

# Southern Connecticut Conference 2009 Girls Varsity Cross Country Championships

**Hammonasset State Park – Madison, CT**

**Oct. 22, 2009**

PLACE	TEAM	POINTS	PLACES OF FINISHERS						AVG. TIME		SPREAD
1	Cheshire	64	3	8	13	18	22	25	42	20:24.98	0:54.59
2	Guilford	69	4	11	15	16	23	38	39	20:24.71	0:53.97
3	Shelton	82	6	9	12	27	28	33	44	20:44.57	1:39.84
4	Hand	84	1	7	17	24	35	47	48	20:38.75	2:49.00
5	Branford	129	14	19	21	34	41	46	55	21:14.72	1:58.40
6	Amity	164	26	29	30	36	43	45	61	21:55.05	1:02.37
7	Mercy	175	10	20	37	49	59	62	63	21:51.59	3:07.79
8	Hamden	246	5	32	65	69	75	90		22:47.01	4:22.07
9	Law	284	40	52	58	66	68	79	80	23:14.52	1:36.28
10	Career	288	2	50	60	83	93			23:25.36	6:06.19
11	Sheehan	329	31	57	78	81	82	86	89	23:45.73	2:48.21
12	Lyman Hall	343	53	64	67	74	85	96	97	23:58.26	2:08.21
13	Foran	357	54	71	72	76	84	99	100	24:06.79	2:05.32
14	North Haven	409	70	73	87	88	91	102	103	24:52.59	1:28.70
15	West Haven	422	51	77	95	98	101			25:24.17	4:06.51
16	Sacred Heart	451	56	92	94	104	105			27:39.66	12:00.40

Individuals

PLACE	FINISHER	TIME	PACE
1. Cheshire			
3	Kathleen Kalbian, 9	19:57.68	6:26
8	Julie Hart, 12	20:12.28	6:31
13	Sarah Fusco, 11	20:18.43	6:33
18	Amanda Chang, 10	20:44.25	6:41
22	Tesni Phillips, 10	20:52.27	6:44
25	Victoria Wickenheiser, 10	21:14.68	6:51
42	Corrie Morris, 10	22:24.48	7:14
Total Time = 102:04.91		Total Places = 64	

2. Guilford			
4	Valerie Williams, 11	19:58.65	6:27
11	Lauren villano, 12	20:17.03	6:33
15	Megan Powell, 10	20:25.46	6:35
16	Katie Duman, 12	20:29.80	6:37
23	Emily Taylor, 10	20:52.62	6:44
38	Corinne Sejourne, 10	22:12.01	7:10
39	Amanda Levy, 10	22:14.01	7:10
Total Time = 102:03.56		Total Places = 69	

3. Shelton

6	Megan Carroll, 12	20:01.76	6:28
9	Kelsey Grimmer, 11	20:13.84	6:32
12	Melissa Corrado, 11	20:18.15	6:33
27	Victoria Wresilo, 12	21:27.54	6:55
28	Jessica Cowell, 12	21:41.60	7:00
33	Kelsey Murphy, 11	21:55.44	7:04
44	Tiffany Kaelin, 10	22:30.38	7:16
Total Time = 103:42.89		Total Places = 82	

4. Hand

1	Sarah Cotton, 10	19:11.97	6:12
7	Megan Lynch, 11	20:11.74	6:31
17	Ciara Collins, 10	20:38.87	6:40
24	Malin Althin, 11	21:10.20	6:50
35	Anna Guidi, 11	22:00.97	7:06
47	Hunter Ryan, 10	22:40.61	7:19
48	Emily Gumbrecht, 11	22:42.11	7:19
Total Time = 103:13.75		Total Places = 84	

5. Branford

14	Emily Arsenault, 12	20:21.06	6:34
19	Lisa MacLachlan, 9	20:47.64	6:42
21	Shari Peterson, 11	20:49.51	6:43
34	Erika Zoicher, 12	21:55.93	7:04
41	Shana Casey, 12	22:19.46	7:12
46	Meg O'Brien, 11	22:36.80	7:18
55	Allie Kowolenko, 11	22:57.22	7:24
Total Time = 106:13.60		Total Places = 129	

6. Amity

26	Jane Depgen, 11	21:27.18	6:55
29	Leanne Beedle, 10	21:46.04	7:01
30	Sarah Beland, 9	21:48.38	7:02
36	Katie Beland, 9	22:04.11	7:07
43	Adena Coste, 10	22:29.55	7:15
45	Rachel Celotto, 12	22:35.86	7:17
61	Jenna Zodl, 12	23:30.19	7:35
Total Time = 109:35.26		Total Places = 164	

7. Mercy

10	Brianne Vess, 10	20:15.94	6:32
20	Kathleen Darling, 10	20:48.44	6:43
37	Leah Hetzel, 12	22:07.16	7:08
49	Monica Castro, 11	22:42.71	7:20
59	Julie Corcoran, 11	23:23.73	7:33
62	Danielle Gallagher, 12	23:31.37	7:35
63	Ally Picard, 11	23:36.22	7:37
Total Time = 109:17.98		Total Places = 175	

8. Hamden

5	Carolyn Williams, 11	19:59.01	6:27
32	Chelsea Harris, 12	21:55.07	7:04
65	Ariana Marino, 10	23:40.86	7:38
69	Ashley Moxam, 10	23:59.06	7:44
75	Jenna Mcphail, 11	24:21.08	7:51
90	Camille Durant, 9	25:23.95	8:12
Total Time = 113:55.08		Total Places = 246	

9. Law

40	Catie Miller, 9	22:19.08	7:12
52	Amanda Burrows, 11	22:53.62	7:23
58	Kathleen Croke, 12	23:10.82	7:29
66	Colleen Mair, 10	23:53.72	7:42
68	Valerie Hiller, 9	23:55.36	7:43
79	Sabina Bals, 10	24:27.41	7:53
80	Karina Escobar, 10	24:37.52	7:57
Total Time = 116:12.60		Total Places = 284	

10. Career

2	Kellie Davis, 9	19:53.21	6:25
50	Precious Holmes, 9	22:49.36	7:22
60	Paris Taft, 10	23:26.48	7:34
83	Tasseine Edwards, 12	24:58.38	8:03
93	Najeia Mention, 12	25:59.40	8:23
Total Time = 117:06.83		Total Places = 288	

11. Sheehan

31	Kelsey Tiedemann, 11	21:52.59	7:03
57	Marlene Gravener, 12	23:09.99	7:28
78	Rachael Carnale, 9	24:25.54	7:53
81	Michelle Wright, 12	24:39.74	7:57
82	Cathy Nepton, 10	24:40.80	7:58
86	Jenna Massaro, 10	25:06.59	8:06
89	Gabby Lupoli, 11	25:18.05	8:10
Total Time = 118:48.66		Total Places = 329	

12. Lyman Hall

53	Katie Edgar, 10	22:54.00	7:23
64	Kelly McCoy, 12	23:40.40	7:38
67	Taylor Livingston, 9	23:54.00	7:43
74	Victoria Pollack, 9	24:20.70	7:51
85	Sarina Lyon, 12	25:02.21	8:05
96	Amy Demers, 9	26:28.78	8:33
97	Jordan Schmeer, 9	26:39.17	8:36
Total Time = 119:51.31		Total Places = 343	

13. Foran

54	Rachel Doran, 10	22:55.06	7:24
71	Meg Garland, 10	24:05.79	7:46
72	Kelly Quinn, 9	24:09.76	7:48
76	Michele Mikailonis, 10	24:22.98	7:52
84	Jess Tyburski, 10	25:00.38	8:04
99	Michaela Curry, 10	26:43.61	8:37
100	Kateri Ciccaglione, 12	26:57.13	8:42
Total Time = 120:33.97		Total Places = 357	

14. North Haven

70	Belinda Hoang, 11	24:05.44	7:46
73	Thilia Moran, 10	24:14.93	7:49
87	Zoe Espona, 9	25:14.06	8:08
88	Rachel Seropian, 9	25:14.40	8:09
91	Kristin Russo, 12	25:34.14	8:15
102	Kelsey Hegarty, 11	27:13.51	8:47
103	Danielle Scarano, 11	27:19.86	8:49

Total Time = 124:22.97      Total Places = 409

15. West Haven

51	Cheetiri Smith, 12	22:51.28	7:22
77	Candance Laurence, 10	24:24.16	7:52
95	Morgan Brothers, 11	26:04.85	8:25
98	Santorini Rivera, 10	26:42.79	8:37
101	Stephanie Ciarleglio, 12	26:57.79	8:42
Total Time = 127:00.87		Total Places = 422	

16. Sacred Heart

56	Stephanie Baldwin , 10	23:00.54	7:25
92	Dominika Bajguz , 11	25:47.44	8:19
94	Laura Smith , 9	26:04.38	8:25
104	Elizabeth Tomanio , 11	28:25.03	9:10
105	Daleesha Cadore , 9	35:00.94	11:18
Total Time = 138:18.33		Total Places = 451	

PLACE	SCORE	FINISHER	TIME	PACE	TEAM
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**\* Top 12 individuals earn All-Conference recognition**

1	1	Sarah Cotton, 10	19:11.97	6:12	Hand
2	2	Kellie Davis, 9	19:53.21	6:25	Career
3	3	Kathleen Kalbian, 9	19:57.68	6:26	Cheshire
4	4	Valerie Williams, 11	19:58.65	6:27	Guilford
5	5	Carolyn Williams, 11	19:59.01	6:27	Hamden
6	6	Megan Carroll, 12	20:01.76	6:28	Shelton
7	7	Megan Lynch, 11	20:11.74	6:31	Hand
8	8	Julie Hart, 12	20:12.28	6:31	Cheshire
9	9	Kelsey Grimmer, 11	20:13.84	6:32	Shelton
10	10	Brianne Vess, 10	20:15.94	6:32	Mercy
11	11	Lauren villano, 12	20:17.03	6:33	Guilford
12	12	Melissa Corraro, 11	20:18.15	6:33	Shelton
13	13	Sarah Fusco, 11	20:18.43	6:33	Cheshire
14	14	Emily Arsenault , 12	20:21.06	6:34	Branford
15	15	Megan Powell, 10	20:25.46	6:35	Guilford
16	16	Katie Duman, 12	20:29.80	6:37	Guilford

17	17	Ciara Collins, 10	20:38.87	6:40	Hand
18	18	Amanda Chang, 10	20:44.25	6:41	Cheshire
19	19	Lisa MacLachlan , 9	20:47.64	6:42	Branford
20	20	Kathleen Darling, 10	20:48.44	6:43	Mercy
21	21	Shari Peterson , 11	20:49.51	6:43	Branford
22	22	Tesni Phillips, 10	20:52.27	6:44	Cheshire
23	23	Emily Taylor, 10	20:52.62	6:44	Guilford
24	24	Malin Althin, 11	21:10.20	6:50	Hand
25	25	Victoria Wickenheiser, 10	21:14.68	6:51	Cheshire
26	26	Jane Depgen, 11	21:27.18	6:55	Amity
27	27	Victoria Wresilo, 12	21:27.54	6:55	Shelton
28		Nia Ruth, 9	21:30.93	6:56	Hillhouse

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29	28	Jessica Cowell, 12	21:41.60	7:00	Shelton
30	29	Leanne Beedle, 10	21:46.04	7:01	Amity
31	30	Sarah Beland, 9	21:48.38	7:02	Amity
32	31	Kelsey Tiedemann, 11	21:52.59	7:03	Sheehan
33	32	Chelsea Harris, 12	21:55.07	7:04	Hamden
34	33	Kelsey Murphy, 11	21:55.44	7:04	Shelton
35	34	Erika Zocher , 12	21:55.93	7:04	Branford
36	35	Anna Guidi, 11	22:00.97	7:06	Hand
37	36	Katie Beland, 9	22:04.11	7:07	Amity
38	37	Leah Hetzel, 12	22:07.16	7:08	Mercy
39	38	Corinne Sejourne, 10	22:12.01	7:10	Guilford
40	39	Amanda Levy, 10	22:14.01	7:10	Guilford
41	40	Catie Miller, 9	22:19.08	7:12	Law
42	41	Shana Casey , 12	22:19.46	7:12	Branford
43	42	Corrie Morris, 10	22:24.48	7:14	Cheshire
44	43	Adena Coste, 10	22:29.55	7:15	Amity
45	44	Tiffany Kaelin, 10	22:30.38	7:16	Shelton
46	45	Rachel Celotto, 12	22:35.86	7:17	Amity
47	46	Meg O'Brien , 11	22:36.80	7:18	Branford
48	47	Hunter Ryan, 10	22:40.61	7:19	Hand
49	48	Emily Gumbrecht, 11	22:42.11	7:19	Hand
50	49	Monica Castro, 11	22:42.71	7:20	Mercy
51	50	Precious Holmes, 9	22:49.36	7:22	Career
52	51	Cheetiri Smith, 12	22:51.28	7:22	West Haven
53	52	Amanda Burrows, 11	22:53.62	7:23	Law
54	53	Katie Edgar, 10	22:54.00	7:23	Lyman Hall
55	54	Rachel Doran, 10	22:55.06	7:24	Foran

56	55	Allie Kowolenko , 11	22:57.22	7:24	Branford
57	56	Stephanie Baldwin , 10	23:00.54	7:25	Sacred Heart
58	57	Marlene Gravener, 12	23:09.99	7:28	Sheehan
59	58	Kathleen Croke, 12	23:10.82	7:29	Law
60		Jenna Wilborne, 11	23:19.71	7:32	Hillhouse
61	59	Julie Corcoran, 11	23:23.73	7:33	Mercy
62	60	Paris Taft, 10	23:26.48	7:34	Career
63	61	Jenna Zodl, 12	23:30.19	7:35	Amity
64	62	Danielle Gallagher, 12	23:31.37	7:35	Mercy
65	63	Ally Picard, 11	23:36.22	7:37	Mercy
66	64	Kelly McCoy, 12	23:40.40	7:38	Lyman Hall
67	65	Ariana Marino, 10	23:40.86	7:38	Hamden
68	66	Colleen Mair, 10	23:53.72	7:42	Law
69	67	Taylor Livingston, 9	23:54.00	7:43	Lyman Hall
70	68	Valerie Hiller, 9	23:55.36	7:43	Law
71	69	Ashley Moxam, 10	23:59.06	7:44	Hamden
72	70	Belinda Hoang , 11	24:05.44	7:46	North Haven
73	71	Meg Garland, 10	24:05.79	7:46	Foran
74	72	Kelly Quinn, 9	24:09.76	7:48	Foran
75	73	Thilia Moran , 10	24:14.93	7:49	North Haven
76	74	Victoria Pollack, 9	24:20.70	7:51	Lyman Hall
77	75	Jenna Mcphail, 11	24:21.08	7:51	Hamden
78	76	Michele Mikailonis, 10	24:22.98	7:52	Foran
79	77	Candance Laurence, 10	24:24.16	7:52	West Haven
80	78	Rachael Carnale, 9	24:25.54	7:53	Sheehan
81	79	Sabina Bals, 10	24:27.41	7:53	Law
82	80	Karina Escobar, 10	24:37.52	7:57	Law
83	81	Michelle Wright, 12	24:39.74	7:57	Sheehan
84	82	Cathy Nepton, 10	24:40.80	7:58	Sheehan

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85	83	Tasseine Edwards, 12	24:58.38	8:03	Career
86	84	Jess Tyburski, 10	25:00.38	8:04	Foran
87	85	Sarina Lyon, 12	25:02.21	8:05	Lyman Hall
88	86	Jenna Massaro, 10	25:06.59	8:06	Sheehan
89	87	Zoe Espona , 9	25:14.06	8:08	North Haven
90	88	Rachel Seropian , 9	25:14.40	8:09	North Haven
91	89	Gabby Lupoli, 11	25:18.05	8:10	Sheehan
92		Megan Butler, 11	25:20.49	8:10	East Haven
93	90	Camille Durant, 9	25:23.95	8:12	Hamden
94	91	Kristin Russo , 12	25:34.14	8:15	North Haven
95		Taylor Konareski, 11	25:39.24	8:17	East Haven
96	92	Dominika Bajguz , 11	25:47.44	8:19	Sacred Heart
97	93	Najeia Mention, 12	25:59.40	8:23	Career
98	94	Laura Smith , 9	26:04.38	8:25	Sacred Heart
99	95	Morgan Brothers, 11	26:04.85	8:25	West Haven
100		Rachael Puccino, 11	26:20.72	8:30	East Haven
101	96	Amy Demers, 9	26:28.78	8:33	Lyman Hall
102	97	Jordan Schmeer, 9	26:39.17	8:36	Lyman Hall
103	98	Santorini Rivera, 10	26:42.79	8:37	West Haven
104	99	Michaela Curry, 10	26:43.61	8:37	Foran
105	100	Kateri Ciccaglione, 12	26:57.13	8:42	Foran
106	101	Stephanie Ciarleglio, 12	26:57.79	8:42	West Haven
107	102	Kelsey Hegarty , 11	27:13.51	8:47	North Haven
108	103	Danielle Scarano , 11	27:19.86	8:49	North Haven

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109		Tina Tran, 12		28:18.40	9:08	East Haven
110	104	Elizabeth Tomanio	, 11	28:25.03	9:10	Sacred Heart
111		Shanice Berkley, 12		29:40.34	9:34	Hillhouse

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112	105	Daleesha Cadore	, 9	35:00.94	11:18	Sacred Heart
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