



SCC News

Official Newsletter of the Southern Connecticut Conference

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From the Desk of the Commissioner

*Happy Spring everyone!
The 2025-26 academic year has flown by, and we look to the various end-of-the-year festivities.*

The SCC is coming off an exciting winter athletic season. League teams won eight state championships, with another five teams earning runner-up status. This all came after we hosted eight league playoff competitions. Congratulations! I am also excited about our new award, called the Commissioner's Cup!

We hosted our annual Scholar Leader Banquet in late March, and I was very

impressed with our recipients. Congrats and best of luck!

Be sure to check out our league's new podcast, [Chasing Banners](#). We have a few more episodes coming up, so thanks for watching!

Many thanks to our league's corporate sponsors - thank you for your support!

Lastly, I wish our graduating seniors well and best of luck in your future endeavors.

Enjoy and please be safe!

Thanks to our Corporate Sponsors



BSN SPORTS



Your SCC Realtor®



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2025-26 Winter Sports Recap

Boys/Girls Indoor Track

Scoring provided by Paynes Corner Timing

All meets were held at New Haven's Floyd Little Athletic Center

EAST Sectional – Wednesday, Jan. 28

Girls Team Results: 1. Mercy, 134; 2. Hamden, 85; 3. Sacred Heart Academy, 46; 4. North Haven, 43; 5. Luralton Hall, 39; 6. East Haven, 34; 7. Wilbur Cross, 27; 8. Branford, 22; 9. West Haven, 16; 10. Notre Dame, 8

Boys Team Results: 1. Xavier, 117; 2. Hamden, 113; 3. North Haven, 77; 4. Notre Dame, 36; 5. West Haven, 30; 6. Fairfield Prep, 28; 7. East Haven, 27; 8. Wilbur Cross, 12; 9. Branford, 5

WEST Sectional – Thursday, Jan. 29

Girls Team Results: 1. Amity Regional, 108.5; 2. Hillhouse, 92; 3. Guilford, 50.5; 4. Sheehan, 47; 5. Shelton, 46; 6. Daniel Hand, 34; 7. Lyman Hall, 32; 8. Cheshire, 20; 9. Foran, 18; 10. Jonathan Law, 16

Boys Team Results: 1. Amity Regional, 124; 2. Lyman Hall, 77; 3. Shelton, 52; 4. Hillhouse, 49; 5. Daniel Hand, 48; 6. Guilford, 47; 7. Sheehan, 43; 8. Cheshire, 17; 9. Jonathan Law, 6; 10. Foran, 1

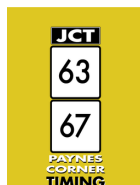
SCC Championship Meet - Saturday, Feb. 7

Girls Team Results: 1. Mercy, 77; 2. Hillhouse, 62; 3. Hamden, 48.5; 4. Amity Regional, 45; 5. Sacred Heart Academy, 44; 6. Guilford, 35.5; 7. Lyman Hall, 23.5; 8. Sheehan, 21; 9. Shelton, 18.5; 10. Foran, 16; 11. Wilbur Cross, 12; 11. North Haven, 12; 11. Daniel Hand, 12; 14. West Haven, 10; 14. Jonathan Law, 10; 16. Career, 6; 17. Cheshire, 4; 17. Luralton Hall, 4

Championship Meet Most Outstanding Performer: *Kaylin Diglio, Guilford*

Girls Event Winners:

4 x 200 meter Relay – Hamden (Megan Stallworth, Mariah Drake, Shanez DeRoche, Chyle Bond), 1:47.76
4 x 400 meter Relay – Hillhouse (Darea Vargas, Briana Thompson, Riley Mckiver, Deanna Moore), 4:13.44
4 x 800 meter Relay – Sacred Heart Academy (Makenzie Spooner, Sally Banks, Abigail Chang, Camilla Murphy), 10:12.71
1600 SMR – Lyman Hall (Mary Magno, Sadie Tierney, Isabelle Champagne, Angelica Gournaris), 4:28.63
55 meters – Shanez De Roche (Hamden), 7.21
55 meter Hurdles – Kaylin Diglio (Guilford), 8.76
300 meters – Amaira Trayham (Wilbur Cross), 40.75
600 meters – Sarah Roberts (Mercy), 1:36.64
1000 meters – Cora Wasiolek (Mercy), 3:07.12
1600 meters – Sarah Roberts (Mercy), 5:15.47
3200 meters – Annecy Vlieks (Daniel Hand), 11:03.78
High Jump – Madelyn Scarfo (Mercy), 5-02



Mercy captured its first SCC girls indoor track title since 2016 (Steady Photography photo).



Long Jump – Nyasia Taylor (Hillhouse), 17-01

Pole Vault – Kaylin Diglio (Guilford), 11-00

Shot Put – Alexandria McWatters (Foran), 37-06

Boys Team Results: 1. Xavier, 70; 2. Hamden, 58; 2. Lyman Hall, 58; 4. Amity Regional, 57; 5. Hillhouse, 32; 6. Sheehan, 31; 7. Daniel Hand, 29; 8. North Haven, 23; 8. West Haven, 23; 10. East Haven, 18; 11. Guilford, 16; 12. Shelton, 15; 13. Fairfield Prep, 10; 14. Notre Dame, 8; 14. Wilbur Cross, 8; 16. Cheshire, 5

Championship Meet Most Outstanding Performer: *Aaron Rich, Lyman Hall*

Boys Event Winners:

4 x 200 Relay: Fairfield Prep (Jeremiah Langston, Theo Rudolph, Brody Sommers, Jackson Pinzon), 1:32.14
4 x 400 meter Relay – Xavier (John Simpson, Justin Torres, Brendan Russ, Zander Laudati), 3:31.48
4 x 800 meter Relay – Xavier (Michael Fusaro, Landon Rubano, Jackson Gould, Peter Torello), 8:19
1600 SMR – Xavier (John Simpson, Justin Torres, Brendan Russ, Xavier Laudati), 3:42.99
55 meters – Justus Richardson (West Haven), 6.43
55 meter hurdles – Scott Aminawung (Sheehan), 8.03
300 meters – Aaron Rich (Lyman Hall), 34.81
600 meters – Mahkai Heyward (Hillhouse), 1:25.39
1000 meters – Alexander Medina (Hamden), 2:34.30
1600 meters – Luke Cushing (Amity Regional), 4:24.49
3200 meters – Luke Cushing (Amity Regional), 9:42.44
Long Jump – Aaron Rich (Lyman Hall), 24-04.50 * (SCC meet record)
High Jump – Ethan Rich (Lyman Hall), 6-08
Shot Put – Cameron Saunders (Hamden), 50-01.25
Pole Vault – Sean Arms (Daniel Hand), 15-00

Cheerleading

SCC Competition - Saturday, Feb. 7 @North Haven HS

All-Girl: 1. East Haven, 84; 2. North Haven, 83.40; 3. West Haven,

Daniel Hand captured its fifth straight (and 26th overall) SCC gymnastics title in 2026 (Steady Photography photo).



78.85; 4. Mercy, 77.25; 5. Shelton, 75.70; 6. Foran, 71.25; 7. Sacred Heart Academy, 69.55; 8. Cheshire, 68.95; 9. Lyman Hall, 64.55; 10. Lauralton Hall, 62; 11. Sheehan, 58.75; 12. Amity Regional, 49.05

Co-ed Division champion: Jonathan Law, 72.15

Spirit Award: Branford

Gymnastics

SCC Championship Meet - Thursday, Feb. 5

Final Team Results: 1. Daniel Hand, 137.85; 2. Valley Regional, 132.15; 3. Haddam Kilingworth/Morgan/Westbrook co-op, 128.2; 4. Jonathan Law, 117; 5. Foran, 112.; Hamden, 88.3

Event Winners:

Vault: Riley Mattox (North Haven), 9.25
Bars: Kylie Connelly (North Branford), 8.7
Beam: Kelly Kelly (Daniel Hand), 9.15
Floor: Addie Fee (North Haven), 9.2
All-Around: 1. Camile Pagliuco (Valley Regional), 35.1; 2. Brenna Boucino (Daniel Hand), 35.0; 3. Kelly Kelly (Daniel Hand), 34.9; 4. Addie Fee (North Haven), 34.7; 5. Kylie Connelly (North Branford), 34.7; 5. Ella Speerli (Daniel Hand), 34.7; 7. Kayla Johnson (Foran), 33.9; 8. Ella Richardson (33.55); 9. Chloe Flickinger (Daniel Hand), 32.9; 9.

Skylar Harrison (HK/Morgan/Westbrook), 32.7; 11. Victoria Saczynski (HK/Morgan/Westbrook), 32.7; 12. Sophia Antonetti (Daniel Hand), 32.55; 13. Riley Mattox (North Haven), 31.8; 14. Evie Poi (HK/Morgan/Westbrook), 31.8; 15. Mackenzie Kielb (Mercy), 31.75

Championship Meet Most Outstanding Performer: Camile Pagliuco (Valley Regional)

Wrestling

SCC Championship Meet – Feb. 15 @ Foran HS

Final Team Results: 1. Xavier, 226; 2. Shelton, 152; 3. Notre Dame, 150; 4. Foran, 148; 5. Cheshire, 119; 6. Amity Regional, 105; 7. Branford, 76.5; 8. North Haven, 74.5; 8.; 9. Guilford, 66.5; 10. West Haven, 60; 11. East Haven, 55; 12. Jonathan Law, 38; 13. Daniel Hand, 37.5; 14. Fairfield Prep, 36; 15. New Haven, 34; 16. Sheehan, 26; 17. Morgan, 17

Championship Matches

106 lbs. – Josh Perez (Xavier) TECH FALL Sean Sevigny (Notre Dame), 17-2 3:18
113 lbs. – Treydan Beam (Xavier) DEC Gabe Sardone (Notre Dame), 6-0

120 lbs. – Zack Dixon (Xavier) FALL Marcus Mizzone (Amity Regional), 1:37
126 lbs. – Alexander Depratti (Xavier) FALL Noriel Gonzalez (Shelton), 1:39
132 lbs. – Zaphyr Musshorn (Xavier) DEC Luke Savage (Cheshire), 9-7
138 lbs. – Alex Uzzo (Guilford) DEC Hayden Minns (North Haven), 8-4
144 lbs. – Braylon Gonzalez (Xavier) TECH FALL Andrew Jackson (Amity), 17-2 2:00
150 lbs. – Geovani Cacerer-Garcia (West Haven) MD Thomas Mahon (Foran), 13-5
157 lbs. – Riley Storozuk (Notre Dame) TECH FALL Gavin Lefebvre (Foran), 17-1 4:00
165 lbs. – Alphonse Milano (Notre Dame) DEC Tyquell Lucas (Foran), 9-7
175 lbs. – Vincent Rivera (Xavier) DEC Jack Lilly (Fairfield Prep), 9-8
190 lbs. – Chase Catalano (Xavier) TECH FALL Panagiotis Christakos (Foran), 19-2 4:48
215 lbs. – Aedan Webster (East Haven) FALL Anthony Nerette (Shelton), 1:39
285 lbs. – Chase Galke (Shelton) FALL Carter Marciano (Cheshire), 1:27

Championship Meet Most Outstanding Performer: Braylon Gonzalez (Xavier), 144 lbs.

Xavier captured the 2026 SCC wrestling title. It was the Falcons' ninth straight league title. Xavier then went on to win the Class L and State Open titles (Steady Photography photo).



Notre Dame captured its fifth straight SCC boys basketball title in 2026 (Steady Photography photo)



Girls Basketball

Presented by Vertical Hoops

Regular-season Division Champions

Hammonasset: Sacred Heart Academy (8-0)

Housatonic: North Haven (7-1)

Oronoque: Hamden (7-1)

Quinnipiac: Mercy (8-0)



SCC Playoffs

First Round – Tuesday, Feb. 24 @higher seeds

#1 Sacred Heart Academy 62, #16 Lyman Hall 32

#2 Mercy 55, #15 Branford 35

#6 Sheehan 45, #11 Loralton Hall 26

#7 Daniel Hand 49, #10 Amity Regional 42

#5 West Haven 67, #12 Career 38 (Feb. 25)

#14 Jonathan Law at #3 North Haven (Feb. 25)

#4 Guilford 54, #13 Foran 48 (Feb. 25)

#8 Hillhouse 64, #9 Hamden 44 (Feb. 25)

Quarterfinals – Thursday, Feb. 26 @higher seeds

#1 Sacred Heart Academy 50, #8 Hillhouse 39

#2 Mercy 43, #7 Daniel Hand 30

#6 Sheehan 37, #3 North Haven 34

#5 West Haven 57, #4 Guilford 43

Semifinals – Saturday, Feb. 28 @Shelton HS

#1 Sacred Heart Academy 53, #5 West Haven 31

#6 Sheehan 34, #2 Mercy 32

Championship Game – Monday, March 2 @M&T Bank Arena – Quinnipiac University

#1 Sacred Heart Academy 34, #6 Sheehan 27

Tournament Most Outstanding Player: Maddy Burke, Sacred Heart Academy

Boys Basketball

Presented by Vertical Hoops

Regular-season Division Champions

Hammonasset: Notre Dame (8-0)

Housatonic: Hillhouse (7-1)

Oronoque: North Haven (8-0)

Quinnipiac: West Haven (8-0)



SCC Playoffs

First Round – Tuesday, Feb. 24 @Higher Seeds

#3 West Haven 83, #14 Foran 43

#4 Xavier, 59, #13 Daniel Hand 46

#5 Fairfield Prep 79, #12 Branford 48

#6 Shelton 74, #11 Amity Regional 59 (Feb. 25)

#7 Hillhouse 65, #10 Wilbur Cross 62 (Feb. 25)

#9 Sheehan 59, #8 Career 55 (Feb. 25)

Quarterfinals – Thursday, February 26 @Higher Seeds

#1 North Haven 71, #9 Sheehan 65

#2 Notre Dame 82, #7 Hillhouse 77

#3 West Haven 62, #6 Shelton 50

#5 Fairfield Prep 63, #4 Xavier 53 (OT)

Semifinals – Saturday, Feb. 28 @Shelton HS

#5 Fairfield Prep 54, #1 North Haven 40

#2 Notre Dame 75, #3 West Haven 52

Championship Game – Monday, March 2 @M&T Bank Arena, Quinnipiac University

#2 Notre Dame 73, #5 Fairfield Prep 51

“Tom Fleming” Tournament Most Outstanding Player:

Abdou Toure, Notre Dame

Boys Ice Hockey

Regular-season Division Champions

Division I: Fairfield Prep (4-0)

Division II: Cheshire (9-1)

Division III: BBDI co-op/Masuk (5-1)

SCC/SWC Playoffs

Division I

Semifinals – Tuesday, March 3 @Higher Seeds

#1 Fairfield Prep 8, #4 Notre Dame Prep 1

#2 Notre Dame-West Haven 3, #3 Xavier 1

Championship Game – Friday, March 6 @Bennett Rink

#1 Fairfield Prep 6, #2 Notre Dame-WH 1

Tournament Most Outstanding Player: Connor Driscoll (Fairfield Prep)

Fairfield Prep won the 2026 SCC boys swimming title totaling a league record 1628.5 points (Steady Photography photo)



Division II

Semifinals – Wednesday, March 4 @Bennett Rink

#1 Cheshire 2, #4 North Haven 1
#2 East Haven co-op 3, #3 Lyman Hall 1

Championship Game – Friday, March 6 @Bennett Rink

#1 Cheshire 3, #2 East Haven co-op 0

Tournament Most Outstanding Player: *Ryan Miller, Cheshire*

Division III

Semifinals – Wednesday, March 4 @Danbury Ice Arena

#1 BBDI co-op 4, #4 Newtown 0
#2 Masuk 2, #3 Spartan Hockey co-op 1

Championship Game – Friday, March 6 @Danbury Ice Arena

#1 BBDI co-op 5, #2 Masuk 4 (OT)

Tournament Most Outstanding Player: *Drew Luchsinger, BBDI co-op*

Girls Ice Hockey

Regular-season Division Champions

Amity/Cheshire/North Haven co-op (8-1-1)

SCC Playoffs

First Round – Tuesday, Feb. 24

#4 Guilford co-op 5, #5 West Haven/SHA co-op 3
#6 Daniel Hand co-op 4, #3 Hamden co-op 3 (OT) (Feb. 25)

Semifinals – Thursday, Feb. 26

#2 Masuk/SW co-op 2, #6 Daniel Hand co-op 1 (OT)
#1 Amity/Cheshire/North Haven co-op 5, #4 Guilford co-op 1

Championship Game – Saturday, Feb. 28 @Bennett Rink

Masuk co-op 2, Amity/Cheshire/NH co-op 1 (OT)

Tournament Most Outstanding Player: *Jen Velky, Masuk co-op*

Boys Swimming

Regular-season Division Champions

Division I: Fairfield Prep (7-0)

Division II: Shelton co-op (4-0)

SCC Championship Meet – Thursday, Feb. 26 @Southern Connecticut State University – Hutchinson Natatorium

Final Team Results: 1. Fairfield Prep, 1628.5; 2. Amity Regional, 799; 3. Daniel Hand, 689; 4. Shelton, 593; 5. Notre Dame, 537; 6. Xavier, 451.5; 7. Hamden, 419; 8. Foran/Jonathan Law co-op, 374; 9. Sheehan/Lyman Hall co-op, 338; 10. West Haven, 337; 11. Greater New Haven co-op, 332; 12. Cheshire, 243; 13. Haddam Killingworth co-op, 70

Championship Meet Most Outstanding Performer: *Jack Cunningham, Fairfield Prep*

Event Winners

200 yard Medley Relay: Fairfield Prep (Evan VanVelzor, Harlan Lewandowski, Wynton Buerstetta, David Kavasansky), 1:39.79; Amity Regional (Sean Fitzpatrick, Jack Winzer, Markiyon Yukhno, Julian Virgil), 1:39.79

200 yard Freestyle: Evan VanVelzor (Fairfield Prep), 1:46.31

200 yard IM: Jack Cunningham (Fairfield Prep), 1:53.63

50 yard Freestyle: Gavin Giordano (Notre Dame), 21.85

Diving: James Vigliotti (Greater New Haven co-op), 457.75

100 yard Butterfly: Julian Adu (Notre Dame), 49.77

100 yard Freestyle: Jack Angelastro (Sheehan-Lyman Hall co-op), 48.96

500 yard Freestyle: Evan VanVelzor (Fairfield Prep), 4:42.56

200 yard Freestyle Relay: Fairfield Prep (Andy Thung, Rohan Thung, David Kavasansky, Jack Cunningham), 1:28.30

100 yard Backstroke: Markiyon Yukhno (Amity Regional), 53.36

100-yard Breaststroke: Jack Angelastro (Sheehan-Lyman Hall co-op), 58.84

400 yard Freestyle Relay: Fairfield Prep (Evan VanVelzor, Brendan Natlo, Maksimilian Shemiako, Jack Cunningham), 3:12.75



West Haven captured the Division I boys basketball title in 2026. The Blue Devils won their first state title since 1987 (Todd Dandelske, West Haven HS photo).



SCC Winter Teams Win 8 State Titles!

WINTER 2025-26

STATE CHAMPIONS (8)

- Mercy girls indoor track** (Class M)
- Daniel Hand gymnastics** (Class S)
- Xavier wrestling** (Class L and State Open)
- Foran wrestling** (Class M)
- Fairfield Prep boys swimming** (Class L)
- Lyman Hall boys ice hockey** (Div. 2, defeated Conard, 5-2)
- West Haven boys basketball** (Div. 1 defeated Staples, 79-72, in 3 OT)

STATE RUNNER-UPS (5)

- Lyman Hall boys indoor track** (Class M and State Open)
- Sacred Heart Academy girls indoor track** (Class S)
- Fairfield Prep boys swimming** (State Open)
- Fairfield Prep boys ice hockey** (Div. I, lost to New Canaan, 3-1)

FALL 2025

STATE CHAMPIONS (9)

- Fairfield Prep** (Division I boys golf)
- Amity Regional** (Class LL boys cross country)
- Xavier** (Class MM boys cross country)
- Daniel Hand** (Class M girls cross country)
- Mercy** (Class MM girls cross country)
- Branford** (Class M field hockey, defeated New Milford, 1-0)
- Foran** (Class M girls soccer, defeated Northwest Catholic, 3-2)
- Daniel Hand** (Class SS football, defeated Killingly, 37-13)
- Sheehan** (Class S football, defeated Northwest Catholic, 21-7)

607

A History Lesson:

SCC member school teams have won 607 state championships since 1994-95 (184 fall, 231 in winter, and 192 in the spring).

Member School State Titles:

Following the conclusion of the 2026 winter season, here are the SCC schools with the most state titles since the league was formed in 1994-1995:

1. Hillhouse (83); 2. Daniel Hand (75); 3. Cheshire (70); 4. Xavier (59); 5. Fairfield Prep (44); 6. Guilford (43); 6. Amity Regional (43); 8. Branford (28); 9. Notre Dame (22); 10. Wilbur Cross (15), Shelton (15)

STATE RUNNER-UPS (6)

- Cheshire** (Class L girls cross country)
- Xavier** (State Open boys cross country)
- Sheehan** (Class S girls swimming)
- North Haven** (Class L girls soccer, lost to Masuk, 2-1)
- Amity Regional** (Class LL girls soccer, lost to Greenwich, 4-0)
- Cheshire** (Class L football, lost to New Canaan, 31-13)

Introducing the Commissioner's Cup

presented by BSN Sports

The SCC is proud to announce the establishment of the Commissioner's Cup, presented by league corporate sponsor [BSN Sports](#). The Commissioner's Cup is a new annual award recognizing the member schools that demonstrate the strongest overall athletic performance across all sanctioned sports.

The Commissioner's Cup reflects the SCC's commitment to competitive excellence, sportsmanship, and comprehensive student-athlete achievement. The award will be presented at the end of the academic year to the school that accumulates the highest point total based on regular-season standings and postseason results across the full slate of SCC sports.

"The Commissioner's Cup celebrates what makes the SCC special — depth, balance, and a shared commitment to excellence across every program," said Al Carbone, Commissioner of the SCC. "This award honors the collective effort of student-athletes, coaches, and school communities who consistently elevate the standard of competition in our league."

The introduction of the Commissioner's Cup strengthens the SCC's mission to promote broad-based athletic success and highlight the achievements of programs that excel across multiple sports. "The SCC is home to some of the most competitive and well-rounded athletic departments in Connecticut," said Michael Hurley, Regional Sales Director for BSN Sports. "The Commissioner's Cup provides a meaningful way to recognize that collective excellence and celebrate the full scope of our league's accomplishments."

The inaugural standings will be tracked throughout the 2025–26 academic year, with the first champion crowned in June.



How the Commissioner's Cup Works

- All varsity sports sponsored by the SCC are included in the scoring system.
- Points are awarded based on final regular-season standings and SCC postseason finishes. Points are also awarded for divisional, postseason league and state titles and runner-up finishes.
- The school (both boys and girls) with the highest cumulative point total at the end of the academic year will be named the Commissioner's Cup champion. Recognition will be given after each season (fall, winter and spring).

GIRLS Rankings

1. Mercy, 163
2. Amity Regional, 144.34
3. Sacred Heart Academy, 133.33
4. Daniel Hand, 123.50
5. Cheshire, 114.34
6. Guilford, 111
7. Hamden, 97
8. Foran, 96
9. North Haven, 89.34
10. Sheehan, 77
11. Shelton, 74
12. Branford, 66.5
13. Luralton Hall, 62
14. Jonathan Law, 60
15. Lyman Hall, 59
16. West Haven, 51
17. East Haven, 44.33
18. Hillhouse, 42.50
19. Career, 34
20. Wilbur Cross, 31.33



BOYS Rankings

1. Xavier, 186
2. Fairfield Prep, 158
3. Amity Regional, 130
4. Notre Dame, 125
5. Daniel Hand, 104.67
6. Cheshire, 94
7. West Haven, 88.17
8. Shelton, 84.67
9. North Haven, 84
10. Lyman Hall, 76.50
11. Sheehan, 75
12. Hamden, 73
13. Guilford, 69
14. Foran, 57
15. Branford, 48.50
16. Hillhouse, 45.50
17. Wilbur Cross, 44
18. East Haven, 39.5
19. Jonathan Law, 37
20. Career, 15.5



FALL Champion: Amity Regional, 103
WINTER Champion: Mercy, 74

FALL Champion: Xavier, 76
WINTER Champion: Xavier, 110

About the Award

- All varsity sports sponsored by the SCC are included. Points are awarded based on final regular-season standings and SCC postseason finishes.

Regular-season finish: points awarded (highest to lowest) for regular-season counting game rankings
 Divisional champ = 2 points
 Sectional champ = 4 points
 Regular-season champ = 5 points
 SCC runner-up = 5 points
 SCC champion = 10 points
 State runner-up = 5 points
 State champion = 10 points

- * If teams are in a co-op - the total earned points are divided up.
- * Co-champions - divide up points between teams
- * At the end of the academic year, schools can apply for extra points for extraordinary acts of sportsmanship, etc.
- * Points can also be deducted for bad sportsmanship, player/coach ejections, or poor attendance at mandatory coach meetings, etc.

Connecticut Orthopaedics Urgent Care/SCC 2026 Winter Player/Coaches of the Year



2025-26

WINTER SPORTS PLAYER & COACH OF YEAR

PRESENTED BY
CONNECTICUT ORTHOPAEDICS
URGENT CARE WALK-IN



Thanks to the support of long-time league corporate sponsor Connecticut Orthopaedics, the SCC recognizes a Player of the Year and Coach of the Year in each of the 28 sports the league sponsors.

What makes Connecticut Orthopaedics different? There's simply no other Connecticut practice that offers the convenience, speed and comprehensive experience that you'll find with us. From your first visit, to diagnosing your injury, to treatment and rehabilitation, we offer end-to-end orthopaedic services designed to accommodate your every need. We started in 1963 with only two physicians. Today we are the largest privately-owned orthopaedic practice in New England. With over 50 doctors serving 20 locations – including multiple Urgent Care | Walk-In centers and our own surgical center – we make it convenient for you to get the orthopaedic care you need, close to where you live.

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Players of the Year

- Gymnastics** – Kayla Johnson, Foran
- Cheerleading** – Gianna Percibali, East Haven
- Cheerleading Merit** – Layla Braxton, Lauralton Hall
- Wrestling** – Chase Galke, Shelton
- Boys Swimming** – Julian Adu, Notre Dame
- Girls Basketball** – Noelle Lawrence, West Haven
- Boys Basketball** – Abdou Toure, Notre Dame
- Girls Ice Hockey** – Hailey Azzarone, West Haven/SHA co-op
- Boys Ice Hockey – Div. I** – Connor Driscoll, Fairfield Prep
- Boys Ice Hockey – Div. II** – Ryan Miller, Cheshire
- Boys Ice Hockey – Div. III** – Luke Kondub, Masuk
- Boys Indoor Track** – Aaron Rich, Lyman Hall
- Girls Indoor Track** – Sarah Roberts, Mercy

Coaches of the Year

- Gymnastics** – Brian Le Roux, Hamden-North Haven
- Cheerleading** – Emily Funk, Cheshire
- Wrestling** – Rich Anderson, Notre Dame
- Boys Swimming** – James Allan, Shelton
- Girls Basketball** – Tim Kohs, Mercy
- Boys Basketball** – Dan Oglesby, North Haven
- Girls Ice Hockey** – Carly Bokina, Masuk co-op
- Boys Ice Hockey – Div. II** – Anthony Giusto, Cheshire
- Boys Ice Hockey – Div. III** – Mike Campbell, Newtown/New Fairfield co-op
- Boys Indoor Track** – Bryce Lindamood, Hamden
- Girls Indoor Track** – Matt Conyers, Mercy



Player of Year: Abdou Toure (Notre Dame)
Coach of Year: Dan Oglesby (North Haven)



Gymnast of Year: Kayla Johnson, Foran
Coach of Year: Brian Le Roux, Hamden



Forty-Six SCC Scholar Leaders Recognized

presented by UI-SCG-CNG, part of Avangrid family

Forty-six students were recognized and honored as “SCC Scholar Leaders” at a banquet at Anthony’s Ocean View in New Haven on Monday, March 30. The Scholar Leaders, as selected by their respective schools’ principal, have demonstrated outstanding scholarship and leadership in their respective school and external communities.

Special thanks to CNG/SCG and UI, part of the Avangrid family, for their presenting sponsorship of the SCC Scholar Leader banquet.

[Click here for the event program with recipient biographies \(pdf\)](#)

2025-26 SCC Scholar Leaders

- Amity Regional** – Sophie Cohen, Burke Lindsay
- Branford** – Tate Jones, Nate Durante
- Hill Regional Career** – Akawsi Okyere, Chyna Lopes
- Cheshire** – Tema Caplan, Braeden Turski
- Daniel Hand** – Colton Bartholomew, Lilliana Gerrard
- East Haven** – Steve Condo, Ava DiNola
- Fairfield Prep** – Josh Salazar, Ryan Ventrelle
- Joseph A. Foran** – Thao Pham, Andrew Bishop
- Guilford** – Ethan Parker, Emma Vittorio
- Hamden** – Alexander Medina, Lyla Patel
- James Hillhouse** – Samantha Mera Toro, Antonio Ponton
- Jonathan Law** – Layla Alogna, Marcus Townes
- Academy of Our Lady of Mercy, Lauralton Hall** – Eve Mena, Lydia-Grace Sessler
- Lyman Hall** – Vincent D’Amico, Ella Cranmer
- Mercy** – Irene Milite, Beatrice Perrault
- North Haven** – Valerie Adams, Gavin Knauft
- Notre Dame** – William Bader, Jovan Lakaj
- Sacred Heart Academy** – Divya Sankar, Mia Thomas
- Mark T. Sheehan** – Nicholas Kent, Yi Zeng
- Shelton** – Matthew Quevedo, Sienna Giampaolo
- West Haven** – Ehsanullah Hadi, Jennifer Ngo
- Wilbur Cross** – Julian Theodore, Charlotte Herzog
- Xavier** – Daniel Cruz, Nicholas Salamone



Samantha Mera Toro (Hillhouse) and Ella Cranmer (Lyman Hall) were recognized as the recipients of the “Bill O’Brien Community Service Scholarship.” Each received \$500.



SCC Athletes of the Month presented by j.roo's of North Haven

With the support of presenting sponsor **j.roo's of North Haven**, the SCC, once again, is recognizing a female and male athlete of the month during the 2025-26 academic year.

Nominations come from SCC's athletic directors and/or head coaches each month, and each recipient receives a plaque and \$25 gift card to j.roo's.

j.roo's is located at 243 State Street in North Haven. Visit them at <https://www.jroosrestaurant.com/>



SCC ATHLETE OF THE MONTH



EMELIA BRANDI
GIRLS ICE HOCKEY
NORTH HAVEN, "The Blades"
DECEMBER 2025



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



JOSH DURANT
FOOTBALL
SHEEHAN
DECEMBER 2025



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



NOELLE LAWRENCE
GIRLS BASKETBALL
WEST HAVEN
JANUARY 2026



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



RYAN MILLER
BOYS ICE HOCKEY
CHESHIRE
JANUARY 2026



Presented by j.roo's Restaurant of North Haven

DECEMBER

EMELIA BRANDI, NORTH HAVEN, ICE HOCKEY

JOSH DURANT, SHEEHAN, FOOTBALL

JANUARY

NOELLE LAWRENCE, WEST HAVEN, BASKETBALL

RYAN MILLER, CHESHIRE, ICE HOCKEY

SCC ATHLETE OF THE MONTH



SARAH ROBERTS
INDOOR TRACK/ICE HOCKEY
MERCY
FEBRUARY 2026



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



AARON RICH
BOYS INDOOR TRACK
LYMAN HALL
FEBRUARY 2026



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



IVY MASSICOTTE
GIRLS ICE HOCKEY
AMITY REGIONAL
MARCH 2026



Presented by j.roo's Restaurant of North Haven

SCC ATHLETE OF THE MONTH



JACK CUNNINGHAM
BOYS SWIMMING
FAIRFIELD PREP
MARCH 2026



Presented by j.roo's Restaurant of North Haven

FEBRUARY

SARAH ROBERTS, MERCY, INDOOR TRACK/ICE HOCKEY

AARON RICH, LYMAN HALL, INDOOR TRACK

MARCH

IVY MASSICOTTE, AMITY REGIONAL, ICE HOCKEY

JACK CUNNINGHAM, FAIRFIELD PREP, SWIMMING

SCC Scholar Athlete Recognition Program presented by Great Blue Research

The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school's coaches and athletic directors.

Great Blue Research is the presenting sponsor of the SCC Scholar Athlete Recognition program.

Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

Based in Cromwell, Conn., **Great Blue Research** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.



2025-26 WINTER SCHOLAR ATHLETES presented by Great Blue Research

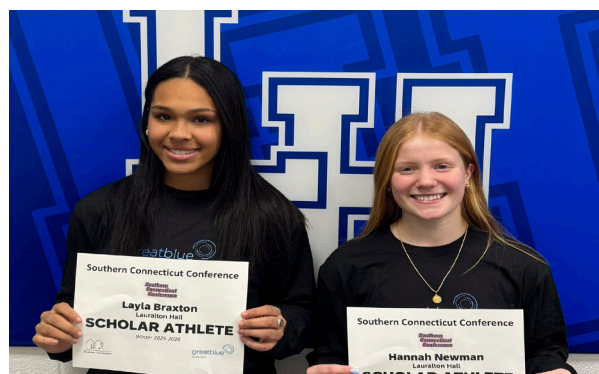
2025-26 WINTER SCHOLAR ATHLETES presented by Great Blue Research

- Amity Regional** - Kevin Gu (ice hockey), Olivia Cummings (indoor track)
- Branford** - Chase Barone (swimming), Kiara Cuevara-Cragwell (indoor track)
- Career** - Dayja Wilkins (basketball), Kenneth Thompson (basketball)
- Cheshire** - Katherine Bizzarro (skiing), Wyatt Jalowiec (indoor track)
- Daniel Hand** - Ella Speerli (gymnastics), Alex Khacherian (ice hockey)
- East Haven** - Liam Gibson (indoor track), Mallory Boney (indoor track)
- Fairfield Prep** - Tyler Pullie (ice hockey), Rohan Thung (swimming)
- Foran** - Laney Chan (cheerleading), Thomas Mahon (wrestling)
- Guilford** - Kellen Rinehart (ice hockey), Tessa Antonakis (fencing)
- Hamden** - AJ Aurora (ice hockey), Sophia Lindamood (indoor track)
- Hillhouse** - Kaylyn Hinds (basketball), TyJhaun Rogers (basketball)
- Jonathan Law** - Marcus Townes (basketball), Sophia Wang- (indoor Track)

- Lauralton Hall** - Layla Braxton (cheerleading), Hannah Newman (ice hockey)
- Lyman Hall** - Justin Rosario (basketball), Julia Albert (cheerleading)
- Mercy** - Beatrice Perrault (indoor track), Abi Weidman (basketball)
- North Haven** - Angela Lin (fencing), Gavin Knauff (ice hockey)
- Notre Dame** - George Ganim (basketball), Matt Kelly (ice hockey)
- Sacred Heart Academy** - Madelyn Burke (basketball), Molly Gunning (basketball)
- Sheehan** - Susan Hotaling (basketball), Jack Angelastro (swimming)
- Shelton** - Giancarlo Rubio (swimming), Bella DeJesus (cheerleading)
- West Haven** - Rylie Boynton (cheerleading), Khalil Kabila (indoor track)
- Wilbur Cross** - Karita Asael (indoor track), Douglas Dolberry (basketball)
- Xavier** - Adam Raymond (swimming), James Haslam (wrestling)



Cheshire's Wyatt Jalowiec and Katherine Bizzarro



Lauralton Hall's Layla Braxton and Hannah Newman

SCC News and Notes

Spring Playoff Schedules

Schedules, including event times and sites, are subject to change due to weather and/or school event conflicts

Boys/Girls Outdoor Track & Field

EAST Sectional – Monday, May 18 @Bowen Field, New Haven – 12 p.m.

Schools: *Mercy, Xavier, Hamden, Amity Regional, West Haven, Sheehan, Lyman Hall, Wilbur Cross, Cheshire, Foran, Daniel Hand*

WEST Sectional - Tuesday, May 19 @Bowen Field, New Haven – 12 p.m.

Schools: *Hillhouse, Sacred Heart Academy, Notre Dame, Shelton, Branford, North Haven, Guilford, East Haven, Lauralton Hall, Fairfield Prep, Career, Jonathan Law*

Championship Meet – Tuesday, May 26 @Amity Regional HS – 1 p.m.

Baseball

Quarterfinals – Friday, May 22 @Higher Seeds

Semifinals – Monday, May 25 @Piurek Field, West Haven - 11 a.m. and 45 minutes following conclusion of first game

Championship Game – Wednesday, May 27 @Piurek Field, West Haven – 6 p.m.

Softball

Quarterfinals – Friday, May 22 @Higher Seeds

Semifinals – Monday, May 25 @Biondi Field, West Haven - 11 a.m. and 30 minutes following conclusion of first game

Championship Game – Wednesday, May 27 @Biondi Field, West Haven – 5 p.m.

Boys/Girls Lacrosse

First Round (3 at 6; 4 at 5) – Saturday, May 23

Semifinals – Tuesday, May 26 @Higher Seeds

Championship Game – Thursday, May 28 @Rafferty Stadium, Fairfield University – 5:30 p.m. (girls), 7:30 p.m. (boys)

Boys/Girls Tennis

Quarterfinals – Friday/Saturday, May 22/23 @Higher Seeds

Semifinals – Tuesday, May 26 @Higher Seeds

Championship Match – Wednesday, May 27 @Amity Regional HS – 9 am (boys) and 12 noon (girls)

Boys Volleyball

First Round – Tuesday, May 26 @Higher Seeds (6 at 3; 5 at 4)

Semifinals – Wednesday, May 27 @Higher Seeds

Championship Game – Friday, May 29 @Higher Seed – 6 p.m.

Boys Golf

Tuesday, May 26 @The Farms Country Club – time TBD

Girls Golf

Tuesday, May 26 @The Farms Country Club – time TBD

All-Conference Photos

Steady Photography of Branford is the official photographer of the SCC and has taken All-Conference photos for the league since 2013.

Visit the Steady Photography website for a link to purchase All-Conference photos.



Winter Playoff Champions

Congratulations to the 2025-26 winter postseason league champions: **East Haven** (cheerleading), **Daniel Hand** (gymnastics), **Xavier** (boys indoor track), **Mercy** (girls indoor track), **Xavier** (wrestling), **Sacred Heart Academy** (girls basketball), **Notre Dame** (boys basketball), **Masuk co-op** (girls ice hockey), **Fairfield Prep** (boys swimming), **Fairfield Prep** (Div. I boys ice hockey) and **Cheshire** (Div. II boys ice hockey).

Since 1994, the league has offered “postseason” experiences for all of its sports, except football. Visit the SCC website for a complete list of league playoff titles won by each SCC member school since the fall of 1994.

Did You Know?

Cheshire has won the most SCC playoff titles (125), followed by **Amity Regional** (105), **Daniel Hand** (95), **Fairfield Prep** (81) and **Xavier** (71).

Guilford has won 58 league titles, followed by **Hillhouse** (44), **Shelton** (39), **Mercy** (30) and **Notre Dame** (25).

Weightlifting Competition

The 2026 SCC Football Weightlifting Competition was held on Saturday, March 14 at University of New Haven’s Peterson Performance Center.

Team Results: 1. Sheehan, 12,165; 2. Lyman Hall, 12,110; 3. Amity Regional, 11,960; 4. Shelton, 11,835; 5. North Haven, 10,950; 6. Branford, 10,785; 7. Daniel Hand, 10,595; 8. Guilford, 9,245; 9. West Haven, 9,170; 10. Jonathan Law, 8,735; 11. Hamden, 8,605; 12. Wilbur Cross, 5,740



SCC News and Notes

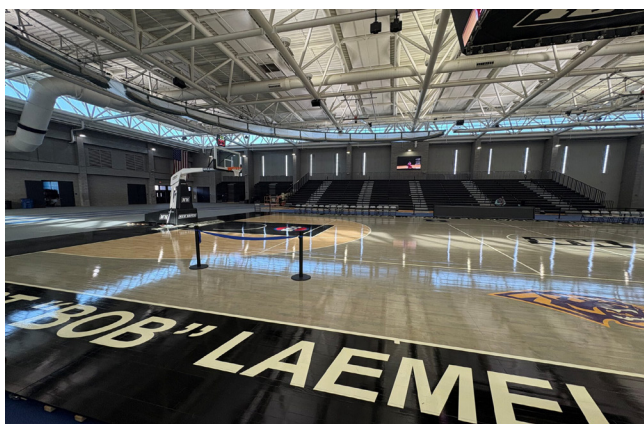
The FLAC is Back!

Congratulations to New Haven Citywide Athletic Director **Erik Patchkofsky** and his entire team for the refurbishment of Floyd Little Athletic Center, which was first opened in 2002.

The FLAC reopened Thursday, Dec. 18 with nearly \$9 million in renovations funded through a state grant, marking the completion of phase one of a major upgrade to New England's largest high school athletic facility.

The renovated center hosted its first basketball games between Wilbur Cross and Hillhouse high schools on a brand-new hardwood floor. The improvements include a replaced rubberized running track, new digital scoreboard over the court and two additional scoreboards above the bleachers. The SCC also hosted its entire indoor track season (9 total meets) at the FLAC.

In addition, former City athletic director **Bob Laemel** was recognized with the naming of the basketball court at the FLAC. Laemel was one of the founders of the Southern Connecticut Conference in the early 1990s. Laemel, along with former Wilbur Cross basketball coach Red Verderame, were feted at a press conference and ribbon cutting with City and State Officials on Dec. 18.



New Baseball Sponsor

The **New England Top 100 Showcase** will be the presenting sponsor for the league's 2026 baseball season and playoffs.

The **New England Top 100 Showcase** is run by former SCC standouts **Peter Civitello** (former student-athlete at North Haven HS and head baseball coach at Guilford HS) and **Michael Moras** (former standout baseball player at Amity Regional HS, and current owner of The CT Grind).

The NE Top 100 Showcase will be held in early June in Connecticut, and will provide an opportunity for student-athletes to compete in front of 20-plus colleges and universities.



"ALL HAIL" The Alliance

The SCC, one of the original members of the **Connecticut High School Football Alliance**, will receive 45 non-conference matchups for the 2026 season.

The Alliance announced its 122-game, 2026 schedule on January 30. A total of 137 teams, including 132 representing all eight high school football leagues and one independent (Amistad), along with three Rhode Island schools (Bishop Hendricken, North Kingstown and Westerly), one Massachusetts team (Shepherd Hill Regional) and one school from Pennsylvania (Scranton Prep) will participate in the during the upcoming 2026 season.

With all leagues participating, week #2 (Sept. 18-19) was designated as the "Alliance Week" with 66 matchups. Week #4 had the next most games with 29. The 66 "week two" matchups were determined based on the teams' final CIAC playoff finish during the 2025 regular-season with three groupings (Classes LL-L, MM-M and SS-S).

Just one of the week 2 games is a "same league" matchup (Lyman Hall vs. Branford, SCC).

Since 2017, SCC teams have recorded a 203-173 (.540 pct.) record in Alliance contests.



Mr. 600!

Mercy head girls basketball coach **Tim Kohs** recorded his 600th career coaching victory on Tuesday, Jan. 20 with a 65-29 SCC home win over Cheshire.

Kohs, who doubles as Mercy's athletic director, recently finished his 33rd season and holds a 612-210 (.745 pct.) career record.

Kohs became the sixth CIAC coach to reach the milestone. The other five: Fred Williams, Northwestern (749); Dave Strong, Masuk (704); Frank Lombardo, Holy Cross (668); Tony Floyd, Bristol Eastern (641); and Nick Economopoulos with stops at Lyman Hall, East Catholic, Coginchaug (619).

Under Kohs' direction, Mercy has won three state championships (1996, 2013 and 2018) and five SCC titles (2007, 2014, 2015, 2017 and 2018) and eight league finals appearances.

