



**2019-20**

**YEAR IN REVIEW**

# SOUTHERN CONNECTICUT CONFERENCE

## 2019-20 YEAR IN REVIEW



### 26TH YEAR

Established in 1994, the Southern Connecticut Conference completed its 26th year in 2019–20, albeit a short-circuited one due to the COVID-19 pandemic.

### SPECIAL THANKS TO OUR CORPORATE SPONSORS

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community. The SCC had several corporate sponsors for the 2019–20 academic year, including the Connecticut Orthopaedics, Holiday Hill/Holiday Hill Day Camp, Town Fair Tire, Sportsmen's of Litchfield, the Lions Club of New Haven, Pawson Group and The Next Street.

Thanks also to the various event sponsors during the year, SOUNDRunner (running sports sponsor), Walter Camp Football Foundation (football banquet) and Casey/O'Brien New Haven chapter of the National Football Foundation (football banquet) and Riddell (football banquet), along with Great Blue Research (scholar athlete recognition program).

Also many thanks to Steady Photography, the official photographer of the SCC.

### 2019–20 EXECUTIVE BOARD

PRESIDENT: Anna Mahon, Principal – Amity Regional HS  
 VICE-PRESIDENT: Max Berkowitz, Principal – Joseph A. Foran HS  
 SECRETARY: Craig Semple, Athletic Director – Daniel Hand HS  
 TREASURER: Steve Trifone, Athletic Director – Cheshire HS  
 ATHLETIC DIRECTOR CHAIRPERSON: John Niski, Athletic Director, Shelton HS  
 COMMISSIONER: Al Carbone  
 COMMISSIONER EMERITUS: Bill O'Brien



# 2019-20 YEAR-IN-REVIEW



## **COVID-19 PANDEMIC AFFECTS 2019-20**

On Tuesday, March 10, what was left of winter state tournaments were unfortunately cancelled by the CIAC, and the spring sports season was never started. Finally on May 5, Governor Ned Lamont announced Connecticut's schools would not reopen until the fall, and the CIAC Board of Control made the final decision to cancel the spring sports season -- the first time an entire sports season was not played.

## **CAPTAINS COUNCIL**

More than 800 sport captains attended the two SCC Captains Council events (fall and winter; spring was cancelled) held during the year at New Haven's Floyd Little Athletic Center.

The meetings brought together the captains of each sport before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship. In addition, guest speakers presented on topics of social media and leadership/communication skills.

## **STATE CHAMPIONSHIP CONFERENCE**

Despite having a short-circuited winter (no basketball, ice hockey or boys swimming state playoffs) and an entire spring season that was cancelled, the 2019-20 proved to be another successful year as SCC member-schools fared extremely well in league and statewide athletic competition.



All told, SCC teams captured 11 state championships (8 fall and 3 winter ) during the 2019-20 academic year. The eight state titles in the fall were tied for the the second-most in league history.

Ten additional teams (5 fall and 5 winter ) earned runner-up status in CIAC state competition during 2019-20.

## **MORE STATE CHAMPIONSHIP FACTS**

Seven different SCC schools won state titles in 2019–20; albeit just the fall and part of the winter season. Four schools won multiple state titles: Xavier (cross country, wrestling), Guilford (girls soccer and field hockey), Daniel Hand (boys soccer, cheerleading) and Cheshire (girls swimming - Class L and State Open).

Since the league's inception in 1994, SCC schools have won 476 state championships. In those 26 years, Hillhouse has won the most state championships (73) followed by Cheshire (64), Daniel Hand (52), Amity Regional (41) and Fairfield Prep (35).

## **CONNECTICUT HIGH SCHOOL FOOTBALL ALLIANCE**

Once again, the SCC excelled in the Connecticut High School Football Alliance games that were scheduled during the 2019 regular-season.

The Alliance expanded in 2019 with teams from the FCIAC and CCC being included with the SWC and ECC. SCC teams went 39-32 (.549) in the games, which were played in weeks 2,3, 6 and 7. All eight state playoff finalists, including SCC's Sheehan and Daniel Hand, played multiple Alliance games in 2019. In the last two seasons, SCC teams have recorded a 60-44 record (.577 winning percentage) in the Alliance.



## **SCC vs. SCC – FOR ALL THE MARBLES**

During 2019-20, there was one All-SCC state championship contest. On Nov. 23, top-ranked Guilford defeated its long-time SCC rival Daniel Hand, 3-2, in the Class M field hockey state championship game at Wethersfield High School.

Since 1994, there have been 36 All-SCC state championship game matchups in 12 different sports. It was also the second straight year two SCC teams meet in the Class M state field hockey final (Guilford defeated Sacred Heart Academy in 2018).



*Guilford won its second straight field hockey state title in 2019 (Photo courtesy of GameTimeCT.com)*

# FORTY-SIX HONORED AS SCC SCHOLAR LEADERS

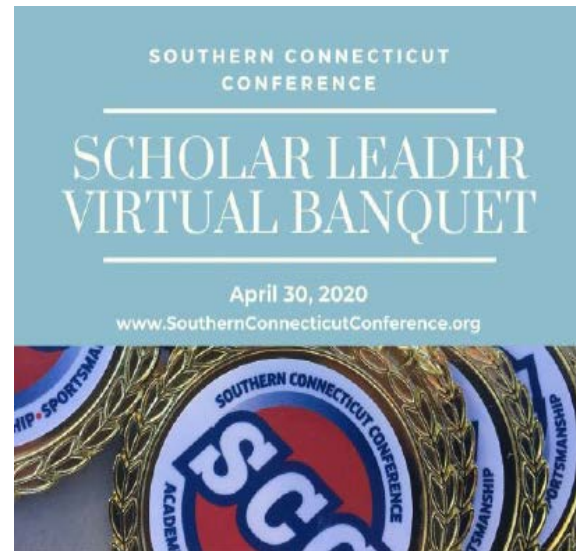


Due to the COVID-19 pandemic, the 26th Annual SCC Scholar Leader Banquet was postponed and held virtually on April 30 with a presentation available on the league's website – [www.SouthernConnecticutConference.org](http://www.SouthernConnecticutConference.org). Forty-six scholar leaders, as chosen by their respective school principals, were recognized for their outstanding scholarship and leadership in their respective school and external communities.

The 2019-20 recipients were a diverse, yet extremely talented group -- athletes, actors, political and social activists, artists, decision makers, musicians, singers, magicians, photographers, readers, scientists, and yoga masters. Some of the common themes that were exhibited included: scholarship, unselfishness, kindness, collaboration and leadership.

## 2019-20 SCHOLAR LEADERS

**AMITY REGIONAL** – Ameya Menta, Zachary Young  
**BRANFORD** – Rose Lockery, Jake Bodner  
**HILL REGIONAL CAREER** – Sofia Soriano, Arturo Munoz  
**CHESHIRE** – Ava Pulisciano, Peter Feng  
**DANIEL HAND** – William Porter, Ruby Redlich  
**EAST HAVEN** – Isabella Ragaini, Aditya Patel  
**FAIRFIELD PREP** – Luke Hopkins, Max McGillicuddy  
**JOSEPH A. FORAN** – Corina Massey, Lucas Burgard  
**GUILFORD** – Ella Stanley, Benjamin Crair  
**HAMDEN** – Mariam Khan, Sidharth Singla  
**JAMES HILLHOUSE** – Amia Lott, Jesse Campbell  
**JONATHAN LAW** – Madeline Papcun, Samantha Papcun  
**LAURALTON HALL** – Brynn Conrad, Caron Kim  
**LYMAN HALL** – Drew Benard, Lily Vining  
**MERCY** – Grace Higgins, Christina Beaulieu  
**NORTH HAVEN** – Jacqueline Moses, Joseph Baldino  
**NOTRE DAME** – Oliver Shannon, Aidan Walsh  
**SACRED HEART ACADEMY** – Adalyn Schommer, Sydney Walsh  
**MARK T. SHEEHAN** – Julian Nirmal, Natalie DiDomenico  
**SHELTON** – Owen Corbett, Leya Vohra  
**WEST HAVEN** – Caitlyn Walker, Shane Taulty  
**WILBUR CROSS** – Tovah Lu, Neri Barocci  
**XAVIER** – Mark Grasso, William St. Pierre



## Bill O'Brien Scholarship Winners

Two scholar leaders -- **Miriam Khan (Hamden)** and **Ella Stanley (Guilford)** - were the recipients of the Bill O'Brien Community Service scholarships.

*Bill O'Brien served as Commissioner of the SCC for 10 years (1994-2004) and remains active with the conference. A retired banking executive, Bill is well-known for his passionate and unselfish community service efforts throughout the greater New Haven area. Each year, two \$500 scholarships are awarded in Bill's honor. Recipients have a healthy balance of school and community activities that are value-added and embody the "spirit and passion" of Bill.*



### **Mariam Khan, Hamden HS (pictured left)**

Mariam founded the Global Youth Activists Club to "amplify youth voices, fight for marginalized communities, and use empathy to combat hate. Under her leadership, GYAC organized a mayoral debate for students, held a coat drive for local refugees, and handled gracefully, some messy issues the school faced. Mariam wrote in her essay, "Leadership is vulnerability – it's finding strength in your failures. Leadership is hope – it's continuing to fight in the face of adversity. Leadership is growth – it's becoming your most apologetic self." Miriam will attend Yale University in the fall.

### **Ella Stanley, Guilford HS (pictured right)**

A standout student-athlete (field hockey and fencing), Ella founded the "Big Sleep Out," a homelessness initiative that has raised more than \$16,000 to support the Columbus House and help nearly 500 people. Ella wrote in her essay, "Participants learned to see beyond their own perspectives and how them not as homeless people, but people who were homeless." Ella will attend Harvard University in the fall.

# SCC's BEST OF.... 2019-20

Town Fair Tire was the presenting sponsor of the SCC's "BEST OF... FOR 2019-20," an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 6,000 votes were cast.



## THE WINNER: GUILFORD GIRLS SOCCER

After winning its first SCC title since 2014, the Guilford girls soccer team proceeds to win five more matches, culminating with a 2-1 victory over East Lyme in the Class L state title game on Nov. 23.

## MORE TOP SCC MOMENTS FROM 2019-20...

**A Fall of Titles:** Guilford completed one of the most impressive seasons in league history, winning five league titles in the fall (girls cross country, field hockey, boys soccer, girls soccer, and girls volleyball). It was the most titles won by a school in one season in league history.

**House Party:** The Hillhouse boys indoor track team won its sixth straight state title, winning the Class L title in 2020. The Academics have now won nine state titles in the last 11 years.

**COVID-19 Wreaks Havoc:** Internationally pandemic halted Winter State Tournaments and the entire spring sports season was cancelled.

**Titans Rejoice:** Sheehan wins the Class S football title with a resounding 64-33 victory over previously unbeaten Bloomfield. The Titans (11-2) outscored the Warhawks, 36-6, in the second half to win their first state title since 1985.

**Green Dragons on Fire:** Hamden wins its second straight SCC girls basketball title. The seventh-seeded Green Dragons defeated #10 Hillhouse (42-36), #2 Sheehan (52-44), #6 Shelton (56-49) and #4 East Haven (40-36) to capture the title.

**Daniel Hand Boys Indoor Track:** Daniel Hand won its first-ever SCC boys indoor track title in 2020. The Tigers (83 points) won easily over runner-up Shelton (52).

**A Titan First Title** – Sheehan captured its first-ever SCC girls indoor track title in 2020. The Lady Titans (68 points) bested runner-up Hillhouse (62), ending the Lady Academics' three-year title run.

**The Law Won** – Jonathan Law captured the 2020 SCC gymnastics title, narrowly ahead (0.2 points) of runner-up Mercy. It was the closest margin in league championship meet history.

**Momma Mia, Here We Go Again:** Mercy senior Mia Lawrence won three of the four events on her way to the all-around title and earned the "Melanie Coleman" SCC Meet's Most Outstanding Gymnast award for the second straight year.

**Xavier Boys Swimming:** Led by the meet's Most Outstanding Performer Andrew Mitchell, Xavier won its first-ever SCC boys swimming title and ended Fairfield Prep's outstanding 15-year run as league champions.

**Guilford Girls Ice Hockey:** Guilford, which is the lone SCC stand-alone girls ice hockey team, won the 2020 girls ice hockey title with a 4-2 victory over top-seeded Amity/North Haven/Cheshire co-op.

**Branford Puck Repeats** – Culminating one of the most competitive Division II league tournaments, Branford defeated an outstanding North Haven contingent, 1-0, in the final. It was Branford's second straight league title.

**Fairfield Prep Goes to Shoot-out for Div 1 Title:** After playing a fast-paced 60 minutes of hockey, Fairfield Prep scored three times in the shootout and did not allow a Notre Dame tally, to win 3-2 in the SCC/SWC Division I title game before a jam-packed crowd at The Bennett Rink. It was the Jesuits' second SCC/SWC title in the last three years.



**Guilford Girls Soccer:** The Guilford girls soccer team, led by captains Madison Gambardella and Gabi Garcia-Perez, won the SCC and Class L state titles in 2019.

# SCC's BEST OF.... 2019-20 - CONTINUED



**Spiker Success:** Led the SCC Player of the Year Emma Appleman, the Guilford girls volleyball team captured its first SCC title since 1994 with an exciting five-set thriller against second-seeded Shelton (25-11, 15-25, 22-25, 25-21, 15-10).

**Governors Repeat:** Wilbur Cross wins its second straight SCC boys basketball title. The sixth-seeded Governors defeated #11 Amity Regional (58-45), #3 Shelton (56-53), #2 Hillhouse (63-53) and top-seeded Notre Dame (49-48) to win its seventh overall league title.

**X-Men Duo:** Xavier had two State Open wrestling champions: junior Mike Rapuano at 113 pounds and senior James Lunt at 145 pounds. Lunt finished sixth at the State Open last year, so this capped off a trifecta for him: SCC, Class L and State Open titles.

**Hat Trick for Sheehan:** Sheehan scored five first-period goals on its way to a 7-1 victory over New Milford in the SCC/SWC Division III boys ice hockey final. It was the Titans' third consecutive league title.

**X-MEN on the Mat** – The Xavier wrestling team won its fourth consecutive SCC wrestling title, and its sixth in the last seven years, before winning the Class L state title a week later.

**Shark Attack:** After recording four wins in previous two seasons combined, the Sacred Heart Academy girls basketball team records 17 regular-season victories and earns its first state tournament victory since 2017.

**X-MEN Run:** The Xavier boys cross country team won its fourth straight SCC title in 2019, and then captured the Class L state title a week later.

**Robbie Runs Fast:** Xavier senior Robbie Cozean had an incredible cross country season, winning both the SCC and Class L meets, while finishing second at the State Open and New England championship meets.

**Eastie Brotherly Love:** The three DiVito brothers all earned All-SCC wrestling recognition in 2019-20. Mathew (126 lbs.), Alec (132 lbs.) and Tanner (138 lbs.) as made it to the championship match in their respective weight classes. The DiVito brothers led the Yellowjackets to a runner-up finish – its best team result since 2000.

**Pool Hopping -- Cheshire Girls Swimming** – The Cheshire girls swimming team finished a dominating 2019 season, winning the SCC (for the 25th time in 26 years), Class L and State Open titles.

**North Haven Girls Swimming:** Led by SCC Swimmer of the Year Angela Gambardella, the North Haven girls swimming won the Class M state title in 2019.

**Daniel Hand Boys Soccer Gets 4:** After falling in the SCC final, the Daniel Hand boys soccer won its fourth straight Class L state title, defeating Wilton, 4-3, in double overtime. The Tigers reached the final by defeating league-rival Guilford, 2-1 (4-3 via penalty kicks), avenging their SCC finals loss to the Indians two weeks earlier.

**Palmer's Perfect:** Under the direction of long-time head coach Kitty Palmer, Guilford repeated as SCC and Class M state field hockey champions. The Indians finished the 2019 season with a perfect 23-0 season, culminating with a 3-2 win over league-rival Daniel Hand in the Class M final.

**Give a Cheer for Hand:** Daniel Hand won the Class L cheerleading state title in 2020, finishing just ahead of league-rival North Haven (177.70 to 176.40).



**Governors Repeat:** Wilbur Cross won its second straight SCC boys basketball title in 2020 (photo courtesy of GameTimeCT.com)



**Brotherly Love:** The DiVito brothers helped East Haven to a 2nd place finish at the SCC Wrestling Championships (SCC photo).

# CONNECTICUT ORTHOPAEDICS URGENT CARE/ SCC PLAYER AND COACH OF YEAR



During the 2019-20 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports.

Many thanks to league corporate sponsor Connecticut Orthopaedics and its Urgent Care affiliations for sponsoring the awards. The Player and Coach of the Year honorees were selected by the respective sport's head coaches

## FALL PLAYERS OF THE YEAR

- Boys Soccer** – Scott Testori, Daniel Hand
- Girls Soccer** – Audrey Marin, Amity Regional
- Girls Volleyball** – Emma Appleman, Guilford
- Field Hockey** – Tess Csejka, Amity Regional; Hannah Tillier, Guilford
- Boys Cross Country** – Robbie Cozean, Xavier
- Girls Cross Country** – Ella Bradford, Hamden
- Girls Swimming, Div. I** – Angela Gambardella, North Haven
- Girls Swimming, Div. II** – Emma Panaroni, Hamden
- Football, Tier 1** – Colin McCabe, Daniel Hand
- Football, Tier 2** – Terrence Bogan, Sheehan
- Football, Tier 3** – Charles Walcott, Guilford

## FALL COACHES OF THE YEAR

- Boys Soccer** – Brian Fitzgerald, Xavier
- Girls Soccer** – Kylee McIntosh, Cheshire
- Girls Volleyball** – Laura Anastasio, Guilford
- Field Hockey** – Kitty Palmer, Guilford
- Boys Cross Country** – Chris Stonier, Xavier
- Girls Cross Country** – Jim Ford, Guilford
- Girls Swimming, Div. I** – Martha Phelan, North Haven
- Girls Swimming, Div. II** – Nate Hill, Hamden
- Football, Tier 1** – Dave Mastroianni, Daniel Hand
- Football, Tier 2** – Tom Dyer, Hamden
- Football, Tier 3** – Scott Benoit, East Haven

## WINTER PLAYERS OF THE YEAR

- Cheerleading**: Trista Oddo (Shelton)
- Cheerleading Merit**: Jade Smith (Branford)
- Gymnastics**: Mia Lawrence (Mercy)
- Girls Basketball**: Sara Wohlgenuth (Daniel Hand)
- Boys Basketball**: Zach Laput (Notre Dame)
- Boys Ice Hockey – Div. 1**: Mason Whitney (Fairfield Prep)
- Boys Ice Hockey – Div. 2**: Nick Maringola (Cheshire)
- Boys Ice Hockey – Div. 3**: Devin Napoli (Sheehan), Daniel McKiernan (JBWA)
- Girls Ice Hockey** – Madison Epke (Guilford)
- Boys Swimming – Div. 1**: William Porter (Daniel Hand)
- Boys Swimming – Div. 2**: Aidan Henry (Greater New Haven co-op)
- Wrestling**: James Lunt (Xavier)
- Boys Indoor Track**: Caleb Owen (Wilbur Cross)
- Girls Indoor Track**: Nyia White (Wilbur Cross)

## WINTER COACHES OF THE YEAR

- Gymnastics**: Patrick Simon (Jonathan Law)
- Boys Basketball**: Brian Gardiner (Shelton)
- Girls Basketball**: Joe Cavallaro (Shelton)
- Girls Indoor Track**: Charles Farley (Sheehan)
- Boys Indoor Track**: Tim Geary (Daniel Hand)
- Boys Swimming – Div. 1**: Rick Hutchinson (Fairfield Prep)
- Boys Swimming – Div. 2**: Nate Hill (Hamden)
- Girls Ice Hockey**: John Peschell (Amity/Cheshire/NH co-op)
- Boys Ice Hockey – Div. 1**: Rich Minnix (Notre Dame-Fairfield)
- Boys Ice Hockey – Div. 2**: Chris Avena (North Haven)
- Boys Ice Hockey – Div. 3**: Dave Festa (Sheehan)
- Wrestling**: Jesse Hurlburt (Branford)



**Cheerleading Award Winners:** Trista Oddo (Shelton) and Jade Smith (Branford)



**Football Award Winners:** Terrence Bogan (Sheehan), Colin McCabe (Daniel Hand) and Charles Walcott (Guilford)



**Great Blue Research** is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., **Great Blue Research Inc.** is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school’s coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.

## FALL

**Amity Regional** – Laurella Marin (soccer), Zachary Young (soccer)  
**Branford** – Austin Bui (football), Celia Turbert (volleyball)  
**Career** – Christian Guaman (soccer), Hasfa Fazi Mohamed (soccer)  
**Cheshire** – Juliana Petronio (cross country), Jason Sinning (football)  
**Daniel Hand** – Colin McCabe (football), Summer Adams (volleyball)  
**East Haven** – Alex Divito (football), Samantha Schlottman (volleyball)  
**Fairfield Prep** – Sam Davenport (football), Ben Short (cross country)  
**Foran** – Emma Bell (swimming), Matthew Kiernan (cross country)  
**Guilford** – Ben Crair (cross country), Gabriela Garcia-Perez (soccer)  
**Hamden** – Ella Bradford (cross country), Mike Aceto (soccer)  
**Hillhouse** – Omar Henry (football), Corey Bellamy (volleyball)  
**Jonathan Law** – Tess Rosato (swimming), Jon Vitale (soccer)  
**Lauralton Hall** – Alexandra Elliott (volleyball), Charlotte Costikyan (soccer)  
**Lyman Hall** – Grace Chappell (field hockey), Jack Murphy (cross country)  
**Mercy** – Carissa Civitello (volleyball), Jacqueline Egidio (soccer)  
**North Haven** – Reagan Forbes (cross country), Pablo Moschovich (soccer)  
**Notre Dame** – Oliver Shannon (cross country), Christian Lombardo (soccer)  
**Sacred Heart Academy** – Paige Gambardella (field hockey)  
**Sheehan** – Marley Esch (soccer), Derrick Arnold (cross country)  
**Shelton** – Hailey Oko (soccer), David Niski (football)  
**West Haven** – Shane Taulty (swimming), Taylor Nowak (soccer)  
**Wilbur Cross** – Michael Deleon (football), Nile Lee (soccer)  
**Xavier** – Robbie Cozean (cross country), K.J. Grisham (football)

## WINTER

**Amity Regional** – Raymond Lu (swimming), Alexandra Plaza (indoor track)  
**Branford** – Kevin Baxter (basketball), Karly King (basketball)  
**Career** – Adira Ahmad-Rizal (indoor track), Damon Williams (basketball)  
**Cheshire** – Scott Hesseltine (ice hockey), Ariana Perlini (basketball)  
**Daniel Hand** – Beecher Porter (swimming), Gina Ciotti (cheerleading)  
**East Haven** – Isabella Ragaini (basketball), Mathew DiVito (wrestling)  
**Fairfield Prep** – Kai Imery (indoor track), Andrew Steitzel (ice hockey)  
**Foran** – Lucas Burgard (swimming), Leigha Howland (ice hockey)  
**Guilford** – John Petonito (basketball), Shayla Flynn (fencing)  
**Hamden** – Joe D’Adamo (ice hockey), Yari Santiago (basketball)  
**Jonathan Law** – Alex DeLorio (wrestling), Olivia Kowalski (basketball)  
**Hillhouse** – Keyshan Johnson (basketball), Evan Scott Alexander (basketball)  
**Lauralton Hall** – Clair Bolash (skiing), Shreya Simhadri (indoor track)  
**Lyman Hall** – Hailey Bruneau (basketball), Matt Pettit (ice hockey)  
**Mercy** – Kennedy Truscinski (cheerleading), Montana Andrea (ice hockey)  
**North Haven** – Jacqueline Moses (cheerleading), Laekhrum Singh (fencing)  
**Notre Dame** – Matt Consorte (basketball), Alex Barbour (wrestling)  
**Sacred Heart Academy** – Meaghan Cameron (indoor track), Alyssa Harduby (cheerleading)  
**Sheehan** – Caroline Dighello (basketball), Dylan Poet (indoor track)  
**Shelton** – Owen Corbett (indoor track), Leya Vohra (basketball)  
**West Haven** – Brendan Carew (swimming), Caitlyn Walker (lacrosse)  
**Wilbur Cross** – Caleb Owen (indoor track), Mary Ruiz (indoor track)  
**Xavier** – Marcus Williams (basketball), George Luke (indoor track)

## SPRING

**Amity Regional** – Rhea Dey (tennis), Ariel Gordon (outdoor track)  
**Branford** – Lily Moore-Markey (softball), Minsok Lee (golf)  
**Career** – Tyra Newton (softball), Julius Pugh (tennis)  
**Cheshire** – Tom Bonitz (boys volleyball), Ruth Del Vecchio (outdoor track & field)  
**Daniel Hand** – Jessica Murphy (softball), Ben Corniello (lacrosse)  
**East Haven** – Rebecca Flynn (softball), Ian Loehman (outdoor track & field)  
**Fairfield Prep** – John Godino (tennis), Joe Bednar (lacrosse)  
**Foran** – Marguerite Collette (softball), Gavin Paul (lacrosse)  
**Guilford** – Charlotte Wiley (rowing), Gianni Esposito (tennis)  
**Hamden** – Attilio LaVecchia (lacrosse), Reilly Sargolini (softball)  
**Hillhouse** – Tavis Eagles (baseball), Awa Modi (golf)  
**Jonathan Law** – Zach Merchant (baseball), Amelia Mower (tennis)  
**Lauralton Hall** – Claire Veith (tennis), Bridget Keary (softball)  
**Lyman Hall** – Brian Fernando (tennis), Jillian Barron (tennis)  
**Mercy** – Mia Carbone (lacrosse), Mary Sirois (outdoor track & field)  
**Notre Dame** – Maxwell Torrey (lacrosse), John Minichino (outdoor track & field)  
**North Haven** – Claire Looney (tennis), Evan O’Connell (outdoor track & field)  
**Sacred Heart Academy** – Annie Mackey (tennis), Ali Ciaburro (lacrosse).  
**Sheehan** – Julian Nirmal (golf), Nicole Dorsey (softball)  
**Shelton** – Michael Rodia (outdoor track), Arianna Malick (outdoor track & field)  
**West Haven** – Jessica Robinson (soccer), Sean Dupre (ice hockey)  
**Wilbur Cross** – Fernando Cruz Martinez (baseball), Molly Drew (tennis)  
**Xavier** – JJ Ford (lacrosse), Niko Kulpik (baseball)



# CONNECTICUT ORTHOPAEDICS AWARDS

## “COMEBACK PLAYERS OF THE YEAR”



Three student athletes – Mia Lawrence (Mercy), Edwin James Figueroa (Hamden) and Kyle Maruca (North Haven) – are the recipients of the 2020 SCC “Comeback Player of the Year” awards. All three students suffered severe injuries, yet were able to overcome them to become outstanding role models in their respective schools.

A corporate sponsor of the Southern Connecticut Conference (SCC), Connecticut Orthopaedics has offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2019-2020 academic year and showed great leadership both on and off the field after their severe injury.

Coaches and school’s athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. All three will receive a financial scholarship to be used for their college education.

“This is our 10th year in awarding student-athletes from the SCC with scholarships,” explained Glenn Elia, Chief Executive Officer of Connecticut Orthopaedics.

“Our goal has been to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, have become positive role models for their fellow teammates. Because we are sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level.”



**Call it a Comeback (L-R):** Glenn Elia, CEO of Connecticut Orthopaedics, Kyle Maruca, Mia Lawrence, Edwin Figueroa and SCC Commissioner Al Carbone

### **2019-20 SCC/Connecticut Orthopaedics Comeback Players of the Year**

#### **EDWIN JAMES FIGUEROA (football/track & field)**

During his junior football season, Edwin suffered his injury (fractured tibia and torn ligaments in ankle) which led him to surgery. Edwin was diligent in his rehabilitation and showed leadership by continuing to encourage his teammates through the off-season. He returned to the field last fall and helped lead the Green Dragons to a 6-4 record, their best in nearly 15 years. Edwin will attend Western Connecticut State University in the fall with plans to play football for the Colonials and is interested in its nursing program.

#### **MIA LAWRENCE, Mercy HS (gymnastics)**

One of the top gymnasts in the history of the Southern Connecticut Conference, Mia won the All-Around title at the SCC championship meet in early February 2019. A week later, she sustained a broken ankle, ending her junior season. Through her hard work and dedication, she returned to the mat and once again, won the SCC All-Around title at the 2020 championship meet and was named the league’s Gymnast of the Year and earned New Haven Register All-Area MVP honors. Mia will attend Quinnipiac University in the fall with plans to major in occupational therapy.

#### **KYLE MARUCA, North Haven HS (football/track & field)**

A two-way football standout for the Indians, Kyle injured his shoulder in the first game of the season in 2018. He played with the injury the rest of the season before requiring surgery to repair a torn labrum. Prior to surgery in April, Kyle was still able to participate in indoor and outdoor track, throwing the shot put and actually won the SCC indoor title in 2019. Following his rehabilitation, he was cleared to return to football practice without contact and had to miss the first three weeks of football season. Upon his return to the field as a tight end/defensive lineman, he was a big reason why the Indians went 5-1 with him in the lineup. Kyle will attend Merrimack University in the fall and will participate in track & field for the Warriors.



# 2019-20 SCC POSTSEASON CHAMPIONS



## FALL

SPORT	CHAMPION	RUNNER-UP	RESULT
Boys Cross Country	Xavier	Guilford	Xavier (42), Guilford (96), Amity Regional (124)
Girls Cross Country	Guilford	Amity Regional	Guilford (44), Amity Regional (61), Cheshire (134)
Field Hockey	Guilford	Amity Regional	1-0
Boys Soccer	Guilford	Daniel Hand	1-0
Girls Soccer	Guilford	Shelton	2-1
Girls Volleyball	Guilford	Shelton	3-2 (25-11, 15-25, 22-25, 25-21, 15-10)
Girls Swimming	Cheshire	Amity Regional	Cheshire (1225), Amity Regional (956), North Haven (803)

## WINTER

SPORT	CHAMPION	RUNNER-UP	RESULT
Boys Indoor Track	Daniel Hand	Shelton	Daniel Hand (83), Shelton (52), Wilbur Cross (50)
Girls Indoor Track	Sheehan	Hillhouse	Sheehan (68), Hillhouse (62), Wilbur Cross (54)
Boys Basketball	Wilbur Cross	Notre Dame	49-48
Girls Basketball	Hamden	East Haven	40-36
Wrestling	Xavier	East Haven	Xavier (210.5), East Haven (146.5), Branford (140)
Gymnastics	Jonathan Law	Mercy	Jonathan Law (126.6), Mercy (126.4), Daniel Hand (123.15)
Div. I Boys Ice Hockey	Fairfield Prep	Notre Dame-WH	2-2 (Fairfield Prep wins via shootout, 3-0)
Div. II Boys Ice Hockey	Branford	North Haven	1-0
Div. III Boys Ice Hockey	Sheehan	New Milford	7-1
Girls Ice Hockey	Guilford	Amity/NH/Cheshire	4-2
Boys Swimming	Xavier	Cheshire	Xavier (994), Cheshire (918), Fairfield Prep (882)
Cheerleading	Branford	Shelton	Shelton (87.8), North Haven (86.6), Daniel Hand (82.2)

## SPRING (CANCELLED DUE TO COVID-19 PANDEMIC)

### SCC POSTSEASON FACTS

#### 19 Playoff Champions Crowned:

In 2019-20, nineteen SCC champions (10 girls, 9 boys) were crowned in 17 different sports. The spring season was not played due to the COVID-19 pandemic, which forced all schools in the state to close.

#### 10 Schools Earned a Championship Plaque:

In 2019-20, 10 different member schools won or shared a SCC playoff title.

#### Runner-ups:

Ten different schools earned runner-up finishes in league playoff competition. Shelton and Amity Regional each had four runner-up finishes in 2019-20.

#### Six is Special:

Guilford won a league-best six SCC titles in 2019-20, including a league-record five titles during the fall season.

#### Girls Champion:

Guilford won the most girls playoff titles (5), winning field hockey, soccer, volleyball, cross country and ice hockey.

#### Boys Champion:

Xavier won the most boys playoff titles (3), winning cross country, swimming and wrestling.



# 2019-20 SCC STATE CHAMPIONSHIPS



## STATE CHAMPIONS (11)

### WINTER (3)

Hillhouse, Class L Boys Indoor Track

Xavier, Class L Wrestling

Daniel Hand, Class L cheerleading

### FALL (8)

Xavier, Class L Boys Cross Country

Guilford, Class M Field Hockey - defeated Danei Hand, 3-2

Daniel Hand, Class L Boys Soccer - defeated Wilton, 4-3 (2 OT)

Guilford, Class L Girls Soccer - defeated East Lyme, 2-1

North Haven, Class M Girls Swimming

Cheshire, Class LL and State Open Girls Swimming

Sheehan, Class S Football – defeated Bloomfield, 64-33

## STATE RUNNER-UPS (10)

### WINTER (5)

Wilbur Cross, State Open Boys Indoor Track

Hillhouse, Class M Girls Indoor Track

Foran, Class M Wrestling

Shelton, Class LL cheerleading

North Haven, Class L cheerleading

### FALL (5)

Lauralton Hall girls swimming (Class S)

Daniel Hand girls swimming (Class M)

Guilford girls volleyball (Class L) - lost to Avon, 3-0 (16-25, 19-25, 16-25)

Daniel Hand field hockey (Class M) - lost to Guilford, 3-2

Daniel Hand football (Class L) - lost to St. Joseph, 17-13

# 476

SCC member school teams have won **476 state championships** since 1994-95 (151 fall, 179 in winter, and 146 in the spring).

Following the conclusion of the 2019-2020 winter season, here are the SCC schools with the most state titles since the league was formed in 1994-1995:

1. Hillhouse (73)
2. Cheshire (64)
3. Daniel Hand (52)
4. Amity Regional (41)
5. Fairfield Prep (35)
5. Xavier (35)
7. Guilford (33)
8. Branford (25)
9. Notre Dame (17)
10. Wilbur Cross (15)



### FOUR IN A ROW!

The Daniel Hand boys soccer team won its fourth consecutive state title in 2019 (photo courtesy of Daniel Hand athletics).



### HOUSE PARTY:

The Hillhouse boys indoor track team captured the Class L state title --- the team's sixth straight state title (photo courtesy of New Haven athletics).

# 2019-20 SPORT-BY-SPORT RECAP



## Fall Football



Sheehan won the Class S football title in 2019 (SCC photo)

### State Champions:

Sheehan (Class S) – defeated Bloomfield, 64-33

### State Runner-ups:

Daniel Hand (Class L) – lost to St. Joseph, 17-13

### State Semifinal Results:

Class L Semifinals - Daniel Hand 42, Maloney 0

Class S Semifinals - Sheehan 30, at Ansonia 22

### State Quarterfinal Results:

Class LL Quarterfinals - at Simsbury 17, Cheshire 14

Class L Quarterfinals - at Daniel Hand 52, Newington 0

Class S Quarterfinals - at Sheehan 51, Woodland 0

### Tier Leaders

**Tier 1:** Daniel Hand (4-0), Shelton (4-1), Fairfield Prep (3-2)

**Tier 2:** Cheshire (4-0), Sheehan (3-1), Hamden (3-1)

**Tier 3:** East Haven (4-1), Branford (4-1), Lyman Hall (3-2)

### All-Conference

#### **Tier 1 – Offense**

OL: Kyle Corby (Shelton), Luke Maruca (North Haven), Devin Coleman (West Haven), Tom Bambrick (Daniel Hand), Isiah Deloatch (Shelton), Nico Garea (Notre Dame)

TE: Ethan Haberman (Daniel Hand)

WR: KJ Grisham (Xavier), Max McGillicuddy (Fairfield Prep)

RB: Tyler Pjatak (Shelton), Colin McCabe (Daniel Hand)

QB: Phoenix Billings (Daniel Hand), Jackson Zalinsky (Notre Dame)

PK: Isaiah McNeilly (Daniel Hand)

#### **Tier 1 – Defense**

DL: Ben Corniello (Daniel Hand), Michael Lockavitch (Shelton), Kyle Vaccarella (Fairfield Prep), Phillip Sissick (Shelton)

LB: Albert Hooks (North Haven), Nick Morris (Fairfield Prep), Marcellus Ruiz (Xavier), Shane Reiner (Daniel Hand), Malaki Wright (West Haven)

DB: Tommy Candelora (Notre Dame), Jordan Berrios (West Haven), Joe DeJesus (Fairfield Prep)

#### **Tier 2 – Offense**

OL: Omar Henry (Hillhouse), Troy Rainey (Harding), Will Bergin (Cheshire), Sean Cangiano (Cheshire), Mickey Deming (Sheehan)

WR: Chris Pigatt (Hamden), Jordan Davis (Sheehan)

RB: Terrence Bogan (Sheehan), Jake MaAliden (Cheshire),

Davonte Mitchell (Hamden)

QB: Demelle Turner (Hillhouse), Nazjhir Curry (Harding)

#### **Tier 2 – Defense**

DL: Chiholm Okoro (Cheshire), Joe DiGello (Amity Regional), Braedon McCarthy (Sheehan), Nico Semenella (Amity Regional), Kenard Fuller (Hillhouse)

LB: Chino Grant (Wilbur Cross), Tymell Haynes (Hamden), TJ DiPasquale (Sheehan), Sam Sachs (Amity Regional)

DB: Edwin Figueroa (Hamden), Marcell Robinson (Harding), Colby Griffin (Cheshire)

P: Darius Mills (Hamden)

#### **Tier 3 – Offense**

OL: Jake Bradley (Guilford), Ian MacDonald (Branford), Mark Franco (Lyman Hall), Max Queiroz (Foran), Rayshon Jacobs (Jonathan Law)

TE: Aidan Chiaia (Guilford)

WR: Shakespeare Rodriguez (Lyman Hall), Will Phelan (Foran)

RB: Charles Walcott (Guilford)

QB: Sean Kelly (Branford), SP Pragano (Lyman Hall), Andrew Janik (Foran)

#### **Tier 3 – Defense**

DL: Calvin Nelson (East Haven), Justin Osler (Branford), Anthony DiFederico (Jonathan Law)

LB: Luke O'Reardon (Lyman Hall), Jake Marquardt (East Haven), Giacomo Izzo (East Haven), Gage Dias (Foran)

DB: Mike Caruso (East Haven), Kamryn Holmes (Branford), Jimmy Krupp (Guilford), Mike Castellano (East Haven)

#### **SCC/CO Urgent Care Player/Coaches of Year**

Tier 1 Player of Year: Colin McCabe (Daniel Hand)

Tier 1 Coach of Year: David Mastroianni (Daniel Hand)

Tier 2 Player of Year: Terrence Bogan (Sheehan)

Tier 2 Coach of Year: Tom Dyer (Hamden)

Tier 3 Player of Year: Charles Walcott (Guilford)

Tier 3 Coach of Year: Scott Benoit (East Haven)

# 2019-20 SPORT-BY-SPORT RECAP



## Boys Cross Country

**State Champions:** Xavier (Class L)

**State Runner-ups:** none

**Top State Finishes:**

Guilford (3rd in Class MM)  
Sheehan (4th in Class M)  
Cheshire (4th in Class L)  
Xavier (6th in State Open)

**soundRUNNER®**

**Division Champions:**

Hammonasset: Guilford (4-0)  
Housatonic: Amity Regional (4-0)  
Oronoque: North Haven (4-0)  
Quinnipiac: Xavier (4-0)

**SCC Championship Meet - Oct. 17 @East Shore Park – New Haven, presented by SoundRUNNER**

1. Xavier, 42; 2. Guilford, 96; 3. Amity Regional, 124; 4. Cheshire, 127; 5. Daniel Hand, 132; 6. Shelton, 156; 7. Notre Dame, 171; 8. Sheehan, 184; 9. Hamden, 259; 10. North Haven, 285; 11. Branford, 315; 12. West Haven, 318; 13. Jonathan Law, 350; 14. Wilbur Cross, 362; 15. Fairfield Prep, 423; 16. Lyman Hall, 439; 17. Foran, 507

**Boys Winner:** Robbie Cozean (Xavier), 16:03

**All-Conference First Team**

Robbie Cozean (Xavier), Brendan Mellitt (Cheshire), Mason Beaudette (Amity Regional), John Dill (Amity Regional), Benjamin Crair (Guilford), Ryan Farrell (Cheshire), Eamon Burke (Xavier), Dante Zucconi (Daniel Hand), George Luke (Xavier), Jacob Daxner (Shelton), Brody Santagata (Xavier), Griffin Hughes (Guilford)

**All-Conference Second Team**

Ohm Patel (Notre Dame), Nick Cassarino (Xavier), Michael Barbarino (Sheehan), Noah San Vicente (Xavier), Sebastian Villanueva (West Haven), Jacob Carson (Notre Dame), Connor Parthasarthy (Daniel Hand), Matthew Christiano (Shelton), Derrick Arnold (Sheehan), Besufekad Opstrup (Daniel Hand), Sam Simko (Xavier), McKendry Eschinger (Guilford)

**SCC/CO Urgent Care Runner/Coach of Year**

Runner of the Year: Robbie Cozean (Xavier)  
Coach of the Year: Chris Stonier (Xavier)

## Girls Cross Country

**State Champions:** None

**State Runner-ups:** None



*Xavier won the SCC boys cross country title for the fourth straight year.*

**Top State Finishes:**

Guilford (4th, Class MM)

**soundRUNNER®**

**Division Champions:**

Hammonasset: Guilford (4-0)  
Housatonic: Amity Regional (4-0)  
Oronoque: Wilbur Cross (4-0)  
Quinnipiac: Sacred Heart Academy (4-0)

**SCC Championship Meet - Oct. 17 @East Shore Park – New Haven, presented by SoundRUNNER**

1. Guilford, 44; 2. Amity Regional, 61; 3. Cheshire, 134; 4. Daniel Hand, 172; 5. Jonathan Law, 177; 6. Wilbur Cross, 199; 7. Mercy, 211; 8. Sacred Heart Academy, 215; 9. Sheehan, 225; 10. Hamden, 255; 11. Shelton, 267; 12. Foran, 279; 13. Branford, 282; 14. Lauralton Hall, 325; 15. North Haven, 380; 16. East Haven, 476; 17. West Haven, 518

**Girls Winner:** Ella Bradford (Hamden), 20:00

**All-Conference First Team**

Ella Bradford (Hamden), Elisabeth Brown (Sheehan), Clara Wiesler (Guilford), Ariana Garay (Amity Regional), Aviva Wyrer (Amity Regional), Katie Konareski (Jonathan Law), Adriana Franzese (Shelton), Olivia Skapczynski (Guilford), Emma Bonz (Guilford), Katrina Muhs (Guilford), Olivia Ferraro (Cheshire), Meghan Georgescu (Cheshire)

**All-Conference Second Team**

Emily Birney (Sacred Heart Academy), Julia Antony (Guilford), Margo Pederson (Wilbur Cross), Rose Wegman (Amity Regional), Nell Grant (Amity Regional), Morgan Combs (Daniel Hand), Jenna Ricciardi (Amity Regional), Clara Laughlin (Guilford), Joane Wilmer (Mercy), Stephanie Meza Sanchez (Wilbur Cross), Kalliopi Maniatis (Amity Regional), Arianna Amodio (Sheehan)

# 2019-20 SPORT-BY-SPORT RECAP



Guilford won the SCC girls cross country title for a league-record 16th time in 2019.



Guilford won the SCC boys soccer title in 2019.

## **SCC/CO Urgent Care Runner/Coach of Year**

Runner of the Year: Ella Bradford (Hamden)

Coach of the Year: Jim Ford (Guilford)

## **Boys Soccer**

### **State Champions:**

Daniel Hand (Class L), defeated Wilton, 4-3 (2 OT)

**State Runner-ups:** none

### **State Semifinals:**

Daniel Hand defeated Guilford, 2-1 (4-3 via PK)

### **Division Champions**

Hammonasset: Guilford (6-0-2)

Housatonic: Daniel Hand (6-0-2)

Oronoque: Xavier (7-0-1)

Quinnipiac: Amity Regional (3-0-3)

### **All-Conference First Team**

Ali Boba (Amity Regional), Ralf Ciarleglio (Branford), Andrew Wirtz (Branford), Jack Loura (Cheshire), Denys Fuentes (Cheshire) Chris Porte (Daniel Hand), Scott Testori (Daniel Hand), Jason Wallack (Daniel Hand), Conner Moore (Fairfield Prep), Ben Carlson (Foran), Luca Marinelli (Foran), Aidan Buchanan (Guilford), John Kosh (Guilford), Orantay Blake (Hamden), Declan Turbett (Lyman Hall), Thomas Ellis (Notre Dame), Tyler Jasinski (Sheehan), Jack Neary (Shelton), Mark Gergely (Shelton), Aldo Barragan (West Haven), Roger Baldwin (Wilbur Cross), Kevin Sian (Wilbur Cross), Brendan Montano (Xavier), Jason Salley (Xavier)

### **All-Conference Second Team**

Zach Young (Amity Regional), Tahj Sutherland (Branford), Marc Congacha (Career), Sam Koroma (Career), Thomas Bonitz

(Cheshire), Matt Pisani (Cheshire), Alejandro Sanchez (East Haven), Joey Devellis (Fairfield Prep), Andrew Chiota (Fairfield Prep), Gavin Neumeyer (Fairfield Prep), Niall O'Brien (Guilford), Jon Vitale (Jonathan Law), Riley Stone (Lyman Hall), Luca Sensini (Lyman Hall) Eduardo Cienfuegos (North Haven), Kasey Mongillo (North Haven), Christian Lombardo (Notre Dame), Matt Maquis (Sheehan), Vincent Mallozzi (Shelton), Nicholas Turco (Shelton), Alex Sotomayor (Xavier), Fabian Morales (Xavier), Steven Pepler (Xavier)

### **SCC Playoffs**

#### **Quarterfinals – Oct. 26@Higher Seeds**

#1 Daniel Hand 4, #8 Amity Regional 2

#2 Guilford 2, #7 Wilbur Cross 1 (OT)

#3 Xavier 1, #6 Cheshire 1 (Xavier advances via penalty kicks, 3-1) (Nov. 1)

#4 Shelton 1, #5 Hamden 0

#### **Semifinals – Nov. 4 @Higher Seeds**

#2 Guilford 1, #3 Xavier 1 (Guilford advances via penalty kicks, 4-2)

#1 Daniel Hand 1, #4 Shelton 0 (OT)

#### **Championship – Nov. 6 @West Haven HS**

Guilford 1, Daniel Hand 0

**Tournament Most Outstanding Player:** Anthony Ippolito, midfielder, Guilford

### **SCC/CO Urgent Care Player/Coach of Year**

Player of the Year: Scott Testori (Daniel Hand)

Coach of the Year: Brian Fitzgerald (Xavier)

## **Girls Soccer**

### **State Champions:**

Guilford (Class L), defeated East Lyme, 2-1

**Runner-Ups:** none

# 2019-20 SPORT-BY-SPORT RECAP



Guilford won the 2019 SCC girls soccer title.



Guilford won its second straight SCC field hockey title in 2019.

## **State Semifinals:**

Guilford (Class L), defeated Suffield, 2-1 (3-1, PK)

Sheehan (Class L), lost to East Lyme, 1-0

## **Division Champions**

Hammonasset: Shelton (6-1-1)

Housatonic: Cheshire (7-0-1)

Oronoque: Amity Regional (7-0-1)

Quinnipiac: Mercy (4-0-2)

## **All-Conference First Team**

Audrey Marin (Amity Regional), Jenna Ciola (Amity Regional), Alayna Boileau (Branford), Gabby Tirado (Cheshire), Seymore Rosenberg (Cheshire), Kayla Howard (Daniel Hand), Isabella Pilato (East Haven), Colleen Ardolino (Foran), Lily Riccio (Guilford), Madison Gambardella (Guilford), Tiatiana Jones (Hamden), Ciana Lopes (Jonathan Law), Gia Edwards (Jonathan Law), Sara Bartoli (Lauralton Hall), Jordan Smith (Lyman Hall), Kaitlyn Bogucki (Mercy), Lindsay Stevenson (Mercy), Erika Holle (North Haven), Jada Ijeh (Sacred Heart Academy), Olivia Dubec (Sheehan), Haley Oko (Shelton), Leya Vohra (Shelton), Mackenzie Gardner (West Haven), Katherine Van Tassel (Wilbur Cross)

## **All-Conference Second Team**

Ava Ferrie (Branford), Rose Lockery (Branford), Alejandra Castellanos (Career/Hillhouse), Ellie Pergoletti (Cheshire), Brooke Salutari (Daniel Hand), Chloe Thompson (Daniel Hand), Angelina Munoz (East Haven), Emily Pycela (East Haven), Emily Wheaton (Foran), Taylor Gambardella (Guilford), Sonia Ferri (Hamden), Evelina Rini (Lauralton Hall), Julia Sciallo (Lauralton Hall), Mary Sirois (Mercy), Katie Ryan (North Haven), Megan Russo (North Haven), Ella Guth (Sacred Heart Academy), Marley Esch (Sheehan), Lexi Carim (Sheehan), Arianna Malick (Shelton), Tamalyn Williams (West Haven), Charlotte Buterbaugh (Wilbur Cross), Nile Lee (Wilbur Cross)

## **SCC Playoffs**

### **Quarterfinals – Nov. 2@Higher Seeds**

#1 Cheshire 1, #8 Daniel Hand 0

#2 Mercy 3, #7 Amity Regional 2 (Nov. 1)

#3 Guilford 1, #6 Foran 0

#4 Shelton 1, #5 Sheehan 0

### **Semifinals – Nov. 4 @Higher Seeds**

#3 Guilford 1, #2 Mercy 0

#4 Shelton 2, #1 Cheshire 0

### **Championship – Nov. 6 @West Haven HS**

Guilford 2, Shelton 1

### **Tournament Most Outstanding Player:** Madison

Gambardella, defense, Guilford

### **SCC/CO Urgent Care Player/Coach of Year**

Player of the Year: Audrey Marin (Amity Regional)

Coach of the Year: Kylee McIntosh (Cheshire)

## **Field Hockey**

### **State Champions:**

Guilford (Class M), defeated Daniel Hand, 3-2

### **State Runner-ups:**

Daniel Hand (Class M), lost to Guilford, 3-2

### **State Semifinals:**

Guilford (Class M), defeated Branford, 6-1

Daniel Hand (Class M), defeated Bethel, 1-0

Branford (Class M), lost to Guilford, 6-1

### **Regular-season Champions:**

Guilford (12-0)

# 2019-20 SPORT-BY-SPORT RECAP



## **All-Conference First Team**

Tess Csejka (Amity Regional), Brianna Shaw (Branford), Molly Zaffino (Branford), Kylie Jackson (Cheshire), Olivia Salamone (Cheshire), Jacqui Sandor (Daniel Hand), Maeve Connors (Daniel Hand), Ella Stanley (Guilford), Maddie Epke (Guilford), Hannah Tillier (Guilford), Riley Sargolini (Hamden), Julia Proto (Lauralton Hall), Mia Carbone (Mercy), Jianna Cohrs (Sacred Heart Academy)

## **All-Conference Second Team**

Peyton Rahn (Amity Regional), Ana Carney (Amity Regional), Morgan Rahn (Amity Regional), Carly King (Branford), Maggie Martin (Branford), Sophia Vagts (Cheshire), Megan Daly (Cheshire), Tessie Sheehan (Daniel Hand), Grace Hartmann (Daniel Hand), Eve Young (Guilford), Catherine Larrow (Guilford), Demeri Carangelo (Hamden), Kaitlyn Nolan (Lyman Hall), Mia Celentano (Sacred Heart Academy)

## **SCC Playoffs**

### **Quarterfinals – Nov. 2 @Higher Seeds**

- #1 Guilford 7, #8 Hamden 1
- #2 Amity Regional 2, #7 Sacred Heart Academy 0 (Nov. 3)
- #3 Branford 3, #6 Mercy 0
- #4 Daniel Hand 2, #5 Cheshire 2 (Daniel Hand advances via strokes, 6-4) (Nov. 1)

### **Semifinals – Nov. 5 @Higher Seeds**

- Guilford 2, Daniel Hand 1
- Amity Regional 3, Branford 1

### **Championship – Nov. 7 @Guilford HS**

- Guilford 1, Amity Regional 0

**Tournament Most Outstanding Player:** Maddie Epke, midfielder, Guilford

## **SCC/CO Urgent Care Player/Coach of Year**

Player of the Year: Mikayla Crowley (Cheshire)  
Coach of the Year: Sara Hale (Amity Regional)

# **Girls Volleyball**

**State Champions:** none

## **State Finalists:**

Guilford (Class L), lost to Avon, 3-0 (16-25, 19-25, 16-25)

## **State Semifinals:**

Guilford (Class L), defeated Woodstock Academy, 3-2 (25-23, 21-25, 14-25, 25-20, 15-11)

## **Division Champions**

Hammonasset: Cheshire (8-0)  
Housatonic: Guilford/Shelton (7-1)  
Oronoque: Amity Regional/Jonathan Law (7-1)



*Guilford won the 2019 SCC girls volleyball title.*

Quinnipiac: East Haven (8-0)

## **All-Conference First Team:**

Reem Abdel-Hack (Shelton), Lindsey Abramson (Cheshire), Emma Appleman (Guilford), Lauren Campos (Amity Regional), Zoe DiZenzo (Amity Regional), Jessica Foss (Shelton), Naliah Granell (Hamden), Alexis Neider (Jonathan Law), Ariana Perlini (Cheshire), Isabella Ragaini (East Haven), Juliet Young (Guilford), Emma Watkinson (Cheshire)

## **All-Conference Second Team:**

Emily Brouder (Guilford), Carissa Civitello (Mercy), Sara DeMarco (Shelton), Halie Ebert (Amity Regional), Alex Ferriouolo (North Haven), Eliza Goldberg (East Haven), Mackenzie Grady (Lyman Hall), Jessica Jayakar (Shelton), Jillian Manning (Sacred Heart Academy), Katie McNellis (Jonathan Law), Allie Nelson (Daniel Hand), Bria Stanley (West Haven)

## **SCC Playoffs**

### **First Round – Nov. 2 @Higher Seeds**

- #3 Cheshire 3, #14 Hamden 0 (25-19, 25-9, 25-23)
- #4 Jonathan Law 3, #13 North Haven 2 (23-25, 26-24, 22-25, 25-10, 15-6)
- #5 Daniel Hand 3, #12 Sheehan 1 (25-19, 20-25, 25-23, 25-12) (Nov. 1)
- #6 Amity Regional 3, #11 Career 0 (25-12, 25-15, 25-19)
- #7 Sacred Heart Academy 3, #10 Mercy 2 (25-21, 23-25, 25-23, 18-25, 15-8)
- #8 East Haven 3, #9 West Haven 0 (25-11, 25-19, 25-21) (Nov. 1)

### **Quarterfinals – Nov. 5 @Higher Seeds**

- #1 Guilford 3, #8 East Haven 0 (25-14, 25-6, 25-17)
- #4 Jonathan Law 3, #5 Daniel Hand 0 (25-11, 25-12, 25-7)
- #2 Shelton 3, #7 Sacred Heart Academy 0 (25-8, 25-13, 26-24)
- #3 Cheshire 3, #6 Amity Regional 1 (25-18, 25-18, 22-25, 25-18)

### **Semifinals – Nov. 7 @Higher Seeds**

Guilford 3, Jonathan Law 1 (25-8, 25-14, 12-25, 25-14)  
Shelton 3, Cheshire 2 (25-19, 20-25, 23-25, 25-22, 15-13)

### **Championship – Nov. 9 @East Haven HS**

Guilford 3, Shelton 2 (25-11, 15-25, 22-25, 25-21, 15-10)



# 2019-20 SPORT-BY-SPORT RECAP



Cheshire won its 25th SCC girls swimming title in 26 years.

## All-Conference (top 3 individuals; top 2 relay teams)

### **200 yard Medley Relay**

North Haven (Brooke Nebor, Angela Gambardella, Mikayla Rapuano, Madeline Bergin)  
Cheshire (Jillian Stevens, Tori Newton, Julianna Tyler, Sarah Chen)

**200 yard Freestyle:** Sophie Murphy (Cheshire), Julia Stevens (Cheshire), Norah Rome (East Haven/Cross)

**200 yard IM:** Angela Gambardella (North Haven), Caroline Krawec (Lyman Hall), Nora Bergstrom (Cheshire)

**50 yard Freestyle:** Madeline Bergin (North Haven), Jordan Macdonald (Foran), Katherine O'Connor (Amity Regional)

**Diving:** Ava Santacroce (North Haven), Alyssa Cervero (Lyman Hall), Elizabeth Buckley (Amity Regional)

**100 yard Butterfly:** Jordan Macdonald (Foran), Kayla Mendonca (Daniel Hand), Julia Stevens (Cheshire)

**100 yard Freestyle:** Madeline Bergin (North Haven), Elise Richardson (Lyman Hall), Emma Panaroni (Hamden)

**500 yard Freestyle:** Norah Rome (East Haven/Cross), Abigail Chemacki (Daniel Hand), Jillian Stevens (Cheshire)

### **200 Yard Freestyle Relay:**

Cheshire (Lavana Gulati, Avery Potrala, Sarah Chen, Sophie Murphy)  
North Haven (Angela Gambardella, Riley Jooss, Taya Laborde, Madeline Bergin)

**100 yard Backstroke:** Kayla Mendonca (Daniel Hand), Vivian Freitas (Lauralton Hall), Emma Panaroni (Hamden)

**100 yard Breaststroke:** Angela Gambardella (North Haven), Emma Glover (Cheshire), Eva Cuevas (Sacred Heart Academy)

### **400 yard Freestyle Relay:**

Cheshire (Avery Potryala, Nora Bergstrom, Julia Stevens, Sophie Murphy)  
Daniel Hand (Ruby Redlich, Erin Reilly, Ava Keane, Kayla Mendonca)

## SCC/CO Urgent Care Swimmer/Coach of Year

Div. 1 Swimmer of the Year: Angela Gambardella (North Haven)

Div. 1 Coach of the Year: Martha Phelan (North Haven)

Div. 2 Swimmer of the Year: Emma Panaroni (Hamden)

Div. 2 Coach of the Year: Nate Hill (Hamden)

**Tournament Most Outstanding Player:** Emma Appleman, outside hitter, Guilford

## SCC/CO Urgent Care Player/Coach of Year

Player of the Year: Emma Appleman (Guilford)

Coach of the Year: Laura Anastasio (Guilford)

## Girls Swimming

### **State Champions:**

Cheshire (Class L, State Open)

North Haven (Class M)

### **State Runner-ups:**

Daniel Hand (Class M)

Lauralton Hall (Class S)

### **Top State Finishes:**

Mercy (4th in Class M)

Jonathan Law (4th in Class S)

### **Regular-season Champions**

**Div. I:** Cheshire (7-0)

**Div. II:** Hamden (8-0)

### **SCC Championship Meet – Nov. 4 @SCSU – Moore Field-house**

1. Cheshire, 1225; 2. Amity Regional, 956; 3. North Haven, 803; 4. Daniel Hand, 792.50; 5. Lauralton Hall, 682; 6. Hamden, 573; 7. Mercy, 489; 8. Jonathan Law, 427; 9. Lyman Hall, 382; 10. East Haven/Wilbur Cross, 379; 11. Branford, 340; 12. Foran, 331; 13. Guilford, 317; 14. Sheehan, 286; 15. Shelton, 229.50; 16. Sacred Heart Academy, 224; 17. West Haven, 174

**Most Outstanding Performer:** Madeline Bergin (North Haven)

# 2019-20 SPORT-BY-SPORT RECAP



Branford won the 2020 SCC cheerleading title.



Jonathan Law won the gymnastics title in 2020.

## WINTER Cheerleading

**State Champions:** Daniel Hand (Class L)

**State Runner-ups:**

Shelton (Class LL)  
North Haven (Class L)

**Top State Finishes:**

Branford (5th in Class M)  
Lauralton Hall (6th in Class M)

**SCC Competition: Feb. 4 @North Haven HS**

1. Branford, 90.15; 2. Shelton, 88.20; 3. Mercy, 86.70; 4. Daniel Hand, 85.85; 5. Sacred Heart Academy, 80.05; 6. North Haven, 79.75; 7. Lauralton Hall, 77.10; 8. East Haven, 75.15; 9. Foran, 75.05; 10. West Haven, 71.20; 11. Cheshire, 68; 12. Jonathan Law, 67.50; 13. Lyman Hall, 66.20; 14. Amity Regional, 63.50; 15. Sheehan, 43; 16. Wilbur Cross, 40.80; 17. Hamden, 37.70

**Spirit Award:** Hamden

**All-Conference**

Bella Miranda (Branford), Jade Smith (Branford), Lila Beard (Branford), Reagan Gromko (Cheshire), Hannah Roberts (Cheshire), Izzy Carusone (Daniel Hand), Gina Ciotti (Daniel Hand), Emily VanKirk (Daniel Hand), Phoebe Flasko (Lauralton Hall), Kiley Strong (Lauralton Hall), Gianna D'Angelo (Lyman Hall), Paige Frederick (Mercy), Ashley Rodriguez (Mercy), Alyssa Cannavaciolo (North Haven), Sophie Kornacki (North Haven), Emily Orth (North Haven), Sophie Dewitt (Shelton), Saige McCarten (Shelton), Trista Oddo (Shelton), Carly Cambino (West Haven)

**CO Urgent Care Cheerleader of Year:** Trista Oddo (Shelton)  
**CO Urgent Care Coaches Merit Award:** Jade Smith (Branford)

## Gymnastics

**State Champions:** none

**State Runner-ups:** none

**Top State Finishes:**

Jonathan Law (4th in Class S)  
Mercy (5th in Class S)

**SCC Championship Meet – Feb. 13 @Jonathan Law HS**

1. Jonathan Law, 126.6; 2. Mercy, 126.4; 3. Daniel Hand, 123.15; 4. Foran, 114.65; 5. Hamden, 107.5

**All-Around:** Mia Lawrence (Mercy), 35.00

**Floor:** Mia Lawrence (Mercy), 9.2

**Beam:** Catherine Burns (Jonathan Law), 8.9

**Bars:** Mia Lawrence (Mercy), 8.7

**Vault:** 1. Mia Lawrence (Mercy), 9.2

**“Melanie Coleman” Most Outstanding Gymnast:**

Mia Lawrence (Mercy)

**All-Conference**

Mia Lawrence (Mercy), Catherine Burns (Jonathan Law), Emma Nelly (Jonathan Law), Brooke Kustra (Branford), Carly-Ann Barba (Daniel Hand), Charlene Weaver (Mercy), Morgan McMahon (Daniel Hand), Alexis Sangiovanni (Hamden), Riley Palazzo (Amity Regional), Ella Esposito (Guilford), Kayla Cataldo (Daniel Hand), Ginger Schmidt (Foran), Emma Pfau (Mercy), Ali Gordon (Jonathan Law), Emma Jerue (Foran), Ella Bankowski (Mercy)

**CO Urgent Care Gymnast/Coach of Year**

Gymnast of the Year: Mia Lawrence (Mercy)  
Coach of the Year: Pat Simon (Jonathan Law)

# 2019-20 SPORT-BY-SPORT RECAP



## Girls Indoor Track

**State Champions:** none

**State Runner-ups:** Hillhouse (Class M)

**Top State Finishes:**

Sheehan (6th in Class M)

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**West Sectional Meet – Jan. 28 @Floyd Little Athletic Center**

1. Wilbur Cross, 108; 2. East Haven, 73; 3. Hamden, 57; 4. Mercy, 44; 5. Luralton Hal, 43; 5. North Haven, 43; 7. Career, 34; 8. Sacred Heart Academy, 29; 9. Branford, 15, 10. West Haven, 9

**East Sectional Meet – Jan. 29 @Floyd Little Athletic Center**

1. Hillhouse, 101; 2. Sheehan, 100; 3. Daniel Hand, 73; 4. Shelton, 52; 5. Amity, 47; 6. Jonathan Law, 30; 7. Guilford, 24; 7. Cheshire, 24; 9. Foran, 10; 10. Lyman Hall, 3

**SCC Championship Meet – Feb. 6 @Floyd Little Athletic Center, presented by SoundRUNNER**

1. Sheehan, 68; 2. Hillhouse, 62; 3. Wilbur Cross, 54; 4. Daniel Hand, 49; 5. Amity Regional, 42; 6. Shelton, 29.5; 7. Mercy, 28; 8. East Haven, 24; 8. Hamden, 24; 10. Guilford, 19; 11. Career, 15; 12. Sacred Heart Academy, 14; 13. Foran, 8.5; 14.4. Luralton Hall, 7; 15. North Haven, 5; 15. Cheshire, 5; 17. Branford, 4; 18. Jonathan Law, 3; 19. West Haven, 2; 19. Lyman Hall, 2

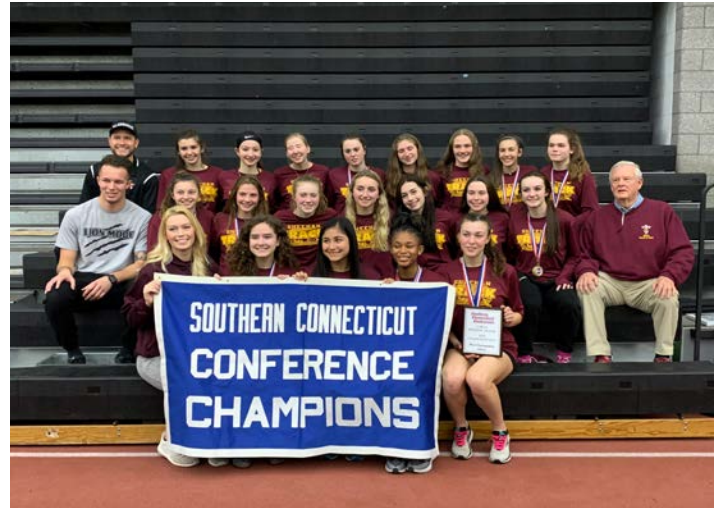
**Most Outstanding Performer:** Olivia Dubuc (Sheehan)

### **All-Conference First Team**

Tiatianna Jones (Hamden), 55 meters  
Nyia White (Wilbur Cross), 300 meters, 55 meter hurdles  
Olivia Dubuc (Sheehan), 600 meters  
Margo Petersen (Wilbur Cross), 1000 meters  
Ella Bradford (Hamden), 1600 meters  
Anna Steffen (Daniel Hand), 3200 meters  
Sheehan (Clarisse Aminawung, Amanda Castaldi, Patrice Mansfield, Avery Winters), 4 x 200 meter relay  
Sheehan (Clarisse Aminawung, Patrice Mansfield, Avery Winters, Olivia Dubuc), 4 x 400 meter relay  
Hillhouse (Enyla Williams, Don'nay Davis, Kayla Blackwell, Bernedette Karpel), 4 x 800 meter relay  
Mercy (Julia Marotta, Kaitlyn Bogucki, Kathryn Menard, Kaila Lujambio), 1600 Sprint Medley relay  
Tatiana Harris (Hillhouse), High Jump  
Erin Brennan (Sheehan), Pole Vault  
Bianca Kave (Sacred Heart Academy), Long Jump  
Leah Moore (Hillhouse), Shot Put

### **All-Conference Second Team**

Kisha Francois (East Haven), 55 meters, Long Jump  
Pauline Fernandez (Foran), 300 meters  
Kathryn Menard (Mercy), 600 meters



*Sheehan won its first-ever SCC girls indoor track title in 2020.*

Chloe Thompson (Daniel Hand), 1000 meters  
Anna Steffen (Daniel Hand), 1600 meters  
Julia Antony (Guilford), 3200 meters  
Vida Harris (Hillhouse), 55 meter hurdles  
Career (Shania Jackson, Sofia Soriano, Gabriela Soriano, Johnae Jones), 4 x 200 meter relay  
Mercy (Grace Riegler, Kathryn Menard, Julia Nadolski, Kaila Lujambio), 4 x 400 meter relay  
Daniel Hand (Morgan Combs, Madeline Coulis, Adelynn Arroyo, Chloe Thompson), 4 x 800 meter relay  
Shelton (Annelyse Sherman, Haley Oko, Mia Chen, Elizabeth Porto), 1600 Sprint Medley relay  
Abigail Ball (Amity Regional), High Jump  
Grace Gianquinto (Amity Regional), Pole Vault  
Searh Ovesny (Shelton), Shot Put

### **SCC/CO Urgent Care Athlete/Coach of Year**

Athlete of the Year: Nyia White (Wilbur Cross)  
Coach of the Year: Charles Farley (Sheehan)

## Boys Indoor Track

**State Champions:** Hillhouse (Class L)

**State Runner-ups:**

Wilbur Cross (State Open)

**Top State Finishes:**

Daniel Hand (3rd, Class L)  
Jonathan Law (3rd, Class L)  
Notre Dame (4th, Class L)  
Wilbur Cross (4th, Class LL)  
Xavier (6th, Class L)

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# 2019-20 SPORT-BY-SPORT RECAP



## West Sectional Meet– Jan. 28 @Floyd Little Athletic Center

1. Wilbur Cross, 111; 2. Xavier, 86; 3. Notre Dame, 62; 4. Fairfield Prep, 52; 5. Hamden, 51; 6. Branford, 34; 7. East Haven, 27; 8. North Haven, 22; 9. West Haven 17

## East Sectional Meet – Jan. 29 @Floyd Little Athletic Center

1. Daniel Hand, 104; 2. Shelton, 85; 3. Jonathan Law, 73; 4. Hillhouse, 62; 5. Sheehan, 44; 6. Cheshire, 36; 7. Amity, 30; 8. Guilford, 14; 9. Foran, 9; 10. Lyman Hall, 8

## SCC Championship Meet – Feb. 7 @Floyd Little Athletic Center, presented by SoundRUNNER

1. Daniel Hand, 83; 2. Shelton, 52; 3. Wilbur Cross, 50; 4. Jonathan Law, 40; 5. Hillhouse, 38; 6. Fairfield Prep, 30; 7. Amity Regional, 29; 8. Hamden, 28; 9. Notre Dame, 25; 10. Cheshire, 24; 11. Xavier, 22; 12. West Haven, 16; 13. North Haven, 10; 14. Branford, 9; 15. Guilford, 3; 15. East Haven, 3; 17. Lyman Hall, 2; 18. Sheehan 1

**Most Outstanding Athlete:** Caleb Owen (Wilbur Cross)

### All-Conference First Team

Michael Rodia (Shelton), 55 meters  
Jason Lorent (Shelton), 300 meters  
Caleb Owen (Wilbur Cross), 600 meters  
George Luke (Xavier), 1000 meters  
Azaan Dawson (Fairfield Prep), 1600 meters  
Brendan Mellitt (Cheshire), 3200 meters  
Jared Russo (Notre Dame), 55 meter hurdles  
Wilbur Cross (Devin Cue, Armon Hyslop, Jeremiah Williams, Caleb Owen), 4 x 200 meter relay  
Hillhouse (Raphael Hawkins, Talib McBride, Justin Mills, To'rae Wright), 4 x 400 meter relay  
West Haven (Ryan Martinez, Anthony Vendrella, James Weber, Sebastian Villanueva), 4 x 800 meter relay  
Fairfield Prep (Joshua Samaras, Tymaine Smith, Joshua Bacon, Azaan Dawson), 1600 Sprint Medley relay  
Cornell Tonge (Hamden), High Jump  
Bryce Myers (Daniel Hand), Pole Vault  
Kyle Figel (Shelton), Long Jump  
Davon Colon (Xavier), Shot Put

### All-Conference Second Team

Josh Stewart (Daniel Hand), 55 meters  
Caleb Owen (Wilbur Cross), 300 meters  
Ryan Farrell (Cheshire), 600 meters  
Connor Parthasarthy (Daniel Hand), 1000 meters  
Dante Zucconi (Daniel Hand), 1600 meters, 3200 meters  
Matt Lacadie (Jonathan Law), 55 meter hurdles  
Jonathan Law (Keyshon Giles, Naheim Washington, Chris Wootton, Rayshon Jacobs), 4 x 200 meter relay  
Daniel Hand (Besufekad Opstrup, Corey Duncanson, Connor Parthasarthy, Carson Hines), 4 x 400 meter relay  
Amity Regional (Matthew Floyd, Nick Ricciardi, Bryan Laskowski, John Dill), 4 x 800 meter relay  
Daniel Hand (Daven Pelaez, Braeden Kosiewicz, Carson Hines,



*Daniel Hand won the SCC boys indoor track title for the first time in 2020.*

Connor Parthasarthy), 1600 Sprint Medley relay  
Jack Bocchino (Shelton), High Jump  
Max Bothwell (Notre Dame), Pole Vault  
Cornell Tonge (Hamden), Long Jump  
Gary Moore, Jr. (Hillhouse), Shot Put

### SCC/CO Urgent Care Athlete/Coach of Year

Athlete of the Year: Caleb Owen (Wilbur Cross)  
Coach of the Year: Tim Geary (Daniel Hand)

## Boys Swimming

*State Championships were cancelled due to COVID-19*

### Regular-season Champions

**Div. 1:** Xavier (6-0)

**Div. 2:** Greater New Haven co-op (5-0)

### Championship Meet – March 3 @Southern Connecticut State University

1. Xavier, 994; 2. Cheshire, 918; 3. Fairfield Prep, 882; 4. Amity Regional, 763; 5. Greater New Haven co-op 712.50; 6. Daniel Hand, 665.50; 7. Shelton, 395.5; 8. Hamden, 360; 9. Foran/ Jonathan Law co-op, 349; 10. Sheehan, 323; 11. Lyman Hall, 320.50; 12. West Haven, 241; 13. Notre Dame, 239

**Most Outstanding Performer:** Andrew Mitchell (Xavier)

### All-Conference

#### **200 yard Medley Relay:**

Xavier (Mitchell Wollen, Andrew Mitchill, Yavier Carbo-Colon, Donald Frost)  
Fairfield Prep (Richard Nolan, Anthony Daccache, Jack Rogers, Alexander Pysk)

**200 yard Freestyle:** Andrew Mitchill (Xavier), Sam Hanke (Cheshire), Edward Platanov (Foran)

# 2019-20 SPORT-BY-SPORT RECAP



*Xavier won the SCC boys swimming title in 2020.*

**200 yard IM:** Richard Nolan (Fairfield Prep), Mitchell Wollen (Xavier), Harrison Hua (Cheshire)

**50 yard Freestyle:** Jack Rogers (Fairfield Prep), Aidan Henry (North Haven), Adam DiDomenico (Sheehan)

**Diving:** Thomas Kehoe (Fairfield Prep), Noah Duncan (Cheshire), Elyse Boothroyd (Lyman Hall/Coginchaug)

**100 yard Butterfly:** Edward Platanov (Foran), Jack Rogers (Fairfield Prep), Justin Finkel (Cheshire)

**100 yard Freestyle:** Joseph Zellner (Sheehan), Hethon Foster (North Haven), Tyler Roy (Amity Regional)

**500 yard Freestyle:** Aidan Henry (North Haven), Justin Finkel (Cheshire), Justin Goglia (Jonathan Law)

**200 Freestyle Relay:**  
Xavier (Nikita Zuev, Ben Howell, Andrew Mitchill, Donald Frost)  
North Haven (Hethon Foster, Cameron Cargan, Finn Henry, Aidan Henry)

**100 yard Backstroke:** Sam Hanke (Cheshire), Mitchell Wollen (Xavier), Daniel Chen (Daniel Hand)

**100 yard Breaststroke:** Andrew Mitchill (Xavier), Richard Nolan (Fairfield Prep), Anthony Daccache (Fairfield Prep)

**400 yard Freestyle Relay:**  
North Haven (Hethon Foster, Cameron Cargan, Finn Henry, Aidan Henry)  
Cheshire (Hayden Curello, Harrison Hua, Sam Henke, Justin Finkel)

## **SCC/CO Urgent Care Swimmer/Coach of Year**

Div. 1 Swimmer of Year: William Porter (Daniel Hand)

Div. 1 Coach of the Year: Rick Hutchinson (Fairfield Prep)  
Div. 2 Swimmer of the Year: Aidan Henry (Greater NH co-op)  
Div. 2 Coach of the Year: Nate Hill (Hamden)

## **Wrestling**

**State Champions:** Xavier (Class L)

**State Runner-ups:**  
Foran (Class M)

**Top State Finishes:**  
Xavier (3rd, State Open)  
Branford (4th, Class M)  
East Haven (5th, Class M)

## **Regular-season Champions**

**Div. 1:** Xavier (6-0)

**Div. 2:** Fairfield Prep, Notre Dame, Morgan (5-1)

## **Championship Meet – Feb. 15 @Mercy HS**

**Final Team Results:** 1. Xavier, 210.5; 2. East Haven, 146.5; 3. Branford, 140; 4. Foran, 137; 5. Guilford, 101; 6. Daniel Hand, 65.5; 7. Fairfield Prep, 61.5; 8. Amity Regional, 46.5; 9. Shelton, 43; 9. New Haven, 43; 11. Notre Dame, 39; 12. Morgan, 33; 13. North Haven, 23.5; 14. Jonathan Law, 11; 15. Cheshire, 10

**Most Outstanding Wrestler:** Joe Iamunno (North Haven)

## **Championship Matches**

106 Dominic Milano (East Haven) F Antonio Madero (Foran), 5:28  
113 Michael Rapuano (Xavier) F John Fernandes (Guilford), 1:03  
120 Joe Iamunno (North Haven) TF Colin Loria (Xavier), 15-0 4:54  
126 Tommy Manganiello (Xavier) F Mathew Divito (East Haven), 5:42  
132 Kyle Pokornowski (Foran) F Alec Divito (East Haven), 1:52  
138 Louis Bradley (Morgan) F Tanner Divito (East Haven), 0:50  
145 James Lunt (Xavier) TF Henry Bosken (Fairfield Prep), 21-5 4:31  
152 Quinn Moynihan (Xavier) DEC Ethan Edmondson (Foran), 6-5  
160 Dean Tsiranides (Fairfield Prep) F Luke Tischio (Xavier), 1:14  
170 Ryan Miner (Xavier) DEC Christopher Murphy (Guilford), 7-1  
182 Justin Osler (Branford) DEC Simon Flaherty (Amity), 11-7  
195 Cody Mchenry (Branford) F Marcellus Ruiz (Xavier), 1:56  
220 Jackson Paulishen (Notre Dame-West Haven) MD Gunner Horton (East Haven), 8-0  
285 Matt Weiner (Shelton) DEC Minsok Lee (Branford), 8-3

## **All-Conference First Team**

106 lbs. Dominic Milano (East Haven)  
113 lbs. Michael Rapuano (Xavier)  
120 lbs. Joe Iamunno (North Haven)  
126 lbs. Tommy Manganiello (Xavier)  
132 lbs. Kyle Pokornowski (Foran)  
138 lbs. Louis Bradley (Morgan)  
145 lbs. James Lunt (Xavier)  
152 lbs. Quinn Moynihan (Xavier)

# 2019-20 SPORT-BY-SPORT RECAP



*Xavier won the SCC wrestling title for the sixth time in the last seven years.*

- 160 lbs. Dean Tsiranides (Fairfield Prep)
- 170 lbs. Ryan Miner (Xavier)
- 182 lbs. Justin Osler (Branford)
- 195 lbs. Cody McHenry (Branford)
- 220 lbs. Jackson Paulishen (Notre Dame)
- 285 lbs. Matt Weiner (Shelton)

## **All-Conference Second Team**

- 106 lbs. Antonio Madero (Foran)
- 113 lbs. John Fernandes (Guilford)
- 120 lbs. Colin Loria (Xavier)
- 126 lbs. Mathew Divito (East Haven)
- 132 lbs. Alec Divito (East Haven)
- 138 lbs. Tanner Divito (East Haven)
- 145 lbs. Henry Bosken (Fairfield Prep)
- 152 lbs. Ethan Edmondson (Foran)
- 160 lbs. Luke Tischio (Xavier)
- 170 lbs. Christopher Murphy (Guilford)
- 182 lbs. Simon Flaherty (Amity Regional)
- 195 lbs. Marcelius Ruiz (Xavier)
- 220 lbs. Gunner Horton (East Haven)
- 285 lbs. Minsok Lee (Branford)

## **SCC/CO Urgent Care Wrestler/Coach of Year**

- Wrestler of the Year: James Lunt (Xavier)
- Coach of the Year: Jesse Hurlburt (Branford)

# Boys Basketball

**State Tournament was cancelled due to COVID-19**

## **Division Champions**

- Hammonasset: Hillhouse (8-0)
- Housatonic: Notre Dame (8-0)
- Oronoque: Hamden/West Haven (7-1)
- Quinnipiac: Shelton (8-0)

## **SCC Playoffs**

### **First Round – Feb. 21 @Higher Seeds**

- #3 Shelton 70, #14 Guilford 60
- #4 West Haven 50, #13 North Haven 34
- #5 Hamden 59, #12 Foran 39
- #6 Wilbur Cross 58, #11 Amity Regional 45
- #7 Xavier 62, #10 Sheehan 52
- #8 Fairfield Prep 50, #9 Jonathan Law 47 (Feb. 26)

### **Quarterfinals – Feb. 29 @Branford HS**

- #1 Notre Dame 64, #8 Fairfield Prep 53
- #5 Hamden 60, #4 West Haven 57
- #2 Hillhouse 46, #7 Xavier 41
- #6 Wilbur Cross 56, #3 Shelton 53

### **Semifinals – March 2 @Floyd Little Athletic Center**

- Notre Dame 72, Hamden 54
- Wilbur Cross 63, Hillhouse 53

### **Championship – March 4 @Floyd Little Athletic Center**

- Wilbur Cross 49, Notre Dame 48

### **“Tom Fleming” Tournament Most Outstanding Player:**

- Dereyk Grant, guard, Wilbur Cross

## **All-Conference First Team**

Zach Laput (Notre Dame), Ta’Zhon Daniels (Hillhouse), Diontae Eady (Jonathan Law), Malcolm Duncanson (West Haven), Dereyk Grant (Wilbur Cross), Peri Basimakopoulos (Shelton), Heston Tucker (Hamden), Ben Carroll (Notre Dame), Evan Scott Alexander (Hillhouse), Garrett Molampy (Sheehan), John Shannon (Foran), Kareem Grisham (Xavier)

## **All-Conference Second Team**

Stephen Kohs (Xavier), Jack McDonnell (Sheehan), Brian Belade



*Wilbur Cross won its second straight SCC boys basketball title in 2020.*

# 2019-20 SPORT-BY-SPORT RECAP



(Shelton), Darius Esdaile (Wilbur Cross), Shea Sheffield (West Haven), Amadou Kamara (Notre Dame), Kevin Baxter (Branford), Kris Jackson (Sheehan), Joe DiGello (Amity Regional), Max Manjos (Fairfield Prep), Max McGillicuddy (Fairfield Prep), Chris Cahill (Guilford)

## **SCC/CO Urgent Care Player/Coach of Year**

Player of the Year: Zach Laput (Notre Dame)

Coach of the Year: Brian Gardiner (Shelton)

## **Girls Basketball**

***State Tournament was cancelled due to COVID-19***

### **Division Champions**

Hammonasset: East Haven (7-1)

Housatonic: Sheehan (8-0)

Oronoque: Sacred Heart Academy/Hillhouse (6-2)

Quinnipiac: Daniel Hand (8-0)

### **All-Conference First Team**

Jill Martin (Amity Regional), Sara Wohlgemuth (Daniel Hand), Brooke Salutari (Daniel Hand), Taylor Salato (East Haven), Alexis Pendsiwater (East Haven), Asya Brandon (Hamden), Keyshan Johnson (Hillhouse), Caitlyn Hunt (Sheehan), Caitlyn Velez (Sheehan), Clarissa Pierre (Shelton), Amani Abuhatab (West Haven), April Artis (Wilbur Cross), Rayne Durant (Wilbur Cross)

### **All-Conference Second Team**

Karly King (Branford), Isabella Ragaini (East Haven), Elle Petra (Guilford), Rebecca Oberman-Levine (Hamden), Nielle Reaves (Hillhouse), Katie Konareski (Jonathan Law), Hailey Bruneau (Lyman Hall), Brianna Mik (Lyman Hall), Lilly Hedge (Mercy), Eveani Okwuosa (North Haven), Elena Farquharson (Sacred Heart Academy), Leya Vohra (Shelton), Dejah Middleton (Wilbur Cross)

### **SCC Playoffs**

#### **First Round – Feb. 20 @Higher Seeds**

#2 Sheehan 55, #15 West Haven 31

#14 Amity Regional 54, #3 Sacred Heart Academy 43

#4 East Haven 39, #13 Guilford 29

#12 Lyman Hall 34, at #5 Wilbur Cross 31

#6 Shelton 55, #11 Mercy 49

#7 Hamden 42, #10 Hillhouse 36

#8 North Haven 52, #9 Jonathan Law 30

#### **Quarterfinals – Feb. 22 @Sheehan HS**

#1 Daniel Hand 58, #8 North Haven 42

#4 East Haven 48, #12 Lyman Hall 27

#6 Shelton 49, #14 Amity Regional 47

#7 Hamden 52, #2 Sheehan 44



*Hamden captured its second consecutive SCC girls basketball title in 2020.*

### **Semifinals – Feb. 24 @Jonathan Law HS**

#7 Hamden 56, #6 Shelton 49

#4 East Haven 49, #1 Daniel Hand 35

### **Championship – Feb. 26 @Branford HS**

Hamden 40, East Haven 36

**Tournament Most Outstanding Player:** Asya Brandon, guard. Hamden

### **SCC/CO Urgent Care Player/Coach of Year**

Player of the Year: Sara Wohlgemuth (Daniel Hand)

Coach of the Year: Joe Cavallaro (Shelton)

## **Boys Ice Hockey** **SCC/SWC**

***State Tournament was cancelled due to COVID-19***

### **Regular-season Champions**

Div. I: Fairfield Prep (6-0)

Div. II: Branford (9-0)

Div. III: Sheehan (7-0)

### **SCC/SWC Playoffs**

#### **Div. I championship – March 6 @Bennett Rink**

#1 Fairfield Prep 2, #2 Notre Dame-West Haven 2 (Fairfield Prep wins via shootout, 3-0)

**Most Outstanding Player:** Andrew Steitzel (Fairfield Prep)

#### **Div. III Semifinals – March 3 @Milford Ice Arena**

#1 Sheehan 8, #4 Newtown 4

# 2019-20 Sport-by-Sport Recap



#3 New Milford 4, #2 Milford co-op 2

**Div. III Championship - March 6 @Bennett Rink**  
Sheehan 7, New Milford 1

**Most Outstanding Player:** Joe Romano (Sheehan)

**Div. II Semifinals - March 5 @Bennett Rink**

#3 North Haven 1, #2 Daniel Hand 1 (North Haven advances via shootout, 2-1)

#1 Branford 7, #4 East Haven 0

**Div. II Championship - March 7 @Bennett Rink**

Branford 1, North Haven 0

**Most Outstanding Player:** Jared Yakimoff (Branford)

## All-Conference

### **Division I First Team**

Forward: Aden Hotchkiss (Xavier), Jack Shane (Hamden), Mason Whitney (Fairfield Prep)

Defense: Robbie Forleo (West Haven), Cooper Eckert (Fairfield Prep)

Goalie: Connor Smith (Notre Dame-West Haven), Andrew Steitzel (Fairfield Prep)

### **Division I Second Team**

Forward: Brian Essing (Notre Dame-Fairfield), Joe Robinson (Immaculate), Kevin Moriarty (West Haven)

Defense: JJ Ford (Xavier), Sean Dupre (West Haven), Robbie Celenano (Hamden)

Goalie: Jared Pliszka (West Haven)

### **Division II First Team**

Forward: Tatum Fitzmaurice (Daniel Hand), Jack Manware (Branford), Jack Dacey (Guilford)

Defense: Chris Donadio (Branford), Don Funaro (North Haven)

Goalie: Nick Maringola (Cheshire), Logan Hamilton (East Haven)

### **Division II Second Team**

Forward: Matt Petitt (Lyman Hall), Spencer Engstrom (Branford), Sean Dunfee (Watertown-Pomperaug), Niklas Vasiljevs (Cheshire)

Defense: Mike O'Toole (Lyman Hall), John Gagliardi (Daniel Hand)

Goalie: Jared Yakimoff (Branford)

### **Division III First Team**

Forward: Daniel McKiernan (JBWA), Devin Napoli (Sheehan), Anthony Romano (Sheehan)

Defense: Cameron Schopfer (New Milford), Evan White (Milford)

Goalie: Lee Confu (New Milford), Adam Thornberg (Shepaug)

### **Division III Second Team**

Forward: Kyle Cirillo (Masuk), Matt Gilebbi (Milford), Ian Donahue (New Milford), Luke Festa (Sheehan)

Defense: Adam Kliczewski (Newtown), Teddy Blanchard (JBWA)

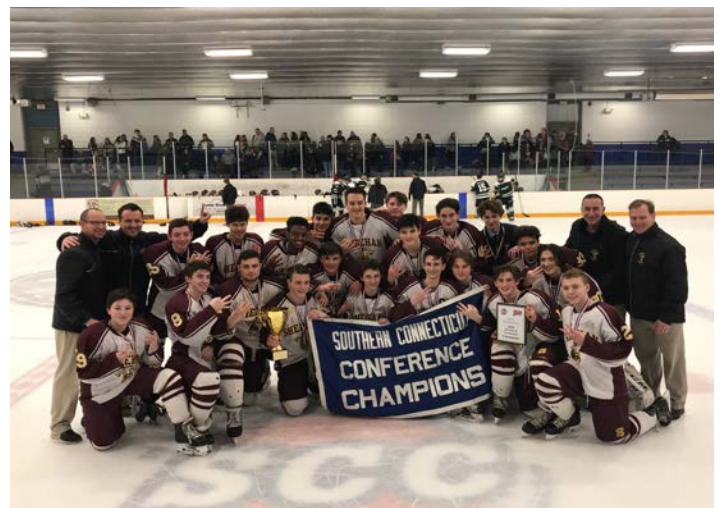
Goalie: Markus Paltauf (Newtown)



Fairfield Prep– 2020 Div. I Boys Ice Hockey champions



Branford – 2020 Div. II Boys Ice Hockey champions



Sheehan – 2020 Div. III Boys Ice Hockey champions



# 2019-20 SPORT-BY-SPORT RECAP



## SCC/CO Urgent Care Player/Coach of Year

Div. I Player of the Year: Mason Whitney (Fairfield Prep)  
Div. I Coach of the Year: Rich Minnix (ND-Fairfield)  
Div. II Player of the Year: Nick Maringola (Cheshire)  
Div. II Coach of the Year: Chris Avena (North Haven)  
Div. III Player of the Year: Devin Napoli (Sheehan); Daniel McKiernan (JBWA)  
Div. III Coach of the Year: David Festa (Sheehan)

## Girls Ice Hockey

**State Tournament was cancelled due to COVID-19**

**Regular-season Champion:** Amity/NH/Cheshire (7-0)

### SCC Playoffs

#### First Round - Feb. 24 @Higher Seeds

#3 West Haven/SHA co-op 7, #6 Daniel Hand/Cog/VR/OL co-op 0  
#4 Hamden/Lyman Hall/Wilbur Cross co-op 3, #5 ND-Fairfield/  
Foran/Law/Pomperaug/Weston co-op 1

#### Semifinals - Feb. 26 @Higher Seeds

#2 Guilford 8, #3 West Haven/SHA co-op 3  
#1 Amity Regional/NH/Cheshire co-op 4, #4 Hamden/LH/WC co-op 3

#### Championship Game - Feb. 29 @Bennett Rink

Guilford 4, Amity Regional/NH/Cheshire co-op 2

### Tournament Most Outstanding Player:

Julia McDonald (Guilford)

### All-Conference First Team:

Forward: Madison Epke (Guilford), Taylor Nowak (West Haven),  
Demeri Carangelo (Hamden), Megan Froehlich (West Haven)  
Defense: Tess Csejka (Amity Regional), Brooke McNabola (SHA)  
Goalie: Bethany Karp (Pomperaug)



Guilford – 2020 SCC Girls Ice Hockey champions

### All-Conference Second Team:

Forward: Reilly Sargolini (Hamden), Leigha Howland (Foran),  
Haley Cable (Amity Regional), Catie Gregory (Newtown)  
Defense: Olivia Gill (Guilford), Caroline Cadelina (Amity Regional)  
Goalie: Christina Meadows (Branford)

## BY THE NUMBERS

**1** – The lone All-SCC matchup in a State Championship Games in the 2019-20 academic year (Guilford vs. Daniel Hand in Class M field hockey final on Nov. 23).

**10** – Different SCC teams that captured a league post-season championship in 2018-19.

**15** – Consecutive years the Fairfield Prep had won the SCC boys swimming title until Xavier captured the 2020 league title.

**21** – Total number of SCC teams that won or finished as state runner-ups in the fall and winter seasons during the short-circuited 2019-20 academic year.

**27** – Student-Athletes who were named Connecticut Orthopaedics' Urgent Care " SCC Players of the Year in 2019-20. Also, 23 head coaches were named Coaches of the Year.

**64** – Points scored by Sheehan in its Class S championship win over previously-unbeaten Bloomfield, which had allowed only 28 points in its first 12 games. It was also the most points scored by a SCC team in the state football playoffs.

**73** – Number of state titles that Hillhouse's teams have won since 1994-95 - the most of any SCC member school.

**476** – SCC teams that have won or shared a state championship since 1994-95.

### PHOTO CREDITS

The 2019-20 SCC "team championship" photos were provided by the staff at Steady Photography.