

SCC News

Volume 6, Issue 1
DECEMBER 2009

Official Newsletter of the Southern Connecticut Conference

From the Commissioner's Desk

Happy Holidays and Happy New Year! As we quickly move into a new decade, it is the right time to reflect on the many good things the SCC and its member schools have achieved.

The league's Diversity Dream Teams program continues to flourish and the league's Student Leadership Conference was held in September and received positive reviews from its participants.

Athletically, the SCC fared extremely well – tremendous individual efforts and recognition, exciting league playoff contests, and seven member-school teams captured state championships with many more reaching far in tournament play.

In addition, the SCC continued its partnership with the Sports Center of Connecticut to honor the league's top scholar-athletes. So far, we've honored 38 student athletes with some impressive credentials on the field and in the classroom.

Congratulations to everyone and continue the success!

The first year of the new decade looks even more promising! In addition to our upcoming winter sports playoffs, the SCC will host an Unified Basketball tournament, a Cheerleading Competition, a week-long Arts Exhibition, and a Music Festival. In late March, we will honor 44 students – "the best of the best" – at our annual Scholar Leader banquet.

I look forward to seeing you soon!

*Best wishes,
Al Carbone*



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Thanks to Our Corporate Sponsors...

To continue to offer top-notch programs and events, the Southern Connecticut Conference relies on financial support from the local business community.

The SCC has several sponsors for the 2009-10 academic year, including the *NewAlliance Foundation*, *Billings Sports* and *Connecticut Orthopaedic Specialists*.

For the fourth straight year, *Dick's Sporting Goods* has partnered with the SCC to provide coupons and promotional material at league events, and the *SportsCenter of Connecticut* will support the Scholar-Athlete of the Month program.

All of the support is well-appreciated!



Recapping the 2009 Fall Sports Season

Listed below are the sport-by-sport divisional and playoff champions for the eight fall sports sponsored by the conference.

BOYS CROSS COUNTRY

Hammonasset: Guilford (4-0)

Housatonic: Amity (4-0)

Oronoque: North Haven (4-0)

Quinnipiac: Xavier (4-0)

SCC Championship Meet – Oct. 22 at Hammonasset State Park

Final Team Results: 1. Xavier, 63; 2. Hamden, 88; 3. Cheshire, 106; 4. Amity, 113; 5. Fairfield Prep, 123; 6. Hand, 166; 7. Guilford, 177; 8. Shelton, 181; 9. North Haven, 249; 10. Sheehan, 309; 11. Branford, 322; 12. Lyman Hall, 336; 13. Foran, 353; 14. Jonathan Law, 354; 15. Notre Dame, 441; 16. West Haven, 478; 17. Hillhouse, 493; 18. East Haven, 524

Individual Champion: Sean Mueller (Cheshire), 15:51.78

GIRLS CROSS COUNTRY

Hammonasset: Guilford (4-0)

Housatonic: Amity (4-0)

Oronoque: Branford (4-0)

Quinnipiac: Mercy (3-0)

SCC Championship Meet – Oct. 22 at Hammonasset State Park

Final Team Results: 1. Cheshire, 64; 2. Guilford, 69; 3. Shelton, 82; 4. Hand, 84; 5. Branford, 129; 6. Amity, 164; 7. Mercy, 175; 8. Hamden, 246; 9. Jonathan Law, 284; 10. Career, 288; 11. Sheehan, 329; 12. Lyman Hall, 343; 13. Foran, 357; 14. North Haven, 409; 15. West Haven, 422; 16. Sacred Heart Academy, 451

Individual Champion: Sarah Cotton (Hand), 19:11

FIELD HOCKEY

Regular-season Champion: Hand (10-0)

Runner-up: Branford (9-1)

FOOTBALL

Division I East: Notre Dame (4-0)

Division I West: Xavier (4-0)

Division I East: North Haven (3-0)

Division I West: Branford/Hillhouse (3-1)

GIRLS SWIMMING

Division I regular-season: Cheshire (6-0)

Division II regular-season: Mercy (7-0)

SCC Championship Meet – November 4 at Kiputh Pool – Yale University

Final Team Results: 1. Cheshire, 1272.50; 2. Amity, 553.50; 3. Branford, 431.50; 4. Shelton, 429; 5. Mercy, 394; 6. Hand, 334; 7. Sacred Heart Academy, 324; 8. West Haven, 271; 9. Hamden, 241; 10. North Haven, 194; 11. Foran, 125; 12. Lyman Hall, 123; 13. Jonathan Law, 123; 14. Guilford, 13; 15. Sheehan, 4; 16. East Haven, 3.5

Diving Champion: Jenn Thompson (Cheshire): 417.25 points



Hand captured the 2009 SCC field hockey regular-season title

BOYS SOCCER

Hammonasset: Guilford (8-0)

Housatonic: Amity (7-1)

Oronoque: Branford (3-1-2)

Quinnipiac: Fairfield Prep (6-1-1)

SCC Playoffs: Top-seeded Guilford defeated #3 Fairfield Prep, 1-1 (4-2 penalty kicks) in the championship match on November 6.

GIRLS SOCCER

Hammonasset: Hand (5-0-1)

Housatonic: Cheshire (7-1)

Oronoque: Wilbur Cross (5-0-1)

Quinnipiac: Mercy (4-1-1)

SCC Playoffs: On November 5, Hand and Cheshire played 90 minutes of scoreless action before bad weather unfortunately ended the contest. The two teams were declared co-champions.

GIRLS VOLLEYBALL

Hammonasset: Jonathan Law (7-1)

Housatonic: Shelton, Cheshire (7-1)

Oronoque: East Haven (7-1)

Quinnipiac: Sacred Heart Academy (6-0)

SCC Playoffs: Third-seeded Jonathan Law defeated #8 Cheshire, 3-2 (25-18, 21-25, 25-13, 16-25, 15-11) in the championship match on November 7.

Fall Sports All-Conference Teams on SCC Website

The 2009 Fall Sports All-Conference and All-Division selections are available on each sports' respective home page on the SCC website - www.southernconnecticutconference.org

SCC Teams Win Seven State Titles in the Fall

Once again, SCC member-schools fared well on the playing fields. To start, 63 percent of SCC teams qualified for CIAC fall team sport playoff competition in girls soccer (11-of-18), boys soccer (13-of-19), girls volleyball (11-of-19), and field hockey (7-of-11). In addition, three football teams (out of 19) qualified for the state playoffs.

During the fall season, SCC teams won seven state championships. One additional team earned runner-up status in CIAC state competition during the fall campaign. Since the league's inception in 1994, SCC schools have now won 282 state championships.

State Champions (7)

<u>Sport</u>	<u>Class</u>	<u>School</u>
Girls Cross Country	MM	Guilford
Girls Cross Country	Open	Guilford
Boys Cross Country	IL	Xavier
Boys Cross Country	Open	Xavier
Girls Swimming	IL	Cheshire
Football	IL	Cheshire
Football	L	Notre Dame

Runners-Up (1)

<u>Sport</u>	<u>Class</u>	<u>School</u>
Boys Cross Country	IL	Hamden



Notre Dame Named "Kelly Award" Winner by Walter Camp Foundation

Notre Dame, the Class L state champion and consensus #1 football team in the state, was the recipient of the "Kelly Award" by the Walter Camp Football Foundation. It is the second time that Notre Dame has earned the Kelly Award (1991).

It also marked the seventh time since 1994 that a SCC school captured the honor (Cheshire 1994 and 1995; Hand 1997, 2004; West Haven 2002; Xavier 2005).

SportsCenter of CT/SCC Scholar Athlete of the Month Program

For the fourth year, the SCC is partnering with the The SportsCenter of Connecticut (www.sportscenterct.com) on a Scholar Athlete of the Month program which honors the best scholar-athletes each month.

The SportsCenter of Connecticut/SCC Scholar Athlete of the Month program will recognize outstanding young men and women from each of the conference's 22 member schools during the 2009-10 academic year.



SEPTEMBER 2009 recipients

Matthew Kortsep (North Haven, cross country), Shabnam Elahi (North Haven, soccer), Max Zaniewski (Amity, soccer), Sara Sampoli (Amity, swimming), Meghan Abbott (Jonathan Law, volleyball), James Quish (Jonathan Law, football), Maxwell Freccia (Fairfield Prep, football), Matthew Leonard (Fairfield Prep, soccer), Ammar Abu-Stitfeh (West Haven, soccer), Monica Yanez (West Haven, soccer), Sarah Cotton (Daniel Hand, cross country), William Reynolds (Daniel Hand, soccer), Mallory Perry (Mercy, volleyball), Stephanie Swanson (Mercy, soccer)

OCTOBER 2009 recipients

Ray Pendagast (Shelton, football), Allison Ferro (Shelton, soccer), Kelsey Doyle (Branford, soccer), Andrew Luzzi (Branford, football), Evan Rule (Foran, cross country), Hannah Weissauer (Foran, volleyball), Brian Ramirez (Career Magnet, soccer), Briana Conuers (Career Magnet, volleyball), Joseph Bonito (Lyman Hall, soccer), Kelly McCoy (Lyman Hall, cross country), Gabrielle Pallotto (Hamden, soccer), Jonathan Tebes (Hamden, soccer)

NOVEMBER 2009 recipients

Dan Pfau (Notre Dame, football), Nick Jallat (Notre Dame, cross country), Chadran Smith (Hillhouse, indoor track), Albert DeCaprio (East Haven, cross country), Tina Tran (East Haven, cross country), Kim Jerome (Cheshire, swimming), Dan Sweeney (Cheshire, football), Brianna King (Sacred Heart Academy, volleyball), Hillary Herr (Guilford, field hockey), Adam Dear (Guilford, football), Tim Fengler (Sheehan, cross country), Mollie Hamel (Sheehan, volleyball)

Corporate Sponsor Corner

Billings Sports Offers On Line Team Store

Coaches, tired of collecting money from your players? Your problem is solved with your own individual **Billings On Line Team Store**. Billings Sports can customize a team package:

- Team Spirit Packs or team footwear packs
- Set up On Line School Stores,
- Create Fundraising Programs,
- Market on Line Team Championship Products,
- Co-brand your School or Team with Nike, Russell, Turfer and many other brands

Billings Sports in Meriden, Connecticut is a Local Team Dealer that has been in team business for over 40 years. Billings Sports is also the leading Nike Team Dealer in Connecticut.

Please contact your SCC Sales Rep, **Bob D'Ostilio** bobd@billingsports.com or call (203) 988-2938 and he can custom fit a team store for you and your program. Visit us at www.billingsports.com. You can also check out a demo store at www.billings.gearorder.com; enter Sales Code: v v w v e



COS Has Walk-In Treatment Center

Connecticut Orthopaedic Specialists has a new walk-in emergency treatment center located at its Hamden office on Whitney Avenue.

Fridays 5 to 9 p.m.
Saturdays 9 a.m. to 5 p.m.
2408 Whitney Avenue, Hamden, CT
(203) 407-3500

No more waiting at the Emergency Room. Get expert medical care in a convenient, comfortable, familiar location.

X-Rays • Emergency • Trauma Care • First Aid • Sports Injuries



2010 SCC Winter Sports Playoff Schedule

Boys and Girls Indoor Track

Housatonic Division Meet – Tuesday, Jan. 12 – 4:30 p.m. @NHAC
Oronoque Division Meet – Monday, Jan. 18 – 10 a.m. @NHAC
Quinnipiac Division Meet – Monday, Jan. 18 – 3:30 p.m. @NHAC
Hammonasset Division Meet – Monday, Jan. 18 – 3:30 p.m. @NHAC
SCC Novice Meet – Thursday, Jan. 21 – 3:30 p.m. @NHAC
SCC Championship Meet – Friday, Feb. 5 – 4 p.m. @NHAC

Cheerleading – Saturday, Feb. 6 – 9 a.m. @North Haven HS

Unified Basketball – Monday, Feb. 1 – 3 p.m. @NHAC

Gymnastics – Thursday, Feb. 11 – 6 p.m. @Jonathan Law HS

Wrestling – Saturday, Feb. 13 – 9 a.m. @Guilford HS

Girls Basketball

First Round @Higher Seeds – Thursday, Feb. 18 – times TBA
Quarterfinals – Saturday, Feb. 20 – 12, 2, 4 and 6 p.m. @West Haven HS
Semifinals – Monday, Feb. 22 – 6 and 7:45 p.m. @TD Bank Arena
Championship Game – Tuesday, Feb. 23 – 7 p.m. @TD Bank Arena

Boys Basketball

First Round @Higher Seeds – Thursday, Feb. 25 – times TBA
Quarterfinals – Saturday, Feb. 27 – 12, 2, 4 and 6 p.m. @East Haven HS
Semifinals – Monday, March 1 – 6 and 7:45 p.m. @TD Bank Arena
Championship Game – Tuesday, March 2 – 7 p.m. @TD Bank Arena

Boys Swimming

Trials – Monday, March 1 – 4 p.m. @Cheshire Community Pool
Diving – Tuesday, March 2 – 5:30 p.m. @Hamden HS
SCC Championships – Wednesday, March 3 – 6:30 p.m. – @Kiputh Pool - Yale University

Ice Hockey - Division II

Semifinals – Friday, March 5 – 5:30 and 8 p.m. @Bennett Rink
Championship Game – Saturday, March 6 – 7 p.m. @Bennett Rink

Magazine Ranks Guilford High School Among Nation's Best

An annual *U.S. News and World Report* study recently named Guilford High School as one of the best in the nation. The school was one of 16 in Connecticut to be recognized in the America's Best High Schools 2010 report and was in the second tier of winners with a "silver status."

Congratulations to GHS principal Rick Misenti and the students and staff for this distinction.

The study measures state proficiency standards against public and private school scores, along with student preparation for college-level work.