

SOUTHERN
CONNECTICUT
CONFERENCE



2009-10
YEAR IN REVIEW

www.SouthernConnecticutConference.org

SOUTHERN CONNECTICUT CONFERENCE



2009-10 YEAR-IN-REVIEW

16th Year

Established in 1994, the SCC concluded its 16th year in 2009-10 and it was quite a success... One of the top – if not the best – high school leagues in the state of Connecticut, the athletic success of our member schools was well-documented in 2009-10 with 23 state championships won... Since the league's formation, SCC teams have now won 301 state championships... More importantly, the league continued its positive tradition of offering first-rate non-athletic programs and events which seek to enrich our students' overall high school experience and make them responsible citizens.

2009-10 Executive Board

President: Dr. Russell Dallai, Principal – North Haven HS

Vice-President: Dr. Beth Smith, Headmaster – Shelton HS

Secretary: Jeanne Cooper, Athletic Director – Hamden HS

Treasurer: Steve Trifone, Athletic Director – Cheshire HS

Athletic Director Chairperson: John Niski, Athletic Director, Shelton HS

Commissioner: Al Carbone

Commissioner Emeritus: Bill O'Brien

Special Thanks to our Corporate Sponsors

To continue to offer top-notch programs and events, the SCC relies on financial support from the local business community... The SCC had several corporate sponsors for the 2009-10 academic year, including the NewAlliance Foundation, The United Illuminating Company, Billings Sports and Connecticut Orthopaedic Specialists. For the third straight year, *Dick's Sporting Goods* has partnered with the SCC to provide coupons and promotional material at league events... Thanks also to the various event sponsors during the year, including **Woodbridge Running Company** (all SCC running events), **Walter Camp Football Foundation** (football banquet), **New Haven Gridiron Club** (football banquet), **Gene Casey New Haven chapter of the National Football Foundation** (football banquet), and the **New Haven Lions Club** (baseball playoffs). *Their support is much appreciated!*



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Student Leadership Conference

The SCC “Student Leadership Conference” was held on September 23 at the New Haven Athletic Center. Over 200 student-leaders participated in the conference, which is designed to impart a sense of obligation and commitment upon the students to continue and enhance their roles as leaders and use these roles to better their surrounding environments. A second conference was held on April 28 and was designed to provide an update on each school’s Action Plan and to plan for 2010-11.

Arts Exhibition

The **SCC Student Arts Exhibition** was held the week of April 19-23 at the Creative Arts Workshop in downtown New Haven. The exhibition featured 60 selections of outstanding student-originated visual arts in a variety of media. Each SCC member school had the opportunity to submit up to three works. A grand opening of the show with refreshments and award presentations was held on April 20. Prizes were awarded by a jury of professional artists and arts administrators coordinated through CAW Executive Director Susan Smith.

2010 SCC Arts Exhibition Awards

- 1st Place:** Yekaterina Satania (Hamden), oil
- 2nd Place:** Hannah Block (Amity), digital print
- 3rd Place:** James Walwer (Guilford), pencil
- 4th Place:** Jillian Pegnataro (Career Magnet), oil on board
- 5th Place:** Kelly Read (Sheehan), photograph

Honorable Mention: Emily Scranton (Career), accordion book/mixed media; Alex Kintner (Shelton), color pencil; Kevin Jimenez-Cowell (Fairfield Prep), block print; Karissa Gatison (Wilbur Cross), acrylic on paper



Yekaterina Satania of Hamden High School won first prize in the 2010 SCC Arts Exhibition (photo by Bill O’Brien).

Scholar Leader Banquet

The annual **SCC Scholar Leader Banquet** was held on March 22 at Anthony’s Ocean View in New Haven. Forty-four students were recognized for their outstanding scholarship and leadership in their respective school and external communities. Recipients were given a commemorative SCC medal and certificate. Special congratulations to Caitlin Axtmayer (Sacred Heart Academy) and Claire Crouch (Mercy) who were selected as the recipients of the Bill O’Brien Community Service Scholarship – each receiving a \$500 scholarship award.

2009-2010 SCC Scholar Leaders

- Amity Regional** – Rebekah Stein, Jack Sun
- Branford** – Nildi Pino, Ally Perrotti
- Hill Regional Career** – Najeia Mention, Sheldon Poole
- Cheshire** – Marie Zhang, Nathan Gaudio
- East Haven** – Gina Impronto, Gianluca DeLaRosa
- Fairfield Prep** – Thomas Gaudett, Joshua J. Jowdy
- Joseph A. Foran** – Shenali Parikh, Dylan Leonard
- Guilford** – Kristine Trotta, Evan Brown
- Hamden** – Crystal Johnson, Emily Lynn
- Daniel Hand** – Julia Rubano, Bradley Napier
- Hillhouse** – Julian Pearsall, Khamille Turnage
- Jonathan Law** – James Quish, Nayab Mir
- Lyman Hall** – Jennifer Ruys, Will Rodenhizer
- Mercy** – Claire Crouch, Mallory Perry
- North Haven** – Rachel Yen, John King
- Notre Dame** – Brandon Gomez, Mark Powell
- Sacred Heart Academy** – Caitlin Axtmayer, Meagan Edmonds
- Mark T. Sheehan** – Michael Kadow, Leanna Verch
- Shelton** – Mark Lacerna, Kelsey McDonnell
- West Haven** – Sarah Green, Ryan Smith
- Wilbur Cross** – Harrison V. Strom, Mackenzie Vigliotti
- Xavier** – Giosue Improta, Casey Taillie



SCC Scholar Leader medals (photo by Bill O’Brien)

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Diversity “Dream Teams” - Breaking Barriers, Building Bridges

Under the direction of retired Branford assistant principal (and current CAS-CIAC administrator) Dave Maloney and in partnership with the Anti-Defamation League, the SCC Diversity Dream Teams - Breaking Barriers, Building Bridges – had another successful year... Over 125 students representing the 22 member schools participated in the yearlong program.

Captains Council

A total of 1,200 sport captains attended the three SCC Captains Council events held during the year at the New Haven Athletic Center. The Captains Council meetings bring together the captains before their respective seasons start to provide guidance of what it means to be a captain and the responsibility that comes with the position and enhance the ideals of sportsmanship.

State Championships

23 state titles second-most in league history

It was another successful year as SCC member-schools fared extremely well in league and statewide competition. All told, SCC teams captured 23 state championships (7 fall, 8 winter, 8 spring) during the 2009-10 academic year. The 23 state titles tied for the second most in league history (1997-98). The record for the most state titles in a single year is 26, set in 1996-97. Eighteen additional teams (1 fall, 10 winter, 7 spring) earned runner-up status in CIAC state competition. Since the league’s inception in 1994, SCC schools have won 301 state championships.

Notre Dame Named “Kelly Award” Winner by Walter Camp Foundation

Notre Dame, the 2009 Class L state champion and consensus #1 football team in the state, was the recipient of the “Kelly Award” by the Walter Camp Football Foundation. It is the second time that Notre Dame has earned the Kelly Award (1991). It also marked the seventh time since 1994 that a SCC school captured the honor (Cheshire 1994 and 1995; Hand 1997, 2004; West Haven 2002; Xavier 2005).

Taking It to the (TD) Bank

For the first time, the SCC played its girls and boys basketball semifinals and championship games at Quinnipiac University’s TD Bank Sports Center. Branford won the girls tournament, while North Haven captured the boys title before some enthusiastic crowds. Special thanks to Quinnipiac’s Director of Athletics Jack McDonald and his staff for their first-class hospitality. Plans are underway to return to the TD Bank Sports Center in 2011.



The SCC played its basketball tournaments at Quinnipiac’s TD Bank Sports Center in 2010 (photo by Bill O’Brien).

SCC National Coach of the Year Finalists

Congratulations to the following four SCC coaches who were the Connecticut finalists for the 2010 National High School Athletic Coaches Association Coach of the Year award.

- Gary Palladino, Notre Dame - boys basketball
- Tim Kohs, Mercy - girls basketball
- Bob Orgovan, Amity - boys cross country
- Ed McCarthy, West Haven - football

SCC in Ice Hockey Heaven

The SCC confirmed its dominance in the sport of ice hockey in 2009-2010. Firstly, the league sent 14 of its 16-playing schools to the state tournament. And for the first time, a SCC school won each of the three state championships – Hamden in Division I (who beat league rival Fairfield Prep, 6-5, in the final), Amity (who defeated St. Joseph’s, 7-5) in Division II and Guilford (who beat Brookfield/Bethel/Danbury, 7-3) in Division III. In the final *New Haven Register* state poll, five SCC teams finished in the top ten. Hamden (17-5-1) was first for the second straight year. Division I runner-up Fairfield Prep (18-4) was second, while Amity (22-3-1) was fourth. SCC Division I regular-season champion West Haven (17-4) was sixth and Guilford (15-5-2) was tied for 10th.... Five additional SCC teams received votes in the poll, including North Haven, Xavier, Cheshire, Lyman Hall and Notre Dame.

SCC Hockey Slapshots

- Since the league’s inception in 1994/95, SCC teams have won 20 state championships... Fairfield Prep has the most with eight.
- The SCC has won at least two state titles in each of the last three seasons, and five of the last seven years... the last time a SCC school didn’t win a state championship was 2003.
- It was the second time that the SCC was represented in all three state championship games (2006 was the other).
- The Prep-Hamden matchup in the 2010 Division I title game was the fifth time two SCC teams met in the finals.

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The House is the Best, Again!

Hillhouse was No. 1 in the final *Hartford Courant* state girls basketball rankings for the second consecutive year. The Academics (24-4) won the Class L state title defeating three tough CCC opponents (previously No. 1 Northwest Catholic, Berlin and Wethersfield in the finals) to earn their fifth state title as a SCC member. Hillhouse finished No. 2 in the final *New Haven Register* and Connecticut Sports Writers Alliance polls.... Class LL runner-up Mercy (19-7) was fourth in the *Courant* poll and Class LL semifinalist Career (19-5) was ninth.

Hamden Track Earns National Recognition

FitzSimons Earns Gatorade State Honors

Hamden's 4 x 800 meter relay team of **Nick Saba, Isiah Whiting, Pat Cyr** and **Chris FitzSimons** won All-America recognition by placing first at the New Balance Outdoor National High School Championship Meet in Greensboro, N.C. In addition, Hamden's distance medley team of Whiting, FitzSimons, Saba, and Kevinn Tram also won its race and earned All-America honors. FitzSimons, who was recently named the 2009-2010 Gatorade Boys Track & Field Athlete of the Year, also competed at the U.S. Track & Field Championship Meet in Des Moines, Iowa in the 800 meters and earned a bronze medal with his third-place finish. Coincidentally, the race was won by former Wilbur Cross standout Cas Loxsom (1:47.45), who is a rising sophomore at Penn State.

Keniry, Schissler, Dulin Named Athletes of the Year

Congratulations to Notre Dame senior football/baseball star **Conor Keniry** and Branford three-sport (volleyball, basketball and tennis) standout **Courtney Schissler** for being named the *New Haven Register's* 2009-2010 Athletes of the Year. Conor will play baseball at Wake Forest University, while Courtney will continue her basketball career at Bryant University. Conor and Courtney represent the 17th and 18th student athletes – since 1996-97 – from the SCC to earn this prestigious honor. It is also the seventh time both recipients came from the SCC. In addition, Jonathan Law senior volleyball/basketball star **Casey Dulin** was named the Female Athlete of the Year by the *Connecticut Post*. Dulin will play collegiate basketball at Marist College.

Season-by-Season CIAC Playoff Recap

In 2009-2010, sixty-seven percent (126-of-189) of SCC teams qualified for CIAC state tournament competition in sports requiring a qualification (wins or winning percentage) for admission.

Fall (42-of-67)

Sixty-three percent of SCC teams qualified for CIAC fall team sport playoff competition in girls soccer (11-of-18), boys soccer (13-of-19), girls volleyball (11-of-19), and field hockey (7-of-11). In addition, three football teams (out of 19) earned state playoff berths.

Winter (39-of-55)

Seventy-one percent of SCC teams qualified for CIAC winter team sport playoff competition in boys basketball (13-of-20), girls basketball (12-of-19), and ice hockey (14-of-16).

Spring (45-of-67)

Sixty-seven percent of SCC teams qualified for CIAC spring team sport playoff competition in baseball (13-of-20), softball (13-of-19), boys lacrosse (9-of-13), girls lacrosse (7-of-10) and boys volleyball (3-of-5).

History of Success

SCC at the top in recent years

2006-07

Boys Basketball – Hillhouse
Ice Hockey – Fairfield Prep
Baseball – Amity

2007-08

Girls Basketball – Career
Ice Hockey – Fairfield Prep

2008-09

Girls Basketball – Hillhouse
Ice Hockey – Hamden
Baseball – West Haven
Boys Lacrosse – Fairfield Prep

2009-10

Football – Notre Dame
Ice Hockey – Hamden
Girls Basketball – Hillhouse



SCC Website Gets New Look

In April, the league's website – www.southernconnecticutconference.org – received a new look. The website had previously gone live back in January 2005. With the able assistance of Vin DiCarlo of Very Digital Communications, the league relaunched the site with a new design and some added features.

SCC/SportsCenter of Connecticut

“Scholar Athlete of the Month” Program

The SCC/SportsCenter of Connecticut Scholar Athlete of the Month program recognized over 100 outstanding young men and women during the 2009-10 academic year. Recipients were selected by their school’s athletic directors and coaching staffs, and received a certificate, commemorative tee-shirt and a SportsCenter activity pass.

“Many thanks to the SportsCenter of Connecticut for their continued interest in recognizing some exceptional scholar-athletes who truly embodied the best of the words – student and athlete,” SCC Commissioner Al Carbone said. For complete bios of each recipient, go to www.southernconnecticutconference.org



SEPTEMBER 2009

Matthew Kortsep (North Haven, cross country), Shabnam Elahi (North Haven, soccer), Max Zaniewski (Amity, soccer), Sara Sampoli (Amity, swimming), Meghan Abbott (Jonathan Law, volleyball), James Quish (Jonathan Law, football), Max Freccia (Fairfield Prep, football), Matt Leonard (Fairfield Prep, soccer), Ammar Abu-Stitteh (West Haven, soccer), Monica Yanez (West Haven, soccer), Sarah Cotton (Daniel Hand, cross country), Billy Reynolds (Daniel Hand, soccer), Mallory Perry (Mercy, volleyball), Stephanie Swanson (Mercy, soccer)

OCTOBER 2009

Ray Pendagast (Shelton, football), Allison Ferro (Shelton, soccer), Kelsey Doyle (Branford, soccer), Andrew Luzzi (Branford, football), Evan Rule (Foran, cross country), Hannah Weissauer (Foran, volleyball), Brian Ramirez (Career Magnet, soccer), Briana Conuers (Career Magnet, volleyball), Joseph Bonito (Lyman Hall, soccer), Kelly McCoy (Lyman Hall, cross country), Gabrielle Pallotto (Hamden, soccer), Jonathan Tebes (Hamden, soccer)

NOVEMBER 2009

Dan Pfau (Notre Dame, football), Nick Jallat (Notre Dame, cross country), Chadran Smith (Hillhouse, indoor track), Albert DeCaprio (East Haven, cross country), Tina Tran (East Haven, cross country), Kim Jerome (Cheshire, swimming), Dan Sweeney (Cheshire, football), Brianna King (Sacred Heart Academy, volleyball), Hillary Herr (Guilford, field hockey), Adam Dear (Guilford, football), Tim Fengler (Sheehan, cross country), Mollie Hamel (Sheehan, volleyball)

DECEMBER 2009

Avery Rourke (Jonathan Law, basketball), Ryan Ciesla (Jonathan Law, basketball), Cheetiri Smith (West Haven, swimming), Ryan Smith (West Haven, indoor track), Dominic Jones (Lyman Hall, ice hockey), Alison Bush (Lyman Hall, indoor track), Tasseine Edwards (Career Magnet, indoor track), Brandyn Benson (Career Magnet, basketball), John King (North Haven, swimming), Rachel Yen (North Haven, fencing), Nkenge Blue (Amity Regional, basketball), Ryan Laemel (Amity Regional, indoor track)

JANUARY 2010

Megan Carroll (Shelton, indoor track), Craig Dwelle (Shelton, basketball), Jessica Nielsen (Mercy, indoor track), Maura Calamari (Mercy, basketball), Jake Miller (Foran, wrestling), Kelsey Reyher (Foran, gymnastics), John Tuelings (Hamden, ice hockey), Lee Ann Esposito (Hamden, ice hockey), Josh Morales (Notre Dame, wrestling), Trevor Madore (Notre Dame, swimming), Tyler Pramer (Fairfield Prep, swimming & diving), Darric White (Fairfield Prep, ice hockey)

FEBRUARY 2010

Maegan Faitsch (Guilford, indoor track), Justin Gilloran (Guilford, ice hockey), Ryan Figaro (Branford, basketball), Brittney Kenney (Branford, basketball), Phil Gaetano (Sheehan, basketball), Stephanie Langan (Sheehan, cheerleading), Tyler Naumann (Xavier, swimming), Tucker Landy (Xavier, basketball), Meghan Derken (Daniel Hand, indoor track), Eddie Carroll (Daniel Hand, wrestling), Rachel Aliotta (Cheshire, indoor track), Drew Cunningham (Cheshire, ice hockey)

MARCH 2010

Jocey Morrell (West Haven, softball), Louis Bisighini (West Haven, baseball), Sheldon Poole (Career, baseball), Najeia Mention (Career, outdoor track), Betsy DelCiampo (Mercy, lacrosse), Colleen Hanly (Mercy, outdoor track), Brian Sibley (Notre Dame, baseball), Mark Lightowler (Notre Dame, outdoor track & field), Rebekah Stein (Amity, outdoor track), Sam Schnittman (Amity, outdoor track)

APRIL 2010

Patrick Luchini (Branford, lacrosse), Madeline Coulter (Branford, lacrosse), Kelsey McDonnell (Shelton, softball), Dan St. George (Shelton, baseball), Julian Pearsall (Hillhouse, tennis), Khamille Turnage (Hillhouse, tennis), Connor Marr (Fairfield Prep, baseball), Jason Ottomano (Fairfield Prep, tennis), Kristen Harrington (Foran, tennis), Robbie Simpson (Foran, golf), Chelsea Bast (East Haven, tennis), Michael Bohne (Lyman Hall, golf), Aubrey Batzinger (Lyman Hall, outdoor track)

MAY 2010

Gabrielle Lupoli (Sheehan, outdoor track), Chris Earley (Sheehan, tennis), Todd Heritage (Cheshire, lacrosse), Katharine Eddy (Cheshire, lacrosse), Deidre Mitchell (North Haven, tennis), Robert Anderson (North Haven, golf), Casey Taillie (Xavier, volleyball), Evan Woodford (Xavier, sailing), Cassie Slowik (Sacred Heart Academy, lacrosse), Cara Deroy (Hamden, softball), Luke Maloney (Hamden, tennis), Chelsey Nault (Guilford, softball), Evan Brown (Guilford, golf)

State Championships – page 6

SCC teams captured 23 state championships during the 2009-10 academic year... Since the league's inception in 1994, SCC schools have now won 301 state championships. Eighteen additional teams earned runner-up status in CIAC state competition during the year. Congratulations to all of these teams!

State Champions (23)

<u>Sport</u>	<u>Class</u>	<u>School</u>
<u>FALL (7)</u>		
Girls Cross Country	MM	Guilford
Girls Cross Country	Open	Guilford
Boys Cross Country	IL	Xavier
Boys Cross Country	Open	Xavier
Girls Swimming	IL	Cheshire
Football	IL	Cheshire
Football	L	Notre Dame
<u>WINTER (8)</u>		
Girls Basketball	L	Hillhouse
Boys Basketball	M	Sheehan
Ice Hockey	I	Hamden
Ice Hockey	II	Amity
Ice Hockey	III	Guilford
Boys Indoor Track	IL	Hamden
Boys Indoor Track	L	Notre Dame
Boys Indoor Track	M	Hillhouse
<u>SPRING (8)</u>		
Baseball	L	Sheehan
Boys Lacrosse	L	Cheshire
Boys Outdoor Track	Open	Notre Dame
Boys Outdoor Track	IL	Amity
Boys Outdoor Track	L	Hand
Boys Tennis	M	Guilford
Girls Outdoor Track	MM	Hand
Girls Outdoor Track	M	Career

State Runner-Ups (18)

<u>Sport</u>	<u>Class</u>	<u>School</u>
<u>FALL (1)</u>		
Boys Cross Country	IL	Hamden
<u>WINTER (10)</u>		
Girls Basketball	IL	Mercy
Boys Basketball	IL	Hillhouse
Ice Hockey	I	Fairfield Prep
Cheerleading	Coed	Branford
Cheerleading	L	Foran
Boys Indoor Track	Open	Hamden
Boys Indoor Track	IL	Amity
Boys Indoor Track	L	Daniel Hand
Boys Swimming	IL	Fairfield Prep
Boys Swimming	L	Cheshire
<u>SPRING (7)</u>		
Baseball	IL	Xavier
Baseball	L	Notre Dame
Boys Lacrosse	L	Fairfield Prep
Boys Outdoor Track	Open	Amity
Boys Outdoor Track	L	Notre Dame
Boys Tennis	IL	Fairfield Prep
Boys Tennis	M	Branford

Year-by-Year SCC State Championships

State Championship Facts	Year	Fall	Winter	Spring	Total
In 2009-10, SCC member schools won 23 state championships bringing the total to 301 since the league's inception in 1994...	1994-95	5	6	3	14
The 23 state titles tied for the second most in league history (1997-98).... The record for the most state titles in a single year is 26, set in 1996-97... Ten different SCC schools won state titles in 2009-10 with Guilford capturing the most (4: girls cross country-2, ice hockey and boys tennis)... Cheshire and Notre Dame each won three state titles.	1995-96	7	5	8	20
	1996-97	9	8	9	26
	1997-98	9	8	6	23
	1998-99	5	7	6	18
	1999-00	4	9	5	18
	2000-01	6	6	6	18
	2001-02	5	8	9	22
	2002-03	6	6	9	21
	2003-04	9	8	4	21
	2004-05	9	7	5	21
	2005-06	8	8	4	20
	2006-07	4	6	3	13
	2007-08	3	5	3	11
	2008-09	3	5	4	12
	2009-10	7	8	8	23
	TOTALS	99	110	92	301

SCC vs. SCC

In 2009-10, there were seven instances of SCC teams winning a state title and being the runner-up... In head-to-head competition, there were three All-SCC state championship games this year – Division I ice hockey (Hamden 6, Fairfield Prep 5); Class L baseball (Sheehan 9, Notre Dame 5; and Class L boys lacrosse (Cheshire 9, Fairfield Prep 8).

2009-10 Postseason Champions – page 7

The SCC hosted postseason championships in 23 sports during the 2009-2010 academic year. Field hockey, football and Division I ice hockey did not have a tournament. Listed below are the champions, runner-ups and final score/result in each of the sports.

FALL

<u>Sport</u>	<u>Champion</u>	<u>Runner-up</u>	<u>Result</u>
Girls Cross Country:	Cheshire	Guilford	Cheshire (64), Guilford (69)
Boys Cross Country:	Xavier	Hamden	Xavier (63), Hamden (88)
Boys Soccer:	Guilford	Fairfield Prep	1-1 (Guilford, 4-2, PK)
Girls Soccer:	Hand/Cheshire declared co-champions		0-0 – stopped due to weather
Girls Volleyball:	Jonathan Law	Cheshire	3-2 (25-18, 21-25, 25-13, 16-25, 15-11)
Girls Swimming:	Cheshire	Amity	Cheshire (1272.5), Amity (553.3)

WINTER

<u>Sport</u>	<u>Champion</u>	<u>Runner-up</u>	<u>Result</u>
Boys Indoor Track:	Hamden	Amity	Hamden (100), Amity (77)
Girls Indoor Track:	Career	Cheshire	Career (81), Cheshire (73)
Boys Basketball:	North Haven	Hillhouse	41-34
Girls Basketball:	Branford	Hillhouse	70-57
Wrestling:	Hand	Xavier	Hand (173), Xavier (157)
Gymnastics:	Hand	Foran	Hand (132.75), Foran (129.15)
Ice Hockey – Division II:	Cheshire	Amity	3-2
Boys Swimming:	Fairfield Prep	Xavier	Fairfield Prep (866), Xavier (693)
Cheerleading	Shelton (15-over champion), Cheshire (15-over runner-up), West Haven (14-under champion), Career (novice champion), Branford (co-ed champion)		

SPRING

<u>Sport</u>	<u>Champion</u>	<u>Runner-up</u>	<u>Result</u>
Golf:	Cheshire/Fairfield Prep co-champions		Cheshire/Fairfield Prep (313)
Boys Volleyball:	Xavier	Cheshire	3-2 (25-20, 25-17, 17-25, 17-25, 15-8)
Baseball:	Shelton	Amity	4-3, 9 innings
Softball:	Hand	Cheshire	4-0
Boys Tennis:	Fairfield Prep	Cheshire	5-2
Girls Tennis:	Hand	Amity	4-3
Boys Outdoor Track & Field:	Amity	Hand	Amity (118.5), Hand (80)
Girls Outdoor Track & Field:	Career	Hand	Career (100), Hand (71)
Boys Lacrosse:	Cheshire	Fairfield Prep	13-5
Girls Lacrosse:	Hand	Cheshire	14-8

SCC Championship Facts

In 2009-10, thirteen different SCC member schools won or shared a SCC playoff titles... Cheshire and Hand had the most league titles with six, followed by Fairfield Prep and Career (3)... In addition to its league titles, Cheshire also had the most runners-up with seven.



FALL

GIRLS VOLLEYBALL

Divisional Champions

Hammonasset: Jonathan Law (7-1)

Housatonic: Shelton, Cheshire (7-1)

Oronoque: East Haven (7-1)

Quinnipiac: Sacred Heart Academy (6-0)

SCC Playoffs

Quarterfinals – November 2-3 @Higher Seeds

#5 Guilford 3, #4 Foran 0 (25-23, 25-15, 35-33)

#8 Cheshire 3, #1 Sacred Heart Academy 1 (25-22, 25-23, 21-25, 25-23)

#7 Mercy 3, #2 Shelton 2 (23-25, 20-25, 25-16, 25-20, 15-13)

#3 Jonathan Law 3, #6 East Haven 0 (25-17, 25-10, 25-13)

Semifinals – Thursday, November 5 @Higher Seeds

#8 Cheshire 3, #5 Guilford 1 (25-17, 18-25, 25-19, 25-20)

#3 Jonathan Law 3, #7 Mercy 1 (23-25, 25-21, 25-17, 25-23)

Championship – Saturday, November 7 @North Haven HS

Jonathan Law 3, Cheshire 2 (25-18, 21-25, 25-13, 16-25, 15-11)

All-Oronoque

Ashley Raymond (Career), Alice Ni (Branford), Alisha Noble (Wilbur Cross), Aaliyah Robinson (Wilbur Cross), Katie Roberts (North Haven), Hailey Atkinson (Branford), Taylor Barone (East Haven)

All-Quinnipiac

Brianna King (Sacred Heart Academy), Julie Hendrickson (Sacred Heart Academy), Clare Kane (Sacred Heart Academy), Carolyn King (West Haven), Ali Perrelie (West Haven), Amber Bepko (Mercy), Chelsey Wiese (Mercy)

All-Hammonasset

Casey Dulin (Jonathan Law), Meaghan Abbott (Jonathan Law), Caitlin Stapleton (Jonathan Law), Sage Esposito (Foran), Carli Matrisian (Foran), Anne Snedegar (Guilford), Annie Goodrich (Guilford)

All-Housatonic

Jestelle Hanrahan (Shelton), Katie Drenzo (Shelton), Mollie Hamel (Sheehan), Melissa D'Angelo (Lyman Hall), Annie Chase (Amity), Grace Schreiber (Cheshire), Gina Gongaware (Cheshire)

BOYS SOCCER

Divisional Champions

Hammonasset: Guilford (8-0)

Housatonic: Amity (7-1)

Oronoque: Branford (3-1-2)

Quinnipiac: Fairfield Prep (6-1-1)

SCC Playoffs

Semifinals – November 3 @Higher Seeds

#1 Guilford 3, #4 Branford 0

#3 Fairfield Prep 1, #2 Amity 1 (3-0 penalty kicks)

Championship – November 6 @East Haven HS

Guilford defeated Fairfield Prep, 1-1 (4-2 penalty kicks)

All-Quinnipiac

Clayton Ulmer (Hamden), Kevin Burt (Fairfield Prep), Mike Thompson (Xavier), Jon Tebes (Hamden), Matt Gueble (Xavier), Ammar Abu-Stitteh (West Haven), Greg Padilla (Notre Dame), John Monroe (Fairfield Prep), Andrew Gonzalez (Xavier), Jaime Skelton (Fairfield Prep), Travis Rose (West Haven), Ryan McConville (Xavier)

All-Housatonic

Kevin Howard (Amity), Miguel Rodriguez-Lapman (Cheshire), Joe Bonito (Lyman Hall), Adrien Demelier (Amity), Joe Pires (Shelton), Brian Foley (Amity), Alex Mazzella (Cheshire), Matt Esposito (Lyman Hall), Stephen Sasso (Amity), Nick Taglianetti (Sheehan), Eric Rothbart (Cheshire), Lindsley Barrett (Shelton)

All-Hammonasset

Mike Jacobsen (Guilford), Abraham Bartoah (Career/Hillhouse), Chris Sondej (Guilford), Ben Lussier (Hand), Chris Hanna (Foran), Al Lluberes (Guilford), Scott Leone (Guilford), Bill Reynolds (Hand), Chris Rudnick (Foran), Tucker Hackett (Hand), Lonny Quarford (Jonathan Law), Nathan Trucks (Guilford)

All-Oronoque

Marlon Rafael (North Haven), Istvan Kanyo (North Haven), Keegan Hanlon (North Haven), Cameron Brown (Branford), Kenny Byrne (Branford), Will Pottenger (Branford), Nildi Pino (Branford), Oumar Kamara (Wilbur Cross), Lucas Abramo (Wilbur Cross), Eduardo Ingles (East Haven), Zachery Campbell (East Haven), Klever Cordova (East Haven)

GIRLS SOCCER

Divisional Champions

Hammonasset: Hand (5-0-1)

Housatonic: Cheshire (7-1)

Oronoque: Wilbur Cross (5-0-1)

Quinnipiac: Mercy (4-1-1)

SCC Playoffs

Semifinals – November 3 @Higher Seeds

#4 Hand 1, #4 Mercy 1 (3-2 penalty kicks)

#3 Cheshire, #2 Wilbur Cross 1

Championship – November 5 @East Haven HS

Hand 0, Cheshire 0 - *co-champions*

All-Oronoque

Natalie Beach (Wilbur Cross), Megan Rea (East Haven), Ahriel Fernandez (Wilbur Cross), Nicole Paviglione (Branford), Caitlyn Shaw (North Haven), Ariana Ruggiero (Branford), Andreana Thomas (Wilbur Cross), Jaclyn Ranciato (North Haven), Charlotte Beach (Wilbur Cross), Jes Gertsch (East Haven), Amanda Cesare (East Haven), Katie Velaitis (Wilbur Cross)

All-Housatonic

Casey Nowakowski (Cheshire), Kylee McIntosh (Cheshire), Laura Holroyd (Lyman Hall), Jennifer Spicer (Shelton), Tabitha Brown (Amity), Katelyn Cimmino (Amity), Janie Schlauter (Sheehan), Allison Ferro (Shelton), Alexandra Farley (Shelton), Gianna Massa (Sheehan), Molly Dupont (Cheshire), Erica Correa (Cheshire)

All-Hammonasset

Kerry Wallack (Hand), Lindsay Ruotolo (Guilford), Christina Dineson (Foran), Meghan Derken (Hand), Alexis Gilhuly (Guilford), Taylor Rotella (Jonathan Law), Chelsea Zabel (Guilford), Olivia Platia (Guilford), Shelley Mirmina (Foran), Kasey Butts (Jonathan Law), Lianna Simms (Hand), Hannah Stone (Hand)

All-Quinnipiac

Nicole Pacapelli (West Haven), Kerry Doyle (Sacred Heart Academy), Marlana Gomes (Mercy), Gabby Benitez (Hamden), Monica Yanez (West Haven), Gabby Pallotto (Hamden), Allie Revoir (Mercy), Meghan Zwahlen (Sacred Heart Academy), Laura Purcell (West Haven), Allie Morales (Mercy), Deanna Margius (Sacred Heart Academy), Alex DeStefano (Hamden)

FIELD HOCKEY

Regular-season Champion: Hand (10-0)

Runner-up: Branford (9-1)

All-Conference First Team

Cheyenne Carden (Branford), Lauren Hague (Cheshire), Sally Adua (Hand), Emily Jablonski (Hand), Katie Jolin (Guilford), Allie Doheny (North Haven), Elizabeth Kadow (Sheehan), Kristina Ruotolo (Branford), Molly Deroy (Hamden), Cat Chatillon (Hand), Emily O'Halloran (Cheshire), Kailey Farrell (Cheshire)

All-Conference Second Team

Erica McLean (Branford), Kearney Sneath (Branford), Brittany Gladish (Cheshire), Shaelin Gottlick (Hand), Dara Davis (Guilford), Hannah Duggan (Guilford), Chelsea Alpert (Hamden), Victoria Vickerman (Mercy), Aimie Angeletti (Sheehan), Holly Johnson (Amity), Emma Price (Hand), Desiree Fredericks (North Haven), Ali Birnbaum (Hand)

FOOTBALL

Divisional Champions

Division I East: Notre Dame (4-0)

Division I West: Xavier (4-0)

Division II East: North Haven (3-0)

Division II West: Branford/Hillhouse (3-1)

Division I – Offense

OL: Brandon Maroney (Xavier), Luke Scinto (Cheshire), Frank Civitello (West Haven), Dom Diglio (Notre Dame), Alex DeMarco (Hamden)

WR: Conor Keniry (Notre Dame), Maurice Morrison (Wilbur Cross), Alex Shaw (Hand), Paul Piccirillo (Shelton)

RB: Julian Hayes (Xavier), Justin Willis (Notre Dame), James Ward (Wilbur Cross)

QB: Alex Pace (Xavier), Jason Lassiter (Hamden), Greg Palmer (Cheshire)

UTY: Nick Merullo (Hand)

Division I – Defense

DL: Rob Bowman (Notre Dame), Connor Capasso (Amity), Jo-Von Ladson (Hamden), Hayden Stanton (Xavier), Cameron Davis (Hamden)

LB: Dan Sweeney (Cheshire), Tito Slaughter (Wilbur Cross), Graham Stewart (Xavier), Joel Youd (Shelton), Devante Credle (West Haven)

DB: Kyle Vignone (Fairfield Prep), Mike Georgalas (Shelton), Tom Scanlon (Amity), Paul Tuscano (Cheshire)

P: Ray Pendagast (Shelton)

Division II – Offense

OL: Anthony Chiaia (North Haven), Ben Urbasik (Lyman Hall), Mike Ficorilli (Guilford), Ryan Furlow (Foran), Robert Goldstein (Lyman Hall)

WR: Matt Fallon (East Haven), Pedro Boscovic (Branford), Stephen Dejournett (Hillhouse)

RB: Kendrick Amaker (North Haven), Spencer Jones (Hillhouse), Joe Desandre (Lyman Hall)

QB: Tucker Schumitz (Foran), Andrew Luzzi (Branford)

UTY: Zach Prefontaine (Sheehan)

PK: Adam Dear (Guilford)

Division II – Defense

DL: Jon Proto (North Haven), Stanley Bajerski (Jonathan Law), Kunimel Lomotey (Branford), Dashon Riley (Hillhouse)

LB: Ugur Citlak (Lyman Hall), Jon Lytle (Sheehan), Reno Dunkley (Hillhouse), Brett Biestek (Sheehan), Joe Williams (North Haven)

DB: Harrison Goodkind (Branford), Alex Mihalov (Jonathan Law), Will Stitilis (Guilford), Ricky Festa (Foran)

P: Cory Vienneau (Jonathan Law)

UTY: Doug Daniells (Foran)

GIRLS SWIMMING

Division I Champion: Cheshire (6-0)

Division II Champion: Mercy (7-0)

SCC Championship Meet – November 4 at

Kiputh Pool – Yale University

Final Team Results: **Final Team Results:** 1. Cheshire, 1272.50; 2. Amity, 553.50; 3. Branford, 431.50; 4. Shelton, 429; 5. Mercy, 394; 6. Hand, 334; 7. Sacred Heart Academy, 324; 8. West Haven, 271; 9. Hamden, 241; 10. North Haven, 194; 11. Foran, 125; 12. Lyman Hall, 123; 12. Jonathan Law, 123; 14. Guilford, 13; 15. Sheehan, 4; 16. East Haven, 3.5

All-Conference

200 Medley Relay

Cheshire – 1:52.63 (Catherine Patrell-Kim Jerome-Stephanie Nguyen-Maggie Ptaszynski)

Amity – 1:53.50 (Priyanka Bhargava-Kristina Gulia-Morgan Turner-Dana Grindall)

200 free

Jennifer Tavares (Cheshire), Kathryn Kiely (Shelton), Karen Novak (Cheshire)

200 IM

Ally Perrotti (Branford), Dana Primer (West Haven), Theresa Goehring (Mercy)

50 free

Michaela Kearney (Mercy), Dana Grindall (Amity), Deirdre Haren (Hand)

Diving

Jennifer Thompson (Cheshire), Morgan Schwenn (Cheshire), Amanda Saslow (North Haven)

100 fly

Dana Grindall (Amity), Kim Jerome (Cheshire), Kathryn Kiely (Shelton)

100 free

Michaela Kearney (Mercy), Jenna Cannata (Cheshire), Sam Garcia (West Haven)

500 Free

Jen Tavares (Cheshire), Karen Novak (Cheshire), Lexi Koukos (Cheshire)

100 Back

Maegan McGee (Cheshire), Ally Barry (Cheshire), Nicole Rhodes (Mercy)

100 Breast

Kim Jerome (Cheshire), Ally Perrotti (Branford), Kristina Gulia (Amity)

200 Free Relay

Cheshire (Jenna Cannata, Maggie Ptaszynski, Stephanie Nguyen, Karen Novak)

Amity (Robyn Kenyon, Morgan Turner, Anna Lu, Dana Grindall)

400 Free Relay

Cheshire (Jen Tavares, Jenna Cannata, Melissa Metcalf, Karen Novak)

Mercy (Theresa Goehring, Haylla Reidy, Nicole Rhodes, Michaela Kearney)

BOYS CROSS COUNTRY

Divisional Champions

Hammonasset: Guilford (4-0)

Housatonic: Amity (4-0)

Oronoque: North Haven (4-0)

Quinnipiac: Xavier (4-0)

SCC Championship Meet – October 22 at

Hammonasset State Park

Final Team Results: 1. Xavier, 63; 2. Hamden, 88; 3. Cheshire, 106; 4. Amity, 113; 5. Fairfield Prep, 123; 6. Hand, 166; 7. Guilford, 177; 8. Shelton, 181; 9. North Haven, 249; 10. Sheehan, 309; 11. Branford, 322; 12. Lyman Hall, 336; 13. Foran, 353; 14. Jonathan Law, 354; 15. Notre Dame, 441; 16. West Haven, 478; 17. Hillhouse, 493; 18. East Haven, 524

All-Conference

Sean Mueller (Cheshire), Ryan Laemel (Amity), Connor Rog (Fairfield Prep), Dan Nestor (Hand), Dave Cotton (Hand), Ian Albert (Xavier), Chris FitzSimons (Hamden), Nick Saba (Hamden), Nick Lemon (Xavier), Jonathan Anelli (Xavier), Dean Bhatt (Amity), John Cocco (Amity)

All-Oronoque

Patrick Hubbell (North Haven), Thomas Dextrateur (Branford), Kevin Gell (Branford), Casey Mackay (North Haven), Matthew Korstep (North Haven), David Salvo (North Haven), Stephen LaLuna (North Haven), Ryan Parris (Wilbur Cross)

All-Quinnipiac

Connor Rog (Fairfield Prep), Ian Albert (Xavier), Chris FitzSimons (Hamden), Nick Saba (Hamden), Nick Lemon (Xavier), Jonathan Anelli (Xavier), John Corona (Xavier), Isiah Whiting (Hamden)

All-Hammonasset

Dan Nestor (Hand), Dave Cotton (Hand), Jeff Moretti (Guilford), Matt Marchand (Guilford), Alex Liontas (Foran), Peter Clarke (Hand), Mike McGowan (Guilford), Andrew Fowler (Jonathan Law)

All-Housatonic

Sean Mueller (Cheshire), Ryan Laemel (Amity), Dean Bhatt (Amity), John Cocco (Amity), Jason Shnipes (Shelton), Kyle Casiglio (Shelton), Dan Harris (Cheshire), Allen Copas (Lyman Hall)

GIRLS CROSS COUNTRY

Divisional Champions

Hammonasset: Guilford (4-0)

Housatonic: Amity (4-0)

Oronoque: Branford (4-0)

Quinnipiac: Mercy (3-0)

SCC Championship Meet – October 22 at Hammonasset State Park

Final Team Results: 1. Cheshire, 64; 2. Guilford, 69; 3. Shelton, 82; 4. Hand, 84; 5. Branford, 129; 6. Amity, 164; 7. Mercy, 175; 8. Hamden, 246; 9. Jonathan Law, 284; 10. Career, 288; 11. Sheehan, 329; 12. Lyman Hall, 343; 13. Foran, 357; 14. North Haven, 409; 15. West Haven, 422; 16. Sacred Heart Academy, 451

All-Conference

Sarah Cotton (Hand), Kellie Davis (Career), Kathleen Kalbian (Cheshire), Val Williams (Guilford), Carolyn Williams (Hamden), Megan Carroll (Shelton), Megan Lynch (Hand), Julie Hart (Cheshire), Kelsey Grimmer (Shelton), Brianne Vess (Mercy), Lauren Villano (Guilford), Melissa Corrado (Shelton)

All-Oronoque

Kellie Davis (Career), Emily Arsenault (Branford), Lisa MacLachlan (Branford), Shari Peterson (Branford), Erika Zocher (Branford), Shana Casey (Branford), Meg O'Brien (Branford), Precious Holmes (Career)

All-Housatonic

Kathleen Kalbian (Cheshire), Megan Carroll (Shelton), Julie Hart (Cheshire), Kelsey Grimmer (Shelton), Melissa Corrado (Shelton), Sarah Fusco (Cheshire), Amanda Chang (Cheshire), Tesni Phillips (Cheshire)

All-Hammonasset

Sarah Cotton (Hand), Val Williams (Guilford), Megan Lynch (Hand), Lauren Villano (Guilford), Megan Powell (Guilford), Katie Duman (Guilford), Ciara Collins (Hand), Emily Taylor (Guilford)

All-Quinnipiac

Carolyn Williams (Hamden), Brianne Vess (Mercy), Kathleen Darling (Mercy), Chelsea Harris (Hamden), Leah Hetzel (Mercy), Monica Castro (Mercy), Cheetiri Smith (West Haven), Stephanie Baldwin (Sacred Heart Academy)

WINTER

BOYS BASKETBALL

Divisional Champions

Hammonasset: Hillhouse (8-0)

Housatonic: Sheehan (8-0)

Oronoque: Wilbur Cross (7-1)

Quinnipiac: Notre Dame (7-1)

SCC Playoffs

First Round – February 25 @ Higher Seeds

#4 Wilbur Cross 84, #13 Fairfield Prep 56

#5 Notre Dame 59, #12 West Haven 52

#6 Branford 51, #11 Career 31

#10 Lyman Hall 73, #7 Jonathan Law 65

#9 Hamden 58, #8 Xavier 54

Quarterfinals – February 27 @ East Haven HS

#1 Hillhouse 63, #9 Hamden 56

#4 Notre Dame 65, #4 Wilbur Cross 59

#2 Sheehan 66, #10 Lyman Hall 51

#3 North Haven 52, #6 Branford 42

Semifinals – March 1 @ TD Bank Sports Center –

Quinnipiac University

North Haven 70, Sheehan 66

Hillhouse 73, Notre Dame 34

Championship – March 2 @ TD Bank Sports Center –

Quinnipiac University

North Haven 41, Hillhouse 34

All-Oronoque

Jim Gagliardi (East Haven), Kevin Hoff (Career), Billy McDonald (North Haven), Gerald McCleave (Wilbur Cross), Brian Salzillo (North Haven), Taylor Sullivan (Branford)

All-Hammonasset

Tavon Allen (Hillhouse), Jengodji Gates (Hillhouse), Eric Hedberg (Guilford), Riley Kirsch (Daniel Hand), Spencer Smith (Hillhouse), Kyle Wiggins (Jonathan Law)

All-Housatonic

Brett Biestek (Sheehan), Rich Bronson (Lyman Hall), Christian Collette (Sheehan), Brian DeBisschop (Cheshire), Phil Gaetano (Sheehan), Ray Pendagast (Shelton)

All-Quinnipiac

Sean Dempsey (Notre Dame), Stephen Gulish (Fairfield Prep), Quenten Howard (Notre Dame), Tucker Landy (Xavier), Ryan Vilmont (Hamden), Gary Williams (West Haven)

GIRLS BASKETBALL

Divisional Champions

Hammonasset: Hillhouse (7-1)

Housatonic: Sheehan/Lyman Hall (7-1)

Oronoque: Career (8-0)

Quinnipiac: Mercy (6-0)

SCC Playoffs

First Round – February 18 @Higher Seeds

#5 Lyman Hall 58, #12 Foran 53

#6 Sheehan 50, #11 Sacred Heart Academy 41

#7 Branford 78, #10 Wilbur Cross 57

#8 Hamden 83, #9 Guilford 55

Quarterfinals – February 20 @West Haven HS

#1 Hillhouse 68, #8 Hamden 58

#5 Lyman Hall 65, #4 Jonathan Law 53

#7 Branford 65, #2 Career 62

#3 Mercy 52, #6 Sheehan 48

Semifinal – February 22 @TD Bank Sports Center –

Quinnipiac University

Branford 45, Mercy 40

Hillhouse 66, Lyman Hall 38

Championship – February 23 @TD Bank Sports Center –

Quinnipiac University

Branford 70, Hillhouse 57

All-Oronoque

Shaniqua Fuller (Wilbur Cross), J'Voni Hilton (Career),

Jasmine Claxton (Career), Bria Moore (Career), Molly

Poryanda (Branford), Courtney Schissler (Branford)

All-Hammonasset

Annie Goodrich (Guilford), Annie Raucci (Foran), Casey

Dulin (Jonathan Law), Courtney Brown (Hillhouse), Bria

Holmes (Hillhouse), Andreana Thomas (Hillhouse)

All-Housatonic

Bre Butler (Sheehan), Jen Ruys (Lyman Hall), Kelly Riddle

(Cheshire), Lindsay Karle (Lyman Hall), Nkenge Blue

(Amity), Mollie Hamel (Sheehan)

All-Quinnipiac

Amber Bepko (Mercy), Cara Deroy (Hamden), Saige Johnson

(Sacred Heart Academy), Danielle Machold (Mercy), Molly

Deroy (Hamden), Sadie Edwards (Mercy)

ICE HOCKEY

Division I: West Haven, Fairfield Prep (5-1)

Division II: Amity (8-0)

SCC Division II Playoffs

Semifinals – March 5 @Bennett Rink

#1 Amity 3, #4 Lyman Hall 2

#2 Cheshire 4, #3 Hand 2

Championship – March 6 @Bennett Rink

Cheshire 3, Amity 2

Division I – First Team

Spencer Sodokoff (Fairfield Prep), Darric White (Fairfield

Prep), John Ascenzia (West Haven), P.J. Vakos (Hamden),

James Redman (Notre Dame), Jackson Bargiello (Fairfield

Prep), Jack Even (Xavier)

Division I – Second Team

J.P. Withington (West Haven), Lou Pane (East Haven),

Anthony Cuomo (North Haven), Tim Baylis (West Haven),

Jim Burt (Hamden), John Tuelings (Hamden), Chuck Warner

(West Haven)

Division II – First Team

Mike Devine (Cheshire), Andrew Zona (Lyman Hall), Corey

Shea (Amity), Zach Gilhuly (Guilford), Ryan Rainville (Lyman

Hall), T.K. Kiernan (Sheehan), Marcus Demchak (Milford)

Division II – Second Team

Mike Diglio (Cheshire), Tyler Bauer (Hand), Chuck Catala

(Lyman Hall), James Keegan (Cheshire), Scott Lachapelle

(Hand), Kurt Wehr (Amity), Alec Mansfield (Amity)

GYMNASTICS

SCC Championship Meet – February 11 at

Jonathan Law HS

Final Team Standings: 1. Hand, 132.75; 2. Foran, 129.15; 3.

Jonathan Law, 128; 4. Branford, 84.55; 5. Hamden, 38.7

All-Conference

Kim Megargee (Hand), Dana Colonese (Guilford), Leanne

Petrillo (Branford), Jasmine Walwer (Guilford), Andrea Figuly

(Foran), Julia Rubano (Hand), Corinne Sejourne (Guilford),

Danielle Novak (Jonathan Law), Chelsea Cordova (Mercy),

Grace Glennon (Jonathan Law), Maia Smith (Hand), Lisa

LeRoux (North Haven), Valerie Coleman (Jonathan Law),

Amanda Rubano (Hand), Abby Shackett (Jonathan Law)

BOYS SWIMMING

Regular Season: Fairfield Prep (12-0)

SCC Championship Meet – March 3 @Kiputh Pool – Yale University

Team Scores: 1. Fairfield Prep 866; 2. Xavier 693; 3. Amity 419; 4. Branford 407; 5. Cheshire 384; 6. Notre Dame 381.5; 7. Sheehan 274; 8. North Haven 264; 9. Hamden 252; 10. Foran 251.5; 11. Lyman Hall 230; 12. Shelton 192; 13. West Haven 145; 14. Hand 57; 15. Jonathan Law 26; 16. Guilford 11

All-Conference

200 yard Medley Relay

Sheehan (Justin Alexandre, Joshua Bjornberg, Sean Miller, Jared Thurston)
Xavier (William Thomann, Kyle Newton, Kevin Davila, Michael Wilson)

200 yard Freestyle

Edward Becker (Fairfield Prep), Tyler Naumann (Xavier), Brett Borgognone (Notre Dame)

200 yard IM

Andrew Golankiewicz (Fairfield Prep), Kevin Kosciuk (Xavier), William Thomann (Xavier)

50 yard Freestyle

Jared Thurston (Sheehan), Alex Lombardi (Branford), Kristof Toth (Fairfield Prep)

Diving

Peter Cyr (Hamden), Tyler Pramer (Fairfield Prep), William Conte (Branford)

100 yard Butterfly

Kevin Davila (Xavier), Kevin Kosciuk (Xavier), Dylan Swanepoel (Foran)

100 yard Freestyle

Kristof Toth (Fairfield Prep), Tyler Naumann (Xavier), Tyler Dieter (North Haven)

500 yard Freestyle

Edward becker (Fairfield Prep), Jacob Dibella (Xavier), Matthew Hellauer (Shelton)

200 yard Freestyle Relay

Fairfield Prep (Kristof Toth, Bryan Dougherty, Tyler Pramer, Edward Becker)
Xavier (Michael Wilon, Will Loftus, Kevin Davila, Tyler Naumann)

100 yard Backstroke

Justin Alexandre (Sheehan), Andrew Golankiewicz (Fairfield Prep), William Thomann (Xavier)

100 yard Breaststroke

Eric Holden (Amity), Kyle Lemere (Amity), Eric Thurston (Lyman Hall)

400 yard Freestyle Relay

Fairfield Prep (Tyler Pramer, Ryan Cahalane, Andrew Golankiewicz, Edward Becker)
Xavier (William Thomann, Kevin Kosciuk, Kyle Newton, Tyler Naumann)

BOYS INDOOR TRACK

SCC Championship Meet – February 5 @New Haven Athletic Center

Final Team Standings: 1. Hamden, 100; 2. Amity, 77; 3. Hillhouse, 43; 4. Notre Dame, 37; 5. Sheehan, 36; 6. Hand, 34; 7. North Haven, 30; 8. Xavier, 26; 9. Cheshire, 22; 10. Branford, 14; 11. Career, 11; 12. East Haven, 9; 12. Fairfield Prep, 9; 14. Lyman Hall, 8; 14. Shelton, 4; 16. Wilbur Cross, 3; 18. West Haven, 1; 19. Guilford, 1

All-Conference

Brandin Jones (Hillhouse), 55 meter hurdles
Brian Kernan (Amity), 55 meters
Chris FitzSimons (Hamden), 1000 meters
Isiah Whiting (Hamden), 600 meters
Ryan Laemel (Amity), 1600 meters, 3200 meters
Justin Doehr (Sheehan), 300 meters
Anthony Suggs (Career), Long Jump
Matthew Jeune (Notre Dame), High Jump
Jack Somers (Sheehan), Pole Vault
Stephen Shumaker (Notre Dame), Shot Put
Hamden (Blake Gatison, Justin Gee, Patrick Cyr, Matthew Dinnan), 4 x 800 Relay
Hamden (Barry Abraham, Frank Greene, Isiah Whiting, Chris FitzSimons), 1600 Sprint Medley Relay
Hamden (Matthew Dinnan, Chris FitzSimons, David Hu, Kevinn Tran), 4 x 400 Relay
Amity (Dylan Cohen, Nathan Courtermarsh, David Karabinos, Christopher Katz), 4 x 200 Relay

GIRLS INDOOR TRACK

SCC Championship Meet – February 5 @New Haven Athletic Center

Final Team Standings: 1. Career, 81; 2. Cheshire, 73; 3. Hillhouse, 51; 4. Hand, 36; 5. West Haven, 35; 6. Hamden, 30; 7. Sacred Heart Academy, 26; 8. Branford, 22; 9. North Haven, 21; 10. Shelton, 20; 11. Mercy 16; 12. Wilbur Cross, 15; 12. Sheehan, 15; 14. Guilford, 12; 14. Amity, 12.

All-Conference

Hand (Meghan Derken, Megan Lynch, Malin Althin, Kendall Daub), 4 x 800 relay
Monica Yanez (West Haven), 55 meter hurdles
Ada Udaya (West Haven), 55 meters
Julie Hart (Cheshire), 1000 meters
Paris Taft (Career), 600 meters
Kellie Davis (Career), 1600 and 3200 meters
Sacred Heart Academy (Frankie Brillante, Kerry Doyle, Amanda Rindgen, Deanna Margius), 1600 Sprint Medley relay
Jenna Wilborne (Hillhouse), 300 meters
Hand (Malin Althin, Kendall Daub, Meghan Derken, Rachel Johansen), 4 x 400 meter relay
Hillhouse (Chantel Adams, Angeline Forman, Brianna Sims, Jenna Wilborne), 4 x 200 meter relay
Brianna Sims (Hillhouse), Long Jump
Kylee McIntosh (Cheshire), High Jump
Martina Benassi (North Haven), Pole Vault
Rachel Aliotta (Cheshire), Shot Put

WRESTLING

Division I: Xavier (8-0)

Division II: Cheshire (5-4)

SCC Championship Meet:

February 13 @Guilford High School.

Final Team Standings: 1. Hand, 173; 2. Xavier, 157; 3. Shelton, 144; 4. Amity, 81; 5. Cheshire, 75, 6. Jonathan Law, 48.5; 7. Foran, 46; 8. Guilford, 42.5; 9. East Haven, 39; 10. New Haven, 24; 11. Branford, 20; 11. Sheehan, 20; 13. Fairfield Prep, 18

Individual Results

(Winner of Championship is First Team All-Conference; Runner-up is Second Team)

Individual Results (*Championship Match is listed first*)

103 lbs. – Justin Elias (Hand) def. C.J. Luth (Foran), 15-5
Mark Falla (Shelton) def. Alex Kasinkas (Xavier), 8-4

112 lbs. – Ricky Jorge (Xavier) def. Pete Litwin (Amity), 6-2
Sean Kellett (Shelton) def. Saroj Bhandari (Branford), 5-3

119 lbs. – Jason Richardson (Law) pinned Jake Savoca (Hand), 1:45

Jason Rojas (Fairfield Prep) def. Tyler Bishop (Amity), 3-2
125 lbs. – Eddie Carroll (Hand) def. Jed Cervero (Cheshire), 3-2

Brian Dinse (Guilford) pinned Billy D'Avignon (Foran), 4:02

130 lbs. – Ed Hunt (Shelton) def. Max Flanagan (Hand), 17-6

Brandon Ferrigno (Branford) def. Tylor Baker (Law), 9-3

135 lbs. – John Jongbloed (Hand) def. Ryan Butler (Xavier), 5-2
Steve Carmona (East Haven) def. Andrew Rogers (Cheshire), 18-6

140 lbs. – Nick Giuletti (Sheehan) def. Tyler Cunningham (Xavier), 9-3

Ricky Jordan (Shelton) def. Tim Proctor (Guilford), 10-1

145 lbs. – Mike DiNicola (East Haven) def. Elliott Antler (Xavier), 8-2

A.J. Pyne (Amity) def. C.J. Cavuoto (Shelton), 5-3 (OT)

152 lbs. – Brian Onofrio (Hand) def. Dillon Carter (Xavier), 5-2

Brian Antunes (Shelton) def. Evan Miles (Amity), 5-4

160 lbs. – Alex Carpenter (Amity) def. Will Pogacsas (Shelton), 3-0

Drew Pichnarak (Xavier) def. Matt Topitzer (Cheshire), 9-8

171 lbs. – Kyle Copes (Cheshire) def. Mike Frizinia (Shelton), 9-4

Rick Hahn (Hand) def. Ian Brocksleper (Guilford), 6-3

189 lbs. – Tito Slaughter (New Haven) def. Colter Abely (Xavier), 11-4

Rob Gelozin (Shelton) pinned Stephon Davis (Law), 1:45

215 lbs. – Pat Gillen (Shelton) pinned Sean Marinan (Xavier), 1:21

Dylan Lindahl (Hand) pinned Jake Reid (Cheshire), 1:46

285 lbs. – Joseph DiMichele (Hand) def. Matt Kunkel (Xavier), 4-3

Ryan Furlow (Foran) pinned Mike Milano (Guilford), 4:53

CHEERLEADING

SCC Competition – February 6 @North Haven HS

Novice Division: 1. Career (64 points); 2. Hillhouse (52.5); 3. Wilbur Cross (12)

Co-Ed Division: 1. Branford (105 points)

14-Under Division: 1. West Haven (92 points); 2. Hand (90.5); 3. Lyman Hall (80.5)

15-over Division: 1. Shelton (106.5 points); 2. Cheshire (91.5); 3. North Haven (91); 4. Jonathan Law (88); 5. Sacred Heart Academy (87.5); 6. East Haven (84); 7. Mercy (78.5); 8. Foran (70.5); 9. Sheehan (70)

Spirit Award – Branford

SPRING

BASEBALL

Divisional Champions

Hammonasset: Jonathan Law (8-0)

Housatonic: Amity (8-0)

Oronoque: East Haven/North Haven (6-2)

Quinnipiac: Xavier (7-1)

SCC Playoffs

Quarterfinals – May 25 @Piurek Field - West Haven HS/ Quigley Stadium

#2 Jonathan Law 7, #7 East Haven 2

#3 Shelton 7, #6 Notre Dame 0

#1 Amity 3, #8 North Haven 2

#5 Xavier 4, #4 Foran 2 @Cheshire HS

Semifinals – May 27 @ Yale Field

Shelton 10, Jonathan Law 6

Amity 5, Xavier 2

Championship – May 29 @ Yale Field

Shelton 4, Amity 3 (9 innings)

All-Housatonic

Anthony Aprile (Amity), Vin Siena (Amity), T.K. Kiernan (Sheehan), Eric Christensen (Shelton), Max Slade (Cheshire), Dom Severino (Cheshire), Dan St. George (Shelton), Nick Baviello (Amity), Joe Ciancola (Amity), Lou Concato (Amity), Reid Nelson (Sheehan)

All-Quinnipiac

T.J. Shea (Notre Dame), Conor Keniry (Notre Dame), Max Freccia (Fairfield Prep), John Ascenzia (West Haven), Oliver Hart (Xavier), Connor Marr (Fairfield Prep), Mike Dwyer (Hamden), Will Hindinger (Hamden), Dave Beisler (Notre Dame), Shaun Coughlin (Xavier), Nick Vig (Fairfield Prep)

All-Hammonasset

Nick Merullo (Hand), Brett-Michael Doran (Jonathan Law), Ed Michaud (Foran), Josh Rouse (Jonathan Law), Flynn Donovan (Hand), Mike Pascarella (Foran), Ian Remington (Guilford), Jeff St. Pierre (Jonathan Law), Zack Soulier (Jonathan Law), Brian Ward (Foran), Pat Kinsella (Guilford)

All-Oronoque

Joseph Tiroletto (Career), Vin Guglietti (East Haven), Mike Perry (East Haven), Buddy Shea (Branford), Andrew Luzzi (Branford), Erick Yavarone (North Haven), Ryan Figaro (Branford), Paul Spadacenta (East Haven), Brian Salzillo (North Haven), Jeff Stoddard (Branford), Pat O'Brien (East Haven)

BOYS LACROSSE

Regular-Season: Cheshire (7-0)

SCC Playoffs

Quarterfinals – May 24 @Higher Seeds

#2 Fairfield Prep 17, #7 Hamden 8

#5 Hand 10, #4 Xavier 9 (OT)

#3 Guilford 8, #6 Amity 7

#1 Cheshire 19, #8 Notre Dame 6

Semifinals – May 26 @Branford HS

Cheshire 16, Hand 8

Fairfield Prep 9, Guilford 2

Championship – May 28 @Branford HS

Cheshire 13, Fairfield Prep 5

All-Conference First Team

Attack: Todd Heritage (Cheshire), Brendan Rotanz (Fairfield Prep), Griff McGoldrick (Fairfield Prep), Nick Carisio (Cheshire), Kevin Gunn (Guilford)

Midfield: Mike Devine (Cheshire), Mike Carey (Fairfield Prep), Chad Crisco (Hand), Tyler Cox (Fairfield Prep), Chris Barney (Cheshire), Brad Biondello (Xavier)

Defense: Darric White (Fairfield Prep), Torrey Martone (Cheshire), Alex Matarazzo (Fairfield Prep), Christian Cataruzza (Guilford), Dan Valdin (Xavier)

Long Stick Midfield: Evan Gaudio (Cheshire)

Short Stick Defensive Midfield: Matt Sansone (Cheshire)

Goalkeeper: Nate Gaudio (Cheshire)

All-Conference Second Team

Attack: Paul Alberti (Hand), Matt Kycia (Xavier), Jeff Bakos (Hamden), Connor Byrne (Fairfield Prep), Jack Willson (Hand), Mike Choiniere (Amity)

Midfield: Harrison Goodkind (Branford), Aaron Trama (Xavier), Nick Guarino (Cheshire), Billy Marrone (Amity), Rob Caserta (Hand), Casey Dowd (Hand)

Defense: Joe Klemenz (Cheshire), John Helwig (Amity), Chris Dooley (Notre Dame), Bill Quinlan (Branford), Brian Freeland (Xavier)

Long Stick Midfield: Kevin Maiorano (Fairfield Prep)

Short Stick Defensive Midfield: Tom Intrieri (Fairfield Prep)

Goalkeeper: Adam Dear (Guilford)

GIRLS LACROSSE

Regular-Season: Hand (6-0)

SCC Playoffs

Quarterfinals – May 24 @Higher Seeds

#2 Cheshire 19, #7 Amity 7

#4 Hamden 11, #5 Sacred Heart Academy 8

#3 Guilford 14, #6 Branford 11

#1 Hand 18, #8 Mercy 3

Semifinals – May 26 @Hamden High School

Hand 14, Hamden 6

Cheshire 13, Guilford 8

Championship – May 28 @Branford HS

Hand 14, Cheshire 8

All-Conference First Team

Attack: Maddie Coulter (Branford), Kailey Farrell (Cheshire), Hannah Morgan (Daniel Hand), Jenna McPhail (Hamden)

Midfield: Emily Jablonski (Daniel Hand), Katharine Eddy (Cheshire), Becca Church (Daniel Hand), Makenzie Givens (Hamden), Kearney Sneath (Branford)

Defense: Kaila Gottlick (Daniel Hand), Brittany Gladish (Cheshire), Taylor Gardner (Daniel Hand)

Goalkeeper: Christy Forrest (Daniel Hand)

All-Conference Second Team

Attack: Dara Davis (Guilford), Cassie Slowik (Sacred Heart Academy), Maddie Willson (Daniel Hand)

Midfield: Amy McNeil (Amity), Ellen Kebabian (Guilford), Maria Blois (Cheshire), Maura Calamari (Mercy), McKezie Farquharson (West Haven), Lauren Oswald (Daniel Hand)

Defense: Emily Fowler (Branford), Ronnie Awaya (Amity), Hillary Herr (Guilford)

Goalkeeper: Cheyenne Carden (Branford)

GOLF

Divisional Champions

Hammonasset: Guilford (8-0)

Quinnipiac: Fairfield Prep (6-0)

Housatonic: Cheshire (8-0)

Oronoque: Branford (8-0)

SCC Championships – May 25 @Brooklawn Country Club (par 71)

Final Results: 1. Cheshire (313); 1. Fairfield Prep (313); 3. Xavier (329); 4. Amity (338); 5. Hand (342); 6. Guilford (346); 7. Hamden (351); 8. Shelton (372); 9. East Haven (394)

Medalist: Conor McGovern (Fairfield Prep), Greg Palmer (Cheshire), +4 (75)

All-Conference

Greg Palmer (Cheshire), Conor McGovern (Fairfield Prep), Gil Lassen (Cheshire), Geoff Vartelas (Xavier), Matt Mastronardi (Fairfield Prep), John Basile (Fairfield Prep), Alex Marieb (Amity)

BOYS VOLLEYBALL

Regular-Season: Xavier, Cheshire (7-1)

SCC Playoffs

Semifinals – May 25 @Higher Seeds

#1 Xavier 3, #4 Hand 1 (23-25, 25-13, 25-16, 25-20)

#2 Cheshire 3, #3 Shelton 2 (17-25, 16-25, 25-17, 25-18, 25-11)

Championship – May 27 @Amity Regional HS

Xavier 3, Cheshire 2 (25-20, 25-17, 17-25, 17-25, 15-8)

All-Conference First Team

Brenton Dowd (Hand), Mike Buonincontra (Shelton), Mike Clark (Cheshire), Ray Santagaj (Xavier), Ryan Love (Xavier), Sean Nelson (Xavier), Nate Howard (Cheshire)

All-Conference Second Team

Dave Gomes (Shelton), Bryan Coloma (Shelton), Steve Sutherland (Cheshire), Paul Boynton (Hand), Casey Taillie (Xavier), Joe Bahgat (Cheshire), Eliot Demelier (Amity)

SOFTBALL

Divisional Champions

Hammonasset: Hand (8-0)

Housatonic: Cheshire/Lyman Hall/Shelton (5-3)

Oronoque: East Haven/North Haven (6-2)

Quinnipiac: West Haven/Mercy (5-1)

SCC Playoffs

Quarterfinals – May 25 @Higher Seeds

#1 Hand 11, #8 East Haven 1

#7 Cheshire 3, #2 Guilford 1 (8 innings)

#4 Shelton 8, #5 Lyman Hall 4

#3 West Haven 4, #6 Mercy 3

Semifinals – May 26 @Biondi Field - West Haven HS

Cheshire 9, West Haven 6

Hand 5, Shelton 0

Championship – May 27 @Biondi Field - West Haven HS

Hand 4, Cheshire 0

All Hammonasset

Leah Torre (Guilford), Katelyn Wall (Daniel Hand), Rachel Booth (Foran), Kelly Olencki (Jonathan Law), Maggie McGuire (Daniel Hand), Carli Matrisian (Foran), Tory Brinkley (Guilford), Mel Abbott (Daniel Hand), Kate Sartory (Daniel Hand), Mallory Streat (Guilford), Melissa Nelson (Jonathan Law)

All-Housatonic

Allison Baker (Amity), Samantha Rosetti (Shelton), Lauren Zambrano (Lyman Hall), Allison Fountain (Cheshire), Holli Ryan (Sheehan), Ali Giannone (Cheshire), Taylor Baker (Amity), Christina Androlat (Lyman Hall), Anna Marcucilli (Cheshire), Brittany Lampert (Shelton), Kelsey McDonnell (Shelton)

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All-Oronoque

Ashley Borchert (East Haven), Brianna Spadacenta (East Haven), Veronica Hribko (East Haven), Miranda Baldassare (East Haven), Amanda Genovese (North Haven), Amanda Rizzo (North Haven), Krissy Cullen (North Haven), Julia Scarpellino (Branford), Lindsay Ghiroli (Branford), Bria Moore (Career), Shaina Ravenell (Career)

All-Quinnipiac

Shannon O'Connor (West Haven), Jocie Morrell (West Haven), Elaina Maio (West Haven), Cindy Johnson (West Haven), Kelly Murray (Mercy), Tori Vickerman (Mercy), Haylle Reidy (Mercy), Katie Winkle (Sacred Heart Academy), Meghan Rodriguez (Sacred Heart Academy), Cara Deroy (Hamden), Colleen Murphy (Hamden)

BOYS OUTDOOR TRACK & FIELD

Sectional Championships

East Sectional Meet – May 17 @Amity HS

Final Team Results: 1. Amity, 197; 2. Hand, 121; 3. Cheshire, 88; 4. Sheehan, 85.5; 5. Hillhouse, 66; 6. Shelton, 58; 7. Jonathan Law, 33; 8. Foran, 22; 9. Lyman Hall, 17.5; 10. Guilford, 12

West Sectional Meet – May 19 @Amity HS

Final Team Results: 1. Hamden, 148; 2. Notre Dame, 111; 3. North Haven, 105; 4. Branford, 88; 5. Xavier, 55; 6. East Haven, 51; 7. West Haven, 44; 8. Fairfield Prep, 38; 9. Career, 24; 9. Wilbur Cross, 24

SCC Championships – May 25 @Sheehan HS

Final Team Results: 1. Amity, 118.5; 2. Hand, 80; 3. Notre Dame, 73; 4. Hamden, 68; 5. North Haven, 54; 6. Shelton, 46.5; 7. Sheehan, 42; 8. Branford, 36; 9. Hillhouse, 34; 10. Cheshire, 33; 11. East Haven, 24; 12. Fairfield Prep, 17; 13. West Haven, 16; 14. Lyman Hall, 14; 15. Xavier, 12; 16. Wilbur Cross, 10; 17. Jonathan Law, 9; 18. Foran, 8; 19. Guilford, 7

All-Conference

Dave Cotton, Andrew Haff, Dan Nestor, Brendon Fish (Daniel Hand), 4 x 800 relay
Dan Pfau, Tirrell Young-Williams, D'Vonte Chambers, Phil Bentley (Notre Dame), 4 x 400 relay
Kevin Howard (Amity), 110 meter hurdles
Tirrell Young-Williams (Notre Dame), 100 meters
Chris FitzSimons (Hamden), 1600 meters
Justin Doehr (Sheehan), 400 meters, 200 meters
Jesse Sanchez (Amity), 300 meter hurdles
John Cocco (Amity), 800 meters
Dan Lestor (Hand), 3200 meters
Chris Turner, Joel Clarke, Andre Sutton, Lanre Shogbola (Hillhouse), 4 x 400 relay
Jake Scinto (Cheshire), Long Jump, Triple Jump

Matt Jeune (Notre Dame), High Jump
Adam Fekeita (Lyman Hall), Pole Vault
Kyle Collins (Hamden), Javelin
Steve Shumaker (Notre Dame), Shot Put
Anthony Chiaia (North Haven), Discus

GIRLS OUTDOOR TRACK & FIELD

Sectional Champions

East Sectional Meet – May 17 @Amity HS

Final Team Results: 1. Hand, 137; 2. Cheshire, 98; 3. Shelton, 95.5; 4. Hillhouse, 75; 5. Amity, 71; 6. Sheehan, 58; 7. Guilford, 56; 8. Jonathan Law, 46; 9. Lyman Hall, 42.5; 10. Foran, 22

West Sectional Meet – May 19 @Amity HS

Final Team Results: 1. Career, 132; 2. Hamden, 118; 3. Branford, 93; 4. West Haven, 76; 5. Mercy, 71; 6. North Haven, 67; 7. Wilbur Cross, 56; 8. East Haven, 44; 9. Sacred Heart Academy, 36

SCC Championships – May 25 @Sheehan HS

Final Team Results: 1. Career, 100; 2. Hand, 71; 3. Cheshire, 61.33; 4. West Haven, 55; 5. Hamden, 53.33; 6. Hillhouse, 53; 7. Branford, 46; 8. Amity, 39; 9. Sheehan, 38; 10. Wilbur Cross, 34; 11. Shelton, 31; 12. Guilford, 25; 13. Lyman Hall, 20; 14. Mercy, 18.75; 15. East Haven, 17.75; 16. North Haven, 15.33; 17. Jonathan Law, 12; 18. Sacred Heart Academy, 10.75; 19. Foran, 0.75

All-Conference

Meghan Derken, Malin Althin, Sarah Cotton, Megan Lynch (Daniel Hand), 4 x 800 relay
Nyle Clemons, Tasseine Edwards, Briana Conyers, Otessa Carter (Career), 4 x 400 relay
Monica Yanez (West Haven), 100 meter hurdles
Ada Udaya (West Haven), 100 meters, 200 meters
Kellie Davis (Career), 1600 meters, 3200 meters
Precious Holmes (Career), 400 meters
Jenna Wilbourne (Hillhouse), 300 meter hurdles
Julie Hart (Cheshire), 800 meters
Tasseine Edwards, Otessa Carter, Precious Holmes, Kellie Davis (Career), 4 x 400 relay
Kristen Perkins (Wilbur Cross), Long Jump
Julia Rubano (Daniel Hand), Triple Jump
Ashley Raymond (Career), High Jump
Rachael DePalma (Amity), Pole Vault
Molly Poryanda (Branford), Javelin
Rachel Aliotta (Cheshire), Shot Put
Chadran Smith (Hillhouse), Discus

GIRLS TENNIS

Division I: Hand (11-0)

Division II: North Haven, Shelton (8-3)

SCC Playoffs

Quarterfinals – May 24 @Higher Seeds

#1 Hand 7, #8 Guilford 0

#4 North Haven 4, #5 Shelton 3

#2 Amity 5, #7 Branford 2

#3 Cheshire 4, #6 Sheehan 3

Semifinals – May 25 @Yale University Tennis Center

Hand 7, North Haven 0

Amity 5, Cheshire 2

Championship – May 26 @Yale University Tennis Center

Hand 4, Amity 3

All-Conference – Division I

Singles: Alex Petrini (Daniel Hand), Maggie Schumann (Mercy), Jessica Seidman (Amity), Taylor Fay (Daniel Hand), Alex Gerry (Sacred Heart Academy), Katelyn Cimmino (Amity)

Doubles: Courtney Schissler/Isabela Bagi (Branford), Hillary Dutton/Alyssa Carofano (Cheshire), Jesse Gardner/Rachel Petrini (Daniel Hand)

All-Conference – Division II

Singles: Sarah Baker (Hamden), Alyssa Migliorini (North Haven), Emily Carroll (North Haven), Dominique Gumbs (Shelton), Kristen Colberg (Guilford), Carolyn King (West Haven)

Doubles: Victoria Minotti/Dana Cho (Shelton), Annie Snedegar/Annie Goodrich (Guilford), Deanna Gaudio/Deidre Mitchell (North Haven)

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BOYS TENNIS

Divisional Champions

Hammonasset: Hand, Guilford (7-1)

Housatonic: Cheshire (8-0)

Quinnipiac: Fairfield Prep (8-0)

Oronoque: Branford (8-0)

SCC Playoffs

Quarterfinals – May 24 @Higher Seeds

#1 Fairfield Prep 7, #8 Shelton 0

#5 Amity 7, #4 Hamden 0

#2 Cheshire 7, #7 Branford 0

#6 Guilford 5, #3 Hand 2

Semifinals – May 25 @Yale University Tennis Center

Fairfield Prep 7, Amity 0

Cheshire 6, Guilford 1

Championship – May 26 @Yale University Tennis Center

Fairfield Prep 5, Cheshire 2

All-Oronoque

Singles: Luka Bagi (Branford), Dakota Roos (Branford), Giovanni Emestica (Career), Peter Berges (Branford), Kevin Yoo (East Haven), Charlie Hoyt (North Haven)

Doubles: Mike Vessicchio/Bobby Noonan (East Haven), Mike Platt/Joe Mauriello (Branford)

All-Quinnipiac

Singles: Tom O'Brien (Fairfield Prep), Teal Howard (Hamden), Ryan Carr (Fairfield Prep), Luke Maloney (Hamden), Mark Pearson (Notre Dame), Ryan Howard (Hamden)

Doubles: Chris Indiveri/John Alteri (Fairfield Prep), Mark Powell/Connor Shortell (Notre Dame)

All-Hammonasset

Singles: Sam Cadwell (Daniel Hand), Nick Hyzak (Guilford), Nick Vonderhyde (Jonathan Law), Leon Zhang (Guilford), Alex Sobrun (Daniel Hand), Bennett Kruntz (Foran)

Doubles: Al Lluberes/Kyle Gaboury (Guilford), Alex Orban/Nick Lyon (Daniel Hand)

All-Housatonic

Singles: Bryan Adams (Cheshire), Spencer Beck (Cheshire), Andrew Ginzberg (Amity), John Keno-Rivera (Shelton), Ed Hochman (Amity), Dan Grove (Cheshire)

Doubles: Brian Choquette/Ryan Niland (Cheshire), Adam Brocklehurst/Jon DeMaio (Amity)