

Official Newsletter of the Southern Connecticut Conference

From the Commissioner's Desk



Happy Holidays and Happy New Year!

It's been a great 2010 for the SCC. We continued to offer a multitude of quality programs and events for our students. The SCC continued its partnership with The Sports Center of Connecticut to recognize the league's top scholar-athletes. So far, we've honored 36 student athletes with some impressive credentials on the field and in the classroom. Athletically, the league fared extremely well, especially in the recently-completed fall season. We had some spirited league playoff competitions, and hearty congratulations to the six SCC teams who went on to win state titles and to the seven others who were state runners-up. ***Congratulations to everyone and continue the success!***

But, it's not just me heaping the praise for the league. How about this great compliment by Jim Bransfield in a recent article in the *Middletown Press*: "Best organized league: SCC. Can't run a league any better than this one. League playoffs, scheduling done by common sense, attention paid to rivalries. Great league." ***Thank you administrators, coaches and staff members for your help in making the SCC what it is – the best high school league in the state!***

2011 looks even more promising! In addition to our upcoming winter sports playoffs, the SCC will host an Unified Basketball tournament, a Cheerleading Competition, and a week-long Arts Exhibition. And in late March, we will honor 44 students – "the best of the best" – at our annual Scholar Leader banquet. Lots of great stuff!

All the best!

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or on **Facebook** - SCC Commissioner.

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Thanks to Our Corporate Sponsors...

To continue to offer top-notch programs and events, the Southern Connecticut Conference relies on financial support from the local business community.

The SCC has several sponsors for the 2010-11 academic year, including the *NewAlliance Foundation*, *The United Illuminating Company*, *Connecticut Orthopaedic Specialists*, and the league's newest sponsor – *Fresh Concepts*.

For the fifth straight year, *Dick's Sporting Goods* has partnered with the SCC to provide coupons and promotional material at league events, and the *SportsCenter of Connecticut* will support the Scholar-Athlete of the Month program.

All of the support is well-appreciated!



Recapping the 2010 Fall Sports Season

Listed below are the sport-by-sport divisional and playoff champions for the eight fall sports sponsored by the conference.

CROSS COUNTRY

Special thanks to the Woodbridge Running Company for sponsoring the 2010 SCC Cross Country championships!

Boys Championship – October 21 @Hammonasset State Park - 1.

Guilford, 60; 2. Xavier, 74; 3. Fairfield Prep, 77; 4. Amity, 90; 5. Hamden, 148; 6. Hand, 158; 7. Cheshire, 210; 8. Shelton, 216; 9. Branford, 218; 10. Sheehan, 292; 11. North Haven, 355; 12. Jonathan Law, 373; 13. Notre Dame, 391; 14. Lyman Hall, 410; 15. Hillhouse, 449; 16. Foran, 453; 17. Wilbur Cross, 479; 18. East Haven, 564

Division Champions:

Hammonasset – Guilford (4-0)

Housatonic – Amity (4-0)

Quinnipiac – Fairfield Prep (4-0)

Oronoque – Branford (4-0)

Girls Championship – October 21 @Hammonasset State Park - 1.

Guilford, 60; 2. Hand, 66; 3. Hillhouse, 123; 4. Shelton, 131; 5. Cheshire, 132; 6. Branford, 143; 7. Amity, 180; 8. Hamden, 241; 9. Foran, 266; 10. Mercy, 269; 11. Jonathan Law, 291; 12. Sacred Heart Academy, 302; 13. Sheehan, 353; 14. Lyman Hall, 404; 15. North Haven, 426; 16. East Haven, 432; 17. Wilbur Cross, 522

Division Champions:

Hammonasset – Guilford (4-0)

Housatonic – Cheshire (4-0)

Quinnipiac – Hamden (3-0)

Oronoque – Branford (4-0)

GIRLS SWIMMING

Championship – November 3 @Cheshire Community Pool - 1.

Cheshire, 1195.5; 2. Amity, 479; 3. Mercy, 442; 4. Hand, 363; 5. Branford, 341; 6. West Haven, 320; 7. Shelton, 312; 8. Sacred Heart Academy, 291; 9. North Haven, 257; 10. Hamden, 115; 11. Foran, 103; 12. Lyman Hall, 83.5; 13. Sheehan, 70; 14. Guilford, 30

Division Champions:

Division I – Cheshire (6-0)

Division II – West Haven (7-0)

GIRLS VOLLEYBALL

Tournament – Shelton defeated Jonathan Law, 3-1 (24-26, 25-22, 25-16, 25-18) in the championship match on Nov. 6 at North Haven HS.

Division champions:

Hammonasset – Jonathan Law (8-0)

Housatonic – Cheshire, Shelton (7-1)

Quinnipiac – Mercy (6-0)

Oronoque – Wilbur Cross (8-0)

FIELD HOCKEY

Tournament - Hand defeated Guilford, 3-0, in the first-ever championship game on Nov. 6 at Guilford HS.

Regular-season champion – Hand (10-0)



Hand captured the first-ever SCC field hockey tournament title in 2010. The Tigers defeated Guilford, 3-0, on November 6. Hand would finish as the Class M state runner-ups (the Tigers fell to Darien, 3-2, in the championship game).

GIRLS SOCCER

Tournament – Shelton defeated Hamden, 1-0, in championship game on Nov. 6 at East Haven HS

Division Champions:

Oronoque – Branford (4-2)

Hammonasset – Hand (5-0-1)

Housatonic – Cheshire (6-0-2)

Quinnipiac – Hamden (5-1)

BOYS SOCCER

Tournament – Hand defeated Guilford, 2-1, in overtime in the championship game on Nov. 6 at East Haven HS.

Division Champions:

Oronoque – North Haven (5-0-3)

Hammonasset – Hand (5-0-1)

Housatonic – Shelton (5-0-3)

Quinnipiac – Fairfield Prep (6-1-1)

FOOTBALL

Division champions:

Division I West – Xavier (4-0)

Division I East – Hand, West Haven and Notre Dame (3-1)

Division II West – Lyman Hall (4-0)

Division II East – North Haven (3-0)

Fall Sports Standings and
All-Conference Teams on SCC Website

The 2010 Fall Sports Final Standings and All-Conference and All-Division selections are available on each sports' respective page on the SCC website - www.southernconnecticutconference.org

SCC Teams Win Six State Titles in the Fall

Once again, SCC member-schools fared well on the playing fields. To start, 63 percent of SCC teams qualified for CIAC fall team sport playoff competition in girls soccer (10-of-18), boys soccer (14-of-19), girls volleyball (11-of-19), and field hockey (7-of-11). In addition, a league-record six football teams (out of 19) qualified for the state playoffs.

During the fall season, SCC teams won six state championships. Seven additional teams earned runner-up status in CIAC state competition during the fall campaign. Since the league's inception in 1994, SCC schools have now won 307 state championships.

State Champions (6)

<u>Sport</u>	<u>Class</u>	<u>School</u>
Girls Cross Country	MM	Guilford
Boys Cross Country	LL	Amity
Boys Cross Country	MM	Guilford
Girls Volleyball	LL	Shelton
Football	LL	Xavier
Football	M	Hillhouse

Runners-Up (7)

<u>Sport</u>	<u>Class</u>	<u>School</u>
Girls Cross Country	Open	Guilford
Girls Cross Country	L	Cheshire
Boys Cross Country	Open	Guilford
Boys Cross Country	LL	Xavier
Field Hockey	M	Hand
Girls Swimming	L	Cheshire
Girls Swimming	M	Branford



Above: Shelton captured its first-ever SCC girls soccer title in 2010. A few weeks later, the Gaelettes won the state Class LL title. **Right:** Hillhouse, which was the #8 seed, won three games to win the Class M state football title. The Academics defeated New London, 7-0, in the title game at Rentschler Field on December 11 (photos by Bill O'Brien)

SportsCenter of CT/SCC Scholar Athlete of the Month Program

For the fifth year, the SCC is partnering with the The SportsCenter of Connecticut (www.sportscenterct.com) on a Scholar Athlete of the Month program.



SEPTEMBER 2010 recipients

Victoria Liquori (North Haven, field hockey), Charlie Hoyt (North Haven, soccer), Nick Hilton (Fairfield Prep, crew), Bobby Wallace (Fairfield Prep, crew), Dan Ziebell (Jonathan Law, football), Meaghan Abbott (Jonathan Law, volleyball), James Flynn (West Haven, cross country), Shannon Connor (West Haven, volleyball), Meghan Derken (Hand, soccer), Chris Genco (Hand, soccer)

OCTOBER 2010 recipients

Matt Haselkamp (Foran, soccer), Rebecca Giden (Foran, swimming & diving), Sam Spencer (Amity, cross country), Katelyn Wong (Amity, swimming & diving), Dana Rasmus (Mercy, field hockey), Jenna Cornwall (Mercy, soccer), Cameron Brown (Branford, soccer), Paige Simmons (Branford, field hockey), Charlotte Beach (Wilbur Cross, soccer), James Dos-Gollins (Wilbur Cross, soccer), Ashley Zane (Cheshire, volleyball), Kevin Reid (Cheshire, football), Gabby Benitez (Hamden, soccer), Pat Cyr (Hamden, cross country), Kelli Freer (Shelton, swimming & diving), Jordan Vidal (Shelton, cross country)

NOVEMBER 2010 recipients

Matthew Murray (Notre Dame, football), Kevin Sullivan (Notre Dame, soccer), Jeff DeVince (Sheehan, soccer), Stephanie Langan (Sheehan, cheerleading), Melissa Merwin (Sacred Heart Academy, swimming & diving), Valerie Williams (Guilford, cross country), Will Stitilis (Guilford, football), Darrin Dixon (Hillhouse, football), Angeline Foreman (Hillhouse, cross country)



Corporate Sponsor Corner

VALUE: Fresh Concepts is driven to provide exceptional service. Our goal is to help ease the everyday burdens for coaches and athletic directors by taking care of all the details of uniform and equipment needs off your plate. And, we can provide products and advantages that many others cannot because of our high volume of business with most of the major athletic brands in the industry.



COMMITMENT: Fresh Concepts has a commitment to our customers to provide 24/7 availability to help service your needs however big or small. With our home office located in New Haven we are only a short drive away for our four full-time team sales reps to assist.

LOYALTY: Fresh Concepts doesn't build customers, we build relationships. We want to help you succeed and we do that by servicing your apparel and equipment needs so well that you have time to focus on the important tasks of your demanding jobs. We want to help the *coaches coach*.

Fresh Concepts, a successful 10 year organization, has made a major commitment to the team business in the last 10 years allowing us to provide our customers with a wide selection of the best brands in the industry that many others cannot. Because of our sales volume and commitment to service we have now partnered with over 80 schools and colleges in the area. We look forward to working with you in the future to help meet your needs.

Fresh Concepts' SCC Contact: Jay Karlins (203) 710-7727 or jkarlins@freshconcepts.net

COS Has Walk-In Treatment Center

Connecticut Orthopaedic Specialists has a new walk-in emergency treatment center located at its Hamden office on Whitney Avenue.

Fridays 5 to 9 p.m.
Saturdays 9 a.m. to 5 p.m.
2408 Whitney Avenue, Hamden, CT
(203)407-3500

No more waiting at the Emergency Room. Get expert medical care in a convenient, comfortable, familiar location.

X-Rays • Emergency • Trauma Care • First Aid • Sports Injuries



Winter Playoff Schedule

Boys and Girls Indoor Track

Housatonic Division Meet – Wed., Jan. 19 – 4:30 p.m. @NHAC
SCC Novice Meet – Mon., Jan. 24 – 3:30 p.m. @NHAC
Oronoque Division Meet – Wed., Jan. 26 – 4:30 p.m. @NHAC
Quinnipiac Division Meet – Fri., Jan. 28 – 4 p.m. @NHAC
Hammonasset Division Meet – Fri., Jan. 28 – 4 p.m. @NHAC
SCC Championship Meet – Fri., Feb. 5 – 4 p.m. @NHAC

Cheerleading – Sat., Feb. 5 – 9 a.m. @East Haven HS

Unified Basketball – Monday, January 31 – 3 p.m. @NHAC

Gymnastics – Fri., Feb. 11 – 6:30 p.m. @Jonathan Law HS

Wrestling – Sat., Feb. 12 – 9 a.m. @Foran HS

Girls Basketball

First Round @Higher Seeds – Thurs., Feb. 17 – times TBA
Quarterfinals – Sat., Feb. 19 – 12, 1:45, 3:30 and 5:15 p.m. @West Haven HS
Semifinals – Mon., Feb. 21 – 6 and 7:45 p.m. @TD Bank Arena
Championship Game – Tues., Feb. 22 – 7 p.m. @TD Bank Arena

Boys Basketball

First Round @Higher Seeds – Thursday, Feb. 24 – times TBA
Quarterfinals – Sat., Feb. 26 – 12, 1:45, 3:30 and 5:15 p.m. @East Haven HS
Semifinals – Tues., March 1 – 6 and 7:45 p.m. @TD Bank Arena
Championship Game – Wed., March 2 – 7 p.m. @TD Bank Arena

Boys Swimming

Trials – Mon., Feb. 28 – Time TBA – @TBA
Diving – Tues., March 1 – Time TBA – @TBA
SCC Championships – Wed., March 3 – Time TBA – @TBA

Ice Hockey - Division II

Semifinals – Fri., March 4 – 5:30 and 7:30 p.m. @Bennett Rink
Championship Game – Sat., March 5 – 6 p.m. @Bennett Rink



(Photo courtesy of New Haven Register)

Xavier Named "Kelly Award" Winner by Walter Camp Foundation

Xavier, the SCC Division II West and Class LL state champion, was the recipient of the "Kelly Award" by the Walter Camp Football Foundation as the best high school in the state of Connecticut. It is the second time that Xavier has earned the Kelly Award (2005). It also marked the eighth time since 1994 that a SCC school captured the honor (Cheshire 1994 and 1995; Hand 1997, 2004; West Haven 2002; Notre Dame, 2009).