



Southern Connecticut Conference

Fall Sports Notebook

Fall 2020, Edition 2
(October 12-October 18, 2020)

Welcome to the second notebook of the Fall 2020 sports season. Our goal with this weekly communication is to highlight some of the best individual and team performances from each of the five sports being played this fall - cross country, field hockey, soccer, swimming, and volleyball - as well as inform you of other important league information.

This edition includes contests and news from Monday, October 12 through Saturday, October 17. The goal will be to publish this notebook each Tuesday through the league playoffs. The top five performances of the week are highlighted at the end of the column.

SCC Playoff Information

This year will feature a different format for our league playoff experience. The Board of Governors approved a fall tournament experience for the following sports - boys/girls cross country, field hockey, boys/girls soccer, girls swimming/diving, and volleyball.

For field hockey, soccer, and volleyball, all teams will qualify, and each division will hold their own tournament experience.

Cross country will have divisional races with specified winners and places competing for the league title the following week.

Girls swimming will have a diving competition followed by virtual division and league championship meets.

To read more specific information, including dates, locations, times as well as division placement, please visit here - [SCC Announces Postseason Experience Information](#).

The policy on spectators for these experiences will be made closer to the actual playing dates.

SCC Championship Final Dates

Cross Country (Boys/Girls) - November 11, 2020 at East Shore Park

Field Hockey - November 14, 2020

Soccer (Boys/Girls) - November 16 or 17, 2020

Swimming/Diving - Diving: November 6 or 7, 2020; Swimming: November 13 or 14

Volleyball - November 14, 2020

SCC Spectator Policy (Updated 1/15/2020)

The SCC and our respective schools and Athletic Directors appreciate your cooperation with the spectator policy each school has established. As a reminder and refresher, please click here to see the policy for each school - [SCC Fall 2020 Sports Spectator Policy](#). This was updated on October 15, 2020.

Best Performances

Boys Cross Country

Andrew White from Hamden helped the Green Dragons to a 20-35 win over Branford. White ran in 17 minutes flat to place first at his home course on October 14, 2020.

TOP FIVE RANKING ALERT: Read about two SCC runners who placed well in a regional meet in the Top Five Performances section at the bottom.

Girls Cross Country

Guilford's Julie Antony ran the 2.9 mile East River Preserve course in 18:31 to help her squad complete a sweep of Cheshire (15-46), Mercy (15-50), and East Haven (15-50) on October 14, 2020. Antony led a pack of five runners from Guilford to cross the finish line before any opponent did.



Field Hockey

Maddie Epke played a key role in two-time defending Class M champion Guilford in their 3-1 win over rival Daniel Hand on Thursday, October 15, 2020. Epke had a goal and an assist in the win. Hannah Tiller also had a goal. Through four games, Tiller has 11 goals and 3 assists in their 3-1 start to season.

TOP FIVE RANKING ALERT: Sacred Heart Academy and Cheshire will be featured as part of the Gooseeggs Galore in the Top Five Performances section at the bottom.

Boys Soccer

Daniel Hand's Scott Testori tallied four goals in the Tigers 7-0 win over East Haven on October 13, 2020.

TOP FIVE RANKING ALERT: West Haven's Aldo Barragan is highlighted in the Top Five Performances section at the bottom.

Girls Soccer

Hamden's Ari Mullen and Lily Joseph paved the way with big efforts in the Green Dragons 7-1 win over Lyman Hall on October 17, 2020. Mullen netted a hat trick, while Joseph added two goals and two assists.

TOP FIVE RANKING ALERT: East Haven's Emily Pycela as well as the West Haven and Mercy teams are highlighted in the Top Five Performances section at the bottom.



Girls Swimming

Cheshire's Avery Potyrala won three events in the Rams 99-76 win over Hamden on October 17, 2020. Potyrala won the 100 freestyle in 55.82 while also swimming key legs in a pair of relay wins. She swam the final leg in the meet-opening 200 medley relay Rams win (1:55.64), while also contributing to the 200 freestyle relay win (1:42.04)

TOP FIVE RANKING ALERT: North Haven's Madeline Bergin is highlighted in the Top Five Performances section at the bottom.

Volleyball

It's always a battle when Cheshire and Amity battle on the volleyball court. The Rams Sarah Holley had 24 assists, 4 aces, and 3 kills to lead Cheshire in their come-from-behind 3-1 win on October 15, 2020. Amity won the opening game before Cheshire won the final three games (25-12, 25-12, 25-13).

TOP FIVE RANKING ALERT: Guilford is highlighted in the Gooseeggs Galore note in the Top Five Performances section at the bottom.

Top Five Performances from Week 2



Each week we will highlight five performances that stood out above the rest. We will count them down from five to one.

Number 5



North Haven's Madeline Bergin has had quite the start to her senior swim season. After setting four school records in the Indian's first two meets, the Fordham-bound Bergin added another one to her resume. Against Amity on October 15, 2020, Bergin bested the previous time in the 500-yard freestyle, touching the wall in a time of 5:05.08.

Number 4



Two SCC runners took home first and third place in the 3000-meter event at the Garden State Track Club HS Showcase in New Jersey on October 10, 2020. Fairfield Prep's Aazan Dawson finished first in a time of 8:48.66, while Eamon Burke from Xavier ran third in a time of 8:57.15.

Number 3



East Haven's Emily Pycela recorded a natural hat-trick, scoring the game's first three goals, en route to her four-goal outburst as the Yellow Jackets beat Cross 6-3 on October 17, 2020. Pycela would add a fourth goal later in the game.

Number 2

Back to the pitch we go, but this time on the boy's side. West Haven's Aldo Barragon mimicked Pycela's effort. Barragon also scored four goals, including a natural hat trick, as the Blue Devils beat Platt Tech 6-1 on October 14, 2020. The day before, Barragon scored the lone goal for West Haven in a 2-1 loss to Law. He also recorded a hat trick in a 4-1 win over North Haven on October 9, 2020.

**Number 1 (or should we say 0)
Gosseggs Galore**



Through the first two-plus weeks of the season, there are seven undefeated teams still standing in their respective sports.

Field Hockey

Sacred Heart Academy has jumped out to an unblemished and unscored upon start to sit atop the Division B standings. The Sharks have won their first four games and haven't allowed a goal.

In Division A, Cheshire has allowed only two goals in the Rams 5-0 start to their season.

Boys Soccer

Hand is the lone unbeaten having jumped out to a 4-0 start, while out scoring its opposition 28-1.

Girls Soccer

West Haven has come out of the gates strong. Not only have they won their first five games, the Blue Devils have also yet to allow a goal this fall.

Mercy 4-0 and have allowed only one goal and that came in the season opener.

They have posted three straight shutouts.

Guilford, Shelton and SHA are 3-0-1 in their first four games.

Volleyball

Only two teams remain undefeated - Cheshire and Guilford.

Guilford leads Division C and hasn't lost a set in their 6-0 start.

Cheshire is also 6-0, recording five 3-1 wins and one shutout so far in 2020.