SOUTHERN CONNECTICUT CONFERENCE



2006-07 YEAR IN REVIEW

www.SouthernConnecticutConference.org

SOUTHERN CONNECTICUT CONFERENCE



2006-07 YEAR-IN-REVIEW

13th Year

Established in 1994, the SCC concluded its 13th year in 2006-07... One of the top - if not the best - leagues in the state of Connecticut, the athletic success of our member schools has been well-documented and bolstered by the 252 state championships won since the league's formation... More importantly, the league has a great tradition of offering first-rate non-athletic programs and events which seek to enrich our students' overall high school experience and make them responsible citizens.

2006-07 Executive Board

President: Rosemary Duthie, Principal - Mark T. Sheehan HS Vice-President: Judith Gallagher, Principal - Cheshire HS Secretary: Jeanne Cooper, Athletic Director - Hamden HS Treasurer: Robert Harris, Athletic Director - Fairfield Preparatory School Athletic Director Chairperson: Betsy Gilmartin, Athletic Director, Mercy HS Commissioner: Al Carbone Commissioner Emeritus: Bill O'Brien

Special Thanks to our Corporate Sponsors

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community... The SCC had several sponsors for the 2006-07 academic year, including the NewAlliance Foundation, The United Illuminating Company, New Haven Register, Boathouse Sports, and the International Union of Operating Engineers – Local 478. *Their support is much appreciated*!



5th Annual SCC Student Leadership Conference A Success!

The 5th Annual SCC "Student Leadership Conference" was held on Monday, November 20 at Quinnipiac University... The theme of the 2006 conference was "**Student Leadership - One Voice for All**"... Over 190 student-leaders participated and "led" the conference, which was reflected in the post-event evaluations... Using ranking of 1 to 5 (with 5 being the best score), the student-leaders ranked the statement "Will bring something you learned bask to your school" with a 4.02. and the statement "Rating of the conference overall" with a 4.21... The goal of the "SCC Student Leadership Conference" is to impart of a sense of obligation and commitment upon the students to continue and enhance their roles as leaders and use these roles to better their surrounding environments.

Amity • Branford • Career • Cheshire • Daniel Hand • Derby • East Haven • Fairfield Prep • Foran • Guilford • Hamden • Hillhouse, Jonathan Law • Lyman Hall • Mercy • North Haven • Notre Dame-WH • Sacred Heart Academy • Sheehan • Shelton • West Haven • Wilbur Cross • Xavier

SCC Year in Review - cont.

5th Annual SCC Arts Exhibition

The fifth annual SCC Student Arts Exhibition was held the week of March 5-10 at the Creative Arts Workshop on Audubon Street in New Haven... A grand opening of the show with refreshments took place on Monday, March 5... The exhibition featured over 65 selections of outstanding student-originated visual arts in a variety of media... Prizes were awarded by a jury of professional artists and arts administrators coordinated through CAW Executive Director Susan Smith... For the fourth straight year, the **Specialized Packaging Group, Inc.** *(www.spgroupinc.com)* was the event sponsor.

2007 SCC Arts Exhibition Winners

1st Prize: Jonathan Eckels, Xavier (pen and ink drawing) 2nd Prize: Ashley Velazquez, Wilbur Cross (color pencil drawing) 3rd Prize: Mackenzie Pikaart, Mercy (ceramic) 4th Prize: Kelly Flood, Cheshire (drain pastel) 5th Prize: Nicholas Balzano, North Haven (acrylic)

Honorable Mention: Aaron Ruposo, Branford (photo); Ayrenna Marietta, Sheehan (ceramic); Michelle Garcia, West Haven (charcoal drawing); Juan Galan, Career (sugar photo); Mariah Azoti, Amity (photo)

13th Annual SCC Scholar Leader Banquet

The 13th Annual Scholar Leader Banquet was held on March 26 at Anthony's Ocean View in New Haven... Forty-six students representing the 23 SCC member schools were recognized for their outstanding scholarship and leadership in their respective school communities... In addition, Elizabeth Americo (Guilford) and Robert Inahuazo (Wilbur Cross) were recognized as the first recipients of the "Bill O'Brien Community Service Scholarship"... Elizabeth and Robert, who each received \$500, were chosen by a committee composed of the league's corporate sponsors... Criteria included having a healthy balance of school and community activities that are value-added and embody the "spirit and passion" of Bill O'Brien, the league's Commissioner Emeritus.

2006-07 SCC Scholar Leader Recipients

Amity - Jessica Bell, George Yorgakaros Branford - Jaclyn Milici, Austin Dadio Career - Daniel Boyd, Loribeth Rodriguez Cheshire - Jamie Sarfeh, James Zhang Wilbur Cross - Robert Inahuazo, Laura Visochek Derby - Andrew Bisaccia, Kristen Smith East Haven - Meghan Ames, Nicholas Child Fairfield Prep - John Cunningham, Michael Romano Foran - Kiley Phelan, Christopher Bacchiocchi Guilford - Elizabeth Americo, Casey Smith Hamden - Laura Winnick, Alex Velazquez Hand - Shirin Karimi, Christopher Frink Hillhouse - Terrell Wilks, Patricia Bellamy Jonathan Law - Ryan Hayden, Erica Reinholz Lyman Hall - Brian Marquis, Alison Flynn Mercy - Ashley Driscoll, Joan Stupik North Haven - Alyssa Pandolfi, Nicholas R. Bujalski Notre Dame- Mario Massimino, John Giammatteo Sacred Heart Academy - Kasey Mitchell, Nicole Perrelli Sheehan - Alyssa Carboni, Kerri Wolf Shelton - Theandra Sokolowski, Alexander Harris West Haven - Robert Aceto, Jill Collins Xavier - Matthew Cartoceti, Thomas Lynch

SCC Diversity "Dream Teams" - Breaking Barriers, Building Bridges

Under the direction of Branford assistant principal Dave Maloney and in partnership with the Anti-Defamation League, the SCC Diversity Dream Teams - Breaking Barriers, Building Bridges – had another successful year... The program held its final session of the 2006-07 academic year on May 15 at the Jewish Community Center in Woodbridge... Over 125 students representing the 23 member schools participated in the year-long program and helped produce the 2006-07 Annual Report - a thoughtful and compelling compilation of our schools' and students' works.

SCC Captains Council Luncheons

The SCC Captains Council luncheons are held three times a year, bringing together the captains before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship.

Guest Speakers for 2006-07

Fall – Bob Trupin, former collegiate student-athlete and coach; noted sports pyschologistWinter – Maria Conlon, former captain of the three-time national champion University of Connecticut women's basketball programSpring – Eric Fekete, head men's lacrosse coach, Quinnipiac University

SCC Year in Review - cont.

Give Them A Hand!

Daniel Hand HS Captures Michaels Achievement Cup

Daniel Hand was named the state's overall winner of the 2006-07 Michaels Achievement Cup... Since 1985, the Michaels Achievement Cup has been the standard of excellence for high school sports programs in Connecticut... **It is the first time a SCC member school has earned the prestigious honor**... The Michaels Cup program honors outstanding high school athletic programs in Connecticut through an objective formula based on achievement (wins and losses); student participation in athletics; demonstrable programs in the areas of academic support, sportsmanship and substance abuse; plus athletic training, participation in non-CIAC sports (such as crew, skiing, fencing, bowling, girls' ice hockey and the like) and participation in Unified Sports... Schools are grouped by combined male and female enrollment in the upper three grades (although freshman participants are counted in that category)... The pool is divided into six equal segments ranging from Class LL to Class S.

State Championships

It was another successful year as SCC member-schools fared extremely well in league and state-wide competition... All told, SCC teams captured 13 state championships (4 fall, 6 winter, 3 spring) during the 2006-07 academic year... Fifteen additional teams (7 fall, 6 winter, 2 spring) earned runner-up status in CIAC state competition... Since the league's inception in 1994, SCC schools have won 252 state championships. **Prep Wins "3"** Fairfield Prep won a league-best three state championships in 2006-07... Three other schools (Amity, Hillhouse and Branford) each won two.

See page 7 for complete list

Did You Know?

In the 13 years of the SCC, Cheshire has won the most state titles of any member school (47) followed by Hillhouse (36), Amity (25) and Fairfield Prep (19).

The Best of the Best!

You can make a very good argument for the overall strength of the SCC when you look at the final state rankings of pretty much every sport... However, to have the "best team" is even more impressive...

The "House" is Back-to-Back!

For the second straight year, SCC and Class LL champion Hillhouse (27-1) was the *consensus* choice as the top boys' basketball team in the state... Behind All-Staters Mike Moore and Kwamaine McCarter, the Academics defeated East Catholic, 55-39, in the Class LL title game before 6,114 fans at UConn's Gampel Pavilion on March 17.

Fairfield Prep Dominates the Ice!

Fairfield Prep finished as the top ice hockey team in the final state polls... The Jesuits(19-3-1), who won the 2007 SCC Division I regularseason championship, captured the Division I state title with an exciting 3-2 overtime win over Notre Dame-Fairfield at Ingalls Rink... Fairfield Prep finished the season 19-3-1.

Another Spartan Effort!

For the second straight season, Amity (26-1) was the consensus choice as the top baseball team in the state... Class L state champion Guilford (21-4), which handed Amity its only defeat of the season in the SCC championship game on May 26, finished second in the polls... Fairfield Prep (13-10), which reached the Class LL quarterfinal round, also received votes.

2006 SCC Football Notables

Division Parity - Since going to a four-divisional format in football, the SCC has crowned 12 different divisional champions... In 2006, four teams (Fairfield Prep, Shelton, Cheshire, and North Haven) won or shared titles for the first time... North Haven (4-0) was the first Division II East team to go undefeated in division play.

Four Playoff Teams - Four SCC teams (Fairfield Prep and Shelton, Class LL; West Haven, Class L; and Hillhouse, Class M) earned berth in the 2006 CIAC Football Playoffs... The SCC tied the Eastern Connecticut Conference (ECC) for the most playoff teams in the state.

Final Rankings - Two schools - Hillhouse and West Haven - were ranked in the top ten in all three final state football polls (*New H Haven Register, Hartford Courant* and *New London Day*)...

No 50-Point Games - For the second straight season, the SCC did not experience any games decided by 50-point margins... Out of 106 contests involving SCC teams in 2006, there were zero games decided by 50+ points, seven by 40+ points, and 13 by 30+ points.

SCC Year in Review - cont.

Basketball Tournaments Will Expand

Starting in 2007-08, the SCC boys and girls basketball tournaments will expand to include the four divisional winners plus any team that qualifies for the CIAC state tournament (8 victories) up to a maximum of 16 teams... Since the league's inception in 1994-95, eight teams qualified for the league playoffs... After 10 seasons of having three divisions, the league added two Milford schools (Foran and Jonathan Law) and went to a four-divisional format in 2004... There are 21 boys' teams and 20 girls' teams competing in the sport of basketball... Wilbur Cross (5 titles) and Xavier (4) have won the most SCC boys' tournament titles, while Guilford and Hillhouse each have won a league-best four girls playoff titles.

A Positive Change...

"Expanding the field parallels the recent growth of the conference," SCC Commissioner Al Carbone commented. "The coaches were unanimously in favor of it, and it gives our teams another realistic goal to shoot for. And with potentially more teams involved, it will give an already successful event a little more excitement"

Good Sportsmanship

Milford earned the "Ray Crew Sportsmanship Award," which is given to the Division II ice hockey team in honor of the former Sheehan ice hockey coach... Xavier captured the "Dick Gagliardi Sportsmanship Award," which is given to the Division I team in honor of the former Hamden coach and SCC ice hockey chairperson.

2007 SCC Cheerleading Competition Results

<u>15-under division</u> Champion- SHELTON (94.5 pts) 1strunner-up - FORAN (89.5) 2nd runner-up - DERBY (83) Others: North Haven (71.5), Cheshire (71), West Haven (70), East Haven (66), Jonathan Law (64), Sheehan (63) and Sacred Heart Academy (60.5) <u>14-under Division</u> Champion - HAMDEN (83 pts) 1strunner-up - AMITY (68) <u>Co-ed Division Champion</u> - Branford (75 pts)

Spirit Award: CHESHIRE

Three Cheers for the Cheerleading Competition!!!

The SCC hosted another successful Cheerleading Competition on Saturday, February 3, at Shelton High School... Fourteen SCC schools participated in the competition in three different categories – 14-under squad size, 15-over squad size, and co-ed... "Once again it was a great event," SCC Commissioner Al Carbone said. "From the enthusiastic participation of the league's coaches to organize the event to the effective hosting of the event by the Shelton Cheer Parents Group, this competition has quickly become a 'marquee' league event not only for our participants but also for our fans".... Special thanks to **Bird's Eye Sports** (www.birdseyesports.com) for its sponsorship of the event.

Hillhouse's Barbarito and Carolina Share New Haven Register's 2006 Sports Person(s) of the Year

Hillhouse athletic director and football coach Eric Barbarito and boys basketball coach Kermit Carolina, who led their respective teams to state

championships in 2006, shared the New Haven Register's "Sports Person of the Year" award.

SCC Trio Earn Gatorade State Honors

Three SCC student-athletes - Amity junior softball pitcher **Lauren Bespuda** and Hillhouse senior track & field athletes **Terrell Wilks** and **Shaniqua Burgess -** were named the 2007 Gatorade High School Connecticut Players of the Year in their respective sports... Winners are selected not only for their outstanding athletic performance, but also for meeting high academic achievement standards while demonstrating exemplary personal character on and off the field.

Wilks and Yanagisawa Named *New Haven Register* 2006-07 Athletes of the Year

Three-sport standouts Terrell Wilks (Hillhouse) and Katie Yanagisawa (Amity) were honored by the *New Haven Register* sports staff as the 2006-07 Athletes of the Year... Terrell and Katie were recognized at a banquet on June 26 at Amarante's Sea Cliff in New Haven... Terrell and Katie represent the 13th and 14th SCC student-athletes who have been recognized with this prestigious honor.

New Haven Register Athletes of the Year

Since 1994-95, the *New Haven Register* has recognized two student-athletes as its Male and Female Athlete of the Year. In those 13 years, 14 SCC student-athletes have been honored.

1994-95 – Diane Potkay (Derby) 1996-97 – Mike O'Keefe (Notre Dame) 1998-99 – Nicholette Chambers (Hillhouse); Adam Greenberg (Guilford) 2000-01 – Jenn Piazza (Lyman Hall); Glenn McFadden (Hillhouse) 2002-03 – Melissa McGow (Branford) 2003-04 – Brittany Carfora (Branford); Mike Tamsin (Branford) 2004-05 – Natasha Harvey (Career); Craig Kenney (Branford) 2005-06 – Kristen Frost (Hand) 2006-07 – Katie Yanagisawa (Amity); Terrell Wilks (Hillhouse)

SCC/SportsCenter of Connecticut "Scholar Athlete of the Month" Program

The SCC/SportsCenter of Connecticut Scholar Athlete of the Month program recognized a total of 133 outstanding young men and women during the 2006-07 academic year... Recipients were selected by their school's athletic directors and coaching staffs, and received a certificate, commemorative tee-shirt and a SportsCenter activity pass...

"Many thanks to the SportsCenter of Connecticut for their keen interest in recognizing some exceptional scholar-athletes who truly embodied the best of the words – student and athlete," SCC Commissioner Al Carbone said... For complete bios of each recipient, go to www.southernconnecticutconference.org



<u>SEPTEMBER 2006</u>: Kayla Naposki (Foran), Adam Zona (Foran), Christina Dias (Shelton), Timothy Pleines (Shelton), Ashley Driscoll, Amanda Varricchio (Mercy), Kate Yanagisawa (Amity), Daniel Rothberg (Amity), Anthony Amaya (Career), Deandra Sheppard-Myers (Career), Jaclyn Milici (Branford), Michael D'Amico (Branford), Megan Hochstrasser (Hamden), Matt Marcus (Hamden)

OCTOBER 2006: Justin Sagnella (Guilford), Laura Cantley (Guilford), Laura Carroll (Sacred Heart Academy), Emily Bucciferro (Sacred Heart Academy), Kelly Flood (Cheshire), Matthew Labonia (Cheshire), Marvin Batts (Hillhouse), Patricia Bellamy (Hillhouse), Michelle Meoli (East Haven), Nicholas Child (East Haven), Matt Cartoceti (Xavier), Joshua Lesse (Xavier), James Cersonsky (Notre Dame), Nicola D'Amato (Notre Dame), Sonia Gogliettino (Sheehan), Kevin Whalen (Sheehan)

NOVEMBER 2006: Michael Bagnoli (Hand), Brittany Jackson (Hand), Kailee Hyde (Derby), Thomas Izzo (Derby), Brian Wooley (Fairfield Prep), Kevin Lincoln (Fairfield Prep), Marc Gosselin (Jonathan Law), Cori Hannon (Jonathan Law), Ismail Orabi (Lyman Hall), Megan Ramsey (Lyman Hall), Matt Capozziello (North Haven), Rachel Hurwitz (North Haven), Orlando DeLarosa (Wilbur Cross), Laura Visochek (Wilbur Cross), Kristen Anderson (West Haven), Michael Bova (West Haven)

DECEMBER 2006: Wendy Liu (Amity), Elliott Morgan (Amity), Trip Fernandes (Branford), Jenn Platt (Branford), Adham Conaway (Career), Melissa Rosemond (Career), Michael Garcia (Foran), Dina Savoca (Foran), Megan Harpe (Hamden), Michael Zilm (Hamden), Haley Goodwill (Mercy), Kathryn Szwaja (Mercy), Melissa Argraves (Shelton), John Kapinski (Shelton)

JANUARY 2007: Taryn Belowsky (Cheshire), David Havlicek (Cheshire), Ashley Martone (East Haven), Louis Paolillo (East Haven), Bryce Brown (Guilford), Jaclyn Daigneault (Guilford), Michael Moore (Hillhouse), Shannon Brackeen (Hillhouse), Anna Kozlowski (Sacred Heart Academy), Ilaria Schiano (Sacred Heart Academy), Michael Goodrich (Sheehan), Jamie Losi (Sheehan), Keith Hosking (Xavier), Darren Taillie (Xavier), Michael Roth (Notre Dame), Kevin Smith (Notre Dame)

FEBRUARY 2007: Pamela Holt (Derby), Stacey Stobierski (Derby), Rachel Hogue (Hand), Ethan Bates (Hand), Lori Pagliano (Jonathan Law), Brian Roach (Jonathan Law), Jeff Baker (Lyman Hall), Karen Grunwald (Lyman Hall), Lauren Bendel (North Haven), Aaron Melendez (North Haven), Megan McGorry (West Haven), Joe Innamorato (West Haven), Tyrell Brock (Wilbur Cross), Ashley Velazquez (Wilbur Cross)

MARCH 2007: Paul Gamble (Amity), Marissa Iassogna (Amity), Austin Dadio (Branford), Danielle Velardi (Branford), Joon Hung Lee (Career), Joon Yeob Lee (Career), Peter Costello (Foran), Kiley Phelan (Foran), Erin Fox (Hamden), James Sasso (Hamden), Stephanie Paine (Mercy), Victoria Satagaj (Mercy), Alysha Bullock (Shelton), Paden Livingston (Shelton)

APRIL 2007: Benjamin Toucey (Cheshire), Kathleen Brenneman (Cheshire), Jessica Kuen (East Haven), David Chick (East Haven), Amanda Shaw (Guilford), Brett Pantera (Guilford), Terrell Wilks (Hillhouse), Judy James (Hillhouse), Alison Flynn (Lyman Hall), Justin Keogh (Lyman Hall), Ronald Criscuolo (Notre Dame-West Haven, Nicholas Cote (Notre Dame-West Haven), Gillian Allsup (Sacred Heart Academy), Melissa Desole (Sacred Heart Academy), Tim Dise (Sheehan), Amanda Szeligowski (Sheehan), Marco Canetta (Xavier), Chris Darren (Xavier)

<u>MAY 2007:</u> Kerry Flinn (Derby), Christine Smey (Derby), Erik Bergers (Hand), Izzy Santone (Hand), Samantha Hathaway (Jonathan Law), Ryan Hayden (Jonathan Law), Max Leiserson (North Haven), Amanda Sihabout (North Haven), Mandy Hutchinson (West Haven), Frank Morrone (West Haven), Robert Inahuazo (Wilbur Cross)

- www.sportscenterofct.com -

2006-07 Recap: 13 State Championships

SCC teams captured three state championships in the spring season to bring the final total to 13 for the 2006-07 academic year... Since the league's inception in 1994, SCC schools have now won 252 state championships... Two additional teams earned runner-up status in CIAC state competition during the spring campaign to bring the final 2006-07 total to 15.

2006-07 State Champions

<u>Fall (4)</u>

Girls Cross Country	MM	Guilford	
Girls Soccer	LL	Amity (co-champs)	
Girls Swimming	L	Branford	
Football	Μ	Hillhouse	
<u>Winter (6)</u>			
Boys Basketball	LL	Hillhouse	
Boys Swimming	L	Fairfield Prep	
Gymnastics	Μ	Hand	
Ice Hockey	I	Fairfield Prep	
Cheerleading	LL	Shelton (co-champs)	
Cheerleading	L	Foran	
Spring (3)			
Baseball	LL	Amity	
Baseball	L	Guilford	
Boys Lacrosse	L	Fairfield Prep	

2006-07 State Runner-Ups

<u>Fall (7)</u>

Boys Cross Country	Μ	Guilford
Field Hockey	Μ	Hand
Girls Soccer	L	Hand
Girls Swimming	Open	Cheshire
Girls Swimming	LL	Cheshire
Girls Volleyball	LL	Shelton
Girls Volleyball	Μ	Jonathan Law
<u>Winter (6)</u>		
Girls Basketball	Μ	Career
Ice Hockey	I	East Haven
Boys Swimming	Open	Fairfield Prep
Boys Swimming	L	Xavier
Gymnastics	S	Jonathan Law
Girls Indoor Track	LL	Amity
Girls Indoor Track	L	Hillhouse
<u>Spring (2)</u>		
Boys Lacrosse	Μ	Branford
Boys Tennis	LL	Amity

Year-by-Year SCC State Championships

In 2006-07, SCC member schools totaled 13 state championships... Fairfield Prep won the most titles (3: ice hockey, boys swimming and boys lacrosse)... Amity, Hillhouse and Branford each won two.

Did You Know?

The record for the most championships in a single year is 26, set in 1996-97. The record for the most championships won by an individual school in a year is 7, Cheshire (1996-97).

Year	<u>Fall</u>	<u>Winter</u>	Spring	Total
1994-95	5	6	3	14
1995-96	7	3	8	18
1996-97	9	8	9	26
1997-98	9	8	6	23
1998-99	5	7	5	17
1999-00	4	9	5	18
2000-01	6	6	6	18
2001-02	5	8	9	22
2002-03	6	6	9	21
2003-04	9	8	4	21
2004-05	9	7	5	21
2005-06	8	8	4	20
<u>2006-07</u>	<u>4</u>	<u>6</u>	<u>3</u>	<u>13</u>
TOTALS	86	90	76	252

FALL

GIRLS VOLLEYBALL

Divisional Champions

Hammonasset: Law (8-0) Housatonic: Shelton (7-1) Oronoque: East Haven (8-0) Quinnipiac: Mercy (6-0)

SCC Playoffs

Quarterfinals - October 30 @Higher Seed

#1 Law defeated #8 Mercy, 3-0 (25-9, 25-10, 25-21) #4 Shelton defeated #5 Hillhouse, 3-0 (25-12, 25-19, 25-10)

#3 Amity defeated #6 East Haven, 3-1 (23-25, 25-20, 25-20, 25-20, 25-21)

#2 Cheshire defeated #7 Branford, 3-2 (18-25, 22-25, 25-14, 25-10, 25-4)

Semifinals - November 1 @Higher Seed

Law defeated Shelton, 3-1 (21-25, 25-22, 25-23, 25-19) Cheshire defeated Amity, 3-2 (25-19, 25-15, 22-25, 20-25, 15-13)

Championship- November 4 @North Haven HS

Law defeated Cheshire, 3-0 (25-19, 25-18, 26-24)

All-Oronoque

Ify Umvego (Wilbur Cross), Senior, Middle Hitter; Rachel Willis (Branford), Senior, Middle Hitter; Rebecca Schatzlein (North Haven), Junior, Middle Hitter; Natalie Crosby (East Haven), Senior, Outside Hitter; Ashley Martone (East Haven), Senior, Setter; Ashley Harkins (East Haven), Junior, Middle Hitter; Jessica Meinsen (Branford), Senior, Outside Hitter

All-Quinnipiac

Tory Satagaj (Mercy), Senior, OH/MH; Stephanie Paine (Mercy), Senior, Setter; Melissa Teel (Hamden), Senior, Middle Hitter; Heather Havill (Sacred Heart Academy), Senior, Setter; Emily Bucciferro (Sacred Heart Academy), Senior, Middle Hitter; Kristen Anderson (West Haven), Senior, Setter/OH; Mandy Huthinson (West Haven), Junior, Middle Hitter

All-Hammonasset

Jaci Daigneault (Guilford), Senior, Outside Hitter; Samantha Hathaway (Law), Senior, Setter; Kelli Reynolds (Law), Senior, Middle Hitter; Cori Hannon (Law), Senior, Outside Hitter; Alex Dowdy (Hillhouse), Senior, Setter; Kathryn Bucciarelli (Foran), Senior, Setter; Melissa DeLombaert (Hand), Senior, Middle Hitter

All-Housatonic

Amber Boraski (Lyman Hall), Junior, Middle Hitter; Cady Rich (Shelton), Senior, Middle Hitter; Fotini Xenidis (Shelton), Senior, Outside Hitter; Nina Sullivan (Cheshire), Senior, Middle Hitter; Nicole Adams (Cheshire), Senior, Libero; Janice Ehorn (Amity), Junior, Middle Hitter; Eleni Koutroumanis (Amity), Senior, Setter



Divisional Champions

Hammonasset: Guilford (4-1-1) Housatonic: Cheshire (8-0) Oronoque: Branford (8-1-1) Quinnipiac: Xavier (6-2)

SCC Playoffs

Semifinals - October 30 @East Haven HS

#1 Cheshire defeated #4 Guilford, 1-1 (6-5 penalty kicks) #3 Xavier defeated Branford, 1-0

Championship - November 1 @East Haven HS Cheshire 0, Xavier 0 - teams share SCC title

All-Hammonasset

Curtis Giullette (Guilford); Daniel Ratzenberger (Foran); Ethan Bates (Hand); Chris Quetent (Law); Aaron Steinberg (Guilford); Brian Delanese (Foran); Ryan Brockett (Guilford); Josh Gregory (Hand); Kevin Shirley (Hand); Matt Jurczyk (Law); Dave Sasso (Foran); Brett Roeder (Law)

All-Housatonic

D.J. Pereira (Cheshire); Mario Millilli (Shelton); Giancarlo Massaro (Amity); Zane Brandt (Cheshire); Jon Goncalves (Cheshire); Eddie Didonato (Cheshire); Johnny Sartori (Sheehan); Quinn Nevins (Cheshire); Tyler Gionotti (Lyman Hall); Bryan Bardin (Shelton); Rich Haigh (Amity); J.J. Comeau (Sheehan)

All-Oronoque

Orlando Delarosa (Wilbur Cross); Billy Alessi (Branford); Jeff Lazzara (North Haven); Evan Hoeflich (Branford); Luchy Dadario (East Haven); Bruno DeSilva (Derby); Jean-Carlos Rafael (Wilbur Cross); Tom Hewitt (Branford); Victor Lopez (North Haven); Matt Siperas (North Haven); B.J. Herrera (Derby); Dean Chen (Wilbur Cross)

All-Quinnipiac

Conor Murphy (Xavier); Steven Day (Notre Dame); Will Brooks (Fairfield Prep); Joe Danso (West Haven); Matan Bik (Hamden); Nick Kelly (Xavier); Andres Cordido (Notre Dame); Joe Rahtelli (Fairfield Prep); Eric Basquez (Xavier); Dan Pogoda (Fairfield Prep); Alphonse Buchitti (Notre Dame); Wade Dixon (Notre Dame)

GIRLS SOCCER

Divisional Champions

Hammonasset: Hand (5-1) Housatonic: Amity (8-0) Oronoque: North Haven (7-1) Quinnipiac: Mercy (6-0)

SCC Playoffs

Semifinals – October 30 @Foran HS #1 Amity defeated #4 North Haven, 5-1 #3 Mercy defeated #2 Hand, 2-1 Championship – November 1 @East Haven HS Amity 1, Mercy 0

All-Hammonasset

Brittany Jackson (Hand); Jenna Mallico (Foran); Courtney Wall (Guilford); Aimee Terreri (Guilford); Keara Dolan (Hand); Kayla Naposki (Foran); Liz Matts (Guilford); Adrienne Haydu (Guilford); Jessica Krol (Foran); Meg Flaherty (Hand); Michelle Mormile (Guilford)

All-Oronoque

Kayla Huggins (North Haven); Meghan Savoia (North Haven); Sarah Bepko (Wilbur Cross); Ashley Velezquez (Wilbur Cross); Elizabeth Fitter (Branford); Gabby Pane (East Haven); Marta Bertsos (Branford); Shana Lipp (North Haven); Melissa Gildersleeve (East Haven); Natalie Beach (Wilbur Cross); Alora Baldino (East Haven), Katie Morgan (Branford)

All-Housatonic

Jessica Becker (Amity); Lauren Nowakowski (Cheshire); Leigh Howard (Amity); Laura Downey (Amity); Rachel Schulyer (Cheshire); Olivia Heffernan (Lyman Hall); Mariah Downey (Cheshire); Katie Murphy (Amity); Brittany Benham (Lyman Hall); Michelle Babin (Shelton); Cristina Dias (Shelton)

All-Quinnipiac

Katie DelCiampo (Mercy); Michelle DeSanti (Mercy); Andrea Tordanato (Hamden); Megan Harpe (Hamden); Alyssa Decker (Mercy); Rebecca Sampara (West Haven); Laura Carroll (Sacred Heart Academy); Jill Collins (West Haven); Alana Fitzpatrick (Sacred Heart Academy); Katie Doyle (Sacred Heart Academy); Nina Wright (Mercy)

FIELD HOCKEY

Regular-season Champion: Hand (10-0-0-0)

All-Conference First Team

Kali Cardoza (Hand), Senior, Forward; Stephanie Cohen (Cheshire), Senior, Center Back; Ashley Equi (Hand),

Senior, Forward; Kara Heenan (North Haven), Senior, Forward; Becky Jablonski (Hand), Senior, Defense; Kiernan Kelley (Guilford), Senior, Goalie; Melissa Mulligan (Cheshire), Senior, Right Back/Center Mid; Ali Nelson (Mercy), Senior, Left Inner; Maddie Norton (Amity), Senior, Center Forward; Kelsey O'Reilly (Branford), Senior, Center Half; Erin Paduda (Hand), Senior, Midfield; Chelsea Sheehan (Branford), Senior, Left Wing

All-Conference Second Team

Kristen Angeletti (Sheehan), Sophomore, Forward; Sarah Bolasevich (Mercy), Senior, Right Wing; Caroline Buggy (Hamden), Senior, Center Mid; Katie Cassesse (Guilford), Senior, Center Mid; Shannon Cooke (Lyman Hall), Junior, Forward; Kelli Griffiths (North Haven), Junior, Goalie; Caitlin Kinney (Sacred Heart), Senior, Defense Midfield; Maggie Lupo (Amity), Senior, Left Back; Jackie Milici (Branford), Senior, L Link; Kelly Morrissey (Hand), Junior, Defense/ Sweep; Kristin Munro (Guilford), Senior, Right Mid; Julie Ozycz (Cheshire), Junior, Right Wing



Divisional Champions

Division I East: Cheshire, West Haven (3-1) **Division I West:** Fairfield Prep, Shelton (3-1) **Division I East:** North Haven (4-0) **Division I West:** Hillhouse (4-0)

Division I - Offense

Dan Hemperly (Amity), OL; Kevin Ruey (Cheshire), OL; John Copela (Hamden), OL; Mike Orts (Hand), OL; Mike Mainiero (Shelton), OL; Eric Matos, (West Haven), OL; Kevin Calamari (Xavier), OL; Phil DeGennaro (Fairfield Prep), QB; John Cunningham (Fairfield Prep), WR; Jeff Lombardo (Notre Dame), WR; Charlie Kelly (West Haven), WR; Mike Bagnoli (Hand), RB; Ryan Nolan (Fairfield Prep), RB; Geoff Schultz (Shelton), RB; James Alford (West Haven), RB

Division I - Defense

Brandon Basso (Amity), LB; Michael Dillon (Cheshire), LB; Casey Nugent (Cheshire), P; Kevin Sylvester (Cheshire), DB; Masengo Kabongo (Fairfield Prep), DL; Will Ball (Hamden), DB; Brendan McDonough (Notre Dame), DL; Alex DeLuca (Shelton), DB; Ron Lucido (Shelton), DL; Mike Brockenberry (West Haven), LB; Jawan Hagans (Wilbur Cross), LB; Erico Jones (Wilbur Cross), DB; Curtis Smith (Wilbur Cross), DL; Lewis Bower (Xavier), DL; Alondre Rush (Xavier), DB

Division II - Offense

Mike Cox (Guilford), OL; Dan Lamberton (Guilford), OL; Bill Baccash (Jonathan Law),OL; Stephen Santiago (Lyman Hall), OL; Matt Kohler (North Haven), OL; Keerome Lawrence (Hillhouse), QB; E.J. Sattelberger (Branford), WR; Matt Woods (Foran), WR; Marvin Batts (Hillhouse),

WR; Terrell Wilks (Hillhouse), WR; Bryan Childers (Sheehan), WR; Mike Mortali (Branford), RB; Dominic Bailey (Derby), RB; Danny Williams (Hillhouse), RB; Dean Stec (Lyman Hall), RB

Division II - Defense

Joe O'Keefe (Branford), DB; Rob Belevich (East Haven), DB; Bryce Brown (Guilford), DB; Matt Ramos (Jonathan Law), DB; Kevin Whalen, Sheehan, DB; Tom Izzo (Derby), DL; Thomas Hyde, Derby, DL; Ted Lipp (East Haven), DL; Joe Delmonaco, North Haven, DL; Nick Child (East Haven), LB; Todd Daneault, Foran, LB; Sean Williston (Jonathan Law), LB; Louis Ciarleglio (North Haven), LB; Dave Pyne (Sheehan), LB; Phil Liquori (North Haven), P

GIRLS SWIMMING

SCC Championship Meet - November 3 at SCSU

Final Team Results: 1. Cheshire, 1003; 2. Branford, 648; 3. Amity, 548; 4. Hamden, 483; 5. Hand, 475; 6. Shelton, 289; 7. North Haven, 320; 8. Sacred Heart Academy, 196; 9. West Haven, 180; 10. Foran, 163; 10. Lyman Hall, 163; 12. Sheehan, 160; 13. Mercy, 152; 14. Law, 88; 15. East Haven 80; 16. Guilford, 52

Diving Champion: Jillian Westergard (North Haven): 337 points

All-Conference

200 yard Med Relay

Cheshire (Macaela Quatermouse, Kimberly Jerome, Danielle Forrest, Malone Smith) Amity (Margaux Farrell, Marielle Sanchez, Melissa Fillmore, Sarah Rooney)

200 yard Freestyle

Margaux Farrell (Amity); Hollis Capuano (Sacred Heart Academy); Elizabeth Cohan (Hand)

200 yard IM

Sarah Froehlich (Hamden); Danielle Forrest (Cheshire); Michaela Morr (Cheshire)

50 yard Freestyle

Malone Smith (Cheshire); Allison Wells (Shelton); Courtney Schissler (Branford)

100 yard butterfly

Nicole Peruso (Branford); Megan McGorry (West Haven); Elizabeth Cohan (Hand)

100 yard Freestyle

Margaux Farrell (Amity); Hollis Capuano (Sacred Heart Academy); Alex Czaplicki (North Haven); Danielle Forrest (Cheshire)

500 yard Freestyle

Sarah Froehlich (Hamden); Kimberly Jerome (Cheshire); Katherine Loftus (Hand)

200 yard Freestyle Relay

Cheshire (Michaela Morr, Alyssa Reinhard, Christina Metcalf, Malone Smith) Hand (Elizabeth Cohan, Laura Zdon, Katherine Loftus, Sandy Kinne)

100 yard Backstroke

Alex Czaplicki (North Haven); Allison Kreho (Shelton); Mairin McKinlay (Cheshire)

100 yard Breaststroke

Kimberly Jerome (Cheshire); Hannah Grimes (Hamden); Meghan Reynolds (Branford)

400 yard Freesyle Relay

Hand (Elizabeth Cohan, Katherine Loftus, Laura Zdon, Summer Pacelli) Cheshire (Jessica Metcalf, Danielle Forrest, Alyssa Reinhard, Michaela Morr)

Diving

Jillian Westergard (North Haven), Amanda Burden (Amity); Ashley Driscoll (Mercy)

BOYS CROSS COUNTRY

<u>SCC Championship Meet</u> - October 19 at Hammonasset State Park

Final Team Results: 1. Xavier, 28; 2. Amity, 45; 3. Guilford, 97; 4. Hand, 146; 5. Shelton, 147; 6. Cheshire, 178; 7. Notre Dame, 218; 8. Fairfield Prep, 232; 9. Branford, 258; 10. Lyman Hall, 303; 11. North Haven, 321; 12. East Haven 321; 13. Foran, 324; 14. Sheehan, 340; 15. Law, 385; 16. Hamden, 481; 17. West Haven, 530; 18. Wilbur Cross, 561; 19. Hillhouse, 585; 20. Derby, 624 Individual Champion: Adam Vess (Xavier), 16:11

All-Conference

Adam Vess (Xavier); Wes Halstead (Amity); Forrest Misenti (Xavier); Matthew Fahey (Xavier); Paul Kichar (Amity); Alex Dunn (Guilford); Cory Fagan (Xavier); Keith Sansone (Shelton); Adam Trofa (Amity); Kevin Tiernan (Law); Matt Casey (Branford); Daniel Rothberg (Amity)

GIRLS CROSS COUNTRY

<u>SCC Championship Meet</u> - October 19 at Hammonasset State Park

Final Team Results: 1. Guilford, 50; 2. Amity, 77; 3. Cheshire, 110; 4. Mercy, 113; 5. Shelton, 179; 6. Hamden, 180; 7. Hand, 196; 8. Branford, 207; 9. Foran, 233; 10.

North Haven, 284; 11. Sheehan, 302; 12. Sacred Heart Academy, 320; 13. West Haven, 362; 14. Law, 366; 15. Lyman Hall, 388; 16. Derby, 452; 17. Hillhouse, 501; 18. East Haven, 507.

Individual Champion: Courtney Dinnan (Hamden), 19:22

All-Conference

Courtney Dinnan (Hamden); Faye McKenna (Mercy); Irene Kalbian (Cheshire); Kathleen Elliott (Guilford); Kelsey Proctor (Guilford), Frankie Brillante (Sacred Heart); Laura Cantley (Guilford); Paige Pallotto (Amity); Michelle Spiteri (Sheehan); Liz Tate (Branford); Eliza Hurwitz (North Haven); Amelia Farnham (Guilford)

<u>WINTER</u>

BOYS BASKETBALL

Divisional Champions

Hammonasset: Hillhouse (8-0) Housatonic: Amity/Sheehan (6-2) Oronoque: Wilbur Cross (8-0) Quinnipiac: Xavier/Fairfield Prep (5-3)

SCC Playoffs

Quarterfinals - February 24 @East Haven HS

#1 Hillhouse 78, #8 Cheshire 46
#5 Amity 68, #4 Fairfield Prep 42
#2 Wilbur Cross 64, #7 Branford 53
#6 Hamden 61, #3 Xavier 46
Semifinals - February 28 @East Haven HS
Wilbur Cross 69, Hamden 56
Hillhouse 64, Amity 42
Championship – March 2 @East Haven HS
Hillhouse 71, Wilbur Cross 58

All-Hammonasset

Jerrod Colson (Jonathan Law), Mike Dooling (Foran), Sam Greenberg (Guilford), Kwamaine McCarter (Hillhouse), Mike Moore (Hillhouse), Jordan Russell (Hand)

All-Oronoque

Ray Askew (Career), Dominique Cooper (Wilbur Cross), Trip Fernandes (Branford), Brian Givens (Career), Pat Paulson (East Haven), Markus Wright (Wilbur Cross)

All-Housatonic

David Dempsey (Lyman Hall), Rich Haigh (Amity), Dave Havlicek (Cheshire), Kyle Kesses (Amity), Rajaii Leggett (Sheehan), Luke Matarazzo (Shelton), Rashaun Reid (Derby)

All-Quinnipiac

Marquell Reddick-Dixon (Hamden), Michael Myers Keitt (Fairfield Prep), Greg Mangano (Notre Dame), Chae Philips (West Haven), Tavonne Reid (Fairfield Prep), Courtney Simmons (Xavier)

GIRLS BASKETBALL

Divisional Champions

Hammonasset: Hand (7-1) Housatonic: Cheshire (8-0) Oronoque: East Haven/Career (7-1) Quinnipiac: Mercy (5-1)

SCC Playoffs

Quarterfinals - February 17 @West Haven HS #8 Cheshire 55, #1 Hand 42 #4 Mercy 54, #5 Hamden 36 #7 Guilford 50, #2 East Haven 44 #6 Jonathan Law 52, #3 Career 50 Semifinals - February 20 @West Haven HS Guilford 36, Jonathan Law 34 Mercy 43, Cheshire 39 Championship - February 22 @West Haven HS Mercy 62, Guilford 54

All-Hammonasset

Jaclyn Daigneault (Guilford), Alex Dowdy (Hillhouse), Michelle White (Hillhouse), Brittany Jackson (Hand), Casey Dulin (Jonathan Law), Kelli Reynolds (Jonathan Law)

All-Quinnipiac

Rachel Roberts (Mercy), Bianca Simmons (Mercy), Chantel Audet (West Haven), Chelsea Blake (Hamden), Melissa Teel (Hamden), Ilaria Schiano (Sacred Heart Academy)

All-Housatonic

Taryn Belowsky (Cheshire), Emily Collette (Sheehan), Kara Lauritzen (Amity), Alyssa Malcynski (Lyman Hall), Nora Baghat (Cheshire), Erin Harkins (Shelton)

All-Ononoque

Chantel Alford (Wilbur Cross), Gabby Oglesby (Career), Bianca Brown (Career), Anisha Wilson (Career), Sara Laudano (North Haven), Jessica Moriarty (East Haven)

ICE HOCKEY

Divisional Champions

Division I: Fairfield Prep (7-0-1) **Division II:** Amity (5-1)

SCC Division II Playoffs

Semifinals - March 2 @Northford Ice Pavilion #4 Branford 5, #1 Amity 4 (2 OT) #3 Sheehan 5, #2 Cheshire 4 Championship - March 3 @Northford Ice Pavilion Sheehan 5, Branford 2

Division I - First Team

Ryan Garvin (Fairfield Prep), Vin Weyel (North Haven), Dave Wirkus (Fairfield Prep), Jonathan Cox (Fairfield Prep), Joe Innamorato (West Haven), Joe Lucibello (East Haven), Jason Messina (Lyman Hall)

Division I - Second Team

Craig Naclerio (Notre Dame), Kevin Paglinco (West Haven), Mark Salvati (East Haven), Nick Costanza (North Haven), Brian Kachmarck (Notre Dame), Mike Pereira (Notre Dame)

Division II - First Team

Jason Bellonio (Guilford), Tom Day (Branford), Vin Nguyen (Sheehan), Kevin Donovan (Amity), Jeff Kirschner (Milford), Brian Kownacki (Amity), Matt Larson (Cheshire)

Division II - Second Team

Brian Jakabcin (New Haven/Shelton), James Esposito (Cheshire), Max Russell (Amity), Joe Giasullo (New Haven/Shelton), Brendan Kane (Sheehan), Andrew Luzzi (Branford), Jeff Montini (Amity)

GYMNASTICS

<u>SCC Championship Meet</u> - February 8 at Jonathan Law HS

Final Team Results: 1. Jonathan Law, 133.65; 2. Foran, 133.20; 3. Hand, 124.70; 4. Hamden, 118.95; 5. Cheshire, 92.45; 6. Lyman Hall, 84.60; 7. Branford, 68.80; 8. Amity*, 67.55; 9. West Haven*, 37.35; 10. North Haven, 30.85 **Individual All-Around Title:** Jen Fuggi, West Haven

All-Conference

Jen Fuggi (West Haven), Alexa Ahrem (Hamden), Abby D'Annolfo (Cheshire), Kayla McNamara (Lyman Hall), Emily Savoca (Hand), Jenn Pagliano (Jonathan Law), Cori Hannon (Jonathan Law), Arielle Prete (Jonathan Law), Andrea Figuly (Foran), Dina Savoca (Foran), Kyra Umbriet (Foran), Courtney Sheppard (Amity), Amanda Burden (Amity)

BOYS SWIMMING

Regular Season: Fairfield Prep

<u>SCC Championship Meet</u> - February 28 @Wesleyan University

Final Team Results: 1. Fairfield Prep, 1008.5; 2. Cheshire, 645; 3. Xavier, 638.5; 4. Branford, 411.5; 5. Notre Dame, 399; 6. Amity, 363; 7. Hamden, 301; 8. Foran, 254.5; 9. North Haven, 199; 10. Sheehan, 189; 11. Lyman Hall, 141; 12. Shelton, 138; 13. West Haven, 92; 13. Hand, 62. **Diving Champion:** Mark Gracia, Xavier

All-Conference

Diving: Mark Garcia (Xavier), Tim Thornton (Fairfield Prep), Derek Rand (Amity)

200 yard Medley Relay:

Fairfield Prep (Daniel Platow, Andrew Grinalds, Edward Becker, Oswaldo Torres) Branford (Jonathan Moughty, Dan Aupi, Raymond Beaulac, Owen Rood)

200 yard Freestyle: Oswaldo Torres (Fairfield Prep), Patrick White (Fairfield Prep), Eric Sokolsky, Branford

200 yard IM: Daniel Platow, Fairfield Prep, James Remigino, Xavier, Andrew Golankiewicz (Fairfield Prep)

50 yard Freestyle: Richard Ulatowski (Notre Dame), Owen Rood (Branford), Kevin McDonald (North Haven)

100 yard Butterfly: Oswaldo Torres (Fairfield Prep), Andrew Grinalds (Fairfield Prep), Blake Williams (Cheshire)

100 yard Freestyle: Richard Ulatowski (Notre Dame), Owen Rood (Branford), Michael Gilligan (Cheshire)

500 yard Freestyle: Patrick White (Fairfield Prep), Andrew Golankiewicz (Fairfield Prep), Eliot Scymanski, Hamden

200 yard Freestyle Relay:

Fairfield Prep (Connor Pennoyer, Edward Becker, Ryan Pramer, Patrick White) Cheshire (Michael Gilligan, Colin McCormick, Colin Barnett, Blake Williams)

100 yard Backstroke: Daniel Platow (Fairfield Prep), Kevin McDonald (North Haven), Andrew Grinalds (Fairfield Prep)

100 yard Breaststroke: James Remigino (Xavier), Timothy DeOcejo (Hand), Charles Helm, Cheshire

400 yrd Freestyle Relay:

Fairfield Prep (Andrew Grinalds, Matthew Watson, Patrick White, Oswaldo Torres) Branford (Brenden Conlin, Dan Aupi, Eric Sokolosku, Owen Rood)

BOYS INDOOR TRACK

<u>SCC Championship Meet</u> - February 2 @New Haven Athletic Center

Final Team Results: 1. Xavier, 71; 2. Amity, 48; 3. Sheehan, 32.50; 4. Hillhouse, 29; 5. Wilbur Cross, 28; 5. Notre Dame, 28; 5. Hamden, 28; 8. Fairfield Prep 26 8. Daniel Hand, 26; 10. Shelton, 24; 11. Cheshire, 23; 12. East Haven, 21; 13. Branford, 18; 14. West Haven, 16; 15. Lyman Hall, 14.50; 16. Career, 14; 17. North Haven, 12 18. Guilford, 6

All-Conference

Terrell Wilks (Hillhouse), 55 meters, 300 meters Ken McDonnell (Shelton), 600 meters Matthew Hurtt (Xavier), 1000 meters Welsey Halstead (Amity), 1600 meters, 3200 meters Rob Belevich (East Haven), 55 meter hurdles Justin Willis, Pete Tinari, Greg Milano, Joshua Massev (Notre Dame), 4 x 200 relay Joon Yeob Lee, Tommy Arrington, Jaquan Brantley, Joon Hoon Lee (Career), 4 x 400 relay John Sherman, Pat Cavanaugh, Dan Le, Ben Zhu (Cheshire), 4 x 800 relay Maurice Morrison, Cordell Bell, Lawrence Howard, Malcom Green (Wilbur Cross), 1600 Sprint Medley Relay Craig Kinsely (Fairfield Prep), High Jump Mike Zilm (Hamden), Pole Vault Joe Danso (West Haven), Long Jump Mike Goodfriend (Sheehan), Shot Put

GIRLS INDOOR TRACK

<u>SCC Championship Meet</u> - February 2 @New Haven Athletic Center

Final Team Results: 1. Amity 105; 2. Hillhouse, 74; 3. Cheshire, 48; 4. Wilbur Cross, 37; 5. Branford, 31; 6. Shelton, 26; 7. Hamden, 24; 7. Sacred Heart Academy, 24; 9. Career, 20; 10. Sheehan, 18; 11. Mercy, 11; 12. Guilford, 10; 12. Lyman Hall, 10; 14. Daniel Hand, 9; 15. East Haven, 8; 16. North Haven, 6; 17. West Haven, 4

All-Conference

Shaniqua Burgess (Hillhouse), 55 meters, 55 meter hurdles

Ann Marie Clarke (Hillhouse), 300 meters, Long Jump Ashley Velazquez (Wilbur Cross), 600 meters Courtney Dinnan (Hamden), 1000 meters, 3200 meters

Irene Kalbian (Cheshire), 1600 meters

Tasia Russ, Lauren Williams, Camika Graham, Latoya Williams (Career), 4x 200 relay

Leslie Boppert, Andreana Panzo, Allison Barwise, Annelies Gamble (Amity), 4 x 400 relay

Mahogany Howard, Amber Edwards, Natalie Beach,

Ashley Velazquez (Wilbur Cross), 4 x 800 relay

Erin Bellis, Stephanie Vitale, Andreana Panzo, Annelies

Gamble (Amity), 1600 Sprint Medley Relay

Allison Barwise (Amity), High Jump Karin Vogt (Shelton), Pole Vault Katie Visentin (Cheshire), Shot Put

WRESTLING

Regular-Season: Amity (9-0)

SCC Championship Meet: February 10 @Jonathan Law High School.

Final Team Results: 1. Amity, 168.5; 2. Derby, 106.5; 3. Jonathan Law, 105; 4. Hand, 102; 5. Guilford, 96; 6. Foran, 70; 7. Xavier, 58; 8. Cheshire, 57; 9. East Haven, 35.5; 10. Branford, 32; 10. Shelton, 32; 12. Fairfield Prep, 17; 13. New Haven, 1; 13. Notre Dame, 1.

All-Conference First Team

- 103 Mike Briskin (Cheshire)
- 112 Andrew Wilhelm (Law)
- 119 Stephen Krohley (Amity)
- 125 Nick Gallacano (Law)
- 130 Mike Katz (Amity)
- 135 Mike Vernick (Amity)
- 140 Derek Fish (Hand)
- 145 Zach Cammarano (Foran)
- 152 Jim Dey (Hand)
- 160 Ryan Roddy (Amity)
- 171 Brandon Sundwall (Guilford)
- 189 Eddie Ortiz (Derby)
- 215 Tom Lane (Fairfield Prep)
- 275 Tom Izzo (Derby)

All-Conference Second Team

- 103 Rob Lonergan (Law) 112 - John Jongbloed (Hand) 119 - Eric Therriault (Foran) 125 - Doug Robinson (Amity) 130 - Alex Helbling (Branford) 135 - Brian Onofrio (Hand) 140 - Drew Gerwitz (Amity) 145 - Kyle Lundberg (Guilford) 152 - Dan Grady (Derby) 160 - Brian Cupole (Law) 171- Cody Bias (East Haven) 189 - Brett Bucheri (Xavier)
- 215 Travis Torello (Derby)
- 275 Rob Wilkinson (Foran)

<u>SPRING</u>

BASEBALL

Divisional Champions

Hammonasset: Guilford (7-1) Housatonic: Amity (8-0) Oronoque: Branford/North Haven (7-3) Quinnipiac: Xavier (6-2)

SCC Playoffs

First Round - May 22 @Piurek Field - West Haven HS #4 Xavier 3, #5 Hand 2 #6 Branford 13, #3 Sheehan 8 Semifinals - May 24 @Yale Field Guilford 4, Branford 2 Amity 8, Xavier 1 Championship - May 26 @Yale Field Guilford 7, Amity 1

All-Housatonic

Zach Sousa (Amity), Jason Esposito (Amity), Brian Kownacki (Amity), Rob Torres (Sheehan), Matt Mauri (Shelton), Kyle Nisson (Lyman Hall), Bryan Dorsey (Cheshire), Rob Bukowski (Sheehan), Pete Testa (Amity), Max Russell (Amity), Kyle Birdsall (Amity)

All-Hammonasset

Mike Gell (Guilford), Mike Dooling (Foran), Ryan Maghini (Hand), Ryan Brockett (Guilford), Cody Quinn (Foran), Sam Greenberg (Guilford), Bryan Doran (Jonathan Law), Mike Pavelko (Guilford), Joe Sarro (Hand), Will Jolin (Guilford), Nick Hahn (Guilford)

All-Quinnipiac

Nico Gambardella (West Haven), Kevin Collins (Fairfield Prep), Ed Shea (Notre Dame), Mike Aquilino (West Haven), Gabe Guerino (Notre Dame), Greg Pacelli (Hamden), Mark Micowski (Xavier), Dave Wirkus (Fairfield Prep), Dave Giglio (Xavier), Tom Lawrence (West Haven), Dan Evangelista (Fairfield Prep)

All-Oronoque

Kyle Craven (Career), Mike Olt (Branford), Mike Olszyk (Career), Elvin Rodriguez (Wilbur Cross), Mike Pereira (Career), Matt Caputo (North Haven), Chris Dady (East Haven), Kyle Calechman (North Haven), Mike Matosian (Derby), Jim Stanley (North Haven), Andrew Petrucci (Branford)

BOYS LACROSSE

Regular-Season: Fairfield Prep (7-0)

SCC Playoffs

Quarterfinals - May 23 @Higher Seeds #1 Fairfield Prep 21, #8 Hamden 2 #2 Branford 19, #7 Shelton 3 #3 Cheshire 6, #6 Guilford 5 #4 Amity 11, #5 Hand 7 Semifinals - May 29 @Branford HS #1 Fairfield Prep 15, #4 Amity 6 #2 Branford 17, #3 Cheshire 8 Championship - May 31 @Branford HS #1 Fairfield Prep 18, #2 Branford 11

All-Conference First Team

Attack: Joe O'Keefe (Branford), Matt Larson (Cheshire), Colin Molloy (Fairfield Prep), Will Coursen (Fairfield Prep), Kevin Donovan (Amity) Midfield: Billy Alessi (Branford), Sean Payne (Cheshire), Rob Rotanz (Fairfield Prep), Paul Finlay (Fairfield Prep), Spencer Parnell (Fairfield Prep), Colin Barrett (Cheshire) Defense: John Cunningham (Fairfield Prep), Mike D'Amico (Branford), Pat Gleeton (Cheshire), Billy Cloiniere (Amity), John Breslin (Fairfield Prep) Long Pole Defense: Jimmy Doyle (Fairfield Prep)

Short Pole Defense: Chris Cotter (Fairfield Prep) Goalie: Tommy Kralovenic (Fairfield Prep)

All-Conference Second Team

Attack: Matt Cyr (Cheshire), Zack Rubin (Branford), Ryan Hansen (Hand) Dan Nudel (Amity), Adam Dahlgard (Amity) Midfield: Fred Turcio (Guilford), Mike Mortali (Branford), Ben Toucey (Cheshire), Mike Delbuono (Xavier), Dan Tebes (Hamden), Dave Kraus (Hand) Defense: Matt Labonia (Cheshire), Shawn McCardle (Cheshire), Jason Bellanio (Guilford), Ian Wagemaker (Shelton), Steven Frey (Hand) Long Pole Defense: Kevin Dowes (Cheshire) Short Pole Defense: Cuinn Nevins (Cheshire) Goalie: Tyler Martone (Cheshire)

GIRLS LACROSSE

Regular-Season: Hand (9-0)

SCC Playoffs

Quarterfinals - May 22 @Higher Seed

#1 Hand 16, #8 West Haven 6
#2 Branford 11, #7 Hamden 5
#3 Cheshire 19, #6 Mercy 9
#5 Amity 8, #4 Guilford 6
Semifinals - May 24 @Hamden HS
Branford 9, Cheshire 8
Hand 12, Amity 5
Championship Game - May 29 @Hamden HS
Hand 7, Branford 3

All-Conference First Team

Attack: Becky Jablonski (Hand), Elaina Heiple (Cheshire), Katie Cassesse (Guilford) Midfield: Liz Foye (Hand), Kate Grayeb (Cheshire), Claire Timmons (Branford), Amelia Farnham (Guilford), Kate DelCiampo (Mercy) Defense: Erica Palmer (Branford), Lauren Nowakowski (Cheshire), Becky Lutz (Hand) Goalie: Melissa Villano (Branford) Alternate: Alee Ramos (Amity)

All-Conference Second Team

Attack: Allie Horwitz (Amity), Kelly Flanagan (Hand), Hannah Grimes (Hamden)
Midfield: Lindsay Kehoe (West Haven), Kelly Dalrymple (Hand), Liz Siekman (Cheshire), Emma Doyle (Hamden), Erin Flanagan (Hand)
Defense: Courtney Wall (Guilford), Colleen Kelly (West Haven), Hilary Whittle (Hamden)
Goalie: Cheryl Remetz (Hamden)
Alternate: Mary Beth Hamilton (Mercy)

GOLF

Divisional Champions

Hammonasset: Hand (8-0) Housatonic: Shelton (7-0-1) Oronoque: Branford (8-0) Quinnipiac: Xavier/Fairfield Prep (5-1)

SCC Championship - May 22 @New Haven Country Club

Final Team Results: 1. Fairfield Prep, 304; 2. Xavier, 321; 3. Lyman Hall, 325; 4. Cheshire, 333; 5. Shelton, 335; 6. Branford, 336; 7. Hand 336; 8.Guilford, 342; 9. Hamden, 360

Medalist: Tim Murphy (Fairfield Prep), 73 (+2)

All-Conference

Tim Murphy (Fairfield Prep), Mike Baldwin (Fairfield Prep), John Steinberg (Notre Dame), Bob Fox (Xavier), Chris Gatcomb (Lyman Hall), Brad Lincoln (Guilford), Matt McGarry (Fairfield Prep)

BOYS VOLLEYBALL

Regular-Season: Amity (7-1)

SCC Playoffs

Semifinals - May 23 @Higher Seed #1 Amity 3, #4 Cheshire 0 #3 Hand 3, #2 Shelton 1 (18-25, 25-17, 25-23, 31-29) Championship Match - May 24 @Xavier HS Amity 3, Hand 0 (25-20, 25-22, 25-14)

All-Conference First Team

Evan Kasowitz (Amity), Ryan Saxe (Amity), Matt Somerville (Amity), Randy Johnston (Hand), Jonathan Lauder (Hand), Wes Hansen (Shelton), Joe Visinski (Shelton)

All-Conference Second Team

Byrce Watkins (Amity), Peter Luft (Cheshire), Brendan O'Connor (Cheshire), Giordano Morichi (Hand), Dan Rabinove (Shelton), Jon Torraco (Shelton), John Rossi (Xavier)

SOFTBALL

Divisional Champions

Hammonasset: Hand (8-0) Housatonic: Amity (8-0) Oronoque: North Haven (9-1) Quinnipiac: Mercy (6-0)

SCC Playoffs

Quarterfinals - May 22/23 @Higher Seed #1 Amity 7, #8 Guilford 1 #2 Hand 11, #7 Law 0 #3 Cheshire 5, #6 West Haven 0 #4 Mercy 8, #5 North Haven 0 Semifinals - May 24 @Biondi Field Cheshire 3, Hand 1 Mercy 5, Amity 1 Championship – May 26 @Biondi Field Mercy 1, Cheshire 0

All Hammonasset

Izzie Santone (Hand), Kate Ruff (Foran), Gill McKay (Hand), Jessica Amenda (Jonathan Law), Liz Tutino (Hand), Samantha Hathaway (Jonathan Law), Kristen Hunt (Jonathan Law), Addie Sanders (Guilford), Kiley Phelan (Foran), Mallory Streat (Guilford), Dominique Marcelino (Hand)

All-Housatonic

Lauren Bespuda (Amity), Kathleen Brenneman (Cheshire), Emily Amento (Cheshire), Taylor Abelli (Cheshire), Amanda Ottochian (Sheehan), Katie Yanagisawa (Amity), Amanda DeLouise (Cheshire), Ronnie Pennick (Amity) Katie Lamb (Sheehan), Shannon Wynn (Lyman Hall), Jess Kohlenback (Amity)

All-Oronoque

Jasmine Ortiz (Career), Christine Gelardi (Derby), Jen Kruver (North Haven), Natalie Crosby (East Haven), Chelsea Sheehan (Branford), Kelli Griffiths (North Haven), Jessica Kuen (East Haven), Tori Redding (Branford), Sara Laudano (North Haven), Kristen Mezzanotte (North Haven), Shae Harding (Derby)

All-Quinnipiac

Victoria Satagaj (Mercy), Meghan Carta (Mercy), Laura Carta (Mercy), Taylor Feery (Mercy), Kristen Comfort (West Haven), Brittany Blake (West Haven), Yuraima Estevez (West Haven), Jessica Verdi (Sacred Heart Academy), Alyssa Forsythe (Sacred Heart Academy), Kassandra Silva (Hamden), Ashley Ortiz (Hamden)

BOYS OUTDOOR TRACK & FIELD

Divisional Champions

Hammonasset: Hand Housatonic: Amity Oronoque: North Haven Quinnipiac: Xavier

SCC Championship - May 22 @Amity HS

Final Team Results: 1. Amity, 100.50; 2. Xavier, 97.50; 3. Hamden, 73; 4. Notre Dame, 50; 5. Hand, 48; 6. Jonathan Law, 40.50; 7. Wilbur Cross, 35.50; 8. Fairfield Prep, 32; 9. Hillhouse, 31; 10. Lyman Hall, 30; 10. Shelton, 30; 12. Branford, 25.50; 13. East Haven, 22; 14. Cheshire, 20.50; 15. Career, 20; 16. North Haven, 16; 16. Sheehan, 16; 18. West Haven, 9; 19. Guilford, 4

All-Conference

Joshua Massey (Notre Dame), 1000 meters Terrell Wilks (Hillhouse), 200 meters Thomas FitzSimons (Hamden), 400 meters Cas Loxsom (Wilbur Cross), 800 meters Adam Vess (Xavier), 1600 and 3200 meters Craig Kinsley (Fairfield Prep), 110 high hurdles, High Jump Alex Benedito (Shelton), 300 hurdles Jonathan Law (Chris Quetant, Matt Glennon, Matt Jurczyk, Shawn Foley), 4 x 100 meter relay Hamden (Thomas FitzSimons, Nate Brackett, Andrew Kinlock, Jarvis Manning), 4 x 400 meter relay Amity (Adam Trofa, Joseph Greenspun, Ryan Laemel, Paul Kichar), 4 x 800 meter relay Cole Crotta (Amity), Pole Vault Ricardo Chardon (Hamden), Long Jump Andre Allen (East Haven), Triple Jump Nicholas Fedor (Amity), Shot Put Greg Manzolillo (Xavier), Discus Jeff Baker (Lyman Hall), Javelin

GIRLS OUTDOOR TRACK & FIELD

Divisional Champions

Hammonasset: Hand Housatonic: Amity Oronoque: East Haven Quinnipiac: Hamden

SCC Championship - May 23 @Amity HS

Final Team Results: 1. Amity, 86; 2. Hillhouse, 69; 3. Hamden 63; 4. Hand, 61; 5. Shelton, 51; 6. Cheshire 48; 7. Sacred Heart Academy, 44; 8. Branford, 42; 9. North Haven, 32; 10. Jonathan Law, 31.33; 11. Career, 28; 12. Wilbur Cross, 27; 12. Mercy, 27; 14. Guilford, 20; 15. East Haven, 19.33; 16. Lyman Hall, 19; 17. Sheehan, 18; 18. West Haven, 12; 19. Foran, 4

All-Conference

Shaiqua Burgess (Hillhouse), 100 and 200 meters Ann Marie Clarke (Hillhouse), 400 meters and 100 meter high hurdles Annelies Gamble (Amity), 800 meters Courtney Dinnan (Hamden), 1600 and 3200 meters Allison Barwise (Amity), 300 meter hurdles, High Jump Cheshire (Julie Ozycz, Casey Nowakowski, Carissa Wright, Samantha Alberino), 4 x 100 meter relay Hillhouse (Lyasia Loyd, Tamika Brock, Marlesha McClendon, Ann Marie Clarke), 4 x 400 meter relay Amity (Leslie Boppert, Lacey Vogel, Kara Lightowler, Annelies Gamble), 4 x 800 meter relay Valerie Milici (Branford), Pole Vault Lauren Williams (Career), Long Jump Belinda Snider (Jonathan Law), Triple Jump Rachel Aliotta (Cheshire), Shot Put Fotini Xenidis (Shelton), Discus, Javelin

GIRLS TENNIS

Regular-Season: Cheshire (11-0)

SCC Playoffs

Quarterfinals - May 21 @Higher Seed #1 Cheshire 7, #8 Foran 0 #2 Hand 6, #7 Amity 1 #3 Branford 4, #3 Sacred Heart Academy 3 #5 North Haven 5, #4 Sheehan 2 Semifinals - May 22 @Yale University Tennis Courts #1 Cheshire 7, #5 North Haven 0 #2 Hand 6, #3 Branford 1 Championship - May 23@Yale University Tennis Courts

Cheshire 4, Hand 3

All-Conference - Division I

Singles: Aubrey Brooks (Guilford), Ashley Equi (Hand), Sarah Griffin (Cheshire), Chrisine Brzozowski (Sacred Heart Academy), Danielle Velardi (Branford), Taylor Dey (Amity)

Doubles: Anna Lyke and Lindsay Prior (Cheshire), Ashley Bullock and Alysha Bullock (Shelton), Stephanie Paine and Hannah Mulvey (Mercy)

All-Conference - Division II

Singles: Monique Yin (North Haven), Amada Sihabout (North Haven), Felicia Asterino (Sheehan), Stefanie Schaefer (Hamden), Eileen Mars (Jonathan Law), Ashley Bain (Foran)

Doubles: Jamie Losi and Jessica Losi (Sheehan), Christina Oddo and Michelle Meoli (East Haven), Rachel Hurwitz and Disha Patel (North Haven)

BOYS TENNIS

Divisional Champions

Hammonasset: Guilford (7-1) Housatonic: Amity (8-0) Oronoque: North Haven/Branford (7-1) Quinnipiac: Fairfield Prep (8-0)

SCC Playoffs

Quarterfinals - May 21 @Higher Seed #1 Amity 6, #8 Guilford 1 #2 Cheshire 7, #7 Jonathan Law 0 #3 Fairfield Prep 6, #6 Hand 1 #4 Hamden 4, #5 North Haven 3 Semifinals - May 22 @Yale University Tennis Courts Amity 7, Hamden 0 Fairfield Prep 4, Cheshire 3 Championship - May 23 @Yale University Tennis Courts #1 Amity 6, #3 Fairfield Prep 1

All-Hammonasset

Sage Aronson (Guilford), Jeff Deacon (Guilford), Rob Musto (Guilford), Ross Lyons (Guilford), Chris Hoge (Guilford), Stephen Haigh (Hand), Jeff Harrahan (Hand), Ryan Youngerman (Hand), Brian Krantz (Foran), Nick Vonderheyde (Jonathan Law)

All-Housatonic

Singles: Ben Zuckerberg (Amity), Chad Sullo (Amity), Ricky Kramer (Amity), Jesse Silkoff (Cheshire), Tim Dise (Sheehan), Jack Baker (Cheshire) **Doubles:** Matt Kramer and Brian Relihan (Amity), Wes Ratliff and Craig Elman (Amity)

All-Oronoque

Singles: Steven Genovese (North Haven), Luka Bagi (Branford), John Fetzner (East Haven), Sean Rose (Branford), Max Leiserson (North Haven), Mark Hales (East Haven)

Doubles: Henry Sneath and Dan Aupi (Branford), Jeff Venditto and Sean McManus (North Haven)

All-Quinnipiac

Singles: Mike Schinella (Fairfield Prep), Kevin Maloney (Hamden), Tim Stuart (Notre Dame), Anders Vonderheyde (Fairfield Prep), Terry Keegan (Fairfield Prep), Jim Tarca (Notre Dame)

Doubles: Connor Stewart and Luke Delaney (Fairfield Prep), Evan Marlow (Hamden), Kevin Smith (Notre Dame)



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