



## 2022-23 Southern Connecticut Conference Winter Sports All-Conference Teams

### Girls Indoor Track

#### **First Team**

Leonaya Knox (Hillhouse), 55 meters, 55 meter hurdles  
Marie Kane (Mercy), 300 meters  
Jada McCown (Hillhouse), 600 meters  
Clara Gahm (Guilford), 1000 meters  
Hannah Andrejczyk (Shelton), 1600 and 3200 meters  
Career (Kiera Baxter, Imani Bryan, Sarah Murray, Lalia Best), 4 x 200 meter relay  
Mercy (Annaliese Rhoden, Julia Lelko, Lainey Riegler, Marie Kane), 4 x 400 meter relay  
Guilford (Olivia Kaisin, Paige Ponzio, Alexa Suchy, Clara Gahm), 4 x 800 meter relay  
Wilbur Cross (Ayannuah Williams Monroe, Dyani Dolberry, Aniya Swindell, Anna Omelchenko), 1600 Sprint Medley Relay  
Audrey Kozak (Shelton), High Jump, Long Jump  
Savanna Bauman (Sheehan), Pole Vault  
Shalisha Robertson (Hillhouse), Shot Put

#### **Second Team**

Audrey Kozak (Shelton), 55 meters  
Julia Coric (Daniel Hand), 300 meters  
Julia Lelko (Mercy), 600 meters  
Sarah Roberts (Mercy), 1000 meters  
Anna Omelchenko (Wilbur Cross), 1600 meters  
Kelly Jones (Lauralton Hall), 3200 meters  
Tanyah Mabry (Hillhouse), 55 meter hurdles  
Hillhouse (Tanyah Mabry, Deanna Moore, Darea Vargas, Kyla Parker), 4 x 200 meter relay  
Hillhouse (Tanyah Mabry, Deanna Moore, Jayda McCown, Javen Jaranilla), 4 x 400 meter relay  
Cheshire (Sarah Goldstein, Eva Curran, Julia Rubin, Alexa Ciccone), 4 x 800 meter relay  
Mercy (Ella Barone, Julia Salley, Julia Lelko, Sarah Roberts), 1600 Sprint Medley relay  
Victoria Baker (Sacred Heart Academy), High Jump  
Liliana Quill (Amity Regional), Pole Vault  
Leonaya Knox (Hillhouse), Long Jump  
Maya Quaranta (Sacred Heart Academy), Shot Put

### Boys Indoor Track

## **First Team**

Stylz Mitchell (Xavier), 55 meters, 300 meters  
Colin Donahoe (Branford), 600 meters  
Alex Ushchak (Xavier), 1000 meters  
Owen Martin (Xavier), 1600 meters  
John Larkin (Xavier), 3200 meters  
Amir Phelmetto (Hillhouse), 55 meter hurdles  
Hillhouse (Sheldon Edwards, Nysir Harris, Travis James, Elijah McClain), 4 x 200 meter relay  
Lyman Hall (Thomas Conklin, Timothy Conklin, Michael Fisher, Owen Rich), 4 x 400 meter relay  
Xavier (Jack Ouellette, Ryan Zimmerman, Cameron Nephew, Owen Martin), 4 x 800 meter relay  
Shelton (Ari Papadimitriou, Ethan Oko, Aidan O'Grady, Luke Pacheco), 1600 Sprint Medley relay  
Khalil Antoine (Hillhouse), High Jump  
Chance DeCrescenzo (Lyman Hall), Pole Vault  
Christopher Hergott (Hamden), Long Jump  
Ethan Anderson (North Haven), Shot Put

## **Second Team**

Ari Papadimitriou (Shelton), 55 meters  
Maximillian Musial (Amity Regional), 300 meters  
Nick Cassarino (Xavier), 600 meters  
Luke Pacheco (Shelton), 1000 meters  
Jack Ouellette (Xavier), 1600 meters  
Harrison Grenier (Daniel Hand), 3200 meters  
Daniel Kim (Amity Regional), 55 meter hurdles  
Hamden (Christopher Hergott, Isaac Boliere, Kyle Antoine, Liam Buckely-Robertson), 4 x 200 meter relay  
Hillhouse (Sheldon Edwards, Amir Phelmetto, Khamari Salam, Adam Massey), 4 x 400 meter relay  
Amity Regional (Daniel Manning, Luke Cushing, Eydan Lavi, Justin Singh), 4 x 800 meter relay  
Lyman Hall (Michael Fisher, Aaron Rich, Timothy Conklin, Thomas Conklin), 1600 Sprint Medley relay  
Isaiah Moore (Foran), High Jump  
Ryder Kropiwnicki (Branford), Pole Vault  
Micah Blair (Amity Regional), Long Jump  
Yousef Gebril (North Haven), Shot Put

## **Gymnastics**

Brooke Anderson (Daniel Hand), Morgan Flickinger (Daniel Hand), Natalie Morrell (Jonathan Law), Tallulah Malz (Mercy), Morgan McMahon (Daniel Hand), Kayla Johnson (Foran), Ella Esposito (Guilford), Ginger Schmidt (Foran), Riley Grunow (Foran), Ella Speerli (Daniel Hand), Hadley Reiss (Daniel Hand), Gabriella Lachance (Mercy), Rhiannon Leandres (Amity Regional)

## **Cheerleading**

Audrey Bronson (Cheshire), Jill Falcone (Cheshire), Jenna Roby (North Haven), Samantha Robinson (Branford), Sarah Nwagboli (Branford), Ava Juliano (Branford), Leah VanDeventer (Mercy), Brianna Miller-Pettaway (West Haven), Juliana Petruzzello (West Haven), Alyssa Capello (Lyman Hall), Mallory Fisher (Lyman Hall), Gianna Tullo (Sacred Heart Academy), Maddi Kuczynski (Sacred Heart Academy), Kendall Oksenberg (Shelton), Julia Mosher (Shelton), Luci Cappello (Foran), Jonna Lord (Foran), Kolbey

Nastri (East Haven), Adriana Esposito (East Haven), Lilly Keller (Lauralton Hall), Reegan O’Dea (Daniel Hand), Abby Kustra (Daniel Hand)

## **Wrestling**

### **First Team**

106 - Raekwon Shabazz (Xavier); 113 - Braylon Gonzalez (Xavier); 120 - Kevin Kasperowski (Xavier); 126 - Antonio Madero (Foran); 132 - Kyle Levesque (Xavier); 138 - Anthony Basile (Xavier); 145 - William Smith (Fairfield Prep); 152 - Matthew Ferrucci (Xavier); 160 - Zachary Fong (Xavier); 170 - Alejandro Colberg-Martinez (Guilford); 182 - Charles Weidman (Xavier); 195 - Jason Toth (East Haven); 220 - Vincent Scileppi (Xavier); 285 - Malachi Mercer-Robinson (Fairfield Prep)

### **Second Team**

106 - Marcus Mizzone (Amity Regional); 113 - Jack Batista-Fletcher (East Haven); 120 - Sebastian Rodriguez (Fairfield Prep); 126 - Jake Elpi (Branford); 132 - Jay Chase (Sheehan); 138 - Craig Mager (Foran); 145 - John Lagana (Xavier); 152 - Charles Wahl (Daniel Hand); 160 - Ryan Kinick (Shelton); 170 - Branimir Lah (Amity Regional); 182 - Cole Snider (Branford); 195 - Liam Alberti (Guilford); 220 - Drew Schwartz (Branford); 285 - Justin Bonilla (New Haven)

## **Girls Basketball**

### **First Team:**

Natalie Lucas (Daniel Hand), Faith Doyle (Foran), Leah Philpotts (Hamden), Alana Philpotts (Hamden), Gianna Donnarummo (Hamden), Nielle Reaves (Hillhouse), Sophie Hedge (Mercy), Ava Giansiracusa (Mercy), Julia Ball (North Haven), Lauren Thompson (Sacred Heart Academy), Meghan Kirck (Sacred Heart Academy), Megan Wresien (Sheehan), Amani Abuhatab (West Haven)

### **Second Team:**

Jill Barnes (Amity Regional), Sarah Granados (Amity Regional), Coco Rourke (Daniel Hand), Juliana (Iovino East Haven), Ava Deitelbaum (Foran), Gianna Robert (Hamden), Jaylice Rosario (Hillhouse), Catherine Bosse (Lauralton Hall), Avery Kohs (Mercy), Sammi Santacroce (North Haven), Emma Kirck (Sacred Heart Academy), Olivia Cassesse (Sheehan), Cassidy Carrano (West Haven)

## **Boys Basketball**

### **First Team:**

Tim Coleman (Hillhouse), Mekhi Conner (Notre Dame), Fredo Delgado (Wilbur Cross), Timaury Gay (Notre Dame), Chase Geremia (Daniel Hand), Thomas Glover (Hillhouse), Elijah Jean-Guillaume (Wilbur Cross), Justin Hess (Guilford), Tajae Jones (Notre Dame), Christian McCleave (Wilbur Cross), John Neider (Jonathan Law), Anthony Parker (Xavier), Joshua Pearson (Hamden), Tommy Scholl (Fairfield Prep)

### **Second Team:**

Elijah Avery Turner (Daniel Hand), Aidan Driscoll (Xavier), Adam Elkharraz (West Haven), Joe Gaetano (Foran), Kyle Hoffman (Daniel Hand), Elijah Holder (Hamden), Eric Jones (Hillhouse), Jack McHale

(Fairfield Prep), Nolan McKenna Hansen (Jonathan Law), Riley Swan (Guilford), Abdou Toure (Notre Dame)

## **Boys Ice Hockey**

### **Division I**

#### **First Team**

**Forward:** Ty Battipaglia (Notre Dame-WH), James Mascari (Notre Dame-WH), Alex Rodriguez (Xavier), Blake Baksay (Fairfield Prep)

**Defense:** Colin Woodward (Fairfield Prep), Logan Hurd (Notre Dame-WH)

**Goalie:** Colby LaSalle (Notre Dame-Fairfield)

#### **Second Team**

**Forward:** James Murphy (Fairfield Prep), Daniel Cusack (Notre Dame-WH), Tyler Bassett (Notre Dame-Fairfield)

**Defense:** Haygen Axelrod (West Haven), Lucas Carfi (Fairfield Prep)

**Goalie:** Connor Crowley (Notre Dame-WH), Brody Sargolini (Hamden)

### **Division II**

#### **First Team**

**Forward:** Will Gaudet (Cheshire), Matt Morgan (Branford), Max Festa (Sheehan)

**Defense:** Shane Considine (Guilford), Owen Quick (North Haven), Sean Bosworth (Branford)

**Goalie:** John Paul-Garea (East Haven co-op)

#### **Second Team**

**Forward:** C.J. Sherwood (North Branford), Ryan Pfaff (Daniel Hand), Jackson Hitchcock (Watertown-Pomperaug co-op)

**Defense:** Peyton Durant (Lyman Hall), Dean Gattinella (Amity Regional), Thomas Guidone (North Haven)

**Goalie:** Bryce Petersen (North Haven)

### **Division III**

#### **First Team**

**Forward:** Drew Scalia (Masuk), Theo Dietter (New Milford), Spencer Thomas (JBWA co-op), A.J. Michetti (Masuk)

**Defense:** Austin Braiewa (Masuk), Brody Turner (Shepaug co-op)

**Goalie:** Jonas Veleas (New Milford)

#### **Second Team**

**Forward:** Kyle Sutfin (Masuk), Nick Solomon (New Milford), Logan Beuprey (Shepaug co-op)

**Defense:** Colin Deering (Masuk), Emmet Arees (JBWA co-op), Tommy Kane (JBWA co-op)

**Goalie:** Chris Liguori (Newtown/New Fairfield co-op)

## **Girls Ice Hockey**

### **First Team**

**Forward:** Julianna Picard (West Haven/SHA co-op/SHA), Giada Broccoli (Hamden co-op/Hamden), Faith Minickene (Daniel Hand co-op/Daniel Hand)

**Defense:** Aryanna Wilson (Daniel Hand co-op/Branford), Julianna Montano ((West Haven/SHA co-op/SHA), Kimberly Evans (Guilford co-op/Guilford)

**Goalie:** Marcia Colten (Hamden co-op/Wilbur Cross)

### **Second Team**

**Forward:** Samantha Drane (Amity Co-op/Amity), Anne Plunkett (West Haven/SHA co-op/SHA), Maybelle Caron (Amity co-op/Amity), Amanda Quinn (Masuk co-op/New Milford)

**Defense:** Trinity Sweeney (Hamden co-op/Hamden), Taylor Alfano (West Haven/SHA co-op/West Haven)

**Goalie:** Isabelle Desrosiers (West Haven/SHA co-op/SHA)

### **Boys Swimming**

**200 yard Medley Relay:** Fairfield Prep (Owen Tharrington, Lucas Swarowsky, Joseph Queenan, Brandon Bonilla), Xavier (Samuel Enes, Matthew Whitaker, Maxwell Enes, Patrick Mitchill)

**200 yard Freestyle:** Elliot Lee (Daniel Hand), Mark Platonov (Amity Regional), Maxwell Enes (Xavier)

**200 yard IM:** Owen Tharrington (Fairfield Prep), Jack Ferguson (HK co-op), Jerick Lagamao (Lyman Hall/Coginchaug co-op)

**50 yard Freestyle:** Samuel Enes (Xavier), Allen Liu (Amity Regional), Aiden Cohen (Greater New Haven co-op), Benjamin Frazer (Amity Regional)

**Diving:** Christian Butler (Greater New Haven co-op), Orion Heiser (Hamden), Ariana Mullin (Hamden)

**100 yard Butterfly:** Samuel Enes (Xavier), Timothy King (Fairfield Prep), Joseph Queenan (Fairfield Prep)

**100 yard Freestyle:** Elliot Lee (Daniel Hand), Benjamin Frazer (Amity Regional), Alexander Fang (Cheshire)

**500 yard Freestyle:** Michael Adams (Fairfield Prep), Mark Platonov (Amity Regional), Maxwell Enes (Xavier)

**200 yard Freestyle Relay:** Amity Regional (Allen Liu, Matthew Muravnik, Mark Platonov, Benjamin Frazer), Fairfield Prep (Timothy King, Chase Elliot, Brandon Bonilla, Joseph Queenan)

**100 yard Backstroke:** Jerick Lagamao (Lyman Hall/Coginchaug co-op), Gerold Gutierrez (Foran/Law co-op), Jonah Kehew (Daniel Hand)

**100 yard Breaststroke:** Jack Ferguson (HK Coop), Matthew Whitaker (Xavier), Silas Wang (Cheshire)

**400 yard Freestyle Relay:** Amity Regional (Adam Liu, Tyler Derosa, Mark Platonov, Benjamin Frazer), Xavier (Samuel Enes, Patrick Mitchill, Matthew Whitaker, Maxwell Enes)