



# Southern Connecticut Conference

## *State Champions (1994-present)*

Sport	Division	School	SCC Runner-Up
<u>1994-95 (15)</u>			
<b>Fall</b>			
Football	L	Cheshire	
Girls Volleyball	L	Amity	
Girls Swimming	L	Cheshire	
Boys Cross Country	LL	Xavier	
Girls Cross Country	L	Cheshire	
<b>Winter</b>			
Boys Swimming	L	Cheshire	
Wrestling	M	Daniel Hand	
Boys Indoor Track	L	Xavier	
<b>Boys Indoor Track</b>	<b>M</b>	<b>Lyman Hall</b>	<b>Hillhouse</b>
Boys Indoor Track	Open	Wilbur Cross	
Ice Hockey	I	Fairfield Prep	
<b>Spring</b>			
Golf	I	Fairfield Prep	
Boys Outdoor Track	L	Lyman Hall	
Boys Outdoor Track	MM	Hillhouse	
Boys Tennis	L	Cheshire/Simsbury (co-champions)	
<u>1995-96 (21)</u>			
<b>Fall</b>			
Boys Soccer	LL	Xavier	
Boys Soccer	L	Daniel Hand	
<b>Field Hockey</b>	<b>L</b>	<b>Amity</b>	<b>Branford</b>
Football	L	Cheshire	
Football	LL	Shelton	
Girls Volleyball	L	Amity	
Girls Swimming	L	Cheshire	
<b>Winter</b>			
Boys Indoor Track	LL	Xavier	

<b>Boys Indoor Track</b>	<b>Open</b>	<b>Xavier</b>	<b>Hillhouse</b>
Girls Basketball	L	Mercy	
Ice Hockey	I	Fairfield Prep	
Boys Swimming	L	Cheshire	
<b>Spring</b>			
Baseball	L	Notre Dame	
Baseball	S	Derby	
Golf	I	Amity	
Boys Outdoor Track	Open	Xavier	
Boys Outdoor Track	LL	Xavier	
<b>Boys Outdoor Track</b>	<b>L</b>	<b>Hillhouse</b>	<b>Lyman Hall</b>
Girls Outdoor Track	L	Hillhouse	
Boys Tennis	L	Cheshire	
Boys Tennis	LL	Fairfield Prep	

1996-97 (25)

<b>Fall</b>			
Boys Cross Country	LL	Xavier	
Boys Cross Country	L	Amity	
Boys Cross Country	Open	Xavier	
Girls Cross Country	L	Cheshire	
<b>Football</b>	<b>LL</b>	<b>Cheshire</b>	<b>Hamden</b>
Boys Soccer	LL	Guilford	
Field Hockey	L	Cheshire/Simsbury (co-champions)	
Girls Swimming	L	Cheshire	
Girls Swimming	Open	Cheshire	

<b>Winter</b>			
Ice Hockey	I	Notre Dame	
Boys Swimming	L	Cheshire	
Gymnastics	S	Daniel Hand	
Girls Indoor Track	M	Hillhouse	
Boys Indoor Track	Open	Hillhouse	
Boys Indoor Track	M	Hillhouse	
Boys Indoor Track	L	Xavier	
Boys Basketball	LL	Fairfield Prep	

<b>Spring</b>			
Boys Volleyball	L	Amity	
Boys Tennis	L	Cheshire	
Boys Outdoor Track	LL	Xavier	
Boys Outdoor Track	L	Notre Dame	
Boys Outdoor Track	MM	Hillhouse	
Boys Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	North Haven	

Girls Outdoor Track L Hillhouse

1997-98 (23)

**Fall**

Field Hockey L Guilford/Simsbury (co-champions)  
Football LL Cheshire  
Football L Daniel Hand  
Boys Soccer L Daniel Hand/Woodstock Acad(co-champions)  
**Girls Swimming L Cheshire Amity**  
Girls Swimming Open Cheshire  
Girls Volleyball L Cheshire  
Boys Cross Country LL Fairfield Prep  
Boys Cross Country Open Fairfield Prep

**Winter**

Girls Basketball L Hillhouse  
Ice Hockey II East Haven  
Boys Indoor Track L Xavier/Danbury (co-champions)  
Boys Indoor Track M Hillhouse  
Girls Indoor Track L Amity  
Boys Swimming Open Fairfield Prep  
Boys Swimming L Cheshire  
Gymnastics S Daniel Hand

**Spring**

Baseball L Branford  
**Boys Tennis LL Cheshire Fairfield Prep**  
Boys Outdoor Track LL Xavier  
Boys Outdoor Track L Hillhouse/Rockville (co-champions)  
Girls Outdoor Track L Hillhouse  
Softball LL Lyman Hall

1998-1999 (18)

**Fall**

Girls Volleyball L Cheshire  
Boys Cross Country LL Fairfield Prep  
Girls Swimming Open Cheshire  
**Girls Swimming L Cheshire Amity**  
Girls Swimming M Branford

**Winter**

Girls Basketball L Daniel Hand  
**Boys Swimming L Amity Notre Dame-WH**  
Girls Indoor Track Open Hillhouse  
**Girls Indoor Track L Cheshire Amity**  
**Boys Indoor Track Open Xavier Fairfield Prep**

<b>Boys Indoor Track</b>	<b>L</b>	<b>Xavier</b>	<b>Fairfield Prep</b>
Gymnastics	M	Daniel Hand	

**Spring**

<b>Boys Outdoor Track</b>	<b>LL</b>	<b>Hamden</b>	<b>Xavier</b>
<b>Boys Outdoor Track</b>	<b>Open</b>	<b>Xavier</b>	<b>Hamden</b>
Girls Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	Hillhouse	
Boys Volleyball	I	Amity	
Golf	I	Cheshire	

1999-2000 (18)

**Fall**

Girls Swimming	Open	Cheshire	
<b>Girls Swimming</b>	<b>L</b>	<b>Cheshire</b>	<b>Amity</b>
Boys Cross Country	Open	Xavier	
Boys Cross Country	LL	Xavier	

**Winter**

Girls Basketball	L	Hillhouse	
Ice Hockey	I	Fairfield Prep	
Wrestling	S	Derby	
Boys Indoor Track	S	Sheehan	
<b>Girls Indoor Track</b>	<b>L</b>	<b>Cheshire</b>	<b>Amity</b>
Girls Indoor Track	M	Hillhouse	
Girls Indoor Track	Open	Hillhouse	
Gymnastics	M	Daniel Hand	
<b>Boys Swimming</b>	<b>L</b>	<b>Cheshire</b>	<b>Notre Dame-WH</b>

**Spring**

<b>Baseball</b>	<b>LL</b>	<b>Notre Dame-WH</b>	<b>Cheshire</b>
Boys Outdoor Track	LL	Amity	
Girls Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	Hillhouse	
Boys Volleyball	I	Amity	

2000-01 (18)

**Fall**

Girls Swimming	M	Branford	
Girls Swimming	L	Cheshire	
Boys Soccer	LL	Guilford	
Field Hockey	L	Cheshire	
Girls Volleyball	M	Sheehan	
Football	LL	Shelton	

**Winter**

Wrestling	S	Derby	
Girls Indoor Track	M	Hillhouse	
<b>Ice Hockey</b>	<b>I</b>	<b>Fairfield Prep</b>	<b>Notre Dame</b>
Girls Basketball	L	Guilford	
Boys Swimming	M	Branford	
Cheerleading	L	Shelton	

### Spring

Boys Outdoor Track	MM	Wilbur Cross	
Boys Outdoor Track	Open	Wilbur Cross	
Girls Outdoor Track	Open	Hillhouse	
Baseball	M	Sheehan	
<b>Softball</b>	<b>M</b>	<b>Daniel Hand</b>	<b>Lyman Hall</b>
Softball	L	Amity	

### 2001-02 (22)

#### Fall

Football	L	Notre Dame-WH	
<b>Field Hockey</b>	<b>L</b>	<b>Cheshire</b>	<b>Guilford</b>
Field Hockey	M	Branford	
<b>Girls Swimming</b>	<b>L</b>	<b>Cheshire</b>	<b>Amity</b>
Girls Swimming	M	Branford	

#### Winter

Ice Hockey	I	Notre Dame-WH	
Girls Basketball	L	Guilford	
Boys Indoor Track	S	Sheehan	
Girls Indoor Track	M	Hillhouse	
Wrestling	S	Derby	
Boys Swimming	Open	Notre Dame-WH	
<b>Boys Swimming</b>	<b>L</b>	<b>Cheshire</b>	<b>Notre Dame-WH</b>
Skiing	L	Fairfield Prep	

#### Spring

Boys Tennis	LL	Fairfield Prep	
Boys Tennis	L	Cheshire	
Boys Lacrosse	I	Cheshire	
Boys Outdoor Track	MM	Wilbur Cross	
Boys Outdoor Track	Open	Wilbur Cross	
Girls Outdoor Track	L	Wilbur Cross	
Girls Outdoor Track	Open	Wilbur Cross	
<b>Baseball</b>	<b>L</b>	<b>Lyman Hall</b>	<b>East Haven</b>
Softball	LL	Amity	

### 2002-03 (21)

#### Fall

Girls Swimming	M	Branford
Girls Swimming	L	Cheshire
Field Hockey	M	Branford
Girls Cross Country	Open	Guilford
Football	LL	West Haven
Football	SS	Hillhouse

### Winter

Girls Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse
Gymnastics	S	Daniel Hand
Girls Basketball	L	Guilford
Girls Basketball	M	Career
Boys Swimming	L	Notre Dame

### Spring

Girls Outdoor Track	L	Wilbur Cross
Girls Outdoor Track	Open	Wilbur Cross
Boys Outdoor Track	L	Wilbur Cross
Boys Lacrosse	II	Branford
Baseball	L	North Haven
Softball	LL	Amity
Softball	L	Lyman Hall
Boys Tennis	LL	Fairfield Prep
Golf	LL	Hamden

### 2003-04 (21)

#### Fall

Boys Cross Country	L	Guilford
Girls Swimming	M	Branford
Girls Swimming	L	Cheshire
Girls Swimming	Open	Cheshire
Girls Soccer	LL	Cheshire
Girls Soccer	L	Guilford/Farmington (co-champions)
Girls Volleyball	L	Amity
Football	L	Shelton
Football	M	Daniel Hand

#### Winter

Girls Indoor Track	M	Hillhouse	
Girls Indoor Track	L	Wilbur Cross	
Girls Indoor Track	S	Career	
Girls Indoor Track	Open	Wilbur Cross	
<b>Ice Hockey</b>	<b>I</b>	<b>Fairfield Prep</b>	<b>Notre Dame-WH</b>
<b>Ice Hockey</b>	<b>II</b>	<b>North Haven</b>	<b>Daniel Hand</b>
Girls Basketball	L	Hillhouse	

Boys Swimming L **Notre Dame-WH Cheshire**

**Spring**

Boys Outdoor Track MM Lyman Hall  
Girls Outdoor Track Open Wilbur Cross  
Boys Volleyball L Shelton  
Baseball M Sheehan

2004-05 (21)

**Fall**

Boys Cross Country L Guilford  
Girls Cross Country MM Guilford  
Boys Cross Country Open Guilford  
Girls Volleyball L East Haven  
Field Hockey M Branford  
Girls Swimming LL Cheshire  
Girls Swimming M Branford  
Girls Swimming Open Cheshire  
Football M Daniel Hand

**Winter**

Girls Indoor Track LL Amity  
Girls Indoor Track L Hillhouse  
Girls Indoor Track S Career  
Boys Indoor Track LL Amity  
**Ice Hockey I Fairfield Prep**  
**Boys Swimming L Cheshire**  
Girls Basketball L Hillhouse

**Notre Dame-WH  
Xavier**

**Spring**

Boys Outdoor Track MM Branford  
Girls Outdoor Track MM North Haven  
Girls Outdoor Track M Career  
Boys Volleyball L Shelton  
Softball LL Amity

2005-06 (20)

**Fall**

Boys Cross Country LL Amity  
Boys Cross Country MM Guilford  
Field Hockey M Branford  
Football LL Xavier  
Football MM Branford  
**Football M Daniel Hand Hillhouse**  
Girls Cross Country MM Guilford  
Girls Soccer LL Cheshire/Simsbury (*co-champions*)

**Winter**

Boys Indoor Track	LL	Amity
Boys Indoor Track	Open	Amity
Girls Indoor Track	L	Hillhouse
Gymnastics	M	Daniel Hand
Ice Hockey	II	Daniel Hand
Ice Hockey	III	Cheshire
Boys Basketball	I	Hillhouse
Boys Swimming	L	Cheshire

**Spring**

Baseball	LL	Amity
Baseball	L	Branford
<b>Softball</b>	<b>LL</b>	<b>Mercy</b> <b>Amity</b>
Boys Lacrosse	L	Fairfield Prep

2006-07 (13)**Fall**

Girls Cross Country	MM	Guilford
Girls Soccer	LL	Amity/Trumbull ( <i>co-champions</i> )
Girls Swimming	L	Branford
Football	M	Hillhouse

**Winter**

Boys Basketball	LL	Hillhouse
<b>Boys Swimming</b>	<b>L</b>	<b>Fairfield Prep</b> <b>Xavier</b>
Gymnastics	M	Daniel Hand
Ice Hockey	I	Fairfield Prep
Cheerleading	LL	Shelton/Danbury ( <i>co-champions</i> )
Cheerleading	L	Foran

**Spring**

Baseball	LL	Amity
Baseball	L	Guilford
Boys Lacrosse	L	Fairfield Prep

2007-08 (11)**Fall**

Boys Cross Country	MM	Daniel Hand
Girls Cross Country	MM	Guilford
Girls Volleyball	LL	Cheshire

**Winter**

Boys Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse



Ice Hockey	I	Fairfield Prep
Ice Hockey	II	Amity
Girls Basketball	LL	Career

**Spring**

Baseball	L	Jonathan Law
Softball	L	North Haven
Boys Lacrosse	L	Fairfield Prep

2008-09 (12)

**Fall**

Boys Cross Country	MM	Daniel Hand
Girls Cross Country	MM	Guilford
Boys Cross Country	L	Amity

**Winter**

Girls Indoor Track	M	Hillhouse
Boys Indoor Track	L	Amity
Girls Basketball	L	Hillhouse
Boys Ice Hockey	I	Hamden
Boys Ice Hockey	II	Cheshire

**Spring**

Boys Outdoor Track	L	Amity
Baseball	L	Branford
Baseball	LL	West Haven
Boys Lacrosse	L	Fairfield Prep

2009-10 (23)

**Fall**

Girls Cross Country	MM	Guilford
Girls Cross Country	Open	Guilford
Boys Cross Country	LL	Xavier
Boys Cross Country	Open	Xavier
Girls Swimming	LL	Cheshire
Football	LL	Cheshire
Football	L	Notre Dame

**Winter**

Girls Basketball	L	Hillhouse	
Boys Basketball	M	Sheehan	
<b>Ice Hockey</b>	<b>I</b>	<b>Hamden</b>	<b>Fairfield Prep</b>
Ice Hockey	II	Amity	
Ice Hockey	III	Guilford	
<b>Boys Indoor Track</b>	<b>LL</b>	<b>Hamden</b>	<b>Amity</b>
<b>Boys Indoor Track</b>	<b>L</b>	<b>Notre Dame</b>	<b>Hand</b>

Boys Indoor Track	M	Hillhouse	
<b>Spring</b>			
<b>Baseball</b>	L	Sheehan	Notre Dame
<b>Boys Lacrosse</b>	L	Cheshire	Fairfield Prep
<b>Boys Outdoor Track</b>	Open	Notre Dame	Amity
<b>Boys Outdoor Track</b>	L	Daniel Hand	Notre Dame
Boys Outdoor Track	LL	Amity	
<b>Boys Tennis</b>	M	Guilford	Branford
Girls Outdoor Track	MM	Daniel Hand	
Girls Outdoor Track	M	Career	

2010-11 (22)

<b>Fall</b>			
Girls Cross Country	MM	Guilford	
<b>Boys Cross Country</b>	LL	Amity	Xavier
Boys Cross Country	MM	Guilford	
Girls Soccer	LL	Shelton	
Football	LL	Xavier	
Football	M	Hillhouse	

<b>Winter</b>			
<b>Girls Basketball</b>	LL	Career	Mercy
Girls Basketball	L	Hillhouse	
Ice Hockey	I	Fairfield Prep	
<b>Ice Hockey</b>	II	Cheshire	Guilford
Girls Indoor Track	M	Hillhouse	
Wrestling	LL	Xavier	
<b>Cheerleading</b>	Coed	Branford	Shelton
Cheerleading	L	North Haven	

<b>Spring</b>			
Softball	L	Foran	
Softball	M	Sacred Heart Academy	
Baseball	L	Notre Dame	
Boys Outdoor Track	MM	Hillhouse	
Girls Outdoor Track	M	Hillhouse	
Girls Outdoor Track	Open	Hillhouse	
Boys Volleyball	L	Cheshire	
Girls Tennis	M	Daniel Hand	

2011-12 (25)

<b>Fall</b>			
Girls Cross Country	MM	Guilford	
Boys Cross Country	LL	Fairfield Prep	
<b>Boys Cross Country</b>	Open	Fairfield Prep	Xavier

Field Hockey	L	Cheshire
Football	LL	Xavier
Football	L	Daniel Hand

**Winter**

Boys Ice Hockey	I	Notre Dame
Boys Basketball	L	Career
Girls Ice Hockey		West Hartford
Boys Indoor Track	M	Hillhouse
Girls Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse
Wrestling	LL	Xavier
Wrestling	L	Daniel Hand

**Wrestling**

	<b>Open</b>	<b>Xavier</b>	<b>Daniel Hand</b>
Cheerleading	Co-ed	Shelton	
Boys Swimming	LL	Fairfield Prep	
Boys Swimming	Open	Fairfield Prep	

**Spring**

Girls Outdoor Track	MM	Hillhouse
Girls Tennis	M	Daniel Hand
Golf	II	Daniel Hand
Boys Lacrosse	L	Fairfield Prep
Softball	LL	Amity
Boys Volleyball	L	Cheshire
Baseball	LL	Shelton

2012-13 (16)

**Fall**

Boys Cross Country	MM	Guilford
Girls Swimming	M	Branford
Football	LL	Xavier
Football	L	Daniel Hand
Football	M	Hillhouse

**Winter**

Girls Indoor Track	M	Hillhouse	
Gymnastics	M	Daniel Hand	
Cheerleading	Co-ed	Shelton	
<b>Boys Basketball</b>	<b>LL</b>	<b>Hillhouse</b>	<b>Fairfield Prep</b>
Girls Basketball	LL	Mercy	
<b>Boys Ice Hockey</b>	<b>I</b>	<b>Fairfield Prep</b>	<b>Notre Dame</b>

**Spring**

Girls Outdoor Track & Field	MM	Hillhouse
Boys Tennis	L	Daniel Hand

Golf	II	Daniel Hand	
Boys Lacrosse	L	Fairfield Prep	
Baseball	LL	Amity	

2013-14 (14)

**Fall**

Girls Volleyball	LL	Cheshire	
Girls Soccer	L	Guilford	Branford
Girls Cross Country	MM	Branford	

**Winter**

Boys Ice Hockey	I	Fairfield Prep	
Boys Ice Hockey	II	Daniel Hand	Amity
Girls Ice Hockey	--	Simsbury	Guilford
Gymnastics	M	Daniel Hand	
Girls Indoor Track	Open	Wilbur Cross	

**Spring**

Boys Outdoor Track & Field	M	Sheehan	
Baseball	LL	Amity	
Baseball	L	Notre Dame	
Golf	II	Notre Dame	
Boys Tennis	L	Daniel Hand	
Boys Tennis	M	Guilford	

2013-14 (21)

**Fall**

Boys Soccer	L	Branford/Avon ( <i>co-champions</i> )	
Boys Cross Country	LL	Amity Regional	
Girls Swimming	M	Lauralton Hall	
Field Hockey	M	Daniel Hand	

<b>Football</b>	<b>LL Small</b>	<b>Xavier</b>	<b>Shelton</b>
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**Winter**

Boys Basketball	LL	Fairfield Prep	
Gymnastics	M	Daniel Hand	
Boys Indoor Track	M	Hillhouse	
Boys Indoor Track	Open	Hillhouse	
Girls Indoor Track	L	Wilbur Cross	
Cheerleading	LL	Shelton	
Cheerleading	Co-ed	Lyman Hall	
<b>Girls Ice Hockey</b>	<b>--</b>	<b>Simsbury/East Catholic (co-</b>	
<b><i>champions</i></b>		<b>)</b>	

**SPRING**

Baseball	LL	Amity Regional	
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Baseball	L	North Haven	
Baseball	M	Sheehan	
Softball	L	East Haven	
Boys Outdoor Track & Field	MM	Hillhouse	
<b>Girls Outdoor Track &amp; Field</b>	<b>L</b>	<b>Mercy</b>	<b>Wilbur Cross</b>
<b>Girls Tennis</b>	<b>M</b>	<b>Lauralton Hall</b>	<b>Guilford</b>
Boys Tennis	LL	Amity Regional	

*Updated 7/8/15*