



Southern Connecticut Conference

School-by-School State Champions (1994-present)

TOTALS (559): Hillhouse, 81; Cheshire, 69; Daniel Hand, 68; Xavier, 50; Amity Regional, 42; Guilford, 41; Fairfield Prep, 40; Branford, 27; Notre Dame, 21; Wilbur Cross, 15; Shelton, 15; Sheehan, 14; North Haven, 12; Lyman Hall, 10; Career, 8; Mercy, 8; Luralton Hall 7; Hamden, 7; Foran, 5; Sacred Heart Academy 5; Derby, 4; East Haven 4; West Haven, 2; Jonathan Law, 1; Simsbury 2; West Hartford 1; East Catholic, 1

HILLHOUSE (81)

1994-95	Boys Outdoor Track	MM
1995-96	Boys Outdoor Track	L
1995-96	Girls Outdoor Track	L
1996-97	Girls Indoor Track	M
1996-97	Boys Indoor Track	Open
1996-97	Boys Indoor Track	M
1996-97	Boys Outdoor Track	MM
1996-97	Boys Outdoor Track	Open
1996-97	Girls Outdoor Track	MM
1997-98	Girls Basketball	L
1997-98	Boys Indoor Track	M
1997-98	Boys Outdoor Track	L <i>co-champions with Rockville</i>
1997-98	Girls Outdoor Track	L
1998-99	Girls Indoor Track	Open
1998-99	Girls Outdoor Track	Open
1998-99	Girls Outdoor Track	MM
1999-00	Girls Basketball	L
1999-00	Girls Indoor Track	M
1999-00	Girls Indoor Track	Open
1999-00	Girls Outdoor Track	Open
1999-00	Girls Outdoor Track	MM
2000-01	Girls Indoor Track	M
2000-01	Girls Outdoor Track	Open
2001-02	Girls Indoor Track	M
2002-03	Football	SS
2002-03	Girls Indoor Track	M
2002-03	Girls Indoor Track	Open
2003-04	Girls Indoor Track	M
2003-04	Girls Basketball	L

2004-05	Girls Indoor Track	L
2004-05	Girls Basketball	L
2005-06	Boys Basketball	I
2005-06	Girls Indoor Track	L
2006-07	Football	M
2006-07	Boys Basketball	LL
2007-08	Girls Indoor Track	M
2007-08	Boys Indoor Track	Open
2008-09	Girls Indoor Track	M
2008-09	Girls Basketball	L
2009-10	Girls Basketball	L
2009-10	Boys Indoor Track	M
2010-11	Football	M
2010-11	Girls Basketball	L
2010-11	Girls Indoor Track	M
2010-11	Boys Outdoor Track	MM
2010-11	Girls Outdoor Track	M
2010-11	Girls Outdoor Track	Open
2011-12	Boys Indoor Track	M
2011-12	Girls Indoor Track	M
2011-12	Girls Indoor Track	Open
2011-12	Girls Outdoor Track	MM
2012-13	Football	M
2012-13	Boys Basketball	LL
2012-13	Girls Indoor Track	M
2012-13	Girls Outdoor Track	MM
2014-15	Boys Indoor Track	MM
2014-15	Boys Indoor Track	Open
2014-15	Boys Outdoor Track	MM
2015-16	Boys Indoor Track	M
2015-16	Boys Basketball	LL
2016-17	Football	M
2016-17	Boys Basketball	LL
2016-17	Boys Indoor Track	M
2017-18	Boys Indoor Track	M
2017-18	Girls Indoor Track	M
2017-18	Boys Outdoor Track & Field	MM
2017-18	Girls Outdoor Track & Field	M
2018-19	Girls Basketball	L
2018-19	Boys Indoor Track	M
2018-19	Girls Indoor Track	M
2018-19	Boys Outdoor Track & Field	MM
2018-19	Girls Outdoor Track & Field	M
2019-20	Boys Indoor Track	L
2020-21	Boys Outdoor Track & Field	L
2020-21	Boys Outdoor Track & Field	Open
2020-21	Girls Outdoor Track & Field	MM
2021-22	Boys Outdoor Track & Field	L
2021-22	Boys Outdoor Track & Field	Open

2022-23	Girls Outdoor Track & Field	M
2023-24	Girls Indoor Track	M
2023-24	Girls Outdoor Track & Field	MM

CHESHIRE (69)

1994-95	Football	L	
1994-95	Girls Swimming	L	
1994-95	Girls Cross Country	L	
1994-95	Boys Swimming	L	
1994-95	Boys Tennis	L	<i>co-champions with Simsbury</i>
1995-96	Football	L	
1995-96	Girls Swimming	L	
1995-96	Boys Swimming	L	
1995-96	Boys Tennis	L	
1996-97	Girls Cross Country	L	
1996-97	Football	LL	
1996-97	Field Hockey	L	<i>co-champions with Simsbury</i>
1996-97	Girls Swimming	L	
1996-97	Girls Swimming	Open	
1996-97	Boys Swimming	L	
1996-97	Boys Tennis	L	
1997-98	Football	LL	
1997-98	Girls Swimming	L	
1997-98	Girls Swimming	Open	
1997-98	Girls Volleyball	L	
1997-98	Boys Swimming	L	
1997-98	Boys Tennis	LL	
1998-99	Girls Swimming	Open	
1998-99	Girls Swimming	L	
1998-99	Volleyball	L	
1998-99	Girls Indoor Track	L	
1998-99	Golf	I	
1999-00	Girls Swimming	Open	
1999-00	Girls Swimming	L	
1999-00	Girls Indoor Track	L	
1999-00	Boys Swimming	L	
2000-01	Girls Swimming	L	
2000-01	Field Hockey	L	
2001-02	Field Hockey	L	
2001-02	Girls Swimming	L	
2001-02	Boys Swimming	L	
2001-02	Boys Tennis	L	
2001-02	Boys Lacrosse	I	
2002-03	Girls Swimming	L	
2003-04	Girls Swimming	L	
2003-04	Girls Swimming	Open	
2003-04	Girls Soccer	LL	
2004-05	Girls Swimming	LL	

2004-05	Girls Swimming	Open	
2004-05	Boys Swimming	L	
2005-06	Girls Soccer	LL	<i>co-champions with Simsbury</i>
2005-06	Boys Swimming	L	
2005-06	Ice Hockey	III	
2007-08	Girls Volleyball	LL	
2008-09	Ice Hockey	II	
2009-10	Girls Swimming	LL	
2009-10	Football	LL	
2009-10	Boys Lacrosse	L	
2010-11	Ice Hockey	II	
2010-11	Boys Volleyball	L	
2011-12	Field Hockey	L	
2011-12	Boys Volleyball	L	
2013-14	Girls Volleyball	LL	
2015-16	Softball	LL	
2017-18	Girls Swimming	L	
2017-18	Baseball	LL	
2018-19	Girls Swimming	L	
2019-20	Girls Swimming	LL	
2019-20	Girls Swimming	Open	
2022-23	Boys Soccer	L	
2022-23	Boys Golf	I	
2022-23	Boys Lacrosse	M	
2023-24	Boys Ice Hockey	II	
2023-24	Boys Lacrosse	L	

DANIEL HAND (68)

1994-95	Wrestling	M	
1995-96	Boys Soccer	L	
1996-97	Gymnastics	S	
1997-98	Football	L	
1997-98	Boys Soccer	L	<i>co-champions with Woodstock Academy</i>
1997-98	Gymnastics	S	
1998-99	Girls Basketball	L	
1998-99	Gymnastics	M	
1999-00	Gymnastics	M	
2000-01	Softball	M	
2002-03	Gymnastics	S	
2003-04	Football	M	
2004-05	Football	M	
2005-06	Football	M	
2005-06	Gymnastics	M	
2005-06	Ice Hockey	II	
2006-07	Gymnastics	M	
2007-08	Boys Cross Country	MM	
2008-09	Boys Cross Country	MM	
2009-10	Boys Outdoor Track	L	

2009-10	Girls Outdoor Track	MM
2010-11	Girls Tennis	M
2011-12	Football	L
2011-12	Wrestling	L
2011-12	Girls Tennis	L
2011-12	Golf	II
2012-13	Football	L
2012-13	Gymnastics	M
2012-13	Boys Tennis	L <i>co-champions with Fairfield Ludlowe</i>
2012-13	Golf	II
2013-14	Ice Hockey	II
2013-14	Gymnastics	M
2013-14	Boys Tennis	L
2014-15	Field Hockey	M
2014-15	Gymnastics	M
2015-16	Gymnastics	M
2016-17	Boys Soccer	L
2016-17	Gymnastics	M
2016-17	Girls Basketball	L
2016-17	Boys Outdoor Track & Field	Open
2016-17	Girls Tennis	M
2017-18	Football	L
2017-18	Boys Soccer	L
2017-18	Field Hockey	M
2017-18	Boys Tennis	M
2018-19	Boys Soccer	L
2018-19	Football	L
2018-19	Girls Swimming	M
2018-19	Girls Tennis	M
2018-19	Boys Golf	II
2019-20	Boys Soccer	L
2019-20	Cheerleading	L
2020-21	Boys Golf	II
2020-21	Girls Tennis	L
2020-21	Baseball	L
2021-22	Girls Swimming	M
2021-22	Gymnastics	S
2021-22	Boys Basketball	III
2022-23	Gymnastics	S
2022-23	Gymnastics	Open
2022-23	Girls Outdoor Track & Field	MM
2022-23	Girls Tennis	M
2022-23	Boys Golf	II
2023-24	Football	M
2023-24	Field Hockey	M
2023-24	Gymnastics	S
2023-24	Boys Outdoor Track & Field	MM
2023-24	Boys Lacrosse	M

XAVIER (50)

1994-95	Boys Cross Country	LL	
1994-95	Boys Indoor Track	L	
1995-96	Boys Soccer	LL	
1995-96	Boys Indoor Track	LL	
1995-96	Boys Indoor Track	Open	
1995-96	Boys Outdoor Track	LL	
1995-96	Boys Outdoor Track	Open	
1996-97	Boys Cross Country	LL	
1996-97	Boys Cross Country	Open	
1996-97	Boys Indoor Track	L	
1996-97	Boys Outdoor Track	LL	
1997-98	Boys Indoor Track	L	<i>co-champions with Danbury</i>
1997-98	Boys Outdoor Track	LL	
1998-99	Boys Indoor Track	Open	
1998-99	Boys Indoor Track	L	
1998-99	Boys Outdoor Track	Open	
1999-00	Boys Cross Country	Open	
1999-00	Boys Cross Country	LL	
2005-06	Football	LL	
2009-10	Boys Cross Country	LL	
2009-10	Boys Cross Country	Open	
2010-11	Football	LL	
2010-11	Wrestling	LL	
2011-12	Football	LL	
2011-12	Wrestling	LL	
2011-12	Wrestling	Open	
2012-13	Football	LL	
2014-15	Football	LL-Small	
2016-17	Boys Golf	I	
2017-18	Boys Cross Country	Open	
2018-19	Boys Cross Country	L	
2018-19	Boys Cross Country	Open	
2018-19	Boys Indoor Track	L	
2019-20	Boys Cross Country	L	
2019-20	Wrestling	L	
2021-22	Boys Cross Country	L	
2021-22	Boys Indoor Track	L	
2021-22	Wrestling	L	
2021-22	Wrestling	Open	
2022-23	Boys Cross Country	L	
2022-23	Wrestling	L	
2022-23	Wrestling	Open	
2022-23	Boys Indoor Track	L	
2022-23	Boys Outdoor Track & Field	L	
2023-24	Boys Cross Country	L	
2023-24	Boys Indoor Track	L	
2023-24	Wrestling	L	

2023-24	Wrestling	Open
2023-24	Boys Outdoor Track & Field	L
2023-24	Boys Golf	I

AMITY REGIONAL (42)

1994-95	Volleyball	L	
1995-96	Girls Volleyball	L	
1995-96	Field Hockey	L	
1995-96	Golf	I	
1996-97	Boys Cross Country	L	
1996-97	Boys Volleyball	L	
1997-98	Girls Indoor Track	L	
1998-99	Boys Swimming	L	
1998-99	Boys Volleyball	I	
1999-00	Boys Outdoor Track	LL	
1999-00	Boys Volleyball	I	
2000-01	Softball	L	
2001-02	Softball	LL	
2002-03	Softball	LL	
2003-04	Girls Volleyball	L	
2004-05	Girls Indoor Track	LL	
2004-05	Boys Indoor Track	LL	
2004-05	Softball	LL	
2005-06	Boys Cross Country	LL	
2005-06	Boys Indoor Track	LL	
2005-06	Boys Indoor Track	Open	
2005-06	Baseball	LL	
2006-07	Girls Soccer	LL	<i>co-champions with Trumbull</i>
2006-07	Baseball	LL	
2007-08	Ice Hockey	II	
2008-09	Boys Cross Country	L	
2008-09	Boys Indoor Track	L	
2008-09	Boys Outdoor Track	L	
2009-10	Ice Hockey	II	
2009-10	Boys Outdoor Track	LL	
2010-11	Boys Cross Country	LL	
2011-12	Softball	LL	
2012-13	Baseball	LL	
2013-14	Baseball	LL	
2014-15	Boys Cross Country	LL	
2014-15	Baseball	LL	
2014-15	Boys Tennis	LL	
2015-16	Boys Cross Country	LL	
2015-16	Baseball	LL	
2017-18	Softball	LL	
2018-19	Girls Volleyball	LL	
2023-24	Baseball	LL	

GUILFORD (41)

1996-97	Boys Soccer	LL	
1997-98	Field Hockey	L	<i>co-champions with Simsbury</i>
2000-01	Boys Soccer	LL	
2000-01	Girls Basketball	L	
2001-02	Girls Basketball	L	
2002-03	Girls Cross Country	Open	
2002-03	Girls Basketball	L	
2003-04	Boys Cross Country	L	
2003-04	Girls Soccer	L	<i>co-champions with Farmington</i>
2004-05	Boys Cross Country	L	
2004-05	Girls Cross Country	MM	
2004-05	Boys Cross Country	Open	
2005-06	Girls Cross Country	MM	
2005-06	Boys Cross Country	MM	
2006-07	Girls Cross Country	MM	
2006-07	Baseball	L	
2007-08	Girls Cross Country	MM	
2008-09	Girls Cross Country	MM	
2009-10	Girls Cross Country	MM	
2009-10	Girls Cross Country	Open	
2009-10	Boys Ice Hockey	III	
2009-10	Boys Tennis	M	
2010-11	Girls Cross Country	MM	
2010-11	Boys Cross Country	MM	
2011-12	Girls Cross Country	MM	
2012-13	Boys Cross Country	MM	
2013-14	Girls Soccer	L	
2013-14	Boys Tennis	M	
2015-16	Boys Cross Country	MM	
2016-17	Boys Ice Hockey	II	
2018-19	Field Hockey	M	
2019-20	Field Hockey	M	
2019-20	Girls Soccer	L	
2020-21	Girls Lacrosse	M	
2021-22	Girls Cross Country	MM	
2021-22	Field Hockey	M	
2021-22	Girls Tennis	M	
2021-22	Girls Lacrosse	M	
2022-23	Girls Cross Country	MM	
2022-23	Girls Tennis	L	
2022-23	Girls Lacrosse	M	

FAIRFIELD PREP (40)

1994-95	Ice Hockey	I	
1994-95	Golf	I	
1995-96	Ice Hockey	I	
1995-96	Boys Tennis	LL	

1996-97	Boys Basketball	LL
1997-98	Boys Cross Country	LL
1997-98	Boys Cross Country	Open
1997-98	Boys Swimming	Open
1998-99	Boys Cross Country	LL
1999-00	Ice Hockey	I
2000-01	Ice Hockey	I
2001-02	Skiing	L
2001-02	Boys Tennis	LL
2002-03	Boys Tennis	LL
2003-04	Ice Hockey	I
2004-05	Ice Hockey	I
2005-06	Boys Lacrosse	L
2006-07	Boys Swimming	L
2006-07	Ice Hockey	I
2006-07	Boys Lacrosse	L
2007-08	Ice Hockey	I
2007-08	Boys Lacrosse	L
2008-09	Boys Lacrosse	L
2010-11	Ice Hockey	I
2011-12	Boys Cross Country	LL
2011-12	Boys Cross Country	Open
2011-12	Boys Swimming	LL
2011-12	Boys Swimming	Open
2011-12	Boys Lacrosse	L
2012-13	Ice Hockey	I
2012-13	Boys Lacrosse	L
2013-14	Ice Hockey	I
2014-15	Boys Basketball	LL
2017-18	Ice Hockey	I
2018-19	Ice Hockey	I
2020-21	Boys Golf	I
2021-22	Boys Golf	I
2022-23	Ice Hockey	I
2023-24	Boys Golf	I
2023-24	Boys Lacrosse	LL

BRANFORD (27)

1997-98	Baseball	L
1998-99	Girls Swimming	M
2000-01	Girls Swimming	M
2000-01	Boys Swimming	M
2001-02	Field Hockey	M
2001-02	Girls Swimming	M
2002-03	Girls Swimming	M
2002-03	Field Hockey	M
2002-03	Boys Lacrosse	II
2003-04	Girls Swimming	M

2004-05	Field Hockey	M
2004-05	Girls Swimming	M
2004-05	Boys Outdoor Track	MM
2005-06	Football	MM
2005-06	Field Hockey	M
2005-06	Baseball	L
2006-07	Girls Swimming	L
2008-09	Baseball	L
2010-11	Cheerleading	Coed
2012-13	Girls Swimming	M
2013-14	Girls Cross Country	MM
2014-15	Boys Soccer	L <i>co-champions with Avon</i>
2016-17	Girls Lacrosse	M
2017-18	Girls Lacrosse	M
2018-19	Boys Ice Hockey	II
2021-22	Wrestling	M
2022-23	Field Hockey	M

NOTRE DAME (21)

1995-96	Baseball	L
1996-97	Boys Ice Hockey	I
1996-97	Boys Outdoor Track	L
1999-00	Baseball	LL
2001-02	Football	L
2001-02	Boys Ice Hockey	I
2001-02	Boys Swimming	Open
2002-03	Boys Swimming	L
2003-04	Boys Swimming	L
2009-10	Football	L
2009-10	Boys Indoor Track	L
2009-10	Boys Outdoor Track	Open
2010-11	Baseball	L
2011-12	Boys Ice Hockey	I
2013-14	Baseball	L
2013-14	Golf	II
2015-16	Baseball	L
2021-22	Boys Ice Hockey	I
2022-23	Football	M
2023-24	Boys Ice Hockey	I
2023-24	Boys Basketball	I

WILBUR CROSS (15)

1994-95	Boys Indoor Track	Open
2000-01	Boys Outdoor Track	MM
2000-01	Boys Outdoor Track	Open
2001-02	Boys Outdoor Track	MM
2001-02	Boys Outdoor Track	Open
2001-02	Girls Outdoor Track	L

2001-02	Girls Outdoor Track	Open
2002-03	Girls Outdoor Track	L
2002-03	Girls Outdoor Track	Open
2002-03	Boys Outdoor Track	L
2003-04	Girls Indoor Track	L
2003-04	Girls Indoor Track	Open
2003-04	Girls Outdoor Track	Open
2013-14	Girls Indoor Track	Open
2014-15	Girls Indoor Track	L

SHELTON (15)

1995-96	Football	LL
2000-01	Football	LL
2000-01	Cheerleading	L
2003-04	Football	L
2003-04	Boys Volleyball	L
2004-05	Boys Volleyball	L
2006-07	Cheerleading	LL <i>co-champions with Danbury</i>
2010-11	Girls Soccer	LL
2011-12	Cheerleading	Co-ed
2011-12	Baseball	LL
2012-13	Cheerleading	Co-ed
2014-15	Cheerleading	LL
2015-16	Cheerleading	LL
2017-18	Cheerleading	LL
2021-22	Cheerleading	L

SHEEHAN (14)

1999-00	Boys Indoor Track	S
2000-01	Girls Volleyball	M
2000-01	Baseball	M
2001-02	Boys Indoor Track	S
2003-04	Baseball	M
2009-10	Boys Basketball	M
2009-10	Baseball	L
2013-14	Boys Outdoor Track & Field	M
2014-15	Baseball	M
2019-20	Football	S
2021-22	Girls Indoor Track	M
2021-22	Girls Outdoor Track & Field	M
2021-22	Girls Outdoor Track & Field	M
2023-24	Boys Outdoor Track & Field	M

NORTH HAVEN (12)

1996-97	Girls Outdoor Track	MM
2002-03	Baseball	L
2003-04	Ice Hockey	II

2004-05	Girls Outdoor Track	MM
2007-08	Softball	L
2010-11	Cheerleading	L
2014-15	Baseball	L
2018-19	Cheerleading	L
2019-20	Girls Swimming	M
2022-23	Football	MM
2022-23	Ice Hockey	II
2023-24	Football	MM

LYMAN HALL (10)

1994-95	Boys Indoor Track	M
1994-95	Boys Outdoor Track	L
1997-98	Softball	LL
2001-02	Baseball	L
2002-03	Softball	L
2003-04	Boys Outdoor Track	MM
2014-15	Cheerleading	Co-ed
2018-19	Boys Ice Hockey	III
2021-22	Boys Indoor Track	M
2023-24	Boys Indoor Track	M

CAREER (8)

2002-03	Girls Basketball	M
2003-04	Girls Indoor Track	S
2004-05	Girls Indoor Track	S
2004-05	Girls Outdoor Track	M
2007-08	Girls Basketball	LL
2009-10	Girls Outdoor Track	M
2010-11	Girls Basketball	LL
2011-12	Boys Basketball	L

MERCY (8)

1995-96	Girls Basketball	L	
2005-06	Softball	LL	
2012-13	Girls Basketball	LL	
2014-15	Girls Outdoor Track	L	
2017-18	Girls Basketball	LL	
2021-22	Girls Soccer	M	<i>co-champions with Sacred Heart Academy</i>
2022-23	Girls Soccer	M	
2023-24	Girls Cross Country	M	

HAMDEN (7)

1997-98	Boys Outdoor Track	LL
2002-03	Golf	LL
2008-09	Ice Hockey	I
2009-10	Ice Hockey	I

2009-10	Boys Indoor Track	LL
2022-23	Girls Basketball	LL
2023-24	Girls Basketball	LL

LAURALTON HALL (7)

2014-15	Girls Swimming	M
2014-15	Girls Tennis	M
2015-16	Girls Swimming	M
2015-16	Girls Tennis	M
2016-17	Cheerleading	L
2017-18	Girls Swimming	M
2023-24	Girls Lacrosse	S

SACRED HEART ACADEMY (5)

2010-11	Softball	M
2021-22	Girls Cross Country	M
2021-22	Girls Soccer	M - <i>co-champions with Mercy</i>
2021-22	Girls Basketball	MM
2022-23	Girls Outdoor Track & Field	M

FORAN (5)

2006-07	Cheerleading	L
2010-11	Softball	L
2015-16	Wrestling	M
2016-17	Baseball	L
2017-18	Wrestling	M

EAST HAVEN (4)

1997-98	Boys Ice Hockey	II
2004-05	Girls Volleyball	L
2014-15	Softball	L
2017-18	Girls Basketball	M

DERBY (4)

1995-96	Baseball	S
1999-00	Wrestling	S
2000-01	Wrestling	S
2001-02	Wrestling	S

WEST HAVEN (2)

2002-03	Football	LL
2008-09	Baseball	LL

SIMSBURY (2)

2013-14	Girls Ice Hockey	
2014-15	Girls Ice Hockey – <i>co-champions with East Catholic</i>	

JONATHAN LAW (1)

2007-08 Baseball

L

WEST HARTFORD (1)

2011-12 Girls Ice Hockey

EAST CATHOLIC (1)

2014-15 Girls Ice Hockey – *co-champions with Simsbury*

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