

# SCC NEWS

Official Newsletter of the  
Southern Connecticut Conference



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## From the Commissioner's Desk

### Happy Holidays!

It's the 12th year of the Southern Connecticut Conference and things just keep getting better and better!

The SCC got off to a wonderful start this fall with some great events like our highly-popular Diversity Training program and Student Leadership Conference. We had over 370 students participate in the Leadership Conference! The SCC also hosted some exciting athletic playoff contests in the fall, and eight SCC teams captured state championships.

#### ***Congratulations to everyone and continue the success!***

2006 looks to be even more promising! In addition to our upcoming winter playoffs (see schedule on page 3), the SCC will host its annual Arts Exhibition and Scholar-Leader Banquet. I am also pleased to announce that the SCC will host its first-ever Cheerleading Competition on Saturday, February 4 at Shelton High School. Another great event for a great conference!

Have a safe and joyous holiday season and New Year!

*Best wishes!*  
**Al Carbone**

## Thanks to Our Corporate Sponsors...

To continue to offer top-notch programs and events, the Southern Connecticut Conference relies on financial support from the local business community. The SCC had several sponsors for the 2005-06 academic year, including the NewAlliance Foundation, The United Illuminating Company, New Haven Register, Velocity Sports Performance and the league's newest sponsor - The International Union of Operating Engineers Local 478. **Their support is well-appreciated!**



**New Haven Register**



 **NewAlliance Foundation**



## Diversity Dream Teams

### *Making A Difference In The SCC*

Over 125 student leaders have formed "diversity dream teams" and become specially-trained advocates for valuing, appreciating and acknowledging diversity in their respective school communities within the SCC. Facilitators from the Anti-Defamation League (ADL) and English teachers from SCC member-schools serve as catalysts, leading the students to promote acceptance, heighten communication and foster the appreciation for diversity.

#### **Diversity Dream Team Goals**

- To reduce racial isolation and offer selected SCC students a forum for dialogue and bridge-building across urban-suburban-rural geographical boundaries.
- To enhance the awareness of diversity by studying the complexities of prejudice and identify ways participants have experienced bias in their lives and in society.
- To challenge the stereotypes and biases which inhibit intergroup understanding and to provide techniques for combating these stereotypes and biases.
- To acquire cross-cultural and conflict resolution communication skills.
- To expose all participants to a rich array of viewpoints, perspectives, and experiences.
- To develop a "Plan of Action" to promote acceptance, heighten communication, and the appreciation of difference. writings along with each SCC school's action planning summary.

## Recapping the 2005 Fall Sports Season

Listed below are the sport-by-sport divisional and playoff champions for the eight fall sports sponsored by the conference.

### BOYS CROSS COUNTRY

**SCC Championship Meet - October 20:** 1. Amity, 28; 2. Xavier, 46; 3. Guilford, 103; 4. Shelton, 145; 5. Cheshire, 162; 6. Fairfield Prep, 197; 7. North Haven, 237; 8. Notre Dame, 245; 9. Hamden, 260; 10. Sheehan, 276; 11. Hand, 291; 12. Law, 306; 13. Branford, 381; 14. Lyman Hall, 383; 15. East Haven, 388; 16. Foran, 396; 17. West Haven, 457; 18. Derby, 589

**Individual Champion:** Jay Koloseus (Guilford); 15:41 - *Meet record*

### GIRLS CROSS COUNTRY

**SCC Championship Meet - October 20:** 1. Guilford, 58; 2. Mercy, 88; 3. Cheshire, 94; 4. Amity, 115; 5. Hand, 126; 6. Hamden, 190; 7. North Haven, 213; 8. Branford, 225; 9. Shelton, 241; 10. Sacred Heart Academy, 262; 11. Sheehan, 281; 12. West Haven, 332; 13. Lyman Hall, 366; 14. Law, 386; 15. Wilbur Cross, 434; 16. East Haven, 472; 17. Derby, 480

**Individual Champion:** Jessica Keener (Mercy); 18:57

### FIELD HOCKEY

**Regular-season Champion:** Branford (10-0)

### FOOTBALL

**Division I East:** West Haven (4-0)

**Division I West:** Xavier (4-0)

**Division II East:** Derby, Sheehan (3-1)

**Division II West:** Hillhouse (4-0)

### GIRLS SWIMMING

**SCC Championship Meet - November 3:** 1. Cheshire, 1333.5; 2. Amity, 576; 3. Hand, 507; 4. Branford, 439.5; 5. Hamden, 415; 6. Sacred Heart Academy, 415; 7. Shelton, 294.5; 8. Mercy, 261; 9. North Haven, 257; 10. West Haven, 205; 11. Lyman Hall, 189; 12. Foran, 120; 13. Sheehan, 90; 14. Law, 86; 15. East Haven, 75; 16. Guilford, 15

**Diving Champion:** Jillian Westergard (North Haven): 319.60 pts

### BOYS SOCCER

**Hammonasset:** Hand (5-1)

**Housatonic:** Cheshire (7-0-1)

**Oronoque:** North Haven (8-1-1)

**Quinnipiac:** Fairfield Prep (5-1-2)

**SCC Playoffs:** Fairfield Prep defeated Hand, 3-2, in the championship match on November 3.

### GIRLS SOCCER

**Hammonasset:** Hand (6-0)

**Housatonic:** Cheshire (7-1)

**Oronoque:** North Haven (7-0-1)

**Quinnipiac:** Mercy (6-0)

**SCC Playoffs:** Cheshire defeated Mercy, 6-1, in the championship match on November 3.

### GIRLS VOLLEYBALL

**Hammonasset:** Law (7-1)

**Housatonic:** Shelton (7-1)

**Oronoque:** East Haven (8-0)

**Quinnipiac:** Mercy, West Haven (4-2)

**SCC Playoffs:** Cheshire defeated East Haven, 3-1 (25-27, 25-15, 25-17, 25-10) in championship match on November 5.

## SCC Teams Win Eight State Titles in the Fall

Once again, SCC member-schools fared well on the playing fields. To start, 37 teams qualified for CIAC fall sport playoff competition in girls volleyball (10), girls soccer (10), boys soccer (10), and field hockey (7).

During the fall season, SCC teams won a total of eight state championships. Nine additional teams earned runner-up status in CIAC state competition during the fall campaign.

**Since the league's inception in 1994, SCC schools have now won 227 state championships.**

### **State Champions (8)**

<b>Sport</b>	<b>Class</b>	<b>School</b>
Girls Cross Country	MM	Guilford
Boys Cross Country	MM	Guilford
Boys Cross Country	LL	Amity
Girls Soccer	LL	Cheshire (co-champs)
Field Hockey	M	Branford
Football	M	Hand
Football	MM	Branford
Football	LL	Xavier

### **Runners-Up (9)**

<b>Sport</b>	<b>Class</b>	<b>School</b>
Boys Cross Country	Open	Amity
Football	M	Hillhouse
Field Hockey	L	Cheshire
Field Hockey	M	Hand
Girls Cross Country	L	Mercy
Girls Swimming	Open	Cheshire
Girls Swimming	LL	Cheshire
Girls Swimming	M	Branford
Girls Volleyball	LL	Shelton

## Student Leadership Conference A Big Success!

The 4th Annual SCC "Student Leadership Conference" was held on Tuesday, November 22 at Quinnipiac University... Over 370 student-leaders participated... The goal of the "SCC Student Leadership Conference" is to impart a sense of obligation and commitment upon the students to continue and enhance their roles as leaders and use these roles to better their surrounding environments... The theme of the 2005 conference was "**Finding Leadership**"... The keynote address was given by Ms. Anne Parmenter... She shared stories from her recent mountain climbing expeditions, most recently in 2004 when she climbed Mount Everest, and reflected on various attributes of leadership and communication in her journeys... After the keynote address, the student-leaders broke up into smaller group discussing various leadership-related topics... The event sponsor was Bank of America... Bank of America's Market President Jeff Klaus participated in the conference and even hosted a breakout session for the faculty advisors... **Special thanks to Arlene Salvati and Dr. Clydette Messiah (Hamden HS) for their leadership in the coordination of the event.**



## Captains Council Recaps

The Captains Council luncheons are held three times a year, bringing together the captains of the 23 member schools before their respective seasons start to, more importantly, provide guidance of what it means to be a captain and the responsibility that comes with the position.

**Fall - September 12, 2005** - the guest speaker was Mr. Jeffrey Klaus - Market President, Bank of America and Wilbur Cross HS graduate where he played soccer, ice hockey and baseball.

**Winter - December 5, 2005** - guest speaker was Mr. David Baseggio - head coach of the Bridgeport Sound Tigers, AHL affiliate of the New York Islanders... Coach Baseggio is a Yale University graduate and former ice hockey captain.

## Who Do You Root For?

Because of the overall success and depth of the SCC, many times league schools have to square off in CIAC playoff competitions... This past fall season there were two All-SCC championship games... In field hockey, the Class M final pitted Branford and Hand with the Hornets prevailing, 1-0... In football, Hand and Hillhouse met in the Class M final with the Tigers winning, 34-0.

## The Same Question... Is the SCC the Best?

If you review the final state football rankings, you can make an argument for the overall strength of the SCC... Three schools - Xavier, Hand and West Haven - ranked in the top ten in all three state polls (*New Haven Register*, *Hartford Courant* and *New London Day*)... **THE THREE SCC TEAMS WERE THE MOST OF ANY CONFERENCE IN THE STATE!**... For the second straight year, a SCC school is the consensus number-one team in the state... Xavier (12-0) captured the honor after winning the Class LL state title.... Last year's top-ranked team, Hand (10-2), continued its success in 2005 with another state title - its third in a row... In addition, Branford won its first state title (Class MM) since 1958.

## First-Ever SCC Cheerleading Competition

The first-ever SCC Cheerleading Competition is scheduled for Saturday, February 4 at Shelton High School... All SCC cheerleading teams will participate... Event starts at 10:00 a.m.

## Fall All-Conference on SCC Website

The 2005 Fall Sports All-Conference and All-Division selections are available on each sports' respective home page on the SCC website - [www.southernconnecticutconference.org](http://www.southernconnecticutconference.org)

## Winter Playoff Schedules

Here is the tentative schedule for the SCC playoffs for the winter season. Please check the SCC website for final confirmation of times and sites.

### **Boys Basketball** - all games at East Haven HS

Quarterfinals - Saturday, February 25 @East Haven HS  
Semifinals - Monday/Tuesday - February 28 or March 1  
Championship - Wednesday/Thursday - March 2 or 3

### **Girls Basketball** - all games at Wilbur Cross HS

Quarterfinals - Saturday, February 18  
Semifinals - Monday/Tuesday - February 21 or 22  
Championship - Wednesday/Thursday - February 23 or 24

### **Gymnastics**

Saturday, February 11 @Jonathan Law HS - 9:00 a.m.

### **Boys Swimming**

SCC Qualifier - Monday, February 27 @Cheshire Community Pool - 5:00 p.m.  
SCC Diving Championships - Tuesday, February 28 @Hamden HS - 5:00 p.m.  
SCC Championships - Wednesday, March 1 - @Southern Connecticut State University - 5:00 p.m.

### **Boys & Girls Indoor Track** - all meets at New Haven

*Athletic Center Field House*  
Housatonic Division - Tuesday, January 17 - 4:30 p.m.  
Hammonasset Division - Wednesday, January 18 - 4:30 p.m.  
Quinnipiac Division - Thursday, January 19 - 4:30 p.m.  
Oronoque Division - Monday, January 23 - 4:30 p.m.  
SCC Championship Meet - Friday, February 3 - 4:00 p.m.

### **Wrestling**

Friday/Saturday - February 10/11, 2006 - site TBA

**Ice Hockey** - *There is no SCC playoff for ice hockey.*