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Volume 21, No. 2



SCC News

Official Newsletter of the Southern Connecticut Conference

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From the Desk of the Commissioner

Happy Spring everyone!

The 2024-25 academic year has certainly flown by, and we look to the warmer (I hope!) weather and end of the year festivities.

The SCC is coming off an extremely successful winter athletic season. League teams won a record 14 state championships, with another six teams earning runner-up status.

This all came after we hosted eight league playoff competitions - and all without any significant weather challenges. Congratulations!

To our senior student-athletes: it

is my pleasure to share your successes in this newsletter. I hope your high school experience has been a good one, and I wish you all best of luck in your future endeavors. Enjoy your final few weeks and please be safe!

Thanks to our Corporate Sponsors



2024-25 Winter Sports Recap

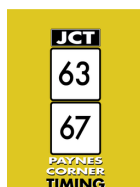
Boys/Girls Indoor Track

Scoring provided by Paynes Corner Timing

All meets were held at New Haven's Floyd Little Athletic Center

EAST Sectional – Tuesday, Jan. 28

Boys Team Results: 1. Lyman Hall, 116.33; 2. Daniel Hand, 69.33; 3. Shelton, 69; 4. Hillhouse, 60; 5. Amity Regional, 52.33; 6. Sheehan, 44; 7. Cheshire, 23; 8. Guilford, 21; 9. Jonathan Law, 10



Girls Team Results: 1. Hillhouse, 88; 1. Amity Regional, 88; 3. Sheehan, 65; 4. Shelton, 49; 5. Guilford, 44; 6. Foran, 42; 7. Daniel Hand, 40; 8. Cheshire, 38; 9. Jonathan Law, 7; 10. Lyman Hall, 3

WEST Sectional – Wednesday, Jan. 29

Boys Team Results: 1. Xavier, 137; 2. Hamden, 94; 3. North Haven, 55; 4. Fairfield Prep, 44; 5. East Haven, 39; 5. Wilbur Cross, 39; 7. Notre Dame, 35; 8. West Haven, 12; 9. Branford, 5, 10. Career, 1

Girls Team Results: 1. Mercy, 117; 2. Sacred Heart Academy, 104; 3. Hamden, 91; 4. West Haven, 34; 5. Branford, 34; 6. Wilbur Cross, 26; 7. North Haven, 23; 8. East Haven, 13; 9. Luralton Hall, 11; 10. Career, 8

SCC Championship Meet - Saturday, Feb. 8

Girls Team Results: 1. Amity Regional, 70; 2. Hillhouse, 55; 3. Hamden, 52; 4. Mercy, 46; 5. Sacred Heart Academy, 41; 6. Sheehan, 40; 7. Daniel Hand, 26; 8. Branford, 23; 9. Shelton, 20; 10. Cheshire, 18; 11. Foran, 16; 11. Wilbur Cross, 16; 13. Guilford, 15; 14. West Haven, 10; 15. North Haven, 8; 16. Luralton Hall, 4; 16. Career Magnet, 4; 18. Lyman Hall, 1

Championship Meet Most Outstanding Performer: *Isabella Aldi, Amity Regional*

Girls Event Winners:

4 x 200 Relay: Hamden (Megan Stallworth, Siobhan Diggs, Shanez DeRoche, Chyle Bond), 1:45.07

4 x 800 Relay: Mercy (Kayla Johnson, Heather Meisinger, Clara Romero, Sarah Roberts), 10:15.60

1000 meters: Charlotte Kenney (Branford), 3:11.49

600 meters: Anique Deboulet (Wilbur Cross), 1:42.10

55 meter Hurdles: Isabella Aldi (Amity Regional), 8.96

55 meters: Destini Reid (Hillhouse), 7.24

1600 meters: Eleanor Chamberlain (Sheehan), 5:20.18

1600 meters SMR: Lyman Hal (Isabelle Champagne, Kaylin Findley, Sadie Tierney, Sophie Perrin), 4:43.09

300 meters: Shanez De Roche (Hamden), 42.17

3200 meters: Sarah Roberts (Mercy), 11:38.94

4 x 400 meter Relay: Hillhouse (Darea Vargas, Briana Thompson, D'yona Sumler, Deanna Moore), 4:13.61



Lyman Hall captured its first-ever SCC boys indoor track title (Steady Photography photo).

Pole Vault: Liliana Quill (Amity Regional), 11-06* (SCC meet record)

Shot Put: Maya Quaranta (Sacred Heart Academy), 42-03.75

Long Jump: Paige Davis (West Haven)

High Jump: Fiona Donahue (Amity Regional), Folasade Danmola (Shelton), 4-10

Boys Team Results: 1. Lyman Hall, 97; 2. Xavier, 88; 3. Hamden, 49; 4. Daniel Hand, 39; 5. Hillhouse, 29; 6. Shelton, 28; 7. Amity Regional, 26; 8. East Haven, 20; 9. Sheehan, 19; 10. Fairfield Prep, 18; 10. Guilford, 18; 12. Wilbur Cross, 10; 13. Notre Dame, 9; 14. Jonathan Law, 8; 15. North Haven, 3; 16. Cheshire, 3; 16. West Haven, 2

Championship Meet Most Outstanding Performer: *Owen Rich, Lyman Hall*

Boys Event Winners:

4 x 200 Relay: Shelton (Cole Ostrosky, Angel Inthapanhya, Sebastian Matei, Charles Pereira), 1:32.99

4x800 Relay: Hillhouse (Mahkai Heyward, Blaize Dowdy, Chikai Udeokoro, William Gibson), 8:20.04

1000 meters: Alexander Medina (Hamden), 2:30.32

600 meters: Thomas Conklin (Lyman Hall), 1:23.96

55 meter Hurdles: Owen Rich (Lyman Hall), 7.61

55 meters: Tyler Varveris (East Haven), 6.52

1600 meters: Jack Ouellette (Xavier), 4:15.08

1600 meters SMR: Hamden (Jabari Hypolite, Liam Buckley-Robinson, Richard Nartley, Alexander Medina), 3:39.71

300 meters: Owen Rich (Lyman Hall), 35.37

3200 meters: Jack Ouellette (Xavier), 9:40.53

4 x 400 meter Relay: Lyman Hall (Timothy Conklin, Thomas Conklin, Noah Scalesse, Owen Rich), 3:28.70

Shot Put: James Oberg (Guilford), 50-11

High Jump: Ethan Rich (Lyman Hall), 6-06

Pole Vault: Sean Arms (Daniel Hand), 14-00

Long Jump: Oliver Guzy (Xavier), 23-00.75

Daniel Hand captured its fourth straight (and 25th overall) SCC gymnastics title in 2025 (Steady Photography photo).



Cheerleading

SCC Competition - Saturday, Feb. 1 @ North Haven HS

Final Team Results: 1. East Haven, 87.20; 1. North Haven, 87.20; 3. Daniel Hand, 78.55; 4. Mercy, 77.35; 5. Cheshire, 76.25; 6. Branford, 75.35; 7. Sacred Heart Academy, 74.30; 8. Lyman Hall, 73.90; 9. West Haven, 73.65; 10. Jonathan Law, 71.40; 11. Shelton, 68.65; 12. Foran, 68.50; 13. Luralton Hall, 68.25; 14. Amity Regional, 58.05; 15. Sheehan, 50.70

Spirit Award: Luralton Hall

Gymnastics

SCC Championship Meet - Thursday, Feb. 6

Final Team Results: 1. Daniel Hand, 140.2; 2. Jonathan Law, 120.1; 3. Foran, 114.85; 4. Hamden, 92.8

Event Winners:

Vault: Brooke Anderson (Daniel Hand), 9.3

Bars: Brooke Anderson (Daniel Hand), 9.3

Beam: Brenna Boucino (Daniel Hand), 8.8

Floor: Brooke Anderson (Daniel Hand), 9.35

All-Around: Brooke Anderson (Daniel Hand), 36.6; 2. Olivia Consiglio (Daniel Hand), 34.25; 3. Kelly Kelly (Daniel Hand), 33.95; 4. Ella Speerli (Daniel Hand), 33.9; 5. Brenna Boucino (Daniel Hand), 33.4; 6. Kayla

Johnson (Foran), 33.05; 7. Mackenzie Kielb (Mercy), 31.9; 8. Paige Kantor (Jonathan Law), 31.55; 9. Quinn Carroll (Foran), 30.05; 10. Sam Matist (Jonathan Law), 29.85; 10. Jane Vincent (Guilford), 29.85; 11. Lauren Morales (Hamden), 29.35; 12. Carlee Harwood (Mercy), 26.75; 13. Rainey Haramis (Jonathan Law), 25.9; 14. Kayleigh Kirchoff (Hamden), 25.2; 15. Jordyn Fisher (Jonathan Law), 24.15

Championship Meet Most Outstanding

Performer: Brooke Anderson, Daniel Hand

Wrestling

SCC Championship Meet – Feb. 14-15

@Guilford HS

Final Team Results: 1. Xavier, 271; 2. Foran, 177; 3. Shelton, 124; 4. Guilford, 120.5; 5. Notre Dame, 102; 6. North Haven, 98; 7. Amity Regional, 97.5; 8. Cheshire, 87.5; 9. Fairfield Prep, 62; 10. Branford, 58; 10. West Haven, 58; 12. Jonathan Law, 46.5; 13. Daniel Hand, 44; 14. New Haven, 37; 15. Sheehan, 27; 16. Morgan, 24.5; 17. East Haven, 19; 18. Hamden, 7.5

Championship Matches

106 lbs. – Zack Dixon (Xavier) Tech Fall Sean Sevigny (Notre Dame), 18-2 1:43

113 lbs. – Bradley Ament (Xavier) pinned Gabe Sardone (Notre Dame), 1:29

120 lbs. – Zaphyr Musshorn (Xavier) pinned Samson Ditman (Amity Regional), 1:29

126 lbs. – Seamus Hallinan (Xavier) pinned Bennett Lane (Foran), 3:46

132 lbs. – Braylon Gonzalez (Xavier) pinned Ike Blomberg (Shelton), 2:20

138 lbs. – Jay Chase (Sheehan) major decision Elijah McDermott (Guilford), 14-1

144 lbs. – Alex Uzzo (Guilford) major decision Jacob Tierney (Cheshire), 17-3

150 lbs. – Vincent Rivera (Xavier) decision Jace Iamunno (North Haven), 8-1

157 lbs. – Cael Loria (Xavier) pinned Antonios Aspras (Foran), 1:12

165 lbs. – Chase Catalano (Xavier) technical fall Dylan Warner (Branford), 19-3, 4:35

175 lbs. – Maximus Morse (Xavier) pinned Branimir Lah (Amity Regional), 1:59

190 lbs. – Panagiotis Christakos (Foran) pinned Will Smith (Jonathan Law), 1:46

215 lbs. – Chase Galke (Shelton) pinned Colton Deboda (Guilford), 3:08

285 lbs. – Jagger Rees (Foran) pinned Julien Montiel (West Haven), 3:54

Championship Meet Most

Outstanding Performer: Chase Galke, Shelton, 215 lbs.

Xavier captured the 2025 SCC wrestling title. It was the Falcons' eighth straight league title. Xavier then went on to win the Class L and State Open titles (Steady Photography photo).



Notre Dame captured its fourth straight SCC boys basketball title in 2025. The Green Knights would go on to win the Division I state title and finish as the #1 team in the state for the second straight year (Steady Photography photo)



Girls Basketball

Presented by Vertical Hoops

Regular-season Division Champions

Hammonasset: Amity Regional/Hamden (7-1)

Housatonic: Sacred Heart Academy (8-0)

Oronoque: Mercy (8-0)

Quinnipiac: Sheehan (8-0)



SCC Playoffs

First Round – Wednesday, Feb. 19

#1 Sacred Heart Academy 93, #16 Career 41

#2 Amity Regional 62, #15 Hillhouse 32

#3 Mercy 64, #14 Guilford 31

#4 Sheehan 55, #13 Branford 32

#5 North Haven 54, #12 West Haven 42

#6 Cheshire 42, #11 Daniel Hand 26

#7 Hamden 52, #10 Foran 48

#9 Lyman Hall 49, at #8 Jonathan Law 37

Quarterfinals – Friday, Feb. 21 @higher seeds

#1 Sacred Heart Academy 51, #9 Lyman Hall 30

#4 Sheehan 51, #5 North Haven 42

#3 Mercy 47, #7 Cheshire 35

#7 Hamden 40, #2 Amity Regional 37

Semifinals – Sunday, Feb. 23 @Sheehan HS

#1 Sacred Heart Academy 59, #4 Sheehan 36

#7 Hamden 48, #3 Mercy 38

Championship Game – Wednesday, Feb. 26 @M&T Bank Arena – Quinnipiac University

Sacred Heart Academy 56, Hamden 43

Tournament Most Outstanding Player: *Emily Mennillo, senior guard, Sacred Heart Academy*

Boys Basketball

Presented by Vertical Hoops

Regular-season Division Champions

Hammonasset: Notre Dame (8-0)

Housatonic: Wilbur Cross (7-1)

Oronoque: Hillhouse (8-0)

Quinnipiac: Foran (7-1)

SCC Playoffs

First Round – Thursday, Feb. 20 @Higher Seeds

#3 West Haven 86, #14 East Haven 63

#4 Foran 63, #13 Sheehan 52

#5 Daniel Hand 67, #12 Career 56

#6 Fairfield Prep 59, #11 Xavier 47

#7 Wilbur Cross 80, #7 Amity Regional 63

#8 Hamden 57, #9 Cheshire 52

Quarterfinals – Saturday, February 22 @Higher Seeds

#1 Notre Dame 100, #8 Hamden 59

#4 Foran 52, #5 Daniel Hand 50

#2 Hillhouse 71, #7 Wilbur Cross 62

#3 West Haven 59, #6 Fairfield Prep 42

Semifinals – Monday, February 24 @Branford HS

#1 Notre Dame 73, #4 Foran 56

#2 Hillhouse 70, #3 West Haven 48

Championship Game – Wednesday, February 26 @M&T Bank Arena, Quinnipiac University

Notre Dame 62, Hillhouse 44

“Tom Fleming” Tournament Most Outstanding Player:

Abdou Toure, junior, guard, Notre Dame

Boys Ice Hockey

Regular-season Division Champions

Division I: Notre Dame (3-0)

Division II: Amity Regional, East Haven co-op (9-1-1)

Division III: JBWA co-op (5-0)

SCC/SWC Playoffs

Division I

Semifinals – Tuesday, March 4

#1 Notre Dame-West Haven 5, #4 Notre Dame Prep 2

#2 Fairfield Prep 5, #3 Xavier 3

Championship Game – Friday, March 7 @Bennett Rink

#2 Fairfield Prep 4, #1 Notre Dame-WH 0

Tournament Most Outstanding Player: *Connor Driscoll (Fairfield Prep)*

Division II

Semifinals – Wednesday, March 5 @Bennett Rink

#1 Amity Regional 4, #4 Cheshire 2

#2 East Haven co-op 3, #3 North Haven 1

The West Haven/Sacred Heart Academy co-op girls ice hockey won the 2025 SCC playoff title (Steady Photography photo)



Championship Game – Friday, March 7 @Bennett Rink
#1 Amity Regional 4, #2 East Haven co-op 2

Tournament Most Outstanding Player: *Liam Oliver, Amity Regional*

Division III

Semifinals – Wednesday, March 5 @Danbury Ice Arena

#1 BBDI co-op 4, #4 Milford co-op 0

#2 JWBA co-op 2, #3 Masuk 1

Championship Game – Friday, March 7 @Danbury Ice Arena

#2 JBWA co-op 2, #1 BBDI 1 (OT)

Tournament Most Outstanding Player: *Connor Thomas, JBWA co-op*

672; 5. Notre Dame, 588; 6. Hamden, 526; 7. Xavier, 451.50; 8. Milford co-op, 430; 9. Greater New Haven co-op, 304; 10. West Haven, 222; 11. Shelton, 220; 12. HK/Valley Regional co-op 217; 13. Cheshire, 125

Championship Meet Most Outstanding Performer: Evan VanVelzor (Fairfield Prep)

Event Winners

200 yard Medley Relay: Fairfield Prep (Owen Tharrington, Gabe Swarowsky, Timothy King, Andy Thung), 1:37.00

200 yard Freestyle: Evan VanVelzor (Fairfield Prep), 1:41.97

200 yard IM: Owen Tharrington (Fairfield Prep), 1:55.42

50 yard Freestyle: Matthew Ackerman (Daniel Hand), 21.77

100 yard Butterfly: Brayden Hale (Wallinford co-op), 50.49

100 yard Freestyle: Jack Cunningham (Fairfield Prep), 46.87

500 yard Freestyle: Evan VanVelzor (Fairfield Prep), 4:39.30

200 yard Freestyle Relay: Fairfield Prep (Jack Cunningham, Gabe Swarowsky, Rohan Thung, Evan VanVelzor), 1:28.14

100 yard Backstroke: Owen Tharrington (Fairfield Prep), 51.33

100 yard Breaststroke: Brayden Hale (Wallingford co-op), 57.76

400 yard Freestyle Relay: Fairfield Prep (Evan VanVelzor, Owen Tharrington, Timothy King, Jack Cunningham), 3:11.13

Diving: James Vigliotti (Greater New Haven co-op), 378.75

Girls Ice Hockey

Regular-season Division Champions

West Haven/SHA co-op (8-2)

SCC Playoffs

First Round – Monday, Feb. 24

#4 Masuk co-op 4, #5 Guilford co-op 0

#3 Hamden co-op 8, #6 Daniel Hand co-op 2

Semifinals – Wednesday, Feb. 26

#1 West Haven/SHA co-op 3, #4 Masuk co-op 2 (3 OT)

#2 Amity/Cheshire/NH co-op 2, #3 Hamden co-op 0

Championship Game – Saturday, March 1 @Bennett Rink

#1 West Haven/SHA co-op 2, #2 Amity/Cheshire/North Haven (The Blades) co-op 1

Tournament Most Outstanding Player: *Alessandra Picard, West Haven/SHA co-op*

Boys Swimming

Regular-season Division Champions

Division I: Fairfield Prep (7-0)

Division II: Notre Dame (7-0)

SCC Championship Meet – Friday, March 7 @Southern Connecticut State University – Hutchinson Natatorium

Final Team Results: 1. Fairfield Prep, 1426.50; 2. Daniel Hand, 879; 3. Amity Regional, 716; 4. Sheehan/Lyman Hall co-op,



Xavier captured the Class L boys indoor track title in 2025. The Falcons were one of four member schools to capture an indoor state title, joining Lyman Hall boys, Hamden boys and and Hillhouse girls (CIAC photo).

SCC Winter Teams Win 14 State Titles!

WINTER 2024-25

STATE CHAMPIONS (14)

The 14 state champions set a SCC record for state titles in a season (previous record was 12 in 2011-12 winter).

Xavier (Class L boys indoor track)
Hillhouse (Class M girls indoor track)
Hamden (Class LL boys indoor track)
Lyman Hall (Class M boys indoor track and State Open)
Daniel Hand (Class S gymnastics)
Foran (Class M wrestling)
Xavier (Class L wrestling and State Open)
Notre Dame (*Div. I boys basketball, defeated St. Bernard, 68-55*)
Sheehan (*Class MM girls basketball, defeated East Catholic, 56-51*)
Sacred Heart Academy (*Class LL girls basketball, defeated Southington, 57-47*)
Fairfield Prep (Class L boys swimming)
East Haven co-op (*Div. II boys ice hockey, defeated Cheshire, 7-3*)

STATE RUNNER-UPS (6)

Sacred Heart Academy (*Class S girls indoor track*)
Cheshire (*Class L cheerleading*)
Sheehan (*Div. IV boys basketball, lost to Ellington, 55-39*)
Daniel Hand co-op (*Class L boys swimming*)
Fairfield Prep (*State Open boys swimming*)
Cheshire (*Div. II boys ice hockey, lost to East Haven co-op, 7-3*)

FALL 2024

STATE CHAMPIONS (5)

Fairfield Prep (*Div. I golf*)
Xavier (Class L boys cross country)

578

A History Lesson:

SCC member school teams have won **578** state championships since 1994-95 (175 fall, 223 in winter, and 180 in the spring).

Member School State Titles:

Following the conclusion of the 2024-25 winter season, here are the SCC schools with the most state titles since the league was formed in 1994-1995:

1. Hillhouse (82); 2. Cheshire (69); 3. Daniel Hand (69); 4. Xavier (54); 5. Amity Regional (42); 5. Guilford (42); 5. Fairfield Prep (42); 8. Branford (27); 9. Notre Dame (22); 10. Wilbur Cross (15), Shelton (15)

Mercy (Class MM girls cross country)
Guilford (Class M field hockey) - *defeated Branford, 1-0, in 2 OT*
Mercy (Class LL girls soccer) - *defeated St. Joseph, 2-1*

STATE RUNNER-UPS (9)

Sacred Heart Academy (*Class M girls cross country*)
Mercy (*State Open girls cross country*)
Daniel Hand girls swimming (*Class S*)
Branford (*Class M field hockey - lost to Guilford, 1-0, in 2 OT*)
Sacred Heart Academy (Class S field hockey) - *lost to Shepaug Valley, 1-0*
Sacred Heart Academy (Class L girls soccer) - *lost to New Canaan, 1-0*
Xavier (Class LL boys soccer) - *lost to Farmington, 3-1*
Sheehan (Class SS football) - *lost to Killingly, 48-33*
West Haven (Class LL football) - *lost to Greenwich, 14-0*

Connecticut Orthopaedics Urgent Care/SCC 2025 Winter Player/Coaches of the Year



Thanks to the support of long-time league corporate sponsor Connecticut Orthopaedics, the SCC recognizes a Player of the Year and Coach of the Year in each of the 28 sports the league sponsors.

What makes Connecticut Orthopaedics different? There's simply no other Connecticut practice that offers the convenience, speed and comprehensive experience that you'll find with us. From your first visit, to diagnosing your injury, to treatment and rehabilitation, we offer end-to-end orthopaedic services designed to accommodate your every need. We started in 1963 with only two physicians. Today we are the largest privately-owned orthopaedic practice in New England. With over 50 doctors serving 20 locations – including multiple Urgent Care | Walk-In centers and our own surgical center – we make it convenient for you to get the orthopaedic care you need, close to where you live.

Visit them at www.ct-ortho.com

Players of the Year

Girls Basketball – Emily Mennillo (Sacred Heart Academy)
Boys Basketball – Abdou Toure (Notre Dame)
Girls Ice Hockey – Alessandra Picard (West Haven/Sacred Heart Academy co-op)
Gymnastics – Olivia Consiglio (Daniel Hand)
Cheerleading – Kolbey Nastri (East Haven)
Cheerleading Merit Award – Mackenzie Hanson (Mercy)
Boys Swimming – Div. I – Owen Tharrington (Fairfield Prep)
Boys Swimming – Div. II – Julian Adu (Notre Dame)
Boys Ice Hockey – Div. I – Dylan Bankowski (Notre Dame-WH)
Boys Ice Hockey – Div. II – Lorenzo DeFilio (East Haven co-op/Sheehan)
Boys Ice Hockey – Div. III – Cooper Thomas (JBWA co-op)
Girls Indoor Track – Maya Quaranta (Sacred Heart Academy)
Boys Indoor Track – Owen Rich (Lyman Hall)
Wrestling – Jay Chase (Sheehan)

Coaches of the Year

Girls Basketball – Nick Dottori (Amity Regional)
Boys Basketball – Ian Kirkpatrick (Foran)
Girls Ice Hockey – Erin Blake (West Haven/Sacred Heart Academy co-op)
Gymnastics – Dina Savoca (Foran)
Cheerleading – Lynn Baglini (Lauralton Hall)
Boys Swimming – Div. I – Rob Urban (Fairfield Prep)
Boys Swimming – Div. II – Ken Pierson (Notre Dame-WH)
Boys Ice Hockey – Div. I – Mark Mongillo (Notre Dame Prep)
Boys Ice Hockey – Div. II – Jim Dinapoli (Branford)
Boys Ice Hockey – Div. III – JP Shimko (Milford co-op)
Girls Indoor Track – Bob Burns (Amity Regional)
Boys Indoor Track – David Palmer (Lyman Hall)
Wrestling – David Esposito (Foran)



Player of Year: Emily Mennillo (Sacred Heart Academy)
Coach of Year: Nick Dottori (Amity Regional)



Cheerleader of Year: Kolbey Nastri, East Haven
Merit Award: Mackenzie Hanson, Mercy
Coach of Year: Lynn Baglini, Lauralton Hall



Forty-Seven SCC Scholar Leaders Recognized

presented by UI-SCG-CNG, part of Avangrid family

Forty-seven students were recognized and honored as "SCC Scholar Leaders" at a banquet at Anthony's Ocean View in New Haven on Monday, March 31. The Scholar Leaders, as selected by their respective schools' principal, have demonstrated outstanding scholarship and leadership in their respective school and external communities.

Special thanks to CNG/SCG and UI, part of the Avangrid family, for their presenting sponsorship of the SCC Scholar Leader banquet.

[Click here for the event program with recipient biographies \(pdf\)](#)



2024-25 SCC Scholar Leaders

Amity Regional – Hannah Guo, Dariush Raissi
Branford – Skylar Dunn, Akiel Lomotey
Hill Regional Career – Cyan Young, Jaylin Ambrose Cooper
Cheshire – Luke Mann, Bailey Vitanza
Daniel Hand – Eve Minickene, Anthony Nathaniel Walter
East Haven – Willow Torres, Aedan Conners
Fairfield Prep – James Callaghan, Emmett Tolisano
Joseph A. Foran – Devon Hines, Connor Rizzo
Guilford – Amy Shi, Luca Scafidi
Hamden – Leilani Camacho, Lucas Chauvot de Beauchene
James Hillhouse – Badu Smart, Hsiu-Mei Chow-Yen, Siulmane Santana Colon
Jonathan Law – Addison Barber, Cameron Upchurch
Academy of Our Lady of Mercy, Lauralton Hall – Francesca Colangelo, Paige Patrignelli
Lyman Hall – Margaret Corso, Thomas Barron
Mercy – Madelynn Katz, Ava Pear
North Haven – Antonina Novicki, Oluwadamilola Konigbagbe
Notre Dame – Benny Amarone, Julian Kubicz
Sacred Heart Academy – Surita Williams, Elizabeth Blair
Mark T. Sheehan – Danica Tangredi, Espen Fenstad
Shelton – Cole Ostrosky, Elena Gasbarro
West Haven – Justin Woychowski, Niamh Chesson
Wilbur Cross – Bella Brown, Chris Van Tassel
Xavier – James Schafer, Daniel Fischer



At the conclusion of the evening, two Scholar Leaders – **Addison Barber (Jonathan Law)** and **Espen Fenstad (Sheehan)** were recognized as the recipients of the "Bill O'Brien Community Service Scholarship." Each received \$500.



SCC Athletes of the Month presented by j.roo's of North Haven

With the support of presenting sponsor **j.roo's of North Haven**, the SCC, once again, is recognizing a female and male athlete of the month during the 2024-25 academic year.

Nominations come from SCC's athletic directors and/or head coaches each month, and each recipient receives a plaque and \$25 gift card to j.roo's.

j.roo's is located at 243 State Street in North Haven. Visit them at <https://www.jroosrestaurant.com/>



SCC ATHLETES OF THE MONTH DECEMBER 2024

Presented by j.roo's of North Haven

Ivy Massicotte, ice hockey, **AMITY REGIONAL**
Abdou Toure, basketball, **NOTRE DAME**



DECEMBER

IVY MASSICOTTE, AMITY REGIONAL, ICE HOCKEY
ABDOU TOURE, NOTRE DAME, BASKETBALL



SCC ATHLETES OF THE MONTH JANUARY 2025

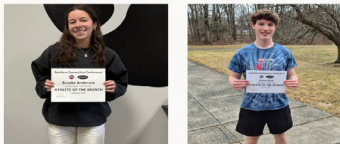
Presented by j.roo's of North Haven

Maya Quaranta, indoor track,
SACRED HEART ACADEMY
Adam Signorello, swimming, **DANIEL HAND**



JANUARY

MAYA QUARANTA, SACRED HEART ACADEMY,
INDOOR TRACK
ADAM SIGNORELLO, DANIEL HAND, SWIMMING



SCC ATHLETES OF THE MONTH FEBRUARY 2025

Presented by j.roo's of North Haven

Brooke Anderson, gymnastics, **DANIEL HAND**
Owen Rich, indoor track, **LYMAN HALL**



FEBRUARY

BROOKE ANDERSON, DANIEL HAND, GYMNASTICS
OWEN RICH, LYMAN HALL, INDOOR TRACK



SCC ATHLETES OF THE MONTH MARCH 2025

Presented by j.roo's of North Haven

Selena Batres, wrestling, **JONATHAN LAW**
Lorenzo DeFilio, ice hockey, **SHEEHAN/East Haven co-op**



MARCH

SELENA BATRES, JONATHAN LAW, WRESTLING
LORENZO DEFILIO, SHEEHAN/EAST HAVEN CO-OP,
ICE HOCKEY

SCC Scholar Athlete Recognition Program presented by Great Blue Research

The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school’s coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

Great Blue Research is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies,



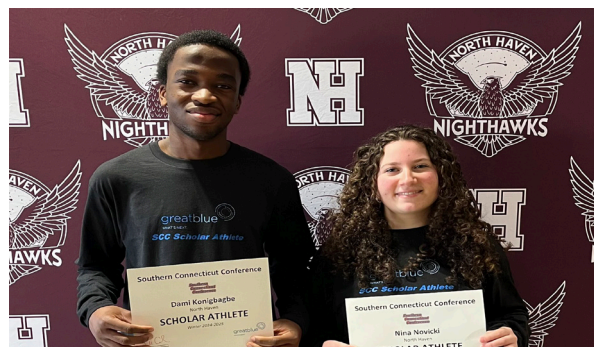
2024-25 WINTER SCHOLAR ATHLETES presented by Great Blue Research

Amity Regional – Elizabeth Grant (indoor track), Colin Spoerndle (swimming)
Branford – Nneoma Obi (basketball), Paul Lesyk (indoor track)
Career – Jastice Butler (basketball), Courtney Wright (basketball)
Cheshire – Matthew Reid (indoor track), Camryn Beeman (indoor track)
Daniel Hand – Sean Arms (indoor track), Brooke Anderson (gymnastics)
East Haven – London Garcia (basketball), Bella Bunce (cheerleading)
Fairfield Prep – Nick Hahn (skiing), James Chesbro (swimming)
Foran – Gabriela Gallardo (indoor track), Aiden Stay (indoor track)
Guilford – Olivia Hwang (ice hockey), Max Freeman (basketball)
Hamden – Aaron Lakin (swimming), Giada Broccoli (ice hockey)
Hillhouse – Avery Sutton (basketball), Deanna Moore (indoor track)
Jonathan Law – Sakshi Mehta (cheerleading), Brayden Hancock (wrestling)



2024-25 WINTER SCHOLAR ATHLETES presented by Great Blue Research

Lauralton Hall - Katherine Caporrino (skiing), Ellery Varholak (indoor track)
Lyman Hall – Owen Rich (indoor track), Kaylin Findley (indoor track)
Mercy - Kyleigh Cahill (basketball), Kayla Johnson (indoor track)
North Haven – Nina Novicki (fencing), Dami Konigbagbe (indoor track)
Notre Dame – Lelan Jacheo (swimming), Quincy Dormevil (basketball)
Sacred Heart Academy – Emily Mennillo (basketball), Ashley Memmott (cheerleading)
Sheehan - Owen Hotaling (basketball), Dayana Gutierrez (indoor track)
Shelton – Alexander Baneat (indoor track), Kelly Caruso (basketball)
West Haven - Carmella Ruiz (dance), Christian Mullins (indoor track)
Wilbur Cross – Chris Van Tassel (basketball), Ambar Santiago Rojas (indoor track)
Xavier – Jake Anastasiades (ice hockey), Caleb Todzia (basketball)



SCC News and Notes from the Winter

Spring Playoff Schedules

Schedules are subject to change due to weather and/or school event conflicts

Boys/Girls Outdoor Track & Field

WEST Sectional – Monday, May 19 @North Haven HS – 12:30 p.m. (field events)

Schools: Daniel Hand, Lyman Hall, Sheehan, Hillhouse, Notre Dame, Sacred Heart Academy, West Haven, Wilbur Cross, Branford, Foran, Fairfield Prep

EAST Sectional – Tuesday, May 20 @North Haven HS – 12:30 p.m. (field events)

Schools: Xavier, Mercy, Hamden, Amity Regional, Guilford, Shelton, North Haven, Cheshire, Jonathan Law, East Haven, Career, Luralton Hall

Championship Meet – Tuesday, May 27 @Amity Regional HS – 12 noon (field events)

Baseball

Quarterfinals – Friday, May 23 @Higher Seeds

Semifinals – Tuesday, May 27 @Higher Seeds

Championship Game – Thursday, May 29 @Piurek Field – West Haven – 7 p.m.

Softball

Quarterfinals – Friday, May 23 @Higher Seeds

Semifinals – Tuesday, May 27 @Higher Seeds

Championship Game – Thursday, May 29 @Biondi Field – West Haven – 5:30 p.m.

Boys/Girls Lacrosse

First Round (3 at 6; 4 at 5) – Saturday, May 23

Semifinals – Tuesday, May 27 @Higher Seeds

Championship Game – Thursday, May 29 @Foran HS – 5 p.m. (girls), 7 p.m. (boys)

Boys/Girls Tennis

Quarterfinals – Friday/Saturday, May 22/23 @Higher Seeds

Semifinals – Tuesday, May 27 @Higher Seeds

Championship Match – Wednesday, May 28 @Amity Regional HS – 9 am (girls) and 12 noon (boys)

Boys Volleyball

First Round – Tuesday, May 27 @Higher Seeds (5 at 4)

Semifinals – Wednesday, May 28 @Higher Seeds

Championship Game – Friday, May 30 @Higher Seed – 6 p.m.

Boys Golf

Tuesday, May 27 @The Farms Country Club – 8 a.m.

Girls Golf

Thursday, May 29 @Silo Point – Southbury – 8 a.m.

All-Conference Photos

Steady Photography of Branford is the official photographer of the SCC and has taken All-Conference photos for the league since 2013.

Visit the Steady Photography website for a link to purchase All-Conference photos.



Winter Playoff Champions

Congratulations to the 2024-25 winter postseason league champions: **East Haven** and **North Haven** (cheerleading), **Daniel Hand** (gymnastics), **Lyman Hall** (boys indoor track), **Amity Regional** (girls indoor track), **Xavier** (wrestling), **Sacred Heart Academy** (girls basketball), **Notre Dame** (boys basketball), **West Haven/SHA** co-op (girls ice hockey), **Fairfield Prep** (boys swimming), **Fairfield Prep** (Div. I boys ice hockey) and **Amity Regional** (Div. II boys ice hockey).

Since 1994, the league has offered "postseason" experiences for all of its sports, except football.

Visit the SCC website for a complete list of league playoff titles won by each SCC member school since the fall of 1994.

Did You Know?

Cheshire has won the most SCC playoff titles (119), followed by Amity Regional (102), Daniel Hand (94), Fairfield Prep (77) and Xavier (68).

Weightlifting Competition

The 2025 SCC Football Weightlifting Competition was held on Saturday, March 15 at University of New Haven's Peterson Performance Center.

Team Results: 1. Sheehan (11,905 lbs.); 2. Amity Regional (11,410 lbs.); 3. West Haven (11,095); 4. Shelton (11,045); 5. Lyman Hall (10,955); 6. North Haven (10,390); 7. Hamden (8,850); 8. Harding (8,265); 9. Wilbur Cross (7,840); 10. Daniel Hand (5,920); 11. Jonathan Law (3,165).

