



Southern Connecticut Conference

Winter Sports Notebook

Winter 2020-2021, Edition 2
(February 15-21, 2021)

Welcome to the second notebook of the Winter 2020-2021 sports season. Like our Fall Notebook series, our goal with this weekly communication is to highlight some of the best individual and team performances from each of the sports being played this winter - *boys basketball, girls basketball, boys hockey, girls hockey, gymnastics, and swimming.*

This edition includes contests from Monday, February 15, 2021, through Saturday, February 20, 2021. The goal will be to publish this notebook each Tuesday through the league playoffs in late March. The top five performances of the week are highlighted at the end of the column.

SCC Spectator Policy (Note: Some School Policies Have Changed)



Spectators were not allowed during the first week of games at any SCC school. There have been additional changes to some school's policies. The SCC and our respective schools and Athletic Directors appreciate your cooperation with the spectator policy each school has established. As a reminder and refresher, please click here to see the policy for each school - [SCC Winter 2020-2021 Sports Spectator Policy - Updated February 21.](#)

SCC WINTER STANDINGS UPDATED

Standings for the following winter sports have been updated and posted on the SCC website.

In boys basketball, Notre Dame and Lyman Hall are your respective West and East Division leaders. In girls basketball, West Haven, SHA, and Amity remain unbeaten in the West Division, while Sheehan, Mercy, and Hand are unblemished in the East Division.

In boys hockey, Fairfield Prep is atop Division I, Sheehan in Division 2, and the BBD coop in Division 3. In girls hockey, Guilford and West Haven/SHA remain undefeated. Click here to see the full standings from each sport - [2020-2021 SCC Winter Sports Standings!](#)

New Ice Hockey Era In Milford

In Milford, both the boys and girls ice hockey teams went through re-brands this offseason. The boys are now called the Milford Mariners with a black and red color scheme that incorporates the colors of the three schools involved (Foran, Law, and Platt Tech). They have started the season 2-1, with wins over Masuk and Newtown. The girls are now called the Milford Lightning with a blue and gold color scheme that incorporates the colors of both Foran and Law. While they dropped their season opener to West Haven/SHA, they are looking to compete in their games in the talented SCC.



Best Performances

Boys Basketball

Max Manjos from Fairfield Prep scored 27 points in a 70-47 win over Hamden on Saturday, February 20, 2021;

Ben Carroll from Notre Dame also tallied 27 points in a 70-52 win over Wilbur Cross on Tuesday, February 16, 2021;

Guilford's Jake Ciocca had 15 points in a 50-47 OT win over Cheshire on Tuesday, February 16, 2021;

TOP FIVE RANKING ALERT: Xavier's Justin Menard is highlighted in the Top Five Performances section at the bottom.

Girls Basketball

West Haven's Amani Abuhatab scored 25 points in a 57-50 win over East Haven on Saturday, February 20, 2021;

Shelton's Clarissa Pierre averaged 40 points in two games, wins over Hillhouse (22) and Cheshire (18) this week;

SHA's Carina Ciampi had 21 points, including 3 three-pointers, as SHA beat Cross 56-55 on Tuesday, February 16, 2021;

TOP FIVE RANKING ALERT: SHA hoops and Sheehan's Caitlyn Velez are highlighted in the Top Five Performances section at the bottom.

Girls Gymnastics

Natalie Morrell won two events and was the second all-around scorer for Law gymnastics in their 132.75-101.9 win over Hamden on Saturday, February 21, 2021. She also finished as the second all-around scorer in a 10-point win over Mercy on Tuesday, February 16, 2021;

Emma Jerue posted an all-around score of 30.6 to lead the Foran girls' gymnastics team in their season-opening meet against Mercy on Saturday, February 20, 2021. Jerue won the bars and floor exercise.

TOP FIVE RANKING ALERT: Law's Catherine Burns is highlighted in the Top Five Performances section at the bottom.

Boys Hockey

Amity's Thomas Schittina had two goals in a 4-2 win over East Haven on Monday, February 15, 2021;

Eli Brubacher had two goals and an assist for North Haven in their 3-2 win over Cheshire on Monday, February 15, 2021;

Sheehan rallied from an early three-goal deficit to score the game's final seven goals in its 7-3 win over Cheshire. The Titans rallied behind eight points from Joey and Anthony Romano. Joey had two goals and two assists, while Anthony tallied a goal and three helpers. Joey scored in all three Titan wins last week.

TOP FIVE RANKING ALERT: Ryan Ahern from Notre Dame WH hockey is highlighted in the Top Five Performances section at the bottom.

Girls Hockey

Maddie Epke had four goals and an assist in a 7-5 win over Hamden on Tuesday, February 16, 2021;

Emilee DeGrand had a goal and an assist for the West Haven/SHA coop team in their 4-1 win over Amity/North Haven/Cheshire.

Boys Swimming

Nick Bennett, Nolan Jermain, Mason Theriault all won two events as Hamden swam past Sheehan 91-61 on Tuesday, February 16, 2021;

Harry Hua won two events (100 freestyle and 200 freestyle relay) as Cheshire beat Hand 92-86 on Wednesday, February 17, 2021;

Elliot Lee from Hand was part of four winning events (100 fly, 100 backstroke, and the 200 medley and 500 freestyle relays);



Each week we will highlight five performances that stood out above the rest.
We will count them down from five to one.

Number 5



Xavier's Justin Menard had himself quite the week for head coach Mike Kohs basketball team. He scored 78 points in three games as the Falcons won twice. He had 33, including six three-pointers, in a 66-43 win over Branford on Tuesday, February 16, 2021. He then had 23 and 22 respectively as Xavier split games on the weekend with Notre Dame and Cheshire.

Number 4



Sheehan Girls BBall
@Sheehangirlsbb

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Congrats to [@caitlyn_velez](#) who recorded her first career Triple Double in yesterday's win. 13 points, 10 rebounds and 14 assists! [#ctgb](#)

6:56 AM · Feb 21, 2021 · Twitter for iPhone

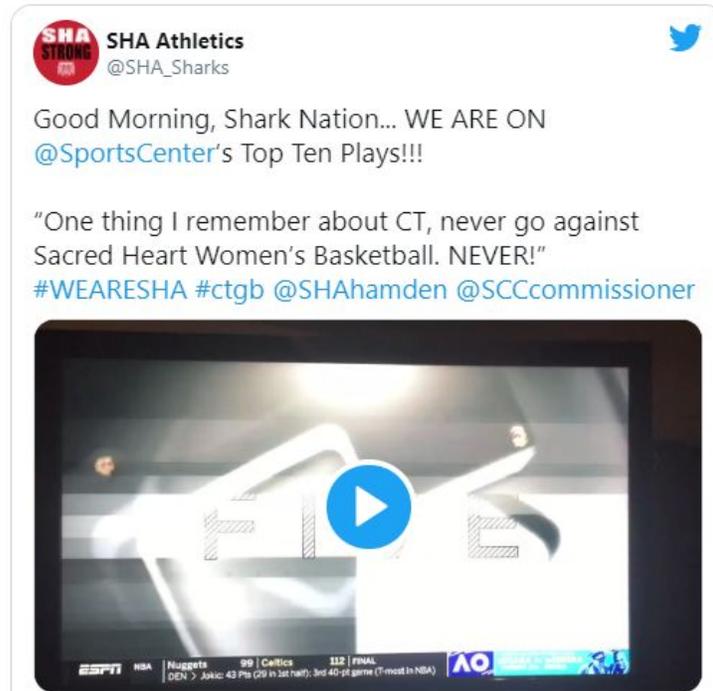
Sheehan beat Law 60-49 on Saturday, February 21, 2021, behind the triple-double of Caitlyn Velez. She made 11-12 free throws en route to her 13 point, 10 rebound, and 14 assist outing. That means Velez helped account for at least 41 of the Titans 60 points!

Number 3



Catherine Burns has been stellar for Law's gymnastics team. She was the top all-around performer in a pair of wins this past week. This included taking two first-place honors against Mercy and once against Hamden. She totaled 35.0 and 34.7 points in those respective meets.

Number 2



When you make ESPN SportsCenter, you deserve a Top 5 spot here. SHA's Rosa Rizzitelli banked in a three-pointer at the buzzer to beat Cross 56-55, which went viral courtesy of the SportsCenter ranking.

Number 1



It's hard to beat an ESPN Sportscenter highlight, but two is greater than one and Notre Dame's Ryan Ahern lit the lamp twice in overtime last week for the Green Knights. First, he helped the Green Knights rally from a 2-0 deficit to beat Darien 3-2 on Monday, February 15, 2021. Less than 48 hours later, Ahern scored in extra time again to beat Hamden 4-3 on Wednesday, February 17, 2021.

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