



**2018-19**

**YEAR IN REVIEW**

# SOUTHERN CONNECTICUT CONFERENCE

## 2018-19 YEAR IN REVIEW



### 25TH YEAR

Established in 1994, the Southern Connecticut Conference completed its 25th year in 2018-19. One of the most competitive high school leagues in the state of Connecticut, the athletic success of SCC member schools was once again outstanding in 2018-19 with 19 state championships won; and another 20 teams earned state runner-up status. Since the league's formation in 1994-95, SCC teams have won 464 state championships – an average of 18 per academic year. More importantly, the league has continued its positive tradition of offering first-rate non-athletic programs and events which seek to enrich our students' overall high school experience and make them responsible citizens.

### 2018-19 EXECUTIVE BOARD

PRESIDENT: Anna Mahon, Principal – Amity Regional HS  
 VICE-PRESIDENT: Max Berkowitz, Principal – Joseph A. Foran HS  
 SECRETARY: Craig Semple, Athletic Director – Daniel Hand HS  
 TREASURER: Steve Trifone, Athletic Director – Cheshire HS  
 ATHLETIC DIRECTOR CHAIRPERSON: John Niski, Athletic Director, Shelton HS  
 COMMISSIONER: Al Carbone  
 COMMISSIONER EMERITUS: Bill O'Brien

### SPECIAL THANKS TO OUR CORPORATE SPONSORS

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community. The SCC had several corporate sponsors for the 2018-19 academic year, including the Connecticut Orthopaedic Specialists, Holiday Hill/Holiday Hill Day Camp, the Lions Club of New Haven, Town Fair Tire, Sportsmen's of Litchfield, Pawson Group and The Next Street. Thanks also to the various event sponsors during the year, including SoundRUNNER (all running events), Walter Camp Football Foundation (football banquet), New Haven Gridiron Club (football banquet) and Gene Casey New Haven chapter of the National Football Foundation (football banquet), and Great Blue Research (scholar athlete recognition program).



# 2018-19 YEAR-IN-REVIEW

## CAPTAINS COUNCIL

More than 1,200 sport captains attended the three SCC Captains Council events (fall, winter and spring) held during the year at New Haven's Floyd Little Athletic Center. The meetings brought together the captains of each sport before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship. In addition, guest speakers presented on topics of social media and leadership/communication skills.

## STATE CHAMPIONSHIP CONFERENCE

It was another successful year as SCC member-schools fared extremely well in league and statewide athletic competition. All told, SCC teams captured 19 state championships (8 fall, 7 winter, 4 spring) during the 2018-19 academic year. Twenty additional teams (6 fall, 10 winter, 4 spring) earned runner-up status in CIAC state competition.

## MORE STATE CHAMPIONSHIP FACTS

Nine different SCC schools won state titles in 2018–19 with Daniel Hand and Hillhouse each winning the most with five each. Since the league's inception in 1994, SCC schools have won 464 state championships. In those 25 years, Hillhouse has won the most state championships (72) followed by Cheshire (62), Daniel Hand (50), Amity Regional (41) and Fairfield Prep (35).

## SEASON-BY-SEASON STATE PLAYOFF RECAP

In 2018-2019, more than two-thirds of eligible SCC teams (168–of–245, 68.6%) qualified for CIAC state tournament competition in sports that have a winning percentage requirement.

### **FALL (47–OF–70), 67%**

Sixty-seven percent of SCC teams qualified for the state tournaments in the following fall sports: field hockey (8-of-13), girls soccer (12-of-18), boys soccer (13-of-19) and girls volleyball (14-of-20). In addition, five football teams (out of 21) earned state playoff berths.

### **WINTER (57–OF–80), 71%**

Seventy-one percent of SCC teams qualified for the state tournaments in the following winter sports: boys ice hockey (21-of-25), boys basketball (12-of-19), girls basketball (16-of-20) and girls ice hockey (8-of-15).

### **SPRING (64–OF–95), 67%**

Sixty-seven percent of SCC teams qualified for CIAC spring team sport playoff competition in baseball (16–of–19), softball (13–of–20), boys lacrosse (12–of–17), girls lacrosse (9–of–16), boys volleyball (3–of–5) and girls tennis (11–of–18).

## SCC vs. SCC – FOR ALL THE MARBLES

During 2018-19, there were five All-SCC state championship contests. Since 1994, there have been 35 All-SCC state championship game matchups in 12 different sports, including 24 in the last decade.

**Field Hockey** – Guilford defeated Sacred Heart Academy, 3-1, in Class M

**Boys Ice Hockey** - Lyman Hall/HK defeated Sheehan, 6-2, in Division 3 final

**Boys Ice Hockey** - Fairfield Prep defeated Notre Dame, 5-2, in Division 1 final

**Girls Basketball** - Hillhouse defeated Daniel Hand, 39-34, in Class L final

**Girls Tennis** - Daniel Hand defeated Luralton Hall, 6-1, in Class M final

## JUODAITIS/DELucIA NAMED ATHLETES OF THE YEAR

Cheshire senior Mia Juodaitis and Guilford senior John DeLucia were named the New Haven Register's 2018–19 Athletes of the Year. Mia (a volleyball, basketball and softball standout for the Rams) and John (an ice hockey and lacrosse standout) were outstanding for their respective schools on the playing fields and in the classroom. Mia and John are the 33rd and 34th student athletes – since 1996-97 – from the SCC to earn this prestigious honor. Mia will attend Providence College to play softball and John will attend Quinnipiac University to play lacrosse.



*Mia Juodaitis (Cheshire) and John DeLucia (Guilford) were named the New Haven Register's 2018-19 Athletes of the Year (photo courtesy of www.GameTimeCT.com)*

# SCC ARTS EXHIBITION

The SCC held its annual Arts Exhibition at the Creative Arts Workshop in downtown New Haven from April 8-25. Each SCC school had the opportunity to submit up to three pieces of work.

A jury of art professionals judged the student pieces, and awards were announced at a reception on April 11. CAW staff judged the pieces and awarded seven students. *Many thanks to the staff at Creative Arts Workshop for allowing the SCC to host its annual arts exhibition in its gallery.*

## 2019 ART EXHIBITION WINNERS

**First Prize:** Abigail Richards, Joseph A. Foran

**Second Prize:** Xiaoxiao Long, Sacred Heart Academy

**Third Prize:** Hailey D'Alessio, Daniel Hand

## Honorable Mention

Nina Chang, Cheshire

Autumn Berube, Hamden

Angela Agnello, Guilford



**1st prize:** Abigail Richards (Foran HS) won first prize (Bill O'Brien photo)

# FORTY-SIX HONORED AS SCC SCHOLAR LEADERS

Forty-six outstanding students were recognized as "SCC Scholar Leaders" at a banquet on March 24 at Anthony's Ocean View. Two students from each SCC member school, as chosen by their school's administration, were honored for their outstanding work in the classroom and community.

## 2018-19 SCHOLAR LEADERS

**Amity Regional** – Anthony Tom, Rosie Du

**Branford** – Kelly Tiernan, Praneeth Ganedi

**Career** – Alexandra Queen, Adam Ahmad-Rizal

**Cheshire** – Alexa Cofrancesco, Ryan Cyr

**Daniel Hand** – Callahan Henry, Chloe Veth

**East Haven** – Talia Ferraro, Jose Rodriguez-Sanchez

**Fairfield Prep** – Finn O'Connor, Thomas Rudden

**Foran** – Max Tavitian, Maggie Cummings

**Guilford** – Will Dinauer, Anne Hooker

**Hamden** – Maya Verghese, Andrew Naguib

**Hillhouse** – Makayla Dawkins, Mohamed Naji

**Jonathan Law** – Kruttika Gopal, Michael Bagdasarian

**Lauralton Hall** – Caroline McMullen, Isabella Secchiaroli

**Lyman Hall** – Kailey Lipka, Brian Behrens

**Mercy** – Caroline Kilian, Grace Delaney

**North Haven** – Jackson Frank, Sarina Sandwell

**Notre Dame** – Christian Gee, Colton Varholak

**Sacred Heart Academy** – Vivian Wang, Claire Lagarde

**Sheehan** – Sydney Carim, Shreya Patel

**Shelton** – Alyssa Bretan, Sean Rago

**West Haven** – Sumedha Chowdhury, Jonathan Saier

**Wilbur Cross** – Pablo Causa, Sungshil Johnson

**Xavier** – Connor Dwyer, Kevin Galasso



**O'Brien Scholarship:** Makayla Dawkins (Hillhouse) and Thomas Rudden (Fairfield Prep) - were the recipients of the Bill O'Brien Community Service scholarships. Each received \$500.

## BILL O'BRIEN COMMUNITY SERVICE SCHOLARSHIP WINNERS:

Two scholar leaders -- **Makayla Dawkins (Hillhouse)** and **Thomas Rudden (Fairfield Prep)** - were the recipients of the Bill O'Brien Community Service scholarships. Each received \$500.

• *Thomas took a leap of faith by creating an organization called REIGNS. Its title stands for the Respect, Education, and Inclusion of Gay and Non-Binary Students, and provides a safe space at school for LGBTQ students to feel validated and loved by peers, faculty, and the school. REIGNS helps to improve the school environment through dialogue, education, and inclusion.*

• *Makayla is a student representative on both the New Haven and State Boards of Education. She is currently leading a project and will present to the state board at the end of my term that focuses on the arts, team building, and other coping strategies through trauma and healing workshops for her peers. One of the workshops would be "Creating and Calming" which would be in the form art therapy. This will give people the opportunity to express themselves beyond the traditional mode of talk therapy without the worry of financial barriers or the stigma around seeking assistance for mental health support.*



# SCC's BEST OF.... 2018-19

Town Fair Tire was the presenting sponsor of the SCC's "BEST OF... FOR 2018-19," an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 1,500 votes were cast.



**THE WINNER: MATT CALLAHAN'S "RUDY" MOMENT FOR ND BASKETBALL**  
Notre Dame senior Matt Callahan, a four-year basketball team manager, gets his moment in an actual game and drills a three-pointer versus Career on Feb. 9.

## MORE TOP SCC MOMENTS FROM 2018-19...

**Tigers, Tigers, Tigers:** Daniel Hand boys soccer wins their third consecutive Class L title, defeating Maloney, 1-0.

**Tiger Prey:** Daniel Hand football rolls through Class L on its way to its second straight state title. The Tigers outscored their three opponents, 159 to 21.

**Spartans Rejoice:** Amity Regional makes an impressive run and wins the Class LL girls volleyball state title. The Spartans defeated Darien, 3-1 (27-25, 26-24, 22-25, 25-22) in the final.

**Kitty's Indians:** Under the direction of long-time head coach Kitty Palmer, Guilford wins its first-ever SCC field hockey title, and goes on to win the Class M state title – also its first – defeating SCC rival, Sacred Heart Academy, 3-1.

**Gael Kicks:** After 100 minutes of scoreless action, Shelton outlasts Mercy via penalty kicks (3-2) to win the SCC girls soccer title.

**Rams Swim Fast:** After capturing its 24th SCC title in the last 25 years, Cheshire girls swimming wins the Class L state title.

**Falcon Harriers:** Xavier boys cross country rolls to the SCC title, and then adds the Class L and State Open titles.

**Bloss and Indians Run to Title:** Meredith Bloss wins the SCC girls cross country individual title for the second straight year leading Guilford to their second consecutive league crown.

**Prep on the Pitch:** Fairfield Prep wins its first SCC boys soccer title since 2014, scoring a late second-half goal to defeat previously undefeated Xavier.

**Coming up Aces:** Hillhouse boys and girls capture SCC indoor track titles and then both win state titles.

**Prep Swim Rolls:** Fairfield Prep wins its 14th consecutive boys swimming title, winning by 340 points over runner-up Cheshire.

**Green Dragons on Fire:** Led by Taniya Thompson, who averaged 29.3 points in three games, Hamden girls basketball captures their first-ever SCC title. The Green Dragons defeated Sheehan, Hillhouse and East Haven.

**Governors Win:** Wilbur Cross boys basketball wins the SCC boys basketball title, its first league title since 2008. The Governors defeated Notre Dame, 54-40, in the title game.

**All-Hail the Blades:** The Blades girls ice hockey team (Amity Regional-North Haven-Cheshire) win the SCC South Division title with a 4-3 win over West Haven/Sacred Heart Academy.

**X-Men:** Xavier wrestling captures its third straight SCC title. The Falcons totaled 199.5 points, 61 better than runner-up Foran.

**Mercy, Mercy, Mercy:** Mercy gymnastics wins the SCC title, ending Daniel Hand's 10-year streak.

**Cheer! :** North Haven cheerleading wins the SCC and Class L state titles.

**Wally World:** Lyman Hall defeats cross-town rival Sheehan, 6-2, to win the Division III state boys ice hockey title.



**Callahan for 3!** Notre Dame student manager Matt Callahan had his 'Rudy' moment on Feb. 9 (SCC photo)

# SCC's BEST OF.... 2018-19 - CONTINUED



**Dread the Red:** Branford wins the SCC and State Division II boys ice hockey titles. The Hornets defeated Water-town-Pomperaug, 2-1, in the SCC final, and then allowed just four goals in four games to capture the Division II state championship.

**Prep Puck:** Fairfield Prep defeats SCC-rival Notre Dame, 5-2, in the Division I state boys ice hockey championship game. It is Prep's second straight state title.

**House Family:** Hillhouse girls basketball defeats East Haven, Notre Dame-Fairfield and Daniel Hand to capture the Class L state title.

**Coming up Aces:** Hillhouse's boys and girls outdoor track & field teams both win the SCC title and then both win state titles (boys, Class MM; girls Class M).

**Jesuit Lax:** Fairfield Prep wins the SCC boys lacrosse title (defeating Guilford, 13-7) for the eighth time in the last nine seasons.

**Extra Indians:** Guilford defeats Cheshire in sudden-death overtime, 11-10, to win their first-ever girls lacrosse title.

**Ram Power:** Cheshire wins the SCC baseball title for the second time; defeated long-time rival Amity Regional, 4-3, in the final.

**Ram Comeback:** Cheshire wins the SCC softball title in comeback fashion; defeating North Haven, 3-2, in eight innings.

**Tigers Going Low:** Daniel Hand boys golf wins the SCC title by the widest margin in league history (19 strokes), and then adds a Division II state title a week later.

**Ram Spikers:** Cheshire wins the SCC boys volleyball title defeating Daniel Hand, 3-1, avenging last season's championship match loss to the Tigers. The Rams would go on to reach the Class M state finals.

**Spartans Repeat:** Amity Regional wins its second straight girls golf title, led by medalist Tess Csejka (73).

**Great Day to be a Tiger:** Daniel Hand girls and boys tennis both win SCC tennis titles, defeating Amity Regional. The boys won, 7-0, while the girls triumphed, 5-2.

**Kitty's Tigers:** The Daniel Hand girls tennis team won the Class M state championship with a 6-1 victory over SCC-rival Luralton Hall. Daniel Hand head coach Kitty Palmer wins her second state title of the academic year (she also led Guilford field hockey to a state title in the fall).



**ACES High:** The Hillhouse girls and boys indoor track teams won both the SCC and state titles in 2019 (Steady Photography photo).



**Bloss Runs Away:** Guilford's Meredith Bloss won her second straight SCC girls cross country title in 2018. Bloss won the race in 19:19, 61 seconds better than the runner-up. (Photo courtesy of GameTimeCT.com)

# CONNECTICUT ORTHOPAEDIC SPECIALISTS

## AWARDS COMEBACK PLAYERS OF THE YEAR

Two student athletes – **Erin Keary (Shelton HS)** and **Thomas LaTorre (Daniel Hand HS)** – are the recipients of the 2019 SCC “Comeback Player of the Year” awards. Both students suffered severe injuries, yet were able to overcome them to become outstanding role models in their respective schools.

A long-time league corporate sponsor, Connecticut Orthopaedic Specialists P.C. (COS) has offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2018-2019 academic year and showed great leadership both on and off the field after their severe injury.

Coaches and school’s athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from playing for their high school teams. Both will receive a financial scholarship to be used for their college education.

*“This is our ninth year in awarding student-athletes from the SCC with scholarships,” explained Glenn Elia, Chief Executive Officer of COS. “Our goal has been to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, have become positive role models for their fellow teammates. Because we are sports medicine specialists, we understand intimately what it takes to recover from an injury and return to playing sports at a high level.”*



**Call it a Comeback:** Al Carbone, SCC Commissioner; Tommy LaTorre, Erin Keary, Jeffrey M. Klauser, MD, Orthopaedic Surgeon Specializing in Sports Medicine - Connecticut Orthopaedic Specialists (Photo courtesy of COS)



**Connecticut  
Orthopaedic  
Specialists**

### **2018-19 SCC/Connecticut Orthopaedic Specialists Comeback Players of the Year**

#### **THOMAS LATORRE, DANIEL HAND HS (SOCCER)**

Tommy tore his ACL in the spring of his junior year, while playing at a college showcase soccer tournament. He received surgery in April 2018 and undertook extensive rehabilitation – most of the time in the morning before school started - to return to the team, one that was coming off two straight Class L state titles and one he would serve as one of the team’s captains. During his physical therapy, Tommy worked diligently and was cleared to play mid-season (in October) and was a catalyst as the Tigers earned their third straight Class L state title, culminating with a 2-1 victory over Maloney on Nov. 18. Tommy will attend Elon University in the fall with plans to major in sports management.



*Daniel Hand head soccer coach Greg Cumpstone said, “While injured, Tommy served as a source of support and leadership to his teammates. His return to the field gave the team the fire that was infectious; he was up for any battle, and his actions on the field became crucial to the team’s late-season state championship run.”*

#### **ERIN KEARY, SHELTON (SOCCER)**

A four-year starter at defensive center, Erin sustained an ACL injury during the 2017 state girls soccer tournament. Erin showed her dedication through the rehab process, following the regiment set for her with diligence and persistence, starting with spring workouts, into the summer and fall preseason. Her return to the field in 2018 was admirable, but also impressive. She played in all 20 games, leading the team in minutes played and also scored six goals and added four assists from her defensive position as the Gaels won the SCC playoff title. For her efforts, she earned All-SCC and Second Team All-State honors. Erin will attend the University of Connecticut in the fall with plans to major in Allied Health Sciences.



*Shelton head girls soccer coach Marvin Miller said, “Persistence has always been Erin’s strongest character attributes along with her extremely high personal expectations she puts on herself as a student and as an athlete. With that, she has earned the respect of her opponents and teammates and holds a place of honor with them.”*



# 2018-19 SCC POSTSEASON CHAMPIONS



## Fall

Sport	Champion	Runner-up	Result
Boys Cross Country	Xavier	Shelton	Xavier (33), Shelton (66), Wilbur Cross (86)
Girls Cross Country	Guilford	Amity Regional	Guilford (62), Amity Regional (88), Cheshire (102)
Field Hockey	Guilford	Cheshire	3-1
Boys Soccer	Fairfield Prep	Xavier	1-0
Girls Soccer	Shelton	Mercy	0-0 (Shelton wins 3-2, via penalty kicks)
Girls Volleyball	Cheshire	Amity Regional	3-2 (22-25, 21-25, 25-20, 25-21, 15-12)
Girls Swimming	Cheshire	Lauralton Hall	Cheshire (1489), Lauralton Hall (881), Amity Regional (875.5)

## Winter

Sport	Champion	Runner-up	Result
Boys Indoor Track	Hillhouse	Wilbur Cross	Hillhouse (78), Wilbur Cross (60), Xavier (49)
Girls Indoor Track	Hillhouse	Shelton	Hillhouse (115), Shelton (51), Sheehan (49)
Boys Basketball	Wilbur Cross	Notre Dame	54-40
Girls Basketball	Hamden	East Haven	65-49
Wrestling	Xavier	Foran	Xavier (199.5), Foran (138.5), East Haven (101)
Gymnastics	Mercy	Daniel Hand	Mercy (133.3), Daniel Hand (131.4), Jonathan Law (127.15)
Div. I Boys Ice Hockey	Hamden	Fairfield Prep	1-0
Div. II Boys Ice Hockey	Branford	Watertown-Pomperaug	2-1
Div. III Boys Ice Hockey	Sheehan	JBWA co-op	10-1
North Girls Ice Hockey	Simsbury	Hall/Conard co-op	2-0
South Girls Ice Hockey	Amity-NH-Cheshire	West Haven/SHA	4-3
Boys Swimming	Fairfield Prep	Cheshire	Fairfield Prep (1333.5), Cheshire (871), Amity Regional (778)
Cheerleading All-Girl	North Haven	Shelton	North Haven (87.05), Shelton (86.05), Lauralton Hall (82.45)
Cheerleading Co-ed	Daniel Hand	Hamden	Daniel Hand (85.95), Hamden (46.15)

## Spring

Sport	Champion	Runner-up	Result
Boys Golf	Daniel Hand	Xavier	Daniel Hand (311), Xavier (330), Fairfield Prep (331)
Girls Golf	Amity Regional	Cheshire	Amity Regional (355), Cheshire (368), Lauralton Hall (389)
Boys Volleyball	Cheshire	Daniel Hand	3-1 (25-27, 25-17, 25-13, 25-18)
Baseball	Cheshire	Amity Regional	4-3
Softball	Cheshire	North Haven	3-2
Boys Tennis	Daniel Hand	Amity Regional	7-0
Girls Tennis	Daniel Hand	Amity Regional	5-2
Boys Outdoor Track & Field	Hillhouse	Wilbur Cross	Hillhouse (85), Wilbur Cross (83), Hamden (66)
Girls Outdoor Track & Field	Hillhouse	Shelton	Hillhouse (121), Shelton (76), Sheehan (66)
Boys Lacrosse	Fairfield Prep	Guilford	13-7
Girls Lacrosse	Guilford	Cheshire	11-10 (OT)

## SCC Postseason Facts

**32 Playoff Champions Crowned:** In 2018-19, thirty-two SCC champions (17 girls, 15 boys) were crowned in 28 different sports.

**14 Schools Earned a Plaque:** In 2018-19, fourteen different member schools won or shared a SCC playoff title. Fourteen different schools earned runner-up finishes in league playoff competition.

**Ram Pride:** Cheshire won a league-best five SCC titles in 2018-19, including three titles in the spring season. Daniel Hand and Hillhouse each had four titles.

**Girls Champion:** Guilford and Cheshire each won the most girls playoff titles (3).

**Boys Champion:** Fairfield Prep won the most boys playoff titles (3), winning soccer, swimming and lacrosse.





# 2018-19 SCC STATE CHAMPIONSHIPS



During the 2018-19 academic year, SCC teams won 20 state championships with another 20 teams finishing as runner-ups. Since the league's inception in 1994-95, SCC schools (both full and associate members) have won 465 state titles (143 fall, 176 in winter, and 146 in the spring).

## STATE CHAMPIONS (20)

### SPRING (4)

**Hillhouse Class MM boys outdoor track**  
**Hillhouse Class M girls outdoor track & field**  
**Daniel Hand Class M girls tennis** – defeated Lauralton Hall, 6-1  
**Daniel Hand Division II boys golf**

### WINTER (8)

**North Haven, Class L cheerleading**  
**Hillhouse, Class M girls indoor track**  
**Xavier, Class L boys indoor track**  
**Hillhouse, Class M boys indoor track**  
**Lyman Hall, Div. 3 boys ice hockey** – defeated Sheehan, 6-2  
**Hillhouse, Class L girls basketball** – defeated Daniel Hand, 39-34  
**Branford, Div. 2 boys ice hockey** – defeated Glastonbury, 2-0  
**Fairfield Prep, Div. 1 boys ice hockey** – defeated Notre Dame, 5-2

### FALL (8)

**Daniel Hand, Class L Boys Soccer** – defeated Maloney, 1-0  
**Daniel Hand, Class L Football** – defeated Maloney, 54-14  
**Amity Regional, Class LL girls volleyball** – defeated Darien, 3-1 (27-25, 26-24, 22-25, 25-22)  
**Guilford, Class M Field Hockey** – defeated Sacred Heart Academy, 3-1  
**Daniel Hand, Class M Girls Swimming**  
**Cheshire, Class L Girls Swimming**  
**Xavier, Class L & State Open Boys Cross Country**



**Tiger Tales:** Daniel Hand football rolled through Class L on its way to its second straight state title. The Tigers outscored their three opponents, 159 to 21. (Bill O'Brien photo).

## STATE RUNNER-UPS (20)

### SPRING (4)

**Amity Regional, Class L boys outdoor track & field**  
**Lauralton Hall, Class M girls tennis** – lost to Daniel Hand, 6-1  
**Cheshire, Class M boys volleyball** – lost to Newington, 3-1 (25-16, 16-25, 19-25, 22-25)  
**East Haven, Class L softball** – lost to Masuk, 2-0

### WINTER (10)

**Xavier, State Open wrestling**  
**Foran, Class M wrestling**  
**Amity Regional, Class L boys indoor track**  
**Hillhouse, State Open boys indoor track**  
**Daniel Hand, Class M boys swimming**  
**Mercy, Class L cheerleading**  
**Sheehan, Div. 3 boys ice hockey** – lost to Lyman Hall, 6-2  
**Daniel Hand, Class L girls basketball** – lost to Hillhouse, 39-34  
**Sheehan, Class M girls basketball** – lost to Cromwell, 58-51  
**Notre Dame, Div. 1 boys ice hockey** – lost to Fairfield Prep, 5-2

### FALL (6)

**Sacred Heart Academy, Class M field hockey** – lost to Guilford, 3-1  
**Cheshire, Class L field hockey** – lost to Staples, 2-0  
**Guilford, Class L girls cross country**  
**North Haven, Class M girls swimming**  
**Lauralton Hall, Class S girls swimming**  
**Cheshire, State Open girls swimming**



**Keep Dreading the Red:** Branford won the SCC/SWC and State Division II boys ice hockey titles in 2019 (Steady Photography photo).

# 2018-19 COS NOW PLAYER AND COACHES OF YEAR

During the 2018-19 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 29 sponsored sports. Many thanks to league corporate sponsor Connecticut Orthopaedic Specialists and its affiliate COS NOW for sponsoring the awards. The Player and Coach of the Year honorees were selected by the respective sport's head coaches

## Fall

### Player of Year

Boys Cross Country: Robert Dillon (Shelton)  
Girls Cross Country: Meredith Bloss (Guilford)  
Field Hockey: Mikayla Crowley (Cheshire)  
Girls Soccer: Audrey Marin (Amity Regional)  
Boys Soccer: Axel Whamond (Fairfield Prep)  
Girls Volleyball: Abigail Harbinson (Amity Regional)  
Div. 1 Girls Swimming: Angela Gambardella (North Haven)  
Div. 2 Girls Swimming: Emma Panaroni (Hamden)  
Tier 1 Football: Jake Roberts (Shelton)  
Tier 2 Football: Phoenix Billings (Daniel Hand)  
Tier 3 Football: Terrence Bogan (Sheehan)

### Coach of Year

Boys Cross Country: Travis Gale (Wilbur Cross)  
Girls Cross Country: Jim Ford (Guilford)  
Field Hockey: Sara Hale (Amity Regional)  
Girls Soccer: Marcus Harley (Mercy)  
Boys Soccer: Brian Fitzgerald (Xavier)  
Girls Volleyball: Sue Bavone (Cheshire)  
Div. 1 Girls Swimming: Todd Rainey (Amity Regional)  
Div. 2 Girls Swimming: Molly Anderson (Jonathan Law)  
Tier 1 Football: Keith Hellstern (Fairfield Prep)  
Tier 2 Football: David Mastroianni (Daniel Hand)  
Tier 3 Football: Scott Benoit (East Haven)



**Volleyball Standouts:** Amity Regional's Abby Harbinson was a two-time SCC girls volleyball player of the year. Cheshire's Sue Bavone was the Coach of Year in both girls and boys volleyball in 2018-19 (Steady Photography photo).

## Winter

### Player of Year

Girls Basketball – Makenzie Helms (East Haven)  
Boys Basketball – Connor Raines (Notre Dame)  
Gymnastics – Mia Lawrence (Mercy)  
Wrestling – Michael Rapuano (Xavier)  
Boys Indoor Track – Deshaune Poole (Hillhouse)  
Girls Indoor Track – Jada Boyd (Hillhouse)  
Boys Swimming – Div. I – Matt Torres (Fairfield Prep)  
Boys Swimming – Div. II – Andrew Buehler (Sheehan)  
Boys Ice Hockey – Div. I – Niko Kyle (West Haven)  
Boys Ice Hockey – Div. II – John DeLucia (Guilford)  
Boys Ice Hockey – Div. III - Kyle Roberts (Lyman Hall/HK)  
Girls Ice Hockey – North – Grace Melanson (Simsbury)  
Girls Ice Hockey – South – Taylor Nowak (West Haven/SHA)  
Cheerleading – Emma Testani (Shelton)  
Cheerleading Merit Award - Sarina Sandwell (North Haven)

### Coach of Year

Girls Basketball – Tim Kohs (Mercy)  
Boys Basketball – Tyrese Sullivan (West Haven)  
Gymnastics – Monica Bauer (Mercy)  
Wrestling – Mike Cunningham (Xavier)  
Boys Indoor Track – Travis Gale (Wilbur Cross)  
Girls Indoor Track – Gary Moore (Hillhouse)  
Boys Swimming – Div. I – Rick Hutchinson (Fairfield Prep)  
Boys Swimming – Div. II – Keith Cargan (Sheehan)  
Girls Ice Hockey – North - Paul Melanson (Simsbury)  
Girls Ice Hockey – South - Michael Callan (Hamden)  
Boys Ice Hockey – Div. I - Todd Hall (Hamden)  
Boys Ice Hockey – Div. II - Jim DiNapoli (Branford)  
Boys Ice Hockey – Div. III - Brian Gonsalves (Daniel Hand)

## Spring

### Player of Year

Baseball – Ryan Strollo (Cheshire)  
Softball – Mia Juodaitis (Cheshire)  
Boys Lacrosse – Div. I – Mason Reale (Fairfield Prep), John DeLucia (Guilford)  
Boys Lacrosse – Div. 2 – Robbie Lionetti (Branford)  
Boys Volleyball – Colby Hayes (Cheshire)  
Boys Tennis – Div. I – Josh Israel (Daniel Hand)  
Boys Tennis – Div. 2 – Ustav Sibramani (Cheshire)  
Girls Tennis – Div. 1 – Julia Migliorini (North Haven)  
Girls Tennis – Div. 2 – Lucia Pino (Jonathan Law)  
Boys Outdoor Track & Field – Deshaune Poole (Hillhouse)  
Girls Outdoor Track & Field – Erica Marriott (North Haven)  
Girls Lacrosse – Div. I – Annie Eddy (Cheshire)  
Girls Lacrosse – Div. 2 - Carlee Crispens (Sheehan)  
Boys Golf – Div. I – Chris Fosdick (Xavier)  
Boys Golf – Div. 2 – Kyle St. Pierre (Shelton)  
Girls Golf – Tess Csejka (Amity Regional)

### Coach of Year

Baseball - Mike Lussier (Cheshire)  
Softball – Joe Morrell (West Haven)  
Boys Lacrosse – Div. I – Brian White (Guilford)  
Boys Lacrosse – Div. 2 – Jim May (Branford)  
Boys Golf – Div. I – Bob Bernier (Fairfield Prep)  
Boys Golf – Div. 2 – David Esteban (Guilford)  
Girls Golf – John Williams (Cheshire)  
Boys Outdoor Track & Field – Michelle Moore (Hillhouse), Travis Gale (Wilbur Cross)  
Girls Outdoor Track & Field – Gary Moore (Hillhouse)  
Boys Tennis – Div. I – Matt Fraenza (Branford)  
Boys Tennis – Div. 2 – Jamie Canny (Sheehan)  
Girls Tennis – Div. I – Missy Kaminski (Foran)  
Girls Tennis – Div. 2 – Samantha Provenzano (Lyman Hall)  
Boys Volleyball – Sue Bavone (Cheshire)

**COS NOW**  
**ORTHO WALK-IN**

 Connecticut Orthopaedic Specialists

# SCHOLAR ATHLETE RECOGNITION, PRESENTED BY GREAT BLUE RESEARCH

**Great Blue Research** is the presenting sponsor of the SCC Scholar Athlete Recognition program. Based in Cromwell, Conn., Great Blue Research Inc. is a full-service, in-house Market & Public Policy Research company utilizing a variety of methodologies, including telephone, email, web-based surveys, focus groups, and one-on-one interviews.

*The Scholar Athlete recognition program recognizes the “best of the best” in the SCC. Recipients are selected by their school’s coaches and athletic directors. Recipients must have a minimum of a B (3.0) average overall and be a varsity letterwinner. The recipients should also demonstrate leadership qualities by: being a positive role model for other students both on and off the field; exhibiting an ability to help a teammate overcome adversity; showing a commitment to self-improvement; and putting the needs of the team before themselves.*



## Fall

Amity Regional - Danielle Grosso (soccer), Anthony Tom (cross country)  
Branford - Praneeth Ganedi (soccer), Serena Sachs (swimming)  
Career - David Vallejo (soccer), Pierrete Toupou (volleyball)  
Cheshire - Mikayla Crowley (field hockey), Richmond Le (cross country)  
Daniel Hand - Lee Wildermann (soccer), Isabella Vitale (Volleyball)  
East Haven - Michael Castellano (football), Megan Roberts (volleyball)  
Fairfield Prep - Campbell Halloran (football), Eddie Tristine (cross country)  
Foran - Max Tavitian (football), Tessa Malesky (soccer)  
Guilford - Maeve Grattan (soccer), Braden Stephens (soccer)  
Hamden - Gabriella Mignosa (soccer), Christopher Wallace (football)  
Hillhouse - Ezakah Artis (football), Teyana Scott (volleyball)  
Jonathan Law - Abigail Bernstein (soccer), Tyler McKenna-Hansen (cross country)  
Lauralton Hall - Leah Cogguillo (field hockey), Katherine Connolly (swimming)  
Lyman Hall - Meredith DeNegris (field hockey), Luke Horobin (cross country)  
Mercy - Quincy Platt (soccer), Sarah San Vicente (swimming)  
North Haven - Katie Rogers (soccer), Jackson Frank (cross country)  
Notre Dame - Brian Locicero (cross country), Kamron Bell (football)  
Sacred Heart Academy - Stephanie Sullivan (cross country)  
Sheehan - Mark Amodio (soccer), Sydney Carim (cross country)  
Shelton - Anna Weissenberg (cross Country), Emma Parkes (swimming)  
West Haven - Joseph Delgado (tennis), Julia Walker (soccer)  
Wilbur Cross - Michael Tramontano (cross country), Teadora Ranelli (soccer)  
Xavier - Ryan Grochowski (cross country), Christian Wade (soccer)

## Winter

Amity Regional - Kate Yuan (indoor track), Jacob Feuerstein (ski racing)  
Branford - Sophia Araneo (basketball), Aidan Kropiwnicki (indoor track)  
Career - Tim Fields (basketball), Maya Joyner (indoor track)  
Cheshire - Amanda Adesso (indoor track), Kyle Sheehan (ice hockey)  
Daniel Hand - Grace Rogers (gymnastics), Daniel Chen (swimming)  
East Haven - Olivia Delbasio (cheerleading), Kevin Pettis (unified basketball)  
Fairfield Prep - Sean Zentner (wrestling), Alec Keblish (swimming)  
Foran - Emma Cote (Indoor Track), Patrick Brogan (wrestling)  
Guilford - Jane Danaher (basketball), John DeLucia (ice hockey)  
Hamden - Claire Boncek (girls hockey), Matthew Schrier (boys swimming)  
Hillhouse - Talib McBride (indoor track), Tyree Allen (basketball)  
Jonathan Law - Will Contaxis (basketball), Julie Myers (gymnastics)

Lauralton Hall - Abigail Baisley (indoor track), Anna Yang (indoor track)  
Lyman Hall - Kailey Lipka (basketball), Cameron Regan (basketball)  
Notre Dame - Michael Card (Ice Hockey), Eddie Zantor (basketball)  
North Haven - Sarina Sandwell (cheerleading), Jack Opramolla (indoor track)  
Mercy - Sophia Finkeldey (basketball), Halle Carroll (indoor track)  
Sacred Heart Academy - Mary Sarah Olson (basketball)  
Sheehan - Logan Adams (swimming), Rayna Esch (swimming)  
Shelton - Brian Berritto (basketball), Mackenzie Joyce (basketball)  
West Haven - Keegan Riccio (basketball), Nash Noble (tennis)  
Wilbur Cross - Yaleija Jackson (Indoor Track), Enasj Jones (Boys Basketball)  
Xavier - Julen Lujambio (swimming), Pierre Sylvain (indoor track)

## Spring

Amity Regional - Samuel Mahler (outdoor track & field), Elizabeth Brownfield (softball)  
Branford - Mary Nwagboli (outdoor track & field), Anders Brown (lacrosse)  
Career Magnet - Nicolas Avila (baseball), Gina Patel (tennis)  
Cheshire - Jenny Wang (tennis), Ryan Cyr (baseball)  
Daniel Hand - Samantha Riordan (tennis), Julian Banerji (baseball)  
East Haven - Mikayla Raffone (tennis), Nate Furino (baseball)  
Fairfield Prep - Jamie Paul (sailing), Evan Bean (crew)  
Foran - Ryan DeMarco (lacrosse), Natalie Hubler (tennis)  
Guilford - Charlotte Zimmer (tennis), Ben Panagoulis (baseball)  
Hamden - Ava Albis (tennis), Akshar Agarwal (tennis)  
Hillhouse - Yesenny Lina (softball), Emani Williams (outdoor track & field)  
Jonathan Law - Cali Jolley (softball), Bryan Reed (baseball)  
Lauralton Hall - Sydney O'Neil (lacrosse), Theresa Piscitelli (golf)  
Lyman Hall - Carly Jacobs (outdoor track & field), Andrew Horobin (outdoor track & field)  
Mercy - Cameryn Antler (lacrosse), Rachael Cipolla (outdoor track & field)  
North Haven - Grace Gillooly (lacrosse), Daniella Bryson (tennis)  
Notre Dame - Jason Ostrowski (baseball), Tom Rosati (golf)  
Sacred Heart Academy - Sofia Verna (lacrosse)  
Sheehan - Shreya Patel (tennis), John Yoder (tennis)  
Shelton - Jacquelyn Simington (outdoor track & field), Robert Dillon (outdoor track & field)  
West Haven - Skyler Serenson (tennis), Dominic Cambino (baseball)  
Wilbur Cross - Andrew Marrero (baseball), Olivia Ferrara (softball)  
Xavier - Nick DeBrizzi (baseball), Jake Woznyk (lacrosse)



# 2018-19 BY THE NUMBERS/NEWS

## FAREWELL

Two members of the SCC administration - Xavier athletic director Tony Jaskot and Sacred Heart Academy athletic director George Bedocs- announced their well-deserved retirements following the conclusion of the 2018-19 academic year. Both gentlemen will be missed!



## 25TH YEAR CLAMBAKE

More than 250 current and former administrators and coaches attended the SCC's 25th Anniversary Clambake on Monday, June 10 at Anthony's OceanView. Many thanks to the attendees and event sponsors.



**Past and Present:** The history of the SCC was well represented at the 25th Year Clambake. Former athletic directors, Jim Benanto (Shelton), Ken Marcucio (Derby) and Chip Dorwin (Guilford) are pictured above with SCC Commissioner emeritus Bill O'Brien and current Branford athletic directors Jake Palluzzi and Savas Synodi (SCC photo).



## BY THE NUMBERS



**5** – All-SCC matchups in a State Championship Game in the 2018-19 academic year (Boys Ice Hockey (2), Field Hockey, Girls Basketball, Girls Tennis).

**5<sup>2</sup>** – Number of SCC state titles that Daniel Hand and Hillhouse each won in 2018-19.

**14** – Different SCC schools captured a league post-season championship in 2018-19.

**15** – Consecutive Years that Fairfield Prep has won the SCC boys swimming title; it is the longest current post-season streak in the conference.

**39** – Total number of SCC teams that won or finished as state runner-ups in 2018-19.

**43** – Student-Athletes who were named "OrthoNOW" SCC Players of the Year in 2018-19. Also, 41 head coaches were named "COS NOW" SCC Coaches of the Year.

**68.6** – Percentage of SCC teams that qualified for state tournament competition in 2018-19.

**72** – Number of state titles that Hillhouse's teams have won since 1994-95 - the most of any SCC member school.

**464** – SCC teams that have won or shared a state championship since 1994-95.

### PHOTO CREDITS

The 2018-19 SCC "team championship" photos were provided by Bill O'Brien and the staff at Steady Photography.



# 2018-19 SPORT-BY-SPORT RECAP



## Fall Football

### State Champions:

Daniel Hand (Class L) – defeated Maloney, 54-14

### State Runner-ups: none

### State Semifinal Results:

Class LL: New Canaan 38, Fairfield Prep 7

Class L: Daniel Hand 49, Windsor 7

Class M: Berlin 34, Sheehan 22

### State Quarterfinal Results:

Class LL: New Canaan 42, Shelton 34

Class LL: Fairfield Prep 28, Southington 21

Class L: Daniel Hand 56, Bunnell 0

Class L: Windsor 34, North Haven 14

Class M: Sheehan 43, Wolcott 20

### Tier Leaders

Tier 1: Shelton (6-0), Fairfield Prep (5-1), North Haven (3-2)

Tier 2: Daniel Hand (5-0), Amity Regional (4-1), Hillhouse (3-3)

Tier 3: Sheehan (6-0), Jonathan Law (4-1), Guilford (3-2)

### All-Conference

#### **Tier 1 – Offense**

OL: Joe Manning (West Haven), Johan Klein-Robbenhaar (Notre Dame), Ray Weiner (Shelton), Will Bergin (Cheshire), Campbell Halloran (Fairfield Prep)

TE: Quinn Zdrojeski (Xavier)

WR: Finn Duran (Fairfield Prep), Paul Ferrigno (Shelton)

RB: Jake McAlinden (Cheshire), Doug Harrison (Fairfield Prep)

QB: Jake Roberts (Shelton), J.P. Iaropoli (Fairfield Prep)

PK: Nick Andrade (Shelton)

#### **Tier 1 – Defense**

DL: Jake Breton (Shelton), Vin DePalma (North Haven)

LB: Tyler Janik (Shelton), Albert Hooks (North Haven), Nick Dodge (North Haven), Nick Hasselman (Xavier), Dominick Avalone (Notre Dame)

DB: Demerick Blackford (West Haven), Zach Hochman (Notre Dame), Jack Carr (Shelton), Devan Brockamer (North Haven), Peter Kavanaugh (Fairfield Prep)

UTY: Jordan Berrios (West Haven)

#### **Tier 2 – Offense**

OL: Elijah Cherry (Wilbur Cross), Troy Rainey (Harding), Ben Corniello (Daniel Hand), Macken McDonald (Daniel Hand),



*Daniel Hand won the Class L football title for the second straight year (Bill O'Brien photo)*

Omar Henry (Hillhouse), Jai Greer (Hamden)

RB: Michael Young (Amity Regional), Colin McCabe (Daniel Hand), Jasiah Barnes (Wilbur Cross)

QB: Phoenix Billings (Daniel Hand), Kevin Bednarz (Harding)

PK: Isaiah McNeilley (Daniel Hand)

#### **Tier 2 – Defense**

DL: Jack Flanagan (Daniel Hand), Joseph DiGello (Amity Regional), Greg Chambers (Hillhouse), Nico Semmonella (Amity Regional)

LB: Austin Geyer (Harding), Gabe Okeke (Hamden), Justin DeEll (Foran), Anthony Olenechuk (Amity Regional), Mikey DeLeon (Wilbur Cross)

DB: Ian Butler (Daniel Hand), Neal Eley (Hillhouse), Christopher Wallace (Hamden)

#### **Tier 3 – Offense**

OL: Willy Seay (Sheehan), Steve Mingione (East Haven), Qris Johnson (Lyman Hall), Mark Chapman (Guilford)

TE: Zach Merchant (Jonathan Law)

WR: Jake Smith (Sheehan), Ethan Saley (Jonathan Law)

RB: Terrence Bogan (Sheehan), Mike Plaskon (Jonathan Law), Austin Ruiz (Lyman Hall)

QB: Wes Terzi (Sheehan), Sean Kelly (Branford)

PK: Evan Damian (East Haven)

#### **Tier 3 – Defense**

DL: Luke Willette (Sheehan), Calvin Nelson (East Haven), Chris Bouton (Branford), Zach Kizer (Lyman Hall)

LB: Mike Becker (Jonathan Law), Tyler Ekstrom (Sheehan), Ryan Cordova (East Haven), Josh Rao (East Haven), Austin Danville (Jonathan Law), Jackson Seward (Branford)

DB: Aaron Simmons (Sheehan), Charles Walcott (Guilford), Ethan Vashal (Guilford)

### SCC/COS NOW Player/Coaches of Year

Tier 1 Player of the Year: Jake Roberts, QB, Shelton

# 2018-19 SPORT-BY-SPORT RECAP



Tier 1 Coach of the Year: Keith Hellstern, Fairfield Prep  
Tier 2 Player of the Year: Phoenix Billings, QB, Daniel Hand  
Tier 2 Coach of the Year: David Mastroianni, Daniel Hand  
Tier 3 Player of the Year: Terrence Bogan, RB, Sheehan  
Tier 3 Coach of the Year: Scott Benoit, East Haven

## Boys Cross Country

**State Champions:** Xavier (Class L and State Open)

**State Runner-ups:** none

**Top State Finishes:**

Shelton (4th in Class LL; 10th in State Open)  
Wilbur Cross (5th in Class LL)  
Guilford (5th in Class MM)  
Sheehan (7th in Class M)

**Division Champions:**

Hammonasset: Guilford (4-0)  
Housatonic: Shelton (4-0)  
Oronoque: Wilbur Cross (4-0)  
Quinnipiac: Xavier (4-0)

**SCC Championship Meet - Oct. 19 @East Shore Park – New Haven, presented by SoundRUNNER**

1. Xavier, 33; 2. Shelton, 66; 3. Wilbur Cross, 86; 4. Amity Regional, 117; 5. Cheshire, 172; 6. Guilford, 189; 7. Fairfield Prep, 196; 8. Daniel Hand, 204; 9. Hamden, 258; 10. Notre Dame, 272; 11. Sheehan, 297; 12. Jonathan Law, 352; 13. Lyman Hall, 366; 14. North Haven, 411; 15. Branford, 420; 16. West Haven, 490; 17. Hillhouse, 523; 18. Foran, 542; 19. East Haven, 605

**Top Finisher:** Robert Dillon (Shelton), 16:05

**All-Conference First Team**

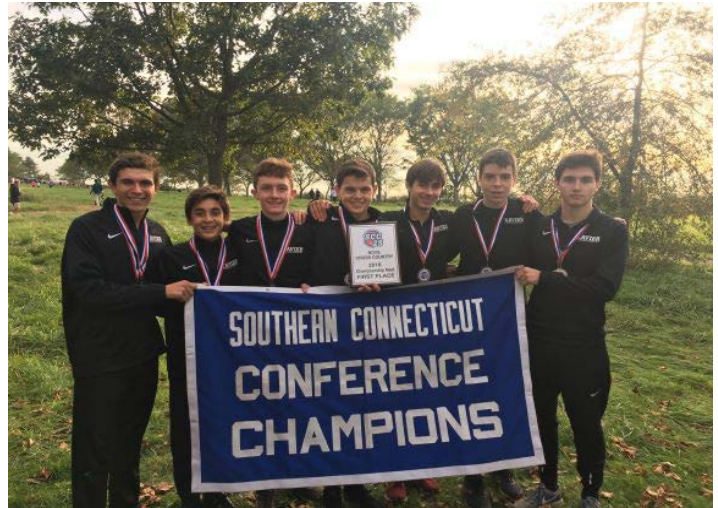
Robert Dillon (Shelton), Will Curran (Xavier), Peter Schulten (Xavier), Dillon Selfors (Xavier), Travis Martin (Wilbur Cross), Connor Visnic (Amity Regional), Brendan Mellitt (Cheshire), Edward Tristine (Fairfield Prep), Azaan Dawson (Fairfield Prep), Eamon Burke (Xavier), Mohammed Hussain (Wilbur Cross), Tyler Pineau (Shelton)

**All-Conference Second Team**

Matthew Richard (Shelton), Julen Lujambio (Xavier), John DeRosa (Shelton), Noah San Vicente (Xavier), Elliott Faulkner (Wilbur Cross), Nassaiah Betancourt (Wilbur Cross), Damon Swift (Hamden), Dante Zucconi (Daniel Hand), Elijah Dillon (Guilford), Francis Simpatico (Cheshire), Alexander Zakatkay (Amity Regional), Thomas Minar (Notre Dame)

**SCC/COS NOW Runner/Coach of Year**

Runner of the Year: Robert Dillon (Shelton)  
Coach of the Year: Travis Gale (Wilbur Cross)



*Xavier won the SCC boys cross country title for the third straight year.*

## Girls Cross Country

**State Champions:** None

**State Runner-ups:** Guilford (Class L)

**Top State Finishes:**

Guilford (State Open, 9th)  
Daniel Hand (5th in Class MM)  
Cheshire (6th in Class L)  
Sheehan (7th in Class M)  
Wilbur Cross (8th in Class L)

**Division Champions:**

Hammonasset: Guilford (4-0)  
Housatonic: Amity Regional (4-0)  
Oronoque: Wilbur Cross (4-0)  
Quinnipiac: Hamden (4-0)

**SCC Championship Meet - Oct. 19 @East Shore Park – New Haven, presented by SoundRUNNER**

1. Guilford, 62; 2. Amity Regional, 88; 3. Cheshire, 102; 4. Daniel Hand, 140; 5. Hamden, 144; 6. Wilbur Cross, 215; 7. Shelton, 216; 8. Mercy, 231; 9. Jonathan Law, 247; 10. Sheehan, 258; 11. Foran, 264; 12. Luralton Hall, 296; 13. Lyman Hall, 329; 14. Branford, 334; 15. Sacred Heart Academy, 338; 16. North Haven, 439; 17. West Haven, 530; 18. East Haven, 539

**Top Finisher:** Meredith Bloss (Guilford), 19:19

**All-Conference First Team**

Meredith Bloss (Guilford), Ella Bradford (Hamden), Clara Wiesler (Guilford), Anna Steffen (Daniel Hand), Amanda Addresso (Cheshire), Elisabeth Brown (Sheehan), Anna Weissenberg (Shelton), Gianna Siciliano (Guilford), Racheal Cipolla (Mercy),



# 2018-19 SPORT-BY-SPORT RECAP



Guilford won the SCC girls cross country title for a league-record 15th time in 2018.



Fairfield Prep won the SCC boys soccer title in 2018.

Grace Adolphe (Wilbur Cross), Ariana Garay (Amity Regional), Abigail Bowser (Amity Regional)

## **All-Conference Second Team**

Emily Longmore (Cheshire), Stephanie Meza Sanchez (Wilbur Cross), Olivia Ferraro (Cheshire), Madison Steigman (Hamden), Molly Marrandino (Hamden), Madelyn Ciskowski (Amity Regional), Katie Konareski (Jonathan Law), Alexandra Kenealy (Shelton), Meghan Georgescu (Cheshire), Caroline Chen (Amity Regional), Emma Bonz (Guilford), Madison Rotermund (Daniel Hand)

## **SCC/COS NOW Runner/Coach of Year**

Runner of the Year: Meredith Bloss (Guilford)  
Coach of the Year: Jim Ford (Guilford)

## **Boys Soccer**

### **State Champions:**

Daniel Hand (Class L), defeated Maloney, 1-0

**State Runner-ups:** none

### **State Semifinals:**

Daniel Hand defeated Wethersfield, 3-2 (ot)

### **Division Champions**

Hammonasset: Shelton (7-1)  
Housatonic: Xavier (7-0-1)  
Oronoque: Cheshire (7-0-1)  
Quinnipiac: Guilford (4-0-2)

### **All-Conference First Team**

Axel Whamond (Fairfield Prep), Mike Salley (Xavier), Toby Goldstein (Cheshire), Erik LePeak (Guilford), Erik Lorrent (Shelton), Marzio Mastroianni (Branford), Scott Testori (Daniel

Hand), Austin Gilbride (Amity Regional), Caleb Tondora (Foran), Henrique Araujo (Xavier), Anthony Russo (Shelton), Tyler Stowik (Lyman Hall)

## **All-Conference Second Team**

Lee Wildermann (Daniel Hand), Matt French (West Haven), Jack Laura (Cheshire), Troy Anderson (Jonathan Law), Tyler Jasinski (Sheehan), Christian Wade (Xavier), Ian Slattery (Guilford), Ben DeMaio (Branford), Matthew Mayano (Cheshire), Isaac Garcia (Shelton), Zach Young (Amity Regional), Clayton Knibbs (Daniel Hand)

## **SCC Playoffs**

### **Quarterfinals – Oct. 26 @Higher Seeds**

#1 Xavier 2, #8 Guilford 1  
#4 Branford 1, #5 Cheshire 0 (OT) (Oct. 28)  
#2 Fairfield Prep 2, #7 Amity Regional 0 (Oct. 28)  
#6 Shelton 1, #3 Daniel Hand 0 (2 OT) (Oct. 28)

### **Semifinals – Oct. 30 @Higher Seeds**

#1 Xavier 1, #4 Branford 0  
#2 Fairfield Prep 3, #6 Shelton 0

### **Championship Game – Nov. 1 @West Haven HS**

Fairfield Prep 1, Xavier 0

## **SCC/COS NOW Player/Coach of Year**

Player of the Year: Axel Whamond (Fairfield Prep)  
Coach of the Year: Brian Fitzgerald (Xavier)

## **Girls Soccer**

**State Champions:** none

**Runner-Ups:** none

### **State Semifinals:**

Daniel Hand (Class L), lost to Farmington, 2-1 (PK's 7-5)

# 2018-19 SPORT-BY-SPORT RECAP



Shelton won the 2018 SCC girls soccer title.



Guilford won its first-ever SCC field hockey title in 2018.

## **Division Champions**

Hammonasset: Guilford (5-0-3)

Housatonic: Shelton (8-0)

Oronoque: Amity Regional (7-0-1)

Quinnipiac: Mercy (5-0-1)

## **All-Conference First Team**

Madison Barbieri (West Haven), Paige DeGorse (Amity Regional), Olivia Dubuc (Sheehan), Sandra Fronc (Mercy), Kayla Howard (Daniel Hand), Jade Ijeh (Sacred Heart Academy), Erin Keary (Shelton), Kaitlyn Laura (Cheshire), Audrey Marin (Amity Regional), Emma McMurray (Mercy), Molly Rotondo (Lauralton Hall), Abbey Vilaseca (Guilford)

## **All-Conference Second Team**

Alayna Boileau (Branford), Jill Hall (Jonathan Law), Kaylee Huber (Amity Regional), Carly Jacobs (Lyman Hall), Tatiana Jones (Hamden), McKenzie Joyce (Shelton), Lila McNamee (Cheshire), Jenna Pane (East Haven), Sam Riordan (Daniel Hand), Laya Vohru (Shelton), Madison Webster (Mercy), Jocelyn Wirth (Jonathan Law)

## **SCC Playoffs**

### **Quarterfinals – Oct. 27 @Higher Seeds**

#1 Mercy 2, #8 Guilford 1

#4 Lauralton Hall 2, #5 Sacred Heart Academy 0

#2 Shelton 3, #7 Cheshire 2 (OT)

#3 Amity Regional 2, #6 Daniel Hand 1

### **Semifinals – Oct. 30 @Higher Seeds**

#1 Mercy 4, #4 Lauralton Hall 0

#2 Shelton 1, #3 Amity Regional 0

### **Championship Game – Nov. 1 @West Haven HS**

Shelton 0, Mercy 0 (Shelton wins 3-2 via penalty kicks)

## **SCC/COS NOW Player/Coach of Year**

Player of the Year: Audrey Marin (Amity Regional)

Coach of the Year: Marcus Harley (Mercy)

# **Field Hockey**

## **State Champions:**

Guilford (Class M), defeated Sacred Heart Academy, 3-1

## **State Runner-ups:**

Sacred Heart Academy (Class M), lost to Guilford, 3-1

Cheshire (Class L), lost to Darien, 2-0

## **State Semifinals:**

Guilford (Class M), defeated Daniel Hand, 1-0

Sacred Heart Academy (Class M), defeated Avon, 1-0 (3 OT)

Cheshire (Class L), defeated Newtown, 3-2 (ot)

## **Regular-season Champions:**

Cheshire (12-0)

## **All-Conference First Team**

Tess Csejka (Amity Regional), Molly Zaffino (Branford), Jacqui Sandor (Daniel Hand), Taylor Dostie (Sacred Heart Academy), Mikayla Crowley (Cheshire), Emily Torre (Guilford), Claire Boncek (Hamden), Annie Eddy (Cheshire), Lexie Hemstock (Cheshire), Leah Cogguillo (Lauralton Hall), Janie Danaher (Guilford), Erickson Richard (Daniel Hand)

## **All-Conference First Team**

Ciara Halloran (Daniel Hand), Celia Mariconda (Guilford), Maggie Martin (Branford), Ari Martin (Hamden), Ella Stanley (Guilford), Hannah Tillier (Guilford), Carly Shea (Branford), Julia Arsenault (Lauralton Hall), Morgan Rahn (Amity Regional), Alivia Celentano (Lyman Hall), Francesca Criscuolo (Sacred Heart Academy), Kathryn Donahey (Daniel Hand), Jade Barnes (Cheshire), Olivia Salamone (Cheshire)

## **SCC Playoffs**



# 2018-19 SPORT-BY-SPORT RECAP



## Quarterfinals - Oct. 26 @ Higher Seeds

- #1 Cheshire 6, #8 Luralton Hall 0
- #5 Branford 3, #4 Amity Regional 2
- #2 Guilford 4, #7 Sacred Heart Academy 0
- #3 Daniel Hand 3, #6 Hamden 0

## Semifinals - Oct. 30 @ Higher Seeds

- #2 Guilford 2, #3 Daniel Hand 0
- #1 Cheshire 5, #5 Branford 0

## Championship Game - Nov. 3 @ Guilford HS

Guilford 3, Cheshire 1

## SCC/COS NOW Player/Coach of Year

Player of the Year: Mikayla Crowley (Cheshire)

Coach of the Year: Sara Hale (Amity Regional)



Cheshire won the 2018 SCC girls volleyball title.

## Girls Volleyball

### State Champions:

Amity Regional (Class LL), defeated Darien, 3-1 (27-25, 26-24, 22-25, 25-22)

### State Finalists: none

### State Semifinals:

Amity Regional (Class LL), defeated Westhill, 3-0 (26-24, 25-23, 25-20)

Jonathan Law (Class M), lost to Weston, 3-1 (21-25, 25-17, 25-20, 25-19)

### Division Champions

Hammonasset: Cheshire (8-0)

Housatonic: Amity Regional (8-0)

Oronoque: Guilford (8-0)

Quinnipiac: Hamden (7-1)

### All-Conference First Team:

Reem Abdul-Hack (Shelton), Lindsey Abramson (Cheshire), Emma Appleman (Guilford), Zoe DiZenzo (Amity Regional), Jessica Foss (Shelton), Abigail Harbinson (Amity Regional), Mia Juodaitis (Cheshire), Diana Kalman (East Haven), Diana Karosas (Branford), Olivia Pisano (Amity Regional), Juliet Young (Guilford), Giselle Zumerchik (North Haven)

### All-Conference Second Team:

Nicole Albert (Lyman Hall), Nayeli Cruz Martinez (Wilbur Cross), Sara DeMarco (Shelton), Katie Eighmy (Jonathan Law), Pam Ellison (Jonathan Law), Maya Epps (Hamden), Michelle Frankel (Cheshire), Jillian Manning (Sacred Heart Academy), Olivia Petersen (North Haven), Theresa Piscitelli (Luralton Hall), Isabella Ragaini (East Haven), Jenny Wang (Cheshire)

### SCC Playoffs

#### First Round - Oct. 26 @ Higher Seeds

#3 Amity Regional 3, #14 Sacred Heart Academy 0 (25-18, 25-13, 25-18)

#4 Guilford 3, #13 Daniel Hand 0 (27-25, 25-21, 25-22)

#5 North Haven 3, #12 West Haven 0 (25-13, 25-21, 25-18)

#6 East Haven 3, #11 Luralton Hall 0 (25-7, 25-20, 25-16) (Oct. 27)

#10 Hamden 3, #7 Jonathan Law 2 (25-18, 23-25, 25-21, 21-25, 15-10) (Oct. 27)

#9 Lyman Hall 3, #8 Wilbur Cross 2 (25-16, 25-19, 20-25, 23-25, 15-12).

### Quarterfinals - Oct. 30 @ Higher Seeds

#1 Cheshire 3, #9 Lyman Hall 0 (25-15, 25-14, 25-14)

#4 Guilford 3, #5 North Haven 0 (25-20, 25-12, 25-18)

#2 Shelton 3, #10 Hamden 1 (25-23, 23-25, 26-24, 25-18)

#3 Amity Regional 3, #6 East Haven 0 (25-15, 25-14, 25-15)

### Semifinals - Nov. 1 @ Higher Seeds

#1 Cheshire 3, #4 Guilford (25-19, 23-25, 25-17, 25-19)

#3 Amity Regional 3, #2 Shelton 1 (25-20, 23-25, 25-18, 25-18)

### Championship Game - Nov. 3 @ East Haven HS

Cheshire 3, Amity Regional 2 (22-25, 21-25, 25-20, 25-21, 15-12)

### SCC/COS NOW Player/Coach of Year

Player of the Year: Abby Harbinson (Amity Regional)

Coach of the Year: Sue Bavone (Cheshire)

## Girls Swimming

### State Champions:

Cheshire (Class L)

Daniel Hand (Class M)

### State Runner-ups:

Cheshire (State Open)

North Haven (Class M)

Luralton Hall (Class S)

### Top State Finishes:

Amity Regional (5th in Class LL)

# 2018-19 SPORT-BY-SPORT RECAP



Cheshire won its 24th SCC girls swimming title in 25 years.

Mercy (5th in Class M)  
Jonathan Law (5th in Class S)  
Sheehan (6th in Class S)  
Branford (7th in Class M)

## **SCC Championship Meet – Nov. 1 @SCSU – Moore Field-house**

1. Cheshire, 1489; 2. Luralton Hall, 881; 3. Amity Regional, 875.50; 4. Daniel Hand, 741; 5. North Haven, 682.5; 6. Lyman Hall, 510; 7. Mercy, 392; 8. Hamden, 389; 9. Shelton, 375; 10. Jonathan Law, 356; 11. Foran, 340; 12. Sheehan, 307; 13. East Haven/Wilbur Cross, 291; 14. Branford, 274; 15. Guilford, 249; 16. Sacred Heart Academy, 219; 17. West Haven, 213

### **All-Conference (top 3 individuals; top 2 relay teams)**

#### **200-yard medley relay:**

North Haven (Brook Nebor, Angela Gambardella, Riley Jooss, Madeline Bergin)  
Cheshire (Jillian Stevens, Elli Haskes, Julia Stevens, Ester Han)

**200-yard freestyle:** Sophie Murphy (Cheshire), Norah Rome (East Haven/Cross), Claire Kehley (Luralton Hall)

**200-yard individual medley:** Angela Gambardella (North Haven), Julia Stevens (Cheshire), Samantha Grenon (Cheshire)

**50-yard freestyle:** Madeline Bergin (North Haven), Louise Kim (Shelton), Emma Tirollo (Amity Regional)

**Diving:** Sienna Breton (Cheshire), Ava Santacroce (North Haven), Mary Huminski (Daniel Hand)

**100-yard butterfly:** Julia Stevens (Cheshire), Jordan MacDonald (Foran), Katherine O'Connor (Amity Regional)

**100-yard freestyle:** Madeline Bergin (North Haven), Louise Kim (Shelton), Ruby Redlich (Daniel Hand)

500-yard freestyle: Norah Rome (East Haven/Cross), Samantha Grenon (Cheshire), Claire Kehley (Luralton Hall)

#### **200-yard freestyle relay:**

North Haven (Angela Gambardella, Brook Nebor, Riley Jooss, Madeline Bergin)  
Shelton (Emma Parkes, Louise Kim, Alyssa Bretan, Anastasia Alcaraz-Sim)

**100-yard backstroke:** Kayla Medonca (Daniel Hand), Vivian Freitas (Luralton Hall), Emma Panaroni (Hamden)

**100-yard breaststroke:** Angela Gambardella (North Haven), Caroline Krawec (Lyman Hall), Bella Tejada (Cheshire)

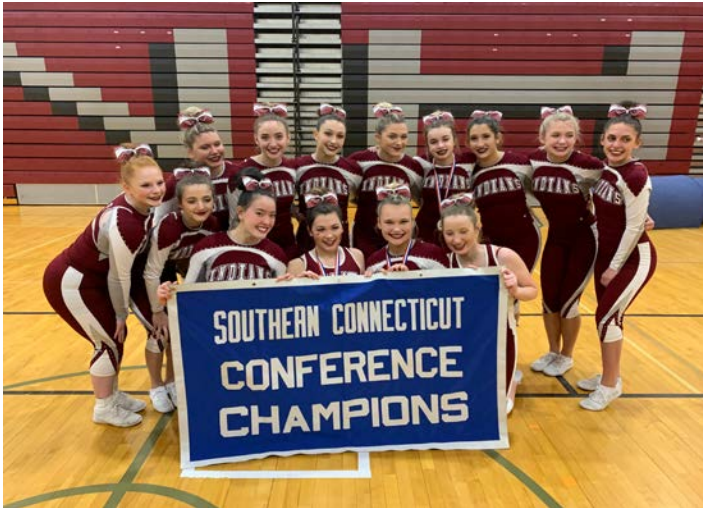
#### **400-yard freestyle relay:**

Cheshire (Samantha Grenon, Nora Bergstrom, Julia Stevens, Sophie Murphy)  
Shelton (Louise Kim, Emma Parkes, Kayla Bretan, Alyssa Bretan)

### **SCC/COS NOW Swimmer/Coach of Year**

Div. 1 Swimmer of the Year: Angela Gambardella (North Haven)  
Div. 1 Coach of the Year: Todd Rainey (Amity Regional)  
Div. 2 Swimmer of the Year: Emma Panaroni (Hamden)  
Div. 2 Coach of the Year: Molly Anderson (Jonathan Law)

# 2018-19 SPORT-BY-SPORT RECAP



North Haven won the All-Girl cheerleading title in 2019.



Daniel Hand won the Co-ed cheerleading title in 2019.

## WINTER

### Cheerleading

**State Champions:** North Haven (Class L)

**State Runner-ups:** Mercy (Class L)

**Top State Finishes:**

Branford (3rd in Class L)  
Daniel Hand (3rd in Co-ed)  
Shelton (4th in Class LL)  
Lauralton Hall (4th in Class M)  
East Haven (5th in Class L)  
Sacred Heart Academy (6th in Class L)  
Cheshire (7th in Class LL)

**SCC Competition: Feb. 2 @North Haven HS**

Co-ed: Daniel Hand (85.95), Hamden (46.15)

All-Girl: North Haven (87.05), Shelton (86.05), Lauralton Hall (82.45), Branford (77.55), Cheshire (76.1), Mercy (75.95), West Haven (71.2), East Haven (71.0), Sacred Heart Academy (65.5), Sheehan (63.2), Amity Regional (62.6), Jonathan Law (62.1), Foran (61.05)

**Spirit Award:** Hamden

**All-Conference**

Emma Testani (Shelton), Saige McCarten (Shelton), Trista Oddo (Shelton), Sophie Kornacki (North Haven), Ashley Rodriguez (Mercy), Abigail Haggerty (North Haven), Renee Myjack (North Haven), Gina Ciotti (Daniel Hand), Chloe Scott (Daniel Hand), Kiley Strong (Lauralton Hall), Rachel Rustemeyer (Branford),

Izzy Carusone (Daniel Hand), Bella Miranda (Branford), Alexa Toohey (Lauralton Hall), Kelsey Caramanica (Mercy), Bridget Eberhart (Mercy), Jade Washington (West Haven), Jackie Theriault (Cheshire), Emily Miller (East Haven), Sophia Speringo (East Haven), Caroline McMullen (Lauralton Hall)

**SCC/COS NOW Cheerleaders of Year**

Cheerleader of the Year: Emma Testani (Shelton)

Spirit Award: Sarina Sandwell (North Haven)

### Gymnastics

**State Champions:** none

**State Runner-ups:** none

**Top State Finishes:**

Daniel Hand (3rd in Class S)  
Jonathan Law (5th in Class S)  
Mercy (6th in Class S)

**SCC Championship Meet – Feb. 9 @Jonathan Law HS**

1. Mercy, 133.3; 2. Daniel Hand, 131.4; 3. Jonathan Law, 127.15; 4. Foran, 117.65; 5. Hamden, 110.8

**All-Around:** Mia Lawrence (Mercy), 36.15

**Bars:** Mia Lawrence (Mercy), 9.1

**Beam:** Grace Rogers (Daniel Hand), 8.8

**Floor:** Mia Lawrence (Mercy), 9.65

**Vault:** Mia Lawrence (Mercy), 9.2

**All-Conference**

Mia Lawrence (Mercy), Grace Rogers (Daniel Hand), Megan Colony (Sacred Heart Academy), Paige Dean (Daniel Hand), Charlie Weaver (Mercy), Kaci Buono (Mercy), Catherine Burns (Jonathan Law), Makenna Sharpe (Jonathan Law), Brooke Kus-tra (Branford), Cece Vess (Mercy), Samantha Lambert (Foran),



# 2018-19 SPORT-BY-SPORT RECAP



*Mercy won the SCC gymnastics title in 2019.*

Emma Nelly (Jonathan Law), Kelley Levis (Daniel Hand), Annie Berger (Mercy), Taylor Emmerich (Hamden), Alexis Sangiovanni (Hamden), Carly-Anna Barba (Daniel Hand), Kylee Troy (Jonathan Law)

## **SCC/COS NOW Gymnast/Coach of Year**

Gymnast of the Year: Mia Lawrence (Mercy)

Coach of the Year: Monica Bauer (Mercy)

## **Girls Indoor Track**

**State Champions:** Hillhouse (Class M)

**State Runner-ups:** Guilford (Class L)

### **Top State Finishes:**

Hamden (State Open, 3rd)

Hillhouse (State Open, 3rd)

Sacred Heart Academy (Class M, 6th)

### **East Sectional Meet – Jan. 22 @Floyd Little Athletic Center**

1. Hillhouse, 148; 2. Sheehan, 84; 3. Shelton, 53; 4. Cheshire, 50; 5. Guilford, 41; 6. Amity Regional, 32; 7. Daniel Hand, 27; 8. Lyman Hall, 15; 9. Jonathan Law, 9, 10. Foran, 6

### **West Sectional Meet – Jan. 23 @Floyd Little Athletic Center**

1. Hamden, 106; 2. Wilbur Cross, 81; 3. Sacred Heart Academy, 68; 4. North Haven, 56; 5. Luralton Hall, 47; 6. Career, 40; 7. Mercy, 26.5; 8. East Haven, 25.5; 9. Branford, 7

### **SCC Championship Meet – Feb. 2 @Floyd Little Athletic Center, presented by SoundRUNNER**

1. Hillhouse, 115; 2. Shelton, 51; 3. Sheehan, 49; 4. Wilbur Cross, 44; 5. Hamden, 42; 6. Guilford, 35; 7. Sacred Heart Academy, 25; 8. Career, 24; 9. Daniel Hand, 17; 10. Amity Regional, 14; 10. East Haven, 14; 12. Mercy, 9; 12. North Haven, 9; 14. Luralton Hall, 6; 14. Cheshire, 6; 16. Lyman Hall, 3, 17; Branford, 1; 17. West

Haven, 1

### **All-Conference First Team**

Ayesha Nelson (Hillhouse), 55 meters, 55 hurdles

Jada Boyd (Hillhouse), 300 and 600 meters

Grace Adolphe (Wilbur Cross), 1000 meters

Meredith Bloss (Guilford), 1600 and 3200 meters

Career (Shania Jackson, Sofia Soriano, Gabriela Soriano, Johnae Jones), 4 x 200 relay

Hillhouse (Jada Boyd, De'Janay Davis, Enyla Williams, Nyimah Ambrose), 4 x 400 relay

Hillhouse (De'Janay Davis, Enyla Williams, Jade Brown, Kiera Payne), 4 x 800 relay

Wilbur Cross (Yaleija Jackson, Jahlyn Lownes, Nyla Conway, Grace Adolphe), 1600 Sprint Medley relay

Nyla Conway (Wilbur Cross), High Jump

Erin Brennan (Sheehan), Pole Vault

Nyimah Ambrose (Hillhouse), Long Jump

Susie Okoli (Wilbur Cross), Shot Put

### **All-Conference Second Team**

Kisha Francois (East Haven), 55 meters

Johnae Jones (Career), 300 meters

Love Melton (Hamden), 600 meters

Chloe Thompson (Daniel Hand), 1000 meters

Alexandra Kenealy (Shelton), 1600 meters

Amanda LoMonte (Shelton), 3200 meters

Kasidy Quiles (Shelton), 55 hurdles

Sheehan (Patrice Mansfield, Clarisse Aminawung, Avery Winters, Julia Mansfield), 4 x 200 relay

Hamden (Alysia Joseph, Love Melton, Ehsan Ibet, Arreyiona Jones), 4 x 400 relay

Hamden (Molly Marrandino, Love Melton, Ehsan Ibet, Ella Bradford), 4 x 800 relay

Hillhouse (Amari Jones, Leandra Allen-Miller, Vida Harris, Jade Brown), 1600 Sprint Medley relay

Sofia Migani (North Haven), High Jump

Elizabeth Porto (Shelton), Pole Vault



*Hillhouse won the SCC girls indoor track title for the third straight year in 2019.*



# 2018-19 SPORT-BY-SPORT RECAP



Erica Marriott (North Haven), Long Jump  
Leah Moore (Hillhouse), Shot Put

## SCC/COS NOW Athlete/Coach of Year

Athlete of the Year: Jada Boyd (Hillhouse)

Coach of the Year: Gary Moore (Hillhouse)

## Boys Indoor Track

### **State Champions:**

Hillhouse (Class M)

Xavier (Class L)

### **State Runner-ups:**

Amity Regional (Class L)

Hillhouse (State Open)

### **Top State Finishes:**

Notre Dame (4th, Class L)

Wilbur Cross (5th, Class LL)

Hamden (6th, Class LL)

### **East Sectional Meet – Jan. 22 @Floyd Little Athletic Center**

1. Hillhouse, 104; 2. Daniel Hand, 88; 3. Amity Regional, 77; 4. Shelton, 66.5; 5. Lyman Hall, 36; 6. Cheshire, 31; 7. Sheehan, 23; 8. Foran, 17; 9. Guilford, 12; 10. Jonathan Law, 10.5

### **West Sectional Meet– Jan. 23 @Floyd Little Athletic Center**

1. Wilbur Cross, 98; 2. Xavier, 74; 3. Notre Dame, 73.5; 4. Branford, 69; 5. Hamden, 62; 6. North Haven, 42; 7. Fairfield Prep, 30; 8. East Haven, 16.5

### **SCC Championship Meet – Feb. 1 @Floyd Little Athletic Center, presented by SoundRUNNER**

1. Hillhouse, 78; 2. Wilbur Cross, 60; 3. Xavier, 49; 4. Daniel Hand, 45; 5. Shelton, 38; 6. Notre Dame, 36; 7. Amity Regional, 35; 8. North Haven, 26; 9. Lyman Hall, 23; 10. Fairfield Prep, 21; 11. Foran, 15; 12. Branford, 13; 13. Hamden, 10; 14. Sheehan, 8; 15. Jonathan Law, 4; 16. Cheshire, 3; 17. Guilford, 1

### **All-Conference First Team**

Neal Eley (Hillhouse), 55 meters, Long Jump  
Deshaune Poole (Hillhouse), 300 meters, 55 hurdles  
Pierre Sylvain (Xavier), 600 meters  
Muhammed Hussain (Wilbur Cross), 1000 meters  
Travis Martin (Wilbur Cross), 1600 meters  
Connor Visnic (Amity Regional), 3200 meters  
Daniel Hand (Ameen Parks, Braden Kosiewicz, Josh Stewart, Carson Hines), 4 x 200 relay  
Hillhouse (Talib McBride, Dale Thompson, Reginald Coleman, Deshaune Poole), 4 x 400 relay  
Wilbur Cross (Eamon Hill, Nassaiah Betancourt, Noah Lee, Masahito Nishimura), 4 x 800 relay  
Wilbur Cross (Devin Cue, Jasiah Barnes, Elliot Faulkner, Muhammed Hussain), 1600 Sprint Medley relay  
Nick Costantini (Foran), Pole Vault



*Hillhouse won the SCC boys indoor track title for the second straight year in 2019.*

Shaun Graham (Amity Regional), High Jump

Kyle Maruca (North Haven), Shot Put

### **All-Conference Second Team**

Michael Rodia (Shelton), 55 meters  
Michael Toppin (Lyman Hall), 300 meters  
Talib McBride (Hillhouse), 600 meters  
Peter Schulten (Xavier), 1000 meters  
Marzio Mastroianni (Branford), 1600 meters  
Travis Martin (Wilbur Cross), 3200 meters  
Richard Papa (Amity Regional), 55 hurdles  
Shelton (Jason Lorent, Michael Rodia, Martin, Kovachev, Cameron Gumbs), 4 x 200 relay  
Daniel Hand (Connor Parthasarthy, Corey Duncanson, Greyson McGeary, Carson Hines), 4 x 400 relay  
Fairfield Prep (Azaan Dawson, Edward Tristine, William Giangrande, Caleb Bolden), 4 x 800 relay  
Hillhouse (To'rae Wright, Reginald Coleman, Dale Thompson, Talib McBride), 1600 Sprint Medley relay  
Neal Eley (Hillhouse), High Jump  
Eric Spignesi (North Haven), Pole Vault  
Michael Toppin (Lyman Hall), Long Jump  
Devon Colon (Xavier), Shot Put

### **SCC/COS NOW Athlete/Coach of Year**

Athlete of the Year: Deshaune Poole (Hillhouse)

Coach of the Year: Travis Gale (Wilbur Cross)s

## Boys Swimming

**State Champions:** none

**State Runner-ups:** Daniel Hand (Class M)

### **Top State Finishes:**

Cheshire (3rd, Class L)

Fairfield Prep (3rd, Class LL; 5th, State Open)

# 2018-19 SPORT-BY-SPORT RECAP



Fairfield Prep won the SCC boys swimming title for the 15th straight year in 2019.

Xavier (4th, Class LL)  
Sheehan (5th, Class S)

## **Regular-season Champions**

Div. I: Fairfield Prep (6-0)  
Div. II: Sheehan (7-0)

## **SCC Championship Meet – Feb. 27 @SCSU – Moore Field-house**

1. Fairfield Prep, 1333.5; 2. Cheshire, 993; 3. Xavier, 724.5; 4. Daniel Hand, 684; 5. Amity Regional, 623.5; 6. Sheehan, 445; 7. Shelton, 383; 8. Branford/Guilford, 354; 9. Hamden, 310; 10. Foran, 295; 11. North Haven, 287; 11. Notre Dame, 287; 13. Lyman Hall, 267; 14. West Haven, 222.5; 15. East Haven, 59

## **All-Conference**

### **200 Yard Medley Relay**

Fairfield Prep (Ethan Keyes, Alec Keblish, Jack Rogers, Richard Nolan)  
Xavier (Mitchell Wollen, Andrew Mitchill, Yavier Carbo-Colon, Donald Frost)

### **200 yard Freestyle**

Sam Henke (Cheshire), Edward Platanov (Foran), Andrew Mitchill (Xavier)  
200 yard IM  
Richard Nolan (Fairfield Prep), Aidan Henry (Branford/Guilford), Joseph Cannata (Cheshire)

### **50 yard Freestyle**

John Stoeffler (North Haven), Jack Rogers (Fairfield Prep), Donald Frost (Xavier)

## **Diving**

Andrew Buehler (Sheehan), Thomas Kehor (Fairfield Prep), Elyse Boothroyd (Lyman Hall)

## **100 yard Butterfly**

Jack Rogers (Fairfield Prep), Korey Barber (Shelton), Donald Frost (Xavier)

### **100 yard Freestyle**

Joseph Zellner (Sheehan), Hethon Foster (East Haven), Tyler Roy (Amity Regional)

### **500 yard Freestyle**

Aidan Henry (Branford/Guilford), Finn Henry (Branford/Guilford), Edward Platanov (Foran)

### **200 yard Freestyle Relay**

Cheshire (Sam Hanke, Andrew Lou, Shane Wynne, Joseph Cannata)  
Fairfield Prep (Kristoffer Davis, Lucas Hoin, Jan Krepsztul, Alec Keblish)

### **100 yard Backstroke**

Sam Hanke (Cheshire), Ethan Keyes (Fairfield Prep), Daniel Chen (Daniel Hand)

### **100 yard Breaststroke**

Richard Nolan (Fairfield Prep), Joseph Cannata (Cheshire), Andrew Mitchill (Xavier)

### **400 yard Freestyle Relay**

Fairfield Prep (Jack Rogers, Brody Biebel, Ethan Keyes, Richard Nolan)  
Xavier (Mitchell Wollen, Donald Frost, Noah San Vicente, Andrew Mitchill)

## **SCC/COS NOW Swimmer/Coach of Year**

Div. 1 Swimmer of the Year: Matt Torres (Fairfield Prep)  
Div. 1 Coach of the Year: Rick Hutchinson (Fairfield Prep)  
Div. 2 Swimmer of the Year: Andrew Buehler (Sheehan)  
Div. 2 Coach of the Year: Keith Cargan (Sheehan)

# **Wrestling**

**State Champions:** none

## **State Runner-ups:**

Xavier (State Open)  
Foran (Class M)

## **Top State Finishes:**

Xavier (3rd, Class L)

## **Regular-season Champions**

Div. 1: Xavier (5-0)  
Div. 2: Branford (6-0)

## **SCC Championship Meet – Feb. 9 @Jonathan Law HS**

1. Xavier, 199.5; 2. Foran, 138.5; 3. East Haven, 101; 4. Guilford, 75; 5. Daniel Hand, 73; 6. Branford, 71; 7. Fairfield Prep, 59; 8.

# 2018-19 SPORT-BY-SPORT RECAP



*Xavier won the SCC wrestling title for the fifth time in the last six years.*

Shelton, 55; 9. Jonathan Law, 46; 10. Notre Dame, 37; 11. Amity Regional, 31; 12. Morgan, 29; 12. New Haven, 29

## **Championship Matches**

106 – Michael Rapuano (Xavier) pinned Drew Koval (Guilford), 1:12  
113 – Victor Garcia (East Haven) major dec. Edward Barlage (Guilford), 19-4  
120 – Mathew Divito (East Haven) dec. Kyle Davern (Daniel Hand), 8-5  
126 – Tommy Manganiello (Xavier) dec. Henry Bosken (Fairfield Prep), 8-0  
132 – Louis Bradley (Morgan) dec. Kelden Larose (Guilford), 7-4  
138 – Quinn Moynihan (Xavier) pinned Tanner Divito (East Haven), 1:50  
145 – James Lunt (Xavier) dec. Vincent Mascola (Guilford), 13-2  
152 – Shayne Mccourt (Jonathan Law) major dec. Sean Zentner (Fairfield Prep), 19-4  
160 – Dean Tsiranides (Fairfield Prep) pinned Chino Grant (New Haven), 0:37  
170 – Dylan Sousa (Xavier) pinned Umer Khan (Foran), 4:38  
182 – Justin Osler (Branford) dec. Pat Brogan (Foran), 10-4  
195 – Nolan Bannon (Foran) dec. Cody McHenry (Branford), 20-8  
220 – Ray Weiner (Shelton) dec. Minsok Lee (Branford), 7-3  
285 – Jameel Salami (Xavier) dec. Matt Weiner (Shelton), 3-1 (OT)

## **All-Conference First Team**

106 – Michael Rapuano (Xavier)  
113 – Victor Garcia (East Haven)  
120 – Mathew Divito (East Haven)  
126 – Tommy Manganiello (Xavier)  
132 – Louis Bradley (Morgan)  
138 – Quinn Moynihan (Xavier)  
145 – James Lunt (Xavier)  
152 – Shayne McCourt (Jonathan Law)

160 – Dean Tsiranides (Fairfield Prep)  
170 – Dylan Sousa (Xavier)  
182 – Justin Osler (Branford)  
195 – Nolan Bannon (Foran)  
220 – Ray Weiner (Shelton)  
285 – Jameel Salami (Xavier)

## **All-Conference Second Team**

106 – Drew Koval (Guilford)  
113 – Edward Barlage (Guilford)  
120 – Kyle Davern (Daniel Hand)  
126 – Henry Bosken (Fairfield Prep)  
132 – Kelden Larose (Guilford)  
138 – Tanner Divito (East Haven)  
145 – Vincent Mascola (Guilford)  
152 – Sean Zentner (Fairfield Prep)  
160 – Chino Grant (New Haven)  
170 – Umer Khan (Foran)  
182 – Pat Brogan (Foran)  
195 – Cody McHenry (Branford)  
220 – Minsok Lee (Branford)  
285 – Matt Weiner (Shelton)

## **SCC/COS NOW Wrestler/Coach of Year**

Wrestler of the Year: Michael Rapuano (Xavier)  
Coach of the Year: Mike Cunningham (Xavier)

# **Boys Basketball**

**State Champions:** none

**State Runner-ups:** none

**State Semifinals:** none

## **Division Champions**

Hammonasset: Hamden, Cheshire, Hillhouse (6-2)  
Housatonic: Amity Regional (7-1)  
Oronoque: Notre Dame (8-0)  
Quinnipiac: West Haven (7-1)

## **All-Conference First Team**

Connor Raines (Notre Dame), Aidan Godfrey (Cheshire), Diontae Eady (Jonathan Law), Ta'Zhon Daniels (Hillhouse), Quanel Straughter (West Haven), Kyle Daniels (Wilbur Cross), Brian Berritto (Shelton), Mufee Cooper (West Haven), James Van Hise (Amity Regional), Jaiden Kimbro (Notre Dame), Tanner Thomas (Amity Regional), Zach Laput (Notre Dame)

## **All-Conference Second Team**

Colin Kellaheer (Guilford), Terrance Edwards (Wilbur Cross), Jayvon Chapman (Hamden), Nick Rothe (Fairfield Prep), Justice Washington (Hamden), Jordan Williams (Career), Garrett Molampy (Sheehan), Nate Furino (East Haven), Peri Basimakopou-



# 2018-19 SPORT-BY-SPORT RECAP



Wilbur Cross won its first SCC boys basketball title (since 2008) in 11 years in 2019.



Hamden captured its first-ever SCC girls basketball title in 2019.

los (Shelton), Mason Reale (Fairfield Prep), Enasj Jones (Wilbur Cross), Heston Tucker (Hamden)

Sheehan (Class M, defeated Berlin, 62-59)

## **SCC Playoffs**

### **First Round – Feb. 21 @Higher Seeds**

- #5 Hamden 69, #12 Sheehan 63
- #6 Cheshire 68, #11 Shelton 53
- #7 Fairfield Prep 50, #10 Xavier 31
- #9 Hillhouse 66, at #8 West Haven 57

### **Quarterfinals – Feb. 23 @Branford HS**

- #1 Notre Dame 56, #9 Hillhouse 44
- #5 Hamden 65, #4 Jonathan Law 59 (OT)
- #2 Amity Regional 45, #7 Fairfield Prep 42
- #3 Wilbur Cross 68, #6 Cheshire 57

### **Semifinals – Feb. 25 @Floyd Little Athletic Center**

- #3 Wilbur Cross 67, #2 Amity Regional 65
- #1 Notre Dame 63, #5 Hamden 54

### **Championship Game – Feb. 27 @Floyd Little Athletic Center**

Wilbur Cross 54, Notre Dame 40

## **SCC/COS NOW Player/Coach of Year**

Player of the Year: Connor Raines (Notre Dame)

Coach of the Year: Tyrese Sullivan (West Haven)

## **Division Champions**

Hammonasset: Mercy (8-0)

Housatonic: Hillhouse, Wilbur Cross (8-0)

Oronoque: East Haven (8-0)

Quinnipiac: Hamden (7-1)

## **All-Conference First Team**

Jill Martin (Amity Regional), Tara Laugeni (Amity Regional), Sophia Araneo (Branford), Mia Juodaitis (Cheshire), Sara Wohl-gemuth (Daniel Hand), Makenzie Helms (East Haven), Makaela Johnson (Hamden), Taniyah Thompson (Hamden), Tanayja London (Hillhouse), Tyree Allen (Hillhouse), Fallon Andriolas (Jonathan Law), Kailey Lipka (Lyman Hall), Kameryn King (Mercy), Liv Robles (Sheehan)

## **All-Conference Second Team**

Alexis Pendziwater (East Haven), Taylor Salato (East Haven), Jasmine Lord (Foran), Mia Tunucci (Foran), Rebecca Oberman-Levine (Hamden), Samara Thacker (Jonathan Law), Lexi Leon (Mercy), Clarissa Pierre (Shelton), Anija Ricks (Wilbur Cross), April Artis (Wilbur Cross)

## **SCC Playoffs**

### **First Round – Feb. 14 @Higher Seeds**

- #3 Hillhouse 64, #14 Branford 51
- #13 Daniel Hand 47, at #4 Mercy 40
- #5 Wilbur Cross 53, #12 Lyman Hall 51
- #6 Sheehan 62, #11 Shelton 41
- #7 Amity Regional 39, #10 Guilford 34
- #9 Foran 49, at #8 Jonathan Law 44

### **Quarterfinals – Feb. 16 @Sheehan HS**

- #1 East Haven 74, #9 Foran 38
- #5 Wilbur Cross 54, #13 Daniel Hand 45
- #2 Hamden 71, #7 Amity Regional 61
- #3 Hillhouse 51, #6 Sheehan 49

# **Girls Basketball**

## **State Champions:**

Hillhouse (Class L, defeated Daniel Hand, 39-34)

## **State Runner-ups:**

Daniel Hand (Class L, lost to Hillhouse, 39-34)

Sheehan (Class M, lost to Cromwell, 60-51)

## **State Semifinalists:**

Hillhouse (Class L, defeated ND-Fairfield, 55-43)

Daniel Hand (Class L, defeated Windsor, 33-27)

# 2018-19 SPORT-BY-SPORT RECAP



## Semifinals – Feb. 18 @Jonathan Law HS

#2 Hamden 62, #3 Hillhouse 58

#1 East Haven 57, #5 Wilbur Cross 45

## Championship Game – Feb. 21 @Hamden HS

Hamden 65, East Haven 49

## SCC/COS NOW Player/Coach of Year

Player of the Year: Makenzie Helms (East Haven)

Coach of the Year: Tim Kohs (Mercy)

## Boys Ice Hockey SCC/SWC



Hamden– 2019 Div. I Boys Ice Hockey champions

### State Champions:

Fairfield Prep (Div. I, def. Notre Dame, 5-2)

Branford (Div. II, def. Glastonbury, 2-0)

Lyman Hall/HK (Div. III, def. Sheehan, 6-2)

### State Runner-ups:

Notre Dame (Div. I, lost to Fairfield Prep, 5-2)

Sheehan (Div. III, lost to Lyman Hall/HK, 6-2)

### State Semifinals:

Fairfield Prep (Div. I, def. Xavier, 5-2)

Xavier (Div. I, lost to Fairfield Prep, 5-2)

Notre Dame (Div. I, def. Northwest Catholic, 3-2)

Branford (Div. II, def. WMRP, 6-1)

Lyman Hall/HK (Div. III, def. Newington, 4-3)

Sheehan (Div. III, def. Daniel Hand, 8-2)

Daniel Hand (Div. III, lost to Sheehan, 8-2)

### Regular-season Champions

Div. I: Fairfield Prep (6-0)

Div. II: Branford (6-1)

Div. III: Lyman Hall/HK (9-0)

### SCC/SWC Playoffs

#### Div. I Championship Game – March 1 – @Bennett Rink

#2 Hamden 1, #1 Fairfield Prep 0

#### Div. II Semifinals – Feb. 28 @Bennett Rink

#2 Watertown-Pomperaug 2, #3 Cheshire 0

#1 Branford 4, #4 Guilford 4 (Branford wins via shootout, 3-2)

#### Div. II Championship Game – March 2 @Bennett Rink

Branford 2, Watertown-Pomperaug 1

#### Div. III Semifinals – Feb. 27 @Milford Ice Pavilion

#3 Sheehan 2, #2 Daniel Hand 1

#4 JBWA 6, #1 Lyman Hall/Cog/HK 2

#### Div. III Championship Game – March 1 – @Bennett Rink

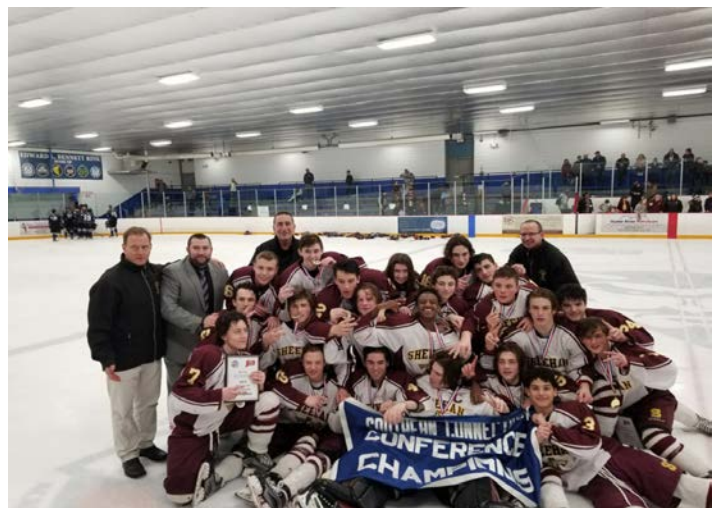
Sheehan 10, JBWA 1

### All-Conference

#### Division I First Team



Branford – 2019 Div. II Boys Ice Hockey champions



Sheehan – 2019 Div. III Boys Ice Hockey champions



# 2018-19 SPORT-BY-SPORT RECAP



Forward: Niko Kyle (West Haven), Colin Bella (Fairfield Prep), Sam Mitchell (NFI), AJ Luedee (Hamden)  
Defense: Charlie Adriole (Notre Dame-West Haven), Luke Lappe (Xavier)  
Goalie: Kacy Adams (Notre Dame-Fairfield)

## Division I Second Team

Forward: Michael Card (Notre Dame-West Haven), Michael Gethings (Hamden), Chase Maxwell (Xavier), Calyb Reeves (Fairfield Prep)  
Defense: Robbie Forleo (West Haven), Connor Boyle (Fairfield Prep)  
Goalie: Jake Walker (Fairfield Prep)

## Division II First Team

Forward: Troy Harwell (Watertown-Pomperaug), Sean McKee (North Branford), John DeLucia (Guilford)  
Defense: Ben O'Connor (Cheshire), Ken Page (Amity Regional)  
Goalie: Logan Hamilton (East Haven), Ryan Fleming (Watertown-Pomperaug)

## Division II Second Team

Forward: Max Bunton (Branford), Jason Csejka (Amity Regional), Jack Dacey (Guilford), Jake Watrous (Guilford)  
Defense: Trevor Davis (Watertown-Pomperaug), Nick Mancini (North Branford)  
Goalie: Nick Maringola (Cheshire)

## Division III First Team

Forward: Travis Nussbaum (JBWA), Kyle Roberts (Lyman Hall-HK), Zack Hook (New Milford), Matt Pettit (Lyman Hall-HK)  
Defense: Andrew Powell (JBWA), Ian Rice (Daniel Hand)  
Goalie: Tagg Weiss (Masuk)

## Division III Second Team

Forward: Daniel McKiernan (JBWA), Michael McKeon (Daniel Hand), Anthony Romano (Sheehan)  
Defense: Brendan Andros (Masuk), Coleby Bunnell (Shepaug)  
Goalie: Alex Fernandez (BBD), Tyler Robertson (Sheehan)

## SCC/COS NOW Player/Coach of Year

Div. I Player of the Year: Niko Kyle (West Haven)  
Div. I Coach of the Year: Todd Hall (Hamden)  
Div. II Player of the Year: John DeLucia (Guilford)  
Div. II Coach of the Year: Jim DiNapoli (Branford)  
Div. III Player of the Year: Kyle Roberts (Lyman Hall/HK)  
Div. III Coach of the Year: Brian Gonsalves (Daniel Hand)

## Girls Ice Hockey

**State Champions:** none

**State Runner-ups:** none

**State Semifinals:**

West Haven/SHA co-op lost to Darien, 4-0



*Simsbury – 2019 Girls Ice Hockey North champions*



*The Blades – 2019 Girls Ice Hockey South champions*

Simsbury lost to New Canaan, 3-1

## Regular-season Champions

North Division: Hall/Conard (10-0)

South Division: West Haven/SHA co-op (14-0)

## SCC Playoffs

### South Division First Round – Feb. 18

#3 Amity/North Haven/Cheshire co-op 5, #6 Guilford 3  
#4 Notre Dame-Fairfield co-op 2, #5 Branford/North Branford co-op 0

### Semifinals – Feb. 20

#1 West Haven/SHA 3, #4 Notre Dame-Fairfield co-op 0 (Feb. 21)  
#3 Amity-NH-Cheshire co-op 5, #2 Hamden 2

### Championship Game – Feb. 22 @Bennett Rink

Amity-NH-Cheshire co-op 4, West Haven-SHA co-op 3

### North Division Semifinals – Feb. 18

#2 Simsbury 2, #3 East Catholic/Glastonbury/SW co-op 0  
#1 Hall/Conard 1, #4 Suffield co-op 0

### Championship Game – Feb. 22 @Trinity College

Simsbury 2, Hall/Conard co-op 0

## North Division First Team



# 2018-19 SPORT-BY-SPORT RECAP



Nora McGowan (Conard), Grace Melanson (Simsbury), Sophie Lupone (Suffield), Meredith Mack (Glastonbury), Julia Swanson (East Catholic), Lindley Gorman (Conard)

## North Division Second Team

Maya Borden (Hall), Victoria Amaral (Glastonbury), Nikki Herz (Hall), Cailin Flaherty (Conard), Meghan Stepka (Simsbury), Kaitlyn O'Brien (Simsbury)

## South Division First Team

Veronica Lynn (West Haven/SHA), Taylor Nowak (West Haven/SHA), Demeri Carangelo (Hamden), Andrea DelVecchio (Amity Regional), Meaghan Hogan (Cheshire), Kyleen Crowe (Sacred Heart Academy)

## South Division Second Team

Bethany Karp (Pomperaug), Claire Boncek (Hamden), Tess Csjeka (Amity Regional), Madison Epke (Guilford), Jianna Cohrs (Sacred Heart Academy), Meghan Montenaro (North Branford)

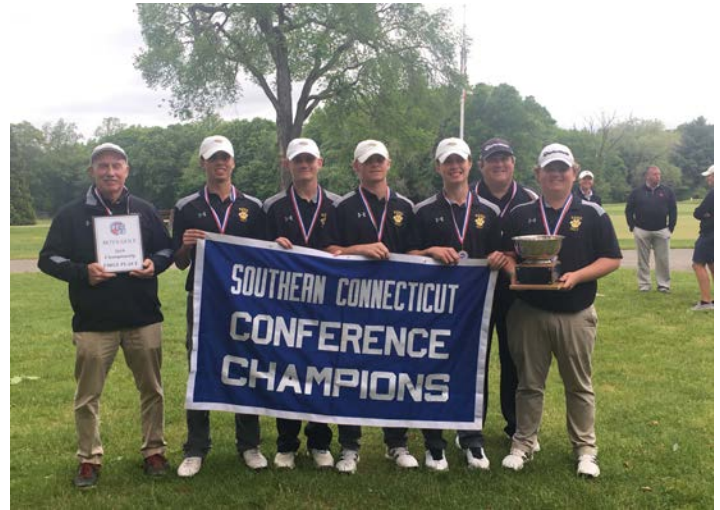
## SCC/COS NOW Player/Coach of Year

North Player of the Year: Grace Melanson (Simsbury)

North Coach of the Year: Paul Melanson (Simsbury)

South Player of the Year: Taylor Nowak (West Haven/SHA co-op)

South Coach of the Year: Michael Callan (Hamden)



Daniel Hand - 2019 SCC Boys Golf Champions

**Medalist:** Will Mallek (Fairfield Prep), 75 (+4)

## All-Conference

Will Mallek (Fairfield Prep), Jake Bennett (Daniel Hand), Matthew Doyle (Daniel Hand), Connor Quinn (Daniel Hand), Aiden Stuart (Daniel Hand), John Kosh (Guilford), Tommy Rosati (Notre Dame), Chris Fosdick (Xavier), Alex Aurora (Hamden), Kevin Morris (Hamden)

## SCC/COS NOW Golfer/Coach of Year

Div. I Golfer of the Year: Chris Fosdick (Xavier)

Div. I Coach of the Year: Bob Bernier (Fairfield Prep)

Div. II Golfers of the Year: Kyle St. Pierre (Shelton)

Div. II Coach of the Year: David Esteban (Guilford)

# SPRING BOYS GOLF

**State Champions:** Daniel Hand (Div. II)

**State Runner-ups:** None

## Top State Finishes:

Xavier (Division I, 5th)

Notre Dame (Division II, 5th)

Hamden (Division I, 6th)

Guilford (Division II, 8th)

## Regular-season Champions

Div. I: Fairfield Prep

Div. II: Guilford

## SCC Championship – May 28 @Racebrook Country Club (par-71)

1. Daniel Hand, 311; 2. Xavier, 330, 3. Fairfield Prep, 331; 4. Guilford, 338; 5. Notre Dame, 340; 6. Hamden, 343; 7. Shelton, 356; 8. Amity Regional, 364; 9. Jonathan Law, 368

# Girls Golf

**State Champions:** none

**State Runner-ups:** none

## Top State Finishes:

Amity Regional (7th)

## SCC Championship – May 29 @Hawk's Landing-Southington

1. Amity Regional, 355; 2. Cheshire, 368; 3. Luralton Hall, 389; 4. Mercy, 412; 5. Daniel Hand, 422

**Medalist:** Tess Csejka (Amity Regional), +2 (73)

## All-Conference

Tess Csejka (Amity Regional), Cassidy Keaney (Cheshire), Mia Hidalgo (Cheshire), Haley Bernier (Luralton Hall), Ava Gross (Amity Regional), Julia Raposa (North Haven), Olivia Wilson (Sheehan)

# 2018-19 SPORT-BY-SPORT RECAP



Amity Regional - 2019 SCC Girls Golf Champions



Cheshire - 2019 SCC Boys Volleyball Champions

## SCC/COS NOW Golfer/Coach of Year

Golfer of the Year: Tess Csejka (Amity Regional)

Coach of the Year: John Williams (Cheshire)

## SCC/COS NOW Player/Coach of Year

Div. I Player of the Year: Colby Hayes (Cheshire)

Div. I Coach of the Year: Sue Bavone (Cheshire)

## Boys Volleyball

**State Champions:** none

### **State Runner-ups:**

Cheshire (Class M - lost to Newington, 3-1 (16-25, 25-16, 25-19, 25-22))

### **State Semifinals:**

Cheshire (Class M, defeated Farmington, 3-0 (25-17, 25-14, 25-20))

**Regular Season Champion:** Cheshire (8-0)

### **SCC Playoffs**

#### **Semifinals – May 21 @Higher Seeds**

#2 Daniel Hand 3, #3 Shelton 1 (30-28, 21-25, 25-23, 25-19)

#1 Cheshire 3, #4 Amity Regional 0 (25-9, 25-14, 25-16) (May 22)

#### **Championship Game - May 24 @Cheshire HS**

Cheshire 3, Daniel Hand 1 (25-27, 25-17, 25-13, 25-18)

### **All-Conference First Team**

Christian Tzepos (Amity Regional), Matt McSweeney (Daniel Hand), Finn Sheehan (Daniel Hand), David Niski (Shelton), Skyler Kim (Shelton), Colby Hayes (Cheshire), Aidan Godfrey (Cheshire), Luke Pinciario (Cheshire)

### **All-Conference Second Team**

Berkley Fang (Cheshire), Conor Guilford (Cheshire), Jeremy Long (Daniel Hand), Jordan Peck (Shelton), Max Klein (Shelton), Shreyas Vasireddy (Xavier), Kevin Monaghan (Xavier)

## Baseball

**State Champions:** none

**State Runner-ups:** none

### **State Semifinals:**

Cheshire (Class LL, lost to Staples, 3-0)

Amity Regional (Class LL, lost to Southington, 3-2)

Notre Dame (Class L, lost to Berlin, 8-3)

### **Division Champions**

Hammonasset: Notre Dame/East Haven (6-2)

Housatonic: Amity Regional/Guilford (6-2)

Oronoque: Daniel Hand (8-0)

Quinnipiac: Cheshire (6-0)

### **SCC Playoffs**

#### **Quarterfinals - May 20 @Higher Seeds**

#1 Cheshire 6, #8 Wilbur Cross 4 (May 21)

#2 Amity Regional 3, #7 East Haven 1

#3 Daniel Hand 4, #6 Guilford 3 (11 innings)

#5 North Haven 4, #4 Notre Dame 4 (11 innings, May 21)

#### **Semifinals – May 22 @Piurek Field – West Haven**

Amity Regional 7, Daniel Hand 6

Cheshire 13, North Haven 4

#### **Championship Game – May 25 @Piurek Field – West Haven**

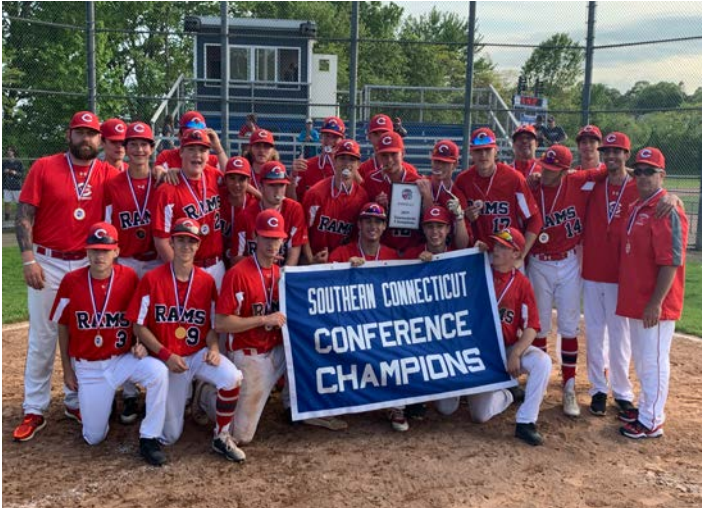
Cheshire 4, Amity Regional 3

### **All-Hammonasset Division**

Jason Ostrowski (Notre Dame), Zach Merchant (Jonathan Law), Max Mariano (Notre Dame), Matt Massaro (Fairfield Prep), Ed



# 2018-19 SPORT-BY-SPORT RECAP



Cheshire - 2019 SCC Baseball Champions



Cheshire - 2019 SCC Softball Champions

Zanor (Notre Dame), Hunter Santana (East Haven), Jack Kabel (East Haven), Tanner Belcher (Notre Dame), Nate Furino (East Haven), Liam Wilson (Fairfield Prep), Aidan Ricciardecci (Branford)

## All-Quinnipiac Division

Matt Costello (Cheshire), Luke Lappe (Xavier), Matt DeROsa (North Haven), Ryan Scialabba (Cheshire), Matt Soloman (North Haven), Ryan Strollo (Cheshire), Ryan Cyr (Cheshire), Eli Battipaglia (Cheshire), Brendan Lenahan (Xavier), Matt Downing (Cheshire), Colin Blake (Lyman Hall)

## All-Oronoque Division

Matt Cintron (Hamden), Dylan DeSio (Shelton), Anthony DePino (Daniel Hand), Phoenix Billings (Daniel Hand), JC Contreras (West Haven), Julian Banerji (Daniel Hand), Xavier Burgos (Career), Michael Aceto (Hamden), Anthony Steele (Shelton), Liam Wallace (Daniel Hand), Henry Bielen (Hamden)

## All-Housatonic Division

Josh Wettemann (Guilford), Kyle Simmons (Sheehan), John McNellis (Amity Regional), Jake Ciocca (Guilford), Angel Galindez (Wilbur Cross), Julian Stevens (Amity Regional), Jake Strans (Guilford), Cole Kuchachik (Amity Regional), John Lumpinski (Amity Regional), Andrew Marrero (Wilbur Cross), Mike Simonelli (Foran)

## SCC/COS NOW Player/Coach of Year

Player of the Year: Ryan Strollo (Cheshire)

Coach of the Year: Mike Lussier (Cheshire)

# Softball

**State Champions:** none

## **State Runner-ups:**

East Haven (Class L, lost to Masuk, 2-0)

## **State Semifinalists:**

East Haven (Class L, defeated Brookfield, 11-0)

North Haven (Class L, lost to Masuk, 8-4)

Cheshire (Class LL, lost to NFA, 4-2)

## **Division Champions**

Hammonasset: Cheshire, Amity Regional (7-1)

Housatonic: North Haven (7-1)

Oronoque: Luralton Hall (7-1)

Quinnipiac: West Haven (7-1)

## **SCC Playoffs**

### **Quarterfinals – May 20 @Higher Seeds**

#1 North Haven 8, #1 Sacred Heart Academy 0

#2 Cheshire 2, #7 Daniel Hand 0 (5)

#6 Amity Regional 4, at #3 West Haven 1 (6)

#4 Jonathan Law 5, #5 Luralton Hall 1

### **Semifinals – May 21 @Biondi Field – West Haven**

North Haven 11, Jonathan Law 3

Cheshire 4, Amity Regional 3

### **Championship Game – May 24 @Biondi Field – West Haven**

Cheshire 3, North Haven 2 (8 innings)

## **First Team All-Conference**

Marissa Dwyer (Amity Regional), Mia Juodaitis (Cheshire), Bri Pearson (Cheshire), Tori Heaphy (East Haven), Hailey LaForte (Foran), Kiana Robinson (Hamden), Grace Hartmann (Daniel Hand), Cali Jolley (Jonathan Law), Maggie Britt (Luralton Hall), Gianna Coppola (Luralton Hall), Sydney Nilsen (Lyman Hall), Morgan Tuscano (Lyman Hall), Alexa Boone (Mercy), Lauren Card (North Haven), Peyton Davis (North Haven), Bernadette Kingsbury (Sacred Heart Academy), Riley Wolcheski (Sheehan), Bry Heuser (Shelton), Kailey Carrano (West Haven), Ivy Santos (West Haven)

## **Second Team All-Conference**

Rachel Crow (Amity Regional), Alexis Falcigno (Branford), Lely Alicea Cruz (Career), Jade Barnes (Cheshire), Bri Floyd



# 2018-19 SPORT-BY-SPORT RECAP



(Cheshire), Lexie Hemstock (Cheshire), Magdalena Barthel (East Haven), Becky Flynn (East Haven), Makenna Prete (Foran), Jill Batick (Guilford), Leah Kornguth (Guilford), Camaryn Reynolds (Hamden), Gina Ciotti (Daniel Hand), Christina Coric (Daniel Hand), Gina Boccamazzo (Jonathan Law), Maddie Lula (Jonathan Law), Melody Allen (Lauralton Hall), Alex Tenero (Lyman Hall), Ashley DeLuca (Mercy), Haylee Garthwait (North Haven), Erin Sheeley (North Haven), Glory Villano (Sacred Heart Academy), Veronica Lynn (West Haven), Morgan Peryer (West Haven), Julia Case (Wilbur Cross)

## SCC/COS NOW Player/Coach of Year

Player of the Year: Mia Juodaitis (Cheshire)  
Coach of the Year: Joe Morrell (West Haven)

## Boys Lacrosse

**State Champions:** none

**State Runner-ups:** none

### **State Semifinals:**

Fairfield Prep (Class L, lost to Wilton, 7-6)  
Guilford (Class M, lost to New Fairfield, 17-7)  
Sheehan (Class S, lost to St. Joseph, 21-4)

### **Regular-season champions:**

Div. I: Fairfield Prep (7-0)  
Div. II: Branford (7-2)

### **SCC Playoffs**

#### **First Round - May 18 @Higher Seed**

#3 Xavier 14, #6 Branford 8  
#4 Daniel Hand 13, #5 Notre Dame 6

#### **Semifinals - Tuesday, May 21**

#1 Fairfield Prep 14, #4 Daniel Hand 5  
#2 Guilford 17, #3 Xavier 7



Fairfield Prep won its fourth straight SCC Boys Lacrosse title in 2019.

## **Championship Game - May 25 @Ken Strong Stadium**

Fairfield Prep 13, Guilford 7

### **All-Conference First Team**

Attack: Mason Reale (Fairfield Prep), Robert Lionetti (Branford), Ethan Grandolfo (Fairfield Prep), John DeLucia (Guilford), Jack Dacey (Guilford)

Midfield: Connor Boyle (Fairfield Prep), Peter Kavanaugh (Fairfield Prep), Zack Hochman (Notre Dame), Tom Ferrick (Daniel Hand), Jack Broggi (North Haven), Tim Krutz (Cheshire)

Defense: Aiden O'Donnell (Xavier), Jack Carr (Shelton), Joe Bednar (Fairfield Prep), Max Tavitian (Foran), Jason Shumilla (Cheshire)

Goalie: Griffin Fitzmaurice (Daniel Hand)

LS Defense: Sean Fox (Fairfield Prep)

SS Defense: Miles Gabriel (Guilford)

FO Midfield: Max McGillicuddy (Fairfield Prep)

### **All-Conference Second Team**

Attack: John Ford (Xavier), Jack Flanagan (Daniel Hand), Tommy Swank (Daniel Hand), Alex Hird (Notre Dame), Frank Romeo (Xavier)

Midfield: Quinn Zdrojeski (Xavier), Jack Esse (Fairfield Prep), Tyler Filley (Guilford), Justin Shanley (Notre Dame), Weston Terzi (Sheehan), Kasey Mongillo (North Haven)

Defense: Mason Whitney (Fairfield Prep), Ben Corniello (Daniel Hand), Owen Nizolek (Guilford), Ryan Flynn (Daniel Hand), Jack Preibe (North Haven), Aiden Walsh (Notre Dame)

Goalie: Finn O'Connor (Fairfield Prep)

LS Defense: Mike Parker (Branford)

SS Defense: Kyle Colucci (Fairfield Prep)

FO Midfield: Aidan Gaudet (Cheshire)

### **SCC/COS NOW Player/Coach of Year**

Div. I Players of the Year: Mason Reale (Fairfield Prep), John DeLucia (Guilford)

Div. II Player of the Year: Robbie Lionetti (Branford)

Div. I Coach of the Year: Brian White (Guilford)

Div. II Coach of the Year: Jim May (Branford)

## Boys Outdoor Track & Field

**State Champions:** Hillhouse (Class MM)

**State Runner-ups:** Amity Regional (Class L)

### **Top State Finishes:**

Xavier (3rd, State Open; 5th, Class LL)

Sheehan (3rd, Class M)

Wilbur Cross (4th, Class LL)

Branford (5th, Class MM)

Daniel Hand (6th, Class MM)

Hillhouse (6th, State Open)

# 2018-19 SPORT-BY-SPORT RECAP



Hillhouse - 2019 SCC Boys Outdoor Track & Field Champions



Hillhouse - 2019 SCC Girls Outdoor Track & Field Champions

## **East Sectional Meet – May 14 @Bowen Field - New Haven**

1. Shelton, 125.50; 2. Hillhouse, 119; 3. Amity Regional, 111.5; 4. Daniel Hand, 81; 5. Sheehan, 69.5; 6. Jonathan Law, 62; 7. Cheshire, 50; 8. Foran, 28; 9. Lyman Hall, 28; 10. Guilford, 26.50

## **West Sectional Meet – May 15 @Bowen Field - New Haven**

1. Notre Dame, 142; 2. Hamden, 120; 3. Branford, 111; 3. Wilbur Cross, 111; 5. Xavier, 79; 6. Fairfield Prep, 63; 7. East Haven, 43; 8. North Haven, 26; 9. West Haven, 1

## **SCC Championship Meet – May 20 @Lyman Hall HS**

1. Hillhouse, 85; 2. Wilbur Cross, 83; 3. Hamden, 66.5; 4. Notre Dame, 65; 5. Xavier, 64; 6. Amity Regional, 61; 7. Shelton, 58; 8. Daniel Hand, 45; 9. Branford, 27.5; 10. Sheehan, 26; 10. Fairfield Prep, 26; 12. Foran, 24; 13. Jonathan Law, 23; 14. Lyman Hall, 20; 15. East Haven, 12; 16. Cheshire, 11; 17. Guilford, 5

## **All-Conference First Team**

Christopher Pigatt (Hamden), 100 and 200 meters  
Warren Murphy (Notre Dame), 400 meters  
Marzio Mastroianni (Branford), 800 meters  
Robbie Cozean (Xavier), 1600 and 3200 meters  
Deshaune Poole (Hillhouse), 110 and 300 meter hurdles  
Shelton (Camerin Gumbs, Michael Rodia, Rafael Gomez, Nicholas Andrade), 4 x 100 meter relay  
Wilbur Cross (Noah Lee, Elliot Faulkner, Nassaiah Betancourt, Caleb Owen), 4 x 400 meter relay  
Wilbur Cross (Mahammed Hussain, Nassaiah Betancourt, Eliot Faulkner, Noah Lee), 4 x 800 meter relay  
Jason Sawicki (Notre Dame), High Jump  
Nicholas Costantini (Foran), Pole Vault  
Neal Eley (Hillhouse), Long Jump  
Devin Cue (Wilbur Cross), Triple Jump  
Davon Colon (Xavier), Shot Put  
Gary Moore, Jr. (Hillhouse), Discus  
Jordan Davis (Sheehan), Javelin

## **All-Conference Second Team**

Michael Rodia (Shelton), 100 meters  
Deshaune Poole (Hillhouse), 200 meters  
Michael Toppin (Lyman Hall), 400 meters  
Elliot Faulkner (Wilbur Cross), 800 meters  
Travis Martin (Wilbur Cross), 1600 meters  
Connor Visnic (Amity Regional), 3200 meters  
Richard Papa (Amity Regional), 110 and 300 meter hurdles  
Hamden (Gabe Okeke, Rodney Davis, Jose Sanchez, Christopher Pigatt), 4 x 100 meter relay  
Notre Dame (Daniel Range, Thomas Minar, Christian Panagrossi, Warren Murphy), 4 x 400 meter relay  
Xavier (Julen Lujambio, Ryan Grochowski, George Luke, Pierre Sylvain), 4 x 800 meter relay  
Caleb Tondora (Foran), High Jump  
Max Bothwell (Notre Dame), Pole Vault  
Robert McCulloch (Fairfield Prep), Long Jump  
Christopher Wallace (Hamden), Triple Jump  
John Genther (Daniel Hand), Shot Put  
Lucas Macias-Ticas (Hamden), Discus  
Edwin Figueroa (Hamden), Javelin

## **SCC/COS NOW Athlete/Coach of Year**

Athlete of the Year: Deshaune Poole (Hillhouse)  
Coach of the Year: Michelle Moore (Hillhouse), Travis Gale (Wilbur Cross)

# **Girls Outdoor Track & Field**

**State Champions:** Hillhouse (Class M)

**State Runner-ups:** none



# 2018-19 SPORT-BY-SPORT RECAP



## Top State Finishes:

North Haven (Class MM, 4th)  
Wilbur Cross (Class L, 4th)  
Sheehan (Class M, 6th)  
Sacred Heart Academy (Class MM, 7th)

## East Sectional Meet – May 14 @Bowen Field - New Haven

1. Hillhouse, 161; 2. Sheehan, 120.83; 3. Shelton, 120; 4. Amity Regional, 97.33; 5. Cheshire, 59.5; 6. Guilford, 43.5; 7. Jonathan Law, 33.5; 8. Daniel Hand, 31; 9. Foran, 17.83; 10. Lyman Hall, 15.5

## West Sectional Meet – May 15 @Bowen Field - New Haven

1. Sacred Heart Academy, 148; 2. Hamden, 119; 3. Wilbur Cross, 110; 4. North Haven, 100; 5. East Haven, 60.5; 6. Career, 50; 6. Mercy, 50; 8. Lauralton Hall, 31; 9. West Haven, 19.5; 10. Branford, 3

## SCC Championship Meet – May 20 @Lyman Hall HS

1. Hillhouse, 121; 2. Shelton, 76; 3. Sheehan, 66.5; 4. Sacred Heart Academy, 56; 5. Wilbur Cross, 54; 6. North Haven, 49; 7. Hamden, 44; 8. Guilford, 41; 9. Amity Regional, 37.5; 10. East Haven, 27; 11. Career, 26; 12. Cheshire, 23; 13. Foran, 18; 13. Daniel Hand, 18; 15. Jonathan Law, 16.5; 16. Mercy, 14; 17. West Haven, 8.5; 18. Lyman Hall, 6

## All-Conference First Team

Erica Marriott (North Haven), 100 and 200 meters  
Jada Boyd (Hillhouse), 400 meters  
Love Melton (Hamden), 800 meters  
Meredith Bloss (Guilford), 1600 and 3200 meters  
Ayesha Nelson (Hillhouse), 100 meter hurdles  
Clarisse Aminwaung (Sheehan), 300 meter hurdles  
Amity Regional (Emily Zielinski, Daria Torrenti, Alexandra Plaza, Audrey Marin), 4 x 100 meter relay  
Hillhouse (Jada Boyd, Jade Gary-Brown, Enyla Williams, Nyimah Ambrose), 4 x 400 meter relay  
Hillhouse (De'Janay Davis, Enyla Williams, Jade Gary-Brown, Jada Boyd), 4 x 800 meter relay  
Nyla Conway (Wilbur Cross), High Jump  
Kyra Connolly (Sheehan), Pole Vault  
Nyimah Ambrose (Hillhouse), Long Jump  
Aliya Cameron (Sacred Heart Academy), Triple Jump  
Leah Moore (Hillhouse), Shot Put and Discus  
Jackie Simington (Shelton), Javelin

## All-Conference Second Team

Kisha Francois (East Haven), 100 meters  
Nyimah Ambrose (Hillhouse), 200 meters  
Pauline Fernandez (Foran), 400 meters  
Chloe Thompson (Daniel Hand), 800 meters  
Ella Bradford (Hamden), 1600 meters  
Elizabeth Brown (Sheehan), 3200 meters  
Kasidy Quiles (Shelton), 100 meter hurdles  
Giselle Zumerchik (North Haven), 300 meter hurdles  
Career (TayJana Greene, Shamia Jackson, Sofia Soriano, Johnae



Guilford - 2019 SCC Girls Lacrosse Champions

Jones), 4 x 100 meter relay  
Hamden (Arreiyona Jones, Love Melton, Ella Bradford, Ehsan Ibet), 4 x 400 meter relay  
Wilbur Cross (Grace Adolphe, Margo Pedersen, Stephanie Meza-Sanchez, Mary Ruiz), 4 x 800 meter relay  
Abigail Ball (Mercy), High Jump  
Marley Esch (Sheehan) Pole Vault  
Kisha Francois (East Haven), Long Jump  
Sarina Sandwell (North Haven), Triple Jump  
Susie Okoli (Wilbur Cross), Shot Put  
Jalynn McCown (Hillhouse), Discus  
Taylor Andrzejewski (Sacred Heart Academy), Javelin

## SCC/COS NOW Athlete/Coach of Year

Athlete of the Year: Erica Marriott (North Haven)  
Coach of the Year: Gary Moore (Hillhouse)

## Girls Lacrosse

**State Champions:** none

**State Runner-ups:** none

### State Semifinals:

Guilford (Class M, lost to St. Joseph, 14-10)

### Regular-Season Champions:

Div. I: Cheshire (9-0)

Div. II: Sacred Heart Academy (7-2)

### SCC Playoffs

#### First Round - May 18 @HigherSeeds

#6 Sheehan 16, at #3 Branford 7

#4 Daniel Hand 17, #5 Sacred Heart Academy 6

#### Semifinals - May 21 @Higher Seeds

#1 Cheshire 19, #4 Daniel Hand 6



# 2018-19 SPORT-BY-SPORT RECAP



#2 Guilford 17, #6 Sheehan 6

**Championship Game - May 25 @Ken Strong Stadium**  
Guilford 11, Cheshire 10 (OT)

## **All-Conference First Team**

Attack: Annie Eddy (Cheshire), Brianna Shaw (Branford), Nicole Spotlow (Guilford), Cameryn Antler (Mercy), Catherine Larrow (Guilford)

Midfield: Annie Acquavita (Cheshire), Karly King (Branford), Maddie Epke (Guilford), Ana Carney (Amity Regional), Chloe Silva (Daniel Hand), Mia Carbone (Mercy)

Defense: Megan Daly (Cheshire), Grace Paleski (Branford), Kayla Sansone (Cheshire), Tessie Sheehan (Daniel Hand)

Goalie: Sydney O'Neill (Lauralton Hall)

## **All-Conference Second Team**

Attack: Raegan Bailey (Cheshire), Mia Celentano (Sacred Heart Academy), Madison Gaynor (Sheehan), Regan Larson (Daniel Hand), Bianca DeSimone (Lyman Hall)

Midfield: Annie Uyeki (North Haven), Samantha O'Neill (Foran), Maddie Costantino (Guilford), Mikayla Crowley (Cheshire), Carlee Crispens (Sheehan), Sophia Verna (Sacred Heart Academy)

Defense: Maggie Mandel (Guilford), Madelyn Pickett (Amity Regional), Jordyn Masse (Mercy), Peri Combs (Lyman Hall)

Goalie: Nicole Gaston (West Haven)

## **SCC/COS NOW Player/Coach of Year**

Div. I Player of the Year: Annie Eddy (Cheshire)

Div. II Player of the Year: Carlee Crispens (Sheehan)

Div. I Coach of the Year: Dan Warburton (Cheshire)

Div. II Coach of the Year: Samantha Clyne (Sacred Heart Academy)

## **Boys Tennis**

**State Champions:** none

**State Runner-ups:** none

### **Top State Finishers:**

Daniel Hand (Class L, 3rd)

Guilford (Class L, 5th)

Amity Regional (Class LL, 5th)

### **SCC Playoffs**

#### **Quarterfinals – May 20 @Higher Seeds**

#1 Daniel Hand 7, #8 North Haven 0

#2 Fairfield Prep 6, #7 Cheshire 1 (May 21)

#3 Amity Regional 5, #6 Branford 0

#4 Guilford 5, #5 Xavier 1

#### **Semifinals - May 21 @Yale University Indoor Courts**

Daniel Hand 6, Guilford 1

Amity Regional 4, Fairfield Prep 3

#### **Championship – May 22 @Yale University Indoor Courts**



*Daniel Hand repeated as SCC Boys Tennis Champions in 2019.*

Daniel Hand 7, Amity Regional 0

### **Division I All-Conference**

Singles: Josh Israel (Daniel Hand), Gianni Esposito (Guilford), Brett Gloria (Amity Regional), Alex Kagan (Guilford), Noah Gulla (Daniel Hand, Khai Ton (Xavier)

Doubles: Darby Rogers (Daniel Hand), Reilly Vejar (Daniel Hand), Chris Hilton (Fairfield Prep), Chris Bullers (Amity Regional), Peter Haley (Fairfield Prep), Quinn Dallai (North Haven)

### **Division II All-Conference**

Singles: Utsav Subramani (Cheshire), Yasha Laskin (Cheshire), Ryan Money (Foran), Corey Flynn (Lyman Hall), Akshar Agauhal (Hamden), Andrew Saball (Sheehan)

Doubles: Nate Pisani (Cheshire), Ben Fritz (Cheshire), Joe Brown (East Haven), Mat Divito (East Haven), Jared Cerrera (Lyman Hall), Jake Lynn (Lyman Hall)

### **SCC/COS NOW Player/Coach of Year**

Div. I Player of the Year: Josh Israel (Daniel Hand)

Div. II Player of the Year: Ustav Sibramani (Cheshire)

Div. I Coach of the Year: Matt Fraenza (Branford)

Div. II Coach of the Year: Jamie Canny (Shelton)

## **Girls Tennis**

### **State Champions:**

Daniel Hand (Class M, defeated Lauralton Hall, 6-1)

### **State Runner-ups:**

Lauralton Hall (Class M, lost to Daniel Hand, 6-1)

### **State Semifinals:**

Daniel Hand (Class M, defeated St. Joseph, 7-0)

Lauralton Hall (Class M, defeated Joel Barlow, 5-2)

# 2018-19 SPORT-BY-SPORT RECAP



*Daniel Hand won its third consecutive SCC girls tennis title in 2019.*

Amity Regional (Class L, lost to Staples, 7-0)

## **SCC Playoffs**

### **Quarterfinals – May 20 @Higher Seeds**

#1 Daniel Hand 7, #8 Foran 0

#2 Amity Regional 6, #7 Jonathan Law 0

#3 Cheshire 4, #6 North Haven 3

#4 Luralton Hall 4, #5 Sheehan 0

### **Semifinals – May 21 @Yale University Indoor Courts**

Daniel Hand 6, Luralton Hall 1

Amity Regional 6, Cheshire 1

### **Championship – May 22 @Yale University Indoor Courts**

Daniel Hand 5, Amity Regional 2

## **Division I All-Conference**

Singles: Julia Migliorini (North Haven), Sarah Bullers (Amity Regional), Sam Riordan (Daniel Hand), Grace Hiza (Foran), Lindsay Riordan (Daniel Hand), Sydney Pitter (Amity Regional)

Doubles: Anna Lans (Daniel Hand), Claire Lansille (Daniel Hand), Jenny Wang (Cheshire), Kelsea Mann (Cheshire), Missy Caiola (Luralton Hall), Audrey Ulrich (Luralton Hall)

## **Division II All-Conference**

Singles: Lucia Pino (Jonathan Law), Jenna Pane (East Haven), Monica Pypati (Jonathan Law), Ava Albis (Hamden), Grace Waldron (Sheehan), Neil Komorowski (Shelton)

Doubles: Zoe Rogers (Shelton), Jessika Jayaker (Shelton), Shae Lepre (Branford), Alayna Boileau (Branford), Bianca Vega (Lyman Hall), Olivia Vegliante (Lyman Hall)

## **SCC/COS NOW Player/Coach of Year**

Div. I Player of the Year: Julia Migliorini (North Haven)

Div. II Player of the Year: Lucia Pino (Jonathan Law)

Div. I Coach of the Year: Missy Kaminski (Foran)

Div. II Coach of the Year: Samantha Provenzano (Lyman Hall)