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# 2024-25 YEAR IN REVIEW

# SOUTHERN CONNECTICUT CONFERENCE 2024-25 YEAR IN REVIEW



### 31st Year

Established in 1994, the Southern Connecticut Conference completed its 31st year in 2024–25.

### Special Thanks to our Corporate Sponsors

The SCC had several corporate sponsors for the 2024–25 academic year, including **Connecticut Orthopaedics** (presenting sponsor of the SCC Player and Coach of Year awards and Comeback Player scholarship), **Augliera Moving & Storage** (official moving and storage company), **Holiday Hill/Holiday Hill Day Camp**, **Town Fair Tire** (presenting sponsor of the SCC's "Best Of" online contest), **BSN** (official uniform dealer), **The Next Street** (official driving school), **SnapRaise** (official fundraiser), and the official realtor of the SCC – **Better Homes and Garden Real Estate** and Rob Bleggi.

- Avangrid (UI/SCG/CNG) was the presenting sponsors of the Scholar Leader Banquet and Arts Exhibition. Thanks also to **Great Blue Research**, for its presenting sponsorship of the scholar athlete recognition program. For the third year, the SCC offered an Athlete of Month recognition program, which was presented by **j.roo's** of North Haven.
- The 2024 football season was sponsored by the **Casey/O'Brien New Haven County Chapter of the National Football Foundation**. The 2024-25 boy and girls basketball seasons were presented by **Vertical Hoops**.
- Also much appreciation to **Steady Photography**, the official photographer of the SCC.

### 2024-25 Executive Board

President: Julia Chaffe, Principal, Guilford HS Vice-President: Bryan Darcy, Principal, Jonathan Law HS

Secretary: Anthony Verderame, Athletic Director – East Haven HS

Treasurer: Jennie Casceillo

ATHLETIC DIRECTOR CHAIRPERSON: Ernie Goodwin,

Amity Regional HS COMMISSIONER: Al Carbone

### The SCC on Social Media

Twitter – @SCCcommissioner Facebook - SCCcommissioner Instagram - @scccommissioner

### www.SouthernConnecticutConference.org

The SCC now has an "APP" - you can download for FREE on the "App Store" - search for Southern CT Conference































# FORTY-SEVEN HONORED AS SCC SCHOLAR LEADERS



The 2025 SCC Scholar Leader Banquet was held on Monday, March 31 at Anthony's Ocean View in New Haven. Forty-seven "Scholar Leaders" were honored. Scholar leaders were chosen from each member school principal for their work in the classroom and in the community.

Special thanks to CNG/SCG and UI, part of the Avangrid family, for their presenting sponsorship of the SCC Scholar Leader banquet.

Click here for the event program with recipient biographies (pdf)

### 2024-25 SCC Scholar Leaders

**Amity Regional** – Hannah Guo, Dariush Raissi

Branford - Skylar Dunn, Akiel Lomotey

Hill Regional Career – Cyan Young, Jaylin Ambrose Cooper

Cheshire – Luke Mann, Bailey Vitanza

**Daniel Hand** – Eve Minickene, Anthony Nathaniel Walter

East Haven – Willow Torres, Aedan Conners

Fairfield Prep – James Callaghan, Emmett Tolisano

**Joseph A. Foran** – Devon Hines, Connor Rizzo

Guilford - Amy Shi, Luca Scafidi

**Hamden** – Leilani Camacho, Lucas Chauvot de Beauchene

James Hillhouse – Badu Smart, Hsiu-Mei Chow-Yen, Siulmane Santana Colon

Jonathan Law – Addison Barber, Cameron Upchurch

Academy of Our Lady of Mercy, Lauralton Hall – Francesca Colangelo, Paige Patrignelli

**Lyman Hall** – Margaret Corso, Thomas Barron

Mercy – Madelynn Katz, Ava Pear

North Haven – Antonina Novicki, Oluwadamilola Konigbagbe

Notre Dame – Benny Amarone, Julian Kubicz

Sacred Heart Academy – Surita Williams, Elizabeth Blair

Mark T. Sheehan - Danica Tangredi, Espen Fenstad

**Shelton** – Cole Ostrosky, Elena Gasbarro

West Haven – Justin Woychowski, Niamh Chesson

**Wilbur Cross** – Bella Brown, Chris Van Tassel

Xavier – James Schafer, Daniel Fischer





Two Scholar Leaders – **Espen Fenstad (Shee-han)** and **Addison Barber (Jonathan Law)** were recognized as the recipients of the "Bill O'Brien Community Service Scholarship." Each received \$500.



# **SCC HOLDS ARTS EXHIBITION**



CNG · SCG · UI

Part of the Avangrid family

The SCC held its annual Arts Exhibition at New Haven's Creative Arts Workshop during the month of May. Many thanks to event sponsor, UI and SCG — part of the Avangrid Family. **Creative Arts Workshop** is one of the many local arts organizations that UI and SCG) support through its "Lighting Up the Arts" program, and has hosted the SCC for nearly 30 years.

More than 40 students submitted pieces to the 2025 exhibition, which was displayed at CAW's gallery on Audubon Street in New Haven.

**Congratulations to the SCC's 2025 prize winners** (as selected by a jury of professional artists coordinated by the CAW staff).

1st Place: Jaylyn Powell (West Haven) for Endlessly Creating Myself

**2nd Place**: Anna Kim (Wilbur Cross) for An Unfinished Thought in a Finished Life

3rd Place: Katrina Reyes (West Haven) for Boredom / Charcoal

Honorable mention: Emily Carlone (Sheehan) for Triptych

Honorable mention: Brienna Squailia (Cooperative Arts – New Haven) for Does My Voice Not Have Wings?

Honorable mention: Alyssa Hernandez (West Haven) for Birth of a Butterfly



First place: Jaylyn Powell (West Haven







# SCC's Best of.... 2024-25

Town Fair Tire was the presenting sponsor of the SCC's "BEST OF... FOR 2024-25" an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 1,600 votes were cast during the seven-day voting period.



# THE WINNER:

# THE LIONS ROAR; FORAN SOFTBALL SHINES IN 2025

Foran won the SCC and Class M state softball titles in 2025. The Lions, who finished the regular season with a 20-0 record but were the tournaments #2 seed, defeated eventual Class LL state champion Cheshire in the SCC title game on May 29, 2-1. It was the Lions' first SCC title since 2012. More impressively, Foran would go and secure a perfect 28-0 season with a 1-0, 13-inning victory over Woodland on Sunday, June 15. Junior pitcher Abby Corris had 32 strikeouts in the state title game – it was the Lions' first state title since 2011.

Congratulations to head coach Gina Georgetti and the Lions!



Foran softball won the SCC and Class M state titles in 2025 (Steady Photography photo).

# More top SCC moments from 2024-25...

### **FALL**

**For the Green... Fight! Fight!** -- The Notre Dame boys soccer team wins its first-ever SCC title, defeating Xavier, 3-0, on Oct. 28. The Green Knights allowed just one goal in three SCC playoff games.

**Mercy, Mercy!** -- Two weeks after capturing its third straight SCC title, Mercy culminates the 2024 season with a 2-1 last-season victory over St. Joseph in the Class LL state final. Molly Benson scored the game-winner in the closing seconds on an assist from her sister Kaylee to seal the Tigers' second state title in three seasons.

**Grizzlies were Great!** -- Guilford captures the SCC field hockey title – its first league title since 2021. Two week later, Cassie Ward's goal in the second overtime lifted the Grizzlies past SCC-rival Branford to the Class M state championship.



Guilford field hockey won the SCC title in 2024, and proceeded to capture the Class M state title (defeated SCC rival Branford in 2 OT) under the tutelage of long-time head coach Kitty Palmer (Steady photography photo).

**Fast Tigers --** After winning its first SCC title in 11 years, the Mercy girls cross country team captures the Class M state title on October 26 and proceeds to finish second at the State Open meet a week later.

# SCC's Best of.... 2024-25 - CONTINUED



**Hand Gridders Reign --** Daniel Hand captures its first-ever SCC football regular-season title. The Tigers finished a perfect 8-0 against league competition, and 11-1 overall which included victories over eventual state playoff participants Fairfield Prep, New London and Berlin.

**Jesuits Go Low ---** Fairfield Prep golf won its second straight "fall" state championship. The Jesuits (301) defeated runner-up Conard six strokes, and were led by Caden Piselli (70) and Robby Rosati (71) at Chippanee GC.

**X-Men Keep Running Fast --** Xavier cross country won the SCC title for the ninth straight time and captured its sixth consecutive Class L title a week later. The Falcons then finished fifth at the State Open and qualified for the New England Championships for the eighth consecutive year - the longest active New England streak for any Connecticut boys cross country program.



Fairfield Prep's swimming team captured its fourth straight SCC title and proceeded to win the Class L state title. It was the first state title won by a SCC team since 2012 (Steady Photography photo).

### **WINTER**

**Jesuits Pool Success** --- The Fairfield Prep boys swimming continued its dominance in the pool, winning its fourth consecutive and 20th overall SCC title, and then proceeded to win the Class L state title. It was the first state title won by a SCC team since 2011-12.

**Green Knights Repeat ---** Led the SCC and state player of the year Abdou Toure, the Notre Dame boys basketball team captured its second straight Division I state title on March 17 with a 68-55 victory over St. Ber-

nard. Two weeks earlier, the Green Knights captured their fourth straight SCC title, defeating Hillhouse, 62-44, in the final at a sold-out M&T Bank Arena.

**Selena on the Mat** -- Jonathan Law sophomore Selena Batres wrestler earns All-New England honors (finishing third in the 107-pound weight class). For the season, she finished 20-0 in matches against girls from the state of Connecticut and 24-2 overall. Batres was a fourth-place finisher at the SCC boys championship meet on Feb. 15.

**Ice Sharks --** Behind SCC player of the year Alessandra Picard, the West Haven/Sacred Heart Academy girls ice hockey co-op captured the SCC title with an exciting 2-1 victory over The Blades (Amity Regional/Cheshire/North Haven) on March 1.

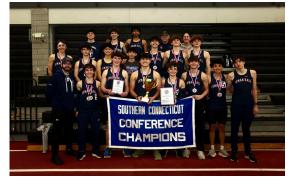
Notre Dame won its fourth consecutive SCC boys basketball title on Feb. 26 at Quinnipiac's TD Bank Sports Center (Steady Photography photo).

**Success on the Ice** -- Behind the SCC Division II player of the Year Lorenzo DeFilio (who attends SCC member school Sheehan), the East Haven boys ice hockey co-op captured the Division II state title with a 7-3 victory over SCC-rival Cheshire. It was the second straight year the two teams met in the state final. It was East Haven's first state title since 1998.

**X-Men Grapplers** -- Xavier wins its eighth consecutive SCC wrestling title winning a 94-point margin on Feb. 15. The Falcons would then go on to win their fifth straight Class L championship and fourth consecutive State Open title before finishing second at the New England meet on March 9.

**Trojans Track** -- Behind SCC athlete of the year Owen Rich, the Lyman Hall indoor track team captures its first-ever SCC title, and proceeded to win the Class M and State Open titles. The Trojans became the fifth SCC indoor track team (and first since 2014-15) to win both a class meet and State Open title in the same year.

**Tigers Terrific on the Mat** -- Daniel Hand's gymnastics team, led by Brooke Anderson, wins the SCC title for the fourth straight year and 25th time in 29 years – winning by 20.1 points over runner-up Jonathan Law. Two weeks later, the Tigers captured the Class S state title (by just 0.90 points) over runner-up Killingly.



Lyman Hall won its first-ever SCC boys indoor track title in 2025 (Steady Photography photo).

# SCC's Best of.... 2024-25 - CONTINUED



**Sharks Hoop Success** --- After winning the SCC title, the Sacred Heart Academy girls basketball team returned to the state title game for the third time in the last four seasons. The Sharks defeated SCC rivals Hamden and Mercy, along with Conard and Southington (57-47) from the CCC to capture the Class LL state title on March 16 at Mohegan Sun Arena.

**Titans Rejoice --** One year after falling in the state final, the Sheehan girls basketball team returns to Mohegan Sun Arena and captures the program's first state title (since 1976), defeating East Catholic, 56-51, on March 16.

**Cheer for the Nighthawks --** After sharing the SCC crown with East Haven at the SCC competition, the North Haven competitive cheerleading team won first place at the State Open competition on March 8.

### **SPRING**

**Rams Rejoice** -- After finishing as the SCC runner-up, Cheshire captured the Class LL softball state title, defeating Ridgefield, 2-0, on June 15. Led by SCC Player of the Year junior pitcher Jenica Matos, Cheshire allowed just three runs in four state tournament games. It was the Rams' first state title since 2016.

**Trojans Triumph** -- Lyman Hall baseball wins its first-ever SCC baseball title on May 29, defeating Amity Regional, 5-2, in nine innings. Two week later, the Trojans captured the Class L state title with a 3-0 win over SCC-rival Guilford. Lyman Hall would finish as the number-one team in the final state polls.



Mercy captured the 2025 SCC girls outdoor track & field title. The Tigers also captured the league's cross country title, and finished fourth in indoor track during 2024-25 (Steady Photography photo).

**Third Time is a Charm --** After losing twice to the Tigers in the regular-season and SCC playoffs, Guilford defeats SCC-rival Daniel Hand, 12-11, in the Class M state boys lacrosse championship game on June 14. It is the Grizzlies' first-ever state title.

**Lax Crusade!** -- Lauralton Hall defeats league-rival Sacred Heart Academy, 18-11, in the Class S girls lacrosse state title game on June 15. It is the Crusaders' second straight state title.

**Tigers Times Two --** On June 4, the Daniel Hand boys and girls tennis teams capture state titles in convincing fashion. The boys defeat Avon, 5-2, and the girls prevail against Suffield, 6-1. It is the first time in the SCC's 31-year history that one school won state titles in both genders during the same year.

**Prep on the Hardcourts --** In a highly competitive match, Fairfield Prep won the SCC boys tennis title on May 28, defeating Amity Regional, 4-3. It is the Jesuits' third straight league title and their seventh overall.

**House Rules** -- A week after earning runner-up status at the SCC championship meet, the Hillhouse girls outdoor track & field squad captures the Class MM state title on June 3. The state title is Academics' head coach Gary Moore 50th of his career. The Academics also captured the Class M indoor title during the winter.

**Brotherly Love ---** North Haven brothers Will and James Sagnella both shot 3-under-par 69s to share medalist laurels at the CIAC Boys State Open at the Mohegan Sun Golf Course on June 13. Two weeks earlier, Will and James also earned All-SCC honors leading the Nighthawks to a runner-up finish.

**Haley, Haley --** Amity Regional senior Haley Mario wins SCC Player of the Year in both girls volleyball and girls lacrosse during 2024-25, leading the Spartans to SCC titles in both sports. Behind Mario's five goals, the Spartans won their second conecutive girls lacrosse league title in 2025, defeating Branford, 13-9, on May 29.



Amity Regional captured its second straight SCC girls lacrosse playoff title in 2025 (Steady Photography photo)

# SCC's Best of.... 2024-25 - CONTINUED



**Dominating** -- Cheshire's Julia Paek led the Cheshire Rams to the 2025 SCC girls golf title on May 29, shooting a 76. Two weeks later, she earned medalist honors at the Division II state meet. She then repeated as the State Open medalist, shooting a two-under 68 at Mohegan Sun Golf Course on June 13.

**Gael Spikers** --- Before an enthusiastic crowd, the Shelton boys volleyball team captured the SCC title on May 30, defeating long-time rival Cheshire, 3-1. It was the Gaels' eighth league title.

**Maya Throws Far --** Sacred Heart Academy's Maya Quaranta, who also was the valedictorian of her class and off to Yale in the fall, wins the SCC, Class M, State Open and New England outdoor track titles in the shot put, and adds record-breaking tosses in the discus and hammer throw during the spring season. Maya was both the SCC indoor and outdoor track athlete of the year.



Cheshire won the SCC girls golf title on May 29 at Silo Point Country Club. It was the Rams' second SCC title (SCC photo).

**SCC Rules Boys Tennis State Open --** On June 12, SCC Player of the Year and Notre Dame junior Michael Lorenzetti captured the CIAC State Open boys tennis singles title beating top seed Jackson Mountford (New Canaan) in straight sets 6-4, 7-6. Fairfield Prep's Andrew Beckerlegge and Anduin Thung won the doubles title (6-1, 6-2) over top-seeded duo from Greenwich High School.

**Cheshire Goes Low --** Cheshire won the 2025 SCC boys golf title based on a new league tie-breaker. The team with the lowest combined score (top four scoring players on each team) on the course's number one handicap hole (Farms Country Club, hole #7). Cheshire was -1 on the hole, North Haven was even par. For the tournament, the Rams had four players shoot in the 70s on their way to a league championship record 301 score.

# Number 1! Number 1! Number 1!

After having a record six teams finish as the #1 team in the state in 2023-24, the SCC had five teams earn the state's respective top honors during 2024-25.

Girls Soccer: Mercy was No. 1 in the final Class LL/L poll after winning the CIAC Class LL championship over defending champion and top seed St. Joseph-Trumbull 2-1 on a last-second shot from Molly Ben-

son. Mercy was the only Connecticut team ranked nationally, placing eighth in the United Soccer national poll.

**Boys Basketball:** Notre Dame (25-2), under the direction of head coach Jason Shea, won the Division I state boys basketball title on March 15 with a 68-55 victory over St. Bernard behind 27 points and 20 rebounds from SCC Player of the Year Abdou Toure. It was ND's second straight state title. The Green Knights also won their fourth straight SCC title on Feb. 26.

<u>Girls Basketball</u>: Sacred Heart Academy (25-2), led by head coach Jason Kirck, won the Class LL girls basketball state title on March 14 with a 57-47 victory over Southington, led by SCC Player of the Year Emily Mennillo (16 points and 10 rebounds). It was the Sharks' second state title in four seasons.

<u>Wrestling</u>: The Xavier wrestling team captured the SCC, Class L and State Open titles in 2025, finish as the top team in the the state for the fourth straight year. Head coach Mike Cunningham's Falcons also finished second at the New England to conclude an outstanding season.

#1 TEAM
IN THE STATE POLLS

Mercy girls soccer
Notre Dame boys basketball
Sacred Heart Academy girls
basketball
Xavier wrestling
Lyman Hall baseball

**Baseball:** Under the direction of head coach Billy Rich, the Trojans won their first-ever SCC title -- defeating Amity Regional, 5-2, in nine innings on May 29. Lyman Hall then went on a masterful state tournament run, outscoring opponents, 39-8, to win the Class L state title and finish as the number-one team in the state. The Trojans (25-3) defeated SCC-rivals Cheshire (3-2 in the semifinals on June 11) and Guilford (3-0 in the title game on June 14) to earn their first state championship since 2002.

# CONNECTICUT ORTHOPAEDICS URGENT CARE/

# SCC PLAYER AND COACH OF YEAR





During the 2024-25 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports.

Many thanks to league corporate sponsor Connecticut Orthopaedics and its Urgent Care affiliations for sponsoring the awards.

Player and Coach of the Year honorees were selected by the respective sport's head coaches.

# PLAYERS OF THE YEAR

### **FALL**

Boys Cross Country – Luke Cushing (Amity Regional)
Girls Cross Country – Annecy Vlieks (Daniel Hand)
Field Hockey – Morgan Mastrobattisto (Daniel Hand)
Girls Soccer – Maggie Kershnar (Amity Regional)
Boys Soccer – Reamon Curis (Notre Dame)
Girls Volleyball – Haley Mario (Amity Regional)
Girls Swimming – Div. I – Marea Li (Amity Regional)
Girls Swimming – Div. II – Kaylynn Chen (Sheehan)
Football – Offense – Nick Conlan (West Haven)
Football – Defense – Kadear Dembele (West Haven)

### WINTER

Girls Basketball - Emily Mennillo (Sacred Heart Academy)

**Boys Basketball** - Abdou Toure (Notre Dame)

**Girls Ice Hockey** – Alessandra Picard (West Haven/Sacred Heart Academy co-op)

**Gymnastics** – Olivia Consiglio (Daniel Hand)

Cheerleading – Kolbey Nastri (East Haven)

**Cheerleading Merit Award** - Mackenzie Hanson (Mercy)

**Boys Swimming – Div. I –** Owen Tharrington (Fairfield Prep)

Boys Swimming – Div. II – Julian Adu (Notre Dame)

Boys Ice Hockey – Div. I – Dylan Bankowski (Notre Dame-WH)

**Boys Ice Hockey – Div. II** – Lorenzo DeFilio (East Haven co-op/Sheehan)

Sneenan)

**Boys Ice Hockey – Div. III** - Cooper Thomas (JBWA co-op)

**Girls Indoor Track** - Maya Quaranta (Sacred Heart Academy)

**Boys Indoor Track** - Owen Rich (Lyman Hall)

Wrestling - Jay Chase (Sheehan)

### **S**PRING

Baseball – Bennett Crerar (Cheshire)

**Softball** – Jenica Matos (Cheshire)

**Boys Golf** – Andrew Beauton (Guilford)

Girls Golf – Julia Paek (Cheshire)

**Boys Tennis** – Michael Lorenzetti (Notre Dame)

**Girls Tennis** – Peyton Gaudreau (Branford)

**Boys Lacrosse** – Luke Shannehan (Fairfield Prep)

**Girls Lacrosse** – Haley Mario (Amity Regional)

Boys Volleyball – Matti Lilback (Cheshire)

Boys Outdoor Track & Field – Jack Davis (Fairfield Prep)

Girls Outdoor Track & Field – Maya Quaranta (Sacred Heart

Academy)

# **COACHES OF THE YEAR**

### **FALL**

**Boys Cross Country –** Bryce Lindamood (Hamden)

**Girls Cross Country** – Matt Conyers (Mercy)

Field Hockey – Tina Bouchard (Hamden)

Girls Soccer – Owen Quigley (Amity Regional)

**Boys Soccer** – Mike Shirley (Daniel Hand)

Girls Volleyball – Laura Discenza (Lauralton Hall)

**Girls Swimming – Div. I** – Scott Butler (Daniel Hand)

**Girls Swimming – Div. II** – Kristin Skuches (Foran)

Football - George French (Amity Regional)

### WINTER

Girls Basketball – Nick Dottori (Amity Regional)

**Boys Basketball** – Ian Kirkpatrick (Foran)

Girls Ice Hockey – Erin Blake (West Haven/Sacred Heart Academy co-op)

**Gymnastics** – Dina Savoca (Foran)

Cheerleading - Lynn Baglini (Lauralton Hall)

**Boys Swimming – Div. I** – Rob Urban (Fairfield Prep)

**Boys Swimming – Div. II** – Ken Pierson (Notre Dame-WH)

**Boys Ice Hockey – Div. I** – Mark Mongillo (Notre Dame Prep)

**Boys Ice Hockey – Div. II** – Jim Dinapoli (Branford)

**Boys Ice Hockey – Div. III** - JP Shimko (Milford co-op)

Girls Indoor Track - Bob Burns (Amity Regional)

**Boys Indoor Track** - David Palmer (Lyman Hall)

Wrestling - David Esposito (Foran)

### **S**PRING

Baseball - Billy Rich (Lyman Hall)

**Softball** – Gina Georgetti (Foran)

**Boys Golf** – David Esteban (Guilford)

**Girls Golf** – Gerry D'Amora (Mercy)

**Boys Tennis** – Dan Battipaglia (Lyman Hall)

**Girls Tennis** – Harold Freedman (Amity Regional)

**Boys Lacrosse** – Steve Rossacci (Sheehan)

**Girls Lacrosse** – Dan Warburton (Cheshire)

**Boys Volleyball** – LeAnne Bianchine (Shelton)

**Boys Outdoor Track & Field** – Bryce Lindamood (Hamden)

**Girls Outdoor Track & Field** – Matt Conyers (Mercy)

# SCHOLAR ATHLETES, PRESENTED BY GREAT BLUE RESEARCH





**Great Blue Research** is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

The Scholar Athlete recognition program recognizes the "best of the best" in the SCC.Recipients are selected by their school's coaches and athletic directors. Recipients must have a minimum of

a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

### **FALL**

**Amity Regional** – Macie Salado (soccer), lan Stoltenberg (cross country)

**Branford** – Skylar Dunn (field hockey), David Regan (cross country)

**Career** – Cyan Young (volleyball), Akawsi Okyere (cross country)

**Cheshire** – Eva Curran – (cross country), Finian Hickey (soccer)

**Daniel Hand** – Bridget Waters (field hockey), Will McGuire (soccer)

**Fairfield Prep** – Sebastian Cruz (soccer), Daniel Tristine (cross country)

**East Haven** – Lexi Heaphy (volleyball), Dante Rodriguez (football)

**Foran** – Alexandria Regan (cross country) William Riedel (soccer)

try), William Riedel (soccer) **Guilford** – Aislin Cohen (swimming),

Wyatt Sprenkle (soccer)

**Hamden** – Zayed Elahee (cross country), Shayna Bailis (soccer)

**Hillhouse** – Amare Jackson (football), Coni Cornelius (volleyball)

**Jonathan Law** – Lucca Venditti (soccer), Alexandra Fino (volleyball)

**Lauralton Hall** – Amirah Easter (volleyball), Kylie Graham (field hockey)

**Lyman Hall** – Jessica Rinaldi (swimming), Lincoln Busa (soccer)

**Mercy** – Catherine Lomuntad (soccer), Sage Svalestad (field hockey)

**North Haven** – Alison Palmieri (soccer), Jack Notaro (soccer)

**Notre Dame** – Brent Wang (cross country), Grayson James (soccer)

**Sheehan** – Kaylynn Chen (swimming), Josh Podchaiski (soccer)

**Sacred Heart Academy** – Avery Stewart (cross country), Surita Williams (volleyball)

**Shelton** – Cole Ostrosky (football), Abigail Park (field Hockey)

**West Haven** – Sarah Davey (volleyball), Brandon Sihaphong (cross country)

**Wilbur Cross** – Sebastian Halpern (cross country), Grayson Neuman (cross country)

**Xavier** – Ryan Quinn (soccer), JP Lechowicz (cross country)

### WINTER

**Amity Regional** – Elizabeth Grant (indoor track), Colin Spoerndle (swimming)

**Branford** – Nneoma Obi (basketball), Paul Lesyk (indoor track)

**Career** – Jastice Butler (basketball), Courtney Wright (basketball)

**Cheshire** – Matthew Reid (indoor track), Camryn Beeman (indoor track)

**Daniel Hand** – Sean Arms (indoor track), Brooke Anderson (gymnastics)

**East Haven** – London Garcia (basketball), Bella Bunce (cheerleading)

**Fairfield Prep** – Nick Hahn (skiing), James Chesbro (swimming)

**Foran** – Gabriela Gallardo (indoor track), Aiden Stay (indoor Track)

**Guilford** – Olivia Hwang (ice hockey), Max Freeman (basketball)

**Hamden** – Aaron Lakin (swimming), Giada Broccoli (ice hockey)

**Hillhouse** – Avery Sutton (basketball), Deanna Moore (indoor track)

**Jonathan Law** – Sakshi Mehta (cheerleading), Brayden Hancock (wrestling)

**Lauralton Hall** – Katherine Caporrino (skiing), Ellery Varholak (indoor track)

**Lyman Hall** – Owen Rich (indoor track), Kaylin Findley (indoor track)

**Mercy** – Kyleigh Cahill (basketball), Kayla Johnson (indoor track)

**North Haven** – Antonina (Nina) Novicki (fencing), Oluwadamilola (Dami) Konigbagbe (indoor track)

**Notre Dame** – Lelan Jacheo (swimming), Quincy Dormevil (basketball)

Sacred Heart Academy – Emily Mennillo (basketball), Ashley Memmott (cheerleading)
Sheehan – Owen Hotaling (basketball), Dayana Gutierrez (indoor track)

**Shelton** – Alexander Baneat (indoor track), Kelly Caruso (basketball)

**West Haven** – Carmella Ruiz (dance), Christian Mullins (indoor track)

**Wilbur Cross** – Christopher Van Tassel (basketball), Ambar Santiago Rojas (indoor track) **Xavier** – Jake Anastasiades (ice hockey),

Caleb Todzia (basketball)

### **SPRING**

**Amity Regional** – Haley Mario (lacrosse), Alex Cuzio (outdoor track & field)

**Branford** – Ella Stone (outdoor track & field), Michael Radziunas (tennis)

**Career** – Brooklyn Diggs (softball), Henry Munoz Trevera (tennis)

**Cheshire** – Bennett Crerar (baseball), Ashley Lentini (tennis)

**Daniel Hand** – Marla Lafferty (lacrosse), Deacon Wilkins (tennis)

**East Haven** – Brianna Casner (tennis), Trevor Vaccino (tennis)

**Fairfield Prep** – JJ Schachinger (baseball), Finbar Malloy (lacrosse)

**Foran** – Gabriella Magnuson (lacrosse), Riley Young (lacrosse)

**Guilford** – Addison Smith (crew), Tomas Kharabadze (tennis)

**Hamden** – Aiden Jovia (baseball), Mia Gribbon (lacrosse)

Hillhouse – Mahkai Heyward (outdoor track & field), Amaiya Ellis (outdoor track & field)

Jonathan Law – Dalton Evans (baseball)

**Jonathan Law** – Dalton Evans (baseball), Carol Jiang (tennis)

**Lauralton Hall** – Lily Garate (tennis), Hollis Huntington (lacrosse)

**Lyman Hall** – Noelle Albrecht (lacrosse), Ethan Tuxbury (tennis)

**Mercy** – Clara Romero (outdoor track & field), Ava Pear (lacrosse)

**North Haven** – Clare Cullagh (lacrosse), Andrew Bautz (tennis)

**Notre Dame** – Gehrig Footit (baseball), JP Malafronte (baseball)

**Sacred Heart Academy** – Mavis Banks (outdoor track & field), Annika Burr (tennis)

**Sheehan** – Willow Pickerign (lacrosse), Garrett Wilkinson (baseball)

**Shelton** – Zaid Vohra (baseball), Gizel Moonrose (tennis)

**West Haven** – Sophie Mazuroski (tennis), Michael Luzietti (lacrosse)

**Wilbur Cross** – Oscar Monahan (lacrosse), Ahilya Singh (tennis)

**Xavier** – Bennett Chiappeta (volleyball), Colin Lawrence (baseball)

# CONNECTICUT ORTHOPAEDICS AWARDS

# "COMEBACK PLAYERS OF THE YEAR"



Two student athletes – **Abby Crowder (North Haven HS)** and **Michael Loomis (Branford)** – are the recipients of the 2025 Southern Connecticut Conference "Comeback Player of the Year" awards. Both students suffered severe injuries yet were able to

overcome them to become outstanding role models in their respective schools.

A long-time corporate sponsor of the SCC, Connecticut Orthopaedics offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2024-2025 academic year and showed great leadership both on and off the field after their injury.

Coaches and school's athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. Both will receive a financial scholarship to be used for their college education.

"This is our 15th year awarding student-athletes from the SCC with scholarships," said Susan Bader, CEO of Connecticut Orthopaedics. "Our goal is to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, become positive role models for their fellow teammates. As sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level."



**Call it a Comeback (L-R):** Michael Loomis (Branford) and Abby Crowder (North Haven), 2024-25 SCC Comeback Players of the Year (SCC photo)

"Many thanks to the doctors and staff at Connecticut Orthopaedics for their support of the SCC and these scholarships," explained SCC Commissioner Al Carbone. "Our league has many outstanding student-athletes who excel in the classroom and on the playing fields; but it is a tremendous gesture to recognize traits like courage, perseverance and selflessness."

# 2024-25 SCC/Connecticut Orthopaedics Comeback Players of the Year

### ABBY CROWDER, NORTH HAVEN (cheerleading)

A captain for the Nighthawks' competitive cheerleading squad, Abby suffered a few injuries (concussion, sprained wrist, severe foot bruises and broken hand) that prohibited her from competing. Despite the unexpected injuries, she showed leadership and positive perseverance to return to the team and help the team to the overall state title. An outstanding student and leader, Abby will attend Quinnipiac University in the fall and major in health sciences.

### MICHAEL LOOMIS, BRANFORD (ice hockey and golf)

A four-year varsity letterwinner for Branford ice hockey team, and a two-year standout on the golf course, Michael suffered an ACL knee injury early in his scholastic career. Through his hard work and dedication, he returned to the



ice. A co-captain during his senior season, Michael led the Hornets in scoring on the way to him earning All-SCC and All-State accolades. An outstanding student who was a member of the National Honor Society, Michael will attend Fairfield University and major in business management.

### ABOUT CONNECTICUT ORTHOPAEDICS

Connecticut Orthopaedics is the #1 physician practice for orthopedics in Connecticut. The practice is a premier team of orthopedic doctors and board-certified surgeons who provide compassionate and innovative care to keep you moving forward with life. With over 60 physicians serving 20 locations, including 8 Urgent Cares, three orthopedic-only Surgical Centers and 14 state-of-the-art Sports Therapy | Rehab locations, we make it convenient for you to get the best in orthopedic care you need, close to where you live.

To learn more, visit www.ct-ortho.com

# **2024-25 SCC Postseason Champions**



### **OVERVIEW**:

Fifteen different schools won or shared a SCC title during 2024-25.... Amity Regional had the most SCC titles (5), followed by Fairfield Prep (4) and Xavier (3).

# **FALL**

<u>Sport</u>	Champion	Runner-up/Third Place	<u>Result</u>
<b>Boys Cross Country</b>	Xavier (39)	Hamden (105)/Amity Regional (124)	
Girls Cross Country	Mercy (33)	Cheshire (88)/Sacred Heart Academy (108	3)
Field Hockey	Guilford	Hamden	3-1
Girls Soccer	Mercy	Amity Regional	4-3 (OT)
Boys Soccer	Notre Dame	Xavier	3-0
Girls Volleyball	Amity Regional	Sacred Heart Academy	3-1 (21-25, 26-24, 25-17, 25-12)
Girls Swimming	Amity Regional (1426)	Cheshire (1185)/Guilford (781)	

### **WINTER**

Sport	Champion	Runner-up/Third Place	Result	
Boys Indoor Track	Lyman Hall (97)	Xavier (88)/Hamden (49)		
Girls Indoor Track	Amity Regional (70)	Hillhouse (55)/Hamden (52)		
Cheerleading	North Haven/East Haven (87.20/Daniel Hand (78.55)			
Gymnastics	Daniel Hand (140.2)	Jonathan Law (120.1)/Foran (114.85)		
Wrestling	Xavier (271)	Foran (177)/Shelton (124)		
Girls Basketball	Sacred Heart Academy	Hamden	56-43	
Girls Ice Hockey	West Haven-SHA co-op	Amity/Cheshire/North Haven co-op)	2-1	
Boys Basketball	Notre Dame	Hillhouse	62-44	
Boys Swimming	Fairfield Prep (1426.50)	Daniel Hand (879)/Amity Regional (716)		
Boys Ice Hockey - Div. I:	Fairfield Prep	Notre Dame	4-0	
Boys Ice Hockey - Div. II:	Amity Re <mark>gional</mark>	East Haven co-op	4-2	

# **SPRING**

Sport	Champion	Runner-up/Third Place	Result
<b>Boys Outdoor Track &amp; Field</b>	Hamden (132)	Xavier (98)/Daniel Hand (93)	
Girls Outdoor Track	Mercy (99)	Hillhouse (75)/Sacred Heart Academy (72)	
Boys Tennis	Fairfield Prep	Amity Regional	4-3
Girls Tennis	Guilford	Amity Regional	4-3
Baseball	Lyman Hall	Amity Regional	5-2 (9 inn.)
Softball	Foran	Cheshire	2-1
Boys Lacrosse	Fairfield Prep	Cheshire	15-5
Girls Lacrosse	Amity Regional	Branford	13-9
Boys Volleyball	Shelton	Cheshire	3-1 (25-18, 25-21, 20-25, 25-17)
Boys Golf	Cheshire (301)	North Haven (301)/Guilford (308)	
Girls Golf	Cheshire (391)	Amity Regional (402)/Daniel Hand (418)	



# **2024-25 SCC STATE CHAMPIONSHIPS**



# **STATE CHAMPIONS (31)**

### **FALL (5)**

Fairfield Prep (Div. I golf)

**Xavier** (Class L boys cross country)

**Mercy** (Class MM girls cross country)

Guilford (Class M field hockey) - defeated Branford, 1-0, in 2 OT

Mercy (Class LL girls soccer) - defeated St. Joseph, 2-1

### **WINTER (14)**

**Xavier** (Class L boys indoor track)

**Hillhouse** (Class M girls indoor track)

**Hamden** (Class LL boys indoor track)

**Lyman Hall** (Class M boys indoor track and State Open

**Daniel Hand** (Class S gymnastics)

**Foran** (Class M wrestling)

**Xavier** (Class L wrestling and State Open)

**Notre Dame** (Div. I boys basketball, defeated St. Bernard, 68-55)

**Sacred Heart Academy** (Class LL girls basketball, defeated

Southington, 57-47)

**Sheehan** (Class MM girls basketball, defeated East Catholic,

56-51)

**Fairfield Prep** (Class L boys swimming)

**East Haven co-op** (Div. II boys ice hockey, defeated Cheshire, 7-3)

### **SCC NOTES:**

- The 31 state titles set a new league record, which was set in 2023-24 (26).
- The 14 state championships won in the winter set a league record (previous record was 12; 2011-12 winter, 2024-25 winter).
- The 25 state runner-ups also set a league mark, eclipsing the previous record of 24 set in 2010-11 and 2021-22.

### **SPRING (12)**

Hillhouse (Class MM girls outdoor track & field

**Daniel Hand** (Class MM boys outdoor track & field)

**Xavier** (Class L boys outdoor track & field)

**Daniel Hand** (Class M boys tennis, defeated Avon, 5-2)

**Daniel Hand** (Class M girls tennis, defeated Suffield, 6-1)

**Lauralton Hall** (Class S girls tennis, defeated Valley Regional, 4-3)

**Xavier** (Division I boys golf)

**Lyman Hall** (Class L baseball, defeated Guilford, 3-0)

**Guilford** (Class M boys lacrosse, defeated Daniel Hand, 12-11)

**Lauralton Hall** (Class S girls lacrosse, defeated Sacred Heart

Academy, 18-11)

**Cheshire** (Class LL softball, defeated Ridgefield, 2-0)

**Foran** (Class M softball, defeated Woodland Regional, 1-0, in 13 inn.)

# STATE RUNNER-UPS (25)

### *FALL (9)*

**Sacred Heart Academy** (Class M girls cross country)

**Mercy** (State Open girls cross country)

**Daniel Hand** (Class S girls swimming)

# **590**

SCC member school teams have won 590 state championships since 1994-95 (175 fall, 223 in winter, and 192 in

**the spring).** With the conclusion of the 2025 spring season, here are the SCC schools with the most state titles since the league was formed:

- 1. Hillhouse (83)
- 2. Daniel Hand (72)
- 3. Cheshire (70)
- 4. Xavier (56)
- 5. Guilford (43)
- 6. Amity Regional (42)
- 6. Fairfield Prep (42)
- 8. Branford (27)
- 9. Notre Dame (22)
- 10. Wilbur Cross (15), Shelton (15)







**Branford** (Class M field hockey, lost to Guilford, 1-0, in 2 OT **Sacred Heart Academy** (Class S field hockey, lost to Shepaug Valley, 1-0

**Sacred Heart Academy** (Class L girls soccer, lost to New Canaan, 1-0

**Xavier** (Class LL boys soccer, lost to Farmington, 3-1) **Sheehan** (Class SS football, lost to Killingly, 48-33) **West Haven** (Class LL football, lost to Greenwich, 14-0)

### WINTER (6)

**Sacred Heart Academy** (Class S girls indoor track)

**Cheshire** (Class L cheerleading)

**Sheehan** (Div. IV boys basketball, lost to Ellington, 55-39)

Daniel Hand co-op (Class L boys swimming)

**Fairfield Prep** (State Open boys swimming)

**Cheshire** (Div. II boys ice hockey, lost to East Haven co-op, 7-3)

### **SPRING** (10)

**Mercy** (Class MM girls outdoor track & field)

**Sacred Heart Academy** (Class M girls outdoor track & field)

Fairfield Prep (Class LL boys tennis, lost to Greenwich, 5-2)

**Cheshire** (Class L girls tennis, lost to New Canaan, 6-1)

North Haven (Division I boys golf)

**Guilford** (Class L baseball, lost to Lyman Hall, 3-0)

Daniel Hand (Class M boys lacrosse, lost to Guilford, 12-11)

**Sacred Heart Academy** (Class S girls lacrosse, lost to Lauralton Hall, 18-11)

**Daniel Hand** (Class M girls lacrosse, lost to New Fairfield, 15-5) **Cheshire** (Class L girls lacrosse, lost to Simsbury, 12-4)





# **Football**

Presented by the Casey-O'Brien New Haven County Chapter of the National Football Foundation



State Champions: none

### **State Runner-ups:**

West Haven (Class LL) Sheehan (Class SS)

**Regular-season Champions:** Daniel Hand (8-0, 15.5 points) **Top Finishers:** Fairfield Prep (6-1, 14 points), West Haven (6-1, 13 points), Sheehan (7-1, 10.5 points), Notre Dame (5-3, 9.5 points), Amity Regional (7-2, 8.5 points)

### **State Playoff Qualifiers (7)**

Class LL: Fairfield Prep (9-1), West Haven (8-2) Class L: Amity Regional (8-2), Notre Dame (6-4) Class M: Daniel Hand (10-0), Jonathan Law (6-4)

Class SS: Sheehan (8-2)

### **All-Conference**

### **First Team Offense**

**Offensive Line:** Connor Bobbie (Amity Regional), Bradley Michaud (Fairfield Prep), Brian Oliver (West Haven), Michael Paine (Notre Dame), Lomell Satchell (Hillhouse), Aj Tatro (Sheehan)

**Tight End:** Sam Markovitz (Daniel Hand)

Wide Receiver: Tremaine Barr (Notre Dame), Jayden Dougherty

(Sheehan), Finbar Malloy (Fairfield Prep)

Running Back: Caden Hillier (Guilford), Cristian Luciano (Amity

Regional), Joey Mastroianni (North Haven)

**Quarterback**: Paul Calandrelli (Daniel Hand), Nick Conlan (West Haven), Robbie Manning (Fairfield Prep), Jake O'Brien (Sheehan)

Placekicker: Benjamin Conelius (Fairfield Prep)

### **First Team Defense**

**Defensive Line:** Kadear Dembele (West Haven), Kameron Gamm (Hamden), Kenny Krause (Lyman Hall), Brian Moran (North Haven), Logan Murphy (Guilford), Tim O'Malley (Daniel Hand), JR Stevenson (Cheshire)

**Linebacker:** Conor Casagrande (Daniel Hand), Aidan Connelly (Guilford), Tyler DiMauro (North Haven), Mason Frey (Fairfield Prep), Jack Grant (Sheehan), Ryan Kinik (Shelton)

Defensive Back: Josiah Carter (Notre Dame), Anthony Dorsi

(Fairfield Prep), Coryon Harris (West Haven), Ken Pompilli (Daniel Hand), Michael Smith (Jonathan Law)

### **Second Team Offense**

**Offensive Line**: Cooper Burke (Daniel Hand), Joe Carbone (North Haven), Jonah Caponera (Sheehan), Gehrig Footit (Notre Dame), Chris Moise (Shelton), Kaleb Osimeh (Hamden)

**Tight End**: Lance Mahon (Amity Regional)

Wide Receiver: Quinton O'Dea (Daniel Hand), Kyler Robinson

(Fairfield Prep), Michael Spadaccino (Shelton)

**Running Back**: Amir Daniley (Hillhouse), Joseph Fryer (Amity Regional), Connor Malin (Jonathan Law), Zach Queiroz (Foran) **Quarterback**: Alex Dombroski (East Haven), Israel Prevail (Bas-

sick), Matthew Witteman (Jonathan Law) **Placekicker**: Edgar Mendoza (Harding)

### **Second Team Defense**

**Defensive Line**: Jamar Bailey (Hillhouse), Kavonni Daniels (West Haven), Alden Gaboury (Xavier), Wyatt Shallis (Foran), Bryson Smith (Xavier), Richard Van Dyke (Sheehan)

**Linebacker**: Xaviare Ager (Hamden), Ryan Ciupa (Cheshire), Anthony Salerno (Lyman Hall), Mo Selmani (Daniel Hand), Trent Tracy

(Branford), Jumar Vaccianna (Notre Dame)

**Defensive Back**: Julian Barajas (Hamden), Rui DaSilva (West Haven), Tucker Larson (Sheehan), Alex LeBlanc (Branford), Dante Rodriguez (East Haven)

**Punter**: Travis Warren (Wilbur Cross)

Offensive Player of Year, presented by Connecticut Orthopae-

dics: Nick Conlan (West Haven)

Defensive Player of Year, presented by Conneticut Ortho-

**paedics:** Kadear Dembele (West Haven)

Coach of Year, presented by Connecticut Orthopaedics:

George French (Amity Regional)

# **Boys Cross Country**

### **State Champions:**

Xavier (Class L)

State Runner-ups: none

### <u>Divisional Races - Oct. 2 @Guilford Fairgrounds</u>

**Hammonasset/Housatonic Divisions** 

**Final Team Results**: 1. Amity Regional, 56; 2. Guilford, 66; 3. Cheshire, 68; 4. Daniel Hand, 90; 5. Shelton, 92; 6. Lyman Hall, 134; 7. Jonathan Law, 220; 8. Foran, 251; 9. Hillhouse, 254

**Top Finishers**: 1. Luke Cushing (Amity Regional), 15:16; 2. Daniel Irish (Cheshire), 15:42; 3. Tyler Deme (Sheehan), 15:48; 4. Jack Rickleman (Daniel Hand), 16:25; 5. Jackson Gould (Guilford), 16:47; 6. James Boyd (Cheshire), 16:49



### **Oronoque/Quinnipiac Divisions**

**Final Team Results**: 1. Hamden, 52; 2. Notre Dame, 53; Xavier, 80; 4. Fairfield Prep, 114; 5. North Haven, 128; 6. Wilbur Cross, 133; 7. Branford, 199; 8. West Haven, 213; 9. East Haven, 216

**Top Finishers**: 1. Alexander Medina (Hamden), 15:37; 2. Sebastian Halpern (Wilbur Cross), 15:46; 3. Matthew DeNardis (North Haven), 15:50; 4. Connor Garrett (Hamden), 15:55; 5. Owen Fletcher (Notre Dame), 16:16; 6. Ben Farmer (Notre Dame), 16:40

Championship Meet – Oct. 16 @East Shore Park - New Haven Final Team Results: 1. Xavier, 39; 2, Hamden, 105; 3. Amity Regional, 124; 4. Guilford, 125; 5. Notre Dame, 144; 6. Cheshire, 165; 7. Shelton, 207; 8. Fairfield Prep, 223; 9. Daniel Hand, 232; 10. North Haven, 245; 11. Lyman Hall, 256; 12. Wilbur Cross, 282; 13. Branford, 392; 14. Jonathan Law, 432; 15. Foran, 437; 16. Hillhouse, 456; 17. West Haven, 461

Winner: Luke Cushing (Amity Regional), 15:35

**Top Finishers**: 2. Owen Martin (Xavier), 15:58; 3. Connor Garrett (Hamden), 16:10; 4. Alexander Medina (Hamden), 16:11; 5. Jack Ouellette (Xavier), 16:12; 6. Matthew DeNardis (North Haven), 16:14.5; 7. Daniel Irish (Cheshire), 16:14.5; 8. Owen Jones (Xavier), 16:31; 9. Tyler Deme (Sheehan), 16:33; 10. Sebastian Halpern (Wilbur Cross), 16:48; 11. Owen Fletcher (Notre Dame), 16:53; 12. lan Schmeelk (Xavier), 17:01;

### **All-Conference**

**First Team:** Luke Cushing (Amity Regional), Owen Martin (Xavier), Connor Garrett (Hamden), Alexander Medina (Hamden), Jack Ouellette (Xavier), Matthew DeNardis (North Haven), Daniel Irish (Cheshire), Owen Jones (Xavier), Tyler Deme (Sheehan), Sebastian Halpern (Wilbur Cross), Owen Fletcher (Notre Dame), Ian Schmeelk (Xavier)

**Second Team**: Jack Rickleman (Daniel Hand), Nolan O'Connor (Xavier), Daniel Tristine (Fairfield Prep), Ben Farmer (Notre Dame), Jackson Gould (Guilford), Thomas Conklin (Lyman Hall), James Boyd (Cheshire), Lewis Thoreen (Guilford), Alexander Baneat (Shelton), Andrew Hawks (Xavier), Matthew Randall (Shelton), Miguel Flores Ruiz (Hamden)

**Runner of Year, presented by Connecticut Orthopaedics**: Luke Cushing (Amity Regional)

**Coach of Year, presented by Connecticut Orthopaedics**: Bryce Lindamood (Hamden)

# **Girls Cross Country**

**State Champions:** 

Mercy (Class MM)

### **State Runner-ups:**

Mercy (State Open) Sacred Heart Academy (Class M)

### **Hammonasset/Housatonic Divisions**

**Final Team Results**: 1. Cheshire, 38; 2. Amity Regional, 54; 3. Guilford, 68; 4. Daniel Hand, 94; 5. Foran, 148; 6. Shelton, 171; 7. Lyman Hall, 172; 8. Jonathan Law, 222

**Top Finishers**: 1. Annecy Vlieks (Daniel Hand), 18:00; 2. Eva Curran (Cheshire), 18:53; 3. Eleanor Chamberlain (Sheehan), 19:23; 4. Olivia Jackson (Guilford), 19:31; 5. Claire Theiss (Amity Regional), 19:36; 6. Adrianna Gonzalez (Foran), 19:52

### **Oronoque/Quinnipiac Divisions**

**Final Team Results:** 1. Mercy, 29; 2. Sacred Heart Academy, 66; 3. Wilbur Cross, 83; 4. Hamden, 84; 5. North Haven, 93; 6. Lauralton Hall, 175

**Top Finishers**: 1. Grayson Neuman (Wilbur Cross), 18:35; 2. Mackenzie Spooner (Sacred Heart Academy), 18:42; 3. Sarah Roberts (Mercy), 19:19; 4. Charlotte Kenney (Branford), 19:19; 5. Cora Wasiolek (Mercy), 19:19.9

Championship Meet – Oct. 16 @East Shore Park - New Haven Final Team Results: 1. Mercy, 33; 2. Cheshire, 88; 3. Sacred Heart Academy, 108; 4. Guilford, 134; 5. Amity Regional, 137; 6. Wilbur Cross, 155; 7. Hamden, 173; 8. Daniel Hand, 203; 9. North Haven, 226; 10. Foran, 259; 11. Shelton, 303; 12. Lyman Hall, 336; 13. Jonathan Law, 373; 14. Lauralton Hall, 375

Winner: Annecy Vlieks (Daniel Hand), 18:48

**Top Finishers:** 2. Cora Wasiolek (Mercy), 19:05; 3. Sarah Roberts (Mercy), 19:05; 4. Grayson Neuman (Wilbur Cross), 19:13; 5. Mackenzie Spooner (Sacred Heart Academy), 19:40; 6. Eleanor Chamberlain (Sheehan), 19:57.4; 7. Claire Theiss (Amity Regional), 19:57.9; 8. Clara Romero (Mercy), 20:09; 9. Charlotte Kenney (Branford), 20:10; 10. Eva Curran (Cheshire), 20:13; 11. Calista Nephew (Mercy), 20:15; 12. Ciara Davenport (Guilford), 20:16

### **All-Conference**

**First Team:** Annecy Vlieks (Daniel Hand), Cora Wasiolek (Mercy), Sarah Roberts (Mercy), Grayson Neuman (Wilbur Cross), Mackenzie Spooner (Sacred Heart Academy), Eleanor Chamberlain (Sheehan), Claire Theiss (Amity Regional), Clara Romero (Mercy), Charlotte Kenney (Branford), Eva Curran (Cheshire), Calista Nephew (Mercy)

**Second Team:** Ciara Davenport (Guilford), Ambar Santiago (Wilbur Cross), Alyson Low (Mercy), Adrianna Gonzalez (Foran), Emily D'Souza (Cheshire), Kendall Montabana (North Haven), Chloe Gaboury (Mercy), Harper Vanacore (Sheehan), Mavis Banks (Sacred Heart Academy), Sofia Lindamood (Hamden), Ava Ciccone (Cheshire), Cassidy Colantonio (Sacred Heart Academy), Heather Meisinger (Mercy)



Runner of Year, presented by Connecticut Orthopaedics:

Annecy Vlieks (Daniel Hand

Coach of Year, presented by Connecticut Orthopaedics:

Matt Conyers (Mercy)

# **Girls Volleyball**

State Champions: none

State Runner-ups: none

**Divisional champions** 

Hammonasset: Lauralton Hall (8-0) Housatonic: Amity Regional (8-0) Oronoque: Sacred Heart Academy (8-0)

**Quinnipiac:** Guilford (8-0)

**SCC Playoffs** 

First Round - Wednesday, Oct. 23

#6 Wilbur Cross 3, #11 Mercy 1 (25-13, 25-23, 24-26, 25-23)

#7 Cheshire 3, #10 Sheehan (25-16, 25-23, 25-8)

#8 North Haven 3, #9 Hamden 2 (25-22, 28-26, 22-25, 24-26, 15-12)

Quarterfinals – Friday, Oct. 25

#1 Amity Regional 3, #8 North Haven 0 (25-16, 25-19, 25-19) #7 Cheshire 3, #2 Lauralton Hall 2 (21-25, 25-16, 26-24, 7-25, 15-9) #3 Sacred Heart Academy 3, #6 Wilbur Cross 0 (25-21, 25-23, 25-16)

#5 Guilford 3, #4 Foran 2 (22-25, 25-17, 25-21, 19-25, 15-11)

Semifinals - Monday, Oct. 28 @Higher Seeds

#1 Amity Regional 3, #5 Guilford 0 (25-22, 25-23, 25-21) #3 Sacred Heart Academy 3, #7 Cheshire 2 (21-25, 20-25, 25-16,

25-23, 15-9)

**Championship Game – Wednesday, Oct. 30 at West Haven HS** Amity Regional 3, Sacred Heart Academy 1 (21-25, 26-24, 25-17,

**Tournament Most Outstanding Player**: Haley Mario, Amity Regional

**All-Conference** 

**First Team:** Sam Alberghini (Guilford), Nyah Boromei (Foran), Annika Burr Sacred Heart Academy), Eva Catalanotto (Cheshire), Alyssa DiGiovanna (North Haven), Amirah Easter (Lauralton Hall), Scarlett Hanscom (Wilbur Cross), Haley Mario (Amity Regional), Norah McNichols (Lauralton Hall), Riley O'Brien (Branford), Maddy Rollinson (Hamden), Megan Stack (Amity Regional)

**Second Team:** Lauren Aitkenhead (Lyman Hall), Gracie Brooks (Foran), Maddy Burke (Sacred Heart Academy), Alyssa Ferriouolo (North Haven), Julia Gallo (Daniel Hand), Julianne Henkel (Branford), Alexa Kukta (Guilford), Charlotte McGinness (Lauralton Hall), Haley Robles (Wilbur Cross), Lily Simons (Amity Regional), Skylar Swanson (Mercy), Jordan Tou (Shelton)

Player of Year, presented by Connecticut Orthopaedics:

Haley Mario (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics:

Laura Discenza (Lauralton Hall)

# Field Hockey

**State Champions:** 

Guilford (Class M)

**State Runner-ups:** 

Branford (Class M)

Sacred Heart Academy (Class S)

**Regular-season Champions:** Daniel Hand (12-0)

**SCC Playoffs** 

Quarterfinals – Thursday, Oct. 24

#1 Daniel Hand 2, #8 Lauralton Hall 1

#7 Cheshire 2, #2 Branford 1

#6 Hamden 6, at #3 Sacred Heart Academy 1

#4 Guilford 2, #5 Amity Regional 1 (OT)

Semifinals - Saturday, Oct. 26

#4 Guilford 2, #1 Daniel Hand 0

#6 Hamden 1, #7 Cheshire 0

Championship Game – Tuesday, Oct. 29 @Amity Regional HS

Guilford 3, Hamden 1

**Tournament Most Outstanding Player:** Cassie Ward, Guilford

**All-Conference** 

**First Team:** Jozie Becker (Hamden), Giada Broccoli (Hamden), Sarah Goldstein (Cheshire), Kylie Graham (Lauralton Hall), Tate Jones (Branford), Morgan Mastrobattisto (Daniel Hand), Addy Maxwell (Amity Regional), Lilly Panuccio (Branford), Ava Raffone (Sheehan), Claire Rickelman (Daniel Hand), Molly Schmitz (Sacred Heart Academy), Cassie Ward (Guilford), Bridget Waters (Daniel Hand)

Second Team: Leighton Brady (Lauralton Hall), Emma Coggins (Sacred Heart Academy), Bianca Coughlin (Sacred Heart Academy), Abbey DellaVentura (Guilford), Kaylin Findley (Lyman Hall), Cambelle Jacobson (Guilford), Maggie Lavin (Daniel Hand), Jillian Lydon (Amity Regional), Ellie Meyran (Branford), Abigail Park (Shelton), Bella Raffone (Sheehan), Hannah Rich (Daniel Hand), Sage Svalestad (Mercy), Zoe Tsoukanelis (Guilford), Addy Zalinsky (Amity Regional)

Player of Year, presented by Connecticut Orthopaedics:

Morgan Mastrobattisto (Daniel Hand)

Coach of Year, presented by Connecticut Orthopaedics:

Tina Bouchard (Hamden)

# **Girls Soccer**

**State Champions:** 

Mercy (Class LL)

State Runner-ups:

Sacred Heart Academy (Class L)



**Divisional champions** 

Hammonasset: Mercy (8-0)

**Housatonic:** Amity Regional (7-0-1) **Oronoque:** Daniel Hand (7-1) **Quinnipiac:** Guilford (5-0-1)

### **SCC Playoffs**

### Quarterfinals - Thursday, Oct. 24

#1 Mercy 4, #8 Cheshire 1

#2 Amity Regional 6, #7 Shelton 0

#6 Daniel Hand 2, #3 Sacred Heart Academy 1

#5 Guilford 2, #4 Jonathan Law 2 (Guilford advances via PK, 3-1)

Semifinals - Saturday, Oct. 26

#1 Mercy 5, #5 Guilford 0

#2 Amity Regional 1, #6 Daniel Hand 0

Championship Game – Monday, Oct. 28 at Ken Strong Stadium, West Haven HS

#1 Mercy 4, #2 Amity Regional 3 (OT)

**Tournament Most Outstanding Player**: Laney Smith, Mercy

### **All-Conference**

First Team: Layla Alogna (Jonathan Law), Molly Benson (Mercy), Sahana Bhandary Alexander (Career), Michaela Deiso (Lauralton Hall), Leah Farrell (Cheshire), Tea Gambardella (Guilford), Llyana Griffith-Waite (West Haven), Chelsea Hartsburg (Lauralton Hall), Addison Israel (Guilford), Meghan Keating (Sheehan), Maggie Kershnar (Amity Regional), Piper Lea (Daniel Hand), Bianca Maciel (Sacred Heart Academy), Ellie Madancy (Lyman Hall), Eve Marin (Amity Regional), Amery Monaco-Belden (Shelton), Peighton Nash (Foran), Mia O'Connor (Sacred Heart Academy), Keely Parri (Daniel Hand), Sophie Pascarella (Guilford), Olivia Ranciato (North Haven), Macie Salado (Amity Regional), Laney Smith (Mercy), Emily Vella (Jonathan Law)

Second Team: Alessandra Aurora (Hamden), Kaylee Benson (Mercy), Dani Boutote (Foran), Hannah Bernardo (North Haven), Maddie Buccheri (Lyman Hall), Stacey Casorla (Sheehan), Via Chappell (Lauralton Hall), Molly Croce (Jonathan Law), Hannah Dudley (East Haven), Kaycee Gayle (Sacred Heart Academy), Shannon Gordon (Cheshire), Dylan Hall (Branford), Amiyah Jones (West Haven), Kate Jones (Lauralton Hall), Sophie Kalagher (Lauralton Hall), Scarlett Kovarczi (Shelton), Alexa Kudasik (Amity Regional), Sailor Martin (Shelton), Brenda Quintanilla Guzman (Wilbur Cross), Elisa Perez (Career/Hillhouse), Julia Salley (Mercy), Ava Sink (Cheshire), Emelia Votto (Guilford), Elizabeth Walsh (Daniel Hand)

Player of Year, presented by Connecticut Orthopaedics:

Maggie Kershnar (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics:

Owen Quigley (Amity Regional)

# **Boys Soccer**

### **State Champions:** none

### **State Runner-ups:**

Xavier (Class LL)

### **Regular-season Division Champions**

Hammonasset: Cheshire (7-1) Housatonic: Notre Dame (8-0) Oronoque: Xavier (8-0) Quinnipiac: Guilford (4-1-1)

### **SCC Playoffs**

### Quarterfinals - Thursday, Oct. 24

#1 Notre Dame 3, #8 Amity Regional 1

#2 Xavier 2, #7 Guilford 1

#3 Daniel Hand 1, #6 Fairfield Prep 0 (OT)

#5 Cheshire 4, at #4 North Haven 1

### Semifinals - Saturday, Oct. 26

#2 Xavier 3, #3 Daniel Hand 0

#1 Notre Dame 7, #5 Cheshire 0

### Championship Game – Monday, Oct. 28 @Ken Strong Stadium – West Haven HS

#1 Notre Dame 3, #2 Xavier 0

**Tournament Most Outstanding Player:** Evan Fletcher, Notre Dame

### All-Conference

First Team: Ernesto Barrosa (Daniel Hand), Jameson Benben (Guilford), Diego Canellas (Xavier), Sebastian Cruz (Fairfield Prep) Reamon Curis (Notre Dame), Brandon Fajardo (Notre Dame), Evan Fletcher (Notre Dame), Tye Haley (Foran), Jordan Haley (Xavier), Stephano Jarrin (Guilford), Jack Marcus (Fairfield Prep), Ryan Markarian (Cheshire), William McGuire (Daniel Hand), Andrew Mendez (East Haven), Jack Notaro (North Haven), Malik Ouro-Adei (West Haven), Jelique Panton (Cheshire), Shelbie Razo (Hamden), Andre Rivadeniero (Wilbur Cross) Alex Rodriguez (Jonathan Law), Eric Romero (Shelton), Robert Severino (West Haven), Ethan Skonieczny (Daniel Hand), Ethan Tuxbury (Lyman Hall)

Second Team: Evan Brown (Cheshire), Patrick Cavalieri (Shelton), Thomas Crenwick (Shelton), Tanner Delvecchio (Lyman Hall), Aiden Dupree (Xavier), Luke Hackett (Foran), Sean Howard (Branford), William Keehan (Amity Regional), Julian Kubicz (Notre Dame), Francesco LaDore (Hamden), Carter Lagasse (Sheehan), Jason Larkin (Hamden), Ethan Masoperh (West Haven), Ryan Nastasia (Jonathan Law), Dominic Parete (Cheshire), Daniel Perez-Betancur (Guilford), Dylan Rivera-Bonet (Xavier), Jeff Rosekopf (North Haven), Mateo Santin (Amity Regional), Wyatt Sprenkle (Guilford), Adam Trachton (Wilbur Cross), Chris Van Tassell (Wilbur Cross), Oliver Wilker (Daniel Hand), Callum Wilson (Fairfield Prep)



Player of Year, presented by Connecticut Orthopaedics:

Reamon Curis (Notre Dame)

Coach of Year, presented by Connecticut Orthopaedics:

Mike Shirley (Daniel Hand)

# **Girls Swimming**

State Champions: none

**State Runner-ups:** 

Daniel Hand (Class S)

**Regular-season Champions** 

Div. I: Cheshire (7-0)

Div. II: Foran, Sheehan, Hamden (6-1)

Championship Meet - Oct. 30 @SCSU

**Final Team Scores:** 1. Amity Regional, 1426; 2. Cheshire, 1185; 3. Guilford, 781; 4. Daniel Hand, 666; 5. Sheehan, 551; 6. Lyman Hall, 501; 7. Hamden, 478.5; 8. Jonathan Law, 476.5; 9. Foran, 471.5; 10. SHA/East haven/Wilbur Cross/Hillhouse co-op, 391; 11. Branford, 355.5; 12. Shelton, 290; 13. North Haven, 264; 14. Mercy, 233; 15.

Lauralton Hall, 224; 16. West Haven, 179

Championship Meet Most Outstanding Performer: Natalia

Gacjecki, Cheshire

**Event Winners** 

200 yard Medley Relay: Cheshire (Natalie Gajecki, Mackenzie Hearrin,

Carly Cahill, Gabrielle Williamson), 1:48.38

200 yard Freestyle: Isabel Torello (Guilford), 1:56.51 200 yard IM: Marea Li (Amity Regional), 2:08.12

50 yard Freestyle: Gabrielle Williamson (Cheshire), 24.47 1-meter Diving: Ella Speerli (Daniel Hand), 446.40 100 yard Butterfly: Amanda Ford (Amity Regional), 59.24 100 yard Freestyle: Natalia Gajecki (Cheshire), 52.68

500-yard Freestyle: Samantha Chemacki (Daniel Hand), 5:13.81 200 yard Freestyle Relay: Cheshire (Vanessa Anderson, Courtney Gutmann, Annabelle Superchi, Gabrielle Williamson), 1:39.97 100 yard Backstroke: Natalia Gajecki (Cheshire), 57.03 100 yard Breaststroke: Marea Li (Amity Regional), 1:06.49 400 yard Freestyle Relay: Cheshire (Annabelle Superchi, Carly Cahill,

Vanessa Anderson, Natalia Gajecki), 3:37.78

**Championship Meet Most Outstanding Performer:** Julia Barto, Cheshire

**All-Conference** 

200 yard Medley Relay:

Cheshire (Natalie Gajecki, Mackenzie Hearrin, Carly Cahill, Gabrielle Williamson)

Amity Regional (Phoebe Hamblett, Marea Li, Amanda Ford, Aarya Mulmi)

**200 yard Freestyle:** Isabel Torello (Guilford), Phoebe Hamblett

(Amity Regional), Carly Cahill (Cheshire)

200 yard IM: Marea Li (Amity Regional), Annabelle Superchi

(Cheshire), Samantha Chemacki (Daniel Hand)

**50 yard Freestyle:** Gabrielle Williamson (Cheshire), Aislin Cohen

(Guilford), Audrey Henkel (Branford)

1-meter Diving: Ella Speerli (Daniel Hand), Sienna DeLucia (Ly-

man Hall), Jordyn Gould (Guilford)

**100 yard Butterfly:** Amanda Ford (Amity Regional), Annabelle

Superchi (Cheshire), Ava Piscioniere (Shelton)

**100 yard Freestyle:** Natalia Gajecki (Cheshire), Aislin Cohen (Guil-

ford), Audrey Henkel (Branford)

500-yard Freestyle: Samantha Chemacki (Daniel Hand), Isabel

Torello (Guilford), Isabelle Hodum (Sheehan)

200 yard Freestyle Relay

Cheshire (Vanessa Anderson, Courtney Gutmann, Annabelle

Superchi, Gabrielle Williamson)

Guilford (Aislin Cohen, Ryan Cohen, Muiriel Rader, Isabel Torello)

100 yard Backstroke: Natalia Gajecki (Cheshire), Ryan Cohen

(Guilford), Phoebe Hamblett (Amity Regional)

100 yard Breaststroke: Marea Li (Amity Regional), Ava Pis-

cioniere (Shelton), Gabrielle Williamson (Cheshire)

400 yard Freestyle Relay:

Cheshire (Annabelle Superchi, Carly Cahill, Vanessa Anderson,

Natalia Gajecki)

Guilford (Isabel Torello, Kate Young, Muiriel Rader, Aislin Cohen)

Div. I Swimmer of Year, presented by Connecticut Orthopae-

dics: Marea Li (Amity Regional)

Div. II Swimmer of Year, presented by Connecticut Orthopae-

dics: Kaylynn Chen (Sheehan)

Div. I Coach of Year, presented by Connecticut Orthopaedics:

Scott Butler (Daniel Hand)

Div. II Coach of Year, presented by Connecticut Orthopaedics:

Kristin Skuches (Foran)

# **WINTER**

# **Boys Indoor Track**

### **State Champions:**

Hamden (Class LL)

Xavier (Class L)

Lyman Hall (Class M and State Open)

State Runner-ups: none

EAST Sectional - Tuesday, Jan. 28

**Final Team Results**: 1. Lyman Hall, 116.33; 2. Daniel Hand, 69.33; 3. Shelton, 69; 4. Hillhouse, 60; 5. Amity Regional, 52.33; 6. Sheehan, 44; 7. Cheshire, 23; 8. Guilford, 21; 9. Jonathan Law, 10

WEST Sectional – Wednesday, Jan. 29

**Final Team Results**: 1. Xavier, 137; 2. Hamden, 94; 3. North Haven, 55; 4. Fairfield Prep, 44; 5. East Haven, 39; 5. Wilbur Cross, 39; 7. Notre Dame, 35; 8. West Haven, 12; 9. Branford, 5, 10. Career, 1



### SCC Championship Meet - Saturday, Feb. 8

**Final Team Results**: 1. Lyman Hall, 97; 2. Xavier, 88; 3. Hamden, 49; 4. Daniel Hand, 39; 5. Hillhouse, 29; 6. Shelton, 28; 7. Amity Regional, 26; 8. East Haven, 20; 9. Sheehan, 19; 10. Fairfield Prep, 18; 10. Guilford, 18; 12. Wilbur Cross, 10; 13. Notre Dame, 9; 14. Jonathan Law, 8; 15. North Haven, 3; 16. Cheshire, 3; 16. West Haven, 2

**Championship Meet Most Outstanding Performer**: Owen Rich, Lyman Hall

### **All-Conference**

First Team (Event winners)

4 x 200 Relay: Shelton (Cole Ostrosky, Angel Inthapanhya,

Sebastian Matei, Charles Pereira), 1:32.99

**4×800 Relay**: Hillhouse (Mahkai Heyward, Blaize Dowdy, Chikai

Udeokoro, William Gibson), 8:20.04

**1000 meters**: Alexander Medina (Hamden), 2:30.32 **600 meters**: Thomas Conklin (Lyman Hall), 1:23.96 **55 meter Hurdles**: Owen Rich (Lyman Hall), 7.61 **55 meters**: Tyler Varveris (East Haven), 6.52 **1600 meters**: Jack Ouellette (Xavier), 4:15.08

**1600 meters SMR**: Hamden (Jabari Hypolite, Liam Buckley-Robinson, Richard Nartley, Alexander Medina), 3:39.71

**300 meters**: Owen Rich (Lyman Hall), 35.37 **3200 meters**: Jack Ouellette (Xavier), 9:40.53

4 x 400 meter Relay: Lyman Hall (Timothy Conklin, Thomas

Conklin, Noah Scalesse, Owen Rich), 3:28.70 **Shot Put**: James Oberg (Guilford), 50-11 **High Jump**: Ethan Rich (Lyman Hall), 6-06 **Pole Vault**: Sean Arms (Daniel Hand), 14-00 **Long Jump**: Oliver Guzy (Xavier), 23-00.75

**Second Team (***championship meet second place***)** 

4 x 200 Relay: Daniel Hand (Aedan Virgulto, Lucas Nolte, Stone

Leckey, John Daniels), 1:33.06

4 x 800 Relay: Xavier (Eliyah DeLaCruz, Landon Rubano, Nolan

O'Connor, Xavier Laudati), 8:28.48

**1000 meters:** Owen Martin (Xavier), 2:36.02 **600 meters:** Timothy Conklin (Lyman Hall), 1:24.98 **55 meter Hurdles:** John Daniels (Daniel Hand), 8.08 **55 meters:** Kyler Robinson (Fairfield Prep), 6.56 **1600 meters:** Luke Cushing (Amity Regional), 4:15.78

SMR 1600 Meter Relay: Xavier (Ronan Finnegan, Oliver Guzy,

Justin Torres, Ian Schmeelk), 3:43.55

**300 meters:** Kyler Robinson (Fairfield Prep), 35.68 **3200 meters:** Jack Ouellette (Xavier), 9:40.53

4 x 400 meter Relay: Shelton (Sebastian Matei, Angel Inthapan-

hya, Eric Pacheco, Charles Pereira), 3:28.88 **Long Jump:** Ethan Rich (Lyman Hall), 22-04.25 **Pole Vault:** Christopher Drescher (Lyman Hall), 13-06

**High Jump:** Aaron Rich (Lyman Hall), 6-02

**Shot Put:** Lucas DeCrescenzo (Lyman Hall), 48-03.50

Athlete of Year, presented by Connecticut Orthopaedics:

Owen Rich (Lyman Hall)

Coach of Year, presented by Connecticut Orthopaedics:

David Palmer (Lyman Hall)

# **Girls Indoor Track**

### **State Champions:**

Hillhouse (Class M)

### State Runner-ups:

Sacred Heart Academy (Class S)

### EAST Sectional - Tuesday, Jan. 28

**Final Team Results**: 1. Hillhouse, 88; 1. Amity Regional, 88; 3. Sheehan, 65; 4. Shelton, 49; 5. Guilford, 44; 6. Foran, 42; 7. Daniel Hand, 40; 8. Cheshire, 38; 9. Jonathan Law, 7; 10. Lyman Hall, 3

### WEST Sectional - Wednesday, Jan. 29

**Final Team Results**: 1. Mercy, 117; 2. Sacred Heart Academy, 104; 3. Hamden, 91; 4. West Haven, 34; 5. Branford, 34; 6. Wilbur Cross, 26; 7. North Haven, 23; 8. East Haven, 13; 9. Lauralton Hall, 11; 10. Career, 8

### SCC Championship Meet - Saturday, Feb. 8

**Final Team Results**: 1. Amity Regional, 70; 2. Hillhouse, 55; 3. Hamden, 52; 4. Mercy, 46; 5. Sacred Heart Academy, 41; 6. Sheehan, 40; 7. Daniel Hand, 26; 8. Branford, 23; 9. Shelton, 20; 10. Cheshire, 18; 11. Foran, 16; 11. Wilbur Cross, 16; 13. Guilford, 15; 14. West Haven, 10; 15. North Haven, 8; 16. Lauralton Hall, 4; 16. Career Magnet, 4; 18. Lyman Hall, 1

**Championship Meet Most Outstanding Performer**: *Isabella Aldi, Amity Regional* 

### **All-Conference**

First Team (championship meet event winners)

**4 x 200 Relay**: Hamden (Megan Stallworth, Siobhan Diggs, Shanez DeRoche, Chyle Bond), 1:45.07

4 x 800 Relay: Mercy (Kayla Johnson, Heather Meisinger, Clara

Romero, Sarah Roberts), 10:15.60

**1000 meters:** Charlotte Kenney (Branford), 3:11.49 **600 meters**: Anique Deboulet (Wilbur Cross), 1:42.10 **55 meter Hurdles**: Isabella Aldi (Amity Regional), 8.96

55 meters: Destini Reid (Hillhouse), 7.24

**1600 meters**: Eleanor Chamberlain (Sheehan), 5:20.18 **1600 meters SMR**: Lyman Hal (Isabelle Champagne, Kaylin

Findley, Sadie Tierney, Sophie Perrin), 4:43.09 **300 meters**: Shanez De Roche (Hamden), 42.17 **3200 meters**: Sarah Roberts (Mercy), 11:38.94

4 x 400 meter Relay: Hillhouse (Darea Vargas, Briana Thompson,



D'yona Sumler, Deanna Moore), 4:13.61

Pole Vault: Liliana Quill (Amity Regional), 11-06\* (SCC meet

record)

**Shot Put**: Maya Quaranta (Sacred Heart Academy), 42-03.75

Long Jump: Paige Davis (West Haven)

**High Jump**: Fiona Donahue (Amity Regional), Folasade Danmola

(Shelton), 4-10

**Second Team (***championship meet second place***)** 

4 x 200 Relay: Hillhouse (Darea Vargas, Amaiya Ellis, Ny-asia Tay-

lor, Destini Reid), 1:49.16

4 x 800 Relay: Cheshire (Claire Bowman, Emily D'Souza, Sarah

Goldstein, Eva Curran), 10:20.38

**1000 meters:** Calista Nephew (Mercy), 3:12.51 **600 meters**: Margaret Lavin (Daniel Hand), 1:42.78 **55 meter Hurdles**: Macie Salado (Amity Regional), 9.00

**55 meters**: Shanez De Roche (Hamden), 7.33 **1600 meters**: Eva Curran (Cheshire), 5:20.43

SMR 1600 Meter Relay: Amity Regional (Eve Marin, Elizabeth

Criscuolo, Macie Salado, Besjana Bobi), 4:36.42 **300 meters**: Destini Reid (Hillhouse, 42.48

**3200 meters**: Eleanor Chamberlain (Sheehan), 11:45.06

4 x 400 meter Relay: Daniel Hand (Alica Agovino, Rchael McCart-

ney, Caroline Keating, Ellie Flynn), 4:15.67

Pole Vault: Sophia Ciarleglio (Sacred Heart Academy), 10-06

**Long Jump**: Isabella Aldi (Amity Regional), 17-04.75 **High Jump**: Fiona Donahue (Amity Regional), 4-10 **Shot Put**: Antonnise Madden-Codner (Hillhouse), 33-09

Athlete of Year, presented by Connecticut Orthopaedics:

Maya Quaranta (Sacred Heart Academy)

Coach of Year, presented by Connecticut Orthopaedics:

Bob Burns (Amity Regional)

# **Cheerleading**

**State Champions:** none

### **State Runner-ups:**

Cheshire (Class L)

SCC Competition - Saturday, Feb. 1 @North Haven HS

**Final Team Results:** 1. East Haven, 87.20; 1. North Haven, 87.20; 3. Daniel Hand, 78.55; 4. Mercy, 77.35; 5. Cheshire, 76.25; 6. Branford, 75.35; 7. Sacred Heart Academy, 74.30; 8. Lyman Hall, 73.90; 9. West Haven, 73.65; 10. Jonathan Law, 71.40; 11. Shelton, 68.65; 12. Foran, 68.50; 13. Lauralton Hall, 68.25; 14. Amity Regional, 58.05; 15. Sheehan, 50.70

**Spirit Award**: Lauralton Hall

### All-Conference

Kolbey Nastri (East Haven), Gianna Tullo (East Haven), Jea lamunno (North Haven), Jillian Falcone (Cheshire), Gianna Perciballi (East

Haven), Zu Zu Pont Strong (Branford), Reagan Dower (North Haven), Danielle Patrick (Sacred Heart Academy), Gianna Carrano-Lanza (North Haven), Layla Braxton (Lauralton Hall), Mia Scott (Daniel Hand), Madison Kuczynski (Sacred Heart Academy), Charlotte Baldieri (Jonathan Law), Mackenzie Hanson (Mercy), Emily Bourque (Shelton), Tatum Giordano (Branford), Grazia Fichera (Mercy), Madelynn Nash (Jonathan Law), Carlisha Outlaw (Cheshire), Lea Boguniecki (Foran), Molly Brunson (Branford), Kayla Casorla (Lyman Hall), Nashaly Zabala (Sacred Heart Academy), Grace Krailler (Shelton)

**Cheerleader of Year, presented by Connecticut Orthopaedics:** 

Kolbey Nastri (East Haven)

Cheerleader Merit Award, presented by Connecticut Orthopae-

dics: Mackenzie Hanson (Mercy)

**Coach of Year, presented by Connecticut Orthopaedics:** 

Lynn Baglini (Lauralton Hall)

# **Boys Swimming**

### **State Champions:**

Fairfield Prep (Class L)

### State Runner-ups:

Fairfield Prep (State Open)
Daniel Hand co-op (Class L)

### **Regular-season Division Champions**

**Division I:** Fairfield Prep (7-0) **Division II:** Notre Dame (7-0)

SCC Championship Meet – Friday, March 7 @Southern Connecticut State University – Hutchinson Natatorium

Final Team Results: 1. Fairfield Prep, 1426.50; 2. Daniel Hand, 879; 3. Amity Regional, 716; 4. Sheehan/Lyman Hall co-op, 672; 5. Notre Dame, 588; 6. Hamden, 526; 7. Xavier, 451.50; 8. Milford co-op, 430; 9. Greater New Haven co-op, 304; 10. West Haven, 222; 111. Shelton, 220; 12. HK/Valley Regional co-op 217; 13. Cheshire, 125

**Championship Meet Most Outstanding Performer**: *Evan VanVelzor (Fairfield Prep)* 

### **Event Winners**

200 yard Medley Relay: Fairfield Prep (Owen Tharrington, Gabe Swarowsky, Timothy King, Andy Thung), 1:37.00
200 yard Freestyle: Evan VanVelzor (Fairfield Prep), 1:41.97
200 yard IM: Owen Tharrington (Fairfield Prep), 1:55.42
50 yard Freestyle: Matthew Ackerman (Daniel Hand), 21.77
100 yard Butterfly: Brayden Hale (Wallinford co-op), 50.49
100 yard Freestyle: Jack Cunningham (Fairfield Prep), 46.87
500 yard Freestyle: Evan VanVelzor (Fairfield Prep), 4:39.30
200 yard Freestyle Relay: Fairfield Prep (Jack Cunningham, Gabe Swarowsky, Rohan Thung, Evan VanVelzor), 1:28.14



**100 yard Backstroke:** Owen Tharrington (Fairfield Prep), 51.33 **100 yard Breaststroke:** Brayden Hale (Wallingford co-op), 57.76

**400 yard Freestyle Relay:** Fairfield Prep (Evan VanVelzor, Owen Tharrington, Timothy King, Jack Cunningham), 3:11.13 **Diving:** James Vigliotti (Greater New Haven co-op), 378.75

### **All-Conference**

### 200 yard Medley Relay:

Fairfield Prep (Owen Tharrington, Gabe Swarowsky, Timothy King, Andy Thung)

Wallingford co-op (Aidan Nottingham, Jack Angelastro, Brayden Hale, Espen Fenstad)

**200 yard Freestyle:** Evan VanVelzor (Fairfield Prep), Jack Cunningham (Fairfield Prep), Christian Wilk (Notre Dame)

**200 yard IM**: Owen Tharrington (Fairfield Prep), Timothy King (Fairfield Prep), Daniel Starkey (Daniel Hand)

**50 yard Freestyle**: Matthew Ackerman (Daniel Hand), Espen Fenstad (Wallingford co-op), Lelan Jacheo (Notre Dame)

**100 yard Butterfly**: Brayden Hale (Wallingford co-op), Julian Adu (Notre Dame), Adam Signorello (Daniel Hand)

**100 yard Freestyle**: Jack Cunningham (Fairfield Prep), Matthew Ackerman (Daniel Hand), Timothy King (Fairfield Prep)

**500 yard Freestyle**: Evan VanVelzor (Fairfield Prep), Christian Wilk (Notre Dame), Daniel Starkey (Daniel Hand)

### 200 yard Freestyle Relay:

Fairfield Prep (Jack Cunningham, Gabe Swarowsky, Rohan Thung, Evan Van Velzor)

Notre Dame (Lelan Jacheo, Gavin Giordano, Christian Wilk, Julian Adu)

**100 yard Backstroke**: Owen Tharrington (Fairfield Prep), Shane Colligan (Shelton), Markiyan Yukhno (Amity Regional)

**100 yard Breaststroke**: Brayden Hale (Wallingford co-op), Jack Angelastro (Wallingford co-op), Julian Adu (Notre Dame)

### 400 yard Freestyle Relay:

Fairfield Prep (Evan VanVelzor, Owen Tharrington, Timothy King, Jack Cunningham)

Notre Dame (Lelan Jacheo, Gavin Giordano, Christian Wilk, Julian Adu)

**Diving:** James Vigliotti (Greater New Haven co-op), Lincoln Busa (Wallingford co-op), Gianmarco Barrato (Fairfield Prep)Northrop)

**Div. I Swimmer of Year, presented by Connecticut Orthopae-dics** – Owen Tharrington (Fairfield Prep)

aics – Owen Tharrington (Fairfield Prep)

**Div. II Swimmer of Year, presented by Connecticut Orthopaedics** – Julian Adu (Notre Dame)

Div. I Coach of Year, presented by Connecticut OrthopaedicsRob Urban (Fairfield Prep)

**Div. II Coach of Year, presented by Connecticut Orthopaedics** – Ken Pierson (Notre Dame)

# **Gymnastics**

### **State Champions:**

Daniel Hand (Class S)

### State Runner-ups: none

### SCC Championship Meet - Thursday, Feb. 6

**Final Team Results:** 1. Daniel Hand, 140.2; 2. Jonathan Law, 120.1; 3. Foran, 114.85; 4. Hamden, 92.8

### **Event Winners:**

Vault: Brooke Anderson (Daniel Hand), 9.3 Bars: Brooke Anderson (Daniel Hand), 9.3 Beam: Brenna Boucino (Daniel Hand), 8.8 Floor: Brooke Anderson (Daniel Hand), 9.35

All-Around: Brooke Anderson (Daniel Hand), 36.6; 2. Olivia Consiglio (Daniel Hand), 34.25; 3. Kelly Kelly (Daniel Hand), 33.95; 4. Ella Speerli (Daniel Hand), 33.9; 5. Brenna Boucino (Daniel Hand), 33.4; 6. Kayla Johnson (Foran), 33.05; 7. Mackenzie Kielb (Mercy), 31.9; 8. Paige Kantor (Jonathan Law), 31.55; 9. Quinn Carroll (Foran), 30.05; 10. Sam Matist (Jonathan Law), 29.85; 10. Jane Vincent (Guilford), 29.85; 11. Lauren Morales (Hamden), 29.35; 12. Carlee Harwood (Mercy), 26.75; 13. Rainey Haramis (Jonathan Law), 25.9; 14. Kayleigh Kirchoff (Hamden), 25.2; 15. Jordyn Fisher (Jonathan Law), 24.15

**Championship Meet Most Outstanding Performer**: Brooke Anderson, Daniel Hand

### **All-Conference**

Brooke Anderson (Daniel Hand), Olivia Consiglio (Daniel Hand), Kelly Kelly (Daniel Hand), Ella Speerli (Daniel Hand), Brenna Boucino (Daniel Hand), Kayla Johnson (Foran), Paige Kantor (Jonathan Law), Anna Uruchida (Jonathan Law), Abby Lombardi (Daniel Hand), Chloe Fickinger (Daniel Hand)

**Gymnast of Year, presented by Connecticut Orthopaedics:** Olivia Consiglio (Daniel Hand)

**Coach of Year, presented by Connecticut Orthopaedics:** Dina Savoca (Foran)

# **Girls Basketball**

Presented by Vertical Hoops



### **State Champions:**

Sacred Heart Academy (Class LL) Sheehan (Class MM)

### State Runner-ups: none

### **Regular-season Division Champions**

**Hammonasset**: Amity Regional/Hamden (7-1) **Housatonic**: Sacred Heart Academy (8-0)

Oronoque: Mercy (8-0) Quinnipiac: Sheehan (8-0)



### **SCC Playoffs**

### First Round - Wednesday, Feb. 19

#1 Sacred Heart Academy 93, #16 Career 41

#2 Amity Regional 62, #15 Hillhouse 32

#3 Mercy 64, #14 Guilford 31

#4 Sheehan 55, #13 Branford 32

#5 North Haven 54, #12 West Haven 42

#6 Cheshire 42, #11 Daniel Hand 26

#7 Hamden 52, #10 Foran 48

#9 Lyman Hall 49, at #8 Jonathan Law 37

### Quarterfinals - Friday, Feb. 21 @higher seeds

#1 Sacred Heart Academy 51, #9 Lyman Hall 30

#4 Sheehan 51, #5 North Haven 42

#3 Mercy 47, #7 Cheshire 35

#7 Hamden 40, #2 Amity Regional 37

### Semifinals - Sunday, Feb. 23 @Sheehan HS

#1 Sacred Heart Academy 59, #4 Sheehan 36

#7 Hamden 48, #3 Mercy 38

# Championship Game – Wednesday, Feb. 26 @M&T Bank Arena – Quinnipiac University

Sacred Heart Academy 56, Hamden 43

**Tournament Most Outstanding Player:** *Emily Mennillo, senior quard, Sacred Heart Academy* 

### **All-Conference**

First Team: Maddie Benigni (Mercy), Shelby Burnham (Branford), Lia Calderon (North Haven), Lyla D'Errico (Sacred Heart Academy), Faith Doyle (Foran), Noelle Lawrence (West Haven), Emily Mennillo (Sacred Heart Academy), Grace Mik (Lyman Hall), Kamora Moore (Hamden), Nina Nardecchia (Amity Regional), Jenna Wresien (Sheehan), Megan Wresien (Sheehan)

**Second Team:** Mercedes Artaiz (Mercy), Olivia Ball (North Haven), Aunee Brookshire (Hamden), Ava Deitelbaum (Foran), Lovie D'Onofrio (Amity Regional), Sydney Hale (Cheshire), Susan Hotaling (Sheehan), Chloe Konareski (Jonathan Law), Ella Morgan (West Haven), Jessica Radziunas (Branford), Zariah Rivera (Hillhouse), Abi Weidman (Mercy)

Player of Year, presented by Connecticut Orthopaedics: Emily Mennillo (Sacred Heart Academy) Coach of Year, presented by Connecticut Orthopaedics:

Nick Dottori (Amity Regional)





### **State Champions:**

Notre Dame (Div. I)

### **State Runner-ups:**

Sheehan (Div. 4)

### **Regular-season Division Champions**

Hammonasset: Notre Dame (8-0) Housatonic: Wilbur Cross (7-1) Oronoque: Hillhouse (8-0) Quinnipiac: Foran (7-1)

### **SCC Playoffs**

### First Round - Thursday, Feb. 20 @Higher Seeds

#3 West Haven 86, #14 East Haven 63

#4 Foran 63, #13 Sheehan 52

#5 Daniel Hand 67, #12 Career 56

#6 Fairfield Prep 59, #11 Xavier 47

#7 Wilbur Cross 80, #7 Amity Regional 63

#8 Hamden 57, #9 Cheshire 52

### Quarterfinals - Saturday, February 22 @Higher Seeds

#1 Notre Dame 100, #8 Hamden 59

#4 Foran 52, #5 Daniel Hand 50

#2 Hillhouse 71, #7 Wilbur Cross 62

#3 West Haven 59, #6 Fairfield Prep 42

### Semifinals - Monday, February 24 @Branford HS

#1 Notre Dame 73, #4 Foran 56

#2 Hillhouse 70, #3 West Haven 48

# Championship Game – Wednesday, February 26 @M&T Bank Arena, Quinnipiac University

Notre Dame 62, Hillhouse 44

### "Tom Fleming" Tournament Most Outstanding Player: Abdou

Toure, junior, guard, Notre Dame

### **All-Conference**

**First Team:** Germone Barnes (Hamden), Jared Butler (Wilbur Cross), Jared Coleman (Hillhouse), Aaron Johnson, Jr. (West Haven), John Johnson (Foran), Loshon Roman (West Haven), Abdou Toure (Notre Dame), Landon Krygier (Notre Dame), Thomas McCullough (Daniel Hand), Jaxon Staples (Foran), Avery Sutton (Hillhouse), Jordan Sirabionian (Hillhouse), Chris Van Tassel (Wilbur Cross)

**Second Team:** Amere Best (Career), Willie Darden, Jr (Wilbur Cross), Quincy Dormevil (Notre Dame), London Garcia (East Haven), Craig Guest, Jr (Wilbur Cross), Trew Kitson (East Haven), K'naan Morris (West Haven), Matt Petersen (Daniel Hand), Michael Waters (Xavier), Collin Tenney (Amity Regional), Cam Upchurch (Jonathan Law)

Player of Year, presented by Connecticut Orthopaedics:

Abdou Toure (Notre Dame)

Coach of Year, presented by Connecticut Orthopaedics:

Ian Kirkpatrick (Foran)



# **Girls Ice Hockey**

**State Champions:** none

State Runner-ups: none

**Regular-season Division Champions** 

West Haven/SHA co-op (8-2)

**SCC Playoffs** 

First Round - Monday, Feb. 24

#4 Masuk co-op 4, #5 Guilford co-op 0 #3 Hamden co-op 8, #6 Daniel Hand co-op 2

Semifinals - Wednesday, Feb. 26

#1 West Haven/SHA co-op 3, #4 Masuk co-op 2 (3 OT) #2 Amity/Cheshire/NH co-op 2, #3 Hamden co-op 0

Championship Game - Saturday, March 1 @Bennett Rink

#1 West Haven/SHA co-op 2, #2 Amity/Cheshire/North Haven (The Blades) co-op 1

**Tournament Most Outstanding Player**: Alessandra Picard, West Haven/SHA co-op

**All-Conference** 

**First Team** 

**Goalie:** Kyra Sweeney (Hamden co-op)

**Forward:** Alessandra Picard (West Haven/SHA co-op/SHA), Maybelle Caron (Amity co-op), Jozie Becker (Hamden co-op), Hailey Azzarone (WH/SHA co-op/SHA)

**Defense:** Maura Lebreck (Amity co-op), Peyton LeMay (Guilford

co-op)

**Second Team** 

**Goalie:** Olivia Hwang (Guilford co-op)

**Forward:** Giada Broccoli (Hamden co-op), Hannah Newman (Southwest United Co-op/Lauralton Hall), Emelia Brandi (Amity co-op/North Haven), Lia Spremullo (Southwest United Co-op/

Newtown), Ava Martin (Hamden co-op)

**Defense:** Heather Fonda (West Haven/SHA co-op)

Player of Year, presented by Connecticut Orthopaedics: Alessandra Picard (West Haven/Sacred Heart Academy co-op) Coach of Year, presented by Connecticut Orthopaedics:

Erin Blake (West Haven/SHA co-op)

**Boys Ice Hockey** 

**State Champions:** 

East Haven co-op (Div. II)

**State Runner-ups:** 

Cheshire (Div. II)

**Regular-season Division Champions** 

**Division I:** Notre Dame (3-0)

**Division II:** Amity Regional, East Haven co-op (9-1-1)

**Division III:** JBWA co-op (5-0)

SCC/SWC Playoffs

Division I

Semifinals - Tuesday, March 4

#1 Notre Dame-West Haven 5, #4 Notre Dame Prep 2

#2 Fairfield Prep 5, #3 Xavier 3

Championship Game – Friday, March 7 @Bennett Rink

#2 Fairfield Prep 4, #1 Notre Dame-WH 0

**Tournament Most Outstanding Player:** Connor Driscoll

(Fairfield Prep)

**Division II** 

Semifinals – Wednesday, March 5 @Bennett Rink

#1 Amity Regional 4, #4 Cheshire 2

#2 East Haven co-op 3, #3 North Haven 1

Championship Game – Friday, March 7 @Bennett Rink

#1 Amity Regional 4, #2 East Haven co-op 2

**Tournament Most Outstanding Player:** *Liam Oliver, Amity* 

Regional

**Division III** 

Semifinals – Wednesday, March 5 @Danbury Ice Arena

#1 BBDI co-op 4, #4 Milford co-op 0

#2 JWBA co-op 2, #3 Masuk 1

Championship Game – Friday, March 7 @Danbury Ice Arena

#2 JBWA co-op 2, #1 BBDI 1 (OT)

**Tournament Most Outstanding Player:** Connor Thomas, JBWA

со-ор

All-Conference:

**Division I** 

**First Team:** 

Forward: Nick Stevens (Notre Dame-WH), Connor Driscoll (Fair-

field Prep), Lukacs Delmonico (Notre Dame-WH), John Montesan-

to (Xavier), Max Schroeder (Notre Dame-WH)

Defense: Griffin Manske (Xavier), Dylan Bankowski (Notre Dame-

WH), Chris Sola (Fairfield Prep)

Goalie: Brandon Bayusik (Notre Dame Prep), Charlie Rodrigue

(Fairfield Prep)

Div. I Player of Year, , presented by Conneticut Orthopae-

dics: Dylan Bankowski (Notre Dame-WH)

Div. I Coach of Year, presented by Conneticut Orthopaedics:

Mark Mongillo (Notre Dame Prep)

Division II

First Team:

**Forward:** Lorenzo DeFilio (East Haven co-op/Sheehan), Michael Loomis (Branford), Bryce Mastriano (North Haven), AJ Capecelatro

(Amity Regional)

**Defense:** Preston Cantele (East Haven co-op/Sheehan), Jay Pi-

nover (Daniel Hand), Charlie Golden (Cheshire)

**Goalie:** Dante DiLegge (Branford), Dylan Florio (Lyman Hall)



### **Second Team**

**Forward:** Bryce Montabana (North Haven), Joe Kovach (Watertown-Pomperaug co-op), Devin Kelly (Cheshire), Brady Price (West Haven)

**Defense:** Paul Mastriano (North Haven), Liam Oliver (Amity Regional), Matt Gerviais (Daniel Hand), Kellen Rinehart (Guilford) **Goalie:** Ryan Miller (Cheshire), Andrew Brown (Watertown-Pomperaug co-op)

Div. II Player of Year, , presented by Conneticut Orthopaedics: Lorenzo DeFilio (East Haven co-op/Sheehan) Div. II Coach of Year, presented by Conneticut Orthopaedics: Jim Dinapoli (Branford)

### **Division III**

**First Team:** 

**Forward**: Peter Robinson (JBWA co-op), Brody Dietter (BBDI co-op), Alex Sweeney (New Milford),

**Defense**: T.J. Miller (BBDI co-op), Connor Kehlenbach (Masuk) **Goalie**: Connor Thomas (JBWA co-op), Miles Wilson (Shepaug)

### **Second Team**

**Forward**: Luke Kondub (Masuk), Dan Lavallee (Milford co-op), Christian Labella (Masuk), Max Krug (JBWA co-op)

**Defense**: Luca Morra (Newtown co-op), Dylan Stein (New Milford) **Goalie**: Max Pawloski (BBDI co-op)

Div. III Player of Year, , presented by Conneticut Orthopaedics: Co Thomas (JBWA co-op)

Div. III Coach of Year, presented by Conneticut Orthopae-

**dics:** JP Shimko (Milford co-op)

# **Wrestling**

### **State Champions:**

Xavier (Class L and State Open) Foran (Class M)

State Runner-ups: none

### **Regular-season Division Champions**

Foran, Xavier, Guilford, Cheshire (3-0)

### SCC Championship Meet - Feb. 14-15 @Guilford HS

**Final Team Results**: 1. Xavier, 271; 2. Foran, 177; 3. Shelton, 124; 4. Guilford, 120.5; 5. Notre Dame, 102; 6. North Haven, 98; 7. Amity Regional, 97.5; 8. Cheshire, 87.5; 9. Fairfield Prep, 62; 10. Branford, 58; 10. West Haven, 58; 12. Jonathan Law, 46.5; 13. Daniel Hand, 44; 14. New Haven, 37; 15. Sheehan, 27; 16. Morgan, 24.5; 17. East Haven, 19; 18. Hamden, 7.5

### **Championship Matches**

**106 lbs.** – Zack Dixon (Xavier) Tech Fall Sean Sevigny (Notre Dame), 18-2 1:43

**113 lbs.** – Bradley Ament (Xavier) pinned Gabe Sardone (Notre Dame), 1:29

**120 lbs.** – Zaphyr Musshorn (Xavier) pinned Samson Ditman (Amity Regional), 1:29

**126 lbs.** – Seamus Hallinan (Xavier) pinned Bennett Lane (Foran), 3:46

**132 lbs.** – Braylon Gonzalez (Xavier) pinned lke Blomberg (Shelton), 2:20

**138 lbs.** – Jay Chase (Sheehan) major decision Elijah McDermott (Guilford), 14-1

**144 lbs.** – Alex Uzzo (Guilford) major decision Jacob Tierney (Cheshire), 17-3

**150 lbs.** – Vincent Rivera (Xavier) decision Jace lamunno (North Haven), 8-1

**157 lbs.** – Cael Loria (Xavier) pinned Antonios Aspras (Foran), 1:12 **165 lbs.** – Chase Catalano (Xavier) technical fall Dylan Warner

(Branford), 19-3, 4:35

**175 lbs.** – Maximus Morse (Xavier) pinned Branimir Lah (Amity Regional), 1:59

**190 lbs.** – Panagiotis Christakos (Foran) pinned Will Smith (Jonathan Law), 1:46

**215 lbs.** – Chase Galke (Shelton) pinned Colton Deboda (Guilford), 3:08

**285 lbs.** – Jagger Rees (Foran) pinned Julien Montiel (West Haven), 3:54

**Championship Meet Most Outstanding Performer**: *Chase Galke, Shelton, 215 lbs.* 

### **All-Conference:**

### **First Team**

106 lbs. - Zack Dixon (Xavier)

113 lbs. - Bradley Ament (Xavier)

120 lbs. – Zaphyr Musshorn (Xavier)

126 lbs. – Seamus Hallinan (Xavier

132 lbs. – Braylon Gonzalez (Xavier)

138 lbs. - Jay Chase (Sheehan)

144 lbs. – Alex Uzzo (Guilford)

150 lbs. – Vincent Rivera (Xavier)

157 lbs. – Cael Loria (Xavier)

165 lbs. – Chase Catalano (Xavier)

175 lbs. – Maximus Morse (Xavier)

190 lbs. – Panagiotis Christakos (Foran)

215 lbs. - Chase Galke (Shelton)

285 lbs. - Jagger Rees (Foran)

### **Second Team**

106 lbs. – Sean Sevigny (Notre Dame)

113 lbs. – Gabe Sardone (Notre Dame)

120 lbs. - Samson Ditman (Amity Regional)

126 lbs. – Bennett Lane (Foran)

132 lbs. – Ike Blomberg (Shelton)

138 lbs. – Elijah McDermott (Guilford)

144 lbs. – Jacob Tierney (Cheshire)

150 lbs. – Jace Iamunno (North Haven)

157 lbs. – Antonios Aspras (Foran)

165 lbs. – Dylan Warner (Branford)



175 lbs. – Branimir Lah (Amity Regional) 190 lbs. – Will Smith (Jonathan Law) 215 lbs. – Colton Deboda (Guilford)

285 lbs. – Julien Montiel (West Haven)

Wrestler of Year, presented by Connecticut Orthopaedics:

Jay Chase (Sheehan)

**Coach of Year, presented by Connecticut Orthopaedics:** 

David Esposito (Foran)



# **Boys Outdoor Track & Field**

### **State Champions:**

Xavier (Class L)
Daniel Hand (Class MM)

State Runner-ups: none

WEST Sectional - Monday, May 19 @North Haven HS

**Final Team Results**: 1. Daniel Hand, 157; 2. Sheehan, 112; 3. Hillhouse, 105.5; 4. Lyman Hall 67; 5. Fairfield Prep, 64; 6. Notre Dame, 52.5; 7. West Haven, 46; 8. Branford, 42; 9. Wilbur Cross, 32; 10. Foran, 18

### EAST Sectional - Tuesday, May 20 @North Haven HS

**Final Team Results**: 1. Hamden, 185; 2. Xavier, 139; 3. North Haven, 93; 4. Shelton, 75; 5. Guilford, 57; 6. Amity Regional, 42; 7. East Haven, 40; 8. Cheshire, 36; 9. Jonathan Law, 28; 10. Career, 7

Championship Meet - Tuesday, May 27 @Amity Regional HS

**Final Team Results**: 1. Hamden, 132; 2. Xavier, 98; 3. Daniel Hand, 93; 4. Lyman Hall, 42; 5. North Haven, 41; 6. Sheehan, 36; 7. Hillhouse, 35; 8. Guilford, 34; 9. Fairfield Prep, 28; 9. Shelton, 28; 11. Amity Regional, 22; 12. Branford, 19; 13. Wilbur Cross, 17; 14. Cheshire, 16; 15. Notre Dame, 14; 16. East Haven, 13; 17. West Haven, 12; 18. Jonathan Law, 11; 19. Foran, 9

**Championship Meet Most Outstanding Performer** – *William Gibson, Hillhouse* 

### All-Conference

**First Team (***championship meet event winners***)** 

4 x 100 meter relay: Daniel Hand (Stone Leckey, Lucas Nolte,

Aedan Virgulto, Matt Petersen), 42.54

4 x 400 meter relay: Daniel Hand (Lucas Nolte, Matt Petersen,

Aedan Virgulto, John Daniels), 3:19.29

4 x 800 meter relay: Lyman Hall (Tim Conklin, Sam Haddad, Alan

Redford, Tom Conklin), 8:08.48

100 meters: Jack Davis (Fairfield Prep), 10.78

110 meter Hurdles: William Gibson (Hillhouse), 14.29

**200 meters**: Jack Davis (Fairfield Prep), 21.71

300 meter Hurdles: William Gibson (Hillhouse), 38.73

400 meters: Lucas Nolte (Daniel Hand), 48.97

**800 meters**: Alexander Medina (Hamden), 1:54.35 **1600 meters**: Jack Ouellette (Xavier), 4:12.68 **3200 meters**: Owen Martin (Xavier), 9:28.50 **Discus**: Lucas DeCrescenzo (Lyman Hall), 161-01

High Jump: Cameron Upchurch (Jonathan Law), 6-04.00

Javelin: Stone Leckey (Daniel Hand), 157-00 Long Jump: Oliver Guzy (Xavier), 21-09.25 Pole Vault: Dylan Vazquez (Sheehan), 14-06 Shot Put: James Oberg (Guilford), 53-04.50 Triple Jump: Robert Adkins (Hamden), 43-02.50

**Second Team (***championship meet second place***)** 

4 x 100 relay – Hamden (Jabari Hypolite, Isaiah Lefers, Richard

Nartey, Tru Jones), 42.92

**4 x 400 relay** – Hamden (Richard Nartey, Isaiah Lefers, Tru Jones,

Vill-Andre Harris), 3:22.63

4 x 800 relay – Xavier (Xavier Laudati, Peter Torello, Holden Hines,

Landon Rubano), 8:11.49

**1600 meters** – Luke Cushing (Amity Regional), 4:14.29

**110 meter Hurdles** – John Daniels (Daniel Hand), 14.70

100 meters – Jabari Hypolite (Hamden), 11.02

400 meters – Isaiah Lefers (Hamden), 49.39

300 meter Hurdles - John Daniels (Daniel Hand), 39.64

800 meters - Mahkai Heyard (Hillhouse), 1:55.58

200 meters - Mitchell Dinkins (Wilbur Cross), 22.37

3200 meters - Jack Ouellette (Xavier), 9:31.87

Long Jump - Robert Adkins (Hamden), 21-02.25

High Jump - August Tullo (Amity Regional), 6-02

Discus – Cameron Darcy (North Haven), 151-01

Pole Vault – Sean Arms (Daniel Hand), 14-00

Javelin – Tyler Peterson (Branford), 150-03

Shot Put – Cameron Saunders (Hamden), 52-09

Triple Jump – Selasie Dogbey (Xavier), 42-06

### Athlete of Year, presented by Connecticut Orthopaedics:

Jack Davis (Fairfield Prep)

Coach of Year, presented by Connecticut Orthopaedics:

Bryce Lindamood (Hamden)

# **Girls Outdoor Track & Field**

### **State Champions:**

Hillhouse (Class MM)

### **State Runner-ups:**

Mercy (Class MM)

Sacred Heart Academy (Class M)

### WEST Sectional - Monday, May 19 @North Haven HS

**Final Team Results**: 1. Sacred Heart Academy, 153; 2. Hillhouse, 113; 3. Sheehan, 103; 4. Branford, 79; 5. Daniel Hand, 69.5; 6. West Haven, 61; 7. Lyman Hall, 52; 8. Foran, 42.5; 9. Wilbur Cross, 23

### EAST Sectional - Tuesday, May 20 @North Haven HS

Final Team Results: 1. Mercy, 140; 2. Amity Regional, 139.5; 3.



Shelton, 117; 4. Hamden, 98; 5. Guilford, 51; 6. North Haven, 49; 7. Cheshire, 32; 8. Lauralton Hall, 27.5; 9. East Haven, 19; 10. Jonathan Law, 17; 11. Career, 10

<u>Championship Meet – Tuesday, May 27 @Amity Regional HS</u>

**Final Team Results**: 1. Mercy, 99; 2. Hillhouse, 75; 3. Sacred Heart Academy, 72; 4. Hamden, 67; 5. Amity Regional, 65.50; 6. Shelton, 56; 7. Branford, 50; 8. West Haven, 38; 9. Sheehan, 36; 10. North Haven, 29; 11. Guilford, 23; 12. Lyman Hall, 21; 13. Wilbur Cross, 11; 14. Cheshire, 10; 14. East Haven, 10; 14. Lauralton Hall, 10; 17. Foran, 9; 17. Career, 9; 19. Jonathan Law, 7; 20. Daniel Hand, 4.50

**Championship Meet Most Outstanding Performer** - *Sarah Roberts, Mercy* 

### All-Conference

**First Team (***championship meet event winners***)** 

4 x 100 meter relay: Hamden (Megan Stallworth, Shanez DeR-

oche, Siobhan Diggs, Chyle Bond), 48.25

4 x 400 meter relay: Hillhouse (Darea Vargas, Briana Thompson,

Crystal Harris, Deanna Moore), 4:03.47

4 x 800 meter relay: Mercy (H. Meisinger, A. Pelletier, R. Kuselias,

A. Low), 9:53.87

100 meters: Shanez De Roche (Hamden), 12.17110 Meter Hurdles: Micaela Meaney (Shelton), 15.72200 meters: Shanez De Roche (Hamden), 24.83

**300 meter Hurdles**: Folasade Danmola (Shelton), 45.17

**400 meters**: Deanna Moore (Hillhouse), 57.58 **800 meters**: Sarah Roberts (Mercy), 2:20.08 **1600 meters**: Sarah Roberts (Mercy), 5:10.26 **3200 meters**: Sarah Roberts (Mercy), 11:29.81

**Discus**: Maya Quaranta (Sacred Heart Academy), 125-08

High Jump: Ella Stone (Branford), 5-00 Javelin: Mallory Boney (East Haven), 126-09 Long Jump: Ella Stone (Branford), 17-06 Pole Vault: Liliana Quill (Amity Regional), 11-06

Shot Put: Maya Quaranta (Sacred Heart Academy), 41-04.50

**Triple Jump**: Nyasia Taylor (Hillhouse), 36-03.25

**Second Team (***championship meet second place***)** 

4 x 100 relay – West Haven (Victoria Parsley, Llyanna Grif-

fith-Waite, Sadea Robinson, Paige Davis), 49.12

4 x 400 relay – Shelton (Folasade Danmola, Micaela Meaney,

Tessa Kovarczi, Stephanie Sanborn), 4:06.64

4 x 800 relay - Sacred Heart Academy (Mavis Banks, Sally Banks,

Avery Stewart, Camilla Murphy), 9:59.34

**1600 meters** – Cora Wasiolek (Mercy), 5:12.32

**110 meter Hurdles** – Ella Morgan (West Haven), 16.28

100 meters - Chyle Bond (Hamden), 12.58

400 meters – Djamilla Toukour (Branford), 58.23

**300 meter Hurdles** – Macie Salado (Amity Regional), 45.88

800 meters – Sophie Perrin (Lyman Hall), 2:23.73

200 meters – Djamilla Toukour (Branford), 25.74

**3200 meters** – Cora Wasiolek (Mercy), 11:37.33

**Long Jump** – Paige Davis (West Haven), 17-05.25

**High Jump** – Folasade Danmola (Shelton), 5-00

**Javelin** – Jessica Radziunas (Branford), 115-08

**Shot Put** – Antonnise Codner (Hillhouse), 33-03.50

Pole Vault – Kaylin Diglio (Guilford), 11-06 Discus – Kathleen Gaboury (Mercy), 99-10 Triple Jump – Stella Shaw (North Haven), 36-00

Athlete of Year, presented by Connecticut Orthopaedics:

Maya Quaranta (Sacred Heart Academy)

Coach of Year, presented by Connecticut Orthopaedics:

Matt Conyers (Mercy)

# **Boys Tennis**

### **State Champions:**

Daniel Hand (Class M)

### **State Runner-ups:**

Fairfield Prep (Class LL)

**Divisional champions** 

Hammonasset: Fairfield Prep (8-0) Housatonic: Daniel Hand (8-0) Oronoque: Amity Regional (8-0)

**Quinnipiac:** Xavier (6-0)

### **SCC Playoffs**

### Quarterfinals - Friday, May 23

#1 Fairfield Prep 7, #8 Jonathan Law 0 (May 24)

#2 Cheshire 7, #7 Hamden 0 (May 24)

#3 Amity Regional 7, #6 Lyman Hall 0

#5 Daniel Hand 4, #4 Xavier 3 (Sun., May 25)

Semifinals – Tuesday, May 27 @Higher Seeds

#3 Amity Regional 6, #2 Cheshire 1

#1 Fairfield Prep 7, #5 Daniel Hand 0

Championship Game – Wed., May 28 @Amity Regional HS

#1 Fairfield Prep 4, #3 Amity Regional 3

### **Championship Match Recap**

**Singles:** Luke Levanat (FP) defeated Thomas Sirichantho (A) 4-6, 6-4, 6-4; Devon Kelly (FP) defeatred Rohan Hebbar (A) 6-3, 6-4; Andy Thung (FP) defeated Akshay Bulsara (A) 6-2, 6-0; Harel Koblentz (A) defeated Nick Rotundo (FP) 3-6, 6-3, 6-3

**Doubles:** Tyler Martinez/Andy Beckerlegge (FP) defeated Jacob Storeygard/Mantas Janusaitis (A) 6-0, 6-0; Ashwin Menon/Jordan Hass (A) defeated Rohan Thung/Max Varian (FP) 7-6 (8-6), 6-2; Vikas Rajendran/Vilas Menjartowicz(A) defeated Elvis Sailey/Matt

Leavay (FP) 7-5, 6-3

**Tournament Most Outstanding Player:** Luke Levanat, Fairfield Prep

### **All-Conference**

### **First Team**

**Singles:** Michael Lorenzetti (Notre Dame), Luke Levanat (Fairfield Prep), Thomas Sirichantho (Amity Regional), Nathan Philip (Xavier), Mark Laskin (Cheshire), Devin Kelly (Fairfield Prep)

**Doubles:** Andrew Beckerlegge (Fairfield Prep), Anduin Thung (Fairfield Prep), Marcello Gonzalez (Daniel Hand), Gavin Waterman



(Daniel Hand), Jordan Hass (Amity Regional), Jacob Storeygard (Amity Regional)

### **Second Team**

Singles: Carter Wilkins (Daniel Hand), Mathias Schalper (Branford), Brayden Stratton (Cheshire), Rohan Hebbar (Amity Regional), Andrew Seehusen (Daniel Hand), Tomas Kharabadze (Guilford) Doubles: Nate Greif (Guilford), Logan Wertheim (Guilford), Finn Hickey (Cheshire), Luke Hayes (Cheshire), Sean Luxeder (Jonathan Law), Dylan Maselli (Jonathan Law)

Player of Year, presented by Connecticut Orthopaedics:

Michael Lorenzetti (Notre Dame)

**Coach of Year, presented by Connecticut Orthopaedics:** 

Dan Battipaglia (Lyman Hall)

# **Girls Tennis**

### **State Champions:**

Daniel Hand (Class L) Lauralton Hall (Class S)

### **State Runner-ups:**

Cheshire (Class L)

### **Divisional champions**

Hammonasset: Amity Regional (8-0)

Housatonic: Guilford (8-0) Oronoque: Daniel Hand (6-0) Quinnipiac: Cheshire (6-0)

### **SCC Playoffs**

### Quarterfinals - Friday, May 23

#1 Amity Regional 4, #8 Cheshire 3

#2 Guilford 4 #7 North Haven 0

#3 Lauralton Hall 5, #6 Jonathan Law 2

#4 Daniel Hand 6, #5 Mercy 1

### Semifinals - Tuesday, May 27

#2 Guilford 6, #3 Lauralton Hall 1

#1 Amity Regional 5, #4 Daniel Hand 2

Championship Game – Wed., May 28 @Amity Regional HS

#2 Guilford 4, #1 Amity Regional 3

### **Championship Match Recap**

**Singles:** Soumya Wijesekera (A) defeated Caroline Hergan (G), 6-0, 6-0; Sophie Gochman-Nadolina (G) defeated Ava Gloria (A), 6-3, 6-3; Zoe Tsoukanelis (G) defeated Sadie Arnold (A), 6-0, 6-0; Olivia Cowperthwait (G) defeated Aditi Sidhartha (A), 6-1, 6-0

**Doubles:** Chrissy Corvigno/Scarlett Zhai (A) defeated Mia Hardy/ Peyton Lynch, 6-4, 6-3; Nidhi Kompalli/Alyssa Corvigno (A) defeated Kate Gaspanni/Breann Shelton (G), 6-1, 6-2; Makenna Clark/ Juliette Kellner (G) defeated Anushka Sidhartha/Avani Vijay (A), 6-3, 6-3

**Tournament Most Outstanding Player:** Zoe Tsoukanelis, Guilford

### **All-Conference**

### **First Team**

**Singles:** Soumya Wijesekera (Amity Regional), Peyton Gaudreau (Branford), Caroline Hergan (Guilford), Loden Bradstreet (Daniel Hand), Sophia Padro (North Haven), Sophie Mazuroski (West Haven)

**Doubles:** Peyton Lynch (Guilford), Mia Hardy (Guilford), Ella Helfrich (Daniel Hand), Mia Scott (Daniel Hand), Nidhi Kompalli (Amity Regional), Alyssa Corvigno (Amity Regional)

### **Second Team**

Singles: Eva Curran (Cheshire), Scarlett Zhai (Amity Regional), Fredericka Franco (Sacred Heart Academy), Sruthi Kommana (Foran), Amelia Mullane (Mercy), Antoinette Lowy (Daniel Hand) Doubles: Maddie Wolf (Lauralton Hall), Lily Garate (Lauralton Hall), Katie Miller (Mercy), Charlotte Parker (Mercy), Brianna Madelung (Jonathan Law), Kacey Pagaduan (Jonathan Law)

### Player of Year, presented by Connecticut Orthopaedics:

Peyton Gaudreau (Branford)

Coach of Year, presented by Connecticut Orthopaedics:

Harold Freedman (Amity Regional)

# **Boys Lacrosse**

### **State Champions:**

Guilford (Class M)

### **State Runner-ups:**

Daniel Hand (Class M)

### **Regular-season Champions:**

**Div. I:** Fairfield Prep (6-0) **Div. II:** Sheehan (9-0)

### **SCC Playoffs**

### First Round - Saturday, May 24

#3 Notre Dame 18, #6 Sheehan 5

#4 Daniel Hand 8, #5 Guilford 5

### Semifinals – Tuesday, May 27

#1 Fairfield Prep 16, #4 Daniel Hand 4

#2 Cheshire 11, #3 Notre Dame 7

### Championship Game – Thursday, May 29 @Foran HS

#1 Fairfield Prep 15, #2 Cheshire 5

**Tournament Most Outstanding Player:** *Nate Estrella, Fairfield Prep* 

### **All-Conference**

### **Division I**

**First Team:** Luke Shannehan (Fairfield Prep), Sean Grevelding (Cheshire), Finbar Malloy (Fairfield Prep), Nate Estrella (Fairfield Prep), Emmet Crotty (Fairfield Prep), Fynn Mulligan (Fairfield Prep), PJ O'Hanlon (Daniel Hand), Alex Meier (Fairfield Prep), Brady Potyrala (Cheshire), Joey Grenier (Cheshire), Theo Rudolph (Fairfield



Prep), Cole Garrett (Fairfield Prep), Jacob Rivera (Cheshire), Zack Goetze (Notre Dame), Matt Barry (Fairfield Prep)

**Second Team:** Hudson O'Hanlon (Daniel Hand), Mitchell Johnston (Notre Dame), Brooks Reynolds (Fairfield Prep), Sean Kennedy (Cheshire), Aidan Connelly (Guilford), Brian Pluck (Notre Dame), Dylan Bankowski (Notre Dame), Jonah Labbadia-Colon (Guilford), Ryan Gribbon (Guilford), Ethan Kelly (Notre Dame), Colin Sheehan (Cheshire), Matt Kelly (Notre Dame), CJ Costanzo (Amity Regional), Jack Healy (Daniel Hand), Michael Keegan (Xavier), Grant Paul (Cheshire)

### **Division II**

Luke Gagliardi (Branford), Nick Panuccio (Branford), Dan Lavallee (Foran), Jackson Doyle (Foran), Riley Young (Foran), Zach Queiroz (Foran), Alex Szczepanski (Hamden), Noah George (Hamden), Mickey DelVecchio (Lyman Hall), Kevin Parker (North Haven), Beau Rutkowski (Sheehan), Josh Durant (Sheehan), Lorenzo DeFilio (Sheehan), Max Festa (Sheehan), Eli Brown (Wilbur Cross), Oscar Monahan (Wilbur Cross)

Player of Year, presented by Connecticut Orthopaedics:

Luke Shannehan (Fairfield Prep)

**Coach of Year, presented by Connecticut Orthopaedics:** 

Steve Rossacci (Sheehan)

# **Girls Lacrosse**

### **State Champions:**

Lauralton Hall (Class S)

### **State Runner-ups:**

Cheshire (Class L)
Sacred Heart Academy (Class S)

### **Regular-season champions:**

Div. I: Cheshire (7-0)

Div. II: Lyman Hall/Mercy (6-1)

### **SCC Playoffs**

First Round – Saturday, May 24

#3 Daniel Hand 18, #6 Lyman Hall 4

#4 Branford 19, #5 Lauralton Hall 15 (May 23)

Semifinals – Tuesday, May 27

#4 Branford 7, #1 Cheshire 6

#2 Amity Regional 13, #3 Daniel Hand 11

Championship Game – Thursday, May 29 @Foran HS

#2 Amity Regional 13, #4 Branford 9

**Tournament Most Outstanding Player:** Haley Mario, midfielder, Amity Regional

### **All-Conference**

### **First Team**

**Attack:** Tema Caplan (Cheshire), Addelyn Maxwell (Amity Regional), Marla Lafferty (Daniel Hand), Aliza Giordano (Branford), Claire Levis (Daniel Hand), Marlee Lyons (Amity Regional), Lauren Kilpatrick (Cheshire)

**Midfield:** Haley Mario (Amity Regional), Tylie Lawless (Cheshire), Ellie Meyran (Branford), Ava Deitelbaum (Foran), Ellie Madancy (Lyman Hall), Sarah Goldstein (Cheshire), Chloe Konareski (Jonathan Law)

**Defense:** Addison DeRosa (Cheshire), Addison Zalinsky (Amity Regional), Paige Warburton (Cheshire), Bridget Waters (Daniel Hand), Emelia Votto (Guilford)

Goalie: Georgiana Sheehan (Cheshire)

### **Second Team**

**Attack:** Lilly Peck (Guilford), Isabella Raffone (Sheehan), Molly Schmitz (Sacred Heart Academy), Lily Walker (Lauralton Hall), Liriana Naxhaku (Shelton)

**Midfield:** Mia Hartmann (Amity Regional), Leighton Brady (Lauralton Hall), Colby Atwater (Guilford), Ava Raffone (Sheehan), Giuliana Barros (Branford), Maddie Welch (Guilford), Delaney Johnston (West Haven), Charlotte McGinniss (Lauralton Hall)

**Defense:** Liz Walsh (Daniel Hand), Charlie Kenney (Branford), Olivia Halovatch (North Haven), Sadie Doyle (Cheshire), Grace Mik (Lyman Hall), Gracie Brooks (Foran), Addyson Pivovar (Amity Regional)

**Goalie:** Lilly Panuccio (Branford)

### Player of Year, presented by Connecticut Orthopaedics:

Haley Mario (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics:

Dan Warburton (Cheshire)

# **Boys Volleyball**

**State Champions:** none

State Runner-ups: none

Regular-season champions: Shelton (8-0)

### SCC Playoffs

First Round - Tuesday, May 27

#4 Amity Regional 3, #5 Daniel Hand 0 (25-21, 25-15, 25-21)

Semifinals - Wednesday, May 28

#1 Shelton 3, #4 Amity Regional 0 (25-11, 25-18, 25-9)

#2 Cheshire 3, #3 Xavier 2 (26-28, 25-16, 25-23, 23-25, 15-9)

Championship Match - Friday, May 30 @Shelton HS

#1 Shelton 3, #2 Cheshire 1 (25-18, 25-21, 20-25, 25-17)

**Tournament Most Outstanding Player:** Dominic Durante, Shelton

### **All-Conference**

**First Team:** Jacob D'Addona (Cheshire), Matti Lilback (Cheshire), Bradley Fang (Cheshire), Dominic Durante (Shelton), Tyler Cayer (Shelton), Bennett Chiapetta (Xavier), Seamus McCormack (Xavier)

**Second Team:** Colin Spoerndle (Amity Regional), Chris Stites (Daniel Hand), Matt Reilly (Shelton), Cooper Bacca (Shelton), Eli Barnhart (Xavier)

# Player of Year, presented by Connecticut Orthopaedics:

Matti Lilback (Cheshire)



Coach of Year, presented by Connecticut Orthopaedics:

LeAnne Bianchine (Shelton)

# **Boys Golf**

### **State Champions:**

Fairfield Prep (Div. I - fall) Xavier (Div. I - spring)

### **State Runner-ups:**

North Haven (Div. I - spring)

### **Regular-season champions:**

Div. I: Xavier

Div. II: North Haven

# SCC Championship Meet - May 27@The Farms Country Club – Wallingford (par-72)

**Final Team Results**: 1. Cheshire, 301\*; 2. North Haven, 301; 3. Guilford, 308; 4. Xavier, 309; 5. Lyman Hall, 316; 6. Amity Regional, 318; 6. Notre Dame, 318; 8. Branford, 332; 8. Daniel Hand, 332

Medalist: Andrew Beauton (Guilford), 72 (even)

Other Top Finishers: Bennett Cedillo (Xavier), 73; Logan Wells (North Haven), 73; Jack DeJoseph (Cheshire), 73; Will Sagnella (North Haven), 75; James Sagnella (North Haven), 75; Justin Paek (Cheshire), 76; Touraj Rajabipour (Cheshire), 76; Noah Rocklin (Cheshire), 76; Matteo Barbaro (Xavier), 77; Gavin Luddy (Notre Dame), 77; Kellan Van Hennik (Lyman Hall), 77; Brendan Rooney (Notre Dame), 77; Ben Cruz (North Haven), 78; Nicholas McGonagle (Amity Regional), 78; Dylan Gillotti (Cheshire), 78; Kelley Webster (Guilford), 78; Cameron Knight (Daniel Hand), 78; Lucas Felberbaum (Daniel Hand), 78; Eva Dimauro (North Haven), 79; Ryan Glen (Xavier), 79; Bobby Shaw (Guilford), 79; Anthony Cerino (Guilford), 79; lan Syzdek (Lyman Hall) 79; Brody Burns (Notre Dame), 80; Connor Bunnell (Amity Regional), 80; George Porto (Lyman Hall), 80; Matthew Corso (Lyman Hall), 80; Brady Pill (Xavier), 80

\* Cheshire won the 2025 title on a new SCC tie-breaker if there is a tie for first place. The team will the lowest combined score (top four scoring players on each team) on the course's number one handicap hole (Farms Country Club, hole #7). Cheshire was -1 on the hole, North Haven was even par.

### **All-Conference**

Andrew Beauton (Guilford), Brendan Rooney (Notre Dame), Matt McManus (Daniel Hand), Cameron Knight (Daniel Hand), James Sagnella (North Haven), Will Sagnella (North Haven), Bennett Cedillo (Xavier), Logan Wells (North Haven), Jack DeJoseph (Cheshire), Justin Paek (Cheshire), Noah Rocklin (Cheshire), Touraj Rajabipour (Cheshire)

**Golfer of Year, presented by Connecticut Orthopaedics:** Andrew Beauton (Guilford)

Coach of Year, presented by Connecticut Orthopaedics:

David Esteban (Guilford)

# **Girls Golf**

State Champions: none

State Runner-ups: none

Regular-season champions: Cheshire

# <u>Championship – Thursday, May 29 @Silo Point CC – Southbury</u> (par-73)

**Final Team Results**: 1. Cheshire, 391; 2. Amity Regional, 402; 3. Daniel Hand, 418; 4. Mercy, 457; 5. Lauralton Hall, 476; 5. Foran, 556

Medalist: Julia Paek (Cheshire), 76

Other Top Finishers: Millie Gobleck (Daniel Hand), 87; Molly Bosma (Amity Regional), 95; Tensin Tsomo (Sheehan), 95; Bridget Vitti (Lauralton Hall), 96; Joy Kim (Amity Regional), 97; Lily Simons (Amity Regional), 98; Olivia Beach (Cheshire), 100; Hailey Hannan (Cheshire), 102; Catie Schneider (Daniel Hand), 102

### **All-Conference**

Joy Kim (Amity Regional), Tensin Tsomo (Sheehan), Olivia Beach (Cheshire), Molly Bosma (Amity Regional), Bridget Vitti (Lauralton Hall), Millie Gobleck (Daniel Hand), Lily Simons (Amity Regional), Julia Paek (Cheshire)

### Golfer of Year, presented by Connecticut Orthopaedics:

Julia Paek (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics:

Gerry D'Amora (Mercy)

# **Baseball**

### **State Champions:**

Amity Regional (Class LL)

State Runner-ups: none

### **Divisional champions**

Hammonasset: Guilford (7-1) Housatonic: Amity Regional (7-1)) Oronoque: Notre Dame (6-2) Quinnipiac: Lyman Hall (6-0)

### **SCC Playoffs**

### Quarterfinals - May 24

#1 Amity Regional 5, #8 Notre Dame 4 #2 Lyman Hall 9, #7 Hamden 8 #6 Xavier 1, #3 Cheshire 0 #4 Guilford 4, #5 Fairfield Prep 2 **Semifinals – Tuesday, May 27** 

#1 Amity Regional 4, #4 Guilford 3 #2 Lyman Hall 7, #6 Xavier 1



Championship Game – Thurs., May 29 @Piurek Field, West Haven HS

#2 Lyman Hall 5, #1 Amity Regional 2

**Tournament Most Outstanding Player**: Scott Wentzell, pitcher, Lyman Hall

### **All-Conference**

First Team: Gehrig Footit (Notre Dame), Alex Riga (Notre Dame), Mike Spadaccino (Shelton), Andrew Manzo (North Haven), Bennett Crerar (Cheshire), Jackson Enders (Cheshire), Trevor Cser (Branford), Dylan Agvent (Amity Regional), Derek Porto (Amity Regional), Collin Tenney (Amity Regional), James Pellegrino (Amity Regional), Kyle Viesselman (Foran), Preston Cantele (Sheehan), Cael Loria (Xavier), Vinny Lombardo (Fairfield Prep), Ryan Ventrelle (Fairfield Prep), Lucas Ametrano (Guilford), Lucas Deshefy (Guilford), Adam Copeland (Guilford), Kameron Gamm (Hamden), Owen Rich (Lyman Hall), Will Quinn (Lyman Hall), Scott Wentzell (Lyman Hall), Paul Calandrelli (Daniel Hand), Jose Padilla (West Haven), Evan Jones (West Haven)

Second Team: Andrew Wong (Fairfield Prep), Alex Tafro (Guilford), A.J. Aurora (Hamden), Israel Ramos (East Haven), Josh Britto (Hillhouse/Career), Ty Dammling (Hamden), Aaron Rich (Lyman Hall), Connor Hume (West Haven), Michael Merchant (Jonathan Law), Nick Maynard (Daniel Hand), Liam Laffin (Lyman Hall), Hayden Whitcher (Daniel Hand), Kade Marcantonio (Sheehan), Maddox Leite (Xavier), Riley Numberg (Amity Regional), Chase Semenza (Xavier), Luke Mann (Cheshire), Nick Romano (North Haven), Ben Liberatore (Shelton), Zack Lawruszko (Notre Dame), Rayven Quezada (Wilbur Cross), Dylan Scalice (Cheshire), Brandon Skerritt (Notre Dame)

**Player of Year, presented by Connecticut Orthopaedics:** Bennett Crerar (Cheshire)

**Coach of Year, presented by Connecticut Orthopaedics:** Billy Rich (Lyman Hall)

# **Softball**

### **State Champions:**

Cheshire (Class LL) Foran (Class M)

State Runner-ups: none

Divisional champions
Hammonasset: Foran (8-0)
Housatonic: Cheshire (8-0)
Oronogue: Mercy (8-0)

**Quinnipiac:** Jonathan Law (6-0)

**SCC Playoffs** 

Quarterfinals - Friday, May 23

#1 Cheshire 18, #8 Daniel Hand 0 (May 24) #2 Foran 6, #7 Lyman Hall 1 (May 24) #6 Jonathan Law 12, #3 Amity Regional 1 (May 24) #4 Mercy 8, #5 Shelton 6

Semifinals - Tuesday, May 27 @Higher Seeds

#2 Foran 6, #6 Jonathan Law 4

#1 Cheshire 10, #4 Mercy 0

Championship Game – Thursday, May 29 @West Haven HS #2 Foran 2, #1 Cheshire 1

**"Danni Kemp" Tournament Most Outstanding Player:** Abigail Corris, pitcher, Foran

### **All-Conference**

First Team: Mattingly Andrews (Lyman Hall), Madyson Bull (Jonathan Law), Tai Byrd (Cheshire), Julia Cassesse (Sheehan), Gabriela Celozzi (Amity Regional), Abigail Corris (Foran), Madeline Deldin (Foran), Chayse DellaRocco (Shelton), Alyssa DiGiovanna (North Haven), Charlotte Doyle (Jonathan Law), Alyssa Ferriouolo (North Haven), Julia Lane (Mercy), Maggie Mathews (Mercy), Jenica Matos (Cheshire), Jenna Maus (Amity Regional), Jordan McCue (Cheshire), Ella Munson (Guilford), Alexx Reinwald (Amity Regional), Ava Saez (Lyman Hall), Gianna Santoro (East Haven), Julia Scibek (Jonathan Law), Jeanise Serrano (Shelton), Skylar Swanson (Mercy), Alexa Young (Daniel Hand)

Second Team: Alexandra Anquillare (North Haven), Norah Bove (Foran), Aunee Brookshire (Hamden), Meghan Brown (Sacred Heart Academy), Shelby Burnham (Branford), Sarah Davey (West Haven), Sammi Denihan (Shelton), Ariella DiOrio (Foran), Lexi Grund (Lauralton Hall), Alexa Heaphy (East Haven), Pip Karch (Mercy), Peyton LeMay (Guilford), Morgan Luddy (Amity Regional), Sarah O'Brien (Guilford), Ava Pearson (Cheshire), Lily Stankevich (Jonathan Law), Kenna Tansey (Guilford), Sophie Tetreault (Lyman Hall), Michaela Troy (Sacred Heart Academy), Mya Tyrell (Lyman Hall), Bailey Vitanza (Cheshire), Carly Weisenberg (Mercy), Avery Wheeler (Shelton), Abigail Wynus (West Haven)

**Player of Year, presented by Connecticut Orthopaedics:** Jenica Matos (Cheshire)

**Coach of Year, presented by Connecticut Orthopaedics:** Gina Georgetti (Foran)

# 2024-25 ATHLETES OF MONTH



The Southern Connecticut Conference, with the support of presenting sponsor j.roo's of North Haven, named a female and male athlete of the month during the 2023-24 academic year. Each recipient received a plaque and \$25 gift card to j.roo's.

**j.roo's** is located at 243 State Street in North Haven. Visit them at **https://www.jroosrestaurant.com/** 



SEPTEMBER

Maggie Kershnar
Amity Regional

SOCCER

**O**CTOBER

LANEY SMITH

MERCY

SOCCER

**N**OVEMBER

Cassie Ward

**G**UILFORD

FIELD HOCKEY

**D**ECEMBER

IVY MASSICOTTE

**A**MITY **R**EGIONAL

ICE HOCKEY

**J**ANUARY

MAYA QUARANTA
SACRED HEART ACADEMY

INDOOR TRACK

**F**EBRUARY

**B**ROOKE **A**NDERSON

DANIEL HAND GYMNASTICS

March Selena Batres

JONATHAN LAW

WRESTLING

WILDIEING

<u>**A**PRIL</u>

**A**BIGAIL CORRIS

**F**ORAN

SOFTBALL

<u>May</u>

SARAH ROBERTS

Mercy

**OUTDOOR TRACK** 

**S**EPTEMBER

RAEMON CURIS

Notre Dame

SOCCER

**O**CTOBER

**LUKE CUSHING** 

AMITY REGIONAL

CROSS COUNTRY

**N**OVEMBER

Paul Calandrelli

DANIEL HAND

FOOTBALL

**D**ECEMBER

\_\_\_\_

Abdou Toure

Notre Dame

ICE HOCKEY

**J**ANUARY

ADAM SIGNORELLO

DANIEL HAND

SWIMMING

FEBRUARY

OWEN RICH

LYMAN HALL

INDOOR TRACK

INDOON INACK

MARCH
LORENZO DEFILIO

\_ ..

EAST HAVEN CO-OP

ICE HOCKEY

**APRIL** 

**DEVIN KELLY** 

FAIRFIELD PREP

**TENNIS** 

<u>May</u>

SCOTT WENTZELL

LYMAN HALL BASEBALI





### SCC ATHLETES OF THE MONTH JANUARY 2025

Presented by j.roo's of North Haven

Maya Quaranta, indoor track,

SACRED HEART ACADEMY

Adam Signorello, swimming, DANIEL HAND









### SCC ATHLETES OF THE MONTH FEBRUARY 2025

Presented by j.roo's of North Haven

Brooke Anderson, gymnastics, DANIEL HAND Owen Rich, indoor track, LYMAN HALL









### SCC ATHLETES OF THE MONTH MAY 2025

Presented by j.roo's of North Haven

Sarah Roberts, outdoor track, MERCY Scott Wentzell, baseball, LYMAN HALL



