Amity Regional HS

Final Team Results: 1. Daniel Hand, 104; 2. Shelton, 81; 3. Hamden, 78; 4. Xavier, 64; 5. Sheehan, 49; 6. Amity Regional, 45; 7. West Haven, 40; 8. Guilford, 33; 9. Cheshire, 32; 10. North Haven, 30; 11. Notre Dame, 28; 12. East Haven, 22; 12. Hillhouse, 22; 14. Lyman Hall, 21; 15. Wilbur Cross, 17; 16. Fairfield Prep, 16; 17. Branford, 10; 18. Jonathan Law, 5; 19. Foran, 4

2025-26 SPORT-BY-SPORT RECAP



Championship Meet Most Outstanding Performer – *Justus Richardson, West Haven*

All-Conference

First Team (*championship meet event winners*)

100 meters – Justus Richardson (West Haven), 10.74
110 meter Hurdles – Scott Aminawung (Sheehan), 14.61
200 meters – Justus Richardson (West Haven), 21.74
300 meter Hurdles – Scott Aminawung (Sheehan), 39.42
400 meters – Lucas Nolte (Daniel Hand), 48.24
800 meters – Jackson Gould (Xavier), 1:55.50
1600 meters – Alexander Medina (Hamden), 4:13.37
3200 meters – Luke Cushing (Amity Regional), 9:45.92
4 x 100 meter Relay – West Haven (Amir Daniley, Quamir Jackson, Josiah Richardson, Justus Richardson), 42.44
4 x 400 meter Relay – Hamden (Ansuda Turay, Isaiah Lefers, Tru Jones, Vill-Andre Harris), 3:22.58
4 x 800 meter Relay – Xavier (Michael Fusaro, James Perrault, James Adu, Xavier Laudati), 8:17.95
Javelin – Douglas Traunder (Lyman Hall), 156-00
Discus – Cameron Saunders (Hamden), 152-10
High Jump – Brayden Shields (Daniel Hand), 6-08
Long Jump – Dylan Vazquez (Sheehan), 21-08
Shot Put – Cameron Saunders (Hamden), 57-08
Triple Jump – Brayden Shields (Daniel Hand), 42-11.25
Pole Vault – Sean Arms (Daniel Hand), 15-06

Second Team (*championship meet second place finishers*)

100 meters – Garrett Walsh (Shelton), 10.92
110 meter Hurdles – Tobius Wilder (Hillhouse) 15.42
200 meters – Garrett Walsh (Shelton), 22.08
300 meter Hurdles – C.J. Fowler (East Haven), 39.80
400 meters – Mitchell Dinkins (Wilbur Cross), 49.23
800 meters – Xavier Laudati (Xavier), 1:58.82
1600 meters – Luke Cushing (Amity Regional), 4:20.50
3200 meters – Jack Mooney (Cheshire), 9:54.26
4 x 100 meter Relay – Daniel Hand (Sean Arms, Stone Leckey, Finn Barry, Lucas Nolte), 42.70
4 x 400 meter Relay – Xavier (John Simpson, Zander Laudati, Jackson Gould, Brendan Russ), 3:23.42
4 x 800 meter Relay – Amity Regional (Lucas Cohen, Benjamin Tomaszewski, Samuel Bayer, Evan Griffiths), 8:23.02
Discus – Wesley Tandler (Guilford), 137-07
High Jump – Cole Preskar (Daniel Hand), 6-04
Javelin – Torsten Wallin (Hamden), 155-02
Long Jump – Benjamin Glascoff (Guilford), 21-05
Shot Put – Aiden Nosel (North Haven), 47-06.50
Triple Jump – Cole Preskar (Daniel Hand), 41-11
Pole Vault – Torsten Wallin (Hamden), 15-00

Athlete of Year: **Justus Richardson (West Haven)**

Coach of Year: **Tim Geary (Daniel Hand)**

Girls Outdoor Track & Field

State Champions:

Hillhouse (Class MM)

State Runner-ups:

Mercy (Class MM)

Sacred Heart Academy (Class M)

EAST Sectional – May 18 @Bowen Field

Final Team Results: 1, Amity Regional, 138.5; 2. Mercy, 136; 3. Hamden, 106; 4. Sheehan, 81; 5. Foran, 47; 6. Daniel Hand, 46; 7. Lyman Hall, 42; 8. Cheshire, 38; 9. Wilbur Cross, 34; 10. West Haven, 31.5

WEST Sectional – May 19-20 @Bowen Field

Final Team Results: 1. Hillhouse, 146.5; 2. Sacred Heart Academy, 103; 3. Shelton, 90; 4. North Haven, 86.5; 5. Guilford, 82; 6. Luralton Hall, 46; 7. Jonathan Law, 44; 8. Branford, 33; 9. East Haven, 28; 9. Career Magnet, 28; 11. Notre Dame, 5

Championship Meet – May 26 @Amity Regional HS

Final Team Results: 1. Mercy, 93; 2. Hillhouse, 83; 2. Amity Regional, 83; 4. Hamden, 69; 5. Sacred Heart Academy, 46; 6. North Haven, 44; 7. Sheehan, 41; 8. Shelton, 36; 9. Guilford, 33; 10. Daniel Hand, 26; 11. Wilbur Cross, 25; 12. Foran, 24; 13. Jonathan Law, 22; 14. Lyman Hall, 19; 15. Branford, 11; 15. Cheshire, 11; 17. East Haven, 10; 18. West Haven, 9; 19. Luralton Hall, 8; 20. Career, 6; 21. Notre Dame, 3

Championship Meet Most Outstanding Performer - *Shanez DeRoche, Hamden*

All-Conference

First Team (*championship meet event winners*)

4 x 100 meter relay: Hamden 100 meters – Shanez DeRoche (Hamden), 12.22
100 meter Hurdles – Isabella Aldi (Amity Regional), 14.93
200 meters – Shanez DeRoche (Hamden), 24.94
300 meter Hurdles – Folasade Danmola (Shelton), 43.23
400 meters – Amaira Traynham (Wilbur Cross), 57.28
800 meters – Sarah Roberts (Mercy), 2:14.89
1600 meters – Ava Tarasuk (North Haven), 5:10.16
3200 meters – Annecy Vlioks (Daniel Hand), 11:08.54
4 x 100 meter Relay – Hamden (Megan Stallworth, Shanez DeRoche, Chyle Bond, Kamila Tonkeu), 48.01
4 x 400 meter Relay – Mercy (Ava Chiappetta, Veronika Meriano, Heather Meisinger, Sarah Roberts), 3:57.43
4 x 800 meter Relay – Mercy (Beatrice Perrault, Keira O'Brien, Alyson Low, Sarah Roberts), 9:40.93
Long Jump – Isabella Aldi (Amity Regional), 18-00.25
Pole Vault – Kaylin Diglio (Guilford), 11-10
Discus – Melody Gordon (Hillhouse), 112-05
Javelin – Mallory Boney (East Haven), 121-06
Shot Put – Alexandria McWatters (Foran), 37-03.75
Triple Jump – Stella Shaw (North Haven), 37-03
High Jump – Madelyn Scarfo (Mercy), 5-02

Second Team (*championship meet second place finishers*)

100 meters – Chyle Bond (Hamden), 12.27
100 meter Hurdles – Micaela Meaney (Hillhouse), 15.74
200 meters – Chyle Bond (Hamden), 25.02
300 meter Hurdles – Talia Hagan (Jonathan Law), 44.16
400 meters – Deanna Moore (Hillhouse), 58.09
800 meters – Camilla Murphy (Sacred Heart Academy), 2:18.17

2025-26 SPORT-BY-SPORT RECAP



1600 meters – Cora Wasiolek (Mercy), 5:12.52
3200 meters – Cora Wasiolek (Mercy), 11:27.08
4 x 100 meter Relay – Sheehan (Leah Larson, Hope Obremski, Julia Gootman, Shayla Welch), 48.96
4 x 400 meter Relay – Hillhouse (Briana Thompson, Juliana Holmes, Deanna Moore, Riley McKiver), 4:01.61
4 x 800 meter relay – Luralton Hall (Hayden Hawthorne, Giselle Cesaire, Virginia Murphy, Claire Dunleavy), 9:52.63
Long Jump – Nyasia Taylor (Hillhouse), 17-05.75
Pole Vault – Sophia Ciarleglio (Sacred Heart Academy), 10-00
Discus – Avery Spoerndle (Amity Regional), 106-04
Javelin – Riley Dean (Shelton), 108-00
Shot Put – Kathleen Gaboury (Mercy), 35-11.25
Triple Jump – Isabella Aldi (Amity Regional), 36-01.50
High Jump – Faye Fischer (Amity Regional), 5-00

Athlete of Year: Sarah Roberts (Mercy)
Coach of Year: Gary Moore (Hillhouse)

Boys Tennis

State Champions:
Daniel Hand (Class M)

State Runner-ups:
Fairfield Prep (Class LL)

Divisional champions
Hammonasset: Fairfield Prep (8-0)
Housatonic: Amity Regional (8-0)
Oronoque: Cheshire, Lyman Hall (7-1)
Quinnipiac: Xavier (6-0)

SCC Playoffs
Quarterfinals – May 22 @Higher Seeds
#1 Fairfield Prep 7, #8 Jonathan Law 0
#2 Amity Regional 7, #2 Lyman Hall 0
#3 Daniel Hand 4, #6 Branford 3
#5 Xavier 5, #4 Guilford 2 (Thurs., May 21)
Semifinals – May 26 @Higher Seeds
#1 Fairfield Prep 7, #5 Xavier 0
#2 Amity Regional 6, #3 Daniel Hand 1
Championship Match – May 27 @Amity Regional HS
#1 Fairfield Prep 4, #2 Amity Regional 3

Championship Match Recap
Singles: Thomas Sirichantho (A) def. Devin Kelly (FP) 6-3, 6-1; Andy Thung (FP) def. Akshay Bulsara (A) 6-1, 6-2; Tyler Martinez (FP) def. Rohan Hebbar (A) 6-3, 6-1; Cole Coghlin (FP) def. Harel Kablentz (A) 7-5, 7-6
Doubles: Max Veerian/Rohan Thung (FP) def. Mantas Janusaitis/Vince Forchetti (A) 6-2, 4-6, 6-3; Ashwin Menen/Jordan Hass (A) def. Elvis Sally/Nate Hasenhauer (FP) 7-5, 6-3; Vilas Mejnartowicz/Vikas Rajendran (A) def. Matt Leeway / Grant Terlesz (FP) 6-2, 6-4

Tournament Most Outstanding Player: Cole Coghlin, Fairfield Prep

All-Conference
First Team:
Singles: Michael Lorenzetti (Notre Dame), Devin Kelly (Fairfield Prep), Thomas Sirichantho (Amity Regional), Adrian Fernandez (Daniel Hand), Mark Laskin (Cheshire), Andy Thung (Fairfield Prep)
Doubles: Max Varian (Fairfield Prep), Rohan Thung (Fairfield Prep), Marcelo Gonzalez (Daniel Hand), Gavin Waterman (Daniel Hand), Vince Forchetti (Amity Regional), Mantas Janusaitis (Amity Regional), Elvis Salley (Fairfield Prep), Nate Hasenhauer (Fairfield Prep)

Second Team:
Singles: Mathias Schalper (Branford), Nathan Philip (Xavier), Brayden Stratton (Cheshire), Sawyer Gaudreau (Branford), Andrew Seehusen (Daniel Hand), Tyler Martinez (Fairfield Prep)
Doubles: Alex Ferrara (Branford), Ishaan Bhawnani (Branford), Paul Fumex (Daniel Hand), Nathaniel Konstantino (Daniel Hand), Ben Romero (Xavier), Adin Goldberg (Xavier), Jordan Hass (Amity Regional), Ashwin Menon (Amity Regional)

Player of Year: Michael Lorenzetti (Notre Dame)
Coach of Year: Paul Gagliardi (Branford)

Girls Tennis

State Champions:
Guilford (Class L)
Luralton Hall (Class S)

State Runner-ups: none

Divisional champions
Hammonasset: Amity Regional (8-0)
Housatonic: Guilford (8-0)
Oronoque: Daniel Hand (6-0)
Quinnipiac: Cheshire (6-0)

SCC Playoffs
Quarterfinals – May 23 @Higher Seeds
#1 Amity Regional 4, #8 Cheshire 3
#2 Guilford 4 #7 North Haven 0
#3 Luralton Hall 5, #6 Jonathan Law 2
#4 Daniel Hand 6, #5 Mercy 1
Semifinals – May 26 @Higher Seeds
#2 Guilford 6, #3 Luralton Hall 1
#1 Amity Regional 5, #4 Daniel Hand 2
Championship Game – May 27 @Amity Regional HS
#2 Guilford 4, #1 Amity Regional 3

Championship Match Recap
Singles: Soumya Wijesekera (A) defeated Caroline Hergan (G), 6-0, 6-0; Sophie Gochman-Nadolina (G) defeated Ava Gloria (A), 6-3, 6-3; Zoe Tsoukanelis (G) defeated Sadie Arnold (A), 6-0, 6-0; Olivia Cowperthwait (G) defeated Aditi Sidhartha (A), 6-1, 6-0
Doubles: Chrissy Corvigno/Scarlett Zhai (A) defeated Mia Hardy/Peyton Lynch, 6-4, 6-3; Nidhi Kompalli/Alyssa Corvigno (A) defeated Kate Gaspanni/Breann Shelton (G), 6-1, 6-2; Makenna Clark/

2025-26 SPORT-BY-SPORT RECAP



Juliette Kellner (G) defeated Anushka Sidhartha/Avani Vijay (A), 6-3, 6-3

Tournament Most Outstanding Player: *Zoe Tsoukanelis, Guilford*

All-Conference

First Team

Singles: Chrissy Corvigno (Amity Regional), Sruthi Kommana (Foran), Zoe Tsoukanelis (Guilford), Loden Bradstreet (Daniel Hand), Amelia Mullane (Mercy), Fredericka Franco (Sacred Heart Academy)

Doubles: Kate Gasparini (Guilford), Breann Shelton (Guilford), Brynn Poole (Daniel Hand), Lilah Browning (Daniel Hand), Isabella (Izzy) Cohn (Amity Regional), Aditi Sidhartha (Amity Regional), Maddie Tennero (Lauralton Hall), Anna Morris (Lauralton Hall)

Second Team

Singles: Sarah Curran (Cheshire), Gianna Damico (Sacred Heart Academy), Leela Farzam (Lauralton Hall), Brielle Lucas (Guilford), Harshitha Kothapalli (Jonathan Law), Brooklyn Salinas (Foran)

Doubles: Lucy White (Sacred Heart Academy), Khloe Sackor (Sacred Heart Academy), Makenna Clark (Guilford), Juliette Kellner (Guilford), Charlotte Parker (Mercy), Irene Milite (Mercy), Ava DiCiccio (Cheshire), Brianna Hawkins (Cheshire), Siya Patil (Jonathan Law), Emma Ciccarelli (Jonathan Law)

Player of Year: **Loden Bradstreet (Daniel Hand)**

Coach of Year: **Mike Marcello (Sacred Heart Academy)**

Prep), Dylan McCarthy (Fairfield Prep), Ethan Kelly (Notre Dame)
Defense: Evan Gonzalez (Cheshire), Scout Callahan (Fairfield Prep), Zisis Vasiliou (Guilford), Lance Delaney (Fairfield Prep)
FO: Gavin Giordano (Notre Dame), Cole Garrett (Fairfield Prep), Aidan Connelly (Guilford)

LSM: Sean Kennedy (Cheshire)

Goalie: Michael Lawton (Guilford)

Division I Second Team:

Attack: Matt Kelly (Notre Dame), Max Cuticelli (Daniel Hand), Eric Curtri (Fairfield Prep), Kaden Smith (Guilford), Aiden Kwok (Fairfield Prep)

Midfield: Will Wable (Cheshire), CJ Costanzo (Amity Regional), Gavin Nethercott (Notre Dame), Reed Hovick (Guilford), Robert Scott (Guilford), Diego Portley (Daniel Hand)

SSDM: Parker Rebbeschi (Fairfield Prep)

Defense: Jacob Rivera (Cheshire), Sean Healy (Daniel Hand), Ryan Plouffe (Cheshire)

Division II

Attack: Nicholas Panuccio (Branford), Finn Purcell (Hamden), Tanner DelVecchio (Lyman Hall), Kellan Fenstad (Sheehan), Alex Konlian (Jonathan Law), Cooper Fitzpatrick (Foran)

Midfield: Braedon Jenkins (Foran)

Defense: Luke Gagliardi (Branford), Josh Durant (Sheehan), Julian Weiss (Hamden), Alex Testani (Foran), Thomas Mautte (Hamden)

FO: Trent Tracy (Branford)

LSM: Allan Hatfield (Shelton)

Goalie: Trey Wanerka (Branford), Connor Wells (Lyman Hall)

Player of Year: **Fynn Mulligan (Fairfield Prep)**

Coach of Year: **AJ Raccio (Amity Regional)**

Boys Lacrosse

State Champions:

Guilford (Class M)

State Runner-ups: none

Regular-season Champions:

Div. I: Fairfield Prep (6-0)

Div. II: Branford, Foran (8-1)

SCC Playoffs

First Round – May 23 @Higher Seeds

#3 Guilford 14, #6 Branford 1 (Friday, May 22)

#4 Cheshire 10, #5 Daniel Hand 9 (OT)

Semifinals – May 26 @Higher Seeds

#1 Fairfield Prep 18, #4 Cheshire 1

#2 Notre Dame 11, #3 Guilford 7

Championship Game – May 28 @Rafferty Stadium

#1 Fairfield Prep 17, #2 Notre Dame 0

Tournament Most Outstanding Player: *Scout Callahan, Fairfield Prep*

All-Conference

Division I First Team:

Attack: Fynn Mulligan (Fairfield Prep), Xavier Jacob (Notre Dame)

Midfield: Theo Rudolph (Fairfield Prep), Barrett Mullahy (Fairfield

Girls Lacrosse

State Champions:

Daniel Hand (Class M)

State Runner-ups:

Cheshire (Class L)

Branford (Class M)

Lauralton Hall (Class S)

Regular-season champions:

Div. I: Daniel Hand (7-0)

Div. II: Lyman Hall (6-1)

SCC Playoffs

First Round – May 23

#3 Cheshire 18, #6 Lyman Hall 6

#4 Branford 15, #5 Amity Regional 8

Semifinals – Tuesday, May 26

#1 Daniel Hand 10, #4 Branford 4

#3 Cheshire 8, #2 Guilford 7 (2 OT)

Championship Game – May 28 @Rafferty Stadium

#3 Cheshire 6, #1 Daniel Hand 5

Tournament Most Outstanding Player: *Georgiana Sheehan, Cheshire*

2025-26 SPORT-BY-SPORT RECAP



All-Conference

First Team

Attack: Tema Caplan (Cheshire), Aliza Giordano (Branford), Piper Carroll (Daniel Hand), Marlee Lyons (Amity Regional), Mary Kate Ford (Lauralton Hall), Allie Aurora (Hamden)

Midfield: Claire Levis (Daniel Hand), Ellie Meyran (Branford), Tylie Lawless (Cheshire), Sinead Davenport (Guilford), Kylie Posey (Foran), Leighton Brady (Lauralton Hall), Ellie Madancy (Lyman Hall), Cecelia Peary (Mercy), Addyson Pivovar (Amity Regional)

Defense: Elizabeth Walsh (Daniel Hand), Maeve Zbikowski (Cheshire), Emelia Votto (Guilford), Charlie Kenney (Branford), Rowan McGrath (Lauralton Hall)

Goalie: Ava Bonalsky (Daniel Hand), Georgie Sheehan (Cheshire)

Second Team

Attack: Tasha Binkowski (Guilford), Lauren Kilpatrick (Cheshire), Alyssa Brockett (Lyman Hall), Liriana Naxhaku (Shelton), Chloe Wiesbrock (Daniel Hand), Kaysen Rovins (Sheehan)

Midfield: Ellie Flynn (Daniel Hand), Lilly Peck (Guilford), Kendall Montabana (North Haven), Ella DiNatale (Foran), Elizabeth Giammattei (Sheehan), Maggie Lavin (Daniel Hand), Laila Kezik (Branford), Caroline Barto (Cheshire), JJ Kirck (Sacred Heart Academy)

Defense: Elise Roy (Mercy), Ella Bodner (Daniel Hand), Sophie Math (Sheehan), Geetha Benzy (Cheshire), Grace Mik (Lyman Hall)

Goalie: Lilliana Gerrard (Daniel Hand), Tessa Keating (Sacred Heart Academy)

Player of Year: **Claire Levis (Daniel Hand)**

Coach of Year: **Lindsey Carroll (Daniel Hand)**

Boys Volleyball

State Champions:

Shelton (Class L)

State Runner-ups: none

Regular-season champions: Shelton (8-0)

SCC Playoffs

First Round – May 26 @Higher Seeds

#4 New Haven 3, #5 Daniel Hand 0 (27-25, 25-23, 26-24)

#3 Amity Regional 3, #6 Xavier 0 (25-14, 25-10, 25-11)

Semifinals – May 27 @Higher Seeds

#1 Shelton 3, #4 New Haven 0 (25-8, 25-16, 25-15)

#3 Amity Regional 3, #2 Cheshire 2 (25-17, 23-25, 25-22, 15-25, 15-13)

Championship Match – May 30 @Shelton HS

#1 Shelton 3, #3 Amity Regional 0 (25-16, 25-10, 25-15)

Tournament Most Outstanding Player: *Tyler Cayer, Shelton*

All-Conference

First Team

Jonah Konezny (Amity Regional), Bradley Fang (Cheshire), Carter Hayes (Cheshire), Christopher Stites (Daniel Hand), Cooper Bacca (Shelton), Tyler Cayer (Shelton), Matthew Reilly (Shelton)

Second Team

Will Fasano (Cheshire), Josh Covitz (Cheshire), Cody Kleinback (Daniel Hand), Hiram Rivera (New Haven), Robert Rodriguez (New Haven), Jacob Thelen (Shelton), Luke Park (Shelton), Emmanuel Fon-Ndikum (Xavier)

Player of Year: **Cooper Bacca (Shelton)**

Coach of Year: **LeAnne Bianchine (Shelton)**

Boys Golf

State Champions:

Fairfield Prep (Div. I - fall)

Xavier (Div. I - spring)

Daniel Hand (Div. II - spring)

State Runner-ups:

Cheshire (Div. I - spring)

Lyman Hall (Div II - spring)

Notre Dame (Div. II - spring)

Regular-season champions:

Div. I: Xavier

Div. II: North Haven

SCC Championship - May 26@The Farms Country Club – Wallingford (par-72)

Final Team Results: 1. Xavier, 288*; 2. Lyman Hall, 296; 3. North Haven, 299; 4. Notre Dame, 300; 5. Cheshire, 302; 6. Guilford, 308; 7. Amity Regional, 311; 7. Daniel Hand, 311; 8. Branford, 322

* - SCC championship record score

Co-Medalists: Bobby Shaw (Guilford), Jack Dennis (Xavier), 71 (-1)

Other Top Finishers: Matteo Barbaro (Xavier), 72; Ryan Glen (Xavier), 72; James Sagnella (North Haven), 72; Brody Burns (Notre Dame-West Haven), 73; Matt Corso (Lyman Hall), 73; Juan Herrera (Xavier), 73; George Porto (Lyman Hall), 73; Justin Paek (Cheshire), 74; Timmy Russo (Notre Dame-West Haven), 74; Lucas Fleberbaum (Hand), 74; Kellan Van Hennik (Lyman Hall), 74; Mark Berlen (Foran), 75; Ben Cruz (North Haven), 75; Evan DiMauro (North Haven), 75; Brandon DeWitt (Cheshire), 75; Connor Duarte (Notre Dame-West Haven), 75; Touraj Rajabipour (Cheshire), 75

All-Conference

Bobby Shaw (Guilford), Ryan Glen (Xavier), Ryan Palmer (Amity Regional), Brody Burns (Notre Dame), Luca DiLegge (Branford), Logan Wells (North Haven), Jack Dennis (Xavier), Matteo Barbaro (Xavier), James Sagnella (North Haven), Juan Herrera (Xavier), Matt Corso (Lyman Hall), George Porto (Lyman Hall)

Golfer of Year: **Bobby Shaw (Guilford)**

Coach of Year: **John Johnson (Lyman Hall)**

2025-26 SPORT-BY-SPORT RECAP



Girls Golf

State Champions: none

State Runner-ups: none

Regular-season champions: Amity Regional

SCC Championship – May 26 @The Farms Country Club - Wallingford (par-72)

Final Team Results: 1. 1. Amity Regional, 343; 2. Mercy, 371; 3. Daniel Hand, 396; 4. Cheshire, 407; 5. Luralton Hall, 418.

Medalist: Millie Gobleck (Daniel Hand), 77

Other Top Finishers: Lily Simons (Amity), 80; Isabelle Deuriquiza (Amity), 82; Parker Carroll (Mercy), 85; Tenzin Tsomo (Sheehan), 88; Molly Bosma (Amity), 89; Joy Kim (Amity), 92; Mackenzie Hanson (Mercy), 93; Vincenza Brown (East Haven), 94; Lyla Dykeman (Cheshire), 94; Elizabeth Gust (Mercy), 94; Alicia Rykoski (Cheshire), 97; Lucia Zamarripa (Mercy), 99

All-Conference

Molly Bosma (Amity Regional), Parker Carroll (Mercy), Isabelle Deuriquiza (Amity Regional), Millie Gobleck (Daniel Hand), Mackenzie Hanson (Mercy), Joy Kim (Amity Regional), Julia Paek (Cheshire), Lily Simons (Amity Regional), Lexi Sklarz (Amity Regional), Tenzin Tsomo (Sheehan)

Golfer of Year: Lily Simons (Amity Regional)

Coach of Year: Mike Cofrancesco (Amity Regional)

Baseball

Presented by Northeast Top 100 Showcase



State Champions:

Lyman Hall (Class L)

State Runner-ups: none

Divisional champions

Hammonasset: Guilford (7-1)

Housatonic: Amity Regional (7-1)

Oronoque: Notre Dame (6-2)

Quinnipiac: Lyman Hall (6-0)

SCC Playoffs

Quarterfinals – May 22 @Higher Seeds

#1 Lyman Hall 8, #8 Foran 3

#4 Daniel Hand 3, #5 Cheshire 1

#2 Fairfield Prep 4, #7 North Haven 0

#6 Xavier 6, #3 Notre Dame 4 (May 21)

Semifinals – May 26 @Piurek Field, West Haven

#1 Lyman Hall 8, #4 Daniel Hand 4

#2 Fairfield Prep 6, #6 Xavier 2

Championship Game – May 27 @Piurek Field, West Haven

#2 Fairfield Prep 4, #1 Lyman Hall 1

Tournament Most Outstanding Player: Brayden Showah, Fairfield Prep

All-Conference

First Team: Ryan Ventrelle (Fairfield Prep), Vinny Lombardo (Fairfield Prep), Daniel DeLibro (Fairfield Prep), Matt Mangini (Hamden), Brady Dammling (Hamden), Dylan Scalice (Cheshire), Cal Battipaglia (Cheshire), Jose Padilla (West Haven), Gavin Scarice (Daniel Hand), Hayden Whitcher (Daniel Hand), Nick Maynard (Daniel Hand), Nate Marczak (Notre Dame), Finnegan Knowlton (Notre Dame), Luca Saulino (Notre Dame), Kyle Viesselman (Foran), Cael Loria (Xavier), Jake Pombo (Branford), Ray Quezada (Wilbur Cross), Ethan Rich (Lyman Hall), Aaron Rich (Lyman Hall), Ryan Casey (Lyman Hall), James Pellegrino (Amity Regional), Preston Cantele (Sheehan), Gavin Rainey (Sheehan), Aiden Ramos (Jonathan Law), Marcus Wearing (North Haven), Artie McCormack IV (North Haven), Gavin Halavatch (North Haven)

Second Team: Jaden Martinez (Hillhouse/Career), Brady Cesaratto (Fairfield Prep), Jackson Salmieri (Fairfield Prep), Will Benedetti (Hamden), Alex Tafro (Guilford), Colin Murray (West Haven), Josh Roberts (Notre Dame), Nate Kessell (Daniel Hand), Luca Stavrevski (Notre Dame), Jonas Markovitz (Daniel Hand), Nate D'Amico (Lyman Hall), Chase Semenza (Xavier), Liam Laffin (Lyman Hall), Cael Lumbrá (Xavier), Trevor Cser (Branford), Alex Almeida (North Haven), Lorenzo DePasquale (Sheehan), Jonathan DiCicco (Shelton), Justin Minaya (Amity Regional), Tyler Roche (Amity Regional)

Player of Year: Vinny Lombardo (Fairfield Prep)

Coach of Year: Brian Hayden (Notre Dame)

Softball

State Champions:

Cheshire (Class LL)

Foran (Class M)

State Runner-ups: none

Divisional champions

Hammonasset: Foran (8-0)

Housatonic: Cheshire (8-0)

Oronoque: Mercy (8-0)

Quinnipiac: Jonathan Law (6-0)

2025-26 SPORT-BY-SPORT RECAP



SCC Playoffs

Quarterfinals – May 22 @Higher Seeds

#1 Cheshire 6, #8 Sheehan 0

#4 Mercy 4, #5 Guilford 3 (8 inn.)

#2 Foran 6, #7 Daniel Hand 0

#3 Jonathan Law 4, #6 Lyman Hall 0 (May 21)

Semifinals – May 25 @Biondi Field, West Haven

#1 Cheshire 5, #4 Mercy 1

#3 Jonathan Law 6, #2 Foran 2

Championship Game – May 27 @Biondi Field, West Haven

#1 Cheshire 2, #3 Jonathan Law 0 (8 inn.)

“Danni Kemp” Tournament Most Outstanding Player: *Jordan McCue, Cheshire*

All-Conference

First Team: Gabriela Celozzi (Amity Regional), Jenica Matos (Cheshire), Jordan McCue (Cheshire), Molly Fleming (Cheshire), Lena Aguzzi (Daniel Hand), Abigail Corris (Foran), Emily Speringo (Foran), Norah Bove (Foran), Kenna Tansey (Guilford), Aunee Brookshire (Hamden), Lily Stankevich (Jonathan Law), Julia Scibek (Jonathan Law), Skylar Crozier (Lauralton Hall), Ava Saez (Lyman Hall), Hailey Wisniewski (Lyman Hall), Maggie Mathews (Mercy), Julia Lane (Mercy), Carly Weisenberg (Mercy), Pip Karch (Mercy), Emilia Brandi (North Haven), Briella Krystofolski (Sheehan), Anna Cappas (Sheehan), Chayse DellaRocco (Shelton), Abigail Wynus (West Haven)

Second Team: Angelina Charbonneau (Amity Regional), Riannie DeJesus (Amity Regional), Morgan Luddy (Amity Regional), Sophia Rasile (Branford), Ava Pearson (Cheshire), Lyla Blair (Cheshire), Olivia Rydzy (Cheshire), Pheobe Brennan (Daniel Hand), Lily Esposito (East Haven), Gabby Dion (East Haven), Madeline Deldin (Foran), Sarah O’Brien (Guilford), Peyton LeMay (Guilford), Zariah Rivera (Hillhouse/Career), Charlotte Doyle (Jonathan Law), Gabrielle Rodriguez (Jonathan Law), Sophie Tetreault (Lyman Hall), Mattingly Andrews (Lyman Hall), Gianna Pires (North Haven), Chiara Troiano (Sacred Heart Academy), Julia Cassesse (Sheehan), Sammi Denihan (Shelton), Avery Wheeler (Shelton), Maya Garcia (Wilbur Cross)

Player of Year: **Jenica Matos (Cheshire)**

Coach of Year: **Kristine Drust (Cheshire)**

By the Numbers 2025-26

1 – All-SCC matchup in a State Championship Game in the 2025-26 academic year (Branford vs. Daniel Hand in Class M girls lacrosse final on June 13 – won by Daniel Hand, 14-7).

3 – Student-athletes – Abdou Toure (Notre Dame boys basketball), Jenica Matos (Cheshire softball) and Michael Leonzetti (Notre Dame boys tennis) were named SCC player of the year in their respective sport for the third straight year.

5 – Number of SCC postseason titles won by Fairfield Prep in 2025-26. Xavier and Mercy each had four league titles, while Amity Regional had three (and six runner-up finishes).

7 – Number of state titles won by Daniel Hand during 2025-26 – the most won by a SCC team since 1994-95.

8 – Number of episodes of CHASING BANNERS, the official podcast of the SCC. View them at www.youtube.com/@SCCCommissioner

10 – Consecutive years that Xavier has won the SCC boys cross country title. The Falcons also have qualified for the New England Championships nine consecutive years - the longest active New England streak for any Connecticut boys cross country program.

13 – Different SCC teams that captured a league post season championship in 2025-26.

14 – Number of state titles won by SCC teams during the spring 2026 season - tying the record set in winter 2025.

20 – Total number of SCC teams that finished as state runner-ups during the 2025-26 academic year.

31 – Number of state titles that SCC teams won during the 2025-26, tying the record set in 2024-25.

84 – Number of state titles that Hillhouse’s teams have won since 1994-95 - the most of any SCC member school. Daniel Hand is second with 79, and Cheshire is third (71). Xavier has won 60 state titles (the most of any boys school).

84 – The number of boys SCC postseason titles that Fairfield Prep has won since 1994. Xavier is second with 72, while Amity Regional is third (53).

91 – The number of girls SCC postseason titles that Cheshire has won since 1994. Daniel Hand is second with 64 and Amity Regional is third (53).

621 – SCC teams that have won or shared a state championship since 1994-95.

2025-26 ATHLETES OF MONTH



The Southern Connecticut Conference, with the support of presenting sponsor j.roo's of North Haven, named a female and male athlete of the month during the 2025-26 academic year. Each recipient received a certificate and \$25 gift card to j.roo's.

j.roo's is located at 243 State Street in North Haven. Visit them at <https://www.jroosrestaurant.com/>



SEPTEMBER

MADDIE BURKE
SACRED HEART ACADEMY
VOLLEYBALL

SEPTEMBER

ANDREW SOBIESKI
XAVIER
SOCCER

**SCC
ATHLETE
OF THE MONTH**



MADDY BURKE
GIRLS VOLLEYBALL
SACRED HEART ACADEMY
SEPTEMBER 2025



Presented by j.roo's Restaurant of North Haven



**SCC
ATHLETE
OF THE MONTH**



ROBBY ROSATI
GOLF
FAIRFIELD PREP
OCTOBER 2025



Presented by j.roo's Restaurant of North Haven



OCTOBER

NINA NARDECCHIA
AMITY REGIONAL
VOLLEYBALL

OCTOBER

ROBBY ROSATI
FAIRFIELD PREP
GOLF

NOVEMBER

SOPHIE SINISGALLI
FORAN
SOCCER

NOVEMBER

TIM O'MALLEY
DANIEL HAND
FOOTBALL

**SCC
ATHLETE
OF THE MONTH**



JOSH DURANT
FOOTBALL
SHEHAN
DECEMBER 2025



Presented by j.roo's Restaurant of North Haven



**SCC
ATHLETE
OF THE MONTH**



NOELLE LAWRENCE
GIRLS BASKETBALL
WEST HAVEN
JANUARY 2026



Presented by j.roo's Restaurant of North Haven



DECEMBER

IVY MASSICOTTE
AMITY REGIONAL
ICE HOCKEY

DECEMBER

JOSH DURANT
SHEEHAN
FOOTBALL

JANUARY

NOELLE LAWRENCE
WEST HAVEN
BASKETBALL

JANUARY

RYAN MILLER
CHESHIRE
ICE HOCKEY

**SCC
ATHLETE
OF THE MONTH**



SARAH ROBERTS
INDOOR TRACK/ICE HOCKEY
MERCY
FEBRUARY 2026



Presented by j.roo's Restaurant of North Haven



**SCC
ATHLETE
OF THE MONTH**



IVY MASSICOTTE
GIRLS ICE HOCKEY
AMITY REGIONAL
MARCH 2026



Presented by j.roo's Restaurant of North Haven



FEBRUARY

SARAH ROBERTS
MERCY
INDOOR TRACK

FEBRUARY

AARON RICH
LYMAN HALL
INDOOR TRACK

MARCH

IVY MASSICOTTE
AMITY REGIONAL
ICE HOCKEY

MARCH

JACK CUNNINGHAM
FAIRFIELD PREP
SWIMMING

**SCC
ATHLETE
OF THE MONTH**



COOPER BACCA
BOYS VOLLEYBALL
SHELTON
APRIL 2026



Presented by j.roo's Restaurant of North Haven



**SCC
ATHLETE
OF THE MONTH**



VINNY LOMBARDO
BASEBALL
FAIRFIELD PREP
MAY 2026



Presented by j.roo's Restaurant of North Haven



APRIL

CLAIRE LEVIS
DANIEL HAND
LACROSSE

APRIL

COOPER BACCA
SHELTON
VOLLEYBALL

MAY

GEORGIANA SHEEHAN
CHESHIRE
LACROSSE

MAY

VINNY LOMBARDO
FAIRFIELD PREP
BASEBALL