



2022-23

YEAR IN REVIEW

SOUTHERN CONNECTICUT CONFERENCE

2022-23 YEAR IN REVIEW



29TH YEAR

Established in 1994, the Southern Connecticut Conference completed its 29th year in 2022-23.

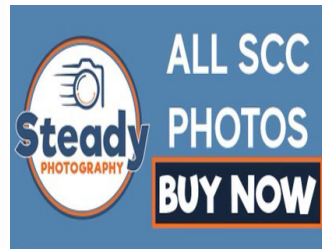
SPECIAL THANKS TO OUR CORPORATE SPONSORS

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community.

- The SCC had several corporate sponsors for the 2022-23 academic year, including Connecticut Orthopaedics, Holiday Hill/Holiday Hill Day Camp, Town Fair Tire, Sportsmen's of Litchfield, The Next Street, and the official realtor of the SCC - Better Homes and Garden Real Estate and its realtor for the SCC, Rob Bleggi.
- Thanks also to Great Blue Research, for its presenting sponsorship of the scholar athlete recognition program.
- For the second year, the SCC offered an Athlete of Month recognition program, which was presented by j.roo's of North Haven.
- The 2022 football season was sponsored by the Casey/O'Brien New Haven County Chapter of the National Football Foundation.
- Also much appreciation to Steady Photography, the official photographer of the SCC.


2022-23 EXECUTIVE BOARD

PRESIDENT: David Eustis, Headmaster, Xavier HS
 VICE-PRESIDENT: Julia Chaffe, Principal, Guilford HS
 SECRETARY: Anthony Verderame, Athletic Director - East Haven HS
 TREASURER: Steve Trifone, Athletic Director - Cheshire HS
 ATHLETIC DIRECTOR CHAIRPERSON: Ernie Goodwin, Amity Regional HS
 COMMISSIONER: Al Carbone



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NATIONAL FOOTBALL FOUNDATION AND COLLEGE HALL OF FAME
 CASEY O'BRIEN NEW HAVEN COUNTY CHAPTER

FORTY-SIX HONORED AS SCC SCHOLAR LEADERS



Forty-six students were recognized and honored as “SCC Scholar Leaders” at a banquet at Anthony’s Ocean View in New Haven on Monday, March 27.

The Scholar Leaders, as selected by their respective schools’ principal, demonstrated outstanding scholarship and leadership in their respective school and external communities. At the conclusion of the Scholar Leader banquet, there were two recipients of the Bill O’Brien Community Service Scholarship - Hillhouse’s Elsa Holahan and Jonathan Law’s Caroline Doyle - who were awarded \$500 to use for their post-high school pursuits.

To read all the Scholar Leader recipients bios, visit the SCC’s website: https://southernconnecticutconference.org/wp-content/uploads/2023/04/2023_SCC_SCHOLAR_LEADER_PROGRAM.pdf

2022-23 SCHOLAR LEADERS

- Amity Regional** – Francis Cavallaro, Aadya Wijesekera
- Branford** – Lauren McCarthy, Kevin Zuniga
- Hill Regional Career** – Sarah Murray, Kailey Bonilla
- Cheshire** – Anna Pociu, Asya Tarabar
- Daniel Hand** – Matthew Xu, Julia Coric
- East Haven** – Amelia Westfall, Jason Toth
- Fairfield Prep** – Matthew Mancini, Sebastian Rodriguez
- Joseph A. Foran** – Mallory Janik, Liam Young
- Guilford** – Zachary Neiss, Riley Mullett
- Hamden** – Ella Powers, Jacob Venditto
- James Hillhouse** – Elsa Holahan, Damarley Barrett
- Jonathan Law** – Caroline Doyle, John Neider
- Lauralton Hall** – Grace Polatsek, Alexandra Miller
- Lyman Hall** – Hannah Tuxbury, Khang Diep
- Mercy** – Shannon Arsenault, Isabella Lee-Baldassini
- North Haven** – Victoria Pachnik, Hunter Pageau
- Notre Dame** – Kyle Grande, James Lowman
- Sacred Heart Academy** – Maeve McConnell, Yaritza Zecua-Herrera
- Mark T. Sheehan** – Nele Koepfer, Kieran Lu
- Shelton** – Kaitlyn Bergers, Adam Sobh
- West Haven** – Sebastian Navarro, Maya Bermudez
- Wilbur Cross** – Roselyn Nahuautlato, Young In Kim
- Xavier** – Brendan Peary, Vincent Salamone



Career’s Sarah Murray and Kailey Bonilla



Lyman Hall’s Hannah Tuxbury and Khang Diep



Bill O’Brien Scholarship recipients Elsa Holahan and Caroline Doyle



West Haven’s Maya Bermudez and Sebastian Navarro

SCC HOLDS ARTS EXHIBITION



Here are the winners of the SCC's 2023 Arts Exhibition, which was again held at the Creative Arts Workshop in downtown New Haven during the month of April. Many thanks to the outstanding staff at CAW, including Executive Director Trina Mace Learned and Operations Associate Azaria Samuels, for their wonderful hospitality and support of the arts in the SCC.

Special thanks to United Illuminating for supporting the event.

2023 SCC WINNERS:

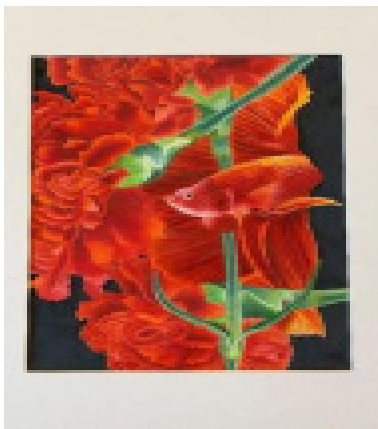
1st place: Eva Curran, Cheshire, *Colored Pencil on Paper*

2nd place: Marianna Allbanis, Sacred Heart Academy, *Watercolor on Paper*

3rd place: James Allen, Foran, *Acrylic on Canvas*



An AVANGRID Company



First place: Eva Curran, Cheshire



Second place: Marianna Allbanis, Sacred Heart Academy



Third place: James Allen, Foran

Southern Connecticut Conference
ARTS EXPO AT CREATIVE ARTS WORKSHOP
CREATIVE ARTS WORKSHOP
80 Audubon Street
GROUP SHOW **A**: March 24-April 6
GROUP SHOW **B**: April 14-27
CREATIVE ARTS WORKSHOP | 80 Audubon Street, New Haven, CT | Onsite and Online Exhibition
Sponsored by: United Illuminating | View the show online at www.creativeartsworkshop.org

SCC's BEST OF.... 2022-23



Town Fair Tire was the presenting sponsor of the SCC's "BEST OF... FOR 2022-23" an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 1,950 votes were cast during the seven-day voting period.

THE WINNER:

PREP HOCKEY CLIMBS THE MOUNTAIN

Just 17 days after defeating SCC-rival Notre Dame via a shoot-out in the league's Division I final, Fairfield Prep won its 19th state boys ice hockey championship with a 3-0 victory over the Green Knights on March 21 at Quinnipiac's M&T Bank Arena. Prep goaltender James Meder made 42 saves in the state final as the Jesuits won their final nine games to finish 18-6 for first-year head coach Vin O'Hara.



Fairfield Prep ice hockey won both the SCC and state Division I titles in 2022-23 (Steady Photography photo).

MORE TOP SCC MOMENTS FROM 2022-23...

RAM POWER --- Cheshire sets a league record with nine SCC playoff titles during the 2022-23 academic year. The previous record was eight titles, set three times — twice by Amity Regional in 2005-06 and 2015-16, and by Daniel Hand in 2017-18. In the 2022 fall season, the Rams captured five league titles — girls cross country, girls soccer, girls swimming, girls volleyball and field hockey. In the 2023 spring season, Cheshire added the girls lacrosse, boys lacrosse, boys volleyball and boys golf titles.

X-MEN ARE FAST --- Xavier wins its seventh straight SCC boys cross country title on October 19, playing four of the top nine runners, including winner Alex Ushchak, and proceeds to win the Class L state title a week later at Wickham Park. At the Class L meet, the Falcons had six of the top 13 finishers including winner Owen Martin. It was the Falcons' fourth straight Class L state title.

CHESHIRE BOYS SOCCER – Led by SCC Player of Year Samir Dishnica, Cheshire wins the Class L boys soccer title with a 3-1 win over SCC-rival Xavier on November 20 at Trinity Health Stadium in Hartford. To reach the final, the Rams defeated SCC-rivals Notre Dame (6-0 in quarterfinals) and Guilford (3-2 in the semifinals). It was the Rams' state title as a SCC member and their first since 1988.



North Haven football won the Class MM state title in 2022.

NIGHTHAWKS --- Behind its potent single-wing offensive attack, North Haven wins its first-ever state football title with a 51-34 win over Killingly in the Class MM championship game on December 10 at Rentschler Field. Playing in the potent SCC Tier 1, the Nighthawks prepared themselves well for the postseason, and proceeded scored 115 points in three playoff games and finished with an impressive 11-2 final record.

SCC's BEST OF.... 2022-23 - CONTINUED



FOR THE GREEN, FIGHT... FIGHT --- After holding off SCC-rival Jonathan Law in the Class M semifinals six days earlier, Notre Dame proceeds to roll over undefeated Berlin, 35-8, in the Class M state football final on December 10 at Rentschler Field. It was the Green Knights' first state title since 2009.

MERCY, MERCY, MERCY --- After falling to Cheshire in the SCC final, the Mercy girls soccer team rebounds and captures the Class M state championship on November 19 with a 3-1 victory over Northwest Catholic. Mercy outscored its opponents, 19-2, in the state tournament and finished the season with a final 20-3-1 record.

HORNET HEAVEN ---- After falling to Cheshire in the SCC final, the Branford field hockey team wins four, 1-0 contests on its way to the Class M championship. The ninth-seeded Hornets defeated Brookfield and SCC rivals Guilford and Daniel Hand to reach the finals. In the final on November 20, Aliza Giordano's second half goal lifted the Hornets to their first state title since 2005.

LADY RAMS' FALL FOR THE AGES --- Cheshire won five SCC playoff titles in the fall season – field hockey, girls cross country, girls volleyball, girls soccer and girls swimming. It was the most SCC titles won in a season since Guilford won five in the fall of 2019.

SHELTON GIRLS TRACK – Behind SCC Indoor and Outdoor Track Athlete of Year Audrey Kozak, Shelton won the SCC girls indoor and outdoor track titles in 2023. The Gaels narrowly defeated Hillhouse by two points (81 to 79) in the indoor championships, before claiming outdoor title over the Academics (85.5 to 74).

GIVE THEM A HAND ---- The Daniel Hand gymnastics team the trifecta in 2023 – winning the SCC, Class S and State Open titles. The Tigers won the Class S title in commanding fashion (143.075 to Oxford's 131.75) and then totaled 141.75 points on March 4 in the State Open. It was the first time a SCC team won the State Open.

XAVIER WRESTLING ---- After dominating the SCC championship meet (totaling 244.5 points – 136.5 better than runner-up Fairfield Prep), the Xavier wrestling team, under the direction of Mike Cunningham, proceeds to win the Class L state title and State Open. It is the second straight year (and third overall) that Falcons have won both state titles.

HAMDEN GIRLS HOOP PERFECT --- Hamden won its first-ever girls basketball state title with a dominating 63-48 victory over previously-undefeated Fairfield Ludlowe on March 18 at Mohegan Sun. The Green Dragons, who captured the SCC title on Feb. 22, finished the 2022-23 season with a perfect 27-0 record – becoming just the second SCC team to finish a perfect season. In 2001, Guilford also completed an undefeated season (27-0).

NORTH HAVEN HOCKEY --- After winning its third consecutive SCC/SWC Division II title, the North Haven boys ice hockey came-from-behind to defeated Woodstock Academy, 2-1, on March 20, in the Division II state final at Quinnipiac University to capture its first state title since 2004. Alex Petersen's goal 5:35 into overtime lifted the Nighthawks, who finished the year with a 24-2 final record.

GIRLS ICE HOCKEY THRILLER --- In the SCC girls ice hockey final, third-seeded Hamden and top-seeded West Haven/Sacred Heart Academy had a scoreless battle for more than 60 minutes until SCC Player of Year Julianna Picard scored 1:23 into the second overtime to lift WH/SHA to the league title.



Branford field hockey won the 2022 Class M state title.



Daniel Hand gymnastics won the SCC, Class S and State Open titles in 2023 - the first SCC team to achieve all three.



Hamden girls basketball finished a perfect 27-0 in 2022-23.

CHESHIRE BOYS LAX --- In one of the most anticipated SCC boys lacrosse championship games in recent memory, Cheshire's Matt Jeffrey scored 53 seconds into overtime lifted the Rams to a 8-7 win over top-seeded Fairfield Prep in a battle of nationally-ranked squads on May 23. It was Cheshire's first SCC title since 2010. The Rams also won the Class M state title, defeated SCC-rival Daniel Hand, 18-4, on June 11.

AMITY SOFTBALL COMES FROM BEHIND --- Trailing by four runs in the sixth inning to top-seeded and undefeated North Haven, the Amity Regional softball team proceeds to score five runs to win the SCC title. The Spartans (20-6) would reach the Class LL quarterfinals before losing to eventual champion Fairfield Ludlowe.

THREE TIMES A CHARM --- After falling in the SCC final to rival Cheshire, the Guilford girls lacrosse team defeats Waterford, Branford, Brookfield and then top-seeded East Lyme, 11-4, to capture the Class M state title. It was the third straight state title for the Grizzlies, who finished the season with a 18-7 record.

CHESHIRE/DANIEL HAND FIT TO BE TIED --- At the SCC Championship match on May 30, Cheshire and Daniel Hand tied for the championship (315). It was the first tie for a SCC title since 2010. However, both Cheshire (Division I) and Daniel Hand (Division II) went on to win state titles the following week.

GUILFORD BASEBALL – After registering a 17-3 regular season, the Guilford baseball team, under the tutelage of SCC Coach of Year Nick Merullo, defeated Sheehan, Xavier and Fairfield Prep to earn its first SCC playoff title in 16 years. The Grizzlies then proceeded to reach the Class L state championship game before falling to Brookfield at Palmer Field.

CHESHIRE BOYS VOLLEYBALL – After winning the SCC title on May 26 with a well-played 3-1 victory over rival Shelton, the Cheshire boys volleyball team makes a run to the Class M state championship match, its first state title appearance since 2019.

ALEX ORLINS --- The two-time SCC Girls Tennis Player of Year, Alex Orlins rallied to win 4-6, 6-2, 10-8 over Darien's Lauren Zhang to win the state's individual crown on June 9. Along with finishing the season at 24-0, Orlins became the first Cheshire player to win the state singles invitational title.

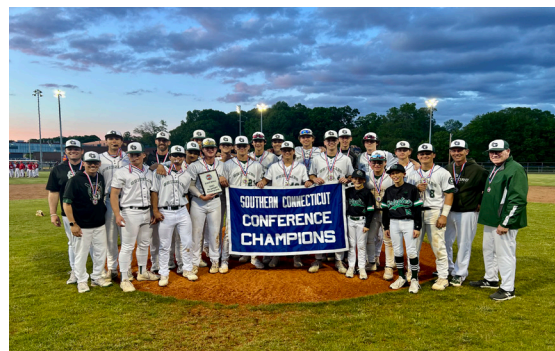
AUDREY KOZAK – The SCC's Indoor Track and Outdoor Track Athlete of the Year, Shelton senior Audrey Kozak concluded her scholastic career in grand style winning the State Heptathlon on June 13. Kozak, who also won the heptathlon in 2022, totaled 4442 points – winning the 200 meters and long jump and finishing second in the high jump and 100 meter hurdles.

STATE RECORD – Hillhouse junior Leonaya Knox set the state record for the 100 meter hurdles with a time of 13.95 seconds at the SCC East Sectional meet on May 15. Knox, who became the first Connecticut female to eclipse 14 seconds in the event, went on to win the SCC, Class M and State Open titles in the 100 meter hurdles.

XAVIER TRIFECTA – With SCC championships in boys indoor and outdoor track along with its cross country league title in the fall, Xavier achieved the running trifecta in 2023 under the direction of head coach Chris Stonier. The Falcons became the second SCC team (joining Amity Regional in 2015-16) to win all three running titles in the same academic year.



Daniel Hand and Cheshire shared the 2023 SCC boys golf title.



Guilford baseball won its first SCC title in 16 years in 2023.



Xavier boys outdoor track & field won the SCC title in 2023.

CONNECTICUT ORTHOPAEDICS URGENT CARE/ SCC PLAYER AND COACH OF YEAR



During the 2022-23 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports.

Many thanks to league corporate sponsor Connecticut Orthopaedics and its Urgent Care affiliations for sponsoring the awards.

Player and Coach of the Year honorees were selected by the respective sport's head coaches.

PLAYERS OF THE YEAR

FALL

Boys Cross Country – Alex Ushchak, Xavier
Girls Cross Country – Hannah Andrejczyk, Shelton
Girls Soccer – Gabby Tirado, Cheshire
Boys Soccer – Samir Dishnica, Cheshire
Field Hockey – Scout Engstrom, Branford
Girls Volleyball – Avery Mola, Cheshire
Girls Swimming – Div. I – Avery Potyrala, Cheshire
Girls Swimming – Div. II – Elise Richardson, Lyman Hall
Football – Tier 1 – Jacob Staton, Notre Dame
Football – Tier 2 – Nick Conlan, West Haven
Football – Tier 3 – John Neider, Jonathan Law

WINTER

Cheerleading – Alyssa Capello, Lyman Hall
Cheerleading Merit – Jonna Lord, Foran
Gymnastics – Ella Esposito, Guilford
Girls Indoor Track – Audrey Kozak, Shelton
Boys Indoor Track – Stylz Mitchell, Xavier
Girls Basketball – Leah Philpotts, Hamden
Boys Basketball – Mekhi Conner, Notre Dame-WH
Boys Swimming – Div. 1 – Christian Butler, Greater NH co-op
Boys Swimming – Div. 2 – Jack Ferguson, HK co-op
Girls Ice Hockey – Julianna Picard, West Haven/SHA co-op
Boys Ice Hockey – Div. 1 – Tye Battipaglia, Notre Dame-WH
Boys Ice Hockey – Div. 2 – Owen Quick, North Haven
Boys Ice Hockey – Div. 3 – Drew Scalia, Masuk
Wrestling – Raekwon Shabazz, Xavier

SPRING

Baseball – Lucas Deshefy, Guilford
Softball – Grace Carrington, Amity Regional
Boys Lacrosse – Tyler Fox, Fairfield Prep
Girls Lacrosse – Dylan Lyons, Amity Regional
Boys Tennis – James Lorenzetti, Notre Dame
Girls Tennis – Alex Orlins, Cheshire
Boys Volleyball – Thomas Kopec, Shelton
Boys Outdoor Track & Field – Sam Forte, Xavier
Girls Outdoor Track & Field – Audrey Kozak, Shelton
Boys Golf – Andrew Beauton, Guilford
Girls Golf – Sydney Hidalgo, Cheshire

COACHES OF THE YEAR

FALL

Boys Cross Country – Chris Stonier, Xavier
Girls Cross Country – Rob Schaefer, Cheshire
Girls Soccer – Gary Collins, North Haven
Boys Soccer – Isaac Montalvo, Shelton
Field Hockey – Kya O'Donnell, Cheshire
Girls Volleyball – Seth Davis, Amity Regional
Girls Swimming – Div. I – Matt Traub, Cheshire
Girls Swimming – Div. II – Keith Cargan, Sheehan
Football – Tier 1 – Keith Hellstern, Fairfield Prep
Football – Tier 2 – Rich Boshea, West Haven
Football – Tier 3 – Tom Drew, Foran

WINTER

Cheerleading – Kathleen Crisafi, North Haven
Gymnastics – Kelly Smith, Daniel Hand
Girls Basketball – Amanda Forcucci, Hamden
Boys Basketball – Jamie Anderson, Jonathan Law
Girls Indoor Track – Gary Schmidlin, Shelton
Boys Indoor Track – Chris Stonier, Xavier
Boys Ice Hockey – Div. 1 – Larry Vieira, Notre Dame-WH
Boys Ice Hockey – Div. 2 – Jim DiNapoli, Branford
Boys Ice Hockey – Div. 3 – Andy Townsend, Masuk
Girls Ice Hockey – Jessica Morgillo, Hamden co-op
Boys Swimming – Div. 1 – Scott Butler, Daniel Hand
Boys Swimming – Div. 2 – Steve Cusano, HK co-op
Wrestling – Michael Cunningham, Xavier

SPRING

Baseball – Nick Merullo, Guilford
Softball – Melanie Blude, Jonathan Law
Boys Lacrosse – Mike Devine, Cheshire
Girls Lacrosse – Chris Elledge, Amity Regional
Boys Tennis – Adam Mirsky, Fairfield Prep
Girls Tennis – Chris Marra, Guilford
Boys Volleyball – Stefanie Reay, Xavier
Boys Outdoor Track & Field – Chris Stonier, Xavier
Girls Outdoor Track & Field – Pat Redding, Sacred Heart Academy
Boys Golf – Dan Lee, Cheshire
Girls Golf – Mike Cofrancesco, Amity Regional



Great Blue Research is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school’s coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

FALL

Amity Regional – Daniel Liu (cross country), Sophia McDermott (swimming & diving)
Branford – Harrison Smith (soccer), Lauren McCarthy (field hockey)
Career – Emilia Pinilla (volleyball), Adnan Ahmad Rizal (soccer)
Cheshire – Gabriella Tirado (soccer), Mike DeJoseph (cross country)
Daniel Hand – Madeline Coulis (soccer), Nick Montana (cross country)
East Haven – Jason Toth (football), Taya Ragaini (cheerleading)
Fairfield Prep – John Duffy (soccer), Anthony Musilli (crew)
Foran – Skyler Agresti (soccer), Tighe Duggan (cross country)
Guilford – Luke Carignan (football), Gabriella Esposito (swimming & diving)
Hamden – Eliza Shepard (soccer), Ephraim Hickey (soccer)
Hillhouse – A’lice Bradley (volleyball), Maurice Washington (football)
Jonathan Law – Brandon Leslie (football), Sabrina Lawless (soccer)
Lauralton Hall – Kelly Jones (cross country), Charlotte Masi (swimming & diving)
Lyman Hall – Elise Richardson (swimming & diving), Morgan Stone (soccer)
Mercy – Ava Cedillo (Field Hockey), Julia Nadolski (Soccer)
North Haven – Victoria Pachnik (swimming & diving), Alex Ranciato (soccer)
Notre Dame – Gordon Drew (cross country), Will Panza (football)
Sacred Heart Academy – Isabella Saracco (field hockey), Kathryn Marquis (Swimming)
Sheehan – Nele Koepfer (soccer), Kieran Liu (soccer)
Shelton – Emily Codere (soccer), Ben DeMartino (cross country)
West Haven – Emma Walker (soccer), Diego Soto (soccer)
Wilbur Cross – Jamel Lee (football), Charlotte Buterbaugh (soccer)
Xavier – Joseph Corsino (soccer), Jacob Greco (football)

WINTER

Amity Regional – Audrey Cummings (indoor track), Frank Cavallaro (basketball)
Branford – Paige Kelly (basketball), Massimo Corrick (indoor track)
Career – Sarah Murray (indoor track), Elijah Cohen (indoor track)
Cheshire – Anna Pociu (skiing), Silas Wang (swimming)
Daniel Hand – Coco Rourke (basketball), Elliot Lee (swimming & diving)
East Haven – Jessica Urban (indoor track), Dylan Snyder (wrestling)
Fairfield Prep – Brice Muller (skiing), Sebastian Rodriguez (wrestling)
Foran – Joseph Cichowski (wrestling), Mallory Janik (cheerleading)
Guilford – Aiden Cohen (swimming & diving), Ava Lepro (basketball)
Hamden – Amanda Lee (indoor track), Andrew Ames (swimming & diving)
Hillhouse – David Walker (indoor track), Nyla Williamson Lewis (indoor track)
Jonathan Law – Connor Chirico (ice hockey), Grace Baird (basketball)
Lauralton Hall – Margo Katz (cheerleading), Lily Keller (cheerleading)
Lyman Hall – Callie Casulla (basketball), Peyton Durant (ice hockey)
Mercy – Mackenzie Kelley (ice hockey), Annaliese Rhoden (indoor track)
North Haven – Samantha Adams (fencing), Andre Ohanyan (ice hockey)
Notre Dame – Scott Caravone – (indoor track), Chris Abrina (swimming & diving)
Sacred Heart Academy – Emma Kirck (basketball), Anne Plunkett (ice hockey)
Sheehan – Espen Fenstad (swimming & diving), Olivia Cassese (basketball)
Shelton – Emily Ahern (basketball), Benjamin Rhodes (swimming)
West Haven – Cassidy Carrano (basketball), Leandro Rodrigues (indoor track)
Wilbur Cross – Elias Theodore (indoor track), Anna Pham (indoor track)
Xavier – Jack Flynn (indoor track), John Kozdroj (ice hockey)

SPRING

Amity Regional – Ben Qian (lacrosse), Kiley Pickens (tennis)
Branford – Casey Maymon (tennis), Dominique Smith (tennis)
Career – Jaylen Lopes (tennis), Kiera Baxter (outdoor track & field)
Cheshire – Charles Kurtz (lacrosse), Taylor Fitzgerald (lacrosse)
Daniel Hand – Julia Coric (outdoor track), Reece Scott (golf)
East Haven – Izabella Olszewski (tennis), Jack Angelo (baseball)
Fairfield Prep – Robbie Donahue (tennis), Maddux Little (lacrosse)
Foran – Madeline Elmo (outdoor track & field), Liam Young (lacrosse)
Guilford – Scout Climie (lacrosse), Bryce Meder (baseball)
Hamden – Ella Powers (tennis), Ryan Cappella (baseball)
Hillhouse – Tyler Saxton (baseball), Jada McCown (softball)
Jonathan Law – Paige Jolley (softball), Rishabh Nair (tennis)
Lauralton Hall – Shannon Green (outdoor track & field), Julianna LaMagna (lacrosse)
Lyman Hall – Madison Hughes (lacrosse), Tyler Casey (baseball)
Mercy – Sophia Engels (softball), Anna Simoniello (outdoor track & field)
North Haven – Ava Huntley (lacrosse), Jonathan Chin (tennis)
Notre Dame – Alex Labadia (lacrosse), Teagan Grillo (baseball)
Sacred Heart Academy – Alyssa Norton (softball), Kristina Ponzio (outdoor track & field)
Sheehan – Alondra Lopez (tennis), Vincenzo Carbone (golf)
Shelton – Taylor Ostrosky (outdoor track), Benjamin DeMartino (outdoor track)
West Haven – Joyce Delgado (tennis), Connor Hummel (lacrosse)
Wilbur Cross – Young In Kim (tennis), Roselyn Nahuatlato (outdoor track & field)
Xavier – Mason Breton (baseball), Peter Walsh (sailing)

CONNECTICUT ORTHOPAEDICS AWARDS

“COMEBACK PLAYERS OF THE YEAR”



Two student athletes – **Julia Ball (North Haven HS)** and **Avery Atkinson (Branford HS)** – were the recipients of the 2023 Southern Connecticut Conference “Comeback Player of the Year” awards. Both students suffered severe injuries yet were able to overcome them to become outstanding role models in their respective schools.

A long-time corporate sponsor of the SCC, Connecticut Orthopaedics offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2022-2023 academic year and showed great leadership both on and off the field after their severe injury.

Coaches and school’s athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. Both will receive a financial scholarship to be used for their college education.

“This is our 13th year awarding student-athletes from the SCC with scholarships,” said Susan Bader, CEO of Connecticut Orthopaedics. “Our goal is to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, become positive role models for their fellow teammates. As sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level.”



Call it a Comeback (L-R): Susan Bader, CEO of Connecticut Orthopaedics, Avery Atkinson, Julia Ball and SCC Commissioner Al Carbone

2022-23 SCC/CONNECTICUT ORTHOPAEDICS COMEBACK PLAYERS OF THE YEAR

JULIA BALL, North Haven HS (basketball)

A member of the Nighthawks’ basketball squad, Julia suffered a season-ending ACL injury just seven games into her junior year. A true leader on and off the court, Julia worked tirelessly through the mental and physical aspect of the injury and rehabilitation to return to the court this past winter. She served as the team’s captain and was a key part of the team’s outstanding 18-7 final record that helped the team reach the Class L state quarterfinal round. Julia led the team in scoring (19 ppg) and was named All-SCC First Team and GametimeCT.com’s All-State Third Team. Julia will attend Roger Williams College in the fall.

AVERY ATKINSON, Branford HS (basketball/outdoor track & field)

Avery played football during this freshman year at Branford and following the season was diagnosed with “Bilateral L4 Spondulolysis,” which is a fracture of the L4 vertebrae, on both sides. After months of healing and physical therapy, he was cleared to limited activities (but no more football) but was allowed to play basketball and run track. He served as captain of the Hornets’ basketball squad this winter and is captaining the outdoor track & field team where he competes in the 300-meter hurdles and javelin. Avery will attend Coastal Carolina in the fall and major in sports management.

ABOUT CONNECTICUT ORTHOPAEDICS

Connecticut Orthopaedics is a premier team of orthopaedic doctors, surgeons and health care professionals who provide compassionate and innovative care to keep you moving forward with life. With over 50 doctors serving 20 locations, including 7 Urgent Care | Walk-In centers, two orthopaedic-only Surgical Centers and 12 state-of-the-art Sports Therapy | Rehab locations, we make it convenient for you to get the orthopaedic care you need, close to where you live.

There’s simply no other Connecticut practice that offers the convenience, personalized care and comprehensive experience that you’ll find with Connecticut Orthopaedics. From your first visit, to diagnosing your injury, to treatment and rehabilitation, we offer end-to-end orthopaedic services designed to accommodate your every need. To learn more, visit ct-ortho.com



2022-23 SCC POSTSEASON CHAMPIONS



FALL

Sport	Champion	Runner-up/Third Place	Result
Boys Cross Country	Xavier (32)	Guilford (81), Daniel Hand (109)	
Girls Cross Country	Cheshire (64)	Guilford (125)*, Wilbur Cross (125)	-- *won tiebreaker (6th runner)
Field Hockey	Cheshire	Branford	2-1
Girls Soccer	Cheshire	Mercy	2-1
Boys Soccer	Xavier	Fairfield Prep	2-1 (ot)
Girls Swimming	Cheshire (1226)	Amity Regional (935), Guilford (842)	
Girls Volleyball	Cheshire	Amity Regional	3-2 (13-25, 25-20, 25-20, 24-26, 15-13)

WINTER

Sport	Champion	Runner-up/Third Place	Result
Cheerleading All-Girl	Daniel Hand (87.5)	North Haven (79.95), West Haven (79.85)	
Cheerleading Co-ed	Shelton (82.75)		
Boys Indoor Track	Xavier (100)	Hillhouse (60), Lyman Hall (49)	
Girls Indoor Track	Shelton (81)	Hillhouse (79), Mercy (55)	
Wrestling	Xavier (244)	Fairfield Prep (108), Foran (106)	
Boys Basketball	Notre Dame	Hillhouse	74-61
Girls Basketball	Hamden	Sacred Heart Academy	70-57
Gymnastics	Daniel Hand (140.3)	Jonathan Law (127.3), Foran (123.05)	
Girls Ice Hockey	West Haven/SHA co-op	Hamden co-op	1-0 (2 ot)
Boys Ice Hockey – Div. 1	Fairfield Prep	Notre Dame	3-3 (Prep wins SO, 2-1)
Boys Ice Hockey – Div. 2	North Haven	W-P co-op	6-1
Boys Swimming	Fairfield Prep (1224)	Hamden (841.5), Greater NH co-op (681.5)	

SPRING

Sport	Champion	Runner-up/Third Place	Result
Boys Outdoor Track & Field	Xavier (132)	Amity Regional/Hamden (72)	
Girls Outdoor Track & Field	Shelton (85)	Hillhouse (74), Sacred Heart Academy (71)	
Baseball	Guilford	Fairfield Prep	10-7
Softball	Amity Regional	North Haven	7-6
Boys Tennis	Fairfield Prep	Daniel Hand	5-2
Girls Tennis	Amity Regional	Guilford	6-1
Boys Lacrosse	Cheshire	Fairfield Prep	8-7 (ot)
Girls Lacrosse	Cheshire	Guilford	14-7
Boys Volleyball	Cheshire	Shelton	3-1 (25-13, 22-25, 25-18, 25-16)
Boys Golf	Cheshire/Daniel Hand (315)	Xavier (322)	
Girls Golf	Lauralton Hall (388)	Amity Regional (394), Cheshire (404)	

OVERVIEW:

Thirteen different schools won a SCC title during 2022-23.... Cheshire set a league record with nine SCC playoff titles in 2022-23. The previous record was eight titles, set three times — twice by Amity Regional in 2005-06 and 2015-16, and by Daniel Hand in 2017-18.



2022-23 SCC STATE CHAMPIONSHIPS



STATE CHAMPIONS (25)

FALL (7)

Xavier boys cross country (Class L)
Guilford girls cross country (Class MM)
Mercy girls soccer (Class M) - *defeated Northwest Catholic, 3-1*
Branford field hockey (Class M) - *defeated New Milford, 1-0*
Cheshire boys soccer (Class L) - *defeated Xavier, 3-1*
North Haven football (Class MM) - *defeated Killingly, 51-34*
Notre Dame football (Class M) - *defeated Berlin, 35-8*

WINTER (9)

Daniel Hand gymnastics (Class S and State Open)
Xavier wrestling (Class L and State Open)
Xavier boys indoor track (Class L)
Hillhouse girls indoor track (Class M)
Hamden girls basketball (Class LL) - *defeated Fairfield Ludlowe, 63-48*
North Haven boys ice hockey (Div. II - *defeated Woodstock Academy, 2-1, in OT*)
Fairfield Prep boys ice hockey (Div. I - *defeated Notre Dame-WH, 3-0*)

SPRING (9)

Xavier boys outdoor track & field (Class L)
Daniel Hand girls outdoor track & field (Class MM)
Sacred Heart Academy girls outdoor track & field (Class M)
Guilford girls tennis (Class L) - *defeated Avon, 4-3*
Daniel Hand girls tennis (Class M) - *defeated Stonington, 5-2*
Cheshire boys golf (Div. I)
Daniel Hand boys golf (Div. II)
Cheshire boys lacrosse (Class M) - *defeated Daniel Hand, 18-3*
Guilford girls lacrosse (Class M) - *defeated East Lyme, 11-4*



Guilford girls lacrosse - Class M state champions

STATE RUNNER-UPS (19)

FALL (6)

Mercy girls cross country (Class M)
Guilford girls swimming (Class M)

533

SCC member school teams have won 533 state championships since 1994-95 (164 fall, 199 in winter, and 170 in the spring).

Following the conclusion of the 2023 spring season, here are the SCC schools with the most state titles since the league was formed in 1994-1995:

1. Hillhouse (79)
2. Cheshire (67)
3. Daniel Hand (63)
4. Xavier (43)
5. Amity Regional (41)
5. Guilford (41)
7. Fairfield Prep (38)
8. Branford (27)
9. Notre Dame (19)
10. Wilbur Cross (15)



Cheshire girls swimming (Class L)
Cheshire girls soccer (Class LL) - *lost to Staples, 4-1*
Xavier boys soccer (Class L) - *lost to Cheshire, 3-1*
Fairfield Prep football (Class LL) - *lost to Greenwich, 37-17*

WINTER (3)

Fairfield Prep boys swimming (Class L)
Mercy girls basketball (Class MM) - *lost to New London, 57-47*
Notre Dame boys ice hockey (Div. I) - *lost to Fairfield Prep, 3-0*

SPRING (10)

Hillhouse boys outdoor track (Class L)
Hillhouse girls outdoor track (Class MM)
Hamden boys outdoor track (Class LL)
Mercy girls outdoor track (Class M)
Cheshire boys volleyball (Class M) - *lost to Masuk, 3-0*
Jonathan Law softball (Class L) - *lost to Masuk, 3-0*
Sacred Heart Academy softball (Class M) - *lost to Woodland Regional, 16-0*
Guilford baseball (Class L) - *lost to Brookfield, 2-0*
Daniel Hand boys lacrosse (Class M) - *lost to Cheshire, 18-3*
Fairfield Prep boys lacrosse (Class L) - *lost to Staples, 13-6*

2022-23 ATHLETES OF MONTH



The Southern Connecticut Conference, with the support of presenting sponsor j.roo's of North Haven, named a female and male athlete of the month during the 2022-23 academic year. Each recipient received a plaque and \$25 gift card to j.roo's.

j.roo's is located at 243 State Street in North Haven. Visit them at <https://www.jroosrestaurant.com/>



SEPTEMBER
ARIANA MULLIN
Hamden
Soccer

SEPTEMBER
JOHN NEIDER
Jonathan Law
Football

OCTOBER
ALEXA BONATO
Amity Regional
Volleyball

OCTOBER
KIERAN DRISCOLL
Xavier
Soccer

NOVEMBER
GIANNA BOZZI
Branford
Field Hockey

NOVEMBER
SAMIR DISHNICA
Cheshire
Soccer

DECEMBER
JULIANNA PICARD
West Haven/SHA
Ice Hockey

DECEMBER
TOMMY GUIDONE
North Haven
Ice Hockey

JANUARY
AMANI ABUHATAB
West Haven
Basketball

JANUARY
CHRISTIAN MCCLEAVE
Wilbur Cross
Basketball

FEBRUARY
SHALISHA ROBERTSON
Hillhouse
Indoor Track

FEBRUARY
RAEKWON SHABAZZ
Xavier
Wrestling

MARCH
LEAH PHILPOTTS
Hamden
Basketball

MARCH
JAMES HEBER
Fairfield Prep
Ice Hockey

APRIL
MADY BULL
Jonathan Law
Softball

APRIL
BROCK GOODWIN
Amity Regional
Baseball

MAY
SYDNEY HIDALGO
Cheshire
Golf

MAY
WILL ALLEN
Cheshire
Volleyball

**SCC ATHLETES OF THE MONTH
SEPTEMBER 2022**
Presented by j.roo's of North Haven
Ariana Mullin, Hamden, Girls Soccer
John Neider, Jonathan Law, Football

**SCC ATHLETES OF THE MONTH
FEBRUARY 2023**
Presented by j.roo's of North Haven
Shalisha Robertson, Indoor Track, Hillhouse
Raekwon Shabazz, Wrestling, Xavier

**SCC ATHLETES OF THE MONTH
MAY 2023**
Presented by j.roo's of North Haven
Sydney Hidalgo, Golf, Cheshire
Will Allen, Volleyball, Cheshire

2022-23 SPORT-BY-SPORT RECAP



Fall Football

Presented by the Casey-O'Brien New Haven County Chapter of the National Football Foundation



NATIONAL FOOTBALL FOUNDATION
AND COLLEGE HALL OF FAME
CASEY O'BRIEN NEW HAVEN COUNTY CHAPTER

Regular-season Tier Champions

Tier 1: Fairfield Prep (6-0)

Tier 2: West Haven (6-0)

Tier 3: Foran (5-1), Jonathan Law (5-1), Guilford (5-1)

State Playoff Qualifiers (10)

Class LL: West Haven (9-1), Hamden (8-2), Fairfield Prep (7-3)

Class L: Shelton (6-4), Cheshire (6-4)

Class MM: North Haven (8-2)

Class M: Jonathan Law (9-1), Notre Dame (7-3), Branford (5-5)

Class SS: Foran (9-1)

All-Conference

Tier 1 Offense

OL: Josh Kuczynski (Notre Dame), Jason Santos (Shelton), Wesley Selmani (Daniel Hand), Vinnie Scileppi (Xavier), Charlie Dooley (Fairfield Prep), Brendan Ryan (North Haven), Tyler Radzion (Shelton)

WR: Ricky Feola (Shelton), Matt Jeffery (Cheshire)

RB: Wally Wuchiski (Fairfield Prep), Jeffrey Karavas (North Haven)

QB: Matt Piechota (Notre Dame)

Tier 1 Defense

DL: Brett Rochford (Cheshire), Christian Lewis (Notre Dame), Isaiah Joseph (Fairfield Prep)

LB: John Hayden (Daniel Hand), Tanner Langis (Fairfield Prep), Brian Lastomirsky (North Haven), Jacob Staton (Notre Dame)

DB: Adam Pandolfi (North Haven), J.P. Hosney (Xavier), John Morris (Fairfield Prep), Matteo Petruzzello (Notre Dame), Mike Simeone (Cheshire)

P: Emmett Derby (Fairfield Prep)

Tier 1 Player of Year, presented by Connecticut Orthopaedics:

Jacob Staton (Notre Dame)

Tier 1 Coach of Year, presented by Connecticut Orthopaedics:

Keith Hellstern (Fairfield Prep)

Tier 2 Offense

OL: Nick Gerbase (West Haven), Russell Lasane, Jr. (Hamden), Reyshaun Blue (Hillhouse)

TE: Trejon Williams (Hillhouse)

WR: Anthony Bolden (Hamden), John Goggliettino (Sheehan), Armani Reid (West Haven)

RB: Brady Rossacci (Sheehan), Deven Robinson (West Haven), Camren Kemp (Hamden)

QB: Nick Conlan (West Haven), Patrick Coughlin (Amity Regional)

Tier 2 Defense

DL: Leroy Deberry (Wilbur Cross)

LB: Tyshaun Davender (Hamden), Shaine Salvador (Sheehan), Curtis McCray (Hamden), Aidon Lydon (Amity Regional), Conor Holy (West Haven), Chefren Spodnik (Harding)

DB: Avian Evans (West Haven), Tra'vion Singleton (Hamden), Jamel Lee (Wilbur Cross), Keyshaun Harris (Hillhouse), Jadion Brown (Harding)

Tier 2 Player of Year, presented by Connecticut Orthopaedics:

Nick Conlan (West Haven)

Tier 2 Coach of Year, presented by Connecticut Orthopaedics:

Rich Boshea (West Haven)

Tier 3 Offense

OL: Mekhi Morrison (East Haven), Jason Toth (East Haven), Aidan Grant (Foran), Dan O'Connell (Guilford)

TE: Ethan Saez (Lyman Hall), Matt Hagerty (Jonathan Law)

WR: Cam Pragano (Lyman Hall), Joe Gaetano (Foran)

RB: Cristian Roman-Koenig (Lyman Hall), Mike O'Brien (Guilford)

QB: Jack Cushman (Foran), John Neider (Jonathan Law)

PK: Jesse Viens (Jonathan Law)

Tier 3 Defense

DL: Sincere Taylor (Bassick), Luke Carignan (Guilford), Calvin Bacote (Branford), Brandon Leslie (Jonathan Law), Drew Schwartz (Branford)

LB: Greg Kealey (Branford), Alejandro Colberg-Martinez (Guilford), Jack Sellman (Jonathan Law), Justin Daniel (Foran)

DB: Dominic Salato (East Haven), Jimmy Cobain (Foran)

Tier 3 Player of Year, presented by Connecticut Orthopaedics:

John Neider (Jonathan Law)

Tier 3 Coach of Year, presented by Connecticut Orthopaedics:

Tom Drew (Foran)

Boys Cross Country

Divisional Races – Sept. 29 @Guilford Fairgrounds

Hammonasset/Quinnipiac Race

Boys Final Team Scores: 1. Guilford (35), 2. Daniel Hand (47), 3. Xavier (85), 4. Notre Dame (112), 5. Foran (151), 6. Fairfield Prep (168), 7. Hamden (190), 8. Jonathan Law (201), 9. Hillhouse (235), West Haven (259)

2022-23 SPORT-BY-SPORT RECAP



Top Finishers: 1. Harrison Grenier (Daniel Hand), 15:37.7; 2. Liam Fedigan (Jonathan Law), 15:44.8; 3. Nicholas Montana (Daniel Hand), 15:55.4; 4. Coleman Love (Guilford), 16:24; 5. Michael Masotti (16:30)

Housatonic/Oronoque Race

Boys Final Team Scores: 1. Cheshire (56), 2. Shelton (87), 3. Wilbur Cross (88), 4. Branford (96), 5. Amity Regional (128), 6. Lyman Hall (134), 7. North Haven (147), 8. Sheehan (147)

Top Finishers: 1. Sebastian Halpern (Wilbur Cross), 16:11; 2. Tyler Caron (Cheshire), 16:28; 3. Nico Boyle (North Haven), 16:40; 4. Henry Murphy (16:42); 5. Luke Cushing (Amity Regional), 16:45

Championship Meet – Oct. 19 @East Shore Park - New Haven

1. Xavier (32), 2. Guilford (81), 3. Daniel Hand (109), 4. Cheshire (143), 5. Shelton (150), 6. Wilbur Cross (216), 7. Notre Dame (227), 8. Branford (266), 9. Foran (274), 10. Amity Regional (281), 11. Fairfield Prep (305), 12. Sheehan (305), 13. Lyman Hall (334), 14. North Haven (343), 15. Jonathan Law (354), 16. Hamden (372), 17. Hillhouse (397), 18. West Haven (431)

Winner: Alex Ushchak (Xavier), 16:02

Top Finishers: Liam Fedigan (Jonathan Law), 16:12; Harry Grenier (Daniel Hand), 16:15; Owen Martin (Xavier), 16:17; Nicholas Cassarino (Xavier), 16:20; Nicholas Montana (Daniel Hand), 16:32; Michael Masotti (Guilford), 16:44; Alex Hansen (Guilford), 16:50; Cameron Nephew (Xavier), 16:56; Sebastian Halpern (Wilbur Cross), 16:56; Tyler Caron (Cheshire), 17:02; Nico Boyle (North Haven), 17:05

All-Conference

First Team: Alex Ushchak (Xavier), Liam Fedigan (Jonathan Law), Harry Grenier (Daniel Hand), Owen Martin (Xavier), Nicholas Cassarino (Xavier), Nicholas Montana (Daniel Hand), Michael Masotti (Guilford), Alex Hansen (Guilford), Cameron Nephew (Xavier), Sebastian Halpern (Wilbur Cross), Tyler Caron (Cheshire), Nico Boyle (North Haven)

Second Team: Jack Ouellette (Xavier), Henry Murphy (Lyman Hall), Coleman Love (Guilford), Luke Pacheco (Shelton), Luke Cushing (Amity Regional), Ben Farmer (Notre Dame), Connor Garrett (Hamden), Dominick Zdunek (Branford), Owen Jones (Xavier), Ryan Franchi (Guilford), Jack Larkin (Xavier), Colin Grevelding (Cheshire)

Runner of Year, presented by Connecticut Orthopaedics:

Alex Ushchak (Xavier)

Coach of Year, presented by Connecticut Orthopaedics:

Chris Stonier (Xavier)

Girls Cross Country

Division Races - Sept. 29 at Guilford Fairgrounds

Hammonasset/Quinnipiac Race

Girls Final Team Scores: 1. Sacred Heart Academy (49), 2. Guilford (71), 3. Mercy (76), 4. Foran (123), 5. Hamden (125), 6. Daniel Hand (131), 7. Jonathan Law (179), 8. Luralton Hall (190)

Top Finishers: 1. Annecy Vlieks (Daniel Hand), 18:29.5; 2. Kelly Jones (Luralton Hall), 18:34; 3. Ciara Davenport (Guilford), 18:59.9; 4. Sarah Roberts (Mercy), 19:42; 5. Kristina Ponzio (Sacred Heart Academy), 19:47

Housatonic/Oronoque Race

Girls Final Team Scores: 1. Cheshire (47), 2. Amity Regional (54), 3. Wilbur Cross (70), 4. Shelton (96), 5. Branford (98), 6. Lyman Hall (154)

Top Finishers: 1. Alexa Ciccone (Cheshire), 18:03; 2. Anna Omelchenko (Wilbur Cross), 18:39; 3. Hannah Andrejczyk (Shelton), 18:53; 4. Avery Palmucci (Amity Regional), 19:07; 5. Nell Grant (Amity Regional), 19:34

Championship Meet – Oct. 19 @East Shore Park - New Haven

1. Cheshire (64), 2. Guilford (125), 3. Wilbur Cross (125), 4. Sacred Heart Academy (133), 5. Amity Regional (152), 6. Mercy (162), 7. Shelton (180), 8. Daniel Hand (209), 9. Foran (225), 10. Hamden (238), 11. Branford (249), 12. North Haven (332), 13. Jonathan Law (333), 14. Luralton Hall (337), 15. Lyman Hall (360)

Winner: Hannah Andrejczyk (Shelton), 18:37

Top Finishers: Alexa Ciccone (Cheshire), 18:44; Kelly Jones (Luralton Hall), 18:58; Anna Omelchenko (Wilbur Cross), 19:16; Annecy Vlieks (Daniel Hand), 19:33; Kristina Ponzio (Sacred Heart Academy), 19:44; Avery Palmucci (Amity Regional), 19:58; Emily D'Souza (Cheshire), 20:06; Mia Vientos (Cheshire), 20:11; Ciara Davenport (Guilford), 20:20; Avery Stewart (Sacred Heart Academy), 20:42; Grayson Neuman (Wilbur Cross), 20:44

All-Conference

First Team: Hannah Andrejczyk (Shelton), Alexa Ciccone (Cheshire), Kelly Jones (Luralton Hall), Anna Omelchenko (Wilbur Cross), Annecy Vlieks (Daniel Hand), Kristina Ponzio (Sacred Heart Academy), Avery Palmucci (Amity Regional), Emily D'Souza (Cheshire), Mia Vientos (Cheshire), Ciara Davenport (Guilford), Avery Stewart (Sacred Heart Academy), Grayson Neuman (Wilbur Cross)

Second Team: Claire Moulton (Jonathan Law), Tanner Marrandino (Branford), Roselyn Nahautlato (Wilbur Cross), Olivia Kaisin (Guilford), Emma Kirck (Sacred Heart Academy), Samantha Jackson (Lyman Hall), Lena Harms (Hamden), Mavis Banks (Hamden),

2022-23 SPORT-BY-SPORT RECAP



Angelika Kotula (Sheehan), Mackenzie Martin (Amity Regional),
Eva Curran (Cheshire), Ava Ciccone (Cheshire)

Runner of Year, presented by Connecticut Orthopaedics:

Hannah Andrejczyk (Shelton)

Coach of Year, presented by Connecticut Orthopaedics:

Rob Schaefer (Cheshire)

Girls Volleyball

Divisional champions

Hammonasset: Cheshire, Shelton (7-1)

Housatonic: Amity Regional (8-0)

Oronoque: North Haven (8-0)

Quinnipiac: Guilford (7-1)

SCC Playoffs

First Round – Oct. 28-29

#11 Branford 3, #6 North Haven 0 (25-16, 25-19, 25-20) (Oct. 28)

#7 Mercy 3, #10 Hamden 0 (25-20, 25-20, 25-17) (Oct. 28)

#8 West Haven 3, #9 Sacred Heart Academy 0 (25-19, 25-11, 25-21) (Oct. 28)

#12 Jonathan Law 3, #5 Luralton Hall 2 (25-23, 25-21, 21-25, 22-25, 15-12) (Oct. 29)

Quarterfinals – Nov. 1

#1 Cheshire 3, #8 West Haven 0 (25-6, 25-15, 25-15)

#2 Shelton 3, #7 Mercy 2 (13-25, 25-14, 25-13, 21-25, 15-6)

#3 Amity Regional 3, #11 Branford (25-9, 25-23, 25-23)

#4 Guilford 3, #12 Jonathan Law 0 (25-15, 25-12, 25-19)

Semifinals – Nov. 3

#1 Cheshire 3, #4 Guilford 0 (25-11, 25-10, 25-19)

#3 Amity Regional 3, #2 Shelton 0 (25-22, 26-24, 25-19)

Championship Game – Nov. 5 @West Haven HS

Cheshire 3, Amity Regional 2 (13-25, 25-20, 25-20, 24-26, 15-13)

Tournament Most Outstanding Player: *Avery Mola, outside hitter, Cheshire*

All-Conference

First Team: Lea Barber (Amity Regional), Kayla Balisciano (North Haven), Alexa Bonato (Amity Regional), Allie Bietz (Branford), Asia Ford (West Haven), Halle Krause (Guilford), Nora McNichols (Luralton Hall), Jasmine Mendez (Mercy), Nyeela Miller (Amity Regional), Avery Mola (Cheshire), Esther Park (Shelton), Lauren Samela (Cheshire)

Second Team: Laila Best (Career), Julianna Bojnec (Shelton), Autumn Clancy (East Haven), Jenna DeFrancesco (Branford), Maile Estacion (Hamden) Catherine Fay (Mercy), Sarah Herrera (North Haven), Paige Jolley (Jonathan Law), Paige Kelly (Branford), Brielle Laferriere (Shelton), Natalie Lucas (Daniel Hand), Karenna Norko-Allain (Amity Regional), Allyson Pireaux (Daniel Hand), Eliis Reddick (Mercy)

Player of Year, presented by Connecticut Orthopaedics:

Avery Mola (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics:

Seth Davis (Amity Regional)

Field Hockey

Regular-season Champion: Guilford (11-0-0-1)

SCC Playoffs

Quarterfinals – Oct. 30

#1 Guilford 8, #8 Luralton Hall 0

#4 Branford 1, #5 Amity Regional 0

#2 Cheshire 4, #7 Hamden 0

#3 Daniel Hand 5, #6 Sacred Heart Academy 0

Semifinals – Nov. 1

#2 Cheshire 1, #3 Daniel Hand 0

#4 Branford 3, #1 Guilford 2

Championship Game – Nov. 3 @Amity Regional HS

Cheshire 2, Branford 1

Tournament Most Outstanding Player: *Ginny Curello, goalie, Cheshire*

All-Conference

First Team: Riley Zielinski (Amity Regional), Scout Engstrom (Branford), Aryana Wilson (Branford), Virginia Curello (Cheshire), Taya Buntin (Cheshire), Gianna Ranoldo (Cheshire), Bella Saracco (Sacred Heart Academy), Ella Clarke (Guilford), Scout Climie (Guilford), Grace Barlage (Guilford), Kelley Monahan (Luralton Hall), Jordan Kells (Daniel Hand), Rilee Reutenauer (Sheehan)

Second Team: Brooke Foucault (Lyman Hall), Faith Minickene (Daniel Hand), Olivia Ameika (Daniel Hand), Sydney Pitcher (North Haven), Mackenzie Kelley (Mercy), MJ Santa Barbara (Guilford), Stella Carney (Sacred Heart Academy), Giada Broccoli (Hamden), Ava Harris (Cheshire), Gianna Bozzi (Branford), Lauren McCarthy (Branford), Lauren Kendrick (Branford), Liv Zalinsky (Amity Regional)

Player of Year, presented by Connecticut Orthopaedics:

Scout Engstrom (Branford)

Coach of Year, presented by Connecticut Orthopaedics:

Kya O'Donnell (Cheshire)

Girls Soccer

Divisional champions

Hammonasset: Cheshire (7-0-1)

Housatonic: Branford (8-0)

Oronoque: Sheehan, Guilford (7-1)

Quinnipiac: Mercy (6-0)

2022-23 SPORT-BY-SPORT RECAP



SCC Playoffs

Quarterfinals – Oct. 29

- #1 Cheshire 3, #8 Sacred Heart Academy 2 (OT)
- #2 Mercy 2, #7 West Haven 0
- #3 Daniel Hand 2, #6 Guilford 0
- #4 Branford 3, #5 Sheehan 2

Semifinals – Nov. 1 @Higher Seeds

- #2 Mercy 2, #3 Daniel Hand 0
- #1 Cheshire 4, #4 Branford 0

Championship Game – Nov. 3 at West Haven HS

Cheshire 2, Mercy 1

Tournament Most Outstanding Player: *Gabby Tirado, forward, Cheshire*

All-Conference

First Team: Emilia Dottori (Amity Regional), Ava Ferrie (Branford), Tess Ferrie (Branford), Emma O'Connor (Branford), Gabby Tirado (Cheshire), Anna Hurlbut (Cheshire), Maya Howard (Daniel Hand), Gianna Mendez (East Haven), Colleen Ardolino (Foran), Kat Basesglio (Guilford), Ari Tomassi (Guilford), Ariana Mullins (Hamden), Sabrina Lawless (Jonathan Law), Alexandria Vincent (Lauralton Hall), Emma Jacobs (Lyman Hall), Melina Ford (Mercy), Kate Donlan (Mercy), Megan Menard (Mercy), Hannah Bernardo (North Haven), Juliana Garcia (Sacred Heart Academy), Katie Casorla (Sheehan), Sydney Cuticelli (Sheehan), Kassidy Carrano (West Haven), Charlotte Buterbaugh (Wilbur Cross)

Second Team: Adelynn Arroyo (Daniel Hand), Allie Fox (Cheshire), Ava Champagne (Shelton), Ava Lepro (Guilford), Brenna Murphy (Branford), Callie Casulla (Lyman Hall), Cameron Ryan (North Haven), Demi Carrapico (Jonathan Law), Haley Shaw (Cheshire), Jamie D'Avignon (Foran), Julia Tsakonas (West Haven), Kayleigh Bartlett (Shelton), Laney Smith (Mercy), Lauren Vitti (Lauralton Hall), Lilly McFadden (Daniel Hand), Lucy Moran (Branford), Megan Gallagher (Mercy), Mia Montero (Career/Hillhouse), Mia O'Connor (Sacred Heart Academy), Olivia Platt (Sheehan), Ryan Twohill (Hamden), Taylor LaFountain (Foran), Tea Gambardella (Guilford), Valerie Sortito (East Haven)

Player of Year, presented by Connecticut Orthopaedics:

Gabby Tirado (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics:

Gary Collins (North Haven)

Boys Soccer

Divisional champions

Hammonasset: Xavier, Guilford (6-1-1)

Housatonic: Notre Dame (7-0-1)

Oronoke: Shelton (3-0-5)

Quinnipiac: Fairfield Prep (5-0-1)

SCC Playoffs

Quarterfinals – Oct. 29

- #1 Xavier 3, #8 Foran 1
- #4 Wilbur Cross 0, #5 Notre Dame 0 (Wilbur Cross advances via penalty kicks, 6-5)
- #2 Cheshire 4, #7 Guilford 0
- #6 Fairfield Prep 2, #3 Shelton 0

Semifinals – Nov. 1

- #1 Xavier 3, #4 Wilbur Cross 0
- #6 Fairfield Prep 1, #2 Cheshire 1 (Prep advances via penalty kicks, 4-3)

Championship Game – Nov. 3 @West Haven HS

Xavier 2, Fairfield Prep 1 (OT)

Tournament Most Outstanding Player: *Aidan Driscoll, midfielder, Xavier*

All-Conference

First Team: Henry Ranani (Amity Regional), Sebastian Zuniga Cordova (Branford), Jack Marchand (Career), Samir Dishnica (Cheshire), Kevi Sulollari (Cheshire), Muluken Marchand (Cheshire), Blake Battaglia (Wilbur Cross), Kurt Boone (Wilbur Cross), Nico Agresti (Foran), Cristian Boutote (Foran), Justin Hess (Guilford), Sami Abughazaleh (Guilford), Josh Perez (Daniel Hand), Declan Wywoda (Jonathan Law), Morgan Stone (Lyman Hall), Nick Santana (Notre Dame), Giancarlo Esquivel (Notre Dame), Brando Savi (Fairfield Prep), Brady Day (Fairfield Prep), Noah Doyens (Shelton), Diego Soto (West Haven), Finn Russell (Xavier), Mario Milardo (Xavier), Joseph Corsino (Xavier)

Second Team: Luca Santin (Amity Regional), Ernad Spreco (Branford), Colin Brown (Cheshire), Zach Chen (Cheshire), Alinoti Jacques (Wilbur Cross), Marvin Cardenas (East Haven), Gianni Troia (Foran), Tye Haley (Foran), Stephano Jarrin (Guilford), Aiden Swan (Hamden), Jacques Violette (Daniel Hand), Eliot Melgar (Jonathan Law), Matt Marra (Daniel Hand), Nick Toma (Lyman Hall), Reamon Curis (Notre Dame), Lucas de Lencastre (North Haven), Jude Gussen (Fairfield Prep), Nic Vittoria (Fairfield Prep), Vincenzo Carbone (Sheehan), Nico Cardona (Sheehan), Nicholas Gergely (Shelton), Owen Stevens (Shelton), Sebastian Navarro (West Haven), Ryan Chrostowski (Xavier)

Player of Year, presented by Connecticut Orthopaedics:

Samir Dishnica (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics:

Isaac Montalvo, Shelton

Girls Swimming

Div. 1 regular-season champion: Cheshire (7-0)

Div. 2 regular-season champion: Guilford (8-0)

2022-23 SPORT-BY-SPORT RECAP



Championship Meet – Nov. 3 @SCSU

1. Cheshire, 1226; 2. Amity Regional, 935; 3. Guilford, 842; 4. Daniel Hand, 697; 5. Lyman Hall, 646.5; 6. Luralton Hall, 556; 7. Sheehan, 524; 8. North Haven, 479; 9. Foran, 455; 10. Mercy, 433; 11. Hamden, 413.5; 12. Jonathan Law, 405.5; 13. Shelton, 264.5; 14. East Haven/Cross, 246; 15. Sacred Heart Academy, 227; 16. West Haven, 145; 17. Branford, 128

Championship Meet Most Outstanding Performer: *Julia Barto, Cheshire*

All-Conference

200 yard Medley Relay

Cheshire (Natalia Gajecki, Julia Barto, Julianna Tyler, Avery Potyralla)

Amity Regional (Elizabeth Bodie, Marea Li, Amanda Ford, Grace Mahon)

200 yard Freestyle: Julia Barto (Cheshire), Julianna Tyler (Cheshire), Grace Hanke (Cheshire)

200 yard IM: Marea Li (Amity Regional), Natalia Gajecki (Cheshire), Mikayla Rapuano (North Haven)

50 yard Freestyle: Avery Potyralla (Cheshire), Grace Mahon (Amity Regional), Elise Richardson (Lyman Hall)

100 yard Butterfly: Julia Barto (Cheshire), Grace Mahon (Amity Regional), Elizabeth Bodie (Amity Regional)

100 yard Freestyle: Natalia Gajecki (Cheshire), Carly Cahill (Cheshire), Aislin Cohen (Guilford)

500 yard Freestyle: Julianna Tyler (Cheshire), Samantha Chemacki (Daniel Hand), Julia Tejada (Cheshire)

200 yard Freestyle Relay

Cheshire (Avery Potyralla, Grace Hanke, Natalia Gajecki, Carly Cahill)

Amity Regional (Marea Li, Mary Sampara, Amanda Ford, Grace Mahon)

100 yard Backstroke: Avery Potyralla (Cheshire), Elise Richardson (Lyman Hall), Julia Rosado (East Haven/Wilbur Cross/HH)

100 yard Breaststroke: Marea Li (Amity Regional), Hailey Baker (Lyman Hall), Grace Young (Guilford)

400 yard Freestyle Relay

Cheshire (Julia Barto, Carly Cahill, Grace Hanke, Julianna Tyler)

Guilford (Isabel Torello, Kate Young, Grace Young, Aislin Cohen)

Diving: Maggie Corso (Lyman Hall), Hannah Tao (Cheshire), Jordyn Gould (Guilford)

Div. I Swimmer of Year, presented by Connecticut Orthopaedics: Avery Potyralla (Cheshire)

Div. II Swimmer of Year, presented by Connecticut Orthopaedics: Elise Richardson (Lyman Hall)

Div. I Coach of Year, presented by Connecticut Orthopaedics: Matt Traub (Cheshire)

Div. II Coach of Year, presented by Connecticut Orthopaedics: Keith Cargan (Sheehan)

WINTER

Boys Indoor Track

West Sectional Meet – Tuesday, Jan. 24 @Floyd Little Athletic Center

1. Xavier, 158; 2. Notre Dame, 92; 3. Hamden, 45; 4. Branford, 42; 5. Wilbur Cross, 41; 6. North Haven, 37; 7. Fairfield Prep, 30; 8. West Haven, 10; 9. Career, 8; 10. East Haven, 2

East Sectional Meet – Saturday, Jan. 28 @Floyd Little Athletic Center

1. Hillhouse, 94; 2. Amity Regional, 91.5; 3. Daniel Hand, 62; 4. Shelton, 60; 5. Lyman Hall, 49; 6. Foran, 40; 7. Jonathan Law, 28.25; 8. Sheehan, 25.25; 9. Guilford, 12; 10. Cheshire, 3

SCC Championship Meet – Saturday, Feb. 4 @Floyd Little Athletic Center

1. Xavier, 100; 2. Hillhouse, 60; 3. Lyman Hall, 49; 4. Amity Regional, 46; 5. Daniel Hand, 34; 6. Shelton, 34; 7. Notre Dame, 24.5; 8. Jonathan Law, 21; 9. North Haven, 20; 10. Hamden, 19; 11. Branford, 18.5; 12. Sheehan, 12; 13. Foran, 10; 14. Fairfield Prep, 8; 15. Wilbur Cross, 6; 16. Guilford, 3

Championship Most Outstanding Performer: *Stylz Mitchell, junior, Xavier*

All-Conference

First Team

Stylz Mitchell (Xavier), 55 meters, 300 meters

Colin Donahoe (Branford), 600 meters

Alex Ushchak (Xavier), 1000 meters

Owen Martin (Xavier), 1600 meters

John Larkin (Xavier), 3200 meters

Amir Phelmetto (Hillhouse), 55 meter hurdles

Hillhouse (Sheldon Edwards, Nysir Harris, Travis James, Elijah McClain), 4 x 200 meter relay

Lyman Hall (Thomas Conklin, Timothy Conklin, Michael Fisher, Owen Rich), 4 x 400 meter relay

Xavier (Jack Ouellette, Ryan Zimmerman, Cameron Nephew, Owen Martin), 4 x 800 meter relay

Shelton (Ari Papadimitriou, Ethan Oko, Aidan O'Grady, Luke Pacheco), 1600 Sprint Medley relay

Khalil Antoine (Hillhouse), High Jump

Chance DeCrescenzo (Lyman Hall), Pole Vault

Christopher Hergott (Hamden), Long Jump

Ethan Anderson (North Haven), Shot Put

Second Team

Ari Papadimitriou (Shelton), 55 meters

Maximillian Musial (Amity Regional), 300 meters

Nick Cassarino (Xavier), 600 meters

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Luke Pacheco (Shelton), 1000 meters
Jack Ouellette (Xavier), 1600 meters
Harrison Grenier (Daniel Hand), 3200 meters
Daniel Kim (Amity Regional), 55 meter hurdles
Hamden (Christopher Hergott, Isaac Boliere, Kyle Antoine, Liam Buckely-Robertson), 4 x 200 meter relay
Hillhouse (Sheldon Edwards, Amir Phelmetto, Khamari Salam, Adam Massey), 4 x 400 meter relay
Amity Regional (Daniel Manning, Luke Cushing, Eydan Lavi, Justin Singh), 4 x 800 meter relay
Lyman Hall (Michael Fisher, Aaron Rich, Timothy Conklin, Thomas Conklin), 1600 Sprint Medley relay
Isaiah Moore (Foran), High Jump
Ryder Kropiwnicki (Branford), Pole Vault
Micah Blair (Amity Regional), Long Jump
Yusef Gebril (North Haven), Shot Put

Athlete of Year, presented by Connecticut Orthopaedics:

Stylz Mitchell (Xavier)

Coach of Year, presented by Connecticut Orthopaedics:

Chris Stonier (Xavier)

Girls Indoor Track

West Sectional Meet – Tuesday, Jan. 24 @Floyd Little Athletic Center

1. Mercy, 122; 2. Sacred Heart Academy, 69; 3. Luralton Hall, 64; 4. Hamden, 55; 5. Career, 40; 6. Wilbur Cross, 31; 7. East Haven, 19; 7. West Haven, 19; 9. Branford, 17; 10. North Haven, 8

East Sectional Meet – Saturday, Jan. 28 @Floyd Little Athletic Center

1. Shelton, 124; 2. Hillhouse, 97; 3. Cheshire, 48; 4. Daniel Hand, 47; 5. Guilford, 44; 6. Amity Regional, 43; 7. Sheehan, 33; 8. Foran, 14; 9. Jonathan Law, 11; 10. Lyman Hall, 2

SCC Championship Meet – Saturday, Feb. 4 @Floyd Little Athletic Center

1. Shelton, 81; 2. Hillhouse, 79; 3. Mercy, 55; 4. Sacred Heart Academy, 34; 5. Guilford, 33; 6. Cheshire, 29; 7. Career, 24; 8. Daniel Hand, 23; 9. Luralton Hall, 22; 10. Amity Regional, 19; 11. Wilbur Cross, 18; 11. Sheehan, 18; 13. Branford, 9; 13. Hamden, 9; 15. Jonathan Law, 4; 15. West Haven, 4; 17. Foran, 3; 18. East Haven, 1

Championship Meet Most Outstanding Athlete: *Audrey Kozak, senior, Shelton*

All-Conference

First Team

Leonaya Knox (Hillhouse), 55 meters, 55 meter hurdles
Marie Kane (Mercy), 300 meters
Jada McCown (Hillhouse), 600 meters
Clara Gahm (Guilford), 1000 meters
Hannah Andrejczyk (Shelton), 1600 and 3200 meters

Career (Kiera Baxter, Imani Bryan, Sarah Murray, Lalia Best), 4 x 200 meter relay
Mercy (Annaliese Rhoden, Julia Lelko, Lainey Riegler, Marie Kane), 4 x 400 meter relay
Guilford (Olivia Kaisin, Paige Ponzio, Alexa Suchy, Clara Gahm), 4 x 800 meter relay
Wilbur Cross (Ayannuah Williams Monroe, Dyani Dolberry, Aniya Swindell, Anna Omelchenko), 1600 Sprint Medley Relay
Audrey Kozak (Shelton), High Jump, Long Jump
Savanna Bauman (Sheehan), Pole Vault
Shalisha Robertson (Hillhouse), Shot Put

Second Team

Audrey Kozak (Shelton), 55 meters
Julia Coric (Daniel Hand), 300 meters
Julia Lelko (Mercy), 600 meters
Sarah Roberts (Mercy), 1000 meters
Anna Omelchenko (Wilbur Cross), 1600 meters
Kelly Jones (Luralton Hall), 3200 meters
Tanyah Mabry (Hillhouse), 55 meter hurdles
Hillhouse (Tanyah Mabry, Deanna Moore, Darea Vargas, Kyla Parker), 4 x 200 meter relay
Hillhouse (Tanyah Mabry, Deanna Moore, Jayda McCown, Javen Jaranilla), 4 x 400 meter relay
Cheshire (Sarah Goldstein, Eva Curran, Julia Rubin, Alexa Ciccone), 4 x 800 meter relay
Mercy (Ella Barone, Julia Salley, Julia Lelko, Sarah Roberts), 1600 Sprint Medley relay
Victoria Baker (Sacred Heart Academy), High Jump
Liliana Quill (Amity Regional), Pole Vault
Leonaya Knox (Hillhouse), Long Jump
Maya Quaranta (Sacred Heart Academy), Shot Put

Athlete of Year, presented by Connecticut Orthopaedics:

Audrey Kozak (Shelton)

Coach of Year, presented by Connecticut Orthopaedics:

Gary Schmidlin (Shelton)

Cheerleading

SCC Championship - Feb. 4 @East Haven HS

Co-ed Division

1. Shelton, 82.75

All-Girl Division

1. Daniel Hand, 83.95; 2. North Haven, 79.95; 3. West Haven, 79.85; 4. Cheshire, 74.95; 5. Foran, 73.65; 6. Branford, 72.30; 6. Lyman Hall, 70.60; 7. Luralton Hall, 65.00; 8. East Haven, 64.15; 9. Sacred Heart Academy, 62.20; 10. Mercy, 58.40; 11. Sheehan, 50.65

Spirit Award: Cheshire Unified

All-Conference

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Audrey Bronson (Cheshire), Jill Falcone (Cheshire), Jenna Roby (North Haven), Samantha Robinson (Branford), Sarah Nwagboli (Branford), Ava Juliano (Branford), Leah VanDeventer (Mercy), Brianna Miller-Pettaway (West Haven), Juliana Petruzziello (West Haven), Alyssa Capello (Lyman Hall), Mallory Fisher (Lyman Hall), Gianna Tullo (Sacred Heart Academy), Maddi Kuczynski (Sacred Heart Academy), Kendall Oksenberg (Shelton), Julia Mosher (Shelton), Luci Cappello (Foran), Jonna Lord (Foran), Kolbey Natri (East Haven), Adriana Esposito (East Haven), Lilly Keller (Lauralton Hall), Reegan O'Dea (Daniel Hand), Abby Kustra (Daniel Hand)

Cheerleader of Year, presented by Connecticut Orthopaedics:

Alyssa Capello (Lyman Hall)

Cheerleader Merit Award: Jonna Lord (Foran)

Coach of Year, presented by Connecticut Orthopaedics:

Kathleen Crisafi (North Haven)

Boys Swimming

Div. I regular-season champion: Fairfield Prep 6-0)

Div. II regular-season champion: HK co-op (5-0-1)

Championship Meet – Wednesday, March 1 @Hutchinson Natatorium - SCSU

1. Fairfield Prep, 1224; 2. Hamden, 841.5; 3. Amity Regional, 814; 4. North Haven co-op, 681.5; 5. Xavier, 575; 6. Daniel Hand, 471; 7. Cheshire, 410; 8. Lyman Hall/Coginchaug co-op, 373; 9. Haddam-Killingworth co-op, 355; 10. Notre Dame, 311; 11. Shelton, 300; 12. Sheehan, 286; 13. Foran-Law co-op, 212; 14. Branford, 165; 15. West Haven, 15

Championship Meet Most Outstanding Performer: *Elliot Lee, senior, Daniel Hand*

All-Conference

200 yard Medley Relay:

Fairfield Prep (Owen Tharrington, Lucas Swarowsky, Joseph Queenan, Brandon Bonilla), Xavier (Samuel Enes, Matthew Whitaker, Maxwell Enes, Patrick Mitchell)

200 yard Freestyle: Elliot Lee (Daniel Hand), Mark Platonov (Amity Regional), Maxwell Enes (Xavier)

200 yard IM: Owen Tharrington (Fairfield Prep), Jack Ferguson (HK co-op), Jerick Lagamao (Lyman Hall/Coginchaug co-op)

50 yard Freestyle: Samuel Enes (Xavier), Allen Liu (Amity Regional), Aiden Cohen (Greater New Haven co-op), Benjamin Frazer (Amity Regional)

Diving: Christian Butler (Greater New Haven co-op), Orion Heiser (Hamden), Ariana Mullin (Hamden)

100 yard Butterfly: Samuel Enes (Xavier), Timothy King (Fairfield Prep), Joseph Queenan (Fairfield Prep)

100 yard Freestyle: Elliot Lee (Daniel Hand), Benjamin Frazer (Amity Regional), Alexander Fang (Cheshire)

500 yard Freestyle: Michael Adams (Fairfield Prep), Mark Platonov (Amity Regional), Maxwell Enes (Xavier)

200 yard Freestyle Relay: Amity Regional (Allen Liu, Matthew Muravnik, Mark Platonov, Benjamin Frazer), Fairfield Prep (Timothy King, Chase Elliot, Brandon Bonilla, Joseph Queenan)

100 yard Backstroke: Jerick Lagamao (Lyman Hall/Coginchaug co-op), Gerold Gutierrez (Foran/Law co-op), Jonah Kehew (Daniel Hand)

100 yard Breaststroke: Jack Ferguson (HK Coop), Matthew Whitaker (Xavier), Silas Wang (Cheshire)

400 yard Freestyle Relay:

Amity Regional (Adam Liu, Tyler Derosa, Mark Platonov, Benjamin Frazer), Xavier (Samuel Enes, Patrick Mitchell, Matthew Whitaker, Maxwell Enes)

Div. I Swimmer of Year, presented by Connecticut Orthopaedics – Christian Butler (Greater New Haven co-op)

Div. II Swimmer of Year, presented by Connecticut Orthopaedics – Jack Ferguson (HK co-op)

Div. I Coach of Year, presented by Connecticut Orthopaedics – Scott Butler (Daniel Hand)

Div. II Coach of Year, presented by Connecticut Orthopaedics – Steve Cusano (HK co-op)

Gymnastics

Championship Meet – Feb. 9 at Jonathan Law HS

1. Daniel Hand, 140.3; 2. Jonathan Law, 127.35; 3. Foran, 123.05; 4. Mercy, 95; 5. Hamden, 63.95

Vault

1. Brooke Anderson (Daniel Hand), 9.3; 2. Morgan Flickinger (Daniel Hand), 9.0; 3. Tallulah Malz (Mercy), 8.65; 4. Morgan McMahon (Daniel Hand), 8.6; 5. Riley Grunow (Foran), 8.5; 6. Hadley Reiss (Daniel Hand), 8.45

Bars

1. Brooke Anderson (Daniel Hand), 8.9; 2. Tallulah Malz (Mercy), 8.8; 3. Morgan Flickinger (Daniel Hand), 8.7; 4. Natalie Morrell (Jonathan Law), 8.6; 5. Kayla Johnson (Foran), 8.5; 5. Ella Speerli (Daniel Hand), 8.5

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Beam

1. Natalie Morrell (Jonathan Law), 9.6* (SCC championship meet record); 2. Brooke Anderson (Daniel Hand), 9.3; 3. Morgan Flickinger (Daniel Hand), 9.0; 4. Ella Esposito (Guilford), 8.7; 5. Gabriella Lachance (Mercy), 8.6; 6. Ella Speerli (Daniel Hand), 8.5

Floor

1. Brooke Anderson (Daniel Hand), 9.05; 2. Ginger Schmidt (Foran), 9.0; 3. Morgan Flickinger (Daniel Hand), 8.9; 4. Ella Speerli (Daniel Hand), 8.8; 5. Natalie Morrell (Jonathan Law), 8.7; 5. Hadley Reiss (Daniel Hand), 8.7

All-Around

1. Brooke Anderson (Daniel Hand), 36.55; 2. Morgan Flickinger (Daniel Hand), 35.6; 3. Natalie Morrell (Jonathan Law), 35.15; 4. Tallulah Malz (Mercy), 34.1; 5. Ella Esposito (Guilford), 33.9; 6. Hadley Reiss (Daniel Hand), 33.55; 6. Kayla Johnson (Foran), 33.55; 8. Gabriella Lachance (Mercy), 32.8; 9. Ginger Schmidt (Foran), 31.0; 10. Claire Moulton (Jonathan Law), 30.7; 11. Rhiannon Leandres (Amity Regional), 30.5; 12. Riley Grunow (Foran), 30.2

Meet Most Outstanding Performer: *Brooke Anderson, Daniel Hand*

All-Conference

Brooke Anderson (Daniel Hand), Morgan Flickinger (Daniel Hand), Natalie Morrell (Jonathan Law), Tallulah Malz (Mercy), Morgan McMahon (Daniel Hand), Kayla Johnson (Foran), Ella Esposito (Guilford), Ginger Schmidt (Foran), Riley Grunow (Foran), Ella Speerli (Daniel Hand), Hadley Reiss (Daniel Hand), Gabriella Lachance (Mercy), Rhiannon Leandres (Amity Regional)

Gymnast of Year, presented by Connecticut Orthopaedics:

Ella Esposito (Guilford)

Coach of Year, presented by Connecticut Orthopaedics:

Kelly Smith (Daniel Hand)

#9 Daniel Hand 49, #9 Hillhouse 46

Quarterfinals – Saturday, Feb. 18 @Sheehan HS

#1 Hamden 39, #8 Daniel Hand 35

#5 West Haven 65, #4 Foran 30

#2 Sacred Heart Academy 76, #7 North Haven 56

#3 Mercy 66, #6 Sheehan 32

Semifinals – Monday, Feb. 20 @Jonathan Law HS

#2 Sacred Heart Academy 49, #3 Mercy 33

#1 Hamden 47, #5 West Haven 43

Championship Game – Wednesday, Feb. 22 @M&T Bank Arena – Quinnipiac University

Hamden 70, Sacred Heart Academy 57

Tournament Most Outstanding Player: *Alana Philpotts, junior, guard, Hamden*

All-Conference

First Team: Natalie Lucas (Daniel Hand), Faith Doyle (Foran), Leah Philpotts (Hamden), Alana Philpotts (Hamden), Gianna Donnarummo (Hamden), Nielle Reaves (Hillhouse), Sophie Hedge (Mercy), Ava Giansiracusa (Mercy), Julia Ball (North Haven), Lauren Thompson (Sacred Heart Academy), Meghan Kirck (Sacred Heart Academy), Megan Wresien (Sheehan), Amani Abuhatab (West Haven)

Second Team: Jill Barnes (Amity Regional), Sarah Granados (Amity Regional), Coco Rourke (Daniel Hand), Juliana (Iovino East Haven), Ava Deitelbaum (Foran), Gianna Robert (Hamden), Jaylice Rosario (Hillhouse), Catherine Bosse (Lauralton Hall), Avery Kohs (Mercy), Sammi Santacroce (North Haven), Emma Kirck (Sacred Heart Academy), Olivia Cassesse (Sheehan), Cassidy Carrano (West Haven)

Player of Year, presented by Connecticut Orthopaedics:

Leah Philpotts (Hamden)

Coach of Year, presented by Connecticut Orthopaedics:

Amanda Forcucci (Hamden)

Girls Basketball

Divisional champions

Hammonasset: Sacred Heart Academy (8-0)

Housatonic: Daniel Hand (8-0)

Oronoque: Mercy (8-0)

Quinnipiac: Hamden (8-0)

SCC Playoffs

First Round – Thursday, Feb. 17 @Higher Seeds

#2 Sacred Heart Academy 86, #15 Branford 41

#3 Mercy 49, #14 Cheshire 18

#4 Foran 47, #13 Lauralton Hall 31

#5 West Haven 61, #12 Lyman Hall 43

#6 Sheehan 53, #11 East Haven 45

#7 North Haven 54, #10 Amity Regional 38

Boys Basketball

Divisional champions

Hammonasset: Notre Dame (8-0)

Housatonic: Fairfield Prep (8-0)

Oronoque: Wilbur Cross/Daniel Hand (7-1)

Quinnipiac: Xavier/Hamden (7-1)

SCC Playoffs

First Round – Thursday, Feb. 23 @Higher Seeds

#6 Hamden 67, #11 West Haven 63

#7 Hillhouse 86, #10 North Haven 65

#9 Daniel Hand 70, #8 Guilford 58

Quarterfinals – Saturday, Feb. 25 @Shelton HS

#1 Notre Dame 74, #9 Daniel Hand 64

#4 Fairfield Prep 65, #5 Xavier 47

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#7 Hillhouse 79, #2 Wilbur Cross 72 (OT)

#3 Jonathan Law 65, #6 Hamden 54

Semifinals – Monday, Feb. 27 @Floyd Little Athletic Center

#7 Hillhouse 56, #3 Jonathan Law 49

#1 Notre Dame 79, #4 Fairfield Prep 48

Championship Game – Wednesday, March 1 @M&T Bank Arena – Quinnipiac University

Notre Dame 74, Hillhouse 61

“Tom Fleming” Tournament Most Outstanding Player: *Mekhi Conner, senior, Notre Dame*

All-Conference

First Team: Tim Coleman (Hillhouse), Mekhi Conner (Notre Dame), Fredo Delgado (Wilbur Cross), Timaury Gay (Notre Dame), Chase Geremia (Daniel Hand), Thomas Glover (Hillhouse), Elijah Jean-Guillaume (Wilbur Cross), Justin Hess (Guilford), Tajae Jones (Notre Dame), Christian McCleave (Wilbur Cross), John Neider (Jonathan Law), Anthony Parker (Xavier), Joshua Pearson (Hamden), Tommy Scholl (Fairfield Prep)

Second Team: Elijah Avery Turner (Daniel Hand), Aidan Driscoll (Xavier), Adam Elkharraz (West Haven), Joe Gaetano (Foran), Kyle Hoffman (Daniel Hand), Elijah Holder (Hamden), Eric Jones (Hillhouse), Jack McHale (Fairfield Prep), Nolan McKenna Hansen (Jonathan Law), Riley Swan (Guilford), Abdou Toure (Notre Dame)

Player of Year, presented by Connecticut Orthopaedics: Mekhi Conner (Notre Dame)

Coach of Year, presented by Connecticut Orthopaedics: Jamie Anderson (Jonathan Law)

Girls Ice Hockey

Regular-season champion: West Haven/SHA co-op/Daniel Hand co-op (8-2)

SCC Playoffs

First Round – Monday, Feb. 20

#4 Guilford co-op 4, #5 Masuk co-op 2

#3 Hamden co-op 5, #6 Amity/Cheshire/NH co-op 3

Semifinals – Wednesday, Feb. 22

#1 West Haven/SHA co-op 5, #4 Guilford co-op 1

#3 Hamden co-op 4, #2 Daniel Hand co-op 2

Championship Game – Saturday, Feb. 25 @Bennett Rink

West Haven/SHA co-op 1, Hamden co-op 0 (2 OT)

Tournament Most Outstanding Player: *Belle Derosiers, junior, goaltender, West Haven/SHA co-op*

All-Conference

First Team:

Forward: Julianna Picard (West Haven/SHA co-op/SHA), Giada

Broccoli (Hamden co-op/Hamden), Faith Minickene (Daniel Hand co-op/Daniel Hand)

Defense: Aryanna Wilson (Daniel Hand co-op/Branford), Julianna Montano ((West Haven/SHA co-op/SHA), Kimberly Evans (Guilford co-op/Guilford)

Goalie: Marcia Colten (Hamden co-op/Wilbur Cross)

Second Team:

Forward: Samantha Drane (Amity Co-op/Amity), Anne Plunkett (West Haven/SHA co-op/SHA), Maybelle Caron (Amity co-op/Amity), Amanda Quinn (Masuk co-op/New Milford)

Defense: Trinity Sweeney (Hamden co-op/Hamden), Taylor Alfano (West Haven/SHA co-op/West Haven)

Goalie: Isabelle Desrosiers (West Haven/SHA co-op/SHA)

Player of Year, presented by Connecticut Orthopaedics:

Julianna Picard (West Haven/SHA co-op)

Coach of Year, presented by Connecticut Orthopaedics:

Jessica Morgillo (Hamden co-op)

Boys Ice Hockey

Regular-season champions:

Div. I: Notre Dame-West Haven (5-0)

Div. II: North Haven (9-1)

Div. III: Masuk (6-0)

SCC/SWC Playoffs

Division I Championship – Friday, March 3 @Bennett Rink

#2 Fairfield Prep 3, #1 Notre Dame 3 (Prep wins 2-1 via shootout)

Most Outstanding Player: *James Heber, goalie, Fairfield Prep*

Division II Semifinals – Wednesday, March 1 @Bennett Rink

#2 Watertown/Pomperaug co-op 4, #3 Branford 2

#1 North Haven 5, #4 Guilford 4

Division II Championship – Friday, March 3 @Bennett Rink

#2 North Haven 6, #2 Watertown-Pomperaug co-op 1

Tournament Most Outstanding Player: *Alex Petersen, forward, North Haven*

Division III Semifinals – Wednesday, March 2 @Shelton Rink

#1 Masuk 8, #4 Shepaug co-op 1

#3 JBWA 4, #2 New Milford 2

Division III Championship – Friday, March 4 @Bennett Rink

Masuk 3, JBWA 0

Tournament Most Outstanding Player: *Drew Scalia, forward, Masuk*

All-Conference:

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Division I First Team

Forward: Tye Battipaglia (Notre Dame-WH), James Mascari (Notre Dame-WH), Alex Rodriguez (Xavier), Blake Baksay (Fairfield Prep)

Defense: Colin Woodward (Fairfield Prep), Logan Hurd (Notre Dame-WH)

Goalie: Colby LaSalle (Notre Dame-Fairfield)

Division I Second Team

Forward: James Murphy (Fairfield Prep), Daniel Cusack (Notre Dame-WH), Tyler Bassett (Notre Dame-Fairfield)

Defense: Haygen Axelrod (West Haven), Lucas Carfi (Fairfield Prep)

Goalie: Connor Crowley (Notre Dame-WH), Brody Sargolini (Hamden)

Div. I Player of Year, presented by Connecticut Orthopaedics:

Ty Battipaglia (Notre Dame-WH)

Div. I Coach of Year, presented by Connecticut Orthopaedics:

Larry Vieira (Notre Dame-WH)

Division II First Team:

Forward: Will Gaudet (Cheshire), Matt Morgan (Branford), Max Festa (Sheehan)

Defense: Shane Considine (Guilford), Owen Quick (North Haven), Sean Bosworth (Branford)

Goalie: John Paul-Garea (East Haven co-op)

Division II Second Team:

Forward: C.J. Sherwood (North Branford), Ryan Pfaff (Daniel Hand), Jackson Hitchcock (Watertown-Pomperaug co-op), Thomas Guidone (North Haven)

Defense: Peyton Durant (Lyman Hall), Dean Gattinella (Amity Regional)

Goalie: Bryce Petersen (North Haven)

Div. II Player of Year, presented by Connecticut Orthopaedics:

Owen Quick (North Haven)

Div. II Coach of Year, presented by Connecticut Orthopaedics:

Jim DiNapoli (Branford)

Division III First Team:

Forward: Drew Scalia (Masuk), Theo Dietter (New Milford), Spencer Thomas (JBWA co-op), A.J. Michetti (Masuk)

Defense: Austin Braiewa (Masuk), Brody Turner (Shepaug co-op)

Goalie: Jonas Veleas (New Milford)

Division III Second Team

Forward: Kyle Sutfin (Masuk), Nick Solomon (New Milford), Logan Beuprey (Shepaug co-op)

Defense: Colin Deering (Masuk), Emmet Arees (JBWA co-op), Tommy Kane (JBWA co-op)

Goalie: Chris Liguori (Newtown/New Fairfield co-op)

Div. III Player of Year, presented by Connecticut Orthopaedics:

Drew Scalia (Masuk)

Div. III Coach of Year, presented by Connecticut Orthopaedics:

Andy Townsend (Masuk)

SPRING

Boys Outdoor Track & Field

East Sectional – Monday, May 15 @North Haven HS

1. Amity Regional, 141; 2. Hillhouse, 90.5; 3. Guilford, 82; 4. Lyman Hall, 74; 5. Notre Dame, 73; 6. North Haven, 61; 7. Foran, 56; 8. Fairfield Prep, 54; 9. Jonathan Law, 49.5; 10. Career, 21

West Sectional – Wednesday, May 16 @North Haven HS

1. Xavier, 158; 2. Daniel Hand, 143; 3. Hamden, 121; 4. Shelton, 87; 5. Branford, 67; 6. Sheehan, 43; 7. Wilbur Cross, 35; 8. Cheshire, 21; 9. East Haven, 15; 10. West Haven, 12

SCC Championship Meet - Tuesday, May 24 @Bowen Field

1. Xavier, 132; 2. Amity Regional, 72; 2. Hamden, 72; 4. Daniel Hand, 62; 5. Hillhouse, 46; 6. Lyman Hall, 43; 7. Branford, 40; 8. Notre Dame, 39; 9. Shelton, 35; 10. Sheehan, 27; 11. North Haven, 22; 12. Guilford, 21; 12. Jonathan Law, 21; 14. Foran, 20.5; 14. Fairfield Prep, 20.5; 16. Wilbur Cross, 13; 17. East Haven, 7; 18. Cheshire, 6; 19. West Haven, 2; 20. Career, 1

Championship Meet Most Outstanding Athlete: *Sam Forte, junior, Xavier*

All-Conference

First Team

Camren Kemp (Hamden), 100 meters, 11.23
Sam Forte (Xavier), 110 meter hurdles (15.17), 300 meter hurdles (39.50)

Stylz Mitchell (Xavier), 200 meters, 22.19
Maximilian Musial (Amity Regional), 400 meters, 48.95

Thomas Conklin (Lyman Hall), 800 meters, 1:55.98
Jack Ouellette (Xavier), 1600 meters, 4:21.26

John Larkin (Xavier), 3200 meters, 9:34.31
Lucas DeCrescenzo (Lyman Hall), Discus, 148-02

Isaiah Moore (Foran), High Jump, 6-02
Drew Schwartz (Branford), Javelin, 171-09

Christopher Hergott (Hamden), Long Jump, 23-11
Ryder Kropiwnicki (Branford), Pole Vault, 14-06

Ethan Anderson (North Haven), Shot Put, 49-00
Micah Blair (Amity Regional), Triple Jump, 45-08

Hamden (Kyle Antoine, Camren Kemp, Liam Buckley-Robinson, Christopher Hergott), 4x 100 meter Relay, 42.63

Daniel Hand (Nathaniel Kraft, Cooper Dunsmore, John Daniels, Kyle Hoffman), 4x400 meter Relay, 3:25.15

Xavier (Robert Quan, John Larkin, Cameron Nephew, Nick Cassarino), 4 x 800 meter relay, 8:16.24

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Second Team

Stylz Mitchell (Xavier), 100 meters
Maximilian Musial (Amity Regional), 200 meters
Amir Phelmetto (Hillhouse), 110 meter hurdles
Daniel Kim (Amity Regional), 300 meter hurdles
Kyle Hoffman (Daniel Hand), 400 meters
Colin Donahoe (Branford), 800 meters
Owen Martin (Xavier), 1600 meters
Jack Ouellette (Xavier), 3200 meters
Jayden Dougherty (Sheehan), Long Jump
Jacob Harkins (Xavier), Discus
Matthew Kasper (Daniel Hand), Triple Jump
Chance DeCrescenzo (Lyman Hall), Pole Vault
Ayden Sepkaski (Shelton), Javelin
Dillon Songhurst (North Haven), Shot Put
Curtis McCray III (Hamden), High Jump
Notre Dame (Tremaine Barr, Malcolm Benton, Connor Seabrooks, Ajay Bellamy), 4 x 100 meter relay
Lyman Hall (Michael Fisher, Timothy Conklin, Cam Pragano, Thomas Conklin), 4 x 400 meter relay
Amity Regional (Justin Singh, Andrew Jackson, Hatim Elhadiri, Daniel Manning), 4 x 800 meter relay

Athlete of Year, presented by Connecticut Orthopaedics:

Sam Forte (Xavier)

Coach of Year, presented by Connecticut Orthopaedics:

Chris Stonier (Xavier)

Girls Outdoor Track & Field

East Sectional Meet – Monday, May 15 @North Haven HS

1. Sacred Heart Academy, 153; 2. Hillhouse, 148; 3. Amity Regional, 91; 4. Guilford, 72; 5. Career, 69; 6. Jonathan Law, 58; 7. Luralton Hall, 47; 8. North Haven, 26; 9. Foran, 21; 10. Lyman Hall, 15

West Sectional Meet – Tuesday, May 16 @North Haven HS

1. Shelton, 123; 2. Daniel Hand, 97.5; 3. Cheshire, 91; 4. Mercy, 76; 5. Sheehan, 69; 6. East Haven, 68.5; 7. Branford, 68; 8. Hamden, 47; 9. West Haven, 37; 10. Wilbur Cross, 25

Championship Meet – Tuesday, May 23 @Bowen Field – New Haven

1. Shelton, 85.5; 2. Hillhouse, 74; 3. Sacred Heart Academy, 71; 4. Cheshire, 68; 5. Daniel Hand, 59; 6. Mercy, 49; 7. Career, 39; 8. East Haven, 34; 10. Hamden, 30; 11. Jonathan Law, 29; 12. Guilford, 28; 13. Sheehan, 27; 13. Branford, 27; 15. West Haven, 23.5; 16. Luralton Hall, 10; 17. Wilbur Cross, 8; 18. Foran, 5; 19. North Haven, 3

Most Outstanding Performer: Audrey Kozak, senior, Shelton

All-Conference

First Team

Audrey Kozak (Shelton), 100 meters (12.54), 200 meters (25.49) and Long Jump (19-00)
Leonaya Knox (Hillhouse), 100 meter hurdles (14.72)
Squirrel Lanz (Cheshire), 300 meter hurdles (44.78)
Marie Kane (Mercy), 400 meters (57.92)
Lucy Moran (Branford), 800 meters (2:15.97)
Alexa Ciccone (Cheshire), 1600 meters (5:07.58)
Hannah Andrejczyk (Shelton), 3200 meters (11:16.08)
Maya Quaranta (Sacred Heart Academy), Discus (115-11) and Shot Put (39-03)
Susan Porto (Shelton), High Jump, 5-00
Alice Stettinger (East Haven), Javelin, 39-03
Savanna Bauman (Sheehan), Pole Vault, 10-00
Shalisha Robertson (Hillhouse), Triple Jump, 37-00.0
Hamden (Jalisa Mims, Shanez DeRoche, Taj McGibony, Amanda Lee), 4 x 100 meter Relay, 50.39
Cheshire (Squirrel Lanz, Julia Rubin, Mia Vientos, Leah Farrell), 4 x 400 meter relay, 4:05.38
Cheshire (Leah Farrell, Alexa Ciccone, Julia Rubin, Mia Vientos), 4 x 800 meter relay, 9:37.48

Second Team

Leonaya Knox (Hillhouse), 100 meters
Squirrel Lanz (Cheshire), 100 meter hurdles
Marie Kane (Mercy), 200 meters
Macie Salado (Amity Regional), 300 meter hurdles
Leah Farrell (Cheshire), 400 meters
Mia Vientos (Cheshire), 800 meters
Annecy Vlioks (Daniel Hand), 1600 meters
Juliette Forstrom (Sacred Heart Academy), 3200 meters
Shalisha Robertson (Hillhouse), Long Jump and Shot Put
Alexis Borecki (Jonathan Law), Pole Vault
Hayden Solecki (Sacred Heart Academy), High Jump
Dulce Castillo-Guerra (West Haven), Javelin
Paige Davis (West Haven), Triple Jump
Redmond Sullivan (Daniel Hand), Discus
Amity Regional (Sarah Granados, Grace Launder, Riley Zielinski, Macie Salado), 4 x 100 meter relay
Daniel Hand (Alice Agovino, Vivian Glaser, Jordan Kells, Julia Coric), 4 x 400 meter relay
Mercy (Kayla Johnson, Tess Wasiolek, Megan Menard, Julia Lelko), 4 x 800 meter relay

Athlete of Year, presented by Connecticut Orthopaedics:

Audrey Kozak (Shelton)

Coach of Year, presented by Connecticut Orthopaedics:

Pat Redding (Sacred Heart Academy)

Boys Tennis

Tier 1 Regular-season champions: Fairfield Prep (10-0)

Tier 2 Regular-season champions: Xavier/Branford (4-1)

Tier 3 Regular-season champions: Shelton (10-2)

2022-23 SPORT-BY-SPORT RECAP



SCC Playoffs

Quarterfinals – Saturday, May 21

#1 Fairfield Prep 7, #8 Branford 0
#4 Notre Dame 4, #5 Cheshire 3
#2 Daniel Hand 6, #7 Guilford 1
#3 Amity Regional 7, #6 Xavier 0

Semifinals – Monday, May 22 @Higher Seeds

#2 Daniel Hand 4, #3 Amity Regional 3
#1 Fairfield Prep 7, #4 Notre Dame 0

Championship Match – Tuesday, May 23 @Amity Regional HS

Fairfield Prep 5, Daniel Hand 2

Tournament Most Outstanding Player: *Luke Levanat, Fairfield Prep*

All-Conference

Tier 1

Singles: James Lorenzetti (Notre Dame), Elliot Booth (Daniel Hand), Ethan Hass (Amity Regional), Luke Levanat (Fairfield Prep), Michael Lorenzetti (Notre Dame), Andrew Gershfeld (Cheshire)
Doubles – Matt Kelly (Fairfield Prep), Robbie Doanhue (Fairfield Prep), Matt Vetter (Daniel Hand), Paul Fumex (Daniel Hand), Thomas Nardone (Fairfield Prep), Jason Gong (Fairfield Prep)

Tier 2/3

Singles: Mathias Schalper (Branford), Tyler Ferguson (Xavier), Avery Solan (Sheehan), Nathan Rininger (Lyman Hall), Marcus Duff (Career), Lucas de Lencastre (North Haven), Quinn Northrop (Hamden)
Doubles: Jack Mackniak (Shelton), Jack Parkes (Shelton), Sam Marsh (Xavier), Aanay Chandra (Xavier), Billy Lipinski (North Haven), Jess Hansard (North Haven), Nirvan Paudyal (Branford), Matt Law (Branford)

Player of Year, presented by Connecticut Orthopaedics – James Lorenzetti (Notre Dame)

Coach of Year, presented by Connecticut Orthopaedics – Adam Mirsky (Fairfield Prep)

Girls Tennis

Tier 1 Regular-season champions: Amity Regional (10-0)

Tier 2 Regular-season champions: Sacred Heart Academy/Branford (4-1)

Tier 3 Regular-season champions: West Haven/Hamden (9-1)

SCC Playoffs

Quarterfinals – Saturday, May 21 @Higher Seeds

#1 Amity Regional 7, #8 Luralton Hall 0
#2 Guilford 6, #7 Sacred Heart Academy 1
#4 Cheshire 6, #5 North Haven 1
#3 Daniel Hand 6, #6 Branford 1 (May 21)

Semifinals – Monday, May 22

#1 Amity Regional 5, #4 Cheshire 2

#2 Guilford 5, #3 Daniel Hand 2

Championship Match – Tuesday, May 23 @Amity Regional HS
Amity Regional 6, Guilford 1

Tournament Most Outstanding Player: *Kiley Pickens, senior, Amity Regional*

All-Conference

Tier 1

Singles: Alex Orlins (Cheshire), Kiley Pickens (Amity Regional), Soumya Wijesekera (Amity Regional), Sophia Padro (North Haven), Laila Harai-Sai (Daniel Hand), Riley Mullett (Guilford)
Doubles: Isabel Sicignano (Amity Regional), Kyah Harding (Amity Regional), Liberty Rogers (Daniel Hand), Ella Helfrich (Daniel Hand), Lila Watkinson (Cheshire), Aadya Wijesekera (Amity Regional)

Tier 2/3

Singles: Peyton Gaudreau (Branford), Sneha Dagar (Shelton), Madison Rossetti (SHA), Aggie Dalton (Foran), Sophie Mazuroski (West Haven), Alondra Lopez (Sheehan), Osiana Brown (Career)
Doubles– Evie Kaiser (Branford), Scout Engstrom (Branford), Daniela Bejleri (SHA), Shelbe Vidal (SHA), Caroline Doyle (Jonathan Law), Olivia Hudak (Jonathan Law), Catalina Koji (Mercy), Ava Cedillo (Mercy)

Player of Year, presented by Connecticut Orthopaedics: Alex Orlins (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics: Chris Marra (Guilford)

Boys Lacrosse

Div. I Regular-season champions: Fairfield Prep (6-0)

Div. II Regular-season champions: Foran (9-0)

SCC Playoffs

First Round - Saturday, May 20 @Higher Seeds

#3 Daniel Hand 12, #6 Foran 6
#4 Notre Dame 18, #5 Xavier 3 (Friday, May 19)

Semifinals – Monday, May 22 @Higher Seeds

#1 Fairfield Prep 20, #4 Notre Dame 4
#2 Cheshire 15, #3 Daniel Hand 5

Championship Game – Wednesday, May 24 @Foran HS
Cheshire 8, Fairfield Prep 7 (OT)

Tournament Most Outstanding Player: *Connor Atwater, goalie, Cheshire*

All-Conference

First Team - Division I

Attack: Charles Kurtz (Cheshire), Tyler Fox (Fairfield Prep), Tim Shannehan (Fairfield Prep), Sean Greveling (Cheshire), Sam Sisk (Daniel Hand), Will Kleine (Daniel Hand)

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Midfield: Marco Firmender (Fairfield Prep), Matt Jeffery (Cheshire), Peter Grandolfo (Fairfield Prep), Dom Basti (Notre Dame), Brendan Mullahy (Fairfield Prep)
FO: Ryan Grove (Cheshire)
Defense: Gavin McCarthy (Fairfield Prep), George Hawley (Fairfield Prep), PJ Mackey (Xavier), Luke Wiedemann (Cheshire), Lucas Chymbor (Cheshire)

Second Team - Division I

Attack: Patrick Coughlin (Amity Regional), Maddux Little (Fairfield Prep), Gavin O'Mara (Notre Dame)
Midfield: Cooper Savoy (Notre Dame), Alex Cushing (Daniel Hand), Tyler Hilgert (Guilford), Noah Berquist (Xavier)
SSDM: John Duffy (Fairfield Prep), Connor Moran (Cheshire)
LSM: Jack Watson (Cheshire)
FO: Liam Alberti (Guilford), Ryan Backus (Fairfield Prep)
Defense: Jayden Ginsberg (Notre Dame), Chance Starrett (Amity Regional), Ryan Xeller (Daniel Hand)
Goalie: Connor Atwater (Cheshire), Greg Hilinski (Fairfield Prep)

All-SCC Division II

Attack: Sean Bosworth (Branford), Eli Gomes (Foran), Jack Cushman (Foran), Owen Trautner (Hamden), Conor Chirico (Jonathan Law), Tanner Drobish (Sheehan)
Midfield: Matt Miller (Foran), Jack Gaffney (Hamden), Jeffrey Karavas (North Haven), Dusty Gibbon (Wilbur Cross)
Defense: Jack Sellman (Jonathan Law), Salvatore DeMaio (North Haven), Aaron Mansfield (Sheehan)
Goalie: Gabe Bonessi (Foran), Eli Dineen (Lyman Hall), Jeffrey Wojtowicz (Shelton)

Player of Year, presented by Connecticut Orthopaedics:

Tyler Fox (Fairfield Prep)

Coach of Year, presented by Connecticut Orthopaedics:

Mike Devine (Cheshire)

Girls Lacrosse

Div. I Regular-season champions: Cheshire/Daniel Hand (6-1)

Div. II Regular-season champions: Foran (7-0)

SCC Playoffs

Quarterfinals – Saturday, May 20

#3 Guilford 14, #6 Foran 3

#4 Amity Regional 16, #5 Sacred Heart Academy 8

Semifinals – Monday, May 22 @Higher Seeds

#1 Cheshire 13, #4 Amity Regional 6

#3 Guilford 15, #2 Daniel Hand 4

Championship Game – Wednesday, May 24 @Foran HS

Cheshire 14, Guilford 7

Tournament Most Outstanding Player: *Ava Matikowski, forward, Cheshire*

All-Conference

First Team

Attack: Dylan Lyons (Amity Regional), Ava Harris (Cheshire), Payton Root (Guilford), Shawn Staak (Daniel Hand), Charlotte Brown (Sacred Heart Academy), Olivia Zalinsky (Amity Regional), Alex Lucas (Cheshire)

Midfield: Lydia Doraz (Daniel Hand), Ava Matikowski (Cheshire), Haley Mario (Amity Regional), MJ Santa Barbara (Guilford), Emma Kirck (Sacred Heart Academy), Ella Clarke (Guilford), Charlotte Michener (Lauralton Hall), Stella Tessier (Cheshire)

Defense: Kat Baseggio (Guilford), Coco Rourke (Daniel Hand), Taylor Fitzgerald (Cheshire), Addison Zalinsky (Amity Regional), Lauren Samela (Cheshire), Scout Climie (Guilford)

Goalie: Audrey Bronson (Cheshire)

Second Team

Attack: Kyle Turschmann (Hamden), Hollis Huntington (Lauralton Hall), Lyndsey Bunnell (Sheehan), Molly Schmitz (Sacred Heart Academy), Carmella Defeo (Shelton)

Midfield: Addison Kosiewicz (Daniel Hand), Ava Deitelbaum (Foran), Mia Hartman (Amity Regional), Sam Brown (Sheehan), Mackenzie Kelley (Mercy), Kayleigh Bartlett (Shelton), Maya Rosado (Jonathan Law), McKenzie Posey (Foran), Julia Tsakonas (West Haven)

Defense: Kayla Wilonski (Sacred Heart Academy), Julia Fitzgerald (Lauralton Hall), Liv Catela (Daniel Hand), Isabella Fallon (Foran), Olivia Fritz (Sheehan)

Goalie: Marina Pinto (Lauralton Hall), Grace Keenan (Sheehan)

Player of Year, presented by Connecticut Orthopaedics:

Dylan Lyons (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics:

Chris Elledge (Amity Regional)

Boys Volleyball

Regular-season champions: Cheshire (8-0)

SCC Playoffs

First Round – Tuesday, May 23 @Amity Regional HS

#4 Amity Regional 3, #2 Daniel Hand 2 (20-25, 21-25, 25-19, 25-18, 15-9)

Semifinals – Wednesday, May 24 @Higher Seeds

#2 Shelton 3, #3 Xavier 1 (25-21, 22-25, 26-24, 25-21)

#1 Cheshire 3, #4 Amity Regional 0 (25-11, 25-14, 25-19)

Championship Match – Friday, May 26 @Higher Seed

Cheshire 3, Shelton 1 (25-13, 22-25, 25-18, 25-16)

Tournament Most Outstanding Player: *Will Allen, junior, Cheshire*

All-Conference

First Team: Adam Martire (Amity Regional), Will Allen (Cheshire), Matti Lilback (Cheshire), Matt Irizarry (Cheshire), Thomas Kopec (Shelton), Evan Murrell (Shelton), Peter O'Brien (Xavier)

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Second Team: Chris Carlson (Amity Regional), Harsil Parmar (Amity Regional), Jason Cafourek (Cheshire), Court Lucas (Daniel Hand), Timmy Hilser (Shelton), John Quevedo (Shelton), Duke Diamond (Xavier)

Player of Year, presented by Connecticut Orthopaedics:
Thomas Kopec (Shelton)

Coach of Year, presented by Connecticut Orthopaedics:
Stefanie Reay (Xavier)

Boys Golf

Div. I Regular-season champions: Cheshire

Div. II Regular-season champions: North Haven

SCC Championship Meet - Tuesday, May 30@The Farms Country Club - Wallingford (par-72)

1. Cheshire 315; 1. Daniel Hand 315; 3. Xavier 322; 4. Amity Regional 325; 5. Branford 330; 6. Shelton 331; 7. Notre Dame 335; 8. Guilford 336; 9. North Haven 349

Medalist: AJ DePaolo, Cheshire 69 (-3)

Top Finishers: Andrew Beauton (Guilford), 73; Reece Scott (Daniel Hand), 74; Kasimir Lesnik (Daniel Hand), 75; Cameron St. Pierre (Shelton), 77; Keegan LaLonde (Branford), 78; John Thompson (Xavier), 78; JB Ouellette (Xavier), 79; Jack DeJoseph (Cheshire), 79; Dylan Gillotti (Cheshire), 79

All-Conference

AJ DePaolo (Cheshire), Andrew Beauton (Guilford), Reece Scott (Daniel Hand), Kasimir Lesnik (Daniel Hand), Cameron St. Pierre (Shelton), Keegan LaLone (Branford), John Thompson (Xavier), JB Ouellette (Xavier), Jack DeJoseph (Cheshire), Dylan Gillotti (Cheshire)

Golfer of Year, presented by Connecticut Orthopaedics:
Andrew Beauton (Guilford)

Coach of Year, presented by Connecticut Orthopaedics:
Dan Lee (Cheshire)

Girls Golf

Regular-season champions: Luralton Hall

SCC Championship - Thursday, June 1 @Black Hawk CC - Stratford

1. Luralton Hall, 388; 2. Amity Regional, 394; 3. Cheshire, 404; 4. Daniel Hand, 450; 5. Mercy, 469

Medalist: Sydney Hidalgo (Cheshire), 85

Top Finishers: Izzy Thomas (Luralton Hall), 86; Mia Coppola

(Foran), 88; Bridgid Vitti (Luralton Hall), 89; Sydney M (Amity Regional), 92; Molly Bosma (Amity Regional), 92; Sophia Del Rosso (Cheshire), 92; Carinna Anastasio (Shelton), 94; Ava Roy (Mercy), 95; Kaitlin Dobkowski (Foran), 96

All-Conference

Sydney Hidalgo (Cheshire), Sophia DelRosso (Cheshire), Bridget Morrison (Amity Regional), Izzy Thomas (Luralton Hall), Annika Yun (Amity Regional), Molly Bosma (Amity Regional)

Golfer of Year, presented by Connecticut Orthopaedics:

Sydney Hidalgo (Cheshire)

Coach of Year, presented by Connecticut Orthopaedics:

Mike Cofrancesco (Amity Regional)

Baseball

Divisional champions

Hammonasset: Hamden/Xavier (6-2)

Housatonic: Sheehan/Fairfield Prep (6-2)

Oronoque: Notre Dame (7-1)

Quinnipiac: Amity Regional (6-0)

SCC Playoffs

Quarterfinals - May 22 @Higher Seed

#1 Guilford 5, #8 Sheehan 3

#4 Xavier 9, #5 Hamden 4

#2 Notre Dame 9, #7 Lyman Hall 6

#3 Fairfield Prep 5, #6 Amity Regional 1

Semifinals - Tuesday, May 23 @Higher Seeds

#1 Guilford 6, #4 Xavier 2

#3 Fairfield Prep 5, #2 Notre Dame 3 (9 inn.)

Championship Game - Thursday, May 25 @Piurek Field - West Haven HS

Guilford 10, Fairfield Prep 7

Tournament Most Outstanding Player: *Lucas Deshefy, sophomore, infielder, Guilford*

All-Conference

First Team: Ryan Barbieri (Cheshire), Maico Cardona (Hamden), Steve Cifarelli (Amity Regional), Andrew Cutler (Fairfield Prep), Lucas Deshefy (Guilford), Nicholas Fox (Xavier), Yabdriel Gonzalez-Coste (Hillhouse-Career co-op), Brock Goodwin (Amity Regional), Jon Hosney (Xavier), Hunter Hoxie (Jonathan Law), Nick Hunkele (Notre Dame), Michael Iannazzo (Fairfield Prep), Aiden Jovia (Hamden), Tyler Kornacki (North Haven), Kade Marcantonio (Sheehan), Matt Moconyi (Sheehan), Connor Martinello (Notre Dame), Bryce Meder (Guilford), Kevin Milewski (Notre Dame), Kyle Mitchell (Lyman Hall), Troy Piascik (Daniel Hand), Ryan Preisano (Fairfield Prep), Jack Pesta (Lyman Hall), Austin Rhodes (Branford), Josh Santiago (Wilbur Cross), Andrew Vagts (Cheshire), Ryan Vallie (East Haven), Kyle Viesselman (Foran), Tripp Waldron (Amity Regional), Zach Worzel (Foran)

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Second Team: Sam Ametrano (Guilford), Lucas Ametrano (Guilford), Bill Barthel (East Haven), Jesse Buonocore (Notre Dame), Tim Cap (Amity Regional), Tyler Casey (Lyman Hall), Sean Cleary (Branford), Bennett Crerar (Cheshire), Charles Dusek (Cheshire), Brandon Gaer (Xavier), Brian Goglia (Jonathan Law), Isaish Joseph (Fairfield Prep), Brian Kiska (Amity Regional), Jack Martineau (North Haven), Matthew Moreira (Hamden), Ryan Oshinski (Fairfield Prep), Adrian Padilla (Hillhouse/Career co-op), Jose Padilla (West Haven), Matt Piechota (Notre Dame), Owen Rich (Lyman Hall), Andrew Shosho (Guilford), Quintin Sotero (Xavier)

Player of Year, presented by Connecticut Orthopaedics:

Lucas Deshefy (Guilford)

Coach of Year, presented by Connecticut Orthopaedics:

Nick Merullo (Guilford)

Paige Kelly (Branford), Nicolina Salanto (Jonathan Law), Paige Jolley (Jonathan Law), Leah Monschein (Amity Regional), Cosette Zito (Amity Regional), Anna Fagan (Sacred Heart Academy), Adriana Ramos (Sacred Heart Academy), Reese Ciecko (Daniel Hand), Karla Carangelo (Cheshire), Melanie Jimenez (West Haven), Abigail Corris (Foran), Maggie Mathews (Mercy), Izzy Robinson (Hamden), Gabby Blanchard (North Haven), Jeanise Serrano (Shelton), Francesca Colangelo (Lauralton Hall)

Player of Year, presented by Connecticut Orthopaedics:

Grace Carrington (Amity Regional)

Coach of Year, presented by Connecticut Orthopaedics:

Melanie Blude (Jonathan Law)

Softball

Divisional champions

Hammonasset: North Haven (8-0)

Housatonic: West Haven (7-1)

Oronoque: Jonathan Law (8-0)

Quinnipiac: Amity Regional (8-0)

SCC Playoffs

Quarterfinals – May 22 @Higher Seeds

#1 North Haven 15, #8 West Haven 3

#2 Jonathan Law 11, #7 Sacred Heart Academy 0

#6 Amity Regional 7, #3 Mercy 3

#5 Cheshire 5, #4 Guilford 2

Semifinals – Tuesday, May 23

#1 North Haven 5, #5 Cheshire 3

#6 Amity Regional 3, #2 Jonathan Law 2

Championship Game – Thursday, May 25 @Biondi Field – West Haven HS

Amity Regional 7, North Haven 6

“Danni Kemp” Tournament Most Outstanding Player: *Grace Carrington, senior, shortstop, Amity Regional*

All-Conference

First Team: Madyson Bull (Jonathan Law), Elizabeth Roos (Jonathan Law), Ivie Archer (Sheehan), Reilly Hunter (Sheehan), Addison Smith (Guilford), Ella Munson (Guilford), Grace Carrington (Amity Regional), Hannah Fletcher (Amity Regional), Jenna Maus (Amity Regional), Ava Saez (Lyman Hall), Alyssa Norton (Sacred Heart Academy), Meghan Brown (Sacred Heart Academy), Karissa Spring (Cheshire), Mary Rodrigues (Foran), Ayanna Fernandez (Lauralton Hall), Brianna Miller (West Haven), Mia Rubirosa (West Haven), Tai Byrd (Cheshire), Shyanne Raccio (West Haven), Kate Bailey (Mercy), Sophie Engels (Mercy), Alyssa DiGiovanna (North Haven), Kayla Balisciano (North Haven), Jules Galasso (North Haven), Gianna Fowler (East Haven), Lexi Heaphy (East Haven), Ava Lockwood (Wilbur Cross)

Second Team: Kailey Bonilla (Career), Sophia Meade (Guilford),

Farewell Steve Trifone!

Cheshire Athletic Director and long-time SCC treasurer Steve Trifone retired in June. A long-time educator, coach and administrator in Cheshire, Steve served as athletic director for 19 years and was invaluable to the student-athletes at Cheshire as well as his SCC colleagues. On June 8, the SCC recognized Steve for his years of service to the league! **Best wishes, Steve!**



The SCC on Social Media

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