

2015-16 Year in Review

SOUTHERN CONNECTICUT CONFERENCE 2015-16 YEAR IN REVIEW



22ND YEAR

Established in 1994, the Southern Connecticut Conference completed its 22nd year in 2015–16. One of the most competitive high school leagues in the state of Connecticut, the athletic success of SCC member schools was once again outstanding in 2015–16 with 12 state championships won; and another 18 teams earned state runner-up status. Since the league's formation in 1994-95, SCC teams have won 413 state championships – an average of 19 per academic year. More importantly, the league has continued its positive tradition of offering first-rate non-athletic programs and events which seek to enrich our students' overall high school experience and make them responsible citizens.

SPECIAL THANKS TO OUR CORPORATE SPONSORS

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community. The SCC had several corporate sponsors for the 2015–16 academic year, including the The United Illuminating Company, Fresh Concepts, Connecticut Orthopaedic Specialists, Holiday Hill/Holiday Hill Day Camp, Great Blue Research, Town Fair Tire, and the league's

2015-16 EXECUTIVE BOARD

President: Frances Thompson, Principal –

Jonathan Law HS

VICE-PRESIDENT: Vincent DeNuzzo, Principal -

East Haven HS

SECRETARY: Todd Petronio, Athletic Director -

North Haven HS

Treasurer: Steve Trifone, Athletic Director –

Cheshire HS

ATHLETIC DIRECTOR CHAIRPERSON: John Niski,

Athletic Director, Shelton HS COMMISSIONER: Al Carbone

COMMISSIONER EMERITUS: Bill O'Brien

newest sponsor – Hummel Brothers. For the eighth straight year, Dick's Sporting Goods partnered with the SCC to provide coupons and promotional material at league events...Thanks also to the various event sponsors during the year, including Walter Camp Football Foundation (football banquet), New Haven Gridiron Club (football banquet), Gene Casey New Haven chapter of the National Football Foundation (football banquet), the New Haven Lions Club (baseball playoffs), and SoundRUNNER (sponsor of the league's running events).



CONCEPTS















2015-16 YEAR-IN-REVIEW

CAPTAINS COUNCIL

More than 1,200 sport captains attended the three SCC Captains Council events (fall, winter and spring) held during the year at New Haven's Floyd Little Athletic Center. The meetings brought together the captains of each sport before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship. In addition, guest speakers presented on topics of social media and leadership/communication skills.

STATE CHAMPIONSHIP CONFERENCE

It was another successful year as SCC member-schools fared extremely well in league and statewide athletic competition. All told, SCC teams captured 12 state championships (3 fall, 5 winter, 4 spring) during the 2015-16 academic year. Eighteen additional teams (3 fall, 6 winter, 9 spring) earned runner-up status in CIAC state competition.



More State Championship Facts

Nine different SCC schools won state titles in 2015–16 with Amity Regional, Lauralton Hall and Hillhouse each capturing the most (2). Since the league's inception in 1994, SCC schools have won 413 state championships. In those 22 years, Hillhouse has won the most state championships (60) followed by Cheshire (59), Amity Regional (39), Daniel Hand (36) and Fairfield Prep (33).



SEASON-BY-SEASON STATE PLAYOFF RECAP

In 2015-2016, more than two-thirds of eligible SCC teams (166-of-240, 69.2%) qualified for CIAC state tournament competition in sports requiring a qualification (wins or winning percentage).

FALL (43-OF-68), 63%

Sixty-eight percent of SCC teams qualified for the state tournaments in the following fall sports: field hockey (8-of-12), girls soccer (11-of-18), boys soccer (11-of-18) and girls volleyball (13-of-20). In addition, four football teams (out of 19) earned state playoff berths.



WINTER (56-OF-77), 73%

Seventy-three percent of SCC teams qualified for the state tournaments in the following winter sports: boys ice hockey (21-of-25), boys basketball (15-of-20), girls basketball (15-of-20) and girls ice hockey (5-of-12).

SPRING (67-OF-95), 71%

Seventy-one percent of SCC teams qualified for CIAC spring team sport playoff competition in baseball (16-of-19), softball (15-of-20), boys lacrosse (12-of-17), girls lacrosse (10-of-16), boys volleyball (4-of-5) and girls tennis (10-of-18).

SCC vs. SCC – For all the Marbles

During 2015-16, there were two All-SCC state championship contests - both coming during the spring season. For the second straight year, two SCC teams squared off in the Class M girls tennis final. Lauralton Hall won its second straight state title with a 5-2 victory over league-rival Daniel Hand on June 3. On June 11, Cheshire completed a 27-0 perfect season with a 5-0 victory over Amity Regional in the Class LL softball championship game. Since 1994, there have been 26 All-SCC state championship game matchups in 11 different sports, including 15 in the last seven years.



RIVERS/RAGAINI NAMED ATHLETE OF THE YEAR

Wilbur Cross senior Danae Rivers and Notre Dame junior Nico Ragaini were named the New Haven Register's 2015–16 Athletes of the Year. Danae and Nico were three-sport (Danae -- cross country, indoor and outdoor track; Nico -- football, indoor track and lacrosse) standouts for their schools. Danae and Nico are the 27th and 28th student athletes – since 1996-97 – from the SCC to earn this prestigious honor.



Danae Rivers (Wilbur Cross) and Nico Ragaini (Notre Dame) were named the New Haven Register's 2015-16 Athletes of the Year (photo courtesy of www.GameTimeCT.com)

SCC ARTS EXHIBITION

The annual SCC Arts Exhibition was held May 3-9 at the Creative Arts Workshop in downtown New Haven. There were nearly 50 pieces in the exhibition. There was a Show Opening held on May 5 with awards presented by the CAW staff, who judged the pieces.

Special thanks to CAW Executive Director Daniel Fitzmaurice and his staff for their hospitality and support of the SCC schools and their art programs.

2016 AWARD WINNERS

First Prize: James Rinere (Daniel Hand) - winning piece pictured above

Second Prize: Casey Winberg (Sheehan)

Third Prize: Nate Kiley (Xavier)

HONORABLE MENTION:

Tamia Brown (Sheehan)

Alexandra Proch (North Haven)

Kim Ly (North Haven)

Alisia Gruendel (Branford)

Megan Ioime (Sheehan)

Katherine Schneer (East Haven)

William Bennett (Daniel Hand)



1st prize: James Rinere, Daniel Hand (photo by Bill O'Brien)

FORTY-SIX HONORED AS SCC SCHOLAR LEADERS

The "best of the best" were honored on Monday, March 23 as the SCC held its annual Scholar Leader Banquet at Anthony's Ocean View in New Haven. Two recipients, as selected by their principal, from each SCC member school were recognized for their leadership and excellence in the classroom, in their schools and local communities.

Congratulations to Susie Beyl (West Haven) and Kaarish Maniar (Sheehan), the 2016 recipients of the Bill O'Brien Community Service Scholarship. Kaarish coordinated a Frames for Futures art exhibit and silent auction, which benefitted an organization called Children in Placement. Among her prominent roles on the State and West Haven boards of education, Susie's role as Class President led her to change the way the school held pep rallies, and in doing so, created collaborative, fun-filled events for the betterment of her classmates.

2015-16 SCC Scholar Leaders

Amity Regional - Brian Ronai, Victoria Li

Branford - Marshall Burrus, Carolyn Caminear

Hill Regional Career - Ashley Arroyo, Christopher Charles

Cheshire - Maria Latta, Thomas Conlon

Daniel Hand - Connor Sakmar, Madeleine Yaggi

East Haven – Katherine Schneer, Sarah Harkins

Fairfield Prep - Brendan Rooney, Joseph Daccache

Joseph A. Foran – Lindsey Carlson, Mark Duffy

Guilford - Cole Horton, Cassidy Bell

Hamden - Rick Basak, Megan Garner

Hillhouse – Isheeka Bruce, Darius Wise

Jonathan Law – Alyssa Paladino, David Carelli

Lauralton Hall – Jamiah Bennett, Tara Boyd

Lyman Hall – Leeann Clark, William Shields

Mercy - Sharon Webster, Orsolina O'Neill

North Haven – Rachel Buonasora, Ryan Brennan

Notre Dame – Charles Butler, Michael Secchiaroli

Sacred Heart Academy – Jennifer Piciw, Helena Bui

Mark T. Sheehan – Kaarish Maniar, Jennifer Skulski

Shelton - Julia Mancini, Henry Jiang

West Haven – Susie Beyl, Jeremy Borelli

Wilbur Cross - Amaris Topper, Lewis Nelken

Xavier - Frederick Van Augur, Connor Flynn



Congratulations to Susie Beyl (West Haven) and Kaarish Maniar (Sheehan) - the 2016 recipients of the Bill O'Brien Community Service Scholarship.

SCC's Best of.... 2015-16

Town Fair Tire was the presenting sponsor of the SCC's "Best of... for 2015-16," an online poll to determine the best moment or performance in the Southern Connecticut Conference during the academic year. More than 1,700 votes were cast over a 14-day period.



THE WINNER: RAM-PERFECT

The Cheshire softball team finishes a 27-0 perfect season by capturing the Class LL state title with a 5-0 win over SCC-rival Amity Regional on June 11. Two weeks earlier, the Rams won the SCC title, defeating Lauralton Hall, 4-3.

More top SCC moments from 2015-16...

FOR THE GREEN, FIGHT FIGHT! – Notre Dame wins the Class L baseball title –defeating East Lyme, 5-2. It is ND's third state title since 2011.



Cheshire softball celebrates its state title (GameTimeCT.com photo)

RAMS DOMINATE - Cheshire wins its fourth straight SCC girls swimming title, and its 21st in the 22 years of the conference.

SHOOT-OUT – In the Div. I title game, Fairfield Prep boys ice hockey defeats ND-WH via a shoot-out, the first-ever in the playoffs.

POWELL PREVAILS - Guilford's Evan Powell defeats Branford's Matt Sachs in the Class M state boys tennis singles title on June 2.

GAELS REJOICE – Shelton soccer teams captured SCC titles on Nov. 4 – boys defeat West Haven, 3-2, and girls outlast Lauralton Hall via penalty kicks.

5-SET BATTLE - In the first five-set SCC girls volleyball final since 2009, Amity Regional holds off defending champion Cheshire, 3-2.

DANAE BREAKS RECORD - Wilbur Cross' Danae Rivers sets a girls State Indoor Track Open record in the 1,000 meters (2:50.26).

CRUSADE – Lauralton Hall captures the SCC field hockey playoff title – defeating Daniel Hand, 2-1, for its first league title.

HOWLING - Hyde/Career/Whitney Tech co-op joins SCC football league. The SCC realigns to three football divisions (from four).

CHANGE – The SCC realigns divisions in seven sports (boys/girls soccer, boys/girls basketball, girls volleyball, baseball and softball).

HALLOWEEN HARRIERS - SCC boys cross country teams - Amity Regional (LL) and Guilford (M) - capture state titles on October 31.

LIONS ROAR! - Foran wins its first-ever SCC wrestling title, and then captures the Class M state title.

GAELS PIGSKIN SUCCESS - Shelton football has its second-straight undefeated regular-season, and earns a trip to the Class LL finals.

CHEER FOR THE GAELS - The Shelton cheerleading team captures the SCC and Class LL state championships.

TIGERS EXCEL - Daniel Hand captures its eighth straight SCC gymnastics title on its way to winning the Class M state title.

JESUITS SWIM DOMINANCE – Fairfield Prep wins its 11th straight SCC boys swimming title.

BATTLE OF THE TIGERS - Daniel Hand defeats Mercy, 57-55, to win its first-ever SCC girls basketball title on Feb. 24.

FORE!! - SCC adds girls golf as the league's 28th sport.

SINGLE-WING SUCCESS – North Haven football records its first undefeated regular season and reaches its first-ever state championship game. The Indians also set a SCC record for scoring with 612 points, averaging 47 points a game.

IN THE POOL – Lauralton Hall girls swimming team captures the Class M state title, its third state title in the last four years.

YELLOWJACKET TIMES 10 - East Haven's Michael Griffith wins the state decathlon.

HOUSE FAMILY - Hillhouse wins the Class LL boys basketball state title, outlasting Weaver, 97-83, in 2 OT, on March 20.

JESUITS HOOP - Fairfield Prep holds off Hillhouse, 66-63, in an exciting SCC Boys Basketball championship game on March 2.

SPARTAN FOUR-PEAT – Amity Regional baseball wins the SCC title and then captures its state-record 4th consecutive Class LL state title – in walk-off fashion vs. Fairfield Warde on June 11.

THE LONGEST GAME – The East Haven football team opens the 2015 season with a 34-31, 4 overtime victory over Hamden. Evan Damian's 27-yard field goal is the game-winner. It is the longest game in SCC football history.

CONNECTICUT ORTHOPAEDIC SPECIALISTS AWARDS COMEBACK PLAYERS OF THE YEAR"

Two student athletes – Rebecca Anderson (Daniel Hand) and Kobe Wiggins (Notre Dame) – were the recipients of the 2016 SCC "Comeback Player of the Year" awards. Both students suffered severe injuries, yet were able to overcome them to become outstanding role models in their respective schools.

A corporate sponsor of the Southern Connecticut Conference (SCC), Connecticut Orthopaedic Specialists P.C. (COS) has offered a Comeback Player of the Year Scholarship for student-athletes who participated in an interscholastic sport during the 2015-2016 academic year and showed great leadership both on and off the field after their severe injury. Coaches and school's athletic directors nominated these student-athletes after they each suffered an unfortunate injury that prohibited them from play for their high school teams. Both will receive a financial scholarship to be used for their college education.

"This is our sixth year in awarding student-athletes from the SCC with scholarships," explained Glenn Elia, Chief Executive Officer of COS. "Our goal has been to acknowledge student-athletes who have overcome the challenges of an injury and, through hard work and determination, have become positive role models for their fellow teammates."



SCC Commissioner Al Carbone, Rebecca Anderson, Kobe Wiggins, Glenn Elia, CEO of Connecticut Orthopaedic Specialists (photo by Bill O'Brien)

"Many thanks to the doctors and staff at Connecticut Orthopaedic Specialists for their support of the SCC and these scholarships," explained SCC Commissioner Al Carbone. "Our league has many outstanding student-athletes who excel in the classroom and on the playing fields; but it is a tremendous gesture to recognize traits like courage, perseverance and selflessness."

REBECCA ANDERSON, DANIEL HAND (GYMNASTICS)

Rebecca tore her ACL in the fall of 2013 which forced her to miss the 2013-14 gymnastics season. Her recovery was long and strenuous, but she persevered and returned to the team and was named captain. She earned All-SCC and All-Area honors during her junior season as the team won the SCC and state championships. This past season, Rebecca captained the team again and earned All-State accolades as the Tigers repeated as SCC and Class M state champions. Daniel Hand gymnastics coach Kelly Smith said, "Rebecca is an unselfish person. She could have easily felt sorry for herself, but motivated herself and her teammates and returned to the mat. Her time rehabbing sparked an interest in physical therapy as a career. She is one of the most mature, hard-working and motivated individuals I have had the pleasure of working with."

Rebecca will attend Springfield College and study in its physical therapy program.

KOBE WIGGINS - Notre Dame-West Haven HS (FOOTBALL)

Kobe sustained a torn ACL, LCL and meniscus during the first game of the 2014 football season. Through his hard work and positive support of his teammates, Kobe was elected captain for the 2015 season. Kobe's comeback to the playing field was indeed impressive; he led the Green Knights to the SCC Division I East title and a spot in the Class L semifinals. For his efforts at running back/linebacker, he was named All-SCC, All-Area and was named a Coaches Association Class L All-State honoree.



Notre Dame football coach Tom Marcucci said, "Kobe showed a spirit that was contagious, despite being injured. His hard work, successful play and his overall impact on his teammates is remarkable, and will never be underestimated."

2015-16 SCC Postseason Champions

FALL

Sport	CHAMPION	Runner-up	Result
GIRLS CROSS COUNTRY	Amity Regional	Cheshire	Amity Regional (82), Cheshire (104), Mercy (108)
Boys Cross Country	Amity Regional	Fairfield Prep	Amity Regional (46), Fairfield Prep (57), Guilford (105)
Field Hockey	Lauralton Hall	Daniel Hand	2-1
Boys Soccer	Shelton	West Haven	3-2
GIRLS SOCCER	Shelton	Lauralton Hall	2-2 (Shelton wins via penalty kicks, 3-1)
GIRLS VOLLEYBALL	Amity Regional	Cheshire	3-2 (25-18, 15-25, 25-19, 15-25, 15-6)
GIRLS SWIMMING	Cheshire	Lauralton Hall	Cheshire (1426.5), Lauralton Hall (1109),
			Amity Regional (859.5)

WINTER

Winter	N	ECTICUT CO	No.
Sport	CHAMPION	Runner-up	RESULT
Boys Indoor Track	Amity Regional	Hamden	Amity Regional (88), Hamden (66), Shelton (49)
Girls Indoor Track	Mercy	Sacred Heart Academy	Mercy (62), Sacred Heart Academy (43), Hamden (42)
Boys Basketball	Fairfield Prep	Hillhouse	66-63
Girls Basketball	Daniel Hand	Mercy	48-46
Wrestling	Foran	Xavier	Foran (141), Xavier (130), Daniel Hand (129)
Gymnastics	Daniel Hand	Jonathan Law	Daniel Hand (135), Jonathan Law (128), Mercy (125.85)
DIV. I BOYS ICE HOCKEY	Fairfield Prep	Notre Dame-WH	4-3 (Prep wins via shootout, 1-0)
DIV. II BOYS ICE HOCKEY	North Branford	Cheshire	7-4
DIV. III BOYS ICE HOCKEY	NF/Immaculate	BBD	5-2
DIV. I GIRLS ICE HOCKEY	East Catholic co-o	p Hamden	4-0
DIV. II GIRLS ICE HOCKEY	Amity/NH/C co-o	p West Haven/SHA	2-1
Boys Swimming	Fairfield Prep	Cheshire	Fairfield Prep (1258.5), Cheshire (1171), Notre Dame (651)
CHEERLEADING ALL-GIRL	Shelton	Cheshire	Shelton (85), Cheshire (71.7), North Haven (71.25)
Cheerleading Co-ed	Daniel Hand	Branford	Daniel Hand (79), Branford (67.6), Wilbur Cross (62.3)

SPRING

Sport	CHAMPION	Runner-up	RESULT
Golf	Xavier	Amity Regional	Xavier (316), Amity Regional (318), Daniel Hand (329)
Boys Volleyball	Cheshire	Daniel Hand	3-2 (25-18, 25-27, 23-25, 25-15, 15-7)
BASEBALL	Amity Regional	Notre Dame	17-0
Softball	Cheshire	Lauralton Hall	4-3
DIV. I BOYS TENNIS	Daniel Hand	Amity Regional	4-3
DIV. II BOYS TENNIS	West Haven	Hamden	6-1
Div. I Girls Tennis	Amity Regional	Daniel Hand	5-2
Div. II Girls Tennis	Hamden	Mercy	4-3
Boys Outdoor Track & Field	Amity Regional	Hamden	Hilhouse (121), Hamden (75), Amity Regional (75)
GIRLS OUTDOOR TRACK & FIELD	Mercy	Cheshire	Mercy (75.5), Cheshire (73), Shelton (71)
Boys Lacrosse	Fairfield Prep	Guilford	12-11 (OT)
GIRLS LACROSSE	Daniel Hand	Cheshire	111-10 (OT)

SCC Postseason Facts

- * In 2015-16, eleven different member schools won or shared a SCC playoff title.
- * Amity Regional won the most league titles with eight (girls and boys cross country, boy outdoor track & field, baseball, Division II girls ice hockey, Division I girls tennis, girls volleyball and boys indoor track), followed by Daniel Hand (5) and Fairfield Prep (4).



^{*} Along with its three league titles (girls swimming, boys volleyball and softball), Cheshire had a league-best seven runner-up finishes.

2015-16 SCC STATE CHAMPIONSHIPS

During the 2015-16 academic year, SCC teams won 12 state championships with another 18 teams finishing as runner-ups. Since the league's inception in 1994-95, SCC schools (both full and associate members) have won 413 state titles (127 fall, 155 in winter, and 131 in the spring).

STATE CHAMPIONS (12)

Spring (4)

Amity Regional baseball (Class LL) – *defeated Fairfield Warde*, 4-3

Notre Dame baseball (Class L) – defeated East Lyme, 5-2 Cheshire softball (Class LL) – defeated Amity Regional, 5-0 Lauralton Hall girls tennis (Class M) – defeated Daniel Hand, 5-2

WINTER (5)

Hillhouse boys basketball (Class LL) – defeated Weaver, 94-83, in 2 OT

Hillhouse boys indoor track (Class M)

Shelton cheerleading (Class LL)

Foran wrestling (Class M)

Daniel Hand gymnastics (Class M)

FALL(3)

Amity Regional boys cross country (Class LL) Guilford boys cross country (Class MM) Lauralton Hall girls swimming (Class M)

RUNNER-UPS (18)

Spring (9)

Amity Regional (Class LL softball) – lost to Cheshire, 5-0
Daniel Hand boys lacrosse (Class M) – lost to New Canaan, 13-2
Wilbur Cross girls outdoor track & field (Class L)
Daniel Hand girls tennis (Class M) – lost to Lauralton Hall, 5-2
Branford boys tennis (Class M)
Daniel Hand boys tennis (Class L)
Amity Regional boys tennis (Class LL)
Notre Dame boys golf (Division II)
Xavier boys golf (Division I)

WINTER (6)

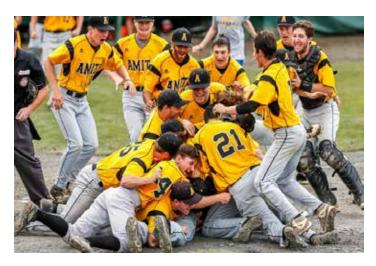
East Catholic girls ice hockey – *lost to Darien*, 2-1 Mercy girls indoor track (Class L) North Haven cheerleading (Class L) Cheshire (Class L boys swimming) Fairfield Prep boys ice hockey (Division I) – *lost to Darien*, 4-2 North Branford boys ice hockey (Division II) – *lost to Fairfield*, 4-3 in OT

FALL (3)

Cheshire field hockey (Class L) – *lost to Wilton, 1-0, in OT* Shelton football (Class LL) – *lost to Darien, 39-7* North Haven football (Class L) – *lost to New Canaan, 42-35*



Hillhouse boys basketball outlasted Weaver in double overtime, 96-83, in the Class LL state championship game on March 20 at Mohegan Sun Arena (photo courtesy of GameTimeCT.com).



Amity Regional won its state-record fourth straight Class LL baseball state title in walk-off fashion on June 11 - a 4-3 victory over Fairfield Warde at Palmer Field (photo courtesy of GameTimeCT.com)

2015-16 ORTHONOW PLAYER AND COACHES OF THE YEAR

During the 2015-16 academic year, the Southern Connecticut Conference named a Player of the Year and Coach of the Year in each of its 28 sponsored sports. Many thanks to league corporate sponsor Connecticut Orthopaedic Specialists and its affiliate OrthoNOW for sponsoring the awards. The Player and Coach of the Year honorees were selected by the respective sport's head coaches at the conclusion of the regular season.



FALL

PLAYERS OF THE YEAR

Girls Cross Country – Mackenzie Pias (Mercy)

Boys Cross Country – Andrew Thompson (Fairfield Prep)

Girls Volleyball – Micaela Cardozo (Amity Regional)

Boys Soccer – Salah Oumorou (West Haven)

Girls Soccer – Megan Kikosicki (East Haven)

Field Hockey – Samantha Pavano (Daniel Hand)

Football (Div. I) – Christian Lupoli (Notre Dame)

Football (Div. II) – Mike Montano (North Haven)

Girls Swimming (Div. I) – Allie Mascia (Daniel Hand)

Girls Swimming (Div. II) – Sarah Fitzgerald (Foran)

COACHES OF THE YEAR

Girls Cross Country – Sean Mahon (Amity Regional)

Boys Cross Country – Bob Orgovan (Amity Regional)

Girls Volleyball – Seth Davis (Amity Regional)

Boys Soccer – Artur Branco (Cheshire); Stan Latkowski (Daniel Hand)

Girls Soccer – Rob Huelsman (Sheehan) Field Hockey – Kati Cavanagh (Lauralton

Football (Div. I) – Jeff Roy (Shelton) Football (Div. II) – Melvin Wells (East Haven)

Girls Swimming (Div. I) – Jen Lyman (Daniel Hand)

Girls Swimming (Div. II) – Tom Jurzynski (Shelton)

WINTER

PLAYERS OF THE YEAR

Cheerleading: Kaitlyn Craft (Shelton) Boys Basketball: Rich Kelly (Fairfield Prep) Girls Basketball: Elise Graham (Amity Regional)

Girls Ice Hockey – Div. I: Maddison Bishop (East Catholic)

Girls Ice Hockey – Div. II: Gabby Prisco (West Haven/SHA)

Girls Indoor Track: Caroline O'Neil (Daniel Hand)

Boys Indoor Track: Gabriel Abdul-Karim (Hillhouse)

Wrestling: Michael Ross (Foran)

Gymnastics: Erin Maxwell (Daniel Hand) Boys Swimming – Div. I: Karl Bishop (Cheshire)

Boys Swimming – Div. II: Connor Robison (Sheehan)

Boys Ice Hockey – Div. I: Doug Caliendo (Notre Dame-West Haven)

Boys Ice Hockey – Div. II: Chris Cafiero (Guilford)

Boys Ice Hockey – Div. III: Hunter Boileau (Lyman Hall/HK)

COACHES OF THE YEAR

Cheerleading: Victoria Lassek (Wilbur Cross)

Boys Basketball: Jeff Nielsen (Amity Regional)

Girls Basketball: Anthony Russell (East Haven)

Boys Ice Hockey – Div. I: Dan DeConti (Xavier)

Boys Ice Hockey – Div. II: Ralph Shaw (North Branford)

Boys Ice Hockey – Div. III: Rich Minnix (Lyman Hall-HK)

Boys Swimming – Div. I: Todd Rainey (Amity Regional)

Boys Swimming – Div. II: Christina Forristal (Daniel Hand)

Gymnastics: Kelly Smith (Daniel Hand)

Wrestling: Dave Esposito (Foran)
Girls Indoor Track: Kathryn Schumann
(Mercy)

Boys Indoor Track: Jeremy Iverson (Amity Regional)

Girls Ice Hockey – Div. I: Brett Soucy (West Hartford) Girls Ice Hockey – Div. II: Erin Blake (West Haven/SHA)

SPRING

PLAYERS OF THE YEAR

Baseball: Ron Grant (Hamden)
Softball: Abby Abramson (Cheshire)
Boys Lacrosse: Nick Franchuk (Fairfield Prep)

Girls Lacrosse: Meghan Dutchyshyn

(Cheshire)

Boys Tennis – Div. I: Rich Ciamarra (Xavier)

Boys Tennis – Div. 2: Roy Smith (Career/Hillhouse)

Girls Tennis – Div. I: Julia Migliorini (North Haven)

Girls Tennis – Div. 2: Vidhya Maran (Hamden)

Boys Volleyball: James Marinaccio (Cheshire)

Boys Outdoor Track & Field: Abdoul Aremu (West Haven)

Girls Outdoor Track & Field: Danae Rivers (Wilbur Cross)

Golf – Div. I: Andrew Sciarretta (Fairfield Pren)

Golf - Div. 2: Eli Dyer (Sheehan)

COACHES OF THE YEAR

Baseball: Chris Borelli (Hamden Softball: Kristine Drust (Cheshire) Boys Lacrosse: Brian White (Guilford) Girls Lacrosse: Jackie Ceccolini (Branford) Boys Tennis – Div. I: Dawn Fagerquist (Daniel Hand)

Boys Tennis – Div. 2: Arleen Viglione (Shelton)

Girls Tennis – Div. I: Jim Cole (Branford) Girls Tennis – Div. 2: Dave Oshana (East Haven)

Boys Volleyball: Sue Bavone (Cheshire) Boys Outdoor Track & Field: Gary Pope (Amity Regional)

Girls Outdoor Track & Field: Kathryn Schumann (Mercy)

Golf – Div. I: Michael Kohs (Xavier) Golf – Div. 2: Kevin Ainsworth (Sheehan)

FALL

FOOTBALL



2015 SCC Football Divisional champion coaches

STATE CHAMPIONS: None

STATE RUNNER-UPS:

Shelton (Class LL) – lost to Darien, 39-7 North Haven (Class L) – lost to New Canaan, 42-35

STATE SEMIFINAL RESULTS:

Class LL: Shelton 35, Newtown 28

Class L: New Canaan 51, Notre Dame 27; North Haven 21, Wethersfield 14

DIVISION CHAMPIONS

Division I West: Shelton (4-0) Division I East: Notre Dame (4-0) Division II West: Hillhouse (4-0) Division II East: North Haven (3-0)

ALL-CONFERENCE

DIVISION I OFFENSE

OL: Bryon Dickens (West Haven), James Campbell (Notre Dame), Kevin Lawrence (Xavier), Matt Zelanin (Shelton)

TE: Alex Kirk (Shelton)

WR: Ryan Kauffman (Daniel Hand), Kevin Robinson (Shelton), Jason Atterberry (Wilbur Cross), Nico Ragaini (Notre Dame) RB: Colin Beaulieu (Amity Regional), Peter Hoff (Shelton), Nick Franchuk (Fairfield Prep), Anthony Godfrey (West Haven) QB: Nick Van Dell (Daniel Hand), Christian Lupoli (Notre Dame)

Division I Defense

DL: Aidan Coyle (Fairfield Prep), Luke Bernardo (Daniel Hand) LB: Matt Jambor (Notre Dame), Angelo DiMonaco (Hamden), R.J. Oris (Cheshire), Anthony Caramanica (Xavier), Adrian Jaynes (West Haven), Kobe Wiggins (Notre Dame), Calvin Reed (Fairfield Prep), Ron Hubbard (Shelton) DB: Andrew Criscuolo (Cheshire), Sam Kirk (Shelton), Mike DeVito (Amity Regional), Kwane Taylor (Wilbur Cross), Kwadir Delgado-McIntyre (Hamden), John Sadak (Xavier)

DIVISION II OFFENSE

OL: Luke Edmondson (Foran), Joseph Coury (Jonathan Law), Noah Brown (Hillhouse), Michael Crosby (East Haven), Patrick Casey (North haven), Billy Oliver (Hillhouse)

WR: Zach Davis (Sheehan), Luke Distasio (Branford), Colin Firmender (Foran), Brett Huber (Foran), Tyler Selmecki (Sheehan)

TE: Jeremy Imperati (North Haven)

RB: Zach DeGoursey (Branford)

QB: Mike Montano (North Haven), Lance DiNatale (Foran), Jack Jankura (Guilford)

PK: Sabrina Fronte (North Haven)

DIVISION II DEFENSE

DL: Tyler Williams (Hillhouse), Nick Moscato (Guilford), Colton Brown (Lyman Hall), Conner Suraci (North Haven), Mike Masnato (North Haven)

LB: Dave Mikos (North Haven), Niam Coward (East Haven), Danny James (Sheehan), Logan Danville (Jonathan Law) DB: Tom Dodge (North Haven), Javon Taylor (Hillhouse), David Patrick (Jonathan Law), Justin McClain (Hillhouse), Michael Griffith (East Haven), Noah DeGoursey (Branford) P: Austin Thornberg (East Haven)

OrthoNOW/SCC Div. I Player of the Year: Christian Lupoli, Notre Dame

OrthoNOW/SCC Div. II Player of the Year: Mike Montano, North Haven

OrthoNOW/SCC Div. I Coach of the Year: Jeff Roy, Shelton OrthoNOW/SCC Div. I Coach of the Year: Melvin Wells (East Haven)

Boys Cross Country



Amity Regional won its sixth SCC boys cross country title in 2015

STATE CHAMPIONS: Amity Regional (Class LL) Guilford (Class MM)

STATE RUNNER-UPS: none

TOP STATE FINISHES:

Amity Regional (4th in State Open)
Fairfield Prep (5th in State Open, 6th in Class LL)
Foran (7th in Class MM)
Hamden (9th in Class LL)
Daniel Hand (9th in Class L)

DIVISION CHAMPIONS:

Hammonasset: Guilford (4-0) Housatonic: Amity Regional (4-0) Oronoque: North Haven (4-0) Quinnipiac: Fairfield Prep (4-0)

SCC CHAMPIONSHIP MEET - Oct. 22 @Hammonasset State Park Final Team Results: 1. Amity Regional, 46; 2. Fairfield Prep, 57; 3. Guilford 105; 4. Cheshire, 115; 5. Shelton, 140; 6. Xavier, 145; 7. Hamden, 181; 8. Daniel Hand, 201; 9. Foran, 248; 10. Notre Dame, 296; 11. Lyman Hall, 297; 12. Branford, 345; 13. North Haven, 350; 14. Sheehan, 377; 15. Hillhouse, 431; 16. Jonathan Law, 432; 17. Wilbur Cross, 450; 18. East Haven, 497; 19. West Haven, 573

First place runner: Andrew Thompson (Fairfield Prep), 15:44

ALL-CONFERENCE FIRST TEAM

Andrew Thompson (Fairfield Prep), Brendan Murray (Cheshire), Kyle Beaudette (Amity Regional), Ben Siciliano (Guilford), Harrison Block (Amity Regional), Jack McGowen (Fairfield Prep), George Crist (Fairfield Prep), Collin Roth (Daniel Hand), Connor Crane (Amity Regional), Timothy Cannata (Amity Regional), Finn Davidson (Guilford), Jonathan Gill (Lyman Hall)

ALL-CONFERENCE SECOND TEAM

Jack Ardrey (Foran), Joshua Stern (Guilford), Daniel Perusina (Hamden), Michael DeLuca (Notre Dame), Sean Collins (Daniel Hand), John O'Connor (Fairfield Prep), Andrew Burford (Amity Regional), Jacob Lawlor (Cheshire), Dan Hettrick (Xavier), Robert Dillon (Shelton), William Simics (Shelton), Jordan Kolpak (Cheshire)

OrthoNOW/SCC Runner of the Year: Andrew Thompson (Fairfield Prep)

OrthoNOW/SCC Coach of the Year: Bob Orgovan, Amity Regional

GIRLS CROSS COUNTRY

STATE CHAMPIONS: none

STATE RUNNER-UPS: none

Top State Finishes:

Mercy (4th in Class L)
Daniel Hand (7th in Class L)
Branford (7th in Class MM)
Guilford (8th in Class MM)
Amity Regional (8th in Class LL)



Amity Regional won its third SCC girls cross country title in 2015.

Cheshire (10th in Class LL) Wilbur Cross (10th in Class L) Foran (10th in Class M)

DIVISION CHAMPIONS:

Hammonasset: Daniel Hand (4-0) Housatonic: Amity Regional (4-0) Oronoque: Branford (4-0) Quinnipiac: Mercy (4-0)

SCC Championship Meet - Oct. 22 @Hammonasset State Park 1. Amity Regional, 82; 2. Cheshire, 104; 3. Mercy, 108; 4. Guilford, 121; 5. Daniel Hand, 122; 6. Branford, 131; 7. Wilbur Cross, 217; 8. Shelton, 233; 9. North Haven, 234; 10. Lyman Hall, 254; 11. Hamden, 261; 12. Foran, 265; 13. Lauralton Hall, 285; 14. Sacred Heart Academy, 373; 15. Sheehan, 448; 16. East Haven, 464; 17. Jonathan Law, 475; 18. West Haven, 577

First place runner: Mackenzie Pias (Mercy), 18:29

ALL-CONFERENCE FIRST TEAM

Mackenzie Pias (Mercy), Bridgid Selfors (Mercy), Danae Rivers (Wilbur Cross), Lauren Daddi (Cheshire), Melissa Taggert (Amity Regional), Abigail Bowser (Amity Regional), Claire Keanna (Guilford), Cyrene Nicholas (Branford), Nicole Wilkes (Hamden), Courtney Cosgrove (Branford), Amanda Addesso (Cheshire), Amy Puchini (Guilford)

ALL-CONFERENCE SECOND TEAM

Emily Criscuolo (Amity Regional), Colleen Caruth (Daniel Hand), Camille Lewis (Cheshire), Elise Symon (North Haven), Lillian Morenz (Lyman Hall), Evelyn Ferrall (Guilford), Lily Stiffler (Foran), Anneliese Troidle (Branford), Gabrielle Martin (Daniel Hand), Leah Rivers (Wilbur Cross), Abigail Baisley (Lauralton Hall), Elise Hallstead-Will (Mercy)

OrthoNOW/SCC Runner of the Year: Mackenzie Pias, Mercy OrthoNOW/SCC Coach of the Year: Sean Mahon, Amity Regional

BOYS SOCCER

STATE CHAMPIONS: none

STATE SEMIFINALISTS:

Daniel Hand (Class L, lost to Avon, 3-2 -- PK, 3-1)

DIVISION CHAMPIONS

Hammonasset: Daniel Hand (5-0-1) Housatonic: Cheshire (6-1-1) Oronoque: Wilbur Cross (6-0-2) Quinnipiac: Fairfield Prep (6-1-1)

ALL-HAMMONASSET DIVISION

Nick Bonelli (Guilford), Jake Brown (Daniel Hand), Alex Cinicolo (Daniel Hand), Antonio Gjuraj (Jonathan Law), John Gulcicek (Daniel Hand), Curtis Henry (Daniel Hand), Leandro Jorge (Froan), Cedric Lingane (Foran), Kevin Linn (Jonathan Law), John Loftus (Daniel Hand), Ben Rattet (Guilford) Sam Surgenor (Guilford)

ALL-ORONOQUE DIVISION

Thomas Bogan (North Haven), Nick Cordero (Branford), Kenny Corichi (Career/Hillhouse), Chris Crespo (Wilbur Cross), Dylan DeMaio (Branford), Ian Dunning (North Haven), Tyler Fernandez (Wilbur Cross), Muhamed Kane (Wilbur Cross), Mohamed Kourouma (Wilbur Cross), Kevin Olivares (East Haven), Nick Roca (Branford), Charles Sakouvogui (Career/Hillhouse)

ALL-HOUSATONIC DIVISION

Michael Beale (Sheehan), Andrew Caplan (Sheehan), Bairon Chavez (Lyman Hall), Thomas Conlon (Cheshire), Eric Dishnica (Cheshire), Angel Dominquez (Lyman Hall), Kyle Gil (Shelton), Jacob Goldstein (Cheshire), Thomas Kanter (Amity Regional), Liam Keary (Shelton), Connor Prindle (Shelton), Nicholas Weimer (Cheshire)



Shelton won its first-ever SCC boys soccer title in 2015.

ALL-QUINNIPIAC DIVISION

Nick Copenhaver (Notre Dame), Walter Fontes (Hamden), Blaise Haba (West Haven), Julito Ojea Quintana (Fairfield Prep), Jack Oriccoli (Fairfield Prep), Salah Oumorou (West Haven), Biagio Paoletta (Fairfield Prep), Ivan Ramos (Hamden), Dan Szabo (Fairfield Prep), Owen Stevenson (Xavier), Joe Zaccia (Xavier)

SCC PLAYOFFS

Quarterfinals – Oct. 31 @Higher Seeds #8 Hamden 0, #1 Daniel Hand 0 (Hamden advanced via penalty kicks, 5-4) #5 Shelton 2, #4 Guilford 0 #2 Fairfield Prep 2, #7 Wilbur Cross 0 #6 West Haven 5, #3 Cheshire 0 Semifinals – Monday, Nov. 2 @Higher Seeds #6 West Haven 2, #2 Fairfield Prep 0 #5 Shelton 1, #8 Hamden 0

Championship Game – Nov. 4 @East Haven HS Shelton 3, West Haven 2

OrthoNOW/SCC Players of the Year: Salah Oumorou, West Haven OrthoNOW/SCC Coach of the Year: Artur Branco, Cheshire; Stan Latkowski, Daniel Hand

GIRLS SOCCER

STATE CHAMPIONS: none

SEMIFINALISTS: none

Division Champions

Hammonasset: Guilford (4-0-2) Housatonic: Amity Regional (4-0-4) Oronoque: East Haven (5-0-1) Quinnipiac: Lauralton Hall (7-1)

ALL-HAMMONASSET DIVISION

Andrea Basilicato (Guilford), Amy Boswell (Daniel Hand), Lindsay Broderick (Foran), Kelly Derken (Daniel Hand), Bethany Edwards (Jonathan Law), Jacqueline Guerra (Guilford), Riley Kokoruda (Daniel Hand), Gillian Kraemer (Daniel Hand), Bronagh Lonergan (Guilford), Carly Malesky (Foran), Kayley McLaughlin (Guilford), Chloe Shaw (Guilford)

ALL-HOUSATONIC DIVISION

Alyssa Adesso (Cheshire), Kathryn Arena (Shelton), Laura Bennett (Lyman Hall), Kelsey Burr (Sheehan), Jillian Engeldrum (Shelton), Alexa Gibbs (Amity Regional), Jen Hauser (Amity Regional), Lauren Hazelwood (Sheehan), Caitlyn Jagoda (Sheehan), Kelsey Morgan (Amity Regional), Sarah Nevolis (Amity Regional), Kaleigh Panek (Shelton)



Shelton won its second SCC girls soccer title in 2015.

ALL-QUINNIPIAC DIVISION

Lia Ferri (Hamden), Victoria Fiore (Mercy), Camille Gilarde (Mercy), Patricia Gildea (Lauralton Hall), Grace Healey (Lauralton Hall), Lauren Lewis (West Haven), Kayla McMillan (Sacred Heart Academy), Caroline Monahan (Lauralton Hall), Alyssa Morrissey (Mercy), Gabriella Panayotakis (Hamden), Gabrielle Prisco (West Haven), Jade Taylor (Hamden), Emily Tylki (Mercy), Emily Wielk (Sacred Heart Academy)

ALL-ORONOQUE DIVISION

Makayla Bigard (Wilbur Cross), Isabel Bysiewicz (Branford), Carolyn Caminear (Branford), AnnMarie DiNicola (East Haven), Caitlyn Esposito (East Haven), Chiara Fusco (East Haven), Morgan Heyl (North Haven), Kristina Holle (North Haven), Megan Kikosicki (East Haven), Jen McAulary (Wilbur Cross), Jessica O'Connor (Branford), Foley Riggs (Branford)

SCC PLAYOFFS

Quarterfinals – Oct. 31 @Higher Seeds #8 Mercy 3, #1 Guilford 1 #4 Shelton 3, #5 East Haven 2 (OT) #2 Lauralton Hall 1, #7 Sheehan 0 (Friday, Oct. 30) #6 Daniel Hand 2, #3 Amity Regional 0

Semifinals – Nov. 2 @Higher Seeds #2 Lauralton Hall 2, #6 Daniel Hand 1 #4 Shelton 4, #8 Mercy 3

Championship Game – Nov. 4 @East Haven HS Shelton 2, Lauralton Hall 2 (Shelton wins via penalty kicks, 3-1)

OrthoNOW/SCC Player of the Year: Megan Kikosicki (East Haven)
OrthoNOW/SCC Coach of the Year: Rob Huelsman (Sheehan)



Lauralton Hall won its first-ever SCC field hockey title in 2015.

FIELD HOCKEY

STATE CHAMPIONS: none

STATE RUNNER-UP: Cheshire (Class L) – lost to Wilton, 1-o, in OT

STATE SEMIFINALISTS: Lauralton Hall (Class M) – lost to New Canaan, 2-0

REGULAR-SEASON CHAMPIONS: Lauralton Hall (10-1)

ALL-CONFERENCE FIRST TEAM

Samantha Pavano (Daniel Hand), Cameron Ruberti (Daniel Hand), Madelyn Monahan (Lauralton Hall), Kylie Forrest (Lauralton Hall), Carol Frye (Branford), Nicole Salamone (Cheshire), Sarah Pierpont (Cheshire), Olivia Clarke (Guilford), Jenna D'Agostino (Sacred Heart Academy), Alyssa Stevens (Cheshire), Cassandra Bishop (Amity Regional), Olivia Santini (Hamden)

ALL-CONFERENCE SECOND TEAM

Keira Integlia (Branford), LanLe Crotty (Branford), Kendra Luden (Guilford), Susannah LaPointe (Lauralton Hall), Grace Cogguillo (Lauralton Hall), Emily Cody (Daniel Hand), Kirsten Duncan (Daniel Hand), Dina Alissi (Hamden), Bailey Cunningham (Cheshire), Abby Smith (Lyman Hall), Frankie Campanelli (Sacred Heart Academy), Christina Bevilacqua (Mercy)

SCC PLAYOFFS

Quarterfinals – Oct. 30-31 @Higher Seeds #1 Lauralton Hall 2, #8 Mercy 1 (Fri., Oct. 30) #4 Branford 2, #5 Hamden 0 (Sat., Oct. 31) #2 Cheshire 2, #7 Sacred Heart Academy 0 (Sat., Oct. 31) #3 Daniel Hand 1, #6 Guilford 0 (OT) (Sat., Oct. 31)

Semifinals – Nov. 2 @Hamden HS Lauralton Hall 2, Branford 1 Daniel Hand 1, Cheshire 0

Championship Game – Nov. 4 @Hamden HS #1 Lauralton Hall 2, #3 Daniel Hand 1

OrthoNOW/SCC Player of the Year: Samantha Pavano (Daniel Hand)

OrthoNOW/SCC Coach of the Year: Kati Cavanaugh (Lauralton Hall)

GIRLS VOLLEYBALL



Amity Regional won its first outright SCC girls volleyball title since 2007.

STATE CHAMPIONS: none

STATE FINALISTS: none

STATE SEMIFINALISTS: Cheshire (Class LL) – lost to Fairfield Ludlowe, 3-1 (25-14, 20-25, 25-20, 25-21)

DIVISION CHAMPIONS

Hammonasset: Guilford, Foran, Daniel Hand (6-2) Housatonic: Amity Regional, Cheshire (7-1) Oronoque: Mercy, Sacred Heart Academy (6-2) Quinnipiac: East Haven, Branford (7-1)

ALL-HAMMONASSET DIVISION

Cassidy Boath (Jonathan law), Ryann Corniello (Daniel Hand), Kelly Hunt (Foran), Kristen LaSance (Daniel Hand), Cia Mirrione (Guilford), Lauren Notholt (Foran), Kalya Peters (Hillhouse), Meredith Shank (Guilford)

ALL-ORONOQUE DIVISION

Abigail Atkinson (Branford), Adrienne DiGioia (Branford), Megan Doheny (East Haven), Allison Luzzi (East Haven), Marissa Mocarski (North Haven), Erin O'Brien (Branford), Kylie Schlottman (East Haven), Dimitria Woods (Wilbur Cross)

ALL-HOUSATONIC DIVISION

Eleonora Ascheri (Cheshire), Maisha Azam (Sheehan), Micaela Cardozo (Amity Regional), Marli Green (Cheshire), Katie Helfenbein (Amity Regional), Casey O'Connor (Shelton), Sara Pisanelli (Sheehan), Janine Zumerchik (Cheshire)

ALL-QUINNIPIAC DIVISION

Chrissy Chow (Sacred Heart Academy), Carolyn Cianciolo (Mercy), Amanda DiLeonardo (West Haven), Sarah Dunham (West Haven), Sophia Flanders (Hamden), Jackie Kasinskas (Mercy), Caitlyn Keish (Sacred Heart Academy), Mary Grace McCarthy (Lauralton Hall)

SCC PLAYOFFS

First Round - Oct. 30-31 @Higher Seeds #4 Branford 3, #13 Sheehan 1 (20-25, 25-17, 25-23, 25-16) #5 East Haven 3, #12 Foran 1 (25-16, 25-19, 23-25, 25-7) #6 Daniel Hand 3, #11 Lauralton Hall 0 (25-22, 25-17, 28-26) #7 West Haven 3, #10 Sacred Heart Academy 1 (25-22, 22-25, 28-26, 25-23) #8 Shelton 3, #9 Mercy (20-25, 25-21, 22-25, 25-17, 15-6) (Oct. 31)

Quarterfinals - Nov. 2 @Higher Seeds

#1 Amity Regional 3, #8 Shelton 0 (25-15, 25-14, 25-11)

#4 Branford 3, #5 East Haven 1 (25-21, 10-25, 25-9, 25-21)

#2 Cheshire 3, #7 West Haven 0 (25-16, 25-12, 25-15)

#6 Daniel Hand 3, #3 Guilford 1 (25-22, 17-25, 25-21, 25-23)

Semifinals - Nov. 4 @Higher Seeds

#1 Amity Regional 3, #4 Branford 0 (25-20, 25-12, 25-13)

#2 Cheshire 3, #6 Daniel Hand 0 (25-13, 25-16, 25-18)

Championship Game - Nov. 6 @North Haven HS #1 Amity Regional 3, #2 Cheshire 2 (25-18, 15-25, 25-19, 15-25, 15-6)

OrthoNOW/SCC Player of the Year: Micaela Cardozo (Amity Regional)

OrthoNOW/SCC Coach of the Year: Seth Davis (Amity Regional)

GIRLS SWIMMING

STATE CHAMPIONS: Lauralton Hall (Class M)

STATE RUNNER-UPS: None

TOP STATE FINISHES:

Cheshire (3rd in Class L, 7th in State Open)
Branford (4th in Class M)
North Haven (5th in Class M)
Sacred Heart Academy (6th in Class M)
Daniel Hand (7th in Class L)
Amity Regional (8th in Class LL)
Lyman Hall (8th in Class L)



Cheshire has won 21 of the 22 SCC girls swimming titles.

<u>Division I regular-season champion:</u> Cheshire (7-0) <u>Division II regular-season champion:</u> Shelton (7-0)

SCC Championship Meet – Nov. 4 @SCSU – Moore Fieldhouse Final Team Results: 1. Cheshire, 1426.5; 2. Lauralton Hall, 1109; 3. Amity Regional, 859.5; 4. Daniel Hand, 642.5; 5. North Haven, 585.5; 6. Branford, 540; 7. Shelton, 465; 8. Sacred Heart Academy, 434; 9. Lyman Hall, 430; 10. Sheehan, 380; 11. Mercy, 371; 12. Foran, 357; 13. Hamden, 311; 14. Jonathan Law, 194; 15. West Haven, 190; 16. East Haven, 87

ALL-CONFERENCE

200 Yard Medley Relay

Lauralton Hall (Kaitlyn Joy, Dakota Meyer, Elizabeth Sargent, Madyson Barnick)

Branford (Gabija Karosas, Erika Maercklein, Paige MacNeil, Caitlyn Daley)

200 yard Freestyle

Jaime Robinson (Sacred Heart Academy), Brenna McLaughlin (Lauralton Hall), Jordyn Dubel (Cheshire)

200 yard IM

Elizabeth Sargent (Lauralton Hall), Elizabeth Boyer (Cheshire), Megan Duffy (Sacred Heart Academy)

50 yard Freestyle

Allie Mascia (Daniel Hand), Kaitlyn Joy (Lauralton Hall), Erika Maercklein (Branford)

Diving

Emma Longley (Foran), Kiersty Neeman (Lyman Hall), Victoria Wall (Lyman Hall)

100 yard Butterfly

Katherine Alvarado (Amity Regional), Elizabeth Sargent (Lauralton Hall), Paige MacNeil (Branford)

100 yard Freestyle

Katherine Begg (Lauralton Hall), Allie Mascia (Daniel Hand), Laura Borrelli (North Haven)

500 yard Freestyle

Jaime Robinson (Sacred Heart Academy), Elizabeth Boyer (Cheshire), Brenna McLaughlin (Lauralton Hall)

200 yard Freestyle Relay

Lauralton Hall (Madyson Barnick, Shannon Buttling, Katherine Begg, Kaitlyn Joy)

Cheshire (Shannon Lindsey, Amanda Go, Emily Murphy, Elizabeth Boyer)

100 yard Backstroke

Kaitlyn Joy (Lauralton Hall), Megan Garner (Hamden), Lauren Spencer (North Haven)

100 yard Breaststroke

Sarah Fitzgerald (Foran), Erika Maercklein (Branford), Dakota Meyer (Lauralton Hall)

400 yard Freestyle Relay

Cheshire (Esther Han, Jordyn Deubel, Cameryn Guetens, Shannon Lindsey)

North Haven (Jasmine Nguy, Tracey Nguy, Lauren Spencer, Laura Borrelli)

OrthoNOW/SCC Div. I Swimmer of the Year: Allie Mascia (Daniel Hand)

OrthoNOW/SCC Div. II Swimmer of the Year: Sarah Fitzgerald (Foran)

OrthoNOW/SCC Div. I Coach of the Year: Jen Lyman (Daniel Hand)

OrthoNOW/SCC Div. II Coach of the Year: Tom Jurzynski (Shelton)



Shelton won its 11th straight SCC cheerleading title in 2016.

WINTER

CHEERLEADING

STATE CHAMPIONS: Shelton (Class LL)

STATE RUNNER-UPS: North Haven (Class L)

TOP STATE FINISHES:

Daniel Hand (3rd in Co-ed) Cheshire (4th in Class LL) Lauralton Hall (4th in Class L) Branford (5th in Co-ed) West Haven (8th in Class LL) East Haven (9th in Class L)

SCC COMPETITION: Feb. 7 @North Haven HS

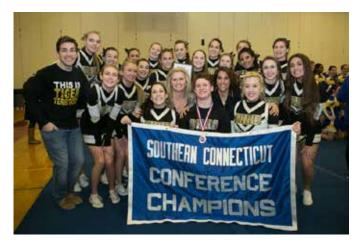
Co-ed: 1. Daniel Hand (79), Branford (67.6), Wilbur Cross (62.3) All-Girl: 1. Shelton (85), 2. Cheshire (71.7), 3. North Haven (71.25), 4. Lauralton Hall (71.20), 5. Sheehan, 68.25; 6. Foran (68.05), 7. Mercy (67.65), 8. East Haven (61.95), 9. Sacred Heart Academy (56.60), 10. Hamden (43.25)

Spirit Award: Wilbur Cross

All-Conference

Max Honorof (Daniel Hand), Amanda Acquarulo (Branford), Alyssa Cariglio (Branford), Taliyah McGee (Wilbur Cross), Nicole Connolly (Sheehan), Paige Mantzaris (Sheehan), Jamie Lee Harvey (Sheehan), Kiana Barnett (Sacred Heart Academy), Allison Sawicki (Sacred Heart Academy), Megan Connelly (Sacred Heart Academy), Jessica Sanchez (Lauralton Hall), Kathryn Fama (Lauralton Hall), Casey Carotenuto (Shelton), Kaitlyn Craft (Shelton), Laurie DeWitt (Shelton), Taryn Crocco (North Haven), Stephanie Corniello (North Haven), Jordyn Sheeley (North Haven), Ali Galullo (Cheshire), Alicia Rodriguez (Mercy)

OrthoNOW/SCC Cheerleader of the Year: Kaitlyn Craft (Shelton) OrthoNOW/SCC Coach of the Year: Victoria Lassek (Wilbur Cross)



Daniel Hand won its second consecutive co-ed cheerleading title.

GYMNASTICS

STATE CHAMPIONS: Daniel Hand (Class M)

STATE RUNNER-UPS: none

TOP STATE FINISHES:

Jonathan Law (3rd, Class S) Daniel Hand (4th, State Open) Mercy (8th, Class M)

SCC Championship Meet – Feb. 12 @Jonathan Law HS Final Team Results: 1. Daniel Hand, 135; 2. Jonathan Law, 128; 3. Mercy, 125.85; 4. Foran, 116.4; 5. Hamden, 52.6

Vault

- 1. Sara Rodio (Shelton), 9.45
- 2. Alyssa Alchimio (Sheehan), 9.1
- 3. Fallon Berry (Shelton), 9.0
- 4. Madison Clark (Sacred Heart Academy), 8.95
- 5. Erin Naclerio (Daniel Hand), 8.9
- 6. Erin Maxwell (Daniel Hand), 8.6

Bars

- 1. Melanie Coleman (Jonathan Law), 9.1
- 2. Erin Naclerio (Daniel Hand), 8.8
- 3. Madison Clark (Sacred Heart Academy), 8.7
- 4. Alyssa Alchimio (Sheehan), 8.3
- 5. Sara Rodia (Shelton), 8.2
- 6. Quincy Platt (Mercy), 8.0

Beam

- 1. Noelle Bergere (Daniel Hand), 9.2
- 2. Alyssa Alchimio (Sheehan), 9.15
- 3. Melanie Coleman (Jonathan Law), 9.1
- 4. Madison Clark (Sacred Heart Academy), 9.05
- 5. Sara Rodia (Shelton), 9.0
- 5. Fallon Berry (Shelton), 9.0
- 5. Ella Gibson (Mercy), 9.0
- 5. Genevieve Geller (Daniel Hand), 9.0



Daniel Hand won its eighth straight SCC gymnastics title in 2016.

Floor

- 1. Madison Clark (Sacred Heart Academy), 9.1
- 2. Fallon Berry (Shelton), 9.0
- 3. Ella Gibson (Mercy), 8.9
- 4. Melanie Coleman (Jonathan Law), 8.8
- 5. Alyssa Alchimio (Sheehan), 8.75
- 6. Sara Rodia (Shelton), 8.7

All-Around

- 1. Madison Clark (Sacred Heart Academy), 35.8
- 2. Sara Rodia (Shelton), 35.
- 3. Alyssa Alchimio (Sheehan), 35.3
- 4. Melanie Coleman (Jonathan Law), 35.3
- 5. Erin Naclerio (Daniel Hand), 35.1
- 6. Fallon Berry (Shelton), 34.6
- 7. Ella Gibson (Mercy), 33.7
- 8. Erin Maxwell (Daniel Hand), 33.5
- 9. Quincy Platt (Mercy), 33.05
- 10. Mikayla Bobkoskie (Shelton), 32.2
- 11. Grace Rogers (Daniel Hand), 31.85
- 12. Kira Chandra (Jonathan Law), 31.1

All-Conference

Madison Clark (Sacred Heart Academy), Sara Rodia (Shelton), Alyssa Alchimio (Sheehan), Melanie Coleman (Jonathan Law), Erin Naclerio (Daniel Hand), Fallon Berry (Shelton), Quincy Platt (Mercy), Noelle Bergere (Daniel Hand), Ella Gibson (Mercy), Erin Maxwell (Daniel Hand), Grace Rogers (Daniel Hand, Genevieve Geller (Daniel Hand), Cassidy Davis (Jonathan Law)

OrthoNOW/SCC Gymnast of the Year: Erin Maxwell, Daniel Hand

OrthoNOW/SCC Coach of the Year: Kelly Smith, Daniel Hand

GIRLS INDOOR TRACK

STATE CHAMPIONS: none

STATE RUNNER-UPS: Mercy (Class L)

TOP STATE FINISHES:

Wilbur Cross (3rd in Class L, 5th in State Open) Hillhouse (5th in Class M) Daniel Hand (7th in Class L, 9th in State Open) Sheehan (7th in Class M) East Haven (7th in Class M)

WEST SECTIONAL MEET – Jan. 26 @Floyd Little Athletic Center Final Team Results: 1. Mercy 97; 2. North Haven, 70; 3. Branford, 58; 4. Hamden, 53.5; 5. Sacred Heart Academy, 50; 6. Wilbur Cross, 48; 7. Lauralton Hall, 39.5; 8. East Haven, 30; 9. Career, 16; 10. West Haven, 1

EAST SECTIONAL MEET – Jan. 28 @Floyd Little Athletic Center Final Team Results: 1. Cheshire, 88.5; 2. Shelton, 81; 3. Daniel Hand, 60; 4. Amity Regional, 52; 5. Hillhouse, 42; 6. Sheehan, 31.5; 7. Guilford, 30; 8. Jonathan Law, 28; 9. Lyman Hall, 27; 10. Foran, 22

SCC Championship Meet – Feb. 17 @Floyd Little AC Final Girls Team Results: 1. Mercy, 62; 2. Sacred Heart Academy, 43; 3. Hamden, 42; 4. Cheshire, 40; 5. Branford, 37; 6. Daniel Hand, 36; 7. Shelton, 34; 8. North Haven, 25.5; 9. Amity Regional, 25; 10. East Haven, 20; 10. Jonathan Law, 20; 12. Hillhouse, 17; 13. Wilbur Cross, 16; 14. Sheehan, 13.5; 15. Guilford, 12; 16. Foran, 9; 16. Lauralton Hall, 9; 18. Lyman Hall, 4

All-Conference First Team

Caroline O'Neil (Daniel Hand), 100 and 300 meters
Leah Rivers (Wilbur Cross), 600 meters
Melissa Taggart (Amity Regional), 1000 meters
Bridgid Selfors (Mercy), 1600 and 3200 meters
Ava Coleman (Mercy), 55 meters
Hamden (Aisha Gay, Jasmine Brown, Andreya Gardner, Nasia Norris), 4 x 200 meter relay
Hamden (Taylor Hall, Aisha Gay, Elizabeth Sloane, Andreya



Mercy captured the SCC indoor track title for the second straight year.

Gardner), 4 x 400 meter relay

Cheshire (Camille Lewis, Lauren Votto, Rachel Kaplan, Lauren Daddi), 4 x 800 meter relay

Sacred Heart Academy (Sarah Jacobson, Isabela Blackwell, Emily

Wielk, Annie Cunningham), 1600 Sprint Medley Relay

Meika Jean-Baptiste (Shelton), High Jump

Ava Coleman (Mercy), Pole Vault

Janaia Skibitcky (Cheshire), Long Jump

Samantha Stevens (Shelton), Shot Put

ALL-CONFERENCE SECOND TEAM

Kiara Smith (Jonathan Law), 100 meters

Gabrielle Harmon (Daniel Hand), 300 meters

Isabela Blackwell (Sacred Heart Academy), 600 meters

Annie Cunningham (Sacred Heart Academy), 1000 meters

Emily Criscuolo (Amity Regional), 1600 meters

Meredith Bloss (Guilford), 3200 meters

Hailey Onorato (East Haven), 55 meters

East Haven (Megan Kikosicki, Annie Coleman, Hailey Onorato,

Emily Maffeo), 4 x 200 meter relay

Sacred Heart Academy (Isabela Blackwell, Annie Cunningham,

Stephanie Sullivan, Emily Wielk), 4 x 400 meter relay

North Haven (Erica Salvo, Elya Paolillo, Maily Tran, Elise Symon),

4 x 800 meter relay

Hamden (Nasia Norris, Jasmine Brown, Emma Cayward, Rebecca

Flores-Vitti), 1600 Sprint Medley Relay

Sonia Alturu (North Haven), High Jump

Sarah Barrett (Foran), Pole Vault

Kristen Washington (Hillhouse), Long Jump

Teaira Edwards (Hillhouse), Shot Put

OrthoNOW/SCC Athlete of the Year: Caroline O'Neil, Daniel

Hand

OrthoNOW/SCC Coach of the Year: Kathryn Schumann, Mercy

BOYS INDOOR TRACK

STATE CHAMPIONS: Hillhouse (Class M)

STATE RUNNER-UPS: none

TOP STATE FINISHES:

Notre Dame (3rd in Class L)

East Haven (3rd in Class M)

Amity Regional (4th in Class LL)

North Haven (5th in Class L)

Hamden (6th in Class LL, 8th in State Open)

Daniel Hand (8th in Class L)

WEST SECTIONAL MEET – Jan. 26 @Floyd Little Athletic Center Final Team Results: 1. Hamden, 111; 2. Notre Dame, 70; 3. North Haven, 69; 4. Wilbur Cross, 55; 5. Xavier, 50; 6. Fairfield Prep, 37; 7. East Haven, 35; 8. Branford, 24; 9. West Haven, 10; 10. Career, 4

<u>East Sectional Meet</u> – Jan. 28 @Floyd Little Athletic Center Final Team Results: 1. Amity Regional, 129.33; 2. Hillhouse, 82; 3.



Amity Regional captured its eighth SCC indoor track title since 2004.

Shelton, 68; 4. Lyman Hall, 42; 5. Daniel Hand, 39.83; 6. Guilford, 29; 7. Jonathan Law, 25.33; 8. Cheshire, 24; 9. Sheehan, 19.5; 10. Foran, 6

SCC Championship Meet – Feb. 17 @Floyd Little AC Final Boys Team Results: 1. Amity Regional, 88; 2. Hamden, 66; 3. Shelton, 49; 4. Lyman Hall, 36; 5. North Haven, 35; 6. Wilbur Cross, 32; 7. Hillhouse, 29; 8. East Haven, 28; 9. Cheshire, 21; 10. Daniel Hand, 17; 11. Xavier, 16; 12. Notre Dame, 14; 13. Guilford, 9; 14. Fairfield Prep, 8; 14. Sheehan, 8; 16. West Haven, 7; 17. Branford, 1; 17. Jonathan Law, 1

ALL-CONFERENCE FIRST TEAM

Tyler Hansen (Shelton), 55 meters

Virgil Harrell (Hamden), 300 meters

Luke English (Shelton), 600 meters

Jon Gill (Lyman Hall), 1000 meters

Kyle Beaudette (Amity Regional), 1600 meters

Harrison Block (Amity Regional), 3200 meters

John Witik (Lyman Hall), 55 meter hurdles

Hamden (Kevin Antoine, Camron Folwin, Stanley Arrington, Virgil Harrell), 4 x 200 meter relay

Hamden (Kevin Antoine, Virgil Harrell, John Mayes, Zach

Parisella), 4 x 400 meter relay

Hamden (Matthew Loalbo, Shawn Odei-Nitiri, Atticus King, Zach

Parisella), 4 x 800 meter relay

Lyman Hall (Brandon Forbes, Randy McFarline, Mike Ransom,

Jon Gill), 1600 Sprint Medley Relay

Gabriel Abdul-Karim (Hillhouse), High Jump and Long Jump

Devon McShane (Daniel Hand), Pole Vault

Shane O'Connor (North Haven), Shot Put

ALL-CONFERENCE SECOND TEAM

Rayshawn Bidon (Wilbur Cross), 55 meters and High Jump Aria Mohseni (Amity Regional), 300 meters Griffin Cobb (Sheehan), 600 meters Matt Arovas (Amity Regional), 1000 meters Ryan Brennan (North Haven), 1600 and 3200 meters Mike Griffith (East Haven), 55 meter hurdles and Long Jump Hillhouse (Gabriel Abdul-Karim, David Harris, Darius Wise,

Tyreise Swain), 4 x 200 meter relay

Shelton (Joe Wannagot, Chris Pereira, Joseph Lombardi, Luke English), 4 x 400 meter relay

Amity Regional (Michael Cannata, Andrew Burford, Tim Cannata, Kyle Beaudette), 4 x 800 meter relay

Shelton (Tyler Hansen, Jostin Cobb, Joe Wannagot, Luke English), 1600 Sprint Medley Relay

Nicholas Petruzzelli (Notre Dame), Pole Vault Cameron Greifenberger (Amity Regional), Shot Put

OrthoNOW/SCC Athlete of the Year: Gabriel Abdul-Karim, Hillhouse

OrthoNOW/SCC Coach of the Year: Jeremy Iverson, Amity Regional

Boys Swimming

STATE CHAMPIONS: none

STATE RUNNER-UPS: Cheshire (Class LL)

TOP STATE FINISHES:

Sheehan (10th in Class M)

Cheshire (3rd in State Open)
Notre Dame (3rd in Class M)
Fairfield Prep (3rd in Class LL, 6th in State Open)
Amity Regional (6th in Class LL, 8th in State Open)
Daniel Hand (7th in Class M)
Branford/Guilford (7th in Class LL)
Xavier (9th in Class LL)
Shelton (10th in Class L)

SCC CHAMPIONSHIP MEET – March 2 @SCSU – Moore Fieldhouse

Final Team Results: 1. Fairfield Prep, 1258.5; 2. Cheshire, 1171; 3. Notre Dame, 651; 4. Branford/Guilford, 591; 5. Amity Regional, 582; 6. Xavier, 448.5; 7. Daniel Hand, 440; 8. Shelton, 388; 9. Hamden, 365; 10. Sheehan, 342; 11. Foran, 329; 12. Lyman Hall, 288; 13. West Haven, 207; 14. North Haven, 197; 15. Haddam-Killingworth, 134; 16. Jonathan Law, 102

ALL-CONFERENCE

Diving: Tianyi Zeng (Daniel Hand), Andrew Buehler (Sheehan), William Munstermann (Hamden)

200 yard Medley Relay:

Fairfield Prep (Liam Colleran, Oliver Rus, Guido Balderrama, Martin Duffy)

Amity Regional (Colin Roy, Ben Clemens, Adam Ambrosey, Zachary Babbitz)

200 yard Freestyle: Karl Bishop (Cheshire), Alfred Hansen (Notre Dame), Max Padro (West Haven)

200 yard IM: Corey Gambardella (Branford/Guilford), Oliver Rus (Fairfield Prep), Ryan Mostoller (Cheshire



Fairfield Prep won its 12th straight SCC boys swimming title.

50 yard Freestyle: Dominic Nazzario (Xavier), Alexander Cheruk (Cheshire), Jamie Eigner (Cheshire)

100 yard Butterfly: Guido Balderrama (Fairfield Prep), Adam Ambrosey (Amity Regional), Dominic Nazzaro (Xavier)

100 yard Freestyle: Colin Roy (Amity Regional), Alexander Cheruk (Cheshire), Jamie Eigner (Cheshire

500 yard Freestyle: Corey Gambardella (Branford/Guilford), Karl Bishop (Cheshire), Ben Brewer (Cheshire)

200 yard Freestyle Relay:

Cheshire (Alexander Cheruk, Ben Brewer, Karl Bishop, Jamie Eigner)

Branford/Guilford (Cole Horton, Eric Weidman, Thomas Shao, Corey Gambardella)

100 yard Backstroke: Guido Balderrama (Fairfield Prep), Liam Colleran (Fairfield Prep), Colin Roy (Amity Regional)

100 yard Breaststroke: Oliver Rus (Fairfield Prep), Benjamin Clemens (Amity Regional), Ryan Mostoller (Cheshire)

400 yard Freestyle Relay:

Cheshire (Karl Bishop, Ben Brewer, Jamie Eigner, Alexander Cheruk)

Fairfield Prep (Stanislav Yarmoussik, Benjamin Fox, Guido Balderrama, Oliver Rus)

OrthoNOW/SCC Div. I Swimmer of the Year: Bryce Keblish, Fairfield Prep

OrthoNOW/SCC Div. II Swimmer of the Year: Connor Robison, Sheehan

OrthoNOW/SCC Div. I Coach of the Year: Chris Haines, Xavier OrthoNOW/SCC Div. II/III Coach of the Year: Tom Jurzynski, Shelton



Foran won its first-ever SCC wrestling title in 2016.

Wrestling

STATE CHAMPIONS: Foran (Class M)

STATE RUNNER-UPS: none

Top State Finishes:

Guilford (5th in Class M)

Xavier (7th in Class LL) Foran (7th in State Open)

Totali (7tii iii State Open)

Daniel Hand (8th in Class L)

Shelton (8th in Class LL)

Branford (10th in Class M)

SCC Championship Meet – Feb. 13 @Wilbur Cross HS Final Team Results: 1. Foran, 141; 2. Xavier, 130; 3. Daniel Hand, 129.5; 4. Guilford, 104; 5. Shelton, 102.5; 6. Branford, 91; 6. East Haven, 54.5; 7. Amity Regional, 37; 8. Fairfield Prep, 35; 9. Cheshire, 31; 10. Jonathan Law, 17; 10. New Haven, 17; 11. Notre Dame, 2

CHAMPIONSHIP MATCHES

106 – Connor Sakmar (Daniel Hand) def. Steven Reyes (Shelton) Tech Fall 24-9

113 – Chandler Duhaime (Shelton) def. Noah Pantani (Branford) Major Dec. 12-3

120 – Nico Distasio (Shelton) def. Willie Gambardella (Branford) 6-4

126 – Patrick Moynihan (Xavier) def. Andrew Ignoto (Guilford) Major Dec. 12-0

132 - Ryan Luth (Foran) def. Colin Rook (Guilford) Pin at 4:14

138 – Jake Holland (Xavier) def. Jubilee Witte (Foran) Major Dec. 15-2

145 - Michael Ross (Foran) def. Zach Cash (Branford) Pin at 2:43

152 – Ryan Devivo (Xavier) def. Drew Tischer (Guilford) Major Dec. 17-4

160 - Noah Hubler (Foran) def. Oscar Carmona (Guilford) 3-1 (OT)

170 – Luke Bernardo (Daniel Hand) def. AJ Moscato (Guilford) 6-3

182 – Dan Persson (Shelton) def. Codey Borchert (East Haven) 9-7

195 – Tim Sekscenski (East Haven) def. Jackson Seward (Branford) 6-4

220 – Paul Martorelli (Xavier) def. Michael Burchell (Daniel Hand) Pin at 5:29

285 – Gabriel Styles (New Haven) def. Jesse Polansky (Xavier) 6-3

Consolation Matches

106 – Troy Anderson (Jonathan Law) def. Christian Chadwick (Amity) 6-2

113 – Gino Esposito (Foran) def. Keldon LaRose (Guilford) Major Dec. 17-6

120 - Jake Cala (Amity) def. Matt Leroux (Xavier) Major Dec. 14-1

126 – Sean Black (Cheshire) def. Kevin Zentner (Fairfield Prep) Win by Inj Def

132 – Liam Sullivan (Daniel Hand) def. Darren Barile (Cheshire) 10-3

138 – Connor Gontarz (East Haven) def. Ian Carpenter (Amity) Major Dec. 11-1

145 – McKayd LaRose (Guilford) def. Patrick Grasso (Fairfield Prep) Win by Inj Def

152 – Zak Santoemma (Daniel Hand) def. Mike Marotta (Cheshire) 1-0

160 – Rex Pardales (Daniel Hand) def. Nick Monaco (Shelton) Pin at 1:49

170 - Qasim Khan (Foran) def. Evan Titus (Fairfield Prep) 6-1

182 - Nate Rogers (Daniel Hand) def. Colby Stuart (Foran) 9-2

195 – Ray Weiner (Shelton) def. Van Docker (Daniel Hand) 3-2 (3OT)

220 – Kyle Zalewski (Branford) def. Justin Fonacier (East Haven) 5-4

285 - Luke Edmondson (Foran) def. HyunJin Lim (Branford) 7-6

ALL-CONFERENCE FIRST TEAM

Connor Sakmar (Daniel Hand), 106 lbs.

Chandler Duhaime (Shelton), 113 lbs.

Nico Distastio (Shelton), 120 lbs.

Patrick Moynihan (Xavier), 126 lbs.

Ryan Luth (Foran), 132 lbs.

Jake Holland (Xavier), 138 lbs.

Michael Ross (Foran), 145 lbs.

Ryan Devivo (Xavier), 152 lbs.

Noah Hubler (Foran), 160 lbs.

Luke Bernardo (Daniel Hand), 170 lbs.

Dan Persson (Shelton), 182 lbs.

Tim Sekscenski (East Haven), 195 lbs.

Paul Martorelli (Xavier), 220 lbs.

Gabriel Stiles (New Haven), 285 lbs.

All-Conference Second Team

Steven Reves (Shelton), 106 lbs.

Noah Pantani (Branford), 113 lbs.

Willie Gambardella (Branford), 120 lbs.

Andrew Ignoto (Guilford), 126 lbs.

Colin Rook (Guilford), 132 lbs.

Jubilee Witte (Foran), 138 lbs.
Zach Cash (Branford), 145 lbs.
Drew Tischer (Guilford) 152 lbs.
Oscar Carmona (Guilford), 160 lbs.
A.J. Moscato (Guilford), 170 lbs.
Codey Borchert (East Haven), 182 lbs.
Jackson Seward (Branford), 195 lbs.
Michael Burchell (Daniel Hand), 220 lbs.
Jesse Polansky (Xavier), 285 lbs.

OrthoNOW/SCC Wrestler of the Year: Michael Ross, Foran OrthoNOW/SCC Coach of the Year: Dave Esposito, Foran

BOYS BASKETBALL

STATE CHAMPIONS:

Hillhouse (Class LL, defeated Weaver, 94-83, in 2 OT)

STATE RUNNER-UPS: None

STATE SEMIFINALISTS:

Fairfield Prep (Class LL, lost to Weaver, 64-62)

DIVISION CHAMPIONS

Hammonasset: Hillhouse (8-0)

Housatonic: Amity Regional, Cheshire (6-2)

Oronoque: Fairfield Prep (8-0) Quinnipiac: Wilbur Cross (8-0)

ALL-HAMMONASSET DIVISION

Jordan Krause (Guilford), Jordan Townsend (Foran), Patrick Kerins (Hand), Nasir Williams (Hand), Byron Breland (Hillhouse),

Joey Kasperzyk (Hillhouse)

ALL-HOUSATONIC DIVISION

Dylan D'Addio (Cheshire), Heath Post (Cheshire), Kyle Shea (Lyman Hall), Jeff Stockmal (Shelton), Tyler Thomas (Amity), Chris Winkel (Amity)

ALL-ORONOQUE DIVISION

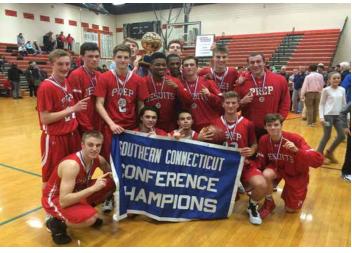
Robert Durant (Wilbur Cross), Jayden Valderrama (Wilbur Cross), Danny Ampofo (Career), Nick Durso (East Haven), Jack Steinman (North Haven), Jake Sullivan (Branford)

ALL-QUINNIPIAC DIVISION

Ben Bagnoli (Notre Dame), Malachi Campbell (West Haven), Patrick Harding (Fairfield Prep), Rich Kelly (Fairfield Prep), C.J. Seaforth (Hamden), Alex White (Xavier)

SCC PLAYOFFS

First Round – Feb. 25 @Higher Seeds #3 Wilbur Cross 80, #14 Shelton 50 #13 Guilford 46, #4 Notre Dame 45 #5 Amity Regional 62, #12 North Haven 55 #6 Xavier 59, #11 Branford 44



Fairfield Prep held off Hillhouse to capture the 2016 SCC basketball title.

#7 Hamden 72, #10 Lyman Hall 67 #8 Daniel Hand 70, #9 Cheshire 64

Quarterfinals – Feb. 27 @Branford HS #1 Hillhouse 76, Daniel Hand 42 Amity Regional 64, Guilford 47 #2 Fairfield Prep 73, Hamden 59 Wilbur Cross 58, Xavier 45

Semifinals – Feb. 29 @East Haven HS Fairfield Prep 80, Wilbur Cross 61 Hillhouse 66, Amity Regional 39

Championship Game – March 2 @Shelton HS Fairfield Prep 66, Hillhouse 63

OrthoNOW/SCC Player of the Year: Rich Kelly, Fairfield Prep OrthoNOW/SCC Coach of the Year: Jeff Nielsen, Amity Regional

GIRLS BASKETBALL

STATE CHAMPIONS: none

STATE RUNNER-UPS: none

STATE SEMIFINALISTS: none

DIVISION CHAMPIONS

Hammonasset: Daniel Hand (8-0) Housatonic: Amity Regional (7-1)

Oronoque: Mercy (8-0)

Quinnipiac: East Haven, Career (7-1)

ALL-OUINNIPIAC DIVISION

Trish Gildea (Lauralton Hall), Samantha Gallo (Mercy), Destine Perry (Mercy), Meghan DeVille (Mercy), Claudia Capozzo (Sacred Heart Academy), Bella Santoro (Mercy)



Daniel Hand won its first-ever SCC girls basketball title.

ALL-HAMMONASSET DIVISION

Jessica Centore (Jonathan Law), Gabby Martin (Daniel Hand), Meredith Shank (Guilford), Paula Materin (Daniel Hand), Cayla Staggers (Hillhouse), Laura Dulin (Jonathan Law)

ALL-HOUSATONIC DIVISION

Casey O'Connor (Shelton), Elise Graham (Amity Regional), Molly Dragan (Amity Regional), Lexi Ocasio (Sheehan), Reilly Campbell (Lyman Hall), Ciara Haensel (Cheshire)

ALL-ORONOQUE DIVISION

Breion Knox (Career), Ashley Arroyo (Career), Kylie Schlottman (East Haven), Miranda Gladwin (East Haven), Julia Puzone (North Haven), Adrienne DiGioia (Branford)

SCC PLAYOFFS

First Round – Feb. 18 @Higher Seeds

#2 Daniel Hand 55, #15 Cheshire 39

#3 East Haven 63, #14 Lyman Hall 36

#13 Jonathan Law 52, #4 Amity Regional 51

#5 Career 65, #12 Lauralton Hall 38

#11 Sheehan 32, at #6 Shelton 30

#10 Guilford 51, #7 Hillhouse 44

#9 Hamden 69, at #8 Sacred Heart Academy 56

Quarterfinals – Feb. 20 @Sheehan HS #1 Mercy 59, Hamden 44 Daniel Hand 63, Guilford 49 Career 56, Jonathan Law 47 East Haven 60, Sheehan 49

Semifinals – Feb. 22 @Jonathan Law HS Daniel Hand 76, East Haven 63 Mercy 56, Career 33

Championship Game – Feb. 24 @East Haven HS Daniel Hand 48, Mercy 46

OrthoNOW/SCC Player of the Year: Elise Graham, Amity Regional OrthoNOW/SCC Coach of the Year: Anthony Russell, East Haven

BOYS ICE HOCKEY - SCC/SWC

STATE CHAMPIONS: none

STATE RUNNER-UPS:

North Branford – Div. II – lost to Fairfield, 4-3 Fairfield Prep – Div. I – lost to Darien, 4-2

STATE SEMIFINALISTS:

Notre Dame-West Haven – Div. I – lost to Darien, 4-0

Hamden – Div. I – lost to Fairfield Prep, 5-2

Guilford - Div. II - lost to Fairfield, 5-1

East Haven – Div. II – lost to North Branford, 7-1

NFI - Div. III - lost to Westhill/Stamford, 4-1

SCC/SWC PLAYOFFS

Division I

Championship Game – March 4 @Bennett Rink Fairfield Prep 4, Notre Dame-WH 3 (Prep wins, 1-0, via shoot-out)

Division II

Semifinals – March 3 @Bennett Rink

#1 North Branford 8, #4 Guilford 3

#3 Cheshire 4, #2 North Haven 3 (ot)

Championship Game – March 5 @Bennett Rink

North Branford 7, Cheshire 4

Division III

Semifinals – March 2 @Milford Ice Pavilion

#4 BBD 2, #1 Lyman Hall/HK 1

#2 New Fairfield/Immaculate 3, #3 Newtown 2

Championship Game – March 4 @Bennett Rink

NFI 5, BBD 2

DIVISION I ALL-CONFERENCE FIRST TEAM

Forward: Justin Blanchette (Fairfield Prep), Tyler Paine (West Ha-

ven), Cam Pollock (Xavier), Jake Blackwell (Hamden)

Defense: Christian Ugolik (Hamden), Doug Caliendo (Notre

Dame-West Haven)

Goaltender: Conor Hylton (Notre Dame-West Haven)



Fairfield Prep - Div. I boys ice hockey champions



North Branford - Div. II boys ice hockey champions

DIVISION I ALL-CONFERENCE SECOND TEAM

Forward: Chris Kral (Fairfield Prep), Vinny Paolillo (Notre Dame-West Haven), Robert McKiernan (Hamden)

Defense: Will Schlichtig (Fairfield Prep), Seamus O'Rourke (Notre Dame-Fairfield), Paddy Connors (Notre Dame-West Haven) Goaltender: Jared Guidobono (Xavier)

DIVISION II ALL-CONFERENCE FIRST TEAM

Forward: Zack Withington (Branford), Chris Cafiero (Guilford), Stephen Thibault (Guilford), Joe Aloi (East Haven) Defense: Jeff Rider (Daniel Hand), Joe D'Albero (East Haven) Goaltender: Jacob Verneris (Cheshire)

DIVISION II ALL-CONFERENCE SECOND TEAM

Forward: Jason St. Peter (North Haven), Adam Burkle (North Branford), Nate Capriglione (New Milford)

Defense: Avery Hood (New Milford), Matt Chamberlain (North Branford)

Goaltender: Justin Daddio (North Haven)

DIVISION II ALL-CONFERENCE THIRD TEAM

Forward: Sanjay Montagna (Cheshire), Brandon Argyros (Milford), Ryan Dunfree (Watertown-Pomperaug)

Defense: Jake Harwell (Watertown-Pomperaug), Anthony Uscilla (Amity Regional)

Goaltender: Justin Edwards (Branford)

DIVISION III ALL-CONFERENCE FIRST TEAM

Forward: Brian Denham (Masuk), Hunter Boileau (Lyman Hall-HK), Kyle Converse (Joel Barlow), Christian Benzing (NFI) Defense: Chris Blanchard (Lyman Hall-HK), Luke Newman (BBD)

Goaltender: Shane Conciatore (NFI)

DIVISION III ALL-CONFERENCE SECOND TEAM

Forward: Nick Candido (Sheehan), Scott McLean (Newtown), Doug Alfidi (BBD)

Defense: Griffon McINtyre (Shepaug), Sean Ferris (Newtown) Goaltender: Zach O'Toole (Lyman Hall-HK)

OrthoNOW/SCC Div. I Player of the Year: Doug Caliendo, Notre Dame-West Haven

OrthoNOW/SCC Div. II Player of the Year: Chris Cafiero, Guil-

OrthoNOW/SCC Div. III Boys Player of the Year: Hunter Boileau, Lyman Hall/HK

OrthoNOW/SCC Div. Coach of the Year: Dan DeConti, Xavier OrthoNOW/SCC Div. II Coach of the Year: Ralph Shaw, North

OrthoNOW/SCC Div. III Coach of the Year: Rich Minnix, Lyman Hall/HK

GIRLS ICE HOCKEY

STATE CHAMPIONS: none

STATE RUNNER-UP: East Catholic/Glastonbury/SW - lost to Darien, 2-1

STATE SEMIFINALISTS: Simsbury, ost to Darien, 5-2

SCC Playoffs

Division I

Semifinals - Feb. 22 @Higher Seeds

#1 East Catholic/Glastonbury/South Windsor 2, #4 Hall/Conard 0

#3 Hamden 1, #2 Simsbury 0

Championship Game - Feb. 26 @Bennett Rink

East Catholic/Glastonbury/South Windsor 4, Hamden 0

Division II

Semifinals - Feb. 22 @Higher Seeds

#1 Amity/North Haven/Cheshire 6, #4 Notre Dame-Fairfield 2 (Feb. 24)

#2 West Haven/SHA 2, #3 Daniel Hand 0

Championship Game – Feb. 26 @Bennett Rink

Amity/North Haven/Cheshire 2, West Haven/SHA 1



East Catholic/Glastonbury/South Windsor – Div. I girls ice hockey champions



Amity/Cheshire/North Haven - Div. 2 girls ice hockey champions

ALL-CONFERENCE FIRST TEAM

Forward: Maddison Bishop (East Catholic/Glastonbury/S.Windsor), Katie Grigely (Simsbury), Margaret Hallisey (East Catholic/Glastonbury/S. Windsor), Olivia Santini (Hamden)

Defense: Catherine Lawrence (Guilford) Goaltender: Shannon Racz (Conard/Hall)

ALL-CONFERENCE SECOND TEAM

Forward: Gina Driscoll (Amity/Cheshire/North Haven), Emma Gotthelf (Conard/Hall), Megan McKiernan (Hamden)

Defense: Abby Lally (Mercy/Northwest Catholic), Gabriella Prisco (West Haven/Sacred Heart Academy)

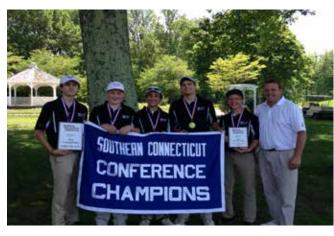
Goaltender: Julia SanGiovanni (Branford/East Haven/North Branford)

OrthoNOW/SCC Div. I Player of the Year: Maddison Bishop, East Catholic

OrthoNOW/SCC Div. II Player of the Year: Gabby Prisco, West Haven/SHA

OrthoNOW/SCC Div. I Coach of the Year: Brett Soucy, West Hartford

OrthoNOW/SCC Div. II Coach of the Year: Erin Blake, West Haven/SHA



Xavier won its fourth SCC golf title in 2016.

<u>SPRING</u>

<u>GOLF</u>

STATE CHAMPIONS: None

STATE RUNNER-UPS: Xavier (Division I) Notre Dame (Division II)

TOP STATE FINISHES: Fairfield Prep (7th, Division I) Sheehan (10th, Division III)

Division I Champion: Xavier Division II Champion: Sheehan

SCC CHAMPIONSHIP – May 26 @Racebrook Country Club Final Team Results: 1. Notre Dame (315), 2. Fairfield Prep (321), 2. Daniel Hand (321Xavier (316), Amity Regional (318), Daniel Hand (329), Notre Dame (332), Fairfield Prep (333), Cheshire (349), Hamden (352), Sheehan (352), Shelton (353)

Medalist: Chris Fosdick (Xavier), +2 (73)

Other Top Finishers: Charlie Csejka (Amity Regional) 37-38=75; Anthony Taddei (Amity Regional) 38-37=75; Finn Boynton (Notre Dame) 38-38=76; Mitch Nappi (Xavier) 37-41-78; Jake Bennett (Daniel Hand), 39-39=78; Alex Aurura (Hamden) 41-38=79; Andrew Sciarretta (Fairfield Prep) 42-38=80; John Ahern (Amity Regional) 38-42=80

ALL-CONFERENCE

Chris Fosdick (Xavier), Charlie Csejka (Amity Regional), Anthony Taddei (Amity Regional), Finn Boynton (Notre Dame), Mitch Nappi (Xavier), Jake Bennett (Daniel Hand), Alex Aurura (Hamden), Andrew Sciarretta (Fairfield Prep), John Ahern (Amity Regional)

OrthoNOW/SCC Div. I Golfer of the Year: Andrew Sciarretta, Fairfield Prep

OrthoNOW/SCC Div. II Golfer of the Year: Eli Dyer, Sheehan OrthoNOW/SCC Div. I Coach of the Year: Michael Kohs, Xavier OrthoNOW/SCC Div. II Coach of the Year: Kevin Ainsworth, Sheehan



Cheshire won its sixth SCC boys volleyball title; all since 2009.

Boys Volleyball

STATE CHAMPIONS: none

STATE RUNNER-UPS: none

STATE SEMIFINALISTS: none

REGULAR SEASON CHAMPION: Cheshire (7-1)

SCC PLAYOFFS

Semifinals – May 25 @Higher Seeds #1 Cheshire 3, Xavier 1 (17-25, 25-18, 25-20, 25-23) #2 Daniel Hand 3, #3 Shelton 1 (23-25, 25-21, 25-21, 25-22)

Championship – May 27 @Cheshire HS Cheshire 3, Daniel Hand 2 (25-18, 25-27, 23-25, 25-15, 15-7)

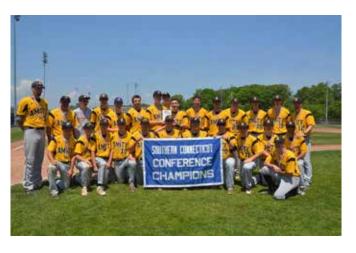
ALL-CONFERENCE FIRST TEAM

Conor Leary-Watson (Amity Regional), James Marinaccio (Cheshire), Mitchell Manware (Cheshire), Ben Haberman (Daniel Hand), Steve VanDuesen (Daniel Hand), Patrick Devaney (Shelton), Sean Monaghan (Xavier)

ALL-CONFERENCE SECOND TEAM

Matt Pinciaro (Cheshire), Mike Stickney (Cheshire), Alex Cinicolo (Daniel Hand), Matt Wojslaw (Shelton), Tucker Aglio (Xavier), Armando DeChalus (Xavier), Cameron DeChalus (Xavier)

OrthoNOW/SCC Player of the Year: James Marinaccio, Cheshire OrthoNOW/SCC Coach of the Year: Sue Bavone, Cheshire



Amity Regional won its sixth SCC baseball playoff title in 2016.

BASEBALL

STATE CHAMPIONS:

Notre Dame (Class L, defeated East Lyme, 5-2, in 8 innings) Amity Regional (Class LL, defeated Fairfield Warde, 4-3)

STATE RUNNER-UPS: None

STATE SEMIFINALISTS:

Sheehan (Class M, lost to Northwestern Regional, 6-1)

DIVISION CHAMPIONS

Hammonasset: Daniel Hand (4-2) Housatonic: Amity Regional (7-1) Oronoque: Branford (8-0) Quinnipiac: Hamden (7-1)

SCC Playoffs presented by the Lions Club of New Haven

Quarterfinals – May 24 @Higher Seeds #1 Amity Regional 7, #8 Daniel Hand 5 #5 Fairfield Prep 3, #4 Cheshire 1 #2 Hamden 9, #7 Branford 3 #3 Notre Dame 5, #6 Sheehan 4

Semifinals – May 26 @West Haven HS - Piurek Field Notre Dame 2, Hamden 1 Amity Regional 3, Fairfield Prep 2

Championship Game – May 28 @West Haven HS - Piurek Field Amity Regional 17, Notre Dame 0

ALL-HOUSATONIC DIVISION

Pat Winkel (Amity Regional), Eli Oliphant (Amity Regional), Craig McNamara (Shelton), Sal Gozzo (Sheehan), Brian Ronai (Amity Regional), Andy Hague (Amity Regional), Altrin Kabashi (Cheshire), Chris Kanios (Shelton), Nolan Cloutier (Sheehan), Paul Gozzo (Sheehan), Max Scheps (Amity Regional)

ALL-ORONOQUE DIVISION

Nick Guarino (East Haven), Zane Kmietek (Branford), Josh Colon (Career), Nick Kraszewski (East Haven), Giovanni Torres (North Haven), Nikko Ligori (Branford), Sal Barnabei (Wilbur Cross), Arnaldo Rodriguez (Wilbur Cross), Joe Ireland (North Haven), Steve Cochrane (East Haven), Devin DeRenzo (Branford)

ALL-QUINNIPIAC DIVISION

Dylan Reynolds (Notre Dame), Tim McCarthy (West Haven), Kwadir Delgado-McIntyre (Hamden), Zach Ardito (Notre Dame), Trevor Brandi (Hamden), Mike Ferrett (Hamden), Chase Mascolo (Fairfield Prep), Alex Tejero (West Haven), Ron Grant (Hamden), Karl Johnson (Fairfield Prep), Scott Marks (Xavier)

ALL-HAMMONASSET DIVISION

Will Reiner (Daniel Hand), Andrew Fitzgerald (Daniel Hand), Bryan Firmender (Foran), Evan Carollo (Jonathan Law), T.J. Stuart (Foran), Lucian Zingarella (Guilford), Brett Huber (Foran), Sean Kellaher (Guilford), Kyle Schaefer (Daniel Hand), Noah Rubino (Guilford), Rob Griswold (Jonathan Law)

OrthoNOW/SCC Player of the Year: Ron Grant, Hamden OrthoNOW/SCC Coach of the Year: Chris Borelli (Hamden)

SOFTBALL

STATE CHAMPIONS:

Cheshire (Class LL, defeated Amity Regional, 5-0)

STATE RUNNER-UPS:

Amity Regional (Class LL, lost to Cheshire, 5-0)

STATE SEMIFINALISTS: Foran (Class L, lost to Masuk, 7-6)

DIVISION CHAMPIONS

Hammonasset: Foran (7-1) Housatonic: Cheshire (8-0) Oronoque: East Haven (8-0) Quinnipiac: Lauralton Hall (8-0)



Cheshire won its first SCC softball title since 2002.

SCC PLAYOFFS

Quarterfinals – May 25 @Higher Seeds #1 Cheshire 11, #8 Guilford 0 #5 Amity Regional 5, #4 East Haven 2 #2 Lauralton Hall 5, #7 West Haven 0 #6 Daniel Hand 9, #3 Foran 6

Semifinals – May 26 @Biondi Field Lauralton Hall 4, Daniel Hand 0 Cheshire 4, Amity Regional 1

Championship Game – May 28 @Biondi Field Cheshire 4, Lauralton Hall 3

ALL-QUINNIPIAC DIVISION

Madison Watts (West Haven), Ally Marron (West Haven), Bernadette Kingsbury (Sacred Heart Academy), Emily Drezek (Sacred Heart Academy), Ireland Miessau (Lauralton Hall), Christina Cottrell (Lauralton Hall), Emma Larke (Lauralton Hall), Brianna Craft (Hamden), Tiff Mangiameli (Mercy), Michelle Theilgard (Mercy), Danielle Lajoie (Mercy)

ALL-ORONOQUE DIVISION

Marissa Minore (Branford), Ashley Arroyo (Career), Lauren Card (North Haven), Rachel Card (North Haven), Allie Luzzi (East Haven), Laura Anderson (East Haven), Jess Stettinger (East Haven), Kara Hanson (East Haven), Fallon Speers (East Haven), Jill Ostreicher (North Haven), Brianna Ruggiero (Career)

ALL-HOUSATONIC DIVISION

Abby Abramson (Cheshire), Amrgan Hodgdon (Cheshire), Sam Simione (Cheshire), Hannah Salvietti (Cheshire), Katie Koshes (Amity Regional), Teresa Marchitto (Amity Regional), Morgan Perry (Amity Regional), Sara Pisanelli (Sheehan), Hunter Selvaggi (Sheehan), Samantha Carbone (Lyman Hall), Arianna Berardi (Shelton)

ALL-HAMMONASSET DIVISION

Erin Saley (Jonathan Law), Maddie Murphy (Jonathan Law), Lily Geshwind (Daniel Hand), Hollis Wivell (Daniel Hand), Sam Pavano (Daniel Hand), Natalia Hart (Foran), Hanna DeSousa (Foran),



Fairfield Prep won its 12th SCC boys lacrosse league title in 2016, and its fifth in the last six years.

Kayla Gosselin (Foran), Amanda Mendillo (Foran), Amanda King (Guilford), Lilly Young (Guilford)

OrthoNOW/SCC Player of the Year: Abby Abramson, Cheshire OrthoNOW/SCC Coach of the Year: Kristine Drust, Cheshire

BOYS LACROSSE

STATE CHAMPIONS: None

STATE RUNNER-UPS:

Daniel Hand (Class M, lost to New Canaan, 13-2)

STATE SEMIFINALISTS:

Fairfield Prep (Class L, lost to Simsbury, 15-8)

SCC PLAYOFFS

Semifinals – May 24 @Surf Club – Madison #1 Fairfield Prep 11, #4 Daniel Hand 3 #2 Guilford 13, #3 Xavier 9

Championship – May 26 @West Haven HS Fairfield Prep 12, Guilford 11 (OT)

ALL-CONFERENCE FIRST TEAM

Attack: Mitch Savoca (Fairfield Prep), Rob LoRicco (Guilford), Colin O'Donnell (Xavier), Will Dacey (Guilford), Sean Black (Cheshire)

Midfield: Colin Smalkais (Fairfield Prep), Collin McCarthy (Xavier), Nico Ragaini (Notre Dame), Shane Malloy (Guilford), Brendan Hoffman (Fairfield Prep), Reid Sweitzer (Daniel Hand) Defense: Nick Franchuk (Fairfield Prep), Noah DeGoursey (Branford), Ryan Kaufmann (Daniel Hand), John Jankura (Guilford), Max Sullivan (North Haven)

Goalkeeper: James Bright (Guilford) LS Def Mid: Nathan Tepley (Guilford) SS Def Mid: Stephen Page (Guilford) FO Mid: Tristan Dowd (Daniel Hand)

SECOND TEAM ALL-CONFERENCE

Attack: George McGuirk (Daniel Hand), Austin Reid (Xavier), Chris Brown (Fairfield Prep), Ed Moran (Notre Dame), Lucas Mendicino (Daniel Hand)

Midfield: Kyle McGinnis (Shelton), Brett Reid (Xavier), Liam Gotlick (Daniel Hand), Brian Weyrauch (Cheshire), Michael Cavanagh (Amity Regional), Lance DiNatale (Foran)

Defense: Jameson Kief (Xavier), Sal DeLucia (Cheshire), John Jibilian (Daniel Hand), Ryan Quinn (Notre Dame), Matt Pompa (Fairfield Prep)

Goalkeeper: Jack O'Connor (Fairfield Prep) LS Def Mid: James Lougran (Fairfield Prep)

SS Def Mid: RJ Oris (Cheshire) FO Mid: Matt Robidoux (Cheshire)

OrthoNOW/SCC Player of the Year: Nick Franchuk, Fairfield

Prep

OrthoNOW/SCC Coach of the Year: Brian White, Guilford



Amity Regional won its 10th SCC outdoor track & field title since 1995.

BOYS OUTDOOR TRACK & FIELD

STATE CHAMPIONS: none

STATE RUNNER-UPS: none

TOP STATE FINISHES:

Hillhouse (3rd, Class MM) Amity Regional (4th, Class LL) Hamden (5th, Class LL) North Haven (5th, Class MM) Lyman Hall (6th, State Open) East Haven (6th, Class MM) Daniel Hand (8th, Class L) Shelton (9th, Class LL)

EAST SECTIONAL MEET – May 16 @Amity Regional HS Final Team Results: 1. Amity Regional, 174.5; 2. Shelton, 108.5; 3. Cheshire, 92; 4. Hillhouse, 83; 5. Daniel Hand, 69; 6. Lyman Hall, 57.5; 7. Guilford, 38.5; 8. Jonathan Law, 31; 9. Sheehan, 29; 10. Foran, 16

WEST SECTIONAL MEET – May 17 @Amity Regional HS Final Team Results: 1. Hamden, 113.5; 2. Xavier, 107; 3. North Haven, 85; 4. East Haven, 79; 5. Fairfield Prep, 68.5; 6. Branford, 62; 6. Notre Dame, 62; 8. Wilbur Cross, 48; 9. West Haven, 42; 10. Career, 23

SCC Championship Meet – May 24 @Sheehan HS Final Team Results: 1. Amity Regional, 101; 2. Hamden, 66; 3. Shelton, 51; 4. Hillhouse, 47; 5. North Haven, 46; 6. East Haven, 45; 7. Lyman Hall, 42; 8. Cheshire, 40; 9. Xavier, 38; 10. Notre Dame, 33; 11. Daniel Hand, 31.50; 12. West Haven, 30; 13. Fairfield Prep, 26; 14. Guilford, 23; 15. Career, 18; 16. Sheehan, 14.50; 17. Branford, 14; 18. Wilbur Cross, 13; 19. Jonathan Law, 13; 20. Foran, 10

ALL-CONFERENCE FIRST TEAM
Abdoul Aremu (West Haven), 100, 200 meters
Omar Gberil (North Haven), 400 meters
Jon Gill (Lyman Hall), 800 meters
Ben Siciliano (Guilford), 1600 meters

Brendan Murray (Cheshire), 3200 meters

John Witik (Lyman Hall), 100 meter hurdles

West Haven (Abdoul Aremu, Talon Butler, Jeffrey Flores, Andrew Highsmith), 4 x 100 meter relay

Hamden (Kevin Antoine, Zach Parisella, Virgil Harrell, Aaron Gambrell), 4 x 400 meter relay

Hamden (Isaac Hodgkins, William King, Shawn Odei-Nitri, Zach Parisella), 4 x 800 meter relay

Gabriel Abdul-Karim (Hillhouse), High Jump, Triple Jump

Devon McShane (Daniel Hand), Pole Vault

Mike Griffith (East Haven), Long Jump

Shane O'Connor (North Haven), Shot Put

Matt Wyzykowski (Xavier), Discus

Ethan LaChance (Cheshire), Javelin

ALL-CONFERENCE SECOND TEAM

Camron Fowlin (Hamden), 100 meters

Aria Mohseni (Amity Regional), 200 meters

Patrick English (Shelton), 400 meters

Griffin Cobb (Sheehan), 800 meters

Ryan Brennan (North Haven), 1600 meters

Andrew Thompson (Fairfield Prep), 3200 meters

Collin Kuchachik (Amity Regional), 100 meter hurdles

Hamden (John Mayes, Camron Fowlin, Virgill Harrell, Stanley

Arrington), 4 x 100 meter relay

Lyman Hall (John Witik, Jordan Crawford, Mike Ransom, Jon Gill), 4 x 400 meter relay

Amity Regional (Harrison Block, Michael Cannata, Connor

Crane, Matt Arovas), 4 x 800 meter relay

Nicholas Robinson (Amity Regional), High Jump

Jared Hubler (Foran), Pole Vault

Dyshon Vaughn (Career), Long Jump, Triple Jump

Cameron Greifenberger (Amity Regional), Shot Put

Niam Coward (East Haven), Discus

Anthony Valentino (North Haven), Javelin

OrthoNOW/SCC Athlete of the Year: Abdoul Aremu, West Haven OrthoNOW/SCC Coach of the Year: Gary Pope, Amity Regional



Mercy won its first-ever SCC outdoor track & field title in 2016.

GIRLS OUTDOOR TRACK & FIELD

STATE CHAMPIONS: none

STATE RUNNER-UPS: Wilbur Cross (Class L)

TOP STATE FINISHES:

Wilbur Cross (3rd, State Open)

Jonathan Law (3rd, Class MM)

Mercy (5th, Class L)

Branford (5th, Class MM)

North Haven (6th, Class L)

Shelton (7th, Class LL; 10th, State Open)

Sacred Heart Academy (8th, Class MM)

East Haven (9th, Class MM)

Lauralton Hall (9th, Class MM)

EAST SECTIONAL MEET - May 16 @Amity Regional HS Final Team Results: 1. Shelton, 147; 2. Cheshire, 131; 3. Amity, 88.5; 4. Jonathan Law, 68; 5. Guilford, 52; 6. Hillhouse, 50; 7. Sheehan, 49.5; 8. Lyman Hall, 44; 9. Daniel Hand, 41; 10. Foran, 30

WEST SECTIONAL MEET - May 17 @Amity Regional HS Final Team Results: 1. Mercy, 127; 2. Hamden, 115; 3. Wilbur Cross, 102; 4. Branford, 93; 5. East Haven, 74; 6. Sacred Heart Academy, 65; 7. North Haven, 56; 8. Lauralton Hall, 38; 9. Career, 16; 10. West Haven, 8

SCC CHAMPIONSHIP MEET - May 24 @Sheehan HS Final Team Results: 1. Mercy, 75.50; 2. Cheshire, 73; 3. Shelton, 71; 4. Wilbur Cross, 69; 5. Hamden, 53; 6. Jonathan Law, 45; 7. Branford, 44; 8. North Haven, 41; 9. East Haven, 38; 9. Amity Regional, 38; 11. Lyman Hall, 28.50; 12. Lauralton Hall, 25; 13. Sacred Heart Academy, 24; 14. Guilford, 18; 15. Daniel Hand, 16.50; 16. Hillhouse, 16; 17. Sheehan, 11; 18. Career, 8; 19. Foran, 6.50; 20. West Haven, 1

ALL-CONFERENCE FIRST TEAM

Kathryn Kelly (Lauralton Hall), 100 meters, High Jump

Erica Snape (Wilbur Cross), 200 meters

Jessica Centore (Jonathan Law), 400 meters

Danae Rivers (Wilbur Cross), 800, 1600 meters

Bridgid Selfors (Mercy), 3200 meters

Gabby Curtis (Wilbur Cross), 100, 300 meter hurdles

Cheshire (Madison Hunt, Janine Zumerchik, Sarah Clark, Janaia Skibitcky), 4 x 100 meter relay

Wilbur Cross (Leah Rivers, Danae Rivers, Erica Snape, Gabby Curtis), 4 x 400 meter relay

Amity Regional (Julia Potter, Abigail Bowser, Arianna O'Brien-

Cannon, Caroline Reffery), 4 x 800 meter relay

Ava Coleman (Mercy), Pole Vault

Janaia Skibitcky (Cheshire), Long Jump, Triple Jump

Samantha Stevens (Shelton), Shot Put, Discus

Lauren Oakes (Shelton), Javelin

ALL-CONFERENCE SECOND TEAM

Erica Marriott (North Haven), 100 meters

Jessica Centore (Jonathan Law), 200 meters Maddie Burns (Sheehan), 400 meters Emily Criscuolo (Amity Regional), 800 meters Lauren Daddi (Cheshire), 1600, 3200 meters Hailey Onorato (East Haven), 100, 300 meter hurdles Hamden (Nasia Morris, Andreya Gardner, Jasmine Brown, Aisha Gay), 4 x 100 meter relay Hamden (Nasia Morris, Aisha Gay, Emma Cayward, Andreya Gardner), 4 x 400 meter relay Cheshire (Camille Lewis, Amanda Addesso, Brenna Reach, Lauren Daddi), 4 x 800 meter relay Sonia Atluru (North Haven), High Jump Natalie Davoodi (Mercy), Pole Vault Kristen Washington (Hillhouse), Long Jump Sara Lipinski (Shelton), Triple Jump Sarah Vanacore (North Haven), Shot Put Angela Zhu (Cheshire), Discus Aquia Providence (Lyman Hall), Javelin

OrthoNOW/SCC Athlete of the Year: Danae Rivers, Wilbur Cross OrthoNOW/SCC Coach of the Year: Kathryn Schumann, Mercy

GIRLS LACROSSE



Daniel Hand won its ninth outright SCC girls lacrosse title in 2016.

STATE CHAMPIONS: none

STATE RUNNER-UPS: none

STATE SEMIFINALISTS:

Daniel Hand (Class M, lost to Joel Barlow, 10-9, in OT) Branford (Class M, lost to New Canaan, 15-6)

REGULAR-SEASON CHAMPIONS:

Daniel Hand, Cheshire, Branford (8-1)

SCC PLAYOFFS

Semifinals – May 24 @Cheshire HS #1 Daniel Hand 19, #4 Lauralton Hall 15 #2 Cheshire 14, #3 Branford 4

Championship – May 26 @West Haven HS Daniel Hand 11, Cheshire 10 (OT)

ALL-CONFERENCE FIRST TEAM

Attack: Meghan Dutchyshun (Cheshire), Taylor Scully (Daniel Hand), Carolyn Caminear (Branford), Emilee Giacondino (Sheehan)

Midfield: Autumn McHenry (Branford), Nicole Zaccaro (Lauralton Hall), Riley Kokoruda (Daniel Hand), Cameron Ruberti (Daniel Hand), Gabby Prisco (West Haven), Kaitlyn D'Andrea (Cheshire)

Defense: Bailey Cunningham (Cheshire), Annie Hesse (Daniel Hand), Morgan Gilman (Branford), Kendall Simmons (Branford) Goalkeeper: Carolynn Pechmann (Cheshire)

ALL-CONFERENCE SECOND TEAM

Attack: Olivia Keater (Jonathan Law), Olivia Clarke (Guilford), Katharine Garnett (Daniel Hand), Annie Uyeki (North Haven) Midfield: Kerry Ullman (Lauralton Hall), Sophie Spencer (Branford), Emma Jewett (Guilford), Lauren Hazelwood (Sheehan), Isabella Ferraro (Amity Regional), Kylie Brandt (North Haven) Defense: Sarah DeLucia (Guilford), Caitlyn Joyner (West Haven), Hannah Hackett (Cheshire), Callyn Priebe (North Haven) Goalkeeper: Caitlin Harvey (Daniel Hand)

OrthoNOW/SCC Player of the Year: Meghan Dutchyshun, Cheshire

OrthoNOW/SCC Coach of the Year: Jackie Ceccolini, Branford

BOYS TENNIS



Daniel Hand - Div. 1 boys tennis champions



West Haven - Div. II boys tennis champions

STATE CHAMPIONS: none

STATE RUNNER-UPS: Amity Regional (Class LL) Daniel Hand (Class L) Branford (Class M)

Top State Finishes:
Guilford (3rd, Class M)

SCC PLAYOFFS Division I

First Round – May 23 @Higher Seeds #3 Fairfield Prep 5, #6 Notre Dame 2 #4 Cheshire 4, #5 Xavier 3

Semifinals – May 25 @Yale University #1 Amity Regional 7, #4 Cheshire 0 #2 Daniel Hand 6, #3 Fairfield Prep 1

Championship – May 26 @Yale University Daniel Hand 4, Amity Regional 3

Division II

First Round – May 23 @Higher Seeds #3 Shelton 7, #6 Jonathan Law 0 #5 North Haven 4, #4 East Haven 3

Semifinals – May 25 @Yale University #1 West Haven 4, #5 North Haven 3 #2 Hamden 4, #3 Shelton 3

Championship – Thursday, May 26 @Yale University West Haven 6, Hamden 1

DIVISION I ALL-CONFERENCE

Singles: Richard Ciamarra (Xavier), Evan Powell (Guilford), Andrew Pace (Daniel Hand), Ethan Bershtein (Amity Regional), Max Einbinder (Amity Regional), Andrew Forchetti (Notre Dame) Doubles: Danny Weinreb (Daniel Hand), Marco Delsanto (Amity Regional), Will Graham (Fairfield Prep), Matt Sachs (Branford), Kyle Fay (Daniel Hand), Mike Defelice (Notre Dame)

DIVISION II ALL-CONFERENCE

Singles; Roy Smith (Career/Hillhouse), Alex Ruenhorst (Shelton), Brandon Howard (Hamden), John Delgado (West Haven), Bobby Phong (Jonathan Law), James Delgado (West Haven)
Doubles: Liam Sorge/Jack Steinman (North Haven), Luis Alvarez/

Jeremy Borelli (West Haven), Tyler Werner/David Ferris (Shelton)

OrthoNOW/SCC Div. I Player of the Year: Rich Ciamarra, Xavier OrthoNOW/SCC Div. II Player of the Year: Roy Smith, Career/Hillhouse

OrthoNOW/SCC Div. I Coach of the Year: Dawn Fagerquist, Daniel Hand

OrthoNOW/SCC Div. II Coach of the Year: Arleen Viglione, Shelton



Amity Regional - Div. I girls tennis champions



Hamden- Div. II girls tennis champions

GIRLS TENNIS

STATE CHAMPIONS:

Lauralton Hall (Class M, defeated Daniel Hand, 5-2)

STATE RUNNER-UPS:

Daniel Hand (Class M, lost to Lauralton Hall, 5-2)

STATE SEMIFINALISTS:

Amity Regional (Class L, lost to Greenwich, 4-3) Guilford (Class M, lost to Daniel Hand, 5-2)

SCC PLAYOFFS

Division I

First Round – May 23 @Higher Seeds #3 Daniel Hand 6, #6 Cheshire 1 #4 Guilford 4, #5 North Haven 3

Semifinals – May 25 @Yale University #1 Amity Regional 6, #4 Guilford 1 #3 Daniel Hand 4, #2 Lauralton Hall 3

Championship – May 26 @Yale University Amity Regional 5, Daniel Hand 2

2015-16 By The Numbers

Division II

First Round – May 23 @Higher Seeds #3 Jonathan Law 6, #6 East Haven 1 #4 Sacred Heart Academy 4, #5 Foran 3

Semifinals – Wednesday, May 25 @Yale University #1 Hamden 5, #4 Sacred Heart Academy 2 #2 Mercy 4, #3 Jonathan Law 3

Championship – May 26 @Yale University Hamden 4, Mercy 3

DIVISION I ALL-CONFERENCE

Singles: Julia Migliorini (North Haven), Daphne Kreiger (Amity Regional), Shelby Vertula (Lauralton Hall), Justine Hoover (Sheehan), Victoria Li (Amity Regional), Juliana Gonzalez (Lauralton Hall) Doubles: Tara Boyd/Michaela O'Donnell (Lauralton Hall), Ryan Corniello/Alecia Imbergamo (Daniel Hand), Rachel Einbinder/ Sarah Bullers (Amity Regional)

DIVISION II ALL-CONFERENCE

Singles: Vidhya Maran (Hamden), Monika Krah (Sacred Heart Academy), Samantha Geisman-Ginter (Foran), Molly Garcia (Mercy), Katie Esposito (Hamden), Victoria Contaxis (Jonathan Law) Doubles: Mallory Struble/Alyssa Badyga (Lyman Hall), Kate Hall/Kathryn Hanly (Mercy), Ashley Pyne/Olivia Ross (Sacred Heart Academy)

OrthoNOW/SCC Div. I Player of the Year:

Julia Migliorini, North Haven

OrthoNOW/SCC Div. II Player of the Year: Vidhya Maran, Hamden OrthoNOW/SCC Div. I Coach of the Year: Jim Cole, Branford OrthoNOW/SCC Div. II Coach of the Year:

Dave Oshana, East Haven

PHOTO CREDITS

The 2015-16 SCC "team championship" photos were provided by Bill O'Brien and the staff at Steady Photography.

By The Numbers

- 2 All-SCC matchups in a State Championship Game in 2014-15 (Softball and Girls Tennis).
- 8 Number of SCC postseason titles that Amity Regional won or Shared in 2015-16 (Boys and Girls cross country, Girls Volleyball, Div. II Girls Ice Hockey, Boys Indoor track, Boys Outdoor Track & Field, Baseball, and Div. I girls tennis).
- 11 Different SCC teams That Captured a League Postseason championship in 2015-16. Also, nine Different SCC teams won or Shared a state championship in 2014-15.
- 12 Consecutive Years that Fairfield Prephas won the SCC Boys Swimming title.
- $20\,$ Hyde/Whitney Tech Co-op will Become the SCC's 20th football team starting in 2016.
- 29 Number of Sports That the SCC offers with the Addition of Girls Golf.
- $30\,$ Total number of SCC teams that won or finished as state runner-ups in 2015-16.
- 37 Student-Athletes who were named "Orthonow" SCC Players of the Year in 2015-16. Also, 36 Head coaches who were named "Orthonow" SCC Coaches of the Year.
- 88 Consecutive "Hammonasset Division" victories for Hillhouse Boys Basketball, dating back to Feb. 15, 2005. The SCC will realign its divisions in 2016-17.
- 69.2 Percentage of SCC teams that qualified for state tournament competition in 2015-16
- 413 SCC teams That Have won or Shared a state Championship Since 1994-95.