



## 2022 Southern Connecticut Conference

### Fall Sports All-Conference Teams

#### Boys Cross Country

**First Team:** Alex Ushchak (Xavier), Liam Fedigan (Jonathan Law), Harry Grenier (Daniel Hand), Owen Martin (Xavier), Nicholas Cassarino (Xavier), Nicholas Montana (Daniel Hand), Michael Masotti (Guilford), Alex Hansen (Guilford), Cameron Nephew (Xavier), Sebastian Halpern (Wilbur Cross), Tyler Caron (Cheshire), Nico Boyle (North Haven)

**Second Team:** Jack Ouellette (Xavier), Henry Murphy (Lyman Hall), Coleman Love (Guilford), Luke Pacheco (Shelton), Luke Cushing (Amity Regional), Ben Farmer (Notre Dame), Connor Garrett (Hamden), Dominick Zdunek (Branford), Owen Jones (Xavier), Ryan Franchi (Guilford), Jack Larkin (Xavier), Colin Grevelding (Cheshire)

#### Girls Cross Country

**First Team:** Hannah Andrejczyk (Shelton), Alexa Ciccone (Cheshire), Kelly Jones (Lauralton Hall), Anna Omelchenko (Wilbur Cross), Anecy Vlieks (Daniel Hand), Kristina Ponzio (Sacred Heart Academy), Avery Palmucci (Amity Regional), Emily D'Souza (Cheshire), Mia Vientos (Cheshire), Ciara Davenport (Guilford), Avery Stewart (Sacred Heart Academy), Grayson Neuman (Wilbur Cross)

**Second Team:** Claire Moulton (Jonathan Law), Tanner Marrantino (Branford), Roselyn Nahautlato (Wilbur Cross), Olivia Kaisin (Guilford), Emma Kirck (Sacred Heart Academy), Samantha Jackson (Lyman Hall), Lena Harms (Hamden), Mavis Banks (Hamden), Angelika Kotula (Sheehan), Mackenzie Martin (Amity Regional), Eva Curran (Cheshire), Ava Ciccone (Cheshire)

#### Football

##### Tier 1 Offense

**OL:** Josh Kuczynski (Notre Dame), Jason Santos (Shelton), Wesley Selmani (Daniel Hand), Vinnie Scileppi (Xavier), Charlie Dooley (Fairfield Prep), Brendan Ryan (North Haven), Tyler Radzion (Shelton)

**WR:** Ricky Feola (Shelton), Matt Jeffery (Cheshire)

**RB:** Wally Wuchiski (Fairfield Prep), Jeffrey Karavas (North Haven)

**QB:** Matt Piechota (Notre Dame)

**Tier 1 Defense**

**DL:** Brett Rochford (Cheshire), Christian Lewis (Notre Dame), Isaiah Joseph (Fairfield Prep)

**LB:** John Hayden (Daniel Hand), Tanner Langis (Fairfield Prep), Brian Lastomirsky (North Haven), Jacob Staton (Notre Dame)

**DB:** Adam Pandolfi (North Haven), J.P. Hosney (Xavier), John Morris (Fairfield Prep), Matteo Petruzzello (Notre Dame), Mike Simeone (Cheshire)

**P:** Emmett Derby (Fairfield Prep)

**Tier 2 Offense**

**OL:** Nick Gerbase (West Haven), Russell Lasane, Jr. (Hamden), Reysaun Blue (Hillhouse)

**TE:** Trejon Williams (Hillhouse)

**WR:** Anthony Bolden (Hamden), John Gogliettino (Sheehan), Armani Reid (West Haven)

**RB:** Brady Rossacci (Sheehan), Deven Robinson (West Haven), Camren Kemp (Hamden)

**QB:** Nick Conlan (West Haven), Patrick Coughlin (Amity Regional)

**Tier 2 Defense**

**DL:** Leroy Deberry (Wilbur Cross)

**LB:** Tyshaun Davender (Hamden), Shaine Salvador (Sheehan), Curtis McCray (Hamden), Aidon Lydon (Amity Regional), Conor Holy (West Haven), Chefren Spodnik (Harding)

**DB:** Avian Evans (West Haven), Tra'vion Singleton (Hamden), Jamel Lee (Wilbur Cross), Keyshaun Harris (Hillhouse), Jadion Brown (Harding)

**Tier 3 Offense**

**OL:** Mekhi Morrison (East Haven), Jason Toth (East Haven), Aidan Grant (Foran), Dan O'Connell (Guilford)

**TE:** Ethan Saez (Lyman Hall), Matt Hagerty (Jonathan Law)

**WR:** Cam Pragano (Lyman Hall), Joe Gaetano (Foran)

**RB:** Cristian Roman-Koenig (Lyman Hall), Mike O'Brien (Guilford)

**QB:** Jack Cushman (Foran), John Neider (Jonathan Law)

**PK:** Jesse Viens (Jonathan Law)

### **Tier 3 Defense**

**DL:** Sincere Taylor (Bassick), Luke Carignan (Guilford), Calvin Bacote (Branford), Brandon Leslie (Jonathan Law), Drew Schwartz (Branford)

**LB:** Greg Kealey (Branford), Alejandro Colberg-Martinez (Guilford), Jack Sellman (Jonathan Law), Justin Daniel (Foran)

**DB:** Dominic Salato (East Haven), Jimmy Cobain (Foran)

### **Girls Swimming & Diving**

#### **200 yard Medley Relay**

**Cheshire** (Natalia Gajecki, Julia Barto, Julianna Tyler, Avery Potyrala)

**Amity Regional** (Elizabeth Bodie, Marea Li, Amanda Ford, Grace Mahon)

**200 yard Freestyle:** Julia Barto (Cheshire), Julianna Tyler (Cheshire), Grace Hanke (Cheshire)

**200 yard IM:** Marea Li (Amity Regional), Natalia Gajecki (Cheshire), Mikayla Rapuano (North Haven)

**50 yard Freestyle:** Avery Potyrala (Cheshire), Grace Mahon (Amity Regional), Elise Richardson (Lyman Hall)

**100 yard Butterfly:** Julia Barto (Cheshire), Grace Mahon (Amity Regional), Elizabeth Bodie (Amity Regional)

**100 yard Freestyle:** Natalia Gajecki (Cheshire), Carly Cahill (Cheshire), Aislin Cohen (Guilford)

**500 yard Freestyle:** Julianna Tyler (Cheshire), Samantha Chemacki (Daniel Hand), Julia Tejada (Cheshire)

#### **200 yard Freestyle Relay**

**Cheshire** (Avery Potyrala, Grace Hanke, Natalia Gajecki, Carly Cahill)

**Amity Regional** (Marea Li, Mary Sampara, Amanda Ford, Grace Mahon)

**100 yard Backstroke:** Avery Potyrala (Cheshire), Elise Richardson (Lyman Hall), Julia Rosado (East Haven/Wilbur Cross/HH)

**100 yard Breaststroke:** Marea Li (Amity Regional), Hailey Baker (Lyman Hall), Grace Young (Guilford)

#### **400 yard Freestyle Relay**

**Cheshire** (Julia Barto, Carly Cahill, Grace Hanke, Julianna Tyler)

**Guilford** (Isabel Torello, Kate Young, Grace Young, Aislin Cohen)

**Diving:** Maggie Corso (Lyman Hall), Hannah Tao (Cheshire), Jordyn Gould (Guilford)

## Field Hockey

**First Team:** Riley Zielinski (Amity Regional), Scout Engstrom (Branford), Aryana Wilson (Branford), Virginia Curello (Cheshire), Taya Buntin (Cheshire), Gianna Ranoldo (Cheshire), Bella Saracco (Sacred Heart Academy), Ella Clarke (Guilford), Scout Climie (Guilford), Grace Barlage (Guilford), Kelley Monahan (Lauralton Hall), Jordan Kells (Daniel Hand), Rilee Reutenauer (Sheehan)

**Second Team:** Brooke Foucault (Lyman Hall), Faith Minickene (Daniel Hand), Olivia Ameika (Daniel Hand), Sydney Pitcher (North Haven), Mackenzie Kelley (Mercy), MJ Santa Barbara (Guilford), Stella Carney (Sacred Heart Academy), Giada Broccoli (Hamden), Ava Harris (Cheshire), Gianna Bozzi (Branford), Lauren McCarthy (Branford), Lauren Kendrick (Branford), Liv Zalinsky (Amity Regional)

## Girls Volleyball

**First Team:** Lea Barber (Amity Regional), Kayla Balisciano (North Haven), Alexa Bonato (Amity Regional), Allie Bietz (Branford), Asia Ford (West Haven), Halle Krause (Guilford), Nora McNichols (Lauralton Hall), Jasmine Mendez (Mercy), Nyeela Miller (Amity Regional), Avery Mola (Cheshire), Esther Park (Shelton), Lauren Samela (Cheshire)

**Second Team:** Laila Best (Career), Julianna Bojnec (Shelton), Autumn Clancy (East Haven), Jenna DeFrancesco (Branford), Maile Estacion (Hamden) Catherine Fay (Mercy), Sarah Herrera (North Haven), Paige Jolley (Jonathan Law), Paige Kelly (Branford), Brielle Laferriere (Shelton), Natalie Lucas (Daniel Hand), Karena Norko-Allain (Amity Regional), Allyson Pireaux (Daniel Hand), Elis Reddick (Mercy)

## Boys Soccer

**First Team:** Henry Ranani (Amity Regional), Sebastian Zuniga Cordova (Branford), Jack Marchand (Career), Samir Dishnica (Cheshire), Kevi Sulollari (Cheshire), Muluken Marchand (Cheshire), Blake Battaglia (Wilbur Cross), Kurt Boone (Wilbur Cross), Nico Agresti (Foran), Cristian Boutote (Foran), Justin Hess (Guilford), Sami Abughazaleh (Guilford), Josh Perez (Daniel Hand), Declan Wywoda (Jonathan Law), Morgan Stone (Lyman Hall), Nick Santana (Notre Dame), Giancarlo Esquivel (Notre Dame), Brando Savi (Fairfield Prep), Brady Day (Fairfield Prep), Noah Doyens (Shelton), Diego Soto (West Haven), Finn Russell (Xavier), Mario Milardo (Xavier), Joseph Corsino (Xavier)

**Second Team:** Luca Santin (Amity Regional), Ernad Spreco (Branford), Colin Brown (Cheshire), Zach Chen (Cheshire), Alinoti Jacques (Wilbur Cross), Marvin Cardenas (East Haven), Gianni Troia (Foran), Tye Haley (Foran), Stephano Jarrin (Guilford), Aiden Swan (Hamden), Jacques Violette (Daniel Hand), Eliot Melgar (Jonathan Law), Matt Marra (Daniel Hand), Nick Toma (Lyman Hall), Reamon Curis (Notre Dame), Lucas de Lencastre (North Haven), Jude Gussen (Fairfield Prep), Nic Vittoria (Fairfield Prep), Vincenzo Carbone (Sheehan), Nico Cardona (Sheehan), Nicholas Gergely (Shelton), Owen Stevens (Shelton), Sebastian Navarro (West Haven), Ryan Chrostowski (Xavier)

## Girls Soccer

**First Team:**

Emilia Dottori (Amity Regional), Ava Ferrie (Branford), Tess Ferrie (Branford), Emma O'Connor (Branford), Gabby Tirado (Cheshire), Anna Hurlbut (Cheshire), Maya Howard (Daniel Hand), Gianna Mendez (East Haven), Colleen Ardolino (Foran), Kat Baseggio (Guilford), Ari Tomassi (Guilford), Ariana Mullins (Hamden), Sabrina Lawless (Jonathan Law), Alexandria Vincent (Lauralton Hall), Emma Jacobs (Lyman Hall), Melina Ford (Mercy), Kate Donlan (Mercy), Megan Menard (Mercy), Hannah Bernardo (North Haven), Juliana Garcia (Sacred Heart Academy), Katie Casorla (Sheehan), Sydney Cuticelli (Sheehan), Kassidy Carrano (West Haven), Charlotte Buterbaugh (Wilbur Cross)

**Second Team:**

Adelynn Arroyo (Daniel Hand), Allie Fox (Cheshire), Ava Champagne (Shelton), Ava Lepro (Guilford), Brenna Murphy (Branford), Callie Casulla (Lyman Hall), Cameron Ryan (North Haven), Demi Carrapico (Jonathan Law), Haley Shaw (Cheshire), Jamie D'Avignon (Foran), Julia Tsakonas (West Haven), Kayleigh Bartlett (Shelton), Laney Smith (Mercy), Lauren Vitti (Lauralton Hall), Lilly McFadden (Daniel Hand), Lucy Moran (Branford), Megan Gallagher (Mercy), Mia Montero (Career/Hillhouse), Mia O'Connor (Sacred Heart Academy), Olivia Platt (Sheehan), Ryan Twohill (Hamden), Taylor LaFountain (Foran), Tea Gambardella (Guilford), Valerie Sortito (East Haven)