SOUTHERN CONNECTICUT CONFERENCE



2010-11 YEAR IN REVIEW

www.SouthernConnecticutConference.org

SOUTHERN CONNECTICUT CONFERENCE



2010-11 YEAR-IN-REVIEW

17th Year

Established in 1994, the SCC concluded its 17th year in 2010-11 and it was quite a success... One of the top – if not the best – high school league in the state of Connecticut, the athletic success of our member schools was exemplary in 2010-11 with 22 state championships won... Since the league's formation, SCC teams have now won 324 state championships – an average of 19 per academic year ... More importantly, the league continued its positive tradition of offering first-rate non-athletic programs and events which seek to enrich our students' overall high school experience and make them responsible citizens.

2010-11 Executive Board

President: Dr. Russell Dallai, Principal – North Haven HS Vice-President: Dr. Beth Smith, Headmaster – Shelton HS Secretary: Jeanne Cooper, Athletic Director - Hamden HS Treasurer: Steve Trifone, Athletic Director - Cheshire HS

Athletic Director Chairperson: John Niski, Athletic Director, Shelton HS

Commissioner: Al Carbone

Commissioner Emeritus: Bill O'Brien

Special Thanks to our Corporate Sponsors

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community... The SCC had several corporate sponsors for the 2010-11 academic year, including the NewAlliance Foundation, The United Illuminating Company, Fresh Concepts and Connecticut Orthopaedic Specialists. For the fourth straight year, Dick's Sporting Goods partnered with the SCC to provide coupons and promotional material at league events... In addition, the SportsCenter of Connecticut continued its sponsorship of the Scholar Athlete of the Month program... Thanks also to the various event sponsors during the year, including Woodbridge Running Company (all SCC running events), Walter Camp Football Foundation (football banquet), New Haven Gridiron Club (football banquet), Gene Casey New Haven chapter of the National Football Foundation (football banquet), Marcum LLP (scholar leader banquet) and the New Haven Lions Club (baseball playoffs). Their support is much appreciated!











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Arts Exhibition

The SCC Student Arts Exhibition was held the week of May 2-6 at the Creative Arts Workshop in downtown New Haven. The exhibition featured over 50 selections of outstanding student-originated visual arts in a variety of media. Each SCC member school had the opportunity to submit up to three works. A grand opening of the show with refreshments and award presentations was held on May 2. Prizes were awarded by a jury of professional artists and arts administrators coordinated through CAW Executive Director Susan Smith.

2011 SCC Arts Exhibition Awards

1st Prize: Helen Brechlin, Guilford 2nd Prize: Rachel Spina, Sheehan 3rd Prize: Katelyn Wong, Amity Regional 4th Prize: Corinne Johnson, Amity Regional

5th Prize: Grace Hager, Branford

Honorable Mention: Michael Gelardi (Hamden), Christian Tracy (Cheshire), Jemina Mbaka (Career), Amanda Chavez (Jonathan Law), Patrick Gilmore (Lyman Hall)

Scholar Leader Banquet

The annual **SCC Scholar Leader Banquet** was held on March 28 at Anthony's Ocean View in New Haven. Forty-four students were recognized for their outstanding scholarship and leadership in their respective school and external communities. Recipients were given a commemorative SCC medal and certificate.

Many thanks to the event sponsor – *Marcum LLP*. Special congratulations to



Helen Brechlin of Guilford High School (pictured with SCC president Dr. Russell Dallai) won first prize in the 2011 SCC Arts Exhibition (photo by Bill O'Brien).

Benjamin Donarum (Notre Dame) and **Alicia Gansley** (Sheehan) for being named recipients of the "Bill O'Brien Community Service" scholarship – each received a \$500 scholarship award.

2010-2011 SCC Scholar Leaders

Amity Regional – Emma Spiegel, Gregory Loscalzo **Branford** – Emily Owen, Austin Day

Hill Regional Career – Briana Conyers, Teodoro Garcia

Cheshire – Audrey Zhang, Ray Noonan

Daniel Hand - Samuel Hodgson, Kathleen Wu

East Haven - Lawrence Cifarelli, Brittany Douglas

Fairfield Prep - Matthew P. Fornshell, Maxwell E. Rein

Joseph A. Foran – Katherine Sylvester, Paul Huebner

Guilford - Thomas Albergo, Sonya Zhou

Hamden - Kevin James Hochstrasser, Bonnie Hawkins

Hillhouse – Jenna Wilborne, Joel Clarke

Jonathan Law - Emily Bak, Ted Kostopoulos

Lyman Hall – Taylor Culmone, Christopher Kelly

Mercy - Bridget Scott, Allison Pearson

North Haven – Charles T. Hoyt, Victoria J. Liquori

Notre Dame – Benjamin Donarum, Kristopher Matthews

Sacred Heart Academy – Katherine Lee, Meghan Zwahlen

Mark T. Sheehan - Stephanie DeMaio, Alicia Gansley

Shelton - Leann Misencik, James Szabo

West Haven - Gilbert Agyeman, Gypsy Garcia

Wilbur Cross - Nathalie Hall, Alex Conaway

Xavier - Michael Breault, Dominick Proto



SCC Scholar Leader medals (photo by Bill O'Brien)

Diversity "Dream Teams" - Breaking Barriers, Building Bridges

Under the direction of retired Branford assistant principal (and current CAS-CIAC administrator) Dave Maloney and in partnership with the Anti-Defamation League, the SCC Diversity Dream Teams – Breaking Barriers, Building Bridges – had another successful year... Over 125 students representing the 22 member schools participated in the yearlong program.

Captains Council

More than 1,200 sport captains attended the three SCC Captains Council events held during the year at the New Haven Athletic Center. The meetings bring together the captains before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship.



SCC Year in Review

State Championships

22 state titles third-most in league history

It was another successful year as SCC member-schools fared extremely well in league and statewide competition. All told, SCC teams captured 22 state championships (6 fall, 8 winter, 8 spring) during the 2010-11 academic year. The record for the most state titles in a single year is 25, set in 1996-97. Twenty-four additional teams (7 fall, 13 winter, 4 spring) earned runner-up status in CIAC state competition. Since the league's inception in 1994, SCC schools have won 324 state championships. Cheshire has won the most state championships (55) followed by Hillhouse (47), Amity (31) and Guilford/Fairfield Prep (24).

SCC Factoids

Some noteworthy items by SCC student-athletes and teams during 2010-11

RIVALS MEET: Long-time rivals and shoreline neighbors Hand and Guilford met in a SCC championship game three times in 2010-11 (field hockey, boys soccer and Division II ice hockey). The Tigers won all three games.

IF YOU CAN DO IT, SO CAN WE: The Guilford boys and girls cross country teams won the SCC and Class MM titles this past fall, while the Hillhouse boys (Class MM) and girls (Class M) outdoor track & field teams both captured state titles.

POINTS, POINTS AND MORE POINTS: Jonathan Law defeated Guilford, 67-53, in a football game on November 5 -- it was the highest-scoring game in league and modern-day state history.

"MORE" IF YOU CAN DO IT, SO CAN WE: The Career boys (Class M) and girls basketball teams (Class LL) each made their respective state championship games. It was the second straight year this happened for a SCC school (Hillhouse in 2010 -- boys in Class LL; girls in Class L). For the second time in the last three years, both the Hillhouse boys and girls basketball teams captured SCC titles. The Amity boys and girls tennis squads also both won SCC titles.

History of Success

SCC teams that finished as the #1 team in their respective sports' season-ending media or coaches polls.

2006-07

Boys Basketball – Hillhouse Ice Hockey – Fairfield Prep Baseball – Amity

<u>2007-08</u>

Girls Basketball – Career Ice Hockey – Fairfield Prep **2008-09**

Girls Basketball – Hillhouse Ice Hockey – Hamden Baseball – West Haven Boys Lacrosse – Fairfield Prep

2009-10

Football – Notre Dame Ice Hockey – Hamden Girls Basketball – Hillhouse

<u>2010-11</u>

Football – Xavier Ice Hockey – Fairfield Prep Girls Basketball – Hillhouse Softball – Foran Boys Volleyball – Cheshire

GRAPPLING: The Xavier wrestling team won the Class LL state title – it was the first state championship by a SCC team since 2002 (Derby, Class S).

FIRST THINGS FIRST: The Hand girls tennis team won the Class M state title... It was the first state title won by a SCC team in the sport of girls tennis. The Hand girls lacrosse team also reached its first state championship game in 2011 -- and it was just the second state title game berth for a SCC girls lacrosse team.

JUSTA FROSH: Foran freshman tennis star **Bradley Orban** won the Class M singles title. Bradley also reached the State Open finals before falling to Staples' Daniel Hirschberg.

PERFECT: The Cheshire boys volleyball squad, which won the SCC and Class L state titles, finished the season with a perfect 22-0 record. It was the SCC's first state title in boys volleyball since 2005 (Shelton).

PAT'S THE BEST: Shelton senior **Patrick Gillen** wrestled for the 215-pound national high school title on April 3 in Virginia Beach, Va. Gillen fell to New York's Nick Gwiadowski in a fall at 4:57 – it was Gillen's first loss of the season in 54 bouts. Gillen was just the third wrestler from the state of Connecticut to compete for a national title. Gillen finished his high school career with a 204-15 career record and his 204 wins make him the state's all-time winningest wrestler. Gillen was a four-time All-SCC wrestler – just the third wrestler in league history to win four SCC titles.

SIX STRAIGHT FOR SCC: Notre Dame won the Class L state baseball title -- it was the sixth straight year a SCC team has won the championship.

FAMILY TIES: A brother-sister combo -- Notre Dame's **Gary Flowers** (Class L baseball) and Sacred Heart Academy's **Molly Flowers** (Class M softball) -- both pitched their teams to state titles on June 10.

SCC SWEEP: Amity's **David Karabinos** (decathlon) and Lyman Hall's **Ronea Saunders** (heptathlon) were both victorious at the annual state-wide track & field competition, held on June 14-15.



SCC Year in Review

Xavier Named "Kelly Award" Winner by Walter Camp Foundation

Xavier, the 2010 Class LL state champion and #1 football team in the state, was the recipient of the "Kelly Award" by the Walter Camp Football Foundation. It is the second time that Xavier earned the Kelly Award (2005). It also marked the eighth time – and second straight year – since 1994 that a SCC school captured the honor (Cheshire 1994, 1995; Hand 1997, 2004; West Haven 2002; Notre Dame 2001 and 2009).

SCC Adds Girls Ice Hockey

The SCC will add girls ice hockey to its list of offerings starting in 2011-12. Girls ice hockey is not a CIAC-sanctioned sport, but the sport has grown substantially in the last decade. It will be the 27th sport offered by the conference. Teams in the former Central Connecticut Girls Hockey League (CCGHL) will all compete in the SCC, including league schools Hamden, Daniel Hand, Guilford, West Haven, Branford and the North Haven/Amity co-op. In addition, Simsbury, West Hartford co-op of Hall/Conard, Notre Dame of Fairfield and Lauralton Hall will be allowed to compete in the SCC next year.

SCC in Ice Hockey Heaven

Once again, the SCC cemented its dominance in the sport of ice hockey. Fairfield Prep, the 2011 Division I state champions, finished as the top-ranked team in the seasonending *New Haven Register* and *Hartford Courant* ice hockey polls. The Jesuits (21-3)

were one of eight SCC teams, including Division II state champion Cheshire (16-6-2), who were ranked or received votes in either poll. Hamden, who lost to Fairfield Prep in the Division I quarterfinals, was ranked second in the Courant poll and fifth in the Register. Xavier (14-8) and Notre Dame (12-8) were each ranked in the top ten in both polls, while SCC and Division II runner-up Guilford (20-4-1), West Haven (12-7-2) and SCC Division II playoff champion Daniel Hand (12-11-1) also received votes.

As Easy as 1-2-3

Hillhouse, Career, Mercy are state's top three girls basketball teams

SCC and three-time defending Class L state champion Hillhouse (25-2) finished as the top-ranked team in the season-ending *New Haven Register* and *Hartford Courant* girls basketball polls. Class LL state champion Career (22-5) and SCC and Class LL runner-up Mercy (24-3) finished second and third, respectively. It is the first time that the SCC had the top three teams in the season-ending polls.

Hillhouse Track Star Earns National Recogition

Precious Holmes Earns Gatorade State Honors

Hillhouse sophomore outdoor track standout **Precious Holmes** was named as the Gatorade Connecticut Girls Track & Field Athlete of the Year. She is the second Hillhouse student-athlete – joining former Academic Shaniqua Burgess (2006-07) – to earn the honor. Precious captured three individual state championships (100, 200 and 400 meters) this spring and led the Academics to the SCC, Class M and State Open titles. At the New England championships, Holmes placed first in the 100 (12.29) and 400-meter (55.420 dashs. At the New Balance Outdoor Nationals, she ran the third leg of the second-place sprint medley relay quartet that finished in 3:59.87, and she placed second in the 400-meter dash in 53.26.

Esposito and Gillen Named Athletes of the Year

Congratulations to Foran senior volleyball/softball star **Sage Esposito** and Shelton wrestling and lacrosse standout **Patrick Gillen** for being named the *New Haven Register*'s 2010-11 Athletes of the Year. Sage will play volleyball at the University of Connecticut, while Patrick will continue his wrestling career at the University of Virginia. Sage and Patrick represent the 19th and 20th student athletes – since 1996-97 – from the SCC to earn this prestigious honor. It is also the eighth time both recipients came from the SCC.



SCC Hockey Slapshots • 2011 marked the eighth consecutive

season the SCC had a state champion.

• In 17 seasons, SCC teams have won 22

and 2 in Division III).

state titles.

state titles (13 in Division I, 7 in Division II

· With two state titles, it marked the fourth

consecutive year the SCC has won multiple

A SCC school has won the Division I title

five straight years (2007-2011), while the

Division II crown has been catpured by a

SCC team for four consecutive years.

WEB/SOCIAL MEDIA

Visit the league's website at www.southernconnecticutconference.org or follow the SCC on Facebook and Twitter @SCCcommissioner







SCC Year in Review

Season-by-Season CIAC Playoff Recap

In 2010-2011, sixty-seven percent (138–of–206) of SCC teams qualified for CIAC state tournament competition in sports requiring a qualification (wins or winning percentage) for admission.

Fall (42-of-67), 63%

Sixty-three percent of SCC teams qualified for CIAC fall team sport playoff competition in girls soccer (10–of–18), boys soccer (14–of–19), girls volleyball (11–of–19), and field hockey (7–of–11). In addition, a league-record six football teams (out of 19) earned state playoff berths.

Winter (38-of-54), 70%

Seventy percent of SCC teams qualified for CIAC winter team sport playoff competition in boys basketball (14–of–20), girls basketball (13–of–19), and ice hockey (11–of–15).

Spring (58-of-85), 68%

Sixty-eight percent of SCC teams qualified for CIAC spring team sport playoff competition in baseball (14–of–20), softball (14–of–19), boys lacrosse (9–of–13), girls lacrosse (7–of–11), boys volleyball (4–of–5) and girls tennis (10–of–17).

CT Orthopaedic Awards "Comeback Player" Scholarships

Two senior student athletes – **Katie Winkle** (*Sacred Heart Academy*) and **Jack Singleton** (*Guilford HS*) – were the initial recipients of the Connecticut Orthopaedic Specialists' "Comeback Player of the Year" scholarship award. A SCC corporate sponsor, COS offered a \$1,000 scholarship for one male and one female athlete who participated in an interscholastic sport during the 2010/2011 season, and showed great leadership both on an off the field after their severe injury.

A Little About the Comeback Player Scholarship

"Our goal was to acknowledge those student athletes that have overcome the challenges of an injury and through hard work and determination became positive role models for their fellow teammates. Most athletes win scholarships based on their athletic ability. Our criteria focused on strength of character, perseverance and leadership."

- Glenn Elia, Chief Executive Officer, Connecticut Orthopaedic Specialists

Katie Winkle, Sacred Heart Academy – softball

A standout softball player, Katie Winkle was diagnosed with Acute Myleyongeous Leukemia in the June of 2006 and has battled the disease ever since. She had chemotherapy and AVN (Avascular Necrosis) in her shoulder and needed surgery to restore circulation Her perseverance and enthusiasm allowed her to return to the Pacers' softball squad (and led them to a state championship!) and was a standout player who earned SCC All-Quinnipiac Division honors in each of the last two years. A high honor student with a 4.11 GPA, Katie, who is a resident of Orange, will attend Quinnipiac University.

Jack Singleton, Guilford – football

Jack was a member of the Indians' football squad and endured double hip surgery following his junior season. Told he would be unable to compete during his senior year, Jack battled back and played every single game as a starting inside linebacker and was responsible for making the team's defensive calls for each play. His leadership, effort and desire were evident and he pushed through the pain to play and practice every week. Also a standout student, Jack will attend Holy Cross.





(L-R): George Bedocs, Sacred Heart Academy athletic director; Katie Winkle; Dr. Richard Diana, COS; Bill O'Brien, SCC Commissioner Emeritus



(L-R): Chip Dorwin, Guilford athletic director; Tom Unger, Guilford head football coach; Jack Singleton, Dr. Pat Ruwe, COS; Bill O'Brien, SCC Commissioner Emeritus



SCC/SportsCenter of Connecticut "Scholar Athlete of the Month" Program

For the fifth year, the Southern Connecticut Conference partnered with the The SportsCenter of Connecticut (www.sportscenterct.com) on a Scholar Athlete of the Month program. A total of 107 student-athletes were recognized during the 2010-11 academic year. Each recipient received a certificate, t-shirt and SportsCenter activity pass.



SEPTEMBER 2010 recipients

Victoria Liquori (North Haven, field hockey), Charlie Hoyt (North Haven, soccer), Nick Hilton (Fairfield Prep, crew), Bobby Wallace (Fairfield Prep, crew), Dan Ziebell (Jonathan Law, football), Meaghan Abbott (Jonathan Law, volleyball), James Flynn (West Haven, cross country), Shannon Connor (West Haven, volleyball), Meghan Derken (Hand, soccer), Chris Genco (Hand, soccer)

OCTOBER 2010 recipients

Matt Haselkamp (Foran, soccer), Rebecca Giden (Foran, swimming & diving), Sam Spencer (Amity, cross country), Katelyn Wong (Amity, swimming & diving), Dana Rasmus (Mercy, field hockey), Jenna Cornwall (Mercy, soccer)
Cameron Brown (Branford, soccer), Paige Simmons (Branford, field hockey), Charlotte Beach (Wilbur Cross, soccer), James Dos-Gollins (Wilbur Cross, soccer), Ashley Zane (Cheshire, volleyball), Kevin Reid (Cheshire, football), Gabby Benitez (Hamden, soccer), Pat Cyr (Hamden, cross country), Kelli Freer (Shelton, swimming & diving), Jordan Vidal (Shelton, cross country)

NOVEMBER 2010 recipients

Matthew Murray (Notre Dame, football), Kevin Sullivan (Notre Dame, soccer), Jeff DeVince (Sheehan, soccer), Stephanie Langan (Sheehan, cheerleading), Melissa Merwin (Sacred Heart Academy, swimming & diving)
Valerie Williams (Guilford, cross country), Will Stitilis (Guilford, football), Darrin Dixon (Hillhouse, football), Angeline Foreman (Hillhouse, cross country)

DECEMBER 2010 recipients

Eddie Carroll (Daniel Hand, wrestling), Kelsey Cuddy (Daniel Hand, basketball), Diana Pimer (West Haven, swimming & diving), Michael Binkowski (West Haven, baseball), Alex Heiman (Fairfield Prep, basketball), Michael Owens (Fairfield Prep, skiing), Danielle Novak (Jonathan Law, gymnastics), Andy Fowler (Jonathan Law, basketball), Paris Taft (Career, indoor track), Brandyn Benson (Career, basketball)

JANUARY 2011 recipients

Reginald Mayo (Hamden, basketball), Amanda Del Cervo (Hamden, ice hockey), Jason Dempsey (Lyman Hall, basketball), Kailey Gaetano (Lyman Hall, cheerleading), Will Ritz (Foran, swimming & diving), Laura Harriman (Foran, gymnastics), Colleen Oleynik (Amity, skiing), Zezhong He (Amity, indoor track), Elizabeth Saia (Mercy, indoor track), Kara Urso (Mercy, indoor track)

FEBRUARY 2011 recipients

Aaron Grimaldi (Sheehan, ice hockey), Gabrielle Lupoli (Sheehan, indoor track), Pat Gillen (Shelton, wrestling), Dan Guerrera (Shelton, ice hockey), Blake Cornachini (Notre Dame, swimming & diving), Joseph Travaglino (Notre Dame, ice hockey), Buddy Shea (Branford, basketball), Cheyenne Carden (Branford, wrestling), Dana Colonese (Guilford, gymnastics), Henry Hirsch (Guilford, fencing)

MARCH 2011 recipients

Sophia Panaccione (Mercy, softball), Margaret Schumann (Mercy, tennis), Nick Douglas (Shelton, outdoor track), Sonali Rodrigues (Shelton, outdoor track), Nick Madonna (Lyman Hall, tennis), Taylor Culmone (Lyman Hall, outdoor track), Lazario Barrios (Hillhouse, baseball), Jenna Wilborne (Hillhouse, outdoor track), MacKenzie Mendygral (Sheehan, outdoor track), Evan Gladney (Sheehan, tennis), Carly Lindgren (West Haven, softball), Dean Alling (West Haven, lacrosse), Alisha Roopchand (Amity, tennis), Edward Hochman (Amity, tennis)

APRIL 2010 recipients

J. Oliver Neal (Xavier, sailing), Chelsea Bast (East Haven, tennis), Vin Guglietti (East Haven, baseball), Nikole Perugini (Career, softball), Glenn Anderson (Career, baseball), Taylor Harkness (Foran, softball), Robert Fohrenbach (Foran, tennis), Alyssa Kowolenko (Branford, outdoor track), Bill Conte (Branford, outdoor track), Dominic Palmieri (Notre Dame, lacrosse), Michael DeChello (Notre Dame, baseball), Tom Wellspeak (Cheshire, golf), Ashia Wright (Cheshire, outdoor track)

MAY 2010 recipients

Angelika Stamos (Sacred Heart Academy, softball), Peter Clarke (Hand, outdoor track), Joya Helander (Hand, outdoor track), Connor Byrne (Fairfield Prep, lacrosse), Bill Firisin (Fairfield Prep, rugby), Sarah Vaughan (Hamden, outdoor track), Kevin Hochstrasser (Hamden, tennis) Dara Davis (Guilford, lacrosse), Jesse Iassogna (Guilford, outdoor track), Fabio Dos Anjos (Wilbur Cross, tennis), Claire Loxsom (Wilbur Cross, outdoor track), Istvan Kanyo (North Haven, tennis), Martina Benassi (North Haven), Lea Finch (Jonathan Law), Ryan Falaguerra (Jonathan Law)



State Championships

During the 2010-11 academic year, SCC teams won twenty-two state championships. Since the league's inception in 1994, SCC schools have now won 324 state championships.

STATE CHAMPIONS (22)

FALL (6)

Guilford, Class MM Girls Cross Country
Amity, Class LL Boys Cross Country
Guilford, Class MM Boys Cross Country
Shelton, Class LL Girls Soccer – defeated Westhill, 1-0
Xavier, Class LL Football – defeated Trumbull, 24-13
Hillhouse, Class M Football – defeated New London, 7-0

WINTER (8)

Career, Class LL girls basketball – *defeated Mercy, 39-37*Hillhouse, Class L girls basketball – *defeated E.O. Smith, 77-50*Fairfield Prep, Division I ice hockey – *defeated St. Joseph, 5-0*Cheshire, Division II ice hockey – *defeated Guilford, 3-1*Hillhouse, Class M girls indoor track
Xavier, Class LL wrestling
Branford, Coed cheerleading
North Haven, Class L cheerleading

SPRING (8)

Notre Dame, Class L baseball – *defeated Farmington*, 2-1 Hillhouse, Class MM boys outdoor track Hillhouse, Class M girls outdoor track Hillhouse, State Open girls outdoor track Cheshire, Class L boys volleyball – *defeated Staples*, 3-1 (12-25, 25-23, 26-24, 25-22) Hand, Class M girls tennis – *defeated Avon*, 5-2 Foran, Class L softball – *defeated Bacon Academy*, 3-0

Sacred Heart Academy, Class M softball – defeated Seymour, 4-3

STATE RUNNER-UPS (24)

FALL (7)

Guilford, State Open Girls Cross Country Cheshire, Class L Girls Cross Country Guilford, State Open Boys Cross Country Xavier, Class LL Boys Cross Country Hand, Class M Field Hockey – *lost to Darien*, 3-2 Cheshire, Class L Girls Swimming Branford, Class M Girls Swimming

WINTER (13)

Fairfield Prep, Class LL boys basketball – *lost to St. Joseph*, 79-53 Career, Class M boys basketball – *lost to Trinity Catholic*,

Career, Class M boys basketball – lost to Trinity Catholic, 57-51

Mercy, Class LL girls basketball – lost to Career, 39-37 Guilford, Division II ice hockey – lost to Cheshire, 3-1 Hand, Class L boys indoor track Hillhouse, Class M boys indoor track Fairfield Prep, Class LL boys swimming Amity, Class L boys swimming Foran, Class S gymnastics Career, Class M girls indoor track Hand, State Open wrestling Hand, Class L wrestling Shelton, Coed cheerleading

SPRING (4)

Guilford, Class MM girls outdoor track Hand, Class M girls lacrosse – *lost to Darien*, 15-5 Hand, Class L boys tennis Fairfield Prep, Class L boys lacrosse – *lost to Ridgefield*, 11-10

Year-by-Year SCC State Championships

State Championship Facts In 2010-11, SCC member schools won 22 state championships bringing the total to 324 since the league's inception in 1994.... The record for the most state titles in a single year is 25, set in 1996-97... Fourteen different SCC schools won state titles in 2010-11 with Hillhouse capturing the most with six (Class M football, Class L girls basketball, Class M girls indoor track, Class MM boys outdoor track, and Class M and State Open girls outdoor track)... Guilford, Xavier and Cheshire all won two state titles during the year.

SCC vs. SCC

In 2010-11, there were three instances where SCC teams were the state champion and runner-up... In head-to-head competition, there were two All-SCC state championship games this year – Division II ice hockey (Cheshire 3, Guilford 1) and Class LL girls basketball (Career 39, Mercy 37).

<u>Year</u>	<u>Fall</u>	<u>Winter</u>	Spring	Total
1994-95	5	6	4	15
1995-96	7	5	9	21
1996-97	9	8	8	25
1997-98	9	8	6	23
1998-99	5	7	6	18
1999-00	4	9	5	18
2000-01	6	6	6	18
2001-02	5	8	9	22
2002-03	6	6	9	21
2003-04	9	8	4	21
2004-05	9	7	5	21
2005-06	8	8	4	20
2006-07	4	6	3	13
2007-08	3	5	3	11
2008-09	3	5	4	12
2009-10	7	8	8	23
<u>2010-11</u>	<u>6</u>	<u>8</u>	<u>8</u>	<u>22</u>
TOTALS	105	118	101	324



2010-11 Postseason Champions

The SCC hosted twenty-three postseason championships during the 2010-11 academic year.

Only football and Division I ice hockey do not have a postseason tournament.

Listed below are the champions, runner-ups and final score/result in each of the sports.

FALL

<u>Sport</u>	Champion	Runner-up	<u>Result</u>
Girls Cross Country:	Guilford	Hand	Guilford (60), Hand (66), Hillhouse (123)
Boys Cross Country:	Guilford	Xavier	Guilford (60), Xavier (74), Fairfield Prep (77)
Field Hockey	Hand	Guilford	3-1
Boys Soccer:	Hand	Guilford	2-1 (OT)
Girls Soccer:	Shelton	Hamden	1-0
Girls Volleyball:	Shelton	Jonathan Law	3-1 (24-26, 25-22, 25-16, 25-18)
Girls Swimming:	Cheshire	Amity	Cheshire (1195.5), Amity (479), Mercy (442)

WINTER

<u>Sport</u>	Champion	Runner-up	Result
Boys Indoor Track:	Amity	Hillhouse	Amity (67), Hillhouse (64), Sheehan (45)
Girls Indoor Track:	Hillhouse	Career	Hillhouse (106), Career (62), Hand (41)
Boys Basketball:	Hillhouse	Career	55-43
Girls Basketball:	Hillhouse	Mercy	50-43
Wrestling:	Xavier	Hand	Xavier (186.5), Hand (176), Guilford (116.5)
Gymnastics:	Hand	Jonathan Law	Hand (135.4), Jonathan Law (124.2), Foran (122.9)
Ice Hockey – Division II:	Hand	Guilford	3-1
Boys Swimming:	Fairfield Prep	Xavier	Fairfield Prep (1147.5), Xavier (871), Amity (812)
Cheerleading 15-over	North Haven	Foran, Cheshire	North Haven (76.5), Foran (72.5), Cheshire (67)
Cheerleading 14-under	Hamden		Hamden (38.5)
Cheerleading Novice	Career		Career (24.5)
Cheerleading Co-Ed	Shelton	Branford	Shelton (78), Branford (74)

SPRING

<u>Sport</u>	Champion	Runner-up	<u>Result</u>
Golf:	Shelton	Amity	Shelton (317), Amity (332), Notre Dame (333)
Boys Volleyball:	Cheshire	Hand	3-0 (25-13, 25-15, 25-11)
Baseball:	Cheshire	Fairfield Prep	14-0
Softball:	Mercy	West Haven	1-0
Boys Tennis:	Amity	Fairfield Prep	4-2
Girls Tennis:	Amity	Hand	4-3
Boys Outdoor Track & Field:	Hand	Hillhouse	Hand (99), Hillhouse (95), Amity (80)
Girls Outdoor Track & Field:	Hillhouse	Hand	Hillhouse (118.5), Hand (100.83), Amity (73.3)
Boys Lacrosse:	Fairfield Prep	Cheshire	11-1
Girls Lacrosse:	Cheshire	Hand	9-8

SCC Championship Facts

- In 2010-11, nine different SCC member schools won or shared a SCC playoff titles.
- Hand had the most league titles with five, followed by Cheshire and Hillhouse with four each.
- In addition to its league-best five titles, Hand also totaled a SCC-high six runner-up finishes.





FALL

GIRLS VOLLEYBALL

Divisional Champions

Hammonasset – Jonathan Law (8-0) **Housatonic** – Cheshire, Shelton (7-1) Quinnipiac – Mercy (6-0) **Oronoque** – Wilbur Cross (8-0)

SCC Playoffs

Quarterfinals - November 1/2 @Higher Seeds

#1 Mercy 3, #8 North Haven (25-22, 25-14, 25-14) #2 Cheshire 3, #7 Guilford 0 (25-16, 25-9, 25-19) #3 Shelton 3, #6 Wilbur Cross 0 (25-13, 25-21, 25-15) #4 Jonathan Law 3, #5 Foran 1 (25-12, 25-16, 24-26, 25-12)

Semifinals - November 4 @ Higher Seeds

Jonathan Law 3, Mercy 2 (11-25, 20-25, 30-28, 25-18, 15-7) Shelton 3, Cheshire 1 (25-17, 25-23, 21-25, 27-25) Championship - November 6 @ North Haven HS Shelton 3, Jonathan Law 1 (24-25, 25-22, 25-16, 25-18)

All Hammonasset

Meaghan Abbott (Jonathan Law), Caitlin Stapleton (Jonathan Law), Joy Kimmel (Hand), Sage Esposito (Foran), Maggie Folsom (Foran), Jenna Bellantoni (Guilford), Bria Holmes (Hillhouse)

All-Housatonic

Emily Werth (Cheshire), Kelly Gunneson (Cheshire), Kerry Chavoya (Cheshire), Katie DiRenzo (Shelton), Kelly Niland (Shelton), Nicole Boisvert (Sheehan), Melissa D'Angelo (Lyman Hall)

All-Oronogue

Alisha Noble (Wilbur Cross), Aaliyah Robinson (Wilbur Cross), Ashley Raymond (Career), Amanda Bradley (East Haven), Shirley Rodriguez (North Haven), Rory Zampano (Branford), Kelsey Ciarleglio (Branford)

All-Quinnipiac

Clare Kane (Sacred Heart Academy), Aubrey Carroll (Sacred Heart Academy), Alyssa Henry (Mercy), Amber Bepko (Mercy), Katherine Nielsen (Mercy), Carly Lindgren (West Haven), Brittney Reis (West Haven)

BOYS SOCCER*

Divisional Champions

Oronogue – North Haven (5-0-3) Hammonasset – Hand (5-0-1) Housatonic – Shelton (5-0-3) Quinnipiac – Fairfield Prep (6-1-1)

SCC Playoffs

Quarterfinals - November 2 @ Higher Seeds

#1 Hand 4, #8 Cheshire 1 #7 Guilford 1, #2 Shelton 0 #3 Fairfield Prep 1, #6 Branford 0 #4 Xavier 1, #5 North Haven 0

Semifinals - November 5 @ Higher Seeds

Hand 2, Xavier 1 Guilford 2, Fairfield Prep 0

Championship - November 6 @East Haven HS

Hand 2, Guilford 1

All-Housatonic

Mario Yepez (Sheehan), Nick Taglianetti (Sheehan), Artur Jorge (Shelton), Josh Matthews (Shelton), Lindsley Barrett (Shelton), Jawaad Qureshi (Shelton), Trevor Molkenbuhr (Cheshire), Derek Molkenbuhr (Cheshire), Francesco Mazzella (Cheshire), Pat Kenefick (Amity), Dimitri Drossopoulos (Lyman Hall), Tim Hines (Lyman Hall)

All-Oronoque

Istvan Kanyo (North Haven), Marlin Rafael (North Haven), Keegan Hanlon (North Haven), Abraham Bartoah (Career/HH), Andrew Bartoah (Career/HH), Shemar Nesbeth (Career/HH), Klever Cordova (East Haven), Ryan Esposito (East Haven), Cameron Brown (Branford), Will Pottenger (Branford), Ivan Feshenko (Branford), Ekokobe Ntumbanzondo (Wilbur Cross)

All-Quinnipiac

Mike Thompson (Xavier), Connor Marino (Xavier), Adrian Gonzalez (Xavier), Tyler Turner (Notre Dame), Nick Riccio (West Haven), Jose Marcos (West Haven), Pat Dwyer (West Haven), Matthew D'Ambrisi (Fairfield Prep), Parker Delmolino (Fairfield Prep), David Bruton (Fairfield Prep), John Miller (Hamden), Alex Zapata (Hamden)

All Hammonasset

Robert Millspaugh (Foran), Chris Rudnick (Foran), Matt Haselkamp (Foran), Ryan Clark (Jonathan Law), Jake Battipaglia (Guilford), Kevin Jacobsen (Guilford), Chris Bruton (Guilford), James Carroll (Guilford), Tucker Hackett (Hand), Ben Lussier (Hand), Chris Genco (Hand), Ryan Matusch (Hand)

GIRLS SOCCER

Divisional Champions

Oronoque – Branford (4-2) **Hammonasset** – Hand (5-0-1) **Housatonic** – Cheshire (6-0-2) **Quinnipiac** – Hamden (5-1)

SCC Playoffs

Quarterfinals - November 2 @Higher Seeds #1 Hamden 2, #8 North Haven 1 (OT) #2 Shelton 7, #7 Branford 0



#3 Cheshire 3, #6 Guilford 0 #5 Amity 1, #4 Hand 0

Semifinals - November 5 @ Higher Seeds

Hamden 3, Amity 0 Shelton 1, Cheshire 0

Championship-November 6 @East Haven HS

Shelton 1, Hamden 0

All-Oronoque

Megan Rea (East Haven), Nicole Paviglionite (Branford), Melissa Guillemette (Branford), Becca Vitale (Branford), Kelly Parker (Branford), Charlotte Beach (Wilbur Cross), Shea Connors (Wilbur Cross), Sarah Pandolfi (North Haven), Samantha Tabak (North Haven), Samantha Cristante (North Haven), Lisa Sanzari (North Haven)

All-Housatonic

Tabitha Brown (Amity), Allison Maier (Amity), Meghan Howard (Amity), Cailynn Harding (Cheshire), Molly Dupont (Cheshire), Darien Dunham (Cheshire), Kira Yasuda (Cheshire), Danica Foglio (Shelton), Angela Ferro (Shelton), Megan Manzo (Shelton), Haylee Rochler (Lyman Hall), Margaret Slivinski (Sheehan)

All Hammonasset

Meghan Derken (Hand), Hannah Stone (Hand), Lianna Simms (Hand), Kendra Lena (Hand), Katherine Eastwood (Hand), Caroline Massey (Guilford), Alexis Gilhuly (Guilford), Hannah Moore (Guilford), Erica DePalma (Guilford), Jacklyn Basilicato (Guilford), Kieryn Deyoe (Foran), Kasey Butts (Jonathan Law)

All-Quinnipiac

Gabby Benitez (Hamden), Alex DeStefano (Hamden), Rachel Ugolik (Hamden), Shana Daley (Hamden), Victoria Hendel (Mercy), Sheena Landy (Mercy), Kate Donnelly (Mercy), Brina Yanez (West Haven), Gabby Reis (West Haven), Alyssa Paolillo (Sacred Heart Academy), Ally Jefferson (Sacred Heart Academy), Margaret Carlson (Sacred Heart Academy)

FIELD HOCKEY

Regular-season Champion: Hand (10-0)

SCC Playoffs

Quarterfinals - November 1 @ Higher Seeds

#1 Hand 5, #8 North Haven 0 #2 Branford 9, #7 Sheehan 0

#3 Guilford 4, #6 Mercy 0 #4 Cheshire 4, #5 Hamden 1

Semifinals - November 3 @ Guilford HS

Hand 3, Cheshire 2 Guilford 3, Branford 2

Championship-November 6 @ Guilford HS

Hand 3, Guilford 0

All-Conference First Team

Cheyenne Carden (Branford), Erica McClean (Branford), Colleen Golja (Hand), Catherine Chatillon (Hand), Katie Jolin (Guilford), Dara Davis (Guilford), Holly Johnson (Amity), Amanda Del Cervo (Hamden), Sarah Bower (Mercy), Anna Marcucilli (Cheshire), Lauren Anderson (Cheshire)

All-Conference Second Team

Taylor Sisson (Amity), Hunter Carden (Branford), Lindsay Camillo (Guilford), Leigh Rooney (Guilford), Savanna Reilly (Hamden), Shaelin Gottlick (Hand), Maddie Kennedy (Hand), Kristina Holt (Mercy), Alayna DePaolo (Cheshire), Danielle DesMarais (Cheshire), Colleen Murphy (Hamden), Victoria Liquori (North Haven)

FOOTBALL

Divisional Champions

Division I West – Xavier (4-0)

Division I East – Hand, West Haven and Notre Dame (3-1)

Division II West – Lyman Hall (4-0) **Division II East** – North Haven (3-0)

Division I - Offense

OL: Tom Kenney (Notre Dame), Shaun Reiss (West Haven), Tom Linden (Xavier), Austin Wezenski (Xavier), Sean Marinan (Xavier)

WR: Alec Pacelli (Hand), Mike Georgalas (Shelton), Jake Scinto (Cheshire), Tirrell Young-Williams (Notre Dame)

RB: James Ward (Wilbur Cross), Kyle Kalanta (Amity), Kevin Philips (West Haven)

QB: Zach Miller (Hand), Sean Goldrich (Notre Dame) **UTY:** Dontay Long (Wilbur Cross)

Division I - Defense

DL: Theo Hoponick (Shelton), Eric Mischke (Xavier), Dylan Natale (Amity)

LB: A.J. Hill (Hand), Evan Gaudio (Cheshire), Dean Duffy (Fairfield Prep), Graham Stewart (Xavier), Cody Kitson (Shelton), Gerald McClease (Wilbur Cross)

DB: Jordan Teague (Hamden), Kyle Vignone (Fairfield Prep), Treymayne Barnes (West Haven), Dillon Wilson (Hand), Kris Matthews (Notre Dame)

P: Brian Speer (Amity)

Division II - Offense

OL: Shawn Tarnawa (East Haven), Andrew Savenelli (North Haven), Robert Goldstein (Lyman Hall), Khamil Rangolam (Hillhouse), Andrew McCloskey (Guilford)

WR: Harrison Goodkind (Branford), Brian Murphy (Sheehan), Will Stitilis (Guilford)

RB: Chris Matteis (North Haven), Matt Hoey (Guilford), Harold Cooper (Hillhouse), Zac Falconeri (Lyman Hall)

QB: Ethan Curry (Guilford), Kyle Nolan (Branford)

UTY: Joe Desandre (Lyman Hall)



Division II - Defense

DL: Conor Riordan (Lyman Hall), Tyvon Williams (Hillhouse), Ted Kostopoulos (Jonathan Law), Kunimel Lomotey (Branford), Trevor Keyes (North Haven)

LB: Mark Zurlis (North Haven), Stephon Davis (Jonathan Law), Joe Impellizeri (Foran), Joe Costanzo (East Haven)

DB: Stan Olsson (Foran), Bryan Maratea (North Haven), John Desandre (Lyman Hall)

P: Ryan Falaguerra (Jonathan Law)

UTY: Maxx Frisco (Sheehan), Taurese Washington (Hillhouse)

GIRLS SWIMMING

Divisional Champions

Division I – Cheshire (6-0) **Division II** – West Haven (7-0)

<u>SCC Championship Meet</u> - November 3 at Cheshire Community Pool

Final Team Results: 1. Cheshire, 1195.5; 2. Amity, 479; 3. Mercy, 442; 4. Hand, 363; 5. Branford, 341; 6. West Haven, 320; 7. Shelton, 312; 8. Sacred Heart Academy, 291; 9. North Haven, 257; 10. Hamden, 115; 11. Foran, 103; 12. Lyman Hall, 83.5; 13. Sheehan, 70; 14. Guilford, 30

All-Conference

200 Yard Medley Relay

Mercy (Nicole Rhodes, Caroline Gallagher, Theresa Goehring, Michaela Kearney)

Cheshire (Molly Condron, Megan Mostoller, Stephanie Nguyen, Alexandria Barry)

200 Freestyle

Karen Novak (Cheshire), Christine Rasile (Branford), Anna Lu (Amity)

200 IM

Theresa Goehring (Mercy), Diana Pimer (West Haven), Melissa Merwin (Sacred Heart Academy)

50 Freestyle

Dana Grindall (Amity), Michaela Kearney (Mercy), Jennifer Tavares (Cheshire)

100 Butterfly

Dana Grindall (Amity), Helen Park (Sacred Heart Academy), Jessica Liu (Cheshire)

100 Freestyle

Michaela Kearney (Mercy), Jennifer Tavares (Cheshire), Samantha Garcia (West Haven)

500 Freestyle

Karen Novak (Cheshire), Alexandria Koukos (Cheshire), Stephanie Nguyen (Cheshire)

200 Freestyle Relay

Cheshire (Jenna Cannata, Margaret Ptaszynski, Jennifer Tavares, Karen Novak)

Amity (Morgan Turner, Jessica Kochiss, Anna Lu, Dana Grindall)

100 Backstroke

Theresa Goehring (Mercy), Kaitlin Davis (Shelton), Molly Condron (Cheshire)

100 Breaststroke

Melissa Merwin (Sacred Heart Academy), Diana Pimer (West Haven), Taylor Deubel (Cheshire)

400 Freestyle Relay

Mercy (Mary McKenna, Erica Naumann, Theresa Goehring, Michaela Kearney)

Cheshire (Megan Mostoller, Margaret Ptaszynski, Jennifer Tavares, Karen Novak)

Diving

Amanda Saslow (North Haven), Bridget Carmichael (Cheshire), Kelsey Fachini (Mercy)

BOYS CROSS COUNTRY

Divisional Champions

Hammonasset – Guilford (4-0) Housatonic – Amity (4-0) Quinnipiac – Fairfield Prep (4-0) Oronoque – Branford (4-0)

<u>SCC Championship Meet</u> - October 21 at Hammonasset State Park

Final Team Results: 1. Guilford, 60; 2. Xavier, 74; 3. Fairfield Prep, 77; 4. Amity, 90; 5. Hamden, 148; 6. Hand, 158; 7. Cheshire, 210; 8. Shelton, 216; 9. Branford, 218; 10. Sheehan, 292; 11. North Haven, 355; 12. Jonathan Law, 373; 13. Notre Dame, 391; 14. Lyman Hall, 410; 15. Hillhouse, 449; 16. Foran, 453; 17. Wilbur Cross, 479; 18. East Haven, 564

All-Conference

Connor Rog (Fairfield Prep), Jonathan Annelli (Xavier), Jeff Moretti (Guilford), Dan Nestor (Hand), Ian Albert (Xavier), David Pugliese (Xavier), Kevin Maguire (Guilford), Dean Bhatt (Amity), Sean Mueller (Cheshire), Thomas Dextradeur (Branford), Clark Shurtleff (Amity), William Schloth (Fairfield Prep)

All-Oronogue

Thomas Dextradeur (Branford), Kevin Gell (Branford), Ryan Parris (Wilbur Cross), Jonathan Carlson (Branford), Stephen LaLuna (North Haven), Alex Case (Branford), Eric Arsenault (Branford), Jonathan Gonzalez (North Haven)



All-Quinnipiac

Connor Rog (Fairfield Prep), Jonathan Annelli (Xavier), Ian Albert (Xavier), David Pugliese (Xavier), William Schloth (Fairfield Prep), Tyler Agostino (Fairfield Prep), Russell Stevens (Xavier), Patrick Corona (Fairfield Prep)

All Hammonasset

Jeff Moretti (Guilford), Dan Nestor (Hand), Kevin Maguire (Guilford), Matt Marchand (Guilford), Mike McGowan (Guilford), Connor Isnard (Guilford), Peter Clarke (Hand), Andrew Fowler (Jonathan Law)

All-Housatonic

Dean Bhatt (Amity), Sean Mueller (Cheshire), Clark Shurtleff (Amity), Tommy Lupoli (Sheehan), Jason Shnipes (Shelton), Allen Copas (Lyman Hall), Jack Dunleavy (Amity), Samuel Spencer (Amity)

GIRLS CROSS COUNTRY

Divisional Champions

Hammonasset – Guilford (4-0) Housatonic – Cheshire (4-0) Quinnipiac – Hamden (3-0) Oronoque – Branford (4-0)

<u>SCC Championship Meet</u> - October 21 at Hammonasset State Park

Final Team Results: 1. Guilford, 60; 2. Hand, 66; 3. Hillhouse, 123; 4. Shelton, 131; 5. Cheshire, 132; 6. Branford, 143; 7. Amity, 180; 8. Hamden, 241; 9. Foran, 266; 10. Mercy, 269; 11. Jonathan Law, 291; 12. Sacred Heart Academy, 302; 13. Sheehan, 353; 14. Lyman Hall, 404; 15. North Haven, 426; 16. East Haven, 432; 17. Wilbur Cross, 522

All-Conference

Sarah Cotton (Hand), Kellie Davis (Career), Mara Lieberman (Hamden), Katie Ferrall (Gulford), Kelsey Grimmer (Shelton), Paris Taft (Career), Amanda Levy (Guilford), Megan Powell (Guilford), Sarah Fusco (Cheshire), Natasha Barrow (Hand), Kaleigh Roberts (Mercy), Megan Lynch (Hand)

All-Oronoque

Paris Taft (Career), Meg O'Brien (Branford), Allie Kowolenko (Branford), Shari Peterson (Branford), Lisa MacLachlan (Branford), April Simmons (Branford), Sophie Bysiewicz (Branford), Stephanie Lendroth (East Haven)

All-Housatonic

Kelsey Grimmer (Shelton), Sarah Fusco (Cheshire), Jane Depgen (Amity), Kimberly Grove (Cheshire), Tori Wickenheisser (Cheshire), Kelsey Tiedemann (Sheehan), Melissa Corraro (Shelton), Amanda Chang (Cheshire)

All Hammonasset

Sarah Cotton (Hand), Kellie Davis (Hillhouse), Katie Ferrall (Guilford), Amanda Levy (Guilford), Megan Powell (Guilford), Natasha Barrow (Hand), Megan Lynch (Hand), Val Williams (Guilford)

All-Quinnipiac

Mara Liebermann (Hamden), Kaleigh Roberts (Mercy), Sarah Vaughan (Hamden), Kathleen Darling (Mercy), Rebecca Golia (Sacred Heart Academy), Molly Duffy (Sacred Heart Academy), Stephanie Baldwin (Sacred Heart Academy), Candace Lawrence (West Haven)

WINTER

BOYS BASKETBALL

Divisional Champions

Hammonasset: Hillhouse (8-0) Housatonic: Lyman Hall (7-1) Oronoque: Wilbur Cross/Career (7-1)

Quinnipiac: Xavier (6-2)

SCC Playoffs

$First\,Round-February\,24\,@\,Higher\,Seeds$

#3 Wilbur Cross 60, #14 Sheehan 51 #4 Lyman Hall 77, #13 Notre Dame 63 #5 Fairfield Prep 61, #12 Hamden 40 #6 Xavier 72, #11 Hand 70 (2 OT) #10 Cheshire 60, #7 Branford 47 #8 Amity 57, #9 Foran 45

Quarterfinals – February 26 @East Haven HS

#1 Career 55, #8 Amity 36

#5 Fairfield Prep 69, #4 Lyman Hall 67

#2 Hillhouse 67, #10 Cheshire 45

#3 Wilbur Cross 58, #6 Xavier 55 (OT)

Semifinals – March 1@TD Bank Sports Center – Quinnipiac University

#1 Career 65, #5 Fairfield Prep 44 #2 Hillhouse 53, #3 Wilbur Cross 45

Championship – March 2 @TD Bank Sports Center – Quinnipiac University

Hillhouse 55, Career 43

All Hammonasset

Jordan Barnaby (Daniel Hand), Riley Kirsch (Daniel Hand), Al Torrens (Foran), Nick Toto (Jonathan Law), Drew Crudup (Hillhouse), Fred Wilson, Jr. (Hillhouse)

All-Quinnipiac

Michael Boornazian (Xavier), Jovan Santos (Xavier), Tom Doyle (Notre Dame), Antonio Lucky (Hamden), Tieron Jackson (West Haven), Terry Tarpey (Fairfield Prep)



All-Oronoque

Kenny Armstead (Career), Brandyn Benson (Career), Kevin Hoff (Career), Alex Conaway (Wilbur Cross), Gerald McClease (Wilbur Cross), Kyle Nolan (Branford)

All-Housatonic

Christian Collette (Sheehan), Matt Bailey (Cheshire), Rich Bronson (Lyman Hall), Jason Dempsey (Lyman Hall), P.J. Higgins (Lyman Hall), Grant Watkins (Amity)

GIRLS BASKETBALL

Divisional Champions

Hammonasset: Hillhouse (8-0) Housatonic: Cheshire (6-2) Oronoque: Career (8-0) Quinnipiac: Mercy (6-0)

SCC Playoffs

First Round – February 17/18 @Higher Seeds

#5 Shelton 41, #12 Hand 38

#6 Wilbur Cross 66, #11 Lyman Hall 63

#10 Foran 52, 7 Guilford 43 #8 Cheshire 49, #8 Amity 28

#4 Sacred Heart Academy 52, #13 Sheehan 28

Quarterfinals - February 19 @ West Haven HS

#1 Mercy 39, #8 Cheshire 27

#5 Shelton 59, #4 Sacred Heart Academy 57

#2 Hillhouse 72, #10 Foran 30 #3 Career 48, #6 Wilbur Cross 38

Semifinals - February 21 @TD Bank Sports Center -

Quinnipiac University

Hillhouse 51, Career 50

Mercy 65, Shelton 38

Championship - February 22 @TD Bank Sports Center -

Quinnipiac University

Hillhouse 50, Mercy 43

All-Oronoque

Jasmine Claxton (Career), Bria Moore (Career), Aaliyah Robinson (Wilbur Cross), Nicole Bentley (Career), Trinity Barnes (Career), Olivia DeCapua (North Haven)

All Hammonasset

Bria Holmes (Hillhouse), Andreana Thomas (Hillhouse), Kelsey Cuddy (Daniel Hand), Taylor Jagoe (Foran), Colleene Smith (Hillhouse), Kim Legen (Jonathan Law)

All-Housatonic

Felicia Ferraro (Lyman Hall), Julia Strobel (Cheshire), Melissa Corraro (Shelton), Rachel Collette (Sheehan), Kelsey Pendagast (Shelton), Missy Bailey (Cheshire)

All-Quinnipiac

Amber Bepko (Mercy), Sadie Edwards (Mercy), McKenzie Farquharson (West Haven), Clare Kane (Sacred Heart Academy), Natalie Bastian (Sacred Heart Academy), Maria Weselyi (Mercy)

ICE HOCKEY

Divisional Champions

Division I: Hamden (5-1-1) **Division II:** Guilford (6-0)

SCC Division II Playoffs

Semifinals - March 4 @Bennett Rink

#1 Guilford 4, #4 Branford 1 #3 Hand 2, #2 Cheshire 1

Championship – March 5 @ Bennett Rink

Hand 3, Guilford 1

Division I - First Team

Dan Walsh (Xavier), Jim Burt (Hamden), Corey Shea (Amity), Bryan Puffer (Fairfield Prep), Tom Worsford (Fairfield Prep), R.J. Ugolik (Hamden), J.P. Withington (West Haven)

Division I - Second Team

Mike Troiano (West Haven), Matt Merola (Notre Dame), Pat Lynch (Hamden), Kyle Leyerzapf (West Haven), Tom Brunski (East Haven), John Galiani (Fairfield Prep)

Division II - First Team

Tyler Carbone (Cheshire), John Cunningham (Cheshire), Christian Cattaruzza (Guilford), Tyler Bauer (Daniel Hand), Andrew Zona (Lyman Hall), Troy Raccuia (Guilford), Mike Berestecky (Daniel Hand)

Division II - Second Team

Luc Amatruda (Guilford), Jordan Drake (Guilford), John McLenithan (Milford), Nick Blake (Branford), Adam McKay (Lyman Hall), Nick Capozzi (Sheehan), Andy Bostic (Milford)

Dick Gagliardi Division I Team Sportsmanship Award – North

Ray Crew Division II Team Sportsmanship Award – Daniel Hand

GYMNASTICS

SCC Championship Meet - February 10 at Jonathan Law HS

Final Team Results: 1. Hand, 135.4; 2. Jonathan Law, 124.2; 3. Foran, 122.9; 4. Guilford, 68.6; 5. Hamden, 67.25; 6. Branford, 65.75.



All-Conference

Kim Megargee (Daniel Hand), Dana Colonese (Guilford), Alicia Rinaldi (Guilford), Stefani Taschner (Daniel Hand), Ashlyn Thompson (Daniel Hand), Maia Smith (Daniel Hand), Maggie Naclerio (Daniel Hand), Kendall Jerzyk (Daniel Hand), Caroline Liu (Foran), Danielle Novak (Jonathan Law), Val Coleman (Jonathan Law), Abby Shackett (Joanthan Law)

BOYS SWIMMING

Divisional Champions

Division I: Fairfield Prep (6-0) **Division II:** Shelton (7-0)

<u>SCC Championship Meet</u> - March 2 @Kiputh Pool - Yale University

Final Team Results: 1. Fairfield Prep, 1147.5; 2. Xavier, 871; 3. Amity, 812; 4. Branford, 665.5; 5. Notre Dame, 615; 6. Cheshire, 546; 7. Hamden, 442; 8. Shelton, 389; 9. Foran, 378; 10. Sheehan, 359; 11. Lyman Hall, 272; 12. Hand, 259; 13. North Haven, 247; 14. Jonathan Law, 140; 15. West Haven, 99, 16. Guilford, 16

All-Conference

200 yard Medley Relay

Fairfield Prep (Bradley Helt, Brandon Cole, Bryan Dougherty, Bjorn Davis)

Amity (Robert Rosner, Eric Holden, Alan Pite, Chris Woodington)

200 yard Freestyle

Dylan Swanpoel (Foran), Matthew Hellauer (Shelton), Jacob DiBella (Xavier)

200 vard IM

Eric Holden (Amity), Kevin Kosciuk (Xavier), Richard Denton (Daniel Hand)

50 yard Freestyle

Jared Thurston (Sheehan), Kyle Neri (Lyman Hall), Bjorn Davis (Fairfield Prep)

100 yard Butterfly

Nicholas Celestin (Notre Dame), Joshua Bjornberg (Sheehan), Brett Borgognone (Notre Dame)

100 yard Freestyle

Kyle Neri (Lyman Hal), Tyler Dieter (North Haven), Bjorn Davis (Fairfield Prep)

500 yard Freestyle

Jacob DiBella (Xavier), Matthew Hellauer (Shelton), Gregory Han (Cheshire)

200 yard Free Relay

Sheehan (Joshua Bjornberg, Michael Racine, Carl Thurston, Jared Thurston)

Xavier (Kevin Kosciuk, Will Loftus, Tom Rakowicz, Kevin Davila)

100 yard Backstroke

Nicholas Celestin (Notre Dame), Richard Enders (Foran), Bradley Helt (Fairfield Prep)

100 yard Breaststroke

Eric Holden (Amity), Kyle Lemere (Amity), Alan Pite (Amity)

400 yard Free Relay

Xavier (Kevin Kosciuk, Andrew Eigner, Jacob DiBella, Kyle Newton)

Fairfield Prep (Nicholas Wargo, Keith Dougherty, Bradley Helt, Brandan Cole)

Diving

Peter Cyr (Hamden), Connnor Makepeace (Lyman Hall), Dale McElroy (Hamden)

BOYS INDOOR TRACK

SCC Championship Meet - February 4 @New Haven Athletic Center

Final Team Results: 1. Amity, 67; 2. Hillhouse, 64; 3. Sheehan 45; 4. Hand, 41; 4. Hamden, 41; 6. Notre Dame, 36; 7. Fairfield Prep, 32; 8. Cheshire, 29; 9. Xavier, 27; 10. North Haven, 20; 11. Branford, 19; 12. Shelton, 10; 12. Wilbur Cross, 10; 14. Lyman Hall, 8; 14. Guilford, 8; 16. East Haven, 7; 17. West Haven, 1

All-Conference

Tirrell Young-Williams (Notre Dame), 55 meters Justin Doehr (Sheehan), 300 meters and 600 meters Blake Gatison (Hamden), 1000 meters

Connor Rog (Fairfield Prep), 1600 meters and 3200 meters Joel Clarke (Hillhouse), 55 meter hurdles

Notre Dame (Anthony Denos, Amihr Bess, D'Vonte Chambers, Tirrell Young-Williams), 4 x 200 Relay

Hillhouse (Andrew Bartoah, Steven Dejournett, Jalon White, Joel Clarke), 4 x 400 Relay

Xavier (Matt Pastuszak, Jonathan Annelli, Ian Albert, David Pugliese), 4 x 800 Relay

Hamden (Cedric Joyner, Shavoy Richards, Patrick Cyr, Blake Gatison), 1600 Sprint Medley

Jake Scinto (Cheshire), High Jump and Long Jump Jack Somers (Sheehan), Pole Vault

Rennick Bryan (Hillhouse), Shot Put



GIRLS INDOOR TRACK

SCC Championship Meet - February 4 @New **Haven Athletic Center**

Final Team Results: 1. Hillhouse, 106; 2. Career, 62; 3. Hand, 41; 4. Mercy, 38; 5. Hamden, 36; 6. Amity, 32; 7. Branford, 28; 8. Wilbur Cross, 27; 8. Cheshire, 27; 10. Guilford, 22; 11. Sheehan, 14; 12. North Haven, 13; 13. Shelton, 7; 14. Lyman Hall, 6; 14. East Haven, 6

All-Conference

Ashia Wright (Cheshire), 55 meters

Ashley Raymond (Career), High Jump, Long Jump

Rachael DePalma (Amity), Pole Vault

Hamden (Erin Harp, Meagan Jordan, Ashley Maxim, Mara

Lieberman) 1600 Sprint Medley

Hillhouse (Nia Ruth, Whitney Curtis, Suraya Sterling, Sydney

Curtis) 4 x 800 Relay

Hillhouse (Jayvona McDaniel, Johnesse Peterson, Sydney

Curtis, Jenna Wilborne) 4 x 400 Relay

Brianna Sims (Hillhouse), 55 meter hurdles

Hillhouse (Jayvona McDaniel, Angeline Foreman, Brianna Sims, Jenna Wilborne) 4 x 200 Relay

Kellie Davis (Hillhouse), 1000 meters, 1600 meters and 3200 meters

Paris Taft (Career), 300 meters and 600 meters Katherine Nielsen (Mercy), Shot Put

WRESTLING

Divisional Champions

Division I: Xavier (9-0) **Division II:** Cheshire (5-4)

SCC Championship Meet:

February 12 @Foran High School

Final Team Results: 1. Xavier, 186.5; 2. Hand, 176; 3. Guilford, 116.5; 4. Shelton, 102; 5. Amity, 89; 5. Jonathan Law, 89; 7. Cheshire, 48; 8. Fairfield Prep, 39; 9. Foran, 23; 10. Notre Dame, 13; 11. Branford, 6; 11. New Haven, 6; 13. East Haven, 0

Individual Results

(Winner of Championship Match is First Team All-Conference; Runner-up is Second Team)

103

Championship

Will Crisco (Hand) defeated Will Chowanec (Xavier), 3-1 Consolation

Mark Failla (Shelton) pinned Brandon Hallaway (Guilford), 0:40

112

Championship

Noah Criscuolo (Guilford) pinned Alex Kasinaskas (Xavier), 2:41

Consolation

Dan Grober (Amity) defeated Jonah Lewis (Hand), 6-2

119

Championship

Sean Kellet (Shelton) Defeated Jason Rojas (Fairfield Prep), 2-1 Consolation

Justin Elias (Hand) defeated Brad Wyzykowski (Xavier), 14-4

125

Championship

Tucker Maccregor (Hand) defeated Neil Hosking (Xavier), 7-0 Consolation

Ryan Bannon (Jonathan Law) defeated Nick Litwin (Amity), 7-2

130

Championship

Eddie Carroll (Hand) defeated Tyler Bishop (Amity), 15-5 Consolation

Brenden Butler (Xavier) defeaterd Kevin Carregal (Guilford), 5-0

135

Championship

Jake Savoca (Hand) defeated Scott Tomlinson (Cheshire), 7-5 Consolation

Brett Boissonneaul (Xavier) pinned Taylor Baker (Jonathan Law), 1:21

140

Championship

Ed Hunt (Shelton) pinned Ryan Butler (Xavier), 1:44

Consolation

Rick Garcia (Foran) pinned Andrew Rodgers (Cheshire), 1:13

145

Championship

Tyler Cunningham (Xavier) pinned Sam Grace (Jonathan Law),

Consolation

AJ Pyne (Amity) defeated Clay Callahan (Foran), 5-0

Championship

Tim Proctor (Guilford) defeated Kevin Wivell (Hand), 3-0 Consolation

Nishan Valentini (Xavier) pinned Joe Greco (Cheshire), 2:42

160

Championship

Elliot Antler (Xavier) pinned Brandon Capuano (Amity), 3:34

Henry Aery (Guilford) defeated Conor Ward (Fairfield Prep), 4-1

171

Championship

Sheldon Davis (Jonathan Law) pinned Jeff Najmowicz (Amity),



Consolation

Shane Dempsey (Fairfield Prep) defeated Scott Anderson (Hand), 7-3

189

Championship

Ray Sherwood (Guilford) defeated Ryan Daniels (Hand), 9-3 **Consolation**

Matt Henzy (Xavier) defeated Mac Thompson (Shelton), 10-2

215

Championship

Pat Gillen (Shelton) defeated Ted Kostopoulos (Jonathan Law),

Consolation

Camilio Venegas (Notre Dame) defeated Mike Milano (Guilford), 5-2

285

Championship

Joe Demichelle (Hand) pinned Mark Lisitano (Guilford), 0:51 Consolation

Zach Creeron (Xavier) pinned Daniel Iovino-Ortiz (Jonathan Law), 4:40

CHEERLEADING

SCC Competition - February 11 @East Haven HS

15-over Division: 1. North Haven, 76.5; 2. Foran, 72.5; 3. Cheshire, 67; 4. Sacred Heart Academy, 65; 5. Mercy, 57; 6. East Haven, 53.5; 7. Sheehan, 38.5; 8. Lyman Hall, 23.5

14-under Divison: 1. Hamden, 38.5

Co-Ed Division: 1. Shelton, 78; 2. Branford, 74

Novice: 1. Career, 24.5 **Spirit Award:** Shelton

All-Conference

Shannon Newell (Mercy), Alexa Marks (Mercy), Anthony Carroll (Branford), Diana Saaveedra (Branford), Emily Hogan (Hamden), Alicia Predom (Hamden), Nicholas Markus (Shelton), Briana Quintiliano (Shelton), Aleshia Ceste (Sacred Heart Academy), Staysha Silva (Sacred Heart Academy), Carissa Riccio (North Haven), Katie Carmen (North Haven), Courtney Haskell (Cheshire), Laura Byrne (Foran), Mackenzie Stowell (Foran)

SPRING

BASEBALL

Divisional Champions

Hammonasset: Foran/Hand (6-2)

Housatonic: Amity (8-0) **Oronoque:** Branford (8-0)

Quinnipiac: Notre Dame/Fairfield Prep (6-2)

SCC Playoffs

Quarterfinals – May 25

#2 Branford 2, #7 Notre Dame 1 @ Yale Field #3 Fairfield Prep 7, #6 Sheehan 5 @ Piurek Field – West Haven #5 Cheshire 4, #4 West Haven 0 @ Yale Field #1 Amity 4, #8 Foran 0 @ Quigley Stadium

Semifinals - May 26 @ Yale Field

Cheshire 6, Amity 2 Fairfield Prep 5, Branford 3

Championship - May 28 @ Yale Field

Cheshire 14, Fairfield Prep 0

All-Housatonic

Connor David (Cheshire), Dom Severino (Cheshire), Vin Siena (Amity), Nick Baviello (Amity), Mike Georgalas (Shelton), Ted Ballou (Amity), Max Slade (Cheshire), Brian Speer (Amity), E.J. Ashworth (Amity), Dan Duffy (Sheehan), Greg Leonetti (Cheshire)

All-Quinnipiac

Lou Iannotti (Xavier), Matt D'Ambrisi (Fairfield Prep), Matt Gagne (West Haven), Mike Panza (Notre Dame), Tom Lanzoni (Xavier), Matt Burns (Xavier), C.J. Donohue (Fairfield Prep), Jordan Teague (Hamden), Gary Flowers (Notre Dame), Eric Stone (West Haven), Anthony Redamonti (Fairfield Prep)

All-Oronogue

Joseph Tiroletto (Career), Vin Guglietti (East Haven), Nick Dummar (Branford), Jonathan Padilla (Career), Kevin Erbe (North Haven), Eric Yavarone (North Haven), Neftali Arroyo (Wilbur Cross), John Olszyk (Career), Jeff Stoddard (Branford), Julian Nieves (Career), Buddy Shea (Branford)

All Hammonasset

Joe Zanghi (Foran), Ryder Miconi (Guilford), Max Nowicki (Jonathan Law), Lazaro Barrios (Hillhouse), Will Diaz (Hillhouse), Scott Braren (Hand), Dave DiMarco (Hand), Kyle Hart (Guilford), Christian Malave (Foran), Ryan Manning (Foran), Shawn Cariglio (Foran)



BOYS LACROSSE

Regular-Season champion: Fairfield Prep (7-0)

SCC Playoffs

Quarterfinals - May 24 @ Higher Seeds

#1 Fairfield Prep 16, #8 Shelton 1 #4 Hand 11, #5 Xavier 8 #2 Cheshire 15, #7 Hamden 3 #3 Guilford 13, #6 Branford 5

Semifinals - May 25 @Branford HS

Cheshire 9, Guilford 4 Fairfield Prep 10, Hand 9 (ot)

Championship-May 27 @Branford HS

Fairfield Prep 11, Cheshire 1

All-Conference First Team

Attack: Matt Kycia (Xavier), Paul Alberti (Hand), Kevin Adams (Cheshire), Connor Kelly (Fairfield Prep), Nick Petrowski (Guilford)

Midfield: Matt Dupont (Cheshire), Dan Walsh (Xavier), Chad Crisco (Hand), Harrison Cotter (Fairfield Prep), Casey Dowd

(Hand), Harrison Goodkind (Branford)

Defense: Torrey Martone (Cheshire), Christian Cattaruzza (Guilford), Brandon Reid (Xavier), John Helwig (Amity), Kevin Frey (Hand)

LSM: Evan Gaudio (Cheshire) SSDM: Brandon Capuano (Amity) Goalkeeper: Teddy Kennedy (Hamden)

All-Conference Second Team

Attack: Gabe Nudel (Amity), Geoff Bruno (Xavier), Alec Pacelli (Hand), Mike Choiniere (Amity), Kevin Brown (Fairfield Prep) Midfield: Logan Yelle (Branford), Matthew Brophy (Fairfield Prep), John Cunningham (Cheshire), Billy Ring (Guilford), Blake Gatison (Hamden), Trevor Buchas (Xavier)

Defense: Ted Mockus (Branford), Dean Duffy (Fairfield Prep), Kevin Pasquale (Cheshire), Mike Rotundo (Xavier), Andrew

Hatton (Fairfield Prep)

LSM: Connor Daley (Branford) SSDM: Ed Carroll (Hand) Goalkeeper: Nick Ford (Xavier)

GIRLS LACROSSE

Regular-Season champion: Hand (7-0)

SCC Playoffs

 $Quarter finals-May\,23\ @Higher\,Seeds$

#4 Guilford 17, #5 Hamden 16 #2 Cheshire 17, #7 Sacred Heart Academy 5 #6 Amity 14, #3 Branford 13 #1 Hand 16, #8 West Haven 4

Semifinals – May 25 @ Hamden HS

Cheshire 18, Amity 5 Hand 15, Guilford 14 (ot)

Championship - May 27 @ Branford HS

Cheshire 9, Hand 8

All-Conference First Team

Dara Davis (Guilford), Hannah Morgan (Hand), Jess Sudock (Cheshire), Maria Blois (Cheshire), Kara McHugh (Hand), Amy McNeil (Amity), Leigh Rooney (Guilford), Catherine Chatillon (Hand), Lauren Oswald (Hand), Paige Pikulski (Cheshire), Julianna Molloy (Guilford), Christy Forrest (Hand), Jenna McPhail (Hamden)

All-Conference Second Team

Mary Kate McNulty (Hand), Emily Orser (Hamden), Kendra Frisbee (Branford), Alyssa Hague (Cheshire), Paige Simmons (Branford), Cassie Slowik (Sacred Heart Academy), Ellen Kebabian (Guilford), Kathleen Kalbian (Cheshire), Cheyenne Carden (Branford), Carly Floyd (Hand), Erin Sward (Hamden), Carley Elkin (Guilford), Alicia Cardalla (Amity)

GOLF

Divisional Champions

Hammonasset: Hand (8-0) Quinnipiac: Fairfield Prep (4-2-1) Housatonic: Amity (8-0)

Oronoque: East Haven/Branford (7-1)

SCC Championship - May 31 @Racebrook Country Club (par 71)

Final Team Results: 1. Shelton (317); 2. Amity (332); 3. Notre Dame (333); 4. Fairfield Prep (334); 5. Hand, 337; 6. Xavier, 338; 7. Cheshire, 342; 8. Hamden, 349; 9. East Haven, 380

Medalist: James Tate (Shelton), +5 (76)

All-Conference

Gil Lassen (Cheshire, +7, 78), Anthony Astorino (Notre Dame, +7, 78), James Tate (Shelton, +4, 76), Brett Marieb (Amity, +7, 78), Alex Marieb (Amity, +7, 78), Matt Mastronardi (Fairfield Prep, +6, 77)

BOYS VOLLEYBALL

Regular-Season champion: Cheshire (8-0)

SCC Playoffs

Semifinals - May 24/25 @ Higher Seeds

#1 Cheshire 3, #4 Amity 0 (25-10, 25-7, 30-28) #3 Daniel Hand 3, #2 Xavier 0 (25-17, 25-16, 25-18)

Championship - May 26 @ Shelton HS

Cheshire 3, Hand 0 (25-13, 25-15, 25-11)



All-Conference First Team

Nate Howard (Cheshire), Sean Nelson (Xavier), Joe Bahgat (Cheshire), Ryan Cuppernull (Cheshire), Greg Woods (Xavier), Chase Brinton (Amity), Ray Brumleve (Cheshire)

All-Conference Second Team

KC Philcox (Cheshire), Mike Michalek (Shelton), Mat Lasance (Hand), Christian Peliccio (Hand), Eliott Demelier (Amity), Kurt Johnson (Xavier), Michael Zini (Shelton), Josh Hettrick (Hand)

SOFTBALL

Divisional Champions

Hammonasset: Foran (8-0)

Housatonic: Cheshire/Amity/Sheehan (5-3) **Oronoque:** East Haven/North Haven (6-2)

Quinnipiac: West Haven (6-0)

SCC Playoffs

Quarterfinals - May 26 @Higher Seeds

#1 Foran 3, #8 North Haven 1 #4 West Haven 4, #5 Cheshire 2

#2 Sheehan 2, #7 Sacred Heart Academy 1

#6 Mercy 8, #3 Amity 3

Semifinals - May 28 @Biondi Field - West Haven HS

Mercy 5, Sheehan 2 West Haven 3, Foran 0

Championship - May 29 @ West Haven HS

Mercy 1, West Haven 0

All Quinnipiac

Camdyn Morgillo (West Haven), Joanna Fekieta (West Haven), Cindy Johnson (West Haven), Shannon Connor (West Haven), Haylle Reidy (Mercy), Kelly Murphy (Mercy), Victoria Vickerman (Mercy), Katie Winkle (Sacred Heart Academy), Maegan Rodriguez (Sacred Heart Academy), Colleen Murphy (Hamden), Zoe Fanolis (Hamden)

All-Oronogue

Miranda Baldassare (East Haven), Brianna Spadacenta (East Haven), Amanda Jessey (East Haven), Carlee Brigante (East Haven), Bria Moore (Career), Isabel Lopez (Career), Amanda Rizzo (North Haven), Amanda Genovese (North Haven), Brianna Melillo (North Haven), Jessica Banier (Branford), Jenna Limone (Branford)

All-Housatonic

Brittany Lampert (Shelton), Anna Marcucilli (Cheshire), Ali Giannone (Cheshire), Caroline Kushner (Cheshire), Sarah Murray (Sheehan), Dani Thuerling (Sheehan), Casey Gavin (Sheehan), Catherine Semones (Amity), Dana Blydenburg (Amity), Jacqui Ferraiolo (Amity), Lauren Zambrano (Lyman Hall)

All Hammonasset

Taylor Harkness (Foran), Leah Torre (Guilford), Rachel Booth (Foran), Sage Esposito (Foran), Brooke Phelan (Foran), Katelyn Wall (Hand), Tory Brinkley (Guilford), Melissa Nelson (Jonathan Law), Brittney Maio (Guilford), Tori Miniero (Hand), Lia Tosiello (Hand)

BOYS OUTDOOR TRACK & FIELD

SCC Championships - May 25 @Sheehan HS

Final Team Results: 1. Hand, 99; 2. Hillhouse, 95; 3. Amity, 80; 4. Cheshire, 74; 5. Notre Dame, 48; 6. Sheehan, 41; 7. Xavier, 39; 8. Fairfield Prep, 33; 9, Shelton, 32.50; 10. Branford, 28; 11. North Haven, 25; 12. Hamden, 22; 13. East Haven, 21; 14. Wilbur Cross, 18; 15. Career, 11; 16. Lyman Hall, 10; 17. West Haven, 9.5; 18. Jonathan Law, 8; 19. Guilford, 6

All-Conference

Deangelo Berry (Xavier), 100 meters Brydell Jones (Wilbur Cross), 200 meters Justin Doehr (Sheehan), 400 meters Brendon Fish (Hand), 800 meters Andrew Haff (Hand), 1600 meters Connor Rog (Fairfield Prep), 3200 meters Joel Clarke (Hillhouse), 110 and 300 meter hurdles Notre Dame (Phil Bentley, D'Vonte Chambers, Amihr Bess, Tirrell Young-Williams), 4 x 100 relay Hand (Ben Citrin, Zach Gardner, Nik Ackerman, Brendon Fish), 4 x 400 relay Hand (Peter Clarke, John Clarke, Zach Gardner, Brendon Fish), 4 x 800 relay Jake Scinto (Cheshire), high jump, long jump, triple jump Alex Case (Branford), pole vault

Charles Dunn (Amity), shot put

Taylor Tambis (Amity), discus

Thomas Sledge (Notre Dame), javelin

GIRLS OUTDOOR TRACK & FIELD

SCC Championships - May 25 @Sheehan HS

Final Team Results: 1. Hillhouse, 118.50; 2. Hand, 100.83; 3. Amity, 73.33; 4. Guilford, 62.50; 5. Mercy, 45.50; 6. Shelton, 40; 7. Hamden, 38; 8. Cheshire, 34; 9. Lyman Hall, 30; 10. Sheehan, 29; 11. North Haven, 28; 12. Career, 26; 13. Branford, 23.33; 14. Wilbur Cross, 20; 15. East Haven, 15.50; 16. Foran, 8.5; 17. Jonathan Law, 7; 18. West Haven, 2



All-Conference

Precious Holmes (Hillhouse), 100, 200 and 400 meters

Kellie Davis (Hillhouse), 800 and 3200 meters

Sarah Cotton (Hand), 1600 meters

Brianna Sims (Hillhouse), 100 meter hurdles

Jenna Wilborne (Hillhouse), 300 meter hurdles

Mercy (Jenn Lyn Geyson, Kathryn Malcom, Hannah Woods,

Liz Saia), 4 x 100 relay

Hillhouse (Jayvona McDaniels, Brianna Sims, Sydney Curtis,

Angeline Foreman), 4 x 400 relay

Guilford (Kathleen Ferrall, Amanda Levy, Courtney Miller, Emily

Taylor), 4 x 800 relay

Ronea Saunders (Lyman Hall), high jump

Rachael DePalma (Amity), pole vault

Alexa Eldracher (Amity), triple jump

Tara Lee (Sheehan), shot put

Jessica Hartmayer (Shelton), discus

Elizabeth Christensen (Guilford), javelin

GIRLS TENNIS

Divisional Champions

Division I: Amity (7-0) **Division II:** Foran (8-0)

SCC Playoffs

Quarterfinals - May 25 @Higher Seeds

#1 Amity 5, #8 Cheshire 2

#4 Shelton 6, #5 Foran 1

#3 North Haven 6, #6 Sheehan 1

#2 Hand 6, #7 Guilford 1

Semifinals - May 26 @ Yale University

Amity 7, Shelton 0

Hand 6, North Haven 1

Championship - May 27 @ Branford HS

Amity 4, Hand 3

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All-Conference - Division I

Singles: Taylor Fay (Hand), Jessica Seidman (Amity), Alyssa Migliorini (North Haven), Dominique Gumbs (Shelton), Dina Weick (Amity), Emily Carroll (North Haven)

Doubles: Alisha Roopchard/Bayla Weick (Amity), Alyssa Carafano/Alex Hirt (Cheshire), Meg Goodrich/Kelly Sobolewski (Guilford)

All-Conference - Division II

Singles: Caleigh Curran (Sacred Heart Academy), Sarah Baker (Hamden), Amber Kountz (Hamden), Ebba Rundquist (Hamden), Maggie Shumann (Mercy), Katie Mikulski (East Haven)

Doubles: Becca Raucci/Jamie Kader (Foran), Sarah O'Donaghue/Amariah Lem (East Haven), Martha Jacobs/ Brianna Biba (West Haven)

BOYS TENNIS

Divisional Champions

Division I: Hand (8-0) **Division II:** Sheehan (9-0)

SCC Playoffs

Quarterfinals - May 25 @Higher Seeds

#1 Hand 7, #8 North Haven 0 #4 Fairfield Prep 6, #5 Branford 1 #2 Amity 6, #7 Sheehan 1 #3 Cheshire 7, #6 Guilford 0

Semifinals - May 26 @ Yale University

Fairfield Prep 4, Hand 3 Amity 4, Cheshire 3

Championship - May 27 @ Yale University

Amity 4, Fairfield Prep 2

All-Conference - Division I

Singles: Andrew Ginsberg (Amity), Scott Rubinstein (Hand), Teal Howard (Hamden), Dan Grove (Cheshire), Eddie Hochman (Amity), Wes Craft (Fairfield Prep)

Doubles: Nate Trumbo/Casey Barry (Cheshire), Gaurav Bhat (Amity), Chris Kinney (Fairfield Prep), Patrick Monico/Drew Gordon (Hand)

All-Conference - Division II

Singles: Bradley Orban (Foran), Evan Gladney (Sheehan), Chris Ettore (Jonathan Law), Keno Rivera (Shelton), Charlie Hoyt (North Haven), Ed Orzanne (West Haven)

Doubles: Wesley Krombel (Lyman Hall), Jared Thurston (Sheehan), Istavan Kanyo/Sam Dzialo (North Haven), Rob Seng Seng Gomez/Kevin Thompson (Sheehan)

