



Southern Connecticut Conference

A Historical Timeline

Updated August 2025

Summer 1991 – A committee of five superintendents, led by chairman and Wallingford superintendent Joe Cirasuolo, begin to explore the possibility of a forming a super conference in the New Haven area. Members of the committee included John Onofrio (West Haven), Dave Shaw (Hamden), Steve Gordon (Bethany-Orange-Woodbridge) and Gene Coppola (Seymour). The impetus for these discussions was the plight of four area high schools who were forced to travel substantial distances in order to have a full sports schedule. Other concerns were raised including the changing size of student enrollment in area high schools and racial/ethnic isolation.

November 19, 1991 – The All Connecticut Conference is reduced to six schools after East Catholic of Manchester decides to leave the league at the conclusion of the 1991-92 school year.

March 10, 1992 – A meeting was held at Carrigan Middle School in West Haven with area superintendents to discuss a proposal for a super conference. Thirty-two high schools were contacted about potential interest.

October 1992 – Jim Benanto, athletic director at Shelton High School, agrees to chair a Planning Group to develop proposals about the mega conference, specifically divisional formats.

January 19, 1993 – Twenty-seven schools attend a meeting hosted by Peter Young, executive director of ACES, with the purpose of reviewing proposals for the mega conference.

May 13, 1993 – Twenty-one schools attend a meeting, led by Shelton athletic director Jim Benanto, to discuss and finalize proposal of a mega conference to area superintendents and principals. The conference would be divided into three divisions, and three different scheduling formats are proposed for sponsored sports. The consensus philosophy for scheduling in this mega conference is developed – creating fair, equitable and complete schedules – for all member schools.

October 5, 1993 – A working meeting is held at ACES to formulate three working committees – constitution, scheduling and non-athletic concerns – for the new regional athletic conference.

October 7, 1993 – Seymour is officially invited to join the Naugatuck Valley League making it the only existing Housatonic League school not to move to the new mega conference.

October 21, 1993 – The still unnamed mega conference holds a meeting to compile schedules for the 1994 fall sports season.

January 10, 1994 – A meeting is held at Cheshire High School with athletic directors and head coaches of the fall and spring sports to introduce the new league and schedules for the upcoming 1994-95 season.

February 3, 1994 – The Southern Connecticut Conference is officially founded with twenty member schools. All twenty schools reaffirm commitment to the new conference with a letter to Peter Young, the executive director of ACES. Nine members of the Housatonic League, five members from the All-Connecticut Conference, four from the District League and two from the Shoreline Conference, make up the 20. A committee, chaired by East Haven principal Norman DeMartino and Wilbur Cross principal Thomas Ragozzino, complete and issue the league's Constitution and By-Laws.

May 5, 1994 – At a press conference at ACES in Hamden, Sal Cavallaro, a former principal, is introduced as the league's first Executive Secretary. Branford principal Dr. Ed Higgins was named as the first president of the league. Dr. Tom Neagle (Notre Dame principal) is named Secretary, while Sheehan athletic director John Novakowski is voted as treasurer.

June 23, 1994 – The new conference holds its first official Athletic Directors meeting at ACES. The meeting is chaired by Branford's co-athletic directors Sav Synodi and Jake Palluzzi. At this meeting, the group decides on the names of the three divisions – Hammonasset, Housatonic and Quinnipiac – symbolizing three Native American rivers in the New Haven County.

July 29, 1994 – Executive secretary Sal Cavallaro unexpectedly passes away. Three months later, Bill O'Brien, a well-known sports community leader and banking executive, is named Executive Secretary.

September 13, 1994 – The SCC holds its first Captains Council event, a breakfast meeting at Sheehan High School that attracts over 350 fall sport captains.

September 14, 1994 – The first official day of competition for the Southern Connecticut Conference with contests in field hockey, boys and girls soccer, boys and girls cross country and girls volleyball.

September 17, 1994 - North Haven defeats Hillhouse, 28-20, in the first-ever SCC football game – a Hammonasset Division contest.

October 8, 1994 – Branford and Hillhouse play to a 13-13 tie in a Hammonasset Division football matchup. It is the first tie in SCC history.

October 17, 1994 – Cheshire wins the first-ever SCC girls swimming championship, held at North Haven High School. The Rams totaled 531 points, finishing well ahead of second-place East Haven (298).

October 21, 1994 – With a 2-0 win over Branford, Guilford clinches the first-ever Hammonasset boys soccer division title. Amity (Housatonic) and West Haven (Quinnipiac) are the other divisional champions. There was no postseason boys soccer tournament.

October 22, 1994 – Cheshire (girls) and Xavier (boys) win the first-ever SCC Cross Country titles at the championship meet held at Orange Junior High School.

October 28, 1994 - With a 7-0 win over New Haven, Guilford completes a perfect 12-0 league mark in girls soccer play. There is no SCC postseason tournament.

October 29, 1994 – Cheshire (Class L girls) and Xavier (Class LL boys) win cross country state titles at Wickham Park in Manchester. It is the first two state titles won by SCC member schools.

November 2, 1994 – With a 2-0 victory over Lyman Hall, Cheshire clinches the first SCC field hockey regular-season title. The Rams finish 7-0-1, just ahead of Guilford (7-1).

November 5, 1994 – Third-seeded Guilford defeats top-seeded Amity, 3-1, at Branford High School to win the first-ever SCC girls volleyball playoff title.

November 11, 1994 – Cheshire (5-0) clinches the first-ever Housatonic Division football title with a 35-0 shutout over Sheehan. West Haven (5-0) seals the Quinnipiac Division title with a 42-12 win over Hamden.

November 18, 1994 – The SCC hosts the first “A World of Difference - Cultural Diversity Program” event at the Regional Water Authority in New Haven. Forty-two students (2 from each school) along with a faculty advisor participated.

November 24, 1994 – Hand clinches the outright Hammonasset Division football title after blanking Guilford, 33-0, on Thanksgiving Day.

December 2, 1994 – Cheshire defeats Simsbury, 45-27, in the Class L football championship game. It is first state title won by a SCC football team.

February 16, 1995 – The SCC hosts the first All-League football banquet at the Aqua Turf in Southington. Seventy-eight student athletes are honored and listen to guest speaker George DeLeone, then-offensive coordinator at Syracuse University.

February 22, 1995 – The first SCC girls' basketball tournament, an eight-team affair held at Branford High School, concludes with second-seeded Shelton defeating top-seeded Sacred Heart Academy, 42-36, in the championship game.

March 1, 1995 – The first SCC boys' basketball tournament, an eight-team affair held at Sheehan High School, concludes with top-seeded Xavier defeating sixth-seeded Fairfield Prep, 62-36, in the championship game.

March 3, 1995 – Cheshire captures the first SCC boys swimming title, totaling 413 points at the SCC Championships at Yale University's Kiputh Pool. Fairfield Prep is the runner-up with 368 points.

March 19, 1995 – The SCC hosts an Arts Exposition at the Yale Art Gallery (visual arts display) and Woolsey Hall (drama productions and musical concerts).

April 3, 1995 – Forty students are recognized at the first SCC scholar leader recognition banquet at Amarante's Sea Cliff in New Haven.

May 23, 1995 – Wilbur Cross wins the team title at the SCC boys outdoor track & field championship meet, held at West Haven High School. Xavier is the runner-up.

May 23, 1995 – Amity defeats Hand, 5-2, to clinch the first-ever SCC girls tennis regular-season title. The loss also snapped the Tigers' 102-match regular-season winning streak.

May 24, 1995 – Cheshire (77) edges Amity (65) to win the team title at the first-ever SCC girls outdoor track & field championship meet, held at Cheshire High School.

May 26, 1995 – In boys lacrosse action, Fairfield Prep defeated Cheshire, 17-13, and Hand defeated Guilford, 15-1. As a result, Prep, Cheshire and Hand share the 1995 SCC regular-season title.

May 26, 1995 – Notre Dame defeats city-rival West Haven, 2-1, in the first-ever SCC baseball championship game, held at Yale Field.

May 30, 1995 – At the Yale University Golf Course, Fairfield Prep wins the first-ever SCC golf title, shooting 310 – 18 strokes ahead of runner-up Cheshire.

June 3, 1995 – The Amity boys volleyball team completes a 20-1 season with a 3-1 victory over St. Joseph in the Class L state championship match.

June 20, 1995 – The SCC hosts a Senior All-Star baseball game at Yale Field. The Americans, led by North Haven head coach Bob DeMayo, defeat the Nationals, 10-8.

October 24, 1995 – Notre Dame junior Dan Wilson wins the SCC boys cross country championship. Wilson would win every dual and invitational he competed in and finished first in both the Class L and State Open championships. Three weeks later, Wilson finished second in the New England championships.

October 27, 1995 – Cheshire defeats Shelton, 3-0, in a battle of Housatonic Division football powers. Both teams would go on to win state championships.

November 18, 1995 – In their third meeting of the season, SCC members Branford and Amity compete for the Class L field hockey state title. Branford won the first two meetings in the regular season, but Amity prevails, 1-0, to win the state title. The meeting also marks the first time two league schools meet in a state championship contest.

November 18, 1995 – SCC wins two boys soccer state titles as Hand defeats Farmington, 5-1, in the Class L final, while Xavier captures the Class LL crown with a 2-1 win over Simsbury.

November 18, 1995 – The Amity girls volleyball team finishes off a perfect 24-0 season with a 3-0 victory over Southington in the Class L state championship match.

November 28, 1995 – Three teams from the Housatonic Division – Cheshire (Class L), Shelton (Class LL) and Sheehan (Class S) – qualify for the state football playoffs.

December 3, 1995 – Cheshire blanks Rockville, 28-0, in the Class L football championship game to complete a perfect 12-0 season. The Rams record eight shutouts and allow just 33 points all season – an average of 2.8 points a game.

March 2, 1996 – Derby junior wrestler Mike Marcucio finishes off a perfect 44-0 record as he wins the New England title in the 125-pound weight class. Marcucio also won the SCC, Class S and State Open titles.

March 9, 1996 – Led by Davidson-bound Jen O'Brien and her game-high 21 points, Mercy wins the Class L girls basketball title with a 67-54 victory over Bristol Central.

March 16, 1996 – Fairfield Prep captures the Division I ice hockey title with a 3-0 win over New Canaan. Four SCC teams – Prep #1, Notre Dame #2, Hamden #4 and East Haven #7 – are ranked in the *New Haven Register's* season-ending Top Ten poll.

May 30, 1996 – Fairfield Prep wins the first-ever SCC boys lacrosse playoff title with a 16-8 victory over Cheshire at Strong Field in Madison.

May 30, 1996 – Amity wins the first-ever SCC boys volleyball playoff title, defeating Hand, 3-1. Amity and Hand had tied for the regular-season title (7-1).

June 4, 1996 – The Fairfield Prep golf team finished the regular-season with a perfect 21-0 dual match record and won the SCC championship, but Amity captured the Division I state title at Torrington Country Club when it defeated Glastonbury in a five-hole playoff.

June 7, 1996 – Fairfield Prep (Class LL) and Cheshire (Class L) each win boys tennis state titles.

June 8, 1995 – Notre Dame (Class L) and Derby (Class S) capture state baseball titles. Notre Dame (24-2) defeated Watertown, 8-2, while Derby (15-10) overcame Shepaug Valley, 8-5.

October 4, 1996 – Fairfield Prep ends Cheshire's state-record 49-game football winning streak with a 14-6 win at Alumni Field. It was Cheshire's first loss since falling to Shelton, 20-0, on November 15, 2001.

October 29, 1996 – Freshman Sarah Bowman wins the 200 IM and 100 butterfly to lead Cheshire to the SCC girls swimming title. Bowman would be named by the *New Haven Register* as its All-Area Swimmer of the Year.

November 16, 1996 – The Guilford boys soccer team completes a perfect 21-0 season with a 1-0 win over Staples in the Class L state championship game. The Indians finish the season ranked number one in the final *Hartford Courant* state poll and fourth in the Umbro/National Soccer Coaches Association of America national poll.

December 7, 1996 – At Strong Stadium in West Haven, Cheshire wins the battle of SCC schools when it defeats Hamden, 16-14, in the Class LL football championship game.

March 1, 1997 – The SCC hosts its first ice hockey postseason tournament. Regular-season champions Fairfield Prep (Division I) and East Haven (Division II) both prevail in their respective championship games. Prep defeated Notre Dame, 5-2, while East Haven cruised past Cheshire, 14-2.

March 4, 1997 – In a tightly contested meet, Amity (375 points) prevails in the SCC boys swimming championships, just ahead of Fairfield Prep (349) and Cheshire (335).

March 12, 1997 – In a battle of SCC ice hockey heavyweights, Notre Dame defeats Fairfield Prep, 4-2, in the Division I state semifinals at Ingalls Rink in New Haven. Three days later, Notre Dame won the Division I state title.

March 22, 1997 – Behind 27 points and 12 rebounds from Dan Flaherty, Fairfield Prep (22-4) defeats Norwalk, 66-60, to win the Class LL boys basketball state championship. It is the first state title for the SCC in the sport of boys basketball.

May 20, 1997 – Hand captures the first SCC girls lacrosse playoff title, defeating Mercy, 7-6, at Strong Field in Madison.

May 23, 1997 – In the first season of divisional play in girls tennis, Hand (8-0 in Hammonasset), Hamden (6-0 in Quinnipiac) and Cheshire (6-0 in Housatonic) capture titles.

June 11, 1997 – The SCC completes one of the most impressive outdoor track & field seasons in state history as league members capture seven state championships. The Hillhouse girls team wins the Class L and State Open titles, while North Haven wins the Class MM championships. On the boys side, Hillhouse (Class MM and State Open), Xavier (Class LL) and Notre Dame (Class L) all win titles.

October 23, 1997 – The Board of Governors accept Career Magnet as the 21st member of the SCC. Career will begin varsity play starting with the 1999-2000 season.

November 1, 1997 – In the first year using an eight-team field, seventh-seeded Lyman Hall wins the SCC girls volleyball playoff title. The Trojans, still the lowest ranked team to win a SCC playoff title, defeat #2 Amity (3-2), #3 Branford (3-2) and top-seeded Cheshire (3-2) to win the championship.

November 8, 1997 – Fairfield Prep won the SCC, Class LL and State Open cross country championships, but Xavier wins the New England Championships, held at Franklin Park in Boston.

November 17, 1997 – Housatonic Division rivals – Cheshire and Amity - meet for the Class L state girls volleyball title at East Haven High School. Amity wins 3-2 for its first state title since 1976.

December 6, 1997 – Hand caps off a perfect 13-0 season with a 14-7 victory over Staples in the Class L football championship game at Strong Stadium in West Haven. The 13 wins remains a SCC record.

March 5, 1998 – Second-seeded Wilbur Cross defeats city-rival and top-seeded Hillhouse, 81-78, in the SCC boys basketball championship game at East Haven High School. It is the Governors' first of three straight SCC titles.

March 7, 1998 – Hand wins its second straight Class S gymnastics title.

March 14, 1998 – After losing in the state finals the previous three years, East Haven wins the Division II state ice hockey title with a 7-1 victory over Newington at the New Haven Coliseum.

June 14, 1998 – Cheshire wins the Class LL boys tennis title, while Fairfield Prep places second.

June 16, 1998 – The Lyman Hall softball team wins the Class LL state championship with a 1-0 extra inning victory over Southington at Falcon Field in Meriden. The Trojans (25-1) are voted as the top team in the final state poll.

February 13, 1999 – Guilford, Derby and East Haven tie for the SCC wrestling regular-season title with identical 7-1 records. However, Guilford took the team title (208.5 points) at the SCC championship meet.

March 13, 1999 – The 15th-seeded Hand girls basketball team wins the Class L state championship, 72-68, over ninth-seeded Killingly at Central Connecticut State University. The Tigers, who finished third in the Hammonasset Division behind Guilford (25-2) and Hillhouse (24-3) during the regular-season, finished the season 18-7.

June 8, 1999 – North Haven junior Kim Piazza topped Barbara Schumsky of Conard in the CIAC State Open singles tennis final. Piazza finished the season with a perfect 26-0 singles record.

February 27, 1999 – The SCC has three of the top four places at the CIAC Indoor Track State Open. Xavier places first, followed by Fairfield Prep (second) and Hamden (fourth).

June 13, 1999 – Guilford outfielder Adam Greenberg, who would attend the University of North Carolina on a baseball scholarship and later play professionally, earns SCC All-Hammonasset Division honors for the fourth consecutive year.

September 18, 1999 – Derby and Wilbur Cross play the highest-scoring football game (117 combined points) in SCC history. The Red Raiders win 62-55.

February 12, 2000 – After completing the dual-match season with a perfect 27-0 record, including 8-0 in the SCC, Derby captures the team title at the SCC wrestling championship meet. The Red Raiders would go on to win the Class S state title a week later.

February 14, 2000 – The girls basketball regular season ends with seven teams sharing division titles. Guilford and Hillhouse shared the Hammonasset Division title with 9-1 records, while Sheehan and Lyman Hall split the Housatonic title (9-1). In the Quinnipiac Division, a three-way tie (5-3) occurred between Wilbur Cross, Mercy and Hamden.

May 24, 2000 - Nick Cook (Fairfield Prep) and Brett Stegmaier (Daniel Hand) both shoot 74 (+3) to share medalist honors at the SCC Boys Golf championship at New Haven Country Club.

May 27, 2000 – Shelton wins the SCC baseball title with an 8-2 victory over Notre Dame. The Gaels were the Housatonic Division regular-season champions with a perfect 12-0 mark – the best division mark in league history.

June 9, 2000 – In a matchup of SCC rivals, Notre Dame blanks Cheshire, 4-0, in the Class LL state championship game at Yale Field. The Green Knights finish 22-5, while the Rams complete their season with an 18-7 mark.

September 20, 2000 – The Hamden girls volleyball team snaps Mercy's 32-match Quinnipiac Division winning streak with a 3-2 victory. Mercy's previous loss in divisional play occurred on October 26, 1995 – a 3-2 loss to Sacred Heart Academy.

October 24, 2000 – Branford defeats Lyman Hall, 3-0, to clinch its third straight SCC field hockey regular season title. The Hornets are 23-0-1 in league play over those three seasons.

November 15, 2000 – Branford holds off New Canaan to win the Class M girls swimming state title. That same evening, Cheshire rolled to its 19th straight Class L state title.

November 18, 2000 – The Sheehan girls volleyball team, which captured the Housatonic Division and SCC playoff titles, finishes the season in grand style with the Class M state championship. The Titans, who finished the year with a perfect 25-0 mark and top ranking in the state, defeated future SCC-member Foran, 3-0, at East Haven High School.

December 2, 2000 – Led by UConn-bound and future NFL quarterback Dan Orlovsky, Shelton wins the Class LL football title with a 22-8 victory over Greenwich. The Gaels finish the season with a perfect 12-0 record.

February 27, 2001 – Cheshire won the SCC boys swimming regular-season crown (12-0), but Amity prevails in the SCC championship meet, held at Southern Connecticut State University. The Spartans total 873 points followed by Cheshire (720).

March 10, 2001 - Guilford completed a perfect 27-0 season by winning the Class L girls basketball state championship. The Indians, which won the Hammonasset Division and SCC playoff titles, defeated Brien McMahon, 87-60, in the final at Central Connecticut State University.

March 10, 2001 – In an all-SCC final, Fairfield Prep defeats Notre Dame, 8-0, at Ingalls Rink to win the Division I state ice hockey title. It is the Jesuits' second straight state title.

May 31, 2001 – The SCC boys lacrosse playoffs move to a two-division format. At West Haven High School, Fairfield Prep defeats Cheshire, 8-6, in the Division I final, while Xavier holds off Amity, 14-12, in the Division II final.

June 5, 2001 – Amity defeats Glastonbury, 3-0, in the semifinals of the Class L boys volleyball semifinals. It was the Spartans' 60th straight victory. Three days later, Amity's winning streak came to a close with a 3-0 loss to Trumbull in the championship match.

June 5, 2001 – The SCC and New Haven reigns as the high school outdoor track capitol of Connecticut as Wilbur Cross (boys) and Hillhouse (girls) win State Open titles at Willow Brook Park in New Britain.

June 8, 2001 – After finishing third in the competitive Housatonic Division, the Sheehan baseball team wins the Class M state championship. Led by pitcher Zane Honious, the Titans (19-5) won their first state title by blanking Plainville, 7-0, at Yale Field.

September 22, 2001 – Cheshire defeats Branford, 1-0, in SCC field hockey action. It is Branford's first loss in league play in 26 games (23-0-2) dating back to October 22, 1997 when Cheshire won 5-0.

November 14, 2001 – Cheshire and Amity place 1-2 at the Class L state girls swimming meet. It is the Rams' 20th straight state title.

November 17, 2001 – The SCC has three teams in the field hockey state finals. Cheshire defeats league-rival Guilford, 2-1, in overtime in Class L, while Branford topped Pomperaug, 4-1, in the Class M final.

December 1, 2001 – Notre Dame stuns top-ranked Fitch, 35-15, to win the Class L state football title. It is ND's first state title since 1991.

December 3, 2001 – North Haven senior Tiffany Weimer earns All-Hammonasset girls soccer honors for the fourth straight season. Weimer would go on to play at Penn State and earn All-America honors for the Nittany Lions before playing professionally overseas and with the FC Gold Pride in the Women's Professional Soccer League.

December 18, 2001 – East Haven defeats Hillhouse, 65-58, in an Hammonasset Division boys basketball contest. The win snaps the Academics' 32-game division winning streak. Hillhouse's last division loss occurred on February 10, 1998 – a 63-60 setback to Guilford.

February 28, 2002 – After winning its first Housatonic Division title (9-1), the Career boys basketball team captures the SCC playoff title with a 69-57 win over cross-town rival Wilbur Cross.

March 9, 2002 – Notre Dame skates past New Canaan, 4-1, to win the Division I state ice hockey championship. The Green Knights (20-3-1) earn the state's top ranking in the final *New Haven Register* state poll.

March 13, 2002 – Four SCC teams - Cheshire (1st), Notre Dame (2nd), Amity (3rd) and Branford (4th) - finish in the top four at the Class L boys swimming championship meet at Southern Connecticut State University.

June 8, 2002 – 23rd-seeded Lyman Hall wins the Class L state baseball title with a 5-2 win over SCC-rival East Haven at Yale Field. The Trojans, who were fifth in the seven-team Housatonic Division during the regular season, finished with an 18-7 final record.

June 6, 2002 – Fairfield Prep (Class LL) and Cheshire (Class L) each win state championships in boys tennis. Prep (Quinnipiac) and Cheshire (Housatonic) each won their respective division regular-season titles with perfect 10-0 dual-match records.

June 8, 2002 – Cheshire wins the Division I boys lacrosse state title with a 11-10 win over Glastonbury. It is the Rams' first-ever state title.

October 15, 2002 – The New Haven Athletic Center opens its doors. The all-purpose field house is 105,000 square feet and is the largest athletic facility in the state of Connecticut. In addition to hosting athletic events for the three city schools, the athletic center will be the home of SCC indoor track meets as well as numerous other league activities.

November 2, 2002 – Two of the three Housatonic Division regular-season tri-champions - Cheshire and Amity (Sheehan is the other) - meet in the SCC girls volleyball championship match. Cheshire prevails, 3-2.

November 15, 2002 – Hand freshman Kristen Frost wins the 200 and 500 yard freestyle events at the CIAC State Open. Frost would be named *New Haven Register* All-Area Swimmer of the Year.

November 16, 2002 – Branford completes a 17-0-2 year with a 2-0 win over Farmington in the Class M field hockey championship game at Trinity College.

December 7, 2002 – Two SCC football teams win state titles. West Haven captures the Class LL title with a 20-13 win over Greenwich. The Blue Devils would be named the consensus number-one team in the state and win the Kelly Award from the Walter Camp Football Foundation. A day later, Hillhouse wins the Class SS title with a 29-6 rout of Montville.

December 31, 2002 – SCC Commissioner Bill O'Brien named the *New Haven Register* Sports Person of the Year.

February 1, 2003 – In the first SCC indoor track championship meet at the New Haven Athletic Center, Wilbur Cross (boys) and Hillhouse (girls) win titles. Hillhouse would go on to win the both the Class M and State Open championships.

March 15, 2003 – Two weeks after meeting in the SCC championship game, Guilford defeats Hillhouse, 61-41, in the Class L girls basketball state championship game at Central Connecticut State University. That same day, Career wins its first-ever state title with a 59-46 victory over Northwestern Regional in Class M.

March 18, 2003 – Notre Dame, Amity, Cheshire and Branford finish 1-2-3-4 at the Class L boys swimming championships held at Wesleyan University.

April 1, 2003 – The SCC hosts the first week-long Arts Exhibition at the Creative Arts Workshop in New Haven. Fairfield Prep's James Colin Oulighan wins first prize for an etching.

May 12, 2003 – Shelton boys volleyball team defeats Amity, 3-2, ending the Spartans' 57-match regular-season league winning streak. Amity's last league loss was on April 4, 1996 (3-1, Hand).

May 29, 2003 – The Fairfield Prep boys tennis team blanks Hamden, 7-0, to finish the regular season with a perfect 16-0 record.

May 30, 2003 – In the longest game in SCC softball postseason history, Amity defeats Hand, 3-2, in 15 innings. The Spartans would go on to win the Class LL title and finish a perfect 25-0 and earn the top ranking in the state.

June 14, 2003 – In a three-overtime classic, Branford defeats SCC-rival Amity, 9-8, in the Division II boys lacrosse state championship game.

June 15, 2003 – North Haven wins the Class L baseball title with 10-0 shutout of Seymour. It was also head coach Bob DeMayo's 700th career victory.

June 17, 2003 – Lyman Hall wins the Class L softball title with a 4-0 win over Seymour. The Trojans finish 23-2 with their only two losses came to Housatonic Division rival and top-ranked Amity.

September 26, 2003 – Hand defeats Guilford, 1-0, in a Hammonasset Division boys soccer match. It is Guilford's first divisional loss in 66 contests (62-0-4). The Indians' previous loss in divisional play occurred on October 30, 1995 – also a 1-0 setback to Hand.

September 27, 2003 – Fairfield Prep scores a record 75 points in a 75-0 football victory over East Haven.

November 15, 2003 – At Willow Brook Park in New Britain, two SCC girls soccer teams – Cheshire and Guilford – capture state titles. Cheshire (19-1-2) defeats Fairfield, 1-0, to win the Class LL title, while Guilford (19-1-1) plays to a 1-1 tie with Farmington to share the Class L trophy.

December 2, 2003 – The SCC Board of Governors voted to accept the City of Milford's application for Jonathan Law and Foran high schools to join the SCC. As a result, the Board of Governors realigned the football league into four divisions of five teams – based on enrollment and strength of program.

December 8-10, 2003 – Three SCC football teams appear in state championship games at West Haven High School over a three-day period. On December 8, Shelton defeats Staples, 35-18, in Class L. A day later, Hand blanks Ledyard, 28-0, in Class M. Finally on December 10, West Haven falls to New Britain, 13-0. The SCC had four teams ranked in the final top ten polls - Shelton #3, West Haven #4, Hand #5 and Amity #9.

March 13, 2004 – The SCC confirmed itself as the most powerful ice hockey league in the state as the Division I and II championship games at Ingalls Rinks involved four league members. In Division I, Fairfield Prep defeated Notre Dame, 3-1. Four days earlier, Prep outlasted SCC-rival West Haven in double overtime in the semifinals. In the Division II title game, North Haven overcame Hand, 3-1.

March 13, 2003 – Hillhouse completes a 27-1 season with the Class L girls basketball state title. The Academics defeated Pomperaug, 62-53, in the championship game at Central Connecticut State University.

May 21, 2004 – Bill O'Brien decides to step down after 10 years as Commissioner. O'Brien is replaced by Al Carbone.

May 27, 2004 – In 12 innings, Amity outlasts North Haven, 1-0, in the SCC baseball semifinals – the longest postseason game in league history.

June 11, 2004 – Shelton defeats Ridgefield, 3-1, to capture the Division I boys volleyball state title. The Gaels finish the season 22-0.

August 25, 2004 – The SCC realigns into four divisions and announces the name of its fourth division – Oronoque.

October 5, 2004 – With a 3-1 victory, the Hand girls' soccer team ends Guilford's 35-match winning streak in divisional play. Guilford's last loss in divisional play occurred on October 16, 1999 – a 2-1 loss to Hand.

October 22, 2004 – East Haven and North Haven play to a 40-40 tie in a SCC Division II East football contest. It is the highest-scoring tie game in league history.

October 27, 2004 – Guilford wins both the SCC boys and girls cross country titles. Guilford senior Jay Koloseus sets a boy's meet record with a 15:59 finish. Both teams would go on to win state titles as well.

January 28, 2005 – The SCC goes online – www.southernconnecticutconference.org.

February 11, 2005 – The Amity boys and girls indoor track teams both capture state titles at the Class LL meet held at the New Haven Athletic Center. A day later, the Hillhouse (Class L girls) and Career (Class S girls) also win state championships.

June 11, 2005 – After defeating league rivals Cheshire (quarterfinals) and Mercy (semifinals), Amity wins the Class LL softball title with a 2-0 victory over Bristol Central. The Spartans finish the season with a perfect 25-0 record and earn the number-one ranking in the final state polls.

November 19, 2005 – In a matchup of SCC standouts, Branford defends its Class M field hockey championship with a 1-0 victory over Hand. It was the Hornets' 10th overall title.

December 3, 2005 – A record three SCC teams win CIAC state football titles. In a battle of SCC teams, Hand defeats Hillhouse, 35-0, in the Class M football championship game at Central Connecticut State University. Branford won its first state title with a 13-12 win over East Lyme at West Haven High School. Later that evening, Xavier completes a perfect 12-0 season with a 45-30 victory over Southington in the Class LL. The Falcons would be honored as the consensus number-one team in the final state polls.

February 2, 2006 – The SCC Board of Governors approved changes to several spring postseason tournament formats. The baseball tournament field increased from four to six teams and softball expanded from four to eight teams. After several years of holding Division I and II playoffs, boys lacrosse moved to an eight-team playoff to decide one champion.

February 4, 2006 – The SCC hosted its first-ever Cheerleading Competition at Shelton High School. Fourteen SCC schools participated in three different categories – 14-under squad size, 15-over squad size, and co-ed. Hamden (14-under), Shelton (15-over) and Branford (co-ed) were first-place winners. Cheshire won the Spirit Award.

March 17, 2006 – SCC ice hockey teams appeared in all three state championship games. Hand wins the CIAC Division II state ice hockey title with a 1-0 victory over New Canaan. A day later, Cheshire wins the Division III championship with a 2-0 win over Newington. In the Division I final, Hamden falls to Notre Dame-Fairfield, 4-2. In total, nine SCC teams reach the quarterfinals in their respective divisions (4 in Division I, 3 in Division II and 2 in Division III).

March 18, 2006 – The Hillhouse boys basketball team completed a perfect 27-0 season with an 81-43 romp over East Catholic in the Division I state championship game at the University of Hartford. The Academics, who two weeks earlier won their first SCC title since 1996, won their first state title since 1990 and were the consensus number-one team in the final state polls.

May 18, 2006 – The league’s Board of Governors approved Division II ice hockey postseason tournament for the 2007-08 season. It would be the league’s first postseason tournament since 1999.

May 27, 2006 – Amity (boys) and Cheshire (girls) win SCC tennis playoff titles. It was the first-ever postseason tournament – a four-team single-elimination format - for the sport. Amity defeated Branford, 4-0, in the boys final, while Cheshire defeated Hand, 5-2, in the girls title match.

June 10, 2006 – Fairfield Prep outlasts Norwalk, 13-12, in four overtimes to win the Class L boys lacrosse state title. Down five goals with 10 minutes left in the fourth quarter, Prep rallied and tied the game to force overtime.

June 10, 2006 – Max Russell pitched a six-hitter as Amity defeated Bristol Central, 3-2, to win the Class LL baseball title at Yale Field. Russell won three games in the tournament and saved another allowing just two runs in 19 2/3 innings of work. It was the Spartans’ first state title.

June 12, 2006 – In a rematch of the SCC final played 17 days earlier; Mercy, behind 14 strikeouts from pitcher Tory Satagaj, defeated Amity, 4-1, in the Class LL softball championship game at West Haven High School. It was Mercy’s first state title since 1994 – when it also defeated Amity in the final.

October 5, 2006 – The SCC/SportsCenter of Connecticut Scholar Athlete of the Month program kicks off. Each month, 14-16 student-athletes, selected by their school’s athletic directors and coaching staffs, will be recognized. Each recipient receives a certificate, commemorative tee-shirt and a SportsCenter activity pass.

December 31, 2006 – Hillhouse head coaches Eric Barbarito (football) and Kermit Carolina (boys basketball) are honored by the *New Haven Register* as its “Sports Persons of the Year.”

February 8, 2007 – For the first time in the league's history, a team other than Hand won the SCC gymnastics title. Jonathan Law won the championship with 133.65 points, narrowly defeating city-rival Foran (133.20).

March 17, 2007 – At Gampel Pavilion in Storrs, the Hillhouse boys basketball team wins its second straight state title – again defeating East Catholic, 55-39. The Academics (27-1) repeat as the consensus number-one team in the final state polls.

April 17, 2007 – The SCC athletic directors vote to expand the boys and girls basketball tournament fields. All teams that win at least eight regular-season games qualify for the tournament.

April 22, 2007 – Daniel Hand is named the overall winner of the Michaels Achievement Cup, the standard of excellence for high school sports programs in Connecticut. Hand is the first SCC school to receive the honor.

September 28, 2007 - The Shelton-Fairfield Prep football game was televised on MSG. It was the first time two SCC schools were showcased on the highly-popular regional sports network. In front of an enthusiastic crowd of 6,000, the Gaels nipped the Jesuits, 26-21. The game and telecast was deemed as “one of the best ever” by Mike Quick, MSG’s high school sports director.

October 12, 2007 – The SCC hosted its first-ever Unified Sports event. Five schools – Amity, Cheshire, West Haven, East Haven and Wilbur Cross - participated in a soccer tournament at Amity Regional High School.

October 15, 2007 - With a 112-66 victory over Branford, the Cheshire girls swimming team set the national record with its 235th consecutive dual-meet victory. Elkhart Central High in Indiana had won 234 in a row (1980-94). Coincidentally, Cheshire beat Branford in the last meet of the regular season in 1986 to start the streak.

October 19, 2007 – Wilbur Cross and Hamden play to a 7-7 tie. It is the final tie-game in SCC football history.

November 9, 2007 – A week after scoring 61 points in a win over Foran, the North Haven football team scores 75 – tying a league single-game record - in a 75-26 win over Derby.

November 27, 2007 – North Haven earns its first-ever football state playoff appearance. However, the Indians fall in the Class MM semifinals to SCC-rival Hand, 35-7.

February 23, 2008 – Two days after defeating 3rd-ranked Branford in the first round, the 14th-seeded Amity boys basketball team upsets two-time defending SCC champion Hillhouse, 61-52, in the SCC quarterfinals. The Spartans would go on to defeat seventh-seeded Career in the semifinals before falling top-seeded Wilbur Cross in the championship game.

March 8, 2008 – Behind a game-high 40 points from Illicia Mathis, Career wins the Class LL girls basketball state title with a 71-66 over New Britain. The Panthers (26-2) would finish as the number-one girls basketball team in the final state polls.

March 14, 2008 – Just two weeks after winning the SCC Division II playoff title, the Amity ice hockey team captures its first-ever state championship with a 5-1 win over Fairfield.

March 15, 2008 – After an uncharacteristic regular-season, Fairfield Prep rebounds and wins the Division I ice hockey state title – its sixth state championship since 2000 –with a 5-3 win over Notre Dame-Fairfield at Ingalls Rink.

May 24, 2008 – Notre Dame becomes the lowest-seeded team to win the SCC baseball championship. The sixth-seeded Green Knights dethrone three-time defending champion Amity, 10-8, in the finals at Yale Field.

June 3, 2008 - Four of the five teams in the SCC's Hammonasset Division reached the state baseball semifinals. Three of the schools - Guilford, Hand and Jonathan Law - were in Class L, while Foran was in Class M. Jonathan Law, which defeated defending Class L champion and SCC-rival Guilford in the semifinals, went on to win its first-ever state title - a 7-1 win over Fairfield Ludlowe on June 7 at Palmer Field. A fifth SCC school - Amity reached the Class LL semifinals for the sixth straight season before falling to eventual champion Westhill, 2-1. Regardless, the SCC had a state-best seven teams reach the quarterfinal round and another state-best five reach the semifinals.

August 14, 2008 – WTNH TV 8/My TV 9 announce a “High School Game of the Week” television package that involves seven football games involving 10 SCC schools. The station will also televise boys and girls basketball in the winter.

September 3, 2008 – The league's athletic directors voted unanimously (20-0) to adopt a tie-breaker for regular-season football contests. The decision to implement the tiebreaker aligns the SCC with the same overtime policy currently used in the postseason by the CIAC.

October 29, 2009 – After 100 minutes of scoreless play, the SCC boys soccer championship match between Guilford and Amity is decided by penalty kicks. Amity prevails, 3-2, to win its first-ever league title.

December 23, 2008 – One of the SCC's original members – Derby – accepts an invitation to compete in the Naugatuck Valley League starting in fall 2009.

February 6, 2009 – For the first time, two teams tie for the SCC girls indoor track title. Cheshire and Hillhouse each finish with 70 points sharing the league championship.

March 15, 2009 – The SCC baseball playoffs expands to eight (4 division winners plus four wild cards) teams in 2009. For the previous three seasons, the SCC baseball playoffs included six teams.

March 23, 2009 – Hillhouse, which won the SCC and Class L titles, finished as the top girls basketball team in the *New Haven Register*, *Hartford Courant* and Connecticut SportsWriters Alliance season-ending state polls. The Academics defeated Fairfield Warde, 65-59, in the Class L title game on March 20 at the Mohegan Sun Arena. Two other SCC teams - SCC and Class LL runner-up Career and Class LL quarterfinalist Mercy - also were ranked in the top ten.

March 25, 2009 – The 2009 SCC regular-season and state Division I champions, Hamden (19-4-1) finished as the top team in the final *New Haven Register* and *Hartford Courant* state rankings. Hamden, which defeated Glastonbury, 4-1, in the Division I

championship game on March 21, was one of five SCC Division I teams (Fairfield Prep, Xavier, West Haven and Notre Dame) to be ranked in the final polls. In addition, 2009 SCC Division II regular season and playoff champion Cheshire captured the state Division II crown with a 3-2 victory over Enfield on March 20. The Rams finished seventh in the final *New Haven Register* state poll.

April 26, 2009 – Amity senior wrestler Steve Matson, who overcame leukemia and a bone marrow transplant, was named the recipient of the Bob Casey Courage Award by the Connecticut Sports Writers Alliance. A 2009 Second Team All-SCC performer at 103 pounds, Matson won the Class LL title and placed fifth in the State Open. He finished his career with over 110 wins. Also a fine student, Matson was a member of the National Honor Society.

May 28, 2009 – In an exciting five-set match, Cheshire wins its first-ever SCC boys volleyball title with a 3-2 win over Xavier.

May 30, 2009 – In an all-Milford final at Yale Field, Jonathan Law defeats Foran, 11-6, to win its first-ever SCC baseball title.

June 1, 2009 – Fairfield Prep (boys) and Hand (girls) each win their third straight SCC lacrosse playoff titles. At Branford High School, Prep defeated Cheshire, 10-6, while Hand defeated Cheshire, 12-9.

June 13, 2009 – Behind the arm of pitcher Tommy Lawrence, West Haven captured the Class LL state baseball title and earned the top ranking in the state. The Blue Devils (21-5), who defeated McMahon, 1-0, in the final, ranked #1 in both the *New Haven Register* and *Hartford Courant* final polls. In addition to West Haven, six other SCC teams were ranked in the top ten or received votes. Branford, which defeated Berlin, 4-2 in the Class L championship game, finished second in the *Register* poll and fourth in the *Courant* poll. Shelton, the Class LL semifinalist, was in the top ten in both polls, while Jonathan Law (7th in *Register*) and Sheehan (10th in *Courant*) were also ranked. Cheshire and Foran also received votes in the final polls.

June 13, 2009 - Fairfield Prep, which captured its third straight SCC title, won its fourth consecutive Class L boys lacrosse title with a convincing 15-3 victory over Simsbury. The Jesuits (19-6) finished as the top-ranked team in the final *MaxPreps.com* state poll.

October 22, 2009 – Cheshire wins the SCC girls cross country title at Hammonasset State Park, ending Guilford's five-year run as league champions.

October 31, 2009 – Three SCC teams – Guilford (1st), Hand (2nd) and Branford (4th) – finish in the top four at the Class MM girls cross country championship meet at Wickham Park in Manchester. It is Guilford's sixth consecutive Class MM state title. That same day, five SCC teams – Xavier (1st), Hamden (2nd), Cheshire (4th), Amity (6th) and Fairfield Prep (8th) – finish in the top eight in the Class LL boys meet.

December 5-6, 2009 – Two teams from SCC Division I East capture state football titles. On December 5, Notre Dame defeats Pomperaug, 28-21, to win the Class L title. The following afternoon, Cheshire defeats top-ranked Staples, 28-21, in overtime to win the Class LL title. Both teams finish 11-1. Notre Dame's lone loss occurred in week two at Xavier (29-28) and Cheshire only loss came to Notre Dame, 40-36, in week four.

December 7, 2009 – For the first time in league history, the SCC has the top two teams in the final state football polls (Notre Dame #1, Cheshire #2).

February 11-13, 2010 – The SCC has three teams in the top five in the Class L boys indoor track championships at the New Haven Athletic Center on February 11. Notre Dame wins the title, while Hand is the runner-up. North Haven places fifth. Two days later, Hamden (64 points) wins the Class LL boys title, narrowly defeating runner-up Amity (61).

February 23, 2010 – Behind the spectacular play of Tournament MOP Courtney Schissler, seventh-seeded Branford defeats top-seeded Hillhouse, 70-57, to win the girls basketball championship at Quinnipiac's TD Bank Sports Center. The Hornets are the lowest-seeded team to ever win the SCC title.

March 2, 2010 – North Haven holds off top-seeded Hillhouse, 41-34, in the boys basketball championship game at Quinnipiac University's TD Bank Sports Center. It is the second-lowest scoring game in SCC playoff history.

March 19-20, 2010 – The SCC confirmed its dominance in the sport of ice hockey as a league school won each of the three state championships, which were all held at Yale's Ingalls Rink. Amity (who defeated St. Joseph's, 7-5) won the Division II title and Guilford, who beat Brookfield/Bethel/Danbury, 7-3, in the Division III final. Hamden then captured its second straight Division I title, holding off SCC-rival Fairfield Prep, 6-5.

March 20, 2010 – The SCC captures two basketball state titles – Sheehan boys (Class M) and Hillhouse girls (Class L) – in a busy day at the Mohegan Sun Arena. Sheehan bested Bloomfield, 72-61, to win its first state title, while Hillhouse bested Wethersfield, 47-45, to win its second straight. Two other SCC teams – Mercy girls (Class LL) and Hillhouse boys (Class LL) – finished as state runners-up.

May 10, 2010 – With a 6-1 win over Notre Dame, Fairfield Prep's boys tennis team extends its regular-season winning streak to 78 matches against Quinnipiac Division opponents. The last time Prep loss to a division opponent was May 11, 2001 – a 5-2 loss to Notre Dame.

May 18, 2010 – The Cheshire boys lacrosse team defeats Fairfield Prep, 9-8. It is Prep's first regular-season loss to a SCC opponent since April 25, 2006 (10-6 to Hand) – a span of 31 games.

May 26, 2010 – Hand (girls) and Fairfield Prep (boys) each capture their third straight SCC tennis titles. At Yale University's tennis complex, Hand defeated Amity, 4-3, while Prep bested Cheshire, 5-2.

May 28, 2010 – Hand captures its fourth straight SCC girls lacrosse title with a 14-8 victory over Cheshire at Branford High School.

June 7, 2010 – Four SCC teams – Notre Dame (1st), Amity (2nd), Hand (4th) and Hamden (4th) – finish in the top five at the boys outdoor track & field State Open at Willow Brook Park in New Britain.

June 11, 2010 – In an All-SCC affair, Sheehan bested Notre Dame, 9-4, to win the Class L state baseball title at Palmer Field in Middletown. Sheehan, who didn't even qualify for the eight-team SCC playoffs, defeated four SCC teams in the state tournament and finished with an 18-7 record.

June 12, 2010 – In their third meeting in a 26-day span, Cheshire holds off Fairfield Prep, 9-8, in an All-SCC boys lacrosse Class L championship game. It was the Rams' first state title since 2002. Fairfield Prep had won the previous four Class L state titles.

November 5, 2010 – Jonathan Law defeats Guilford, 67-53, in the highest-scoring football game in league and modern-day state history.

November 6, 2010 – Top-seeded Daniel Hand defeats #2 Guilford, 2-0, in the first-ever SCC field hockey championship game.

December 10, 2011 – Xavier completes a perfect 13-0 football season with a 24-13 victory over Trumbull in the Class LL state championship game. The Falcons would be voted as the number-one team in the state.

December 11, 2011 – Eighth-seeded Hillhouse (10-3) defeats New London, 7-0, in the Class M state football championship game.

February 10, 2011 – The SCC's athletic directors vote unanimously to add girls' hockey as the league's 27th sponsored sport, taking over the existing Central Connecticut Girls Hockey League. The league will include associate members – Simsbury, West Hartford co-op, Luralton Hall and Notre Dame of Fairfield.

February 19, 2011 – Xavier captures the Class LL state wrestling title. It is the first state title won by SCC school since 2002.

March 18, 2011 – In an all-SCC matchup, Cheshire holds off Guilford, 3-1, in the Division II ice hockey state championship game at Ingalls Rink.

April 3, 2011 - Shelton senior Patrick Gillen fell to New York's Nick Gwiadowski in the 215-pound national high school wrestling title match. It was Gillen's first loss of the

season in 54 bouts. A four-time All-SCC honoree, Gillen finished his high school career with a 204-15 career record and his 204 wins made him the state's all-time winningest wrestler.

May 27, 2011 – The Amity girls and boys tennis teams each capture SCC titles. The Spartan girls defeat Hand, 4-3, while the boys overcome Fairfield Prep, 4-2.

June 3, 2011 – The Daniel Hand girls tennis team defeats Avon, 5-2, to win the Class M state title. It is the first state title won by a SCC team in the sport of girls tennis.

June 10, 2011 – A brother-sister combo – Notre Dame's Gary Flowers (Class L baseball) and Sacred Heart Academy's Molly Flowers (Class M softball) – both pitched their teams to state titles. Notre Dame defeated Farmington, 2-1, while SHA defeated Seymour, 4-3.

June 10, 2011 – The Cheshire boys volleyball team completes a perfect 22-0 season with a 3-1 victory over Staples in the Class L state championship match. The Rams become the first SCC team since 2005 to win a boys volleyball state title.

October 6, 2011 – The Cheshire girls swimming & diving team's national record for consecutive dual-meet victories ends at 281 – the Rams fall to Glastonbury, 100-86. Cheshire has not lost a dual meet since 1986 under legendary head coach Ed Aston.

October 21, 2011 - Branford defeats North Haven, 2-0, in an Oronoque Division boys soccer match. The Hornets (5-3) are one of four teams (North Haven, Career/Hillhouse and Wilbur Cross) that tied for the division title – the first four-way title in league history.

November 3, 2011 – Amity captures the SCC girls swimming & diving title with 882.5 points, 47 points ahead of second-place Cheshire. The Amity title snaps Cheshire's 17-year title run – the longest skein of any sport in league history.

November 5, 2011 – Cheshire wins three league playoff titles in a span of six hours – field hockey (2-1 over Guilford in OT), girls soccer (1-0 over Shelton) and girls volleyball (3-0 over Guilford).

November 10, 2011 - Three SCC teams place in the top four at the 2011 Boys Cross Country State Open meet at Hammonasset State Park. Fairfield Prep, led by individual winner and eventual All-American Connor Rog, finished first followed by Xavier (3rd) and Amity (4th).

December 10, 2011 – Two SCC football teams – Xavier (Class LL) and Daniel Hand (Class L) – cap off perfect 13-0 seasons with state championship victories at Rentschler Field. Xavier and Daniel Hand will finish 1-2 in the final state polls. The Falcons also became the highest-scoring team in SCC history – totaling 554 points (42.6 average).

February 21, 2012 – Simsbury defeats West Hartford, 4-1, in the first-ever SCC Girls Ice Hockey League championship game, which was played at Quinnipiac's High Point Solutions Arena.

February 25, 2012 – Xavier and Daniel Hand finish 1-2 at the State Open wrestling championship meet, just 13 days after finishing the same at the SCC meet. Both teams also won their respective state titles (Xavier – LL; Daniel Hand – L).

March 14, 2012 – Three SCC teams – Notre Dame, Fairfield Prep, and West Haven – compete in the Division I ice hockey state semifinals. It is the first time since 2004 this happened, coincidentally, it was the same three teams. Three days later, Notre Dame would go on to win the state title – its first since 2002.

March 17, 2012 – The Career boys basketball team, which won the SCC title three weeks earlier, captured its first-ever state title – defeating Northwest Catholic, 51-49, in the Class L final at Mohegan Sun Arena.

March 28, 2012 – Hillhouse's Bria Holmes is the first player from the state of Connecticut to play in the prestigious McDonald's All-America girls basketball game. Holmes scores 13 points to help the East to a 79-78 win over the West at The United Center in Chicago.

April 26, 2012 – The SCC Board of Governors vote unanimously to accept North Branford High School as an associate member in the sport of boys ice hockey starting in the 2012-13 season.

May 31, 2012 – Three SCC girls tennis teams (Daniel Hand, North Haven and Foran) reach the semifinals of the Class M tournament. Daniel Hand would go on to win its second straight state title the following day, defeating East Lyme, 7-0.

June 9, 2012 – Shelton wins its first baseball state title since 1976 – defeating South Windsor, 7-2, in the Class LL final at Palmer Field. The Gaels are voted the #1 team in the final state polls.

Oct. 12, 2012 – In one of the most-hyped regular-season football games in recent memory, #2 Daniel Hand defeats #1 Xavier, 40-20, at Palmer Field ending the Falcons' 30-game winning streak.

November 27, 2012 – The SCC announced a two-year football scheduling partnership with the Fairfield Country Interscholastic Athletic Conference (FCIAC). A total of 48 games will be played between the two leagues in the 2013 and 2014 seasons.

December 8, 2012 – The SCC wraps up a successful weekend at Rentschler Field – winning three football state titles (Hillhouse in Class M, Daniel Hand in Class L and Xavier in Class LL). The three state titles won are the most since 2005.

February 27, 2013 – The SCC hosts a Division I/II boys ice hockey championship doubleheader at Quinnipiac’s High Point Solutions Arena. Daniel Hand defeats Branford, 4-2, in Division II, while Fairfield Prep defeated Notre Dame, 6-2, in Division I. It was the league’s first Division I postseason contest since 1999.

March 10, 2013 – Hillhouse senior Precious Holmes runs her way to All-America status after winning the 400 meters (53.43 seconds) at the New Balance Indoor Track Nationals at The Armory in New York City.

March 16, 2013 – Maria Wesleyj hits a game-winning three-pointer at the buzzer to lift Mercy to a 54-53 victory over Luralton Hall in the Class LL girls basketball championship game. It was the Tigers’ fourth straight title game berth.

March 16, 2013 – Two weeks after meeting for the SCC title, the state’s top best boys basketball teams – Hillhouse and Fairfield Prep – meet for the fourth time in the Class LL state championship game. The Academics prevail, 52-42, to earn the state’s #1 final ranking.

March 19, 2013 – Fairfield Prep defeats SCC-rival Notre Dame, 3-2, in the Division I boys ice hockey state championship game. It was the Jesuits’ fourth win over the Green Knights. Prep also finished a perfect 20-0 against state competition.

May 24, 2013 – The SCC and South-West Conference announce a boys ice hockey scheduling merger that will include 25 teams in three separate divisions and postseason competition.

June 6, 2013 – Foran junior Brad Orban wins his second straight State Open boys tennis title in straight sets (7-5, 6-2) over Ferdinand Gelbrich (Housatonic Regional). It was Orban’s 76th win in 77 scholastic matches.

June 15, 2013 – For the second straight year, two Amity student-athletes – David Karabinos and Alexa Eldracher – win the state decathlon and heptathlon, respectively. It is the third straight title for Karabinos and second straight for Eldracher. It is also the third consecutive year two SCC student-athletes have captured the championships.

September 11-14, 2013 - Seventeen SCC football teams compete against squads from the FCIAC in the much-anticipated SCC/FCIAC Week #1 Challenge. The FCIAC held a slight advantage, 9-8.

October 26, 2013 – With a 49-7 victory over Hamden, West Haven’s Ed McCarthy becomes the state’s all-time winningest football coach (322nd victory).

November 16, 2013 - Guilford defeats league-rival Branford, 2-0, in the Class L girls soccer state final just two weeks after defeating the Hornets in the SCC title game. Later

than evening, the Cheshire girls volleyball team completed a perfect 27-0 season with a 3-1 victory over Staples in the Class LL state championship match.

March 5, 2014 - Fairfield Prep captures two league titles in one night. The Jesuits' swimming team wins its 10th straight league crown, while the basketball team records its first-ever league title with a 56-52 win over Hillhouse.

May 27, 2014 – Fairfield Prep's Christian Alvarado is named Most Outstanding Performer at the SCC outdoor track & field meet. It is the sixth straight league running event (cross country, indoor and outdoor track) that Alvarado is the Most Outstanding Performer.

June 14, 2014 - A league-record three SCC softball teams – Amity Regional (LL), Sacred Heart Academy (L) and East Haven (M) – reach state title games. It is the fourth straight year that at least two SCC teams reached a championship game.

July 1, 2014 – Luralton Hall of Milford officially joined the SCC as the league's 23rd full-time member school.

September 9, 2014 - Branford field hockey coach Cathy McGurk wins her 500th career game against Sacred Heart Academy.

November 1, 2014 – Cheshire girls volleyball doesn't drop a game (in three matches) as it wins its fourth consecutive SCC title.

November 18, 2014 - Daniel Hand defeats Wilton, 2-1, to win the Class M field hockey state title. It is the Tigers' first-ever state title.

December 14, 2014 – Xavier holds off SCC-rival Shelton, 28-27, in overtime in the Class LL Small State Football championship game.

February 20, 2015 - Hillhouse boys indoor track wins the State Open title, becoming just the second SCC team to win the league, state and state open titles in a season.

March 7, 2015 - Eight days after playing for the SCC title, Simsbury and East Catholic play to a 2-2 tie in the state girls ice hockey final. The game was unceremoniously ended after two overtimes causing a national media uproar.

March 21, 2015 - Playing in its third state title game in four years, the Fairfield Prep boys basketball team defeats Westhill, 51-50, to win the Class LL championship at Mohegan Sun.

May 26, 2015 – Mercy completes the running tri-fecta.... It wins the SCC outdoor track & field state title after winning the league indoor track and cross country championships.

May 28, 2015 - Xavier captures its first-ever SCC boys lacrosse title, defeating four-time defending league champion Fairfield Prep, 13-8.

May 30, 2015 – Amity Regional pitcher Katie Koshes hurls three shutouts as the Lady Spartans win the SCC playoff title. Koshes blanked Mercy (7-0), Cheshire (3-0) and Luralton Hall (3-0) in a four-day span to earn Tournament Most Outstanding Player honors.

June 5, 2015 – Luralton Hall girls tennis finishes a perfect 24-0, winning the Class M state title.

June 10, 2015 – Amity Regional's Jason Seidman wins the State Open boys tennis singles title, completing a perfect 22-0 season in which he dropped just two sets.

June 11, 2015 – The Daniel Hand boys and girls lacrosse teams win their state semifinal games and become the first SCC school to have both teams reach the state finals in the same year.

June 13, 2015 – East Haven softball wins its first state title in 31 years (1984), defeating Fitch, 4-2, in the Class L final.

Sept. 15, 2015 - The league's Board of Governor approved a realignment of divisions in seven sports (boys/girls soccer, boys/girls basketball, girls volleyball, baseball and softball) starting with the 2016-17 season.

Sept. 18, 2015- East Haven football outlasts Hamden, 34-31, in four overtimes – it is the longest game in SCC history.

Nov. 4, 2015 – Shelton's boys and girls soccer teams capture SCC titles. The boys defeat West Haven, 3-2, and the girls outlast Luralton Hall, via penalty kicks. It is the first time in league history the same school captured both soccer titles.

May 20, 2016 – The SCC adds girls golf as the league's 28th sport.

June 11, 2016 - Cheshire softball finishes a perfect 27-0 season with a 5-0 win over SCC-rival Amity Regional in the Class LL championship game. Also that day, Amity Regional's baseball team won its state-record fourth consecutive Class LL state title.

Oct. 20, 2016 – After 19 consecutive years at Hammonasset State Park, the SCC cross country championship meets move to New Haven's East Shore Park. Xavier (boys) and Cheshire (girls) capture team titles.

Nov. 21, 2016 - The SCC announces a football scheduling partnership (called the Connecticut High School Football Alliance) with the South-West Conference and Eastern Connecticut Conference, starting with the 2017 season.

Dec. 23, 2016 - Sheehan's Zach Davis is highlighted in Sports Illustrated's "Faces in the Crowd," highlighting his fall season that saw him rush for a league-record 3,588 yards and 52 touchdowns. A month earlier, Davis rushed for a league record 543 yards against Lyman Hall.

March 1, 2017 - Before a sell-out crowd at Quinnipiac's TD Bank Sports Center, Hillhouse defeats previously-undefeated Notre Dame, 70-62, in the SCC boys basketball championship game – the most anticipated match-up in league history.

March 18, 2017 - Daniel Hand diver Teddy Zeng breaks the state record with a 619.25 score. Zeng was a four-time SCC and State Open champion. That evening, Hillhouse wins its second straight Class LL boys basketball title, defeating East Hartford, 78-58, to repeat as the top-ranked team in Connecticut.

March 25, 2017 – Foran's Michael Ross, who won the SCC, Class M, State Open and New England wrestling titles at 152 pounds, finishes third at the NHSCHA Senior National Meet in Virginia Beach, Va.

April 13, 2017 - Notre Dame's Tremont Waters plays in the Jordan Brand Classic All-Star game in Brooklyn, N.Y. Waters is the first SCC basketball player to earn a spot in the prestigious game.

May 30, 2017 – Mercy wins the first-ever SCC girls golf title at Racebrook Country Club.

June 1, 2017 - Daniel Hand girls tennis culminates a perfect 22-0 season with a 5-2 victory over SCC-rival Guilford in the Class M state title match.

June 10, 2017 – Branford girls lacrosse defeats Pomperaug, 15-8, to win the Class M state title. It is the first time a SCC girls lacrosse team won a state championship. Also that day, Amity Regional falls to Staples in the Class L baseball title game. The loss ended the Spartans' state-record 28-game state tournament winning streak. Finally that evening, the Foran baseball team completed its rags-to-riches journey as the tournament's 32nd seed, defeating league-rival North Haven, 8-2, in the Class L state championship game. The Lions started the season 1-11, before winning 12 of its final 13 games.

Nov. 24, 2017 – The Xavier boys cross country team becomes the first New England team to win the title at the Nike/Northeast Regional championship meet in Wappingers Falls, N.Y. The Falcons also won the SCC, State Open and New England team titles.

Dec. 9, 2017 - Fairfield Prep senior Drew Thompson finished in eight place at the Foot Locker Cross Country National Championships at Balboa Park in San Diego. Thompson finished the three-mile race in 15:43.7. Thompson won the SCC, Class LL, State Open and New England championship meets in 2017. He is a three-time SCC champion - the only runner in league history to achieve the feat.

January 24, 2018 – Daniel Hand defeats Hillhouse, 46-45, in a Housatonic Division boys basketball. It was the Academics' first loss to a SCC divisional opponent since February 14, 2005 (a span of 96 games), when Daniel Hand also defeated Hillhouse, 68-65, in a Hammonasset Division contest.

March 10, 2018 – Career's Dyshon Vaughn captured the long jump national championship with a jump of 24.5.5 at the New Balance National Indoor Track Championships at The Armory in New York City.

March 17, 2018 – Mercy (Class LL) and East Haven (Class M) each win girls basketball state titles. Mercy defeated Hall, 49-37, and East Haven held off SCC-rival Career, 49-47, on a buzzer beater. It is the third time in league history (2003 and 2011) that the SCC won multiple girls basketball state titles.

March 24, 2018 – Foran wrestler Ryan Luth (152 lbs.) concludes his record-setting high school career with a state record 220 victories and a fifth-place finish at the National meet. Luth was a four-time SCC champion, a three-time All-American and two-time New England champion.

May 22, 2018 – After their SCC quarterfinal game was postponed due to the rain, North Haven and Amity Regional engage in a fun game of "rock, paper, scissors" which garners substantial local, national and international media attention.

November 16, 2018 - Amity Regional defeats Darien in four sets (27-25, 2-6-24, 22-25, 25-22) to cap an impressive run to the Class L girls volleyball state title. Later that day, Guilford captures its first-ever state title under long-time head coach Kitty Palmer. The then-called Indians defeated SCC-rival Sacred Heart Academy, 3-1, in the final.

March 18, 2019 -- In a battle of teams from Wallingford, Lyman Hall defeats Sheehan, 6-2, in the Division III state boys ice hockey championship game at Ingalls Rink. Branford (Div. II) and Fairfield Prep (Div. I) also won state titles giving the SCC a sweep.

May 31, 2019 - In a battle of SCC rivals, Daniel Hand defeats Luralton Hall, 6-1, to capture the Class M state girls tennis title.

Nov. 9, 2019 - Xavier's Robbie Cozean finishes second at the New England Interscholastic Boys Cross Country championship race, which is held at Wickham Park in Manchester. Cozen, who won the SCC and Class L state meets, also finished second at the State Open.

November 23, 2019 - Three weeks after winning the SCC titles, the Guilford girls soccer and field hockey teams capture state titles. The girls soccer team defeats East Lyme, 2-1, in the Class L final, while the field hockey squad defeats SCC-rival Daniel Hand, 3-2, for the Class M state crown and a perfect 23-0 final record.

November 23, 2019 – Daniel Hand wins its fourth straight Class L state boys soccer title defeating Wilton, 4-3, in double overtime at Dillon Stadium. The Tigers reached the finals after defeating SCC-rival Guilford, 2-1 (4-3 in penalty kicks) in the semifinals, avenging their SCC finals loss to the then-called Indians two weeks earlier.

December 14, 2019 - Sheehan wins the Class S football title with a resounding 64-33 victory over previously-undefeated Bloomfield at Trumbull High School. The Titans outscored the Warhawks, 36-6, in the second half to win their first state title since 1985.

Feb. 14, 2020 - Jonathan Law captured the 2020 SCC gymnastics title, narrowly ahead of runner-up Mercy (0.2 points). It is the closest margin in league championship meet history.

March 4, 2020 - Wilbur Cross wins its second straight (and seventh overall) SCC boys basketball title with a 49-48 win over top-seeded Notre Dame at the Floyd Little Athletic Center. The sixth-seeded Governors defeated #11 Amity Regional (58-45), #3 Shelton (56-53) and #2 Hillhouse (63-53) to reach the title game.

March 4, 2020 – Xavier wins its first-ever SCC boys swimming title and ends Fairfield Prep's impressive 15-year run as league champions.

March 12, 2020 - A worldwide pandemic called COVID-19 forces the CIAC to cancel the winter state tournaments and the entire spring sports season.

Oct. 1, 2020 – It is the first day of fall sports competition following COVID-19 shutdown. Since there were no state tournaments, SCC teams would play within the conference and in limited capacity. There was no football season due to on-going concerns with the virus.

Nov. 4, 2020 – Daniel Hand's Anna Steffen runs a course record 18:46 during the SCC cross country championships at New Haven's East Shore Park. Steffen eclipsed the previous record by 24 seconds.

Jan. 19, 2021 – Due to rising COVID-19 numbers throughout the state, this was the first day of winter sports season. Once again, there were no state tournaments and SCC teams would have to play within the conference and in limited capacity. There was no wrestling season due to on-going concerns with the virus.

April 10, 2021 - This was the first day of competition for the 2021 spring season with all sports getting back to regular play and state tournament competition.

June 12, 2021 - The Daniel Hand baseball team won its first-ever state title, defeating Berlin, 3-0, at Palmer Field. That same day, the Guilford girls lacrosse team also won its first-ever state title, holding off Joel Barlow, 11-10.

Nov. 12, 2021 - Wilbur Cross siblings – Nikita and Anna Omelchenko become the first brother-and-sister combo to qualify for the New England Boys and Girls Cross Country championships, which were held on Nov. 12 in Thetford, Vermont.

Nov. 19, 2021 - Guilford wins the Class M field hockey title, blanking Wethersfield, 4-0. Three weeks earlier, the Grizzlies defeated Cheshire, 3-0, in the league final before outscoring their opponents, 23-0, over four state tournament games. Guilford finished the 2021 season with a 22-1 overall record.

Nov. 20, 2021 - Mercy and Sacred Heart Academy play to a scoreless tie in the Class M state girls soccer championship game on November 20. They are the final state co-champions in soccer as the state voted to decide a winner via penalty kicks for future state title games.

Feb. 5, 2022 – Xavier wins 10-of-14 weight classes to roll to the SCC wrestling title totaling a meet-record 264 points. The Falcons then proceed to win the Class L and State Open titles becoming the second SCC team (Xavier in 2012) to win both titles.

Feb. 10, 2022 - Lyman Hall boys indoor team collected its first indoor track state title since 1995, winning in dramatic fashion. The Trojans jumped from fifth place to first in the team standings when Chance DeCrescenzo earned Lyman Hall's lone individual win of the night by taking the pole vault. Lyman Hall finished with 44 points, two up on SCC-rival Jonathan Law.

March 2, 2022 - After finishing as the SCC runner-up the previous four seasons, Notre Dame wins its first-ever league boys basketball title, defeating Fairfield Prep, 53-45, on March 2 at the Floyd Little Athletic Center. The Green Knights eventually reached the state Division I championship game before falling to East Catholic.

March 19, 2022 - The Daniel Hand boys basketball team, which made the SCC semifinals for the first time in 15 seasons, wins the Division III state championship – its first ever state title – defeating top-seeded Kolbe Cathedral, 56-39, at Mohegan Sun Arena.

March 20, 2022 - Sacred Heart Academy wins the SCC girls basketball title with a 55-37 victory over second-seeded Daniel Hand on Feb. 23. The Sharks then proceed to win the Class MM state girls basketball title, holding off St. Joseph, 52-50, on March 20 at Mohegan Sun Arena. The Sharks finished the season with a 26-1 final record.

March 22, 2022 - Notre Dame boys ice hockey team defeats Xavier, 5-0, to win the SCC Division I title on March 4. Two weeks later, the Green Knights come-from-behind to defeat Darien, 4-2, to win the state championship and the number-one ranking in Connecticut. ND finished the 2021-22 season with a final 20-4 record.

June 6, 2022 - Sheehan (girls) and Hillhouse (boys) each capture the State Open outdoor track & field titles. It is the first time since 2002 and fifth time overall that SCC teams captured the State Open titles.

June 11, 2022 – Guilford girls lacrosse wins its second straight state title with a 12-8 victory over St. Joseph. Senior Maddie Epke completes her scholastic career with three goals and four assists. Epke finished her outstanding high school career with four state titles (2 in field hockey, 2 in lacrosse) and nine SCC titles (4 in field hockey, 3 in lacrosse and 2 in girls ice hockey). In addition, Epke earned five SCC Player of Year awards (2 in lacrosse, 2 in ice hockey and one field hockey).

June 13, 2022 - Hillhouse senior Gary Moore, Jr. completes an outstanding scholastic career by winning the State Hammer Throw. He was the first high school athlete to end his CIAC career with wins in all four throwing events. In addition to the CIAC hammer throw, at the State Open he won the shot put, discus and javelin. Moore also set a state indoor record in the shot put during the winter season. He was a four-time SCC athlete of year (2 indoor track, 2 outdoor track).

November 20, 2022 - Led by SCC Player of Year Samir Dishnica, Cheshire wins the Class L boys soccer title with a 3-1 win over SCC-rival Xavier at Trinity Health Stadium in Hartford. To reach the final, the Rams defeated SCC-rivals Notre Dame (6-0 in quarterfinals) and Guilford (3-2 in the semifinals). It was the Rams' state title as a SCC member and their first since 1988. After falling to Cheshire in the SCC final, the Branford field hockey team wins four, 1-0 contests on its way to the Class M championship. The ninth-seeded Hornets defeated Brookfield and SCC rivals Guilford and Daniel Hand to reach the finals. In the final on November 20, Aliza Giordano's second half goal lifted the Hornets to their first state title since 2005.

December 10, 2022 – After a league record 10 SCC teams qualify for the state football playoffs, two SCC teams (North Haven and Notre Dame) win state titles at Rentschler Field. Behind its potent single-wing offensive attack, North Haven wins its first-ever state football title with a 51-34 win over Killingly in the Class MM championship game. After holding off SCC-rival Jonathan Law in the Class M semifinals six days earlier, Notre Dame proceeds to roll over undefeated Berlin, 35-8, in the Class M state final. It was the Green Knights' first state title since 2009.

Feb. 25, 2023 – In the SCC girls ice hockey final, third-seeded Hamden and top-seeded West Haven/Sacred Heart Academy had a scoreless battle for more than 60 minutes until SCC Player of Year Julianna Picard scored 1:23 into the second overtime to lift WH/SHA to the league title.

March 4, 2023 – The Daniel Hand gymnastics team the trifecta in 2023 – winning the SCC, Class S and State Open titles. The Tigers won the Class S title in commanding fashion (143.075 to Oxford's 131.75) and then totaled 141.75 points on March 4 in the State Open. It was the first time a SCC team won the State Open.

March 18, 2023 - Hamden won its first-ever girls basketball state title with a dominating 63-48 victory over previously undefeated Fairfield Ludlowe at Mohegan Sun Arena. The Green Dragons, who captured the SCC title on Feb. 22, finished the 2022-23 season with a perfect 27-0 record – becoming just the second SCC team to finish a perfect season. In 2001, Guilford also completed an undefeated season (27-0).

March 21, 2023 - After winning its third consecutive SCC/SWC Division II title, the North Haven boys ice hockey came-from-behind to defeated Woodstock Academy, 2-1, in the Division II state final at Quinnipiac University to capture its first state title since 2004. Alex Petersen's goal 5:35 into overtime lifted the Nighthawks, who finished the year with a 24-2 final record.

March 22, 2023 – Just 17 days after defeating SCC-rival Notre Dame via a shoot-out in the league's Division I final, Fairfield Prep won its 19th state boys ice hockey championship with a 3-0 victory over the Green Knights on March 22 at Quinnipiac's M&T Bank Arena. Prep goaltender James Heber made 42 saves in the state final as the Jesuits won their final nine games to finish 18-6 for first-year head coach Vin O'Hara.

May 15, 2023 - Hillhouse junior Leonaya Knox set the state record for the 100 meter hurdles with a time of 13.95 seconds at the SCC East Sectional meet on May 15. Knox, who became the first Connecticut female to eclipse 14 seconds in the event, went on to win the SCC, Class M and State Open titles in the 100 meter hurdles.

May 23, 2023 - With SCC championships in boys indoor and outdoor track along with its cross country league title in the fall, Xavier achieved the running trifecta in 2023 under the direction of head coach Chris Stonier. The Falcons became the second SCC team (joining Amity Regional in 2015-16) to win all three running titles in the same academic year.

May 24, 2023 - In one of the most anticipated SCC boys lacrosse championship games in recent memory, Cheshire's Matt Jeffrey scored 53 seconds into overtime lifted the Rams to an 8-7 win over top-seeded Fairfield Prep in a battle of nationally-ranked squads on May 23. It was Cheshire's first SCC title since 2010. The Rams also won the Class M state title, defeating SCC-rival Daniel Hand, 18-4, on June 11.

May 30, 2023 - Hillhouse baseball defeats Fitch, 3-2, in the first round of the Class L state tournament. It is believed to be the Academics' first state playoff in nearly 60 years. At the SCC Boys Golf Championship match on May 30, Cheshire and Daniel Hand tied for the championship (315). It was the first tie for the SCC title since 2010. However, both Cheshire (Division I) and Daniel Hand (Division II) went on to win state titles the following week. With the boys golf league title, Cheshire sets a league record with nine SCC playoff titles during the 2022-23 academic year. The previous record was eight titles, set three times — twice by Amity Regional in 2005-06 and 2015-16, and by Daniel Hand in 2017-18. In the 2022 fall season, the Rams captured five league titles — girls cross country, girls soccer, girls swimming, girls volleyball and field hockey. In the

2023 spring season, Cheshire added the girls lacrosse, boys lacrosse, boys volleyball and boys golf titles.

June 9, 2023 - The two-time SCC Girls Tennis Player of Year, Alex Orlins rallied to win 4-6, 6-2, 10-8 over Darien's Lauren Zhang to win the state's individual crown at the Milford Racquet Club. Along with finishing the season at 24-0, Orlins became the first Cheshire player to win the state singles invitational title.

June 13, 2023 - The SCC's Indoor Track and Outdoor Track Athlete of the Year, Shelton senior Audrey Kozak concluded her scholastic career in grand style winning the State Heptathlon. Kozak, who also won the heptathlon in 2022, totaled 4442 points – winning the 200 meters and long jump and finishing second in the high jump and 100 meter hurdles.

November 1, 2023 - In the closest-ever SCC girls swimming championship meet, Amity Regional wins the 2023 title by just 6.5 points (1119.5 to 1113) over runner-up Cheshire.

November 18, 2023 - Daniel Hand defeats New Canaan, 1-0, in overtime to win the Class M state title. The SCC champion Tigers completed a 22-0-1 under head coach Sue Leckey.

December 9, 2023 - North Haven wins its second straight Class MM state title, blanking Wilton, 21-0 at Arute Field. The Nighthawks (11-2) outscored its opponents, 83-22, in three postseason games and allowed just 125 points all season.

February 10, 2024 – Xavier totaled a league-record 281.5 points to win the SCC wrestling title. The Falcons, under the direction of head coach Mike Cunningham, would go on to win the Class L and State Open titles and place second at the New England meet.

March 17, 2024 – Notre Dame (Div. 1 boys) and Hamden (Class LL girls) win state titles at Mohegan Sun Arena. The Green Knights defeated St. Bernard, 52-46, while the Green Dragons held off SCC-rival Sacred Heart Academy, 46-40. Both teams would finish as the number-one teams in the final state polls.

March 18-19, 2024 - Cheshire (Div. II) and Notre Dame (Div. I) win state boys ice hockey titles on successive nights at Quinncipiac's M&T Bank Arena. Cheshire defeats SCC-rival East Haven co-op, 6-3, while Notre Dame defeats New Canaan, 4-1. It is the second straight year and 10th time since 2004 that the SCC had two state champions.

May 30, 2024 - Xavier narrowly defeats Windsor, 125 to 124.5, to win the Class L state boys outdoor track title. Nine days earlier, the Falcons completed the SCC "running trifecta" for the second straight year with a league title in cross country, indoor track and outdoor track & field under head coach Chris Stonier.

June 8, 2024 - Lauralton Hall defeats Old Lyme, 8-6, in Class S to win its first-ever girls lacrosse title.

June 9, 2024 – For the first time in league history, three SCC boys lacrosse teams win state titles. In Class M, Daniel Hand won their first-ever state title with a 6-4 victory over Joel Barlow. A couple hours later in Class L, Cheshire held off St. Joseph, 13-12, behind SCC Player of the Year Matt Jeffery's late game heroics. Fairfield Prep then closed out the day with a 7-4 victory over Darien in the Class LL title game. It was the Jesuits' first state title in 11 years.

Oct. 28, 2024 -- The Notre Dame boys soccer team wins its first-ever SCC title, defeating Xavier, 3-0, on Oct. 28. The Green Knights allowed just one goal in three SCC playoff games.

Nov. 16, 2024 -- Two weeks after capturing its third straight SCC title, Mercy culminates the 2024 season with a 2-1 last-season victory over St. Joseph in the Class LL state final. Molly Benson scored the game-winner in the closing seconds on an assist from her sister Kaylee to seal the Tigers' second state title in three seasons.

Feb. 8, 2025 – Behind SCC athlete of the year Owen Rich, the Lyman Hall indoor track team captures its first-ever SCC title and proceeded to win the Class M and State Open titles. The Trojans became the fifth SCC indoor track team (and first since 2014-15) to win both a class meet and State Open title in the same year.

Feb. 15, 2025 - Xavier wins its eighth consecutive SCC wrestling title winning a 94-point margin on Feb. 15. The Falcons would then go on to win their fifth straight Class L championship and fourth consecutive State Open title before finishing second at the New England meet on March 9.

March 15, 2025 - Led the SCC and state player of the year Abdou Toure, the Notre Dame boys basketball team captured its second straight Division I state title with a 68-55 victory over St. Bernard at Mohegan Sun Arena. Two weeks earlier, the Green Knights captured their fourth straight SCC title, defeating Hillhouse, 62-44, in the final at a sold-out M&T Bank Arena.

March 16, 2025 - After winning the SCC title, the Sacred Heart Academy girls basketball team returned to the state title game for the third time in the last four seasons. The Sharks defeated SCC rivals Hamden and Mercy, along with Conard and Southington (57-47) from the CCC to capture the Class LL state title on March 16 at Mohegan Sun Arena. One year after falling in the state final, the Sheehan girls basketball team returns to Mohegan Sun Arena and captures the program's first state title (since 1976), defeating East Catholic, 56-51. It is the first time since 2018 that the SCC won two girls basketball state titles.

March 23, 2025 - Behind the SCC Division II player of the Year Lorenzo DeFilio (who attends SCC member school Sheehan), the East Haven boys ice hockey co-op captured

the Division II state title with a 7-3 victory over SCC-rival Cheshire. It was the second straight year the two teams met in the state final. It was East Haven's first state title since 1998. It is the SCC's 14th state title during the 2024-25 winter season – setting a league record (previous record was 12; 2011-12 winter)

May 29, 2025 - Lyman Hall baseball wins its first-ever SCC baseball title on May 29, defeating Amity Regional, 5-2, in nine innings. Two week later, the Trojans captured the Class L state title with a 3-0 win over SCC-rival Guilford. Lyman Hall would finish as the number-one team in the final state polls.

June 4, 2025 - The Daniel Hand boys and girls tennis teams capture state titles in convincing fashion. The boys defeat Avon, 5-2, and the girls prevail against Suffield, 6-1. It is the first time in the SCC's 31-year history that one school won state titles in both genders during the same year.

June 12, 2025 - SCC Player of the Year and Notre Dame junior Michael Lorenzetti captured the CIAC State Open boys tennis singles title beating top seed Jackson Mountford (New Canaan) in straight sets 6-4, 7-6. Fairfield Prep's Andrew Beckerlegge and Anduin Thung won the doubles title (6-1, 6-2) over the top-seeded duo from Greenwich High School.

June 13, 2025 - North Haven brothers Will and James Sagnella both shot 3-under-par 69s to share medalist laurels at the CIAC Boys State Open at the Mohegan Sun Golf Course on June 13. Two weeks earlier, Will and James also earned All-SCC honors leading the Nighthawks to a runner-up finish. On the girls side, Cheshire junior Julia Paek earned medalist honors, shooting a two-under 68.

June 14, 2025 - After losing twice to the Tigers in the regular-season and SCC playoffs, Guilford defeats SCC-rival Daniel Hand, 12-11, in the Class M state boys lacrosse championship game on June 14. It is the Grizzlies' first-ever state title.

June 15, 2025 - After finishing as the SCC runner-up, Cheshire captured the Class LL softball state title, defeating Ridgefield, 2-0, on June 15. Led by SCC Player of the Year junior pitcher Jenica Matos, Cheshire allowed just three runs in four state tournament games. It was the Rams' first state title since 2016. A few hours later, Foran secured a perfect 28-0 season with a 1-0, 13-inning victory over Woodland Regional. Junior pitcher Abby Corris had 32 strikeouts in the Class M state title game. On May 29, the Lions defeated Cheshire in the SCC title game, 2-1. It was the Lions' first SCC title since 2012.

June 16, 2025 - The SCC concludes its finest year athletically with a record 31 state championships won, and 25 state runner ups. The 31 state titles set a league record (previous record was 26, set in 2023-24). Fourteen different SCC member schools won a state title in 2024-25, led by Xavier (6). Daniel Hand was next with four titles, while Lyman Hall had three.

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