



# Southern Connecticut Conference

## Spring Sports Notebook

Spring 2021, Edition 2  
(April 19-25, 2021)

Welcome to the second notebook of the Spring 2021 sports season. Like our previous Notebook series, our goal with this weekly communication is to highlight some of the best individual and team performances from each of the sports being played this spring - *baseball/softball, golf (boys and girls), lacrosse (boys and girls), tennis (boys and girls), track (boys and girls), and boys volleyball.*

With so many spring sports in season, we have decided to break the spring notebooks into five separate documents. We will also list the top 5 accomplishments from the week's action.

This edition includes contests from Monday, April 19, 2021, through Sunday, April 25, 2021. The goal will be to publish these notebooks each Tuesday through the league playoffs.

### **SCC Spectator Policy**

The SCC and our respective schools and Athletic Directors appreciate your cooperation with the spectator policy each school has established. As a reminder and refresher, please click here to see the policy for each school - [SCC Spring 2021 Sports Spectator Policy](#).

## **BOYS OUTDOOR TRACK AND FIELD**



### **Number 5**

Sheehan's 4x100 meter relay team (Jelan Kollie, Paul Burkett, Lucas Leon, Ryan Villano) posted a time of 44.5 seconds in the Titans' dual meet against Daniel Hand on April 22.

#### **Number 4**

On April 22, Shelton's Jason Lorant posted an impressive 52.0 in the 400 meters, which qualified him for the Class LL state championships.

#### **Number 3**

In a dual meet victory against Guilford, Cheshire senior Ryan Farrell won the 3200 meters in 9:59.5, which was a state championship qualifying mark. Farrell also won the 1600 meters (4:46) and was a member of the Rams' victorious 4 x 400 meter relay team.

#### **Number 2**

Fairfield Prep senior Darren Blount won the 100 (10.2 seconds) and 200 (22.7 seconds) meter races in the Jesuits' 92-58 dual meet victory over North Haven. Blount's teammate Azaan Dawson won the 800 meters (1:57.7) and 3200 meters (11:44.3).

#### **Number 1**

North Haven's Ethan Anderson threw the shot put 43 feet, 2.5 inches in the Indians' victory over East Haven on April 20. Anderson's throw qualified him for the Class L state championships.

## **GIRLS OUTDOOR TRACK AND FIELD**



#### **Number 5**

East Haven senior Kisha Francois won the 100 (12.74 seconds) and 200 (26.82) meters in the Yellowjackets' 82-67 dual meet victory over North Haven on April 20. Francois' teammate Morgan D'Auria won the triple jump (34'08), which qualified her for the state championships.

#### **Number 4**

Sheehan senior Lizzy Brown captured the 1600 (5:32.6) and 3200 (12:05) meter races in the Lady Titans' 129-18 dual meet victory over Maloney on April 25. Brown's teammate Erin Brennan also set a school record in the triple jump (36'2).

### **Number 3**

In Lauralton Hall's 101-44 dual meet victory against Branford on April 22, Kelly Jones won the 800 meters (2:34) and 1600 meters (5:38), and was a member of the Crusaders' victorious 4 x 400 meter relay team.

### **Number 2**

Jonathan Law's Sydney Simpson won three events in the Lawmen's 96-54 dual meet victory over Shelton on April 22. Simpson won the 100 (13.3 seconds) and 200 (28.3) meters, while emerging victorious in the long jump (14'4).

### **Number 1**

Guilford's Julia Antony captured the 3200 meters (11:24.4) in a dual-meet victory over Cheshire on April 22.

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