

# **Southern Connecticut Conference**

State Champions (1994-present)

Sport	Division	School	SCC Runner-Up
1994-95 (15) Fall Football Girls Volleyball Girls Swimming Boys Cross Country Girls Cross Country	L L L LL	Cheshire Amity Cheshire Xavier Cheshire	
Winter Boys Swimming Wrestling Boys Indoor Track Boys Indoor Track Boys Indoor Track	L M L <b>M</b> Open I	Cheshire Daniel Hand Xavier Lyman Hall Wilbur Cross Fairfield Prep	Hillhouse
Spring Golf Boys Outdoor Track Boys Outdoor Track Boys Tennis	I L MM L	Fairfield Prep Lyman Hall Hillhouse Cheshire/Simsbury	(co-champions)
1995-96 (21) Fall Boys Soccer Boys Soccer Field Hockey Football Football Girls Volleyball Girls Swimming	LL L L L LL L	Xavier Daniel Hand Amity Cheshire Shelton Amity Cheshire	Branford
<b>Winter</b> Boys Indoor Track	LL	Xavier	

Boys Indoor Track Girls Basketball Ice Hockey Boys Swimming	Open L I L	Xavier Mercy Fairfield Prep Cheshire	Hillhouse
Spring Baseball Baseball Golf Boys Outdoor Track Boys Outdoor Track Boys Outdoor Track Girls Outdoor Track Boys Tennis Boys Tennis	L S I Open LL <b>L</b> L L	Notre Dame Derby Amity Xavier Xavier Hillhouse Hillhouse Cheshire Fairfield Prep	Lyman Hall
Fall Boys Cross Country Boys Cross Country Boys Cross Country Girls Cross Country Football Boys Soccer Field Hockey Girls Swimming Girls Swimming	LL L Open L <b>LL</b> LL L Copen	Xavier Amity Xavier Cheshire Cheshire Guilford Cheshire/Simsbury Cheshire Cheshire	<b>Hamden</b> (co-champions)
Winter Ice Hockey Boys Swimming Gymnastics Girls Indoor Track Boys Basketball	I L S M Open M L	Notre Dame Cheshire Daniel Hand Hillhouse Hillhouse Hillhouse Xavier Fairfield Prep	
Spring Boys Volleyball Boys Tennis Boys Outdoor Track Boys Outdoor Track Boys Outdoor Track Boys Outdoor Track Girls Outdoor Track	L L LL L MM Open MM	Amity Cheshire Xavier Notre Dame Hillhouse Hillhouse North Haven	

L Girls Outdoor Track Hillhouse 1997-98 (23) Fall Field Hockey L Guilford/Simsbury (co-champions) Football 11 Cheshire Football L **Daniel Hand** L Daniel Hand/Woodstock Acad(co-champions) **Boys Soccer Girls Swimming Amity** Cheshire Girls Swimming Open Cheshire Girls Volleyball Cheshire **Boys Cross Country** LL Fairfield Prep Boys Cross Country Fairfield Prep Open Winter Girls Basketball L Hillhouse Ш Ice Hockey East Haven **Boys Indoor Track** Xavier/Danbury (co-champions) L **Boys Indoor Track** Μ Hillhouse Girls Indoor Track L Amity Fairfield Prep **Boys Swimming** Open **Boys Swimming** Cheshire L S **Gymnastics Daniel Hand** Spring Baseball Branford L **Boys Tennis** Cheshire LL Fairfield Prep **Boys Outdoor Track** LL Xavier **Boys Outdoor Track** L Hillhouse/Rockville (co-champions) Girls Outdoor Track L Hillhouse Softball LL Lvman Hall

#### 1998-1999 (18)

Fall

Girls Volleyball L Cheshire
Boys Cross Country LL Fairfield Prep
Girls Swimming Open Cheshire
Cirls Swimming Cheshire

Girls Swimming L Cheshire Amity

Girls Swimming M Branford

Winter

Girls Basketball L Daniel Hand

Boys Swimming L Amity Notre Dame-WH

Girls Indoor Track Open Hillhouse

Girls Indoor Track L Cheshire Amity

Boys Indoor Track Open Xavier Fairfield Prep

Boys Indoor Track Gymnastics	L M	<b>Xavier</b> Daniel Hand	Fairfield Prep
Spring Boys Outdoor Track Boys Outdoor Track Girls Outdoor Track Girls Outdoor Track Boys Volleyball Golf	LL Open Open MM I	Hamden Xavier Hillhouse Hillhouse Amity Cheshire	Xavier Hamden
1999-2000 (18) Fall Girls Swimming Girls Swimming Boys Cross Country Boys Cross Country	Open <b>L</b> Open LL	Cheshire Cheshire Xavier Xavier	Amity
Winter Girls Basketball Ice Hockey Wrestling Boys Indoor Track Girls Indoor Track Girls Indoor Track Girls Indoor Track Gymnastics Boys Swimming	L I S S L M Open M L	Hillhouse Fairfield Prep Derby Sheehan Cheshire Hillhouse Hillhouse Daniel Hand Cheshire	Amity  Notre Dame-WH
Spring Baseball Boys Outdoor Track Girls Outdoor Track Girls Outdoor Track Boys Volleyball	LL LL Open MM I	Notre Dame-WH Amity Hillhouse Hillhouse Amity	Cheshire
2000-01 (18) Fall Girls Swimming Girls Swimming Boys Soccer Field Hockey Girls Volleyball Football	M L LL L M LL	Branford Cheshire Guilford Cheshire Sheehan Shelton	

Wrestling Girls Indoor Track Ice Hockey Girls Basketball Boys Swimming Cheerleading	S M I L M L	Derby Hillhouse Fairfield Prep Guilford Branford Shelton	Notre Dame
Spring Boys Outdoor Track Boys Outdoor Track Girls Outdoor Track Baseball Softball Softball	MM Open Open M <b>M</b> L	Wilbur Cross Wilbur Cross Hillhouse Sheehan <b>Daniel Hand</b> Amity	Lyman Hall
2001-02 (22) Fall Football Field Hockey Field Hockey Girls Swimming Girls Swimming	L L M L	Notre Dame-WH Cheshire Branford Cheshire Branford	Guilford Amity
Winter Ice Hockey Girls Basketball Boys Indoor Track Girls Indoor Track Wrestling Boys Swimming Boys Swimming Skiiing	I L S M S Open <b>L</b> L	Notre Dame-WH Guilford Sheehan Hillhouse Derby Notre Dame-WH <b>Cheshire</b> Fairfield Prep	Notre Dame-WH
Spring Boys Tennis Boys Tennis Boys Lacrosse Boys Outdoor Track Boys Outdoor Track Girls Outdoor Track Girls Outdoor Track Softball	LL L I MM Open L Open <b>L</b> LL	Fairfield Prep Cheshire Cheshire Wilbur Cross Wilbur Cross Wilbur Cross Wilbur Cross Lyman Hall Amity	East Haven

# 2002-03 (21) Fall

Girls Swimming	M	Branford
Girls Swimming	L	Cheshire
Field Hockey	M	Branford
Girls Cross Country	Open	Guilford
Football	LĹ	West Haven
Football	SS	Hillhouse

Girls Indoor Track Μ Hillhouse Girls Indoor Track Open Hillhouse **Gymnastics** S **Daniel Hand** Girls Basketball L Guilford Girls Basketball Μ Career **Boys Swimming** L Notre Dame

#### **Spring**

Wilbur Cross Girls Outdoor Track L Girls Outdoor Track Wilbur Cross Open **Boys Outdoor Track** Wilbur Cross Ш **Boys Lacrosse** Branford Baseball North Haven L Softball LL Amity Softball L Lyman Hall Fairfield Prep **Boys Tennis** LL Golf LL Hamden

#### 2003-04 (21)

#### Fall

Boys Cross Country
Girls Swimming
M
Branford
Girls Swimming
L
Cheshire
Girls Swimming
Open
Cheshire
Girls Soccer
LL
Cheshire

Girls Soccer L Guilford/Farmington (co-champions)

Girls Volleyball L Amity
Football L Shelton
Football M Daniel Hand

#### Winter

Girls Indoor Track M Hillhouse
Girls Indoor Track L Wilbur Cross
Girls Indoor Track S Career

Girls Indoor Track Open Wilbur Cross

Ice HockeyIFairfield PrepNotre Dame-WHIce HockeyIINorth HavenDaniel Hand

Girls Basketball L Hillhouse

Boys Swimming	L	Notre Dame-WH	Cheshire
Spring Boys Outdoor Track Girls Outdoor Track Boys Volleyball Baseball	MM Open L M	Lyman Hall Wilbur Cross Shelton Sheehan	
Pall Boys Cross Country Girls Cross Country Boys Cross Country Boys Cross Country Girls Volleyball Field Hockey Girls Swimming Girls Swimming Girls Swimming Football	L MM Open L M LL M Open M	Guilford Guilford Guilford East Haven Branford Cheshire Branford Cheshire Daniel Hand	
Winter Girls Indoor Track Girls Indoor Track Girls Indoor Track Boys Indoor Track Ice Hockey Boys Swimming Girls Basketball	LL L S LL I L	Amity Hillhouse Career Amity Fairfield Prep Cheshire Hillhouse	Notre Dame-WH Xavier
Spring Boys Outdoor Track Girls Outdoor Track Girls Outdoor Track Boys Volleyball Softball	MM MM M L	Branford North Haven Career Shelton Amity	
2005-06 (20) Fall Boys Cross Country Boys Cross Country Field Hockey Football Football Girls Cross Country Girls Soccer	LL MM M LL MM <b>M</b> MM LL	Amity Guilford Branford Xavier Branford <b>Daniel Hand</b> Guilford Cheshire/Simsbury	Hillhouse (co-champions)

**Boys Indoor Track** LL Amity **Boys Indoor Track** Open Amity Girls Indoor Track Hillhouse L **Gymnastics** Μ **Daniel Hand** Ice Hockey Ш **Daniel Hand** Ice Hockey Ш Cheshire **Boys Basketball** Ī Hillhouse **Boys Swimming** L Cheshire

**Spring** 

Baseball LL Amity
Baseball L Branford

Softball LL Mercy Amity

Boys Lacrosse L Fairfield Prep

2006-07 (13)

Fall

Girls Cross Country MM Guilford

Girls Soccer LL Amity/Trumbull (co-champions)

Girls Swimming L Branford Football M Hillhouse

Winter

Boys Basketball LL Hillhouse

Boys Swimming L Fairfield Prep Xavier

Gymnastics M Daniel Hand Ice Hockey I Fairfield Prep

Cheerleading LL Shelton/Danbury (co-champions)

Cheerleading L Foran

**Spring** 

Baseball LL Amity
Baseball L Guilford
Boys Lacrosse L Fairfield Prep

2007-08 (11)

Fall

Boys Cross Country MM Daniel Hand Girls Cross Country MM Guilford Girls Volleyball LL Cheshire

Winter

Boys Indoor Track M Hillhouse Girls Indoor Track Open Hillhouse

Ice Hockey Ice Hockey Girls Basketball	I II LL	Fairfield Prep Amity Career	
Spring Baseball Softball Boys Lacrosse	L L L	Jonathan Law North Haven Fairfield Prep	
2008-09 (12) Fall Boys Cross Country Girls Cross Country Boys Cross Country	MM MM L	Daniel Hand Guilford Amity	
Winter Girls Indoor Track Boys Indoor Track Girls Basketball Boys Ice Hockey Boys Ice Hockey	M L L I	Hillhouse Amity Hillhouse Hamden Cheshire	
Spring Boys Outdoor Track Baseball Baseball Boys Lacrosse	L L LL L	Amity Branford West Haven Fairfield Prep	
2009-10 (23) Fall Girls Cross Country Girls Cross Country Boys Cross Country Boys Cross Country Girls Swimming Football Football	MM Open LL Open LL LL LL	Guilford Guilford Xavier Xavier Cheshire Cheshire Notre Dame	
Winter Girls Basketball Boys Basketball Ice Hockey Ice Hockey Ice Hockey Boys Indoor Track Boys Indoor Track	L M I II III LL L	Hillhouse Sheehan Hamden Amity Guilford Hamden Notre Dame	Fairfield Prep Amity Hand

Boys Indoor Track	М	Hillhouse	
Spring Baseball Boys Lacrosse Boys Outdoor Track Boys Outdoor Track Boys Outdoor Track Boys Tennis Girls Outdoor Track Girls Outdoor Track	L Cpen L LL M MM MM	Sheehan Cheshire Notre Dame Daniel Hand Amity Guilford Daniel Hand Career	Notre Dame Fairfield Prep Amity Notre Dame Branford
2010-11 (22) Fall Girls Cross Country Boys Cross Country Boys Cross Country Girls Soccer Football Football	MM <b>LL</b> MM LL LL	Guilford Amity Guilford Shelton Xavier Hillhouse	Xavier
Winter Girls Basketball Girls Basketball Ice Hockey Ice Hockey Girls Indoor Track Wrestling Cheerleading Cheerleading	LL L I II M LL Coed L	Career Hillhouse Fairfield Prep Cheshire Hillhouse Xavier Branford North Haven	Mercy Guilford Shelton
Spring Softball Softball Baseball Boys Outdoor Track Girls Outdoor Track Girls Outdoor Track Girls Outdoor Track Girls Outdoor Track Boys Volleyball Girls Tennis	L M L MM M Open L	Foran Sacred Heart Acad Notre Dame Hillhouse Hillhouse Hillhouse Cheshire Daniel Hand	emy
2011-12 (25) Fall Girls Cross Country Boys Cross Country Boys Cross Country	MM LL <b>Open</b>	Guilford Fairfield Prep <b>Fairfield Prep</b>	Xavier

Field Hockey	L	Cheshire
Football	LL	Xavier
Football	L	Daniel Hand

Boys Ice Hockey I Notre Dame
Boys Basketball L Career
Girls Ice Hockey West Hartford
Boys Indoor Track M Hillbouse

Boys Indoor Track M Hillhouse
Girls Indoor Track M Hillhouse
Girls Indoor Track Open Hillhouse
Wrestling LL Xavier
Wrestling L Daniel Hand

Wrestling Open Xavier Daniel Hand

Cheerleading Co-ed Shelton
Boys Swimming LL Fairfield Prep
Boys Swimming Open Fairfield Prep

Spring

Girls Outdoor Track MM Hillhouse
Girls Tennis M Daniel Hand
Golf II Daniel Hand
Boys Lacrosse L Fairfield Prep
Softball LL Amity

Softball LL Amity
Boys Volleyball L Cheshire
Baseball LL Shelton

<u>2012-13 (16)</u>

Fall

Boys Cross Country MM Guilford
Girls Swimming M Branford
Football LL Xavier

Football L Daniel Hand Football M Hillhouse

Winter

Girls Indoor Track M Hillhouse Gymnastics M Daniel Hand Cheerleading Co-ed Shelton

Boys Basketball LL Hillhouse Fairfield Prep

Girls Basketball LL Mercy

Boys Ice Hockey I Fairfield Prep Notre Dame

**Spring** 

Girls Outdoor Track & Field MM Hillhouse Boys Tennis L Daniel Hand

Golf	II	Daniel Hand
Boys Lacrosse	L	Fairfield Prep
Baseball	LL	Amity

#### 2013-14 (14)

Fall

Girls Volleyball LL Cheshire
Girls Soccer L Guilford Branford
Girls Cross Country MM Branford

Winter

Boys Ice Hockey Fairfield Prep Boys Ice Hockey Ш Daniel Hand **Amity** Girls Ice Hockey Guilford Simsbury **Gymnastics** Daniel Hand М Girls Indoor Track Open Wilbur Cross

**Spring** 

Boys Outdoor Track & Field M Sheehan Baseball LL Amity **Notre Dame** Baseball L Golf Ш Notre Dame **Boys Tennis Daniel Hand** L **Boys Tennis** Μ Guilford

#### 2014-15 (22)

Field Hockey

Fall

Boys Soccer L Branford/Avon (co-champions)
Boys Cross Country LL Amity Regional
Girls Swimming M Lauralton Hall

Daniel Hand

Football LL Small Xavier Shelton

M

Winter

LL Boys Basketball Fairfield Prep **Gymnastics** Μ Daniel Hand Boys Indoor Track M Hillhouse **Boys Indoor Track** Hillhouse Open Girls Indoor Track L Wilbur Cross Cheerleading LL Shelton Cheerleading Co-ed Lyman Hall

Girls Ice Hockey -- Simsbury/East Catholic (co-champions)

**SPRING** 

Baseball LL Amity Regional Baseball L North Haven

M L MM L M LL	Sheehan East Haven Hillhouse Mercy Lauralton Hall Amity Regional	Wilbur Cross Guilford
LL MM M	Amity Regional Guilford Lauralton Hall	
LL M LL M M	Hillhouse Hillhouse Shelton Foran Daniel Hand	
LL L M LL	Amity Regional Notre Dame Lauralton Hall Cheshire	Daniel Hand Amity Regional
L M	Daniel Hand Hillhouse	
L M M II LL L	Lauralton Hall Hillhouse Daniel Hand Guilford Hillhouse Daniel Hand	
L I M M	Foran Xavier Branford Daniel Hand	North Haven Guilford
	L MM L M L L MM L M M L L M M II L L L M M M II M M M M	L East Haven MM Hillhouse L Mercy M Lauralton Hall LL Amity Regional  LL Amity Regional MM Guilford M Lauralton Hall  LL Shelton M Foran M Daniel Hand  LL Amity Regional L Shelton M Foran M Daniel Hand  LL Amity Regional L Cheshire  L Hillhouse L Hillhouse L Daniel Hand L Cheshire  L Daniel Hand M Hillhouse L Lauralton Hall L Cheshire  L Daniel Hand I Guilford L Hillhouse L Daniel Hand

#### **2017-18 (19)**

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Boys Soccer	L	Daniel Hand
Football	L	Daniel Hand
Field Hockey	M	Daniel Hand
Girls Swimming	M	Lauralton Hall

Cheshire Girls Swimming L Boys Cross Country Xavier Open

Winter

Girls Basketball M East Haven Career

Girls Basketball LL Mercy

М **Boys Indoor Track** Hillhouse Lyman Hall

Girls Indoor Track Hillhouse M Cheerleading LL Shelton Boys Ice Hockey 1 Fairfield Prep

Wrestling M Foran

**Spring** 

Baseball Cheshire LL

Softball LL **Amity Regional** 

Girls Lacrosse М Branford **Daniel Hand** 

Hillhouse Boys Outdoor Track & Field MM Girls Outdoor Track & Field Hillhouse M **Bovs Tennis** Μ **Daniel Hand** 

#### 2018-19 (20)

#### Fall (8)

**Boys Cross Country** Xavier L **Boys Cross Country** Open Xavier Girls Swimming Cheshire L

North Haven Girls Swimming Μ Daniel Hand

Field Hockey M Guilford Sacred Heart Acad. Girls Volleyball LL Amity Regional

**Daniel Hand** Football L **Boys Soccer** L Daniel Hand

#### Winter (8)

Cheerleading North Haven Mercy L Boys Ice Hockey Fairfield Prep Notre Dame ı

Boys Ice Hockey Ш Branford

Boys Ice Hockey Ш Lyman Hall/HK Sheehan

Girls Indoor Track Hillhouse М Boys Indoor Track М Hillhouse

**Boys Indoor Track** L Xavier **Amity Regional** Girls Basketball **Daniel Hand** L Hillhouse

North Haven

Spring (4)

Boys Golf	П	Daniel Hand	
Girls Tennis	M	Daniel Hand	Lauralton Hall
Girls Outdoor Track & Field	M	Hillhouse	
Boys Outdoor Track & Field	MM	Hillhouse	

## 2019-20 (11)

Fall (8)

Field Hockey	M	Guilford	Daniel Hand
Girls Soccer	L	Guilford	
Boys Soccer	L	Daniel Hand	
Football	S	Sheehan	
Girls Swimming	M	North Haven	Daniel Hand
Girls Swimming	Open	Cheshire	
Girls Swimming	LL	Cheshire	
Boys Cross Country	L	Xavier	

Winter (3)

Boys Indoor Track	L	Hillhouse	
Wrestling	L	Xavier	
Cheerleading	1	Daniel Hand	

Cheerleading L Daniel Hand North Haven

The rest of the CIAC tournaments in the winter (b/g basketball, ice hockey and boys swimming) and all of spring were not contested due to COVID-19.

## 2020-21 (8)

The fall and winter CIAC tournaments were not contested due to COVID-19.

**Spring** 

Boys Outdoor Track & Field	L	Hillhouse
Boys Outdoor Track & Field	Open	Hillhouse
Girls Outdoor Track & Field	MM	Hillhouse
Boys Golf	1	Fairfield Prep
Boys Golf	II	Daniel Hand
Girls Tennis	L	Daniel Hand
Girls Lacrosse	M	Guilford
Baseball	L	Daniel Hand

#### 2021-22 (24)

Fall

Boys Cross Country	L	Xavier	
Girls Cross Country	MM	Guilford	
Girls Cross Country	M	Sacred Heart Ad	cademy
Girls Swimming	М	Daniel Hand	North Haven

Guilford Field Hockey M

Girls Soccer Μ Mercy/Sacred Heart Academy co-

champions

Winter (11)

Girls Indoor Track Μ Sheehan **Boys Indoor Track** Μ Lyman Hall Jonathan Law Boys Indoor Track L Xavier Hillhouse

Wrestling Open Xavier Wrestling Xavier L

Wrestling Μ Foran Branford

**Gymnastics** S Daniel Hand

Cheerleading L North Haven Shelton

**Boys Basketball** Ш **Daniel Hand** 

Girls Basketball MM Sacred Heart Academy

Boys Ice Hockey Notre Dame

Spring (7)

Boys Outdoor Track & Field Hillhouse L Boys Outdoor Track & Field Open Hillhouse Girls Outdoor Track & Field Μ Sheehan Girls Outdoor Track & Field Sheehan Open Girls Tennis Guilford L **Boys Golf** ı Fairfield Prep

Girls Lacrosse M Guilford

#### 2022-23 (25)

Fall (7)

**Boys Cross Country** Xavier L Girls Cross Country MM Guilford Girls Soccer M Mercy Field Hockey M Branford

**Boys Soccer** L Cheshire Xavier

Football MM North Haven Football M Notre Dame

Winter (9)

**Gymnastics** Daniel Hand S **Gymnastics** Open **Daniel Hand** Wrestling L Xavier Wrestling Xavier Open **Boys Indoor Track** L **Xavier** Girls Indoor Track Μ Hillhouse Girls Basketball LL Hamden

Boys Ice Hockey ı Fairfield Prep Notre Dame

Boys Ice Hockey	/ II	North Haven

**Spring (9)**Boys Outdoor Track Xavier L

Girls Outdoor Track MM **Daniel Hand** 

Girls Outdoor Track Sacred Heart Academy M

Girls Tennis L Guilford Daniel Hand Girls Tennis M Boys Golf Cheshire ı Boys Golf Ш **Daniel Hand** 

Boys Lacrosse Cheshire Daniel Hand M

Girls Lacrosse M Guilford

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