



## Southern Connecticut Conference 2019 Spring Sports All-Conference Teams

### **Boys Volleyball**

**First Team:** Christian Tzepos (Amity Regional), Matt McSweeney (Daniel Hand), Finn Sheehan (Daniel Hand), David Niski (Shelton), Skyler Kim (Shelton), Colby Hayes (Cheshire), Aiden Godfrey (Cheshire), Luke Pinciario (Cheshire)

**Second Team:** Berkely Fang (Cheshire), Conor Guilford (Cheshire), Jeremy Long (Daniel Hand), Jordan Peck (Shelton), Max Klein (Shelton), Shreyas Vasireddy (Xavier), Kevin Monaghan (Xavier)

### **Girls Golf**

Tess Csejka (Amity Regional), Cassidy Keaney (Cheshire), Mia Hidalgo (Cheshire), Haley Bernier (Lauralton Hall), Ava Gross (Amity Regional), Julia Raposa (North Haven), Olivia Wilson (Sheehan)

### **Boys Golf**

Will Mallek (Fairfield Prep), Jake Bennett (Daniel Hand), Matthew Doyle (Daniel Hand), Connor Quinn (Daniel Hand), Aiden Stuart (Daniel Hand), John Kosh (Guilford), Tommy Rosati (Notre Dame), Chris Fosdick (Xavier), Alex Aurora (Hamden), Kevin Morris (Hamden)

### **Girls Outdoor Track & Field**

#### **First Team**

Erica Marriott (North Haven), 100 and 200 meters

Jada Boyd (Hillhouse), 400 meters

Love Melton (Hamden), 800 meters

Meredith Bloss (Guilford), 1600 and 3200 meters

Ayesha Nelson (Hillhouse), 100 meter hurdles

Clarisse Aminwaung (Sheehan), 300 meter hurdles

Amity Regional (Emily Zielinski, Daria Torrenti, Alexandra Plaza, Audrey Marin), 4 x 100 meter relay

Hillhouse (Jada Boyd, Jade Gary-Brown, Enyla Williams, Nyimah Ambrose), 4 x 400 meter relay

Hillhouse (De'Janay Davis, Enyla Williams, Jade Gary-Brown, Jada Boyd), 4 x 800 meter relay

Nyla Conway (Wilbur Cross), High Jump

Kyra Connolly (Sheehan), Pole Vault

Nyimah Ambrose (Hillhouse), Long Jump

Aliya Cameron (Sacred Heart Academy), Triple Jump

Leah Moore (Hillhouse), Shot Put and Discus

Jackie Simington (Shelton), Javelin

**Second Team**

Kisha Francois (East Haven), 100 meters  
Nyimah Ambrose (Hillhouse), 200 meters  
Pauline Fernandez (Foran), 400 meters  
Chloe Thompson (Daniel Hand), 800 meters  
Ella Bradford (Hamden), 1600 meters  
Elizabeth Brown (Sheehan), 3200 meters  
Kasidy Quiles (Shelton), 100 meter hurdles  
Giselle Zumerchik (North Haven), 300 meter hurdles  
Career (TayJana Greene, Shamia Jackson, Sofia Soriano, Johnae Jones), 4 x 100 meter relay  
Hamden (Arreiyona Jones, Love Melton, Ella Bradford, Ehsan Ibet), 4 x 400 meter relay  
Wilbur Cross (Grace Adolphe, Margo Pedersen, Stephanie Meza-Sanchez, Mary Ruiz), 4 x 800 meter relay  
Abigail Ball (Mercy), High Jump  
Marley Esch (Sheehan) Pole Vault  
Kisha Francois (East Haven), Long Jump  
Sarina Sandwell (North Haven), Triple Jump  
Susie Okoli (Wilbur Cross), Shot Put  
Jalynn McCown (Hillhouse), Discus  
Taylor Andrzejewski (Sacred Heart Academy), Javelin

**Boys Outdoor Track & Field****First Team**

Christopher Pigatt (Hamden), 100 and 200 meters  
Warren Murphy (Notre Dame), 400 meters  
Marzio Mastroianni (Branford), 800 meters  
Robbie Cozean (Xavier), 1600 and 3200 meters  
Deshaune Poole (Hillhouse), 110 and 300 meter hurdles  
Shelton (Camerin Gumbs, Michael Rodia, Rafael Gomez, Nicholas Andrade), 4 x 100 meter relay  
Wilbur Cross (Noah Lee, Elliot Faulkner, Nassaiah Betancourt, Caleb Owen), 4 x 400 meter relay  
Wilbur Cross (Mahammed Hussain, Nassaiah Betancourt, Eliot Faulkner, Noah Lee), 4 x 800 meter relay  
Jason Sawicki (Notre Dame), High Jump  
Nicholas Costantini (Foran), Pole Vault  
Neal Eley (Hillhouse), Long Jump  
Devin Cue (Wilbur Cross), Triple Jump  
Davon Colon (Xavier), Shot Put  
Gary Moore, Jr. (Hillhouse), Discus  
Jordan Davis (Sheehan), Javelin

**Second Team**

Michael Rodia (Shelton), 100 meters  
Deshaune Poole (Hillhouse), 200 meters  
Michael Toppin (Lyman Hall), 400 meters  
Elliot Faulkner (Wilbur Cross), 800 meters  
Travis Martin (Wilbur Cross), 1600 meters  
Connor Visnic (Amity Regional), 3200 meters  
Richard Papa (Amity Regional), 110 and 300 meter hurdles

Hamden (Gabe Okeke, Rodney Davis, Jose Sanchez, Christopher Pigatt), 4 x 100 meter relay  
Notre Dame (Daniel Range, Thomas Minar, Christian Panagrossi, Warren Murphy), 4 x 400 meter relay  
Xavier (Julen Lujambio, Ryan Grochowski, George Luke, Pierre Sylvain), 4 x 800 meter relay  
Caleb Tondora (Foran), High Jump  
Max Bothwell (Notre Dame), Pole Vault  
Robert McCulloch (Fairfield Prep), Long Jump  
Christopher Wallace (Hamden), Triple Jump  
John Genter (Daniel Hand), Shot Put  
Lucas Macias-Ticas (Hamden), Discus  
Edwin Figueroa (Hamden), Javelin

## **Girls Tennis**

### **Division I**

**Singles:** Julia Migliorini (North Haven), Sarah Bullers (Amity Regional), Sam Riordan (Daniel Hand), Grace Hiza (Foran), Lindsay Riordan (Daniel Hand), Sydney Pitter (Amity Regional)

**Doubles:** Anna Lans (Daniel Hand), Claire Lansille (Daniel Hand), Jenny Wang (Cheshire), Kelsea Mann (Cheshire), Missy Caiola (Lauralton Hall), Audrey Ulrich (Lauralton Hall)

### **Division II**

**Singles:** Lucia Pino (Jonathan Law), Jenna Pane (East Haven), Monica Pydpati (Jonathan Law), Ava Albis (Hamden), Grace Waldron (Sheehan), Neil Komorowski (Shelton)

**Doubles:** Zoe Rogers (Shelton), Jessika Jayaker (Shelton), Shae Lepre (Branford), Alayna Boileau (Branford), Bianca Vega (Lyman Hall), Olivia Vegliante (Lyman Hall)

## **Boys Tennis**

### **Division I**

**Singles:** Josh Israel (Daniel Hand), Gianni Esposito (Guilford), Brett Gloria (Amity Regional), Alex Kagan (Guilford), Noah Gulla (Daniel Hand, Khai Ton (Xavier)

**Doubles:** Darby Rogers (Daniel Hand), Reilly Vejar (Daniel Hand), Chris Hilton (Fairfield Prep), Chris Bullers (Amity Regional), Peter Haley (Fairfield Prep), Quinn Dallai (North Haven)

### **Division II**

**Singles:** Ustav Sibramani (Cheshire), Yasha Laskin (Cheshire), Ryan Money (Foran), Corey Flynn (Lyman Hall), Akshar Agauhal (Hamden), Andrew Saball (Sheehan)

**Doubles:** Nate Pisani (Cheshire), Ben Fritz (Cheshire), Joe Brown (East Haven), Mat Divito (East Haven), Jared Cerrera (Lyman Hall), Jake Lynn (Lyman Hall)

## **Girls Lacrosse**

### **First Team**

**Attack:** Annie Eddy (Cheshire), Brianna Shaw (Branford), Nicollette Spotlow (Guilford), Cameryn Antler (Mercy), Catherine Larrow (Guilford)

**Midfield:** Annie Acquavita (Cheshire), Karly King (Branford), Maddie Epke (Guilford), Ana Carney (Amity Regional), Chloe Silva (Daniel Hand), Mia Carbone (Mercy)

**Defense:** Megan Daly (Cheshire), Grace Paleski (Branford), Kayla Sansone (Cheshire), Tessie Sheehan (Daniel Hand)

**Goalie:** Sydney O'Neill (Lauralton Hall)

## **Second Team**

**Attack:** Raegan Bailey (Cheshire), Mia Celentano (Sacred Heart Academy), Madison Gaynor (Sheehan), Regan Larson (Daniel Hand), Bianca DeSimone (Lyman Hall)

**Midfield:** Annie Uyeki (North Haven), Samantha O'Neill (Foran), Maddie Costantino (Guilford), Mikayla Crowley (Cheshire), Carlee Crispens (Sheehan), Sophia Verna (Sacred Heart Academy)

**Defense:** Maggie Mandel (Guilford), Madelyn Pickett (Amity Regional), Jordyn Masse (Mercy), Peri Combs (Lyman Hall)

**Goalie:** Nicole Gaston (West Haven)

## **Boys Lacrosse**

### **First Team**

**Attack:** Mason Reale (Fairfield Prep), Robert Lionetti (Branford), Ethan Grandolfo (Fairfield Prep), John DeLucia (Guilford), Jack Dacey (Guilford)

**Midfield:** Connor Boyle (Fairfield Prep), Peter Kavanaugh (Fairfield Prep), Zack Hochman (Notre Dame), Tom Ferrick (Daniel Hand), Jack Broggi (North Haven), Tim Krutz (Cheshire)

**Defense:** Aiden O'Donnell (Xavier), Jack Carr (Shelton), Joe Bednar (Fairfield Prep), Max Tavitian (Foran), Jason Shumilla (Cheshire)

**Goalie:** Griffin Fitzmaurice (Daniel Hand)

**LS Defense:** Sean Fox (Fairfield Prep)

**SS Defense:** Miles Gabriel (Guilford)

**FO Midfield:** Max McGillicuddy (Fairfield Prep)

### **Second Team**

**Attack:** John Ford (Xavier), Jack Flanagan (Daniel Hand), Tommy Swank (Daniel Hand), Alex Hird (Notre Dame), Frank Romeo (Xavier)

**Midfield:** Quinn Zdrojeski (Xavier), Jack Esse (Fairfield Prep), Tyler Filley (Guilford), Justin Shanley (Notre Dame), Weston Terzi (Sheehan), Kasey Mongillo (North Haven)

**Defense:** Mason Whitney (Fairfield Prep), Ben Corniello (Daniel Hand), Owen Nizolek (Guilford), Ryan Flynn (Daniel Hand), Jack Preibe (North Haven), Aiden Walsh (Notre Dame)

**Goalie:** Finn O'Connor (Fairfield Prep)

**LS Defense:** Mike Parker (Branford)

**SS Defense:** Kyle Colucci (Fairfield Prep)

**FO Midfield:** Aidan Gaudet (Cheshire)

## **Baseball**

### **All-Hammonasset**

Jason Ostrowski (Notre Dame), Zach Merchant (Jonathan Law), Max Mariano (Notre Dame), Matt Massaro (Fairfield Prep), Ed Zantor (Notre Dame), Hunter Santana (East Haven), Jack Kabel (East Haven), Tanner Belcher (Notre Dame), Nate Furino (East Haven), Liam Wilson (Fairfield Prep), Aidan Ricciardecci (Branford)

### **All-Quinnipiac**

Matt Costello (Cheshire), Luke Lappe (Xavier), Matt DeROsa (North Haven), Ryan Scialabba (Cheshire), Matt Soloman (North Haven), Ryan Strollo (Cheshire), Ryan Cyr (Cheshire), Eli Battipaglia (Cheshire), Brendan Lenehan (Xavier), Matt Downing (Cheshire), Colin Blake (Lyman Hall)

### **All-Oronoque**

Matt Cintron (Hamden), Dylan DeSio (Shelton), Anthony DePino (Daniel Hand), Phoenix Billings (Daniel Hand), JC Contreras (West Haven), Julian Banerji (Daniel Hand), Xavier Burgos (Career), Michael Aceto (Hamden), Anthony Steele (Shelton), Liam Wallace (Daniel Hand), Henry Bielen (Hamden)

### **All-Housatonic**

Josh Wettemann (Guilford), Kyle Simmons (Sheehan), John McNellis (Amity Regional), Jake Ciocca (Guilford), Angel Galindez (Wilbur Cross), Julian Stevens (Amity Regional), Jake Strans (Guilford), Cole Kuchachik (Amity Regional), John Lumpinski (Amity Regional), Andrew Marrero (Wilbur Cross), Mike Simonelli (Foran)

### **Softball**

**First Team:** Marissa Dwyer (Amity Regional), Mia Juodaitis (Cheshire), Bri Pearson (Cheshire), Tori Heaphy (East Haven), Hailey LaForte (Foran), Kiana Robinson (Hamden), Grace Hartmann (Daniel Hand), Cali Jolley (Jonathan Law), Maggie Britt (Lauralton Hall), Gianna Coppola (Lauralton Hall), Sydney Nilsen (Lyman Hall), Morgan Tuscano (Lyman Hall), Alexa Boone (Mercy), Lauren Card (North Haven), Peyton Davis (North Haven), Bernadette Kingsbury (Sacred Heart Academy), Riley Wolcheski (Sheehan), Bry Heuser (Shelton), Kailey Carrano (West Haven), Ivy Santos (West Haven)

**Second Team:** Rachel Crow (Amity Regional), Alexis Falcigno (Branford), Lely Alicea Cruz (Career), Jade Barnes (Cheshire), Bri Floyd (Cheshire), Lexie Hemstock (Cheshire), Magdalena Barthel (East Haven), Becky Flynn (East Haven), Makenna Prete (Foran), Jill Batick (Guilford), Leah Kornguth (Guilford), Camaryn Reynolds (Hamden), Gina Ciotti (Daniel Hand), Christina Coric (Daniel Hand), Gina Boccamazzo (Jonathan Law), Maddie Lula (Jonathan Law), Melody Allen (Lauralton Hall), Alex Tenero (Lyman Hall), Ashley DeLuca (Mercy), Haylee Garthwait (North Haven), Erin Sheeley (North Haven), Glory Villano (Sacred Heart Academy), Veronica Lynn (West Haven), Morgan Peryer (West Haven), Julia Case (Wilbur Cross)